

SAINT MARY'S
GREEK ORTHODOX CHURCH

✠ THE DIVINE LITURGY ✠

The Weekend of May 8/9, 2021

Saturday, May 8, 2021

Commemoration: Synaxis of the Holy Powder (or manna) which emitted from the tomb of Saint John the Theologian; Arsenios the Great.

Variable Hymns and Readings in the Liturgy

At the Second Antiphon

Save us, O Son of God, who rose from the dead, save us who sing to you: Alleluia!

Christ Is Risen (at the Third Antiphon)

Christ is risen from the dead, trampling down death by death, and upon those in the tombs, bestowing life!

At the Small Entrance

Entrance Hymn, Second Tone

In congregations bless God, the Lord from the springs of Israel. Save us, O Son of God, who rose from the dead, save us who sing to you: Alleluia!

Hymn of PASCHA, Plagal First Tone

Christ is risen from the dead, trampling down death by death, and upon those in the tombs, bestowing life!

Hypakoe, Fourth Tone

Coming before dawn, the women with Mary, when they found the stone rolled back from the tomb, heard the angel say, "Why do you seek him who dwells in eternal light among the dead, as if he were a human being? See his burial clothes; run and proclaim to the world that the Lord has risen, putting death to death. For he is the Son of God, who is saving the human race!

Hymn of Saint John the Theologian, Second Tone

Beloved Apostle of Christ our God, hasten to deliver a people without defense. He who permitted you to recline upon his bosom, accepts you on bended knee before him. Beseech him, O Theologian, to dispel the persistent cloud of nations, asking for us peace and great mercy.

Kontakion of PASCHA, Plagal Fourth Tone

Into the grave you descended, Immortal One, yet you destroyed the power of Hades, and as victor you arose, O Christ our God; you proclaimed to the myrrh-bearing women a greeting of joy, you brought peace to your holy apostles, and to the fallen you granted resurrection.

Instead of the Trisagion Hymn

As many of you as have been baptized into Christ have clothed yourselves in Christ. Alleluia.

Epistle..... Acts 3:11-16

In those days, while the healed lame man clung to Peter and John, all the people ran together to them in the portico called Solomon’s, astounded. And when Peter saw it he addressed the people, “Men of Israel, why do you wonder at this, or why do you stare at us, as though by our own power or piety we had made him walk? The God of Abraham and of Isaac and of Jacob, the God of our fathers, glorified his servant Jesus, whom you delivered up and denied in the presence of Pilate, when he had decided to release him. But you denied the Holy and Righteous One, and asked for a murderer to be granted to you, and killed the Author of life, whom God raised from the dead. To this we are witnesses. And his name, by faith in his name, has made this man strong whom you see and know; and the faith which is through him has given the man this perfect health in the presence of you all.”

Gospel..... John 19:25-28, 21:24-25

At that time, standing by the cross of Jesus were his mother, and his mother’s sister, Mary the wife of Clopas, and Mary Magdalene. When Jesus saw his mother, and the disciple whom he loved standing near, he said to his mother, “Woman, behold, your son!” Then he said to the disciple, “Behold, your mother!” And from that hour the disciple took her to his own home. This is the disciple who is bearing witness to these things, and who has written these things; and we know that his testimony is true. But there are also many other things which Jesus did; were every one of them to be written, I suppose that the world itself could not contain the books that would be written.

The Communion Prayers are found on page 4 of this leaflet or inside the front cover of the hymnal.

Communion Hymn

Receive the body, the body of Christ; drink from the font of immortality. Alleluia.

Instead of “We have seen the light...,” we chant “Christ is risen.”

The End of the Divine Liturgy

Priest: Christ is risen!

People: Truly he is risen! (*Proclaimed three times.*)

Priest: Glory to his third-day Resurrection!

People: We adore his third-day Resurrection!

Priest: Christ is risen from the dead, by death, trampling down upon death, and to those in the tombs, he has granted life.

People: Truly the Lord is risen!

Stewardship Prayer

Lord Jesus Christ, our God, accept our offerings as You have accepted the gifts of Your people throughout the ages. We offer these gifts to Your glory, for the support of the ministries of Your holy Church, for the alleviation of suffering and hunger, and for the proclamation of Your Gospel to the whole world.

Grant us Your blessing, Lord our Savior, that we may always be faithful stewards, continuing to share the gifts you have given us, by the power of Your grace, mercy, and love. May Your name be glorified forever. Amen.

