

SAINT MARY'S GREEK ORTHODOX CHURCH

Sunday, July 18, 2021

The Holy Fathers of the Fourth Ecumenical Council

The Divine Liturgy

Commemoration: Sunday of the Holy Fathers of the Fourth Ecumenical Council Holy Martyr Emilian; Holy Martyrs Paul, Thea and Valentine; Stephen, Archbishop of Constantinople; Our Holy Father John, Archbishop of Constantinople; Holy New Martyrs Elizabeth the Grand Duchess and the Novice Barbara; Theneva of Glasgow.

Morning Gospel: Fourth

Tone: Third

Variable Hymns and Readings in the Liturgy

At the Second Antiphon

Save us, O Son of God who rose from the dead, save us who sing to You Alleluia!

At the Small Entrance

Resurrection Hymn, Third Tone

Let the heavens rejoice and the earth be glad, for the Lord has shown the mighty power of his arm. He has trampled down death by death, becoming the firstborn of the dead. He has delivered us from the depths of hell and has granted to all the world his great mercy.

Entrance Hymn

Come, let us worship and bow down before Christ. Save us, O Son of God, who rose from the dead, save us who sing to You: Alleluia!

Repeat the Resurrection Hymn, above.

Hymn of the Holy Fathers, Plagal Fourth Tone

Unending glory be Yours, O Christ our God, for making our holy fathers radiant lights to all the world. Through them You led us to the true faith. Compassionate Savior, glory to You.

Hymn of the Dormition of the Theotokos, First Tone

In giving birth, you preserved your virginity, O Theotokos; in falling asleep you did not forsake the world. You passed over into life, O Mother of Life; and by your prayers you deliver our souls from death!

Kontakion of the Theotokos, Second Tone

O unfailing protection of Christians, and our faithful advocate before the Creator: though we are sinners, do not ignore our entreaty; but in your goodness, grant your timely help to us who appeal to you in faith. Quickly make intercession; on our behalf make speedy supplication, O Theotokos, for you always protect those who honor you.

Epistle..... Titus 3:8-15

Titus, my son, the saying is sure. I desire you to insist on these things, so that those who have believed in God may be careful to apply themselves to good deeds; these are excellent and profitable to men. But avoid stupid controversies, genealogies, dissensions, and quarrels over the law, for they are unprofitable and futile. As for a man who is factious, after admonishing him once or twice, have nothing more to do with him, knowing that such a person is perverted and sinful; he is self-condemned.

When I send Artemas or Tychicos to you, do your best to come to me at Nicopolis, for I have decided to spend the winter there. Do your best to speed Zenas the lawyer and Apollos on their way; see that they lack nothing. And let our people learn to apply themselves to good deeds, so as to help cases of urgent need, and not to be unfruitful.

All who are with me send greeting to you. Greet those who love us in the faith. Grace be with you all. Amen.

Gospel..... Matthew 5:14-19

The Lord said to his disciples, "You are the light of the world. A city set on a hill cannot be hid. Nor do men light a lamp and put it under a bushel, but on a stand, and it gives light to all in the house. Let your light so shine before men, that they may see your good works and give glory to your Father who is in heaven. Think not that I have come to abolish the law and the prophets; I have come not to abolish them but to fulfill them. For truly, I say to you, till heaven and earth pass away, not an iota, not a dot, will pass from the law until all is accomplished. Whoever then relaxes one of the least of these commandments and teaches men so, shall be called least in the kingdom of heaven; but he who does them and teaches them shall be called great in the kingdom of heaven."

The Communion Prayers are found on page 4 of this leaflet.

Stewardship Prayer

Lord Jesus Christ, our God, accept our offerings as You have accepted the gifts of Your people throughout the ages. We offer these gifts to Your glory, for the support of the ministries of Your holy Church, for the alleviation of suffering and hunger, and for the proclamation of Your Gospel to the whole world.

Grant us Your blessing, Lord our Savior, that we may always be faithful stewards, continuing to share the gifts you have given us, by the power of Your grace, mercy, and love. May Your name be glorified forever. Amen.

Prosforo today is provided by Yana Patridge.

Coffee will be served in the Great Hall follow the Liturgy.

Memorial Prayers

Memorial Prayers today are offered for **Fr. Essa** (39 years) & **Olimpia** (41 years) **Kanavati**, parents of Yvonne Bye; **Andreas Victoros** (21 years), brother of Anna Yacovou.

Memorial Prayers on Tuesday, July 20, will be offered for **Tom Checheris** (4 years).

