

SAINT MARY'S
GREEK ORTHODOX CHURCH

✠ THE DIVINE LITURGY ✠

The Weekend of March 6/7, 2021

Saturday, March 6, 2021

Commemoration: First Saturday of Souls; 42 Martyrs of Amorion in Phrygia; Finding the Precious Cross by St. Helen; Hesybios the Wonderworker.

Variable Hymns and Readings in the Liturgy
At the Second Antiphon

Save us, O Son of God, who are wondrous among your saints, save us who sing to you: Alleluia!

At the Small Entrance

Hymn for the Day, Plagal Fourth Tone

O only Creator who out of love for man arrange all things with depth of wisdom, and impart to all what is beneficial, O Lord, grant repose to the souls of Your servants. For they have placed their hope in You our Creator and Fashioner and God.

Entrance Hymn, Second Tone

Come, let us worship and bow down before Christ. Save us, O Son of God, who are wondrous among your saints, save us who sing to you: Alleluia!

Repeat the Hymn for the Day, above.

Hymn of the Dormition of the Theotokos, First Tone

In giving birth, you preserved your virginity, O Theotokos; in falling asleep you did not forsake the world. You passed over into life, O Mother of Life; and by your prayers you deliver our souls from death!

Kontakion of the Departed, Plagal Fourth Tone

Among the saints give rest, O Christ, to the souls of your servants where there is no pain, nor sorrow, nor suffering, but only life everlasting!

Epistle..... *I Thessalonians 4:13-17*

But we would not have you ignorant, brethren, concerning those who are asleep, that you may not grieve as others do who have no hope. For since we believe that Jesus died and rose again, even so, through Jesus, God will bring with him those who have fallen asleep. For this we declare to you by the word of the Lord, that we who are alive, who are left until the coming of the Lord, shall not precede those who have fallen asleep. For the Lord himself will descend from heaven with a cry of command, with the archangel's call, and with the sound of the trumpet of God. And the dead in Christ will rise first; then we who are alive, who are left, shall be caught up together with them in the clouds to meet the Lord in the air; and so we shall always be with the Lord.

Gospel..... *Luke 21:8-9, 25-27, 33-36*

The Lord said, "Take heed that you are not led astray; for many will come in my name, saying, 'I am he!' and, 'The time is at hand!' Do not go after them. And when you hear of wars and tumults, do not be terrified; for this must first take place, but the end will not be at once. And there will be signs in sun and moon and stars, and upon the earth distress of nations in perplexity at the roaring of the sea and the waves, men fainting with fear and with foreboding of what is coming on the world; for the powers of the heavens will be shaken. And then they will see the Son of man coming in a cloud with power and great glory. Heaven and earth will pass away, but my words will not pass away. But take heed to yourselves lest your hearts be weighed down with dissipation and drunkenness and cares of life, and that day come upon you suddenly like a snare; for it will come upon all who dwell upon the face of the whole earth. But watch at all times, praying that you may have strength to escape all these things that will take place, and to stand before the Son of man."

The Communion Prayers are found on page 4 of this leaflet.

Communion Hymn

Blessed are they whom You have chosen and received, O Lord. Their memorial abides from generation to generation. Alleluia.

Stewardship Prayer

Lord Jesus Christ, our God, accept our offerings as You have accepted the gifts of Your people throughout the ages. We offer these gifts to Your glory, for the support of the ministries of Your holy Church, for the alleviation of suffering and hunger, and for the proclamation of Your Gospel to the whole world.

Grant us Your blessing, Lord our Savior, that we may always be faithful stewards, continuing to share the gifts you have given us, by the power of Your grace, mercy, and love. May Your name be glorified forever. Amen.



THE COMMUNION PRAYERS

I believe and confess, Lord, that You are truly the Christ, the Son of the living God, who came into the world to save sinners, of whom I am the first. I also believe that this is truly Your pure Body and that this is truly Your precious Blood. Therefore, I pray to You, have mercy upon me, and forgive my transgressions, voluntary and involuntary, in word and deed, known and unknown. And make me worthy without condemnation to partake of Your pure Mysteries for the forgiveness of sins and for life eternal. Amen.

Behold, I approach for Divine Communion. O Maker, burn me not as I partake, for You are fire consuming the unworthy. But cleanse me from every stain.

Receive me today, O Son of God, as a partaker of Your mystical supper; for I will not betray Your mysteries to Your enemies, nor give You a kiss as did Judas, but as the thief I confess You: Remember me, O Lord, in Your kingdom.