THE COMMUNION PRAYERS

I believe and confess, Lord, that You are truly the Christ, the Son of the living God, who came into the world to save sinners, of whom I am the first. I also believe that this is truly Your pure Body and that this is truly Your precious Blood. Therefore, I pray to You, have mercy upon me, and forgive my transgressions, voluntary and involuntary, in word and deed, known and unknown. And make me worthy without condemnation to partake of Your pure Mysteries for the forgiveness of sins and for life eternal. Amen.

Behold, I approach for Divine Communion. O Maker, burn me not as I partake, for You are fire consuming the unworthy. But cleanse me from every stain.

Receive me today, O Son of God, as a partaker of Your mystical supper; for I will not betray Your mysteries to Your enemies, nor give You a kiss as did Judas, but as the thief I confess You: Remember me, O Lord, in Your kingdom.

Tremble, O man, as you behold the divine Blood. It is a burning coal that sears the unworthy. The Body of God both deifies and nourishes me: It deifies the spirit and wondrously nourishes the mind.

You have smitten me with yearning, O Christ, and by Your divine eros You have changed me. But burn up my sins with spiritual fire, and grant me to be filled with delight in You, so that, leaping for joy, I may magnify, O Good One, Your two comings.

How shall I, who am unworthy, enter into the splendor of Your saints? If I dare to enter into the bridal chamber, my clothing will accuse me, since it is not a wedding garment; and being bound up, I shall be cast out by the angels. In Your love, Lord, cleanse my soul and save me.

Loving Master, Lord Jesus Christ, my God, let not these holy Gifts be to my condemnation because of my unworthiness, but for the cleansing and sanctification of soul and body and the pledge of the future life and kingdom. It is good for me to cling to God and to place in Him the hope of my salvation.

Approaching to receive, each makes a reverence and says:

✠ Behold I approach Christ, our immortal King and God.

Sunday, May 9, 2021

Commemoration: Sunday of Saint Thomas; The Holy Prophet Esaias (Isaiah); Christopher the Martyr of Lycea; Monk-martyr Nicholas who lived in Vuneni, of Larissa in Thessaly; Epimachos the New Martyr of Alexandria; The New Martyrs of Novo Selo, Bulgaria

Variable Hymns and Readings in the Liturgy

Christ Is Risen

Christ is risen from the dead, trampling down death by death, and upon those in the tombs, bestowing life!

At the Second Antiphon

Save us, O Son of God, who rose from the dead, save us who sing to you: Alleluia!

At the Small Entrance

Hymn of PASCHA, Plagal First Tone

Christ is risen from the dead, trampling down death by death, and upon those in the tombs, bestowing life!

Hymn of Entrance

Bless God in the churches; the Lord from the fountains of Israel. Save us, O son of God who rose from the dead, save us who sing to you: Alleluia!

Repeat the Hymn of PASCHA, above.

Hymn of the Day, Grave Tone

While the tomb was sealed, O Life, you did shine forth from the grave, O Christ our God. And while the doors were shut, you did come to your disciples, O Resurrection of all, renewing through them an upright spirit in us, according to your great mercy!

Kontakion of PASCHA, Plagal Fourth Tone

Into the grave you descended, Immortal One, yet you destroyed the power of Hades, and as victor you arose, O Christ our God; you proclaimed to the myrrh-bearing women a greeting of joy, you brought peace to your holy apostles, and to the fallen you granted resurrection.

Epistle.....*Acts 5:12-20*

In those days, many signs and wonders were done among the people by the hands of the apostles. And they were all together in Solomon's Portico. None of the rest dared join them, but the people held them in high honor. And more than ever believers were added to the Lord, multitudes both of men and women, so that they even carried out the sick into the streets, and laid them on beds and pallets, that as Peter came by at least his shadow might fall on some of them. The people also gathered from the towns around Jerusalem, bringing the sick and those afflicted with unclean spirits, and they were all healed. But the high priest rose up and all who were with him, that is, the party of the Sadducees, and filled with jealousy they arrested the apostles and put them in the common prison. But at night an angel of the Lord opened the prison doors and brought them out and said, "Go and stand in the temple and speak to the people all the words of this Life."

Gospel..... *John 20:19-31*

On the evening of that day, the first day of the week, the doors being shut where the disciples were for fear of the Jews, Jesus came and stood among them and said to them: "Peace be with you." When he had said this, he showed them his hands and his side. Then the disciples were glad when they saw the Lord. Jesus said to them again, "Peace be with you. As the Father has sent me, even so I send you." And when he had said this, he breathed on them, and said to them: "Receive the Holy Spirit. If you forgive the sins of any, they are forgiven; if you retain the sins of any, they are retained."