Prayer List

Please remember the sick, the suffering, and those in need, especially:

Those suffering from COVID-19 and those who care for them; Our brothers and sisters living through the aftermath of disaster; For the victims of violence; Families Moving Forward; Metro Hope Ministries; Orthodox Christian Prison Ministry; FOCUS Minnesota; Our brothers and sisters serving in the Armed Forces throughout the world especially John Ellis; San Miguel Del Lago Orphanage; Apostolos, Olivia, Lincoln, Joan, Carole, Patty, Archimandrite Dionysios, Alex, Karrisas, Corina, Tom, Vasilios, George R., Ken, Presvytera Tulla Poteres, Nancy and Tim, Olga, Peter, Kristina, Armour family, Cora and family, Lamona, Bo, Tom, Lynn, Deb, Sarah, Maia, Jeanette, Travis, Kassie, Tahnlee, Lois, Kalli, Quinn, Annie, Sue & Jim, Steve, Sue, Jane, Rifka, Pat, Nancy, Dave, Pam, Katie, Bri, Gilbert, George P., Barbara, Thespi-na, Danielle, Jenny, John L., Steven E., Samir and Samira, Julia, Presvytera Janis, Sandra, Sophia, George, Rick, Bryn, Nancy, Alex, Eryn, Phil, Karen, Phil, Marnie and family; Joyce, Dorla, Linda, Fr. Elias, Vicki, Bill, Diana, Elpis Fotini, Dina, Landon, Luke, Aemiliane, Doria, Mike, Stephanie, Tyler, Ben, Brittany, Amy, Shinia, Chelsea, Christy, Karen, Anastasia, Jamie, Alex and Alexander, Slibe, Saleh & Deanna, Kristine, Toni, Gina, Julie, R.J., Allie, Elena, Speranta, Alexander, Stephanie, Vickie, Petra, Bob, Joseph, Avgi, Christopher, Alki, Elizabeth, Jaxon, Olle, Judi, Bodil, Ole, and others known to you.

THE COMMUNION PRAYERS

I believe and confess, Lord, that You are truly the Christ, the Son of the living God, who came into the world to save sinners, of whom I am the first. I also believe that this is truly Your pure Body and that this is truly Your precious Blood. Therefore, I pray to You, have mercy upon me, and forgive my transgressions, voluntary and involuntary, in word and deed, known and unknown. And make me worthy without condemnation to partake of Your pure Mysteries for the forgiveness of sins and for life eternal. Amen.

Behold, I approach for Divine Communion. O Maker, burn me not as I partake, for You are fire consuming the unworthy. But cleanse me from every stain.

Receive me today, O Son of God, as a partaker of Your mystical supper; for I will not betray Your mysteries to Your enemies, nor give You a kiss as did Judas, but as the thief I confess You: Remember me, O Lord, in Your kingdom.

Tremble, O man, as you behold the divine Blood. It is a burning coal that sears the unworthy. The Body of God both deifies and nourishes me: It deifies the spirit and wondrously nourishes the mind.

You have smitten me with yearning, O Christ, and by Your divine eros You have changed me. But burn up my sins with spiritual fire, and grant me to be filled with delight in You, so that, leaping for joy, I may magnify, O Good One, Your two comings.

How shall I, who am unworthy, enter into the splendor of Your saints? If I dare to enter into the bridal chamber, my clothing will accuse me, since it is not a wedding garment; and being bound up, I shall be cast out by the angels. In Your love, Lord, cleanse my soul and save me.

Loving Master, Lord Jesus Christ, my God, let not these holy Gifts be to my condemnation because of my unworthiness, but for the cleansing and sanctification of soul and body and the pledge of the future life and kingdom. It is good for me to cling to God and to place in Him the hope of my salvation.

Approaching to receive, each makes a reverence and says:

✠ Behold I approach Christ, our immortal King and God.

Calendar of the Week

Monday, July 19

6:00 p.m. – Greek Dance Practice, Great Hall

Tuesday, July 20: The Prophet Elias

8:30 a.m. – Orthros; 9:30 a.m. – Divine Liturgy

Wednesday, July 21

9:00 a.m. – “The Messenger” Mailing

Thursday, July 22

6:30 p.m. – Stewardship Committee, Fireside Room

Friday, July 23

7:00 a.m. – Men’s Fellowship: Psalms Study, on Zoom only

Saturday, July 24

No Bible Study until late September

5:00 p.m. – Great Vespers

Sunday, July 25: Fifth Sunday of Matthew

8:30 a.m. – Orthros; 9:30 a.m. – Divine Liturgy

1:10 p.m. – St. Mary’s at the Twins Game

Father Jason is serving the Divine Liturgy in Rochester this morning.

Renovation Update

The roof replacement is progressing well with completion scheduled for the end of July. Beginning this Sunday, both the North and South Entrances will be open on Sunday mornings for Divine Liturgy. We have almost completed the cleaning of our walls; we hope you can experience the splendor of Thy beauty as our clergy gather in the altar this morning. At the July meeting our Parish Council made the decision to remove the asbestos materials inside the nave to keep our worship space beautiful and safe for future generations. In August we will begin asbestos remediation which will prevent us from using the nave for potentially two full weeks. We will update you as we finalize the removal schedule. Additional projects include repainting the walls and ceiling, updating the gold leaf columns, and installing our brand new carpeting.