Tremble, O man, as you behold the divine Blood. It is a burning coal that sears the unworthy. The Body of God both deifies and nourishes me: It deifies the spirit and wondrously nourishes the mind.

You have smitten me with yearning, O Christ, and by Your divine eros You have changed me. But burn up my sins with spiritual fire, and grant me to be filled with delight in You, so that, leaping for joy, I may magnify, O Good One, Your two comings.

How shall I, who am unworthy, enter into the splendor of Your saints? If I dare to enter into the bridal chamber, my clothing will accuse me, since it is not a wedding garment; and being bound up, I shall be cast out by the angels. In Your love, Lord, cleanse my soul and save me.

Loving Master, Lord Jesus Christ, my God, let not these holy Gifts be to my condemnation because of my unworthiness, but for the cleansing and sanctification of soul and body and the pledge of the future life and kingdom. It is good for me to cling to God and to place in Him the hope of my salvation.

Approaching to receive, each makes a reverence and says:

✠ Behold I approach Christ, our immortal King and God.

Sunday, March 7, 2021

Commemoration: Sunday of the Last Judgment Sunday (Meatfare Sunday); The Holy Martyred Bishops of Cherson: Basileus, Ephraim, Eugene, Capito, Aetherius, Agathodorus, and Elpidius; Lavrentios of Megara, the Righteous; Paul the Simple.

Morning Gospel: Sixth

Tone: Plagal Second

Variable Hymns and Readings in the Liturgy

At the Second Antiphon

Save us, O Son of God, who rose from the dead, save us who sing to you: Alleluia!

At the Small Entrance

Resurrection Hymn, Plagal Second Tone

The angelic powers appeared at your tomb, the soldiers guarding it became as dead men, and Mary stood at your grave seeking, seeking your most pure body. But you made hell a captive; you were untouched by its might. You came to the virgin and granted life. O Lord, who rose from the dead, glory to you.

Entrance Hymn

Come, let us worship and bow down before Christ. Save us, O Son of God, who rose from the dead, save us who sing to you: Alleluia!

Repeat the Resurrection Hymn, above.

Hymn of the Dormition of the Theotokos, First Tone

In giving birth, you preserved your virginity, O Theotokos; in falling asleep you did not forsake the world. You passed over into life, O Mother of Life; and by your prayers you deliver our souls from death!

Kontakion of the Last Judgment, Third Tone

When you come to the earth, O God, in Your glory, all creation will tremble and a river of fire will flow before Your throne of judgment. The books will be opened and the secrets of all will be revealed. On that day, O just Judge, deliver me from eternal flames and make me worthy to stand at Your right.

Epistle..... *I Corinthians 8:8 – 9:2*

Brethren, food will not commend us to God. We are no worse off if we do not eat, and no better off if we do. Only take care lest this liberty of yours somehow become a stumbling block to the weak. For if any one sees you, a man of knowledge, at table in an idol's temple, might he not be encouraged, if his conscience is weak, to eat food offered to idols? And so by your knowledge this weak man is destroyed, the brother for whom Christ died. Thus, sinning against your brethren and wounding their conscience when it is weak, you sin against Christ. Therefore, if food is a cause of my brother's falling, I will never eat meat, lest I cause my brother to fall.

Am I not free? Am I not an apostle? Have I not seen Jesus our Lord? Are not you my workmanship in the Lord? If to others I am not an apostle, at least I am to you; for you are the seal of my apostleship in the Lord.

Gospel..... *Matthew 25:31-46*

The Lord said, "When the Son of man comes in his glory and all the holy angels with him, then he will sit on his glorious throne. Before him will be gathered all the nations, and he will separate them one from another as a shepherd separates the sheep from the goats, and he will place the sheep at his right hand, but the goats at the left. Then the king will say to those at his right hand, 'Come, O blessed of my Father, inherit the kingdom prepared for you from the foundation of the world; for I was hungry and you gave me food, I was thirsty and you gave me drink, I was a stranger and you welcomed me, I was naked and you clothed me, I was sick and you visited me, I was in prison and you came to me.' Then the righteous will answer him, 'Lord, when did we see you hungry and feed you, or thirsty and give you drink? And when did we see you a stranger and welcome you, or naked and clothe you? And when did we see you sick or in prison and visit you?' And the King will answer them, 'Truly, I say to you, as you did it to one of the least of these my brethren, you did it to me.' Then he will say to those at his left hand, 'Depart from me, you cursed, into the eternal fire prepared for the devil and his angels; for I was hungry and you gave me no food, I was thirsty and you gave me no drink, I was a stranger and you did not welcome me, naked and you did not clothe me, sick and in prison and you did not visit me.' Then they also will answer, 'Lord, when did we see you hungry or thirsty or a stranger or naked or sick or in prison, and did not minister to you?' Then he will answer them, 'Truly, I say to

you, as you did it not to one of the least of these, you did it not to me.' And they will go away into eternal punishment, but the righteous into eternal life."