Now Thomas, one of the twelve, called the Twin, was not with them when Jesus came. So the other disciples told him: "We have seen the Lord." But he said to them: "Unless I see in his hands the print of the nails, and place my finger in the mark of the nails, and place my hand in his side, I will not believe."

Eight days later, his disciples were again in the house, and Thomas was with them. The doors were shut, but Jesus came and stood among them, and said: "Peace be with you." Then he said to Thomas, "Put your finger here, and see my hands; and put out your hand, and place it in my side; do not be faithless, but believing." Thomas answered him, "My Lord and my God!" Jesus said to him, "Have you believed because you have seen me? Blessed are those who have not seen and yet believe."

Now Jesus did many other signs in the presence of the disciples, which are not written in this book; but these are written that you may believe that Jesus is the Christ, the Son of God, and that believing you may have life in his name.

Megalyrnarion of PASCHA, First Tone

The Angel spoke to her who is full of grace: Rejoice, O pure virgin, and again I say rejoice; your Son is risen from the grave on the third day.

Shine, Shine, O new Jerusalem, for the glory of the Lord is risen upon you. Now dance and be glad O Sion; and you, O pure Theotokos, exalt in the rising of your Son!

The Communion Prayers are found on page 4 of this leaflet or inside the front cover of the hymnal.

Communion Hymn

Receive the Body of Christ, and taste him who is the fountain of immortality.

Instead of “We have seen the light...,” we chant “Christ is risen.”

The End of the Divine Liturgy

Priest: Christ is risen!

People: Truly he is risen! (*Proclaimed three times.*)

Priest: Glory to his third-day Resurrection!

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Priest: Christ is risen from the dead, by death, trampling down upon death, and to those in the tombs, he has granted life.

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Stewardship Prayer

Lord Jesus Christ, our God, accept our offerings as You have accepted the gifts of Your people throughout the ages. We offer these gifts to Your glory, for the support of the ministries of Your holy Church, for the alleviation of suffering and hunger, and for the proclamation of Your Gospel to the whole world.

Grant us Your blessing, Lord our Savior, that we may always be faithful stewards, continuing to share the gifts you have given us, by the power of Your grace, mercy, and love. May Your name be glorified forever. Amen.

Please remember the sick, the suffering, and those in need, especially: The family of Christos Bakritges; Those suffering from COVID-19 and those who care for them; Our brothers and sisters living through the aftermath of disaster; For the victims of violence; Families Moving Forward; Metro Hope Ministries; Orthodox Christian Prison Ministry; FOCUS Minnesota; Our brothers and sisters serving in the Armed Forces throughout the world especially John Ellis; San Miguel Del Lago Orphanage; Corina, Tom, Vasilios, Presvytera Tulla Poteres, Nancy and Tim, Olga, Peter, Kristina, Armour family, Cora and family, Lamona, Bo, Tom Grund, Lynn, Deb, Sarah, Maia, Jeanette, Travis, Kassie, Tahnlee, Lois, Kalli, Alex, Quinn, Annie, Sue & Jim, Steve, Sue, Jane, Carole, Rifka, Pat, Nancy, Dave, Pam Katie, Bri, Gilbert, George P., Barbara, Thespina, Danielle, Jenny, John L., Steven E., Samir and Samira, Julia, Presvytera Janis, Sandra, Sophia, George, Rick, Bryn, Nancy, Alex, Eryn, Phil, Karen, Phil, Marnie and family; Joyce, Dorla, Linda, Fr. Elias, Vicki, Bill, Diana, Elpis Fotini, Dina, Landon, Luke, Aemiliane, Doria, Mike, Stephanie, Tyler, Ben, Brittany, Amy, Shinia, Chelsea, Christy, Karen, Anastasia, Jamie, Alex and Alexander, Slibe, Saleh & Deanna, Kristine, Toni, Gina, Julie, R.J., Allie, Elena, Speranta, Alexander, Stephanie, Vickie, Petra, Bob, Joseph, Avgi, Christopher, Alki, Elizabeth, Jaxon, Olle, Judi, Bodil, Ole, and others known to you.



Sacraments This Weekend

Wedding: Nikolas Kouzes to Alicia Vouk, Saturday, May 8, 2021



Happy Mother's Day!