Announcements

“The Music Man” at The Chanhassen

~ Reservations Close Today ~

The Hellenic Post American Legion is inviting members of Saint Mary's Senior Citizen Club on an outing to the Chanhassen Dinner Theater on Wednesday, August 18, to see “The Music Man.” This is a matinee with lunch at 11:00 a.m. and the show at 1:00 p.m. The cost for Senior Citizens Club members is \$33.50 and \$67.00 for non-members. Reservations close today. Tickets are on sale today in the Great Hall. Payment must be made when reserving your spot.

Festival Bake Sale Preparations Continue

The entire community is invited to join Philoptochos as we prepare for the 2021 Taste of Greece Bake Sale! You are welcome for part or all of any session. Please contact the Cookie Captain directly to offer your services at the August baking sessions.

Koulouria — Tuesday, August 3: 10:00 a.m.-4:00 p.m.

Debbie Theros, 952.935.3358, debbie@therosgroup.com

Melomakarona — Monday, August 9: 12:00 noon-5:00 p.m.

Paulette Hastings, 952.564.8388, pmg@sisyphuscafe.com

Acolyte Retreat

Attention new and continuing altar boys!

Acolyte Retreat ~ Sunday, August 22

An acolyte retreat for continuing and new altar boys (entering 3rd grade and up) is planned for Sunday, August 22, 11:30 a.m.-3:00 p.m. We will meet in the nave after Liturgy for a short orientation/training session, jump on the 12:30 trolley from Bde Maka Ska to Lake Harriet, eat lunch (the church will pay!) at the Lake Harriet food pavilion (Bread and Pickle), and return to St. Mary's on the trolley. This event is free. Please RSVP by August 16 to Fr. Jason frjason@stmarysgoc.org or 612.401.0660.

Men's Retreat at the Karos' Cabin

September 17-19

We are excited to be back with our St. Mary's Men's Retreat this year on the weekend of September 17-19. It will be held at the Karos cabin as in past years and is for all men of St. Mary's over the age of 18. Fr. John Kostas will be our retreat leader. Your check to the office for \$70 made out to St. Mary's with Men's Retreat in the memo line is your reservation.

Coffee Hour Hosts Needed

Would you like to host a Sunday coffee hour? We still have a couple openings for hosts: August 8 and 29 and September 19 and 26. Contact David in the Church Office, david@stmarysgoc.org, to find out more and reserve your Sunday.

Open Your Heart Summer Challenge

While children are out of school for the summer, many families struggle to keep food on the table. CES (Community Emergency Service) is working tirelessly to meet the increased need in our community. To help meet the heightened need, CES is participating in the ***Open Your Heart Summer Challenge***. All funds raised by CES in July will be proportionately matched by the Open Your Heart Summer Challenge (up to \$4,000 based on how much each participating food shelf raises). Your donation in July will provide our local neighbors with healthy and culturally specific food and hope. Your gift of any amount will fight hunger in our community and help CES secure up to \$4,000 via the Open Your Heart Summer Challenge.

Donate online or send your check to: Community Emergency Service, 1900 11th Avenue South, Minneapolis, MN 55404

P.S. DONATE NOW! Your donation will help CES raise up to \$4,000 through the Open Your Heart Summer Challenge.

Consider Sharing Your Life with a Foreign Exchange Student

Wondering what you can do to make this world a better place? Help close the gap between nations and promote world peace by hosting a foreign exchange student. Teach them about America and learn about their country. If you are interested in hosting a young person from another country call Mary Philippe, 605.376,6620 or maryaces@gmail.com, Regional Director, American Cultural Exchange Service. *Two students are in need of host families in the Twin Cities area. Both are of the Eastern Orthodox faith.*

<https://www.explorettheworld.org/>

Food Shelf Needs for Next Week

Canned meat

July's recipient is FOCUS House.

Please do not bring opened packages. They will be discarded.

From the Fathers...on Teaching and Learning

Christ has appointed us to be like lamps,
so as to be teachers to others.

—*Saint John Chrysostom*

Daily Bible Readings

Monday, July 19

Romans 12:4-5,15-21 • Matthew 12:9-13

Tuesday, July 20

The Prophet Elias

James 5:10-20 • Luke 4:22-30

Wednesday, July 21

Romans 15:7-16 • Matthew 12:38-45

Thursday, July 22

Saint Mary Magdalene

I Corinthians 9:2-12 • Luke 8:1-3

Friday, July 23

Romans 16:1-16 • Matthew 13:3-9

Saturday, July 24

Romans 8:14-21 • Matthew 9:9-13

Sunday, July 25

Fifth Sunday of Matthew

Galatians 4:22-27 • Matthew 8:28 – 9:1

Saint Mary's Greek Orthodox Church

3450 Irving Avenue South

Minneapolis, Minnesota 55408-3399

Telephone: 612.825.9595 • Facsimile: 612.825.9283

 Facebook: www.facebook.com/stmarysgoc

Fr. George Dokos, Proistamenos; Fr. Jason Houck, Associate

Fr. John Kostas; Deacon Paul Kalina