The Communion Prayers are found on page 4 of this leaflet.

Stewardship Prayer

Lord Jesus Christ, our God, accept our offerings as You have accepted the gifts of Your people throughout the ages. We offer these gifts to Your glory, for the support of the ministries of Your holy Church, for the alleviation of suffering and hunger, and for the proclamation of Your Gospel to the whole world.

Grant us Your blessing, Lord our Savior, that we may always be faithful stewards, continuing to share the gifts you have given us, by the power of Your grace, mercy, and love. May Your name be glorified forever. Amen.



Memorial Prayers on Sunday are offered for: **Kathleen Niki Rogers** (14 years) daughter of Nick C. and Katherine Boosalis.



Please remember the sick, the suffering, and those in need, especially: Those suffering from COVID-19 and those who care for them; Our brothers and sisters living through the aftermath of disaster; For the victims of violence; Families Moving Forward; Metro Hope Ministries; Orthodox Christian Prison Ministry; FOCUS Minnesota; Our brothers and sisters serving in the Armed Forces throughout the world especially John Ellis; San Miguel Del Lago Orphanage; Cleo, Lukas, Presvytera Tulla Poteres, Nancy and Tim, Tom, Olga, Peter, Kristina, Armour family, Cora and family, Lamona, Bo, Tom Grund, Lynn, Deb, Sarah, Maia, Jeanette, Travis, Kassie, Tahnlee, Lois, Kalli, Alex, Quinn, Annie, Sue & Jim, Steve, Sue, Jane, Carole, Rifka, Pat, Nancy, Dave, Pam Katie, Bri, Gilbert, George P., Barbara, Thespina, Danielle, Jenny, John L., Steven E., Samir and Samira, Julia, Presvytera Janis, Sandra, Sophia, George, Rick, Bryn, Phil, Karen, Phil, Marnie and family; Joyce, Dorla, Linda, Fr. Elias, Vicki, Bill, Diana, Elpis Fotini, Dina, Landon, Luke, Aemiliane, Doria, Mike, Stephanie, Tyler, Ben, Brittany, Amy, Shinia, Chelsea, Christy, Karen, Anastasia, Jamie, Alex and Alexander, Slibe, Saleh & Deanna, Kristine, Toni, Gina, Julie, R.J., Allie, Elena, Speranta, Alexander, Stephanie, Vickie, Petra, Bob, Joseph, Avgi, Christopher, Alki, Elizabeth, Jaxon, Olle, Judi, Bodil, Ole, and others known to you.

Calendar of the Week

Monday, March 8

11:00 a.m.-2:00 p.m. – Bookstore open by appointment
7:00 p.m. – Virtual Bible Study on Zoom

Tuesday, March 9: Holy Forty Martyrs at Lake Sebaste

8:30 a.m. – Orthros; 9:30 a.m. – Divine Liturgy
(Registration not requested)
6:15 p.m. – Parish Council Meeting

Wednesday, March 10

6:45 p.m. – Senior GOYA in the Great Hall

Thursday, March 11

11:00 a.m.-2:00 p.m. – Bookstore open by appointment

Saturday, March 13: Second Saturday of Souls

9:00 a.m. – Orthros; 10:00 a.m. – Divine Liturgy
(Registration requested)
10:00 a.m. – OCF Spring Retreat, St. Mary's GOC
2:00 p.m. – Youth Lenten Retreat, St. George GOC
4:00 p.m. – Great Vespers (Registration not requested)
Set your clocks ahead one hour tonight.

Sunday, March 14: Forgiveness Sunday (Cheesefare)

8:30 a.m. – Orthros; 9:30 a.m. – Divine Liturgy
(Registration requested)
4:00 p.m. – Forgiveness Vespers (Registration not requested)

Lenten Worship Schedule

Mondays in Great Lent (beginning March 15)

Great Compline – 6:00 p.m.

Wednesdays in Great Lent (beginning March 17)

Holy Confession – 4:00 p.m.

Liturgy of the Presanctified Gifts – 5:45 p.m.