Calendar of the Week

Tuesday, May 11

6:15 p.m. – Parish Council Meeting

Wednesday, May 12

6:45 p.m. – Senior GOYA in the Great Hall

Thursday, May 13: Saint Glykeria

6:00 p.m. – Evening Divine Liturgy (*Registration not requested*)

Friday, May 14

7:00 a.m. – Men's Fellowship

Saturday, May 15

9:00 a.m. – Orthros: 10:00 a.m. – Divine Liturgy

Fr. Anthony Coniaris' Memorial

(Registration requested)

5:00 p.m. – Great Vespers (*Registration not requested*)

Sunday, May 16: The Myrrh-Bearing Women

8:30 a.m. – Orthros; 9:30 a.m. – Divine Liturgy

Fr. Anthony Coniaris' Memorial

(Registration requested)



Flowers given to the women of the church on Sunday are in memory of Ann Nickolas, mother of Melpomeni Murdakes.

Remembering Fr. Anthony - May 15 & 16

We will honor the memory of Fr. Anthony Coniaris with Divine Liturgy and a one-year Memorial Service both Saturday and Sunday mornings, May 15 and 16. His Eminence Metropolitan Nathanael will preside at the services. In addition, we are planning some special speakers and commemorations throughout the weekend. Fr. Anthony touched so many lives and we look forward to honoring his and Presvytera Mary's legacy and love. Please watch your emails and other announcements as we finalize plans for the weekend and for registration.

All Parish Assembly

Saint Mary's General Assembly will take place on Sunday, May 23, 2021, 11:30 a.m., in the Great Hall and on Zoom. The detailed agenda will be made available soon.

Save the Date – Vacation Church School

Monday-Friday, June 14-18, 2021 • 8:45 am – 12:00 noon

“Put on the Armor of God”

4 years old (if potty-trained) through entering 6th grade in the fall
7th grade and older needed as Squires (helpers greatly needed!)

Online registration is now open: <https://tinyurl.com/StMarysVCS2021>

Saint Mary's Summer Camp Is Back!

July 3-10, 2021

St. Mary's Summer Camp will be held this year at
Camp Courage near Maple Lake, MN.

The move to a different site is due to maximum participant limitations
at the Camp Wapo facilities for this summer only.

We plan to return to Wapo in 2022.

Appropriate safety protocols will be in place to ensure
a safe, fun, and enriching experience for our youth.

Registration is now open: <https://stmaryscamp.com/summer-camp/>

Twin Cities Pan-Orthodox Virtual Women's Tea

Sunday, May 16, 2021 - 5:00-6:00 p.m. on Zoom

Join Father Perry and Presbyteria Cassie Kallis from St. George Greek Orthodox Church as they present on their ministry and the joys and challenges of raising children with special needs at the Twin Cities Pan-Orthodox Virtual Women's Tea next Sunday. Enjoy a cup of tea and zoom in for this wonderful fellowship! Contact *Minda Pearson* if you have any questions, minda1729@gmail.com. Zoom link and access information will be in next week's Weekly Update e-mail.

Parish-Night Week: The Church Facing the World

Parish-Night Week continues this month on the week of May 17

- **Tuesday, May 18: 6:30-7:15 p.m.**

Parish-Night Week on Zoom for HOPE/JOY
"Offering Our Lives & Commitment"
Watch your emails for the Zoom link!

- **Wednesday, May 19: 7:00-8:00 p.m.**

Parish-Night Week for Adults and Senior GOYAns
Fr. Perry and Presvytera Cassie Kallis present on "Special Needs in Our Church Home"

This will be a hybrid event. For those that want to come in person, we will have this in the Terrace Room. Dinner will not be provided, however, we will have a small snack as well as water.

To signup in person, visit: <https://tinyurl.com/MAYPN2021>

If you do not wish to attend in person, you can participate via Zoom online.

To register for the Zoom, visit:

<https://tinyurl.com/MayPNRegistration>

- **Thursday, May 20: 7:00-8:00 p.m.**

Parish-Night Week on Zoom for Junior GOYA
"Offering Our Lives & Commitment"
Watch your emails for the Zoom link!

Food Shelf Needs for Next Week

Canned meals (large cans)

May's recipient is Joyce Uptown Food Shelf.

Please do not bring opened packages. They will be discarded.

From the Fathers...on Faith

The reward of this faith is to see what we believe.

—*Saint Augustine*

Daily Bible Readings

Monday, May 10

I Corinthians 4:9-16 • Luke 6:12-19

Tuesday, May 11

Acts 4:1-10 • John 3:16-21

Wednesday, May 12

Acts 4:13-22 • John 5:17-24

Thursday, May 13

Acts 4:23-31 • John 5:24-30

Friday, May 14

Acts 5:1-11 • John 5:30 – 6:2

Saturday, May 15

Acts 5:21-32 • John 6:14-27

Sunday, May 16

The Myrrh-Bearing Women

Acts 6:1-7 • Mark 15:43 – 16:8

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