(Great Vespers will be offered on Wednesday, March 24 at 6:00 p.m.)

Fridays in Great Lent (beginning March 19)

Holy Confession – 4:00 p.m.

Salutations to the Theotokos (Akathist Hymn) – 6:00 p.m.

(Liturgy of the Presanctified Gifts will be offered on Friday, April 23)

Virtual Bible Study

Virtual Bible Study meets weekly on Monday evenings, Fr. John Kostas is leading the discussions. In preparation for Lent and Holy Week, the discussions focus on Holy Week according to Matthew's Gospel. We meet on-line via Zoom from 7:00 to 8:00 p.m. The link can be found on our website. Zoom meeting ID: 838 4110 4908 and Passcode: 660926 (use for Zoom and phone meetings).

Youth Lenten Retreat

Saturday, March 13

St. Mary's and St. George are hosting a Lenten Retreat, sponsored by the Metropolis of Chicago's Fanari Camp, on Saturday, March 13! This regional retreat is for 5th-12th graders and will have seven satellite locations throughout the Metropolis each with a capacity of 25 campers per site (subject to change due to COVID-19). The retreat will be the same format and experience in all locations and will run from 2:00-8:00 p.m. The location for the Twin Cities region is **St. George Greek Orthodox Church in St. Paul**. The cost is \$30/child, but we will reimburse you \$15/child following the retreat. Dinner, snacks and a T-shirt are included! To register, visit: <https://www.fanari.camp/retreat>. The registration deadline is Friday, March 5.

OCF Spring 2021 Minnesota and Iowa District Retreat

Saturday, March 13

OCF Spring District Day is scheduled for Saturday, March 13, 10:00 a.m.-5:00 p.m. at **St. Mary's**! We are going to hear from Fr. John Kostas about St. Paul's journey and then go on an adventure where we'll learn about Holy Sites from around the world! On the agenda is Mt. Athos, the Holy Sepulchre, Meteora, and Mt. Siani. In your travel bag, don't forget to bring a mask and water bottle. A light snack and lunch from Tony's Diner (Greek food) will be provided.

Register *now* at:

<https://www.ocf.net/events/spring-2021-minniowa-district-retreat/>

YAL Q&A Session

Sunday, March 21

The Twin Cities YAL will begin Great Lent with a virtual Q&A session on Sunday, March 21, 1:30-3:30 p.m. with Fr. Ben Tucci and Fr. Jason Houck. Details are on our church website.

Philoptochos Membership Drive Happening Now!

The annual Philoptochos Membership Drive in support of the charitable arm of the church is in progress! All levels of giving and volunteerism are welcome. Please consider joining with a donation in any amount, knowing the first \$22 goes to Metropolis and National Philoptochos. Pick up information and drop off your form and “dues” at the high top table in the Narthex, join through the Give Now button at stmarysgoc.org (please indicate that it’s for Philoptochos), or use the mailing envelope sent to all women of the parish.

Fresh Fillo Sale

March 7-21

Get ready for your spring and summer baking! Place your order for fresh fillo between March 7-21:

- Order online via Square: <https://checkout.square.site/merchant/MLG8SFHNM7VMC/checkout/J25PQ5FW2BX4H7LCZGSKWN2E>
- Order via email to chair Andrea Tiggas (adtiggas@msn.com) with your name, phone number, and number of pounds requested. (If you don’t have email, call Andrea at 612.239.1522.) YOU MUST MAIL A CHECK to Andrea (\$5/pound ordered, payable to Philoptochos with fillo in memo) to complete your order -- 6128 Ryan Avenue, Edina 55424.

Fillo orders will be available for pick up from church after liturgy on Sunday, March 28.

Greek Zumba on Zoom

Tuesday, March 16, 5:00-6:00 p.m.

Get your body moving and your spirit soaring as you listen to Greek music and get your heart pumping! Kally Youngdahl’s free monthly class is for all fitness levels is a day brightener. Join us! Zoom Link: <https://us02web.zoom.us/j/85100956362>

Philoptochos Meeting

Save the Date: Tuesday, March 23

Please mark your calendar for our 7:00 p.m. Zoom Meeting. We’ll be talking about Lenten and Holy Week activities, and would love to see you there.

Women's Book Club

Tuesday, April 6

The Women's Book Club book is reading "Thirty Steps to Heaven: The Ladder of Divine Ascent for All Walks of Life" by Vassilios Papavasiliou. The book can be purchased in the church office for \$19. Please make checks payable to St. Mary's Bookstore. Discussion will be on Tuesday, April 6.

Ongoing: Quilt Tops for People in Need

Philoptochos has joined the quilting women of Gethsemane Lutheran Church in Hopkins to create quilts for people in need. We will be distributing a portion of them locally, with the rest blanketing the world via Lutheran World Relief. How can you participate? Two bins have been placed in the main south entry of St. Mary's, one for contactless kit pick-up and the other for drop off of your donations.

1. If you sew, pick up a quilt top kit. Each kit has a sewing machine needle, instructions and the correct number of quilt squares to make a 60"x80" top. This is easy sewing – straight lines only – plus some ironing. And, you can do it safely in your own home.
2. Donate old blankets, sheets, bedspreads, heavy tablecloths, and draperies. The quilters of Gethsemene will use them for filling and backing the quilts.

St. Mary's Summer Camp Is Back!

July 3-10, 2021

St. Mary's Summer Camp will be held this year at Camp Courage near Maple Lake, MN. The move to a different site is due to maximum participant limitations at the Camp Wapo facilities for this summer only. We plan to return to Wapo in 2022.

Appropriate safety protocols will be in place to ensure a safe, fun, and enriching experience for our youth.

The start of registration will be delayed until May, after Pascha, this year. Please stay tuned for all the registration details that will be coming soon!

FOCUS House Needs

FOCUS House continues to need winter clothing items, especially for men, especially boots. Also of need are men's belts and new underwear and socks for both men and women.

Please bring your donations to the church hallway or take them to FOCUS House on Mondays, Wednesdays, or Thursdays. The address is 550 Rice Street, St. Paul, and the phone number is 651.324.2705. Matushka Vera Proctor is the Director of FOCUS House.

Saint Mary's Bookstore Open for Lenten Shopping

In preparation for Great Lent our Bookstore will be opening to allow parishioners to come and purchase books and other items to assist with Lenten efforts. In addition to these dates and times, our Bookstore Manager, Rebecca Myerly, remains available to assist you with special orders and requests.

Monday, March 8 — 11:00 a.m.-2:00 p.m.

Thursday, March 11 — 11:00 a.m.-2:00 p.m.

You must register in advance to visit the Bookstore in person. Please contact the church office or click on the link provided in the Weekly Parish Update sent via email on Friday afternoon to select a day and time which works for you.

To allow as many people as possible to come to the Bookstore the following guidelines have been established:

- A maximum of two customers in the bookstore at a time.
- Limit your browsing to 15 minutes so others will have an opportunity to shop.
- Follow all COVID-19 protocols, including wearing a mask that covers your nose and mouth and sanitizing your hands upon entry.

We hope to provide additional opportunities for our parishioners to support the St. Mary's Bookstore.

The Bookstore now has an e-mail address for you to place your orders or inquire about inventory! Contact the Bookstore staff directly on: bookstore@stmarysgoc.org

Food Shelf Needs for Next Week

Baby formula

March's recipient is FOCUS House.

Please do not bring opened packages. They will be discarded.

From the Fathers...on Judgment

...The day will come when we shall stand before God and be judged, but as long as our pilgrimage continues, as long as we live in the process of becoming, as long as there is ahead of us this road that leads to the full measure of the stature of Christ which is our vocation, judgment must be pronounced by ourselves. —*Metropolitan Anthony of Sourozh*

Daily Bible Readings

Monday, March 8

III John 1:1-15 • Luke 19:29-40; 22:7-39

Tuesday, March 9

Holy Forty Martyrs at Lake Sebaste

Hebrews 12:1-10 • Matthew 20:1-16

Wednesday, March 10

Joel 3:12-21 • Joel 2:12-26

Thursday, March 11

Jude 1:11-25 • Luke 23:1-31, 33, 44-56

Friday, March 12

Zechariah 8:7-17 • Zechariah 8:19-23

Saturday, March 13

Second Saturday of Souls

Galatians 5:22 – 6:2 • Matthew 6:1-13

Sunday, March 14

Forgiveness Sunday (Cheesefare)

Romans 13:11 – 14:4 • Matthew 6:14-21

Saint Mary's Greek Orthodox Church

3450 Irving Avenue South

Minneapolis, Minnesota 55408-3399

Telephone: 612.825.9595 • Facsimile: 612.825.9283

 Facebook: www.facebook.com/stmarysgoc

Fr. George Dokos, Proistamenos; Fr. Jason Houck, Associate

Fr. John Kostas; Deacon Paul Kalina