

SAINT MARY'S GREEK ORTHODOX CHURCH

Sunday, October 3, 2021

The Second Sunday of Luke

The Divine Liturgy

Commemoration: Second Sunday of Luke; Dionysios the Areopagite; Rusticus and Eleutherios the Martyrs; John the Chozebite, Bishop of Caesaria.

Morning Gospel: Fourth

Tone: Plagal Second

Variable Hymns and Readings in the Liturgy

At the Second Antiphon

Save us, O Son of God who rose from the dead, save us who sing to You Alleluia!

At the Small Entrance

Resurrection Hymn, Plagal Second Tone

The angelic powers appeared at your tomb, the soldiers guarding it became as dead men, and Mary stood at your grave seeking, seeking your most pure body. But you made hell a captive; you were untouched by its might. You came to the virgin and granted life. O Lord, who rose from the dead, glory to you.

Entrance Hymn

Come, let us worship and bow down before Christ. Save us, O Son of God, who rose from the dead, save us who sing to You: Alleluia!

Repeat the Resurrection Hymn, above

Hymn of Saint Dionysios, Fourth Tone

Having learned kindness, and being always steady and sober, vested with a good conscience as befits a priest, you drew out from the Chosen Vessel the secrets of God. And having kept the faith, you have finished the fair race, O Hieromartyr Dionysius. Intercede with Christ our God, entreating Him to save our souls.

Hymn of the Dormition of the Theotokos, First Tone

In giving birth, you preserved your virginity, O Theotokos; in falling asleep you did not forsake the world. You passed over into life, O Mother of Life; and by your prayers you deliver our souls from death!

Kontakion of the Theotokos, Second Tone

O unfailing protection of Christians, and our faithful advocate before the Creator: though we are sinners, do not ignore our entreaty; but in your goodness, grant your timely help to us who appeal to you in faith. Quickly make intercession; on our behalf make speedy supplication, O Theotokos, for you always protect those who honor you.

Epistle.....II Corinthians 4:6-15

Brethren, it is the God who said, "Let light shine out of darkness," who has shone in our hearts to give the light of the knowledge of the glory of God in the face of Christ.

But we have this treasure in earthen vessels, to show that the transcendent power belongs to God and not to us. We are afflicted in every way, but not crushed; perplexed, but not driven to despair; persecuted, but not forsaken; struck down, but not destroyed; always carrying in the body the death of Jesus, so that the life of Jesus may also be manifested in our bodies. For while we live we are always being given up to death for Jesus' sake, so that the life of Jesus may be manifested in our mortal flesh. So death is at work in us, but life in you.

Since we have the same spirit of faith as he had who wrote, "I believed, and so I spoke," we too believe, and so we speak, knowing that he who raised the Lord Jesus will raise us also with Jesus and bring us with you into his presence. For it is all for your sake, so that as grace extends to more and more people it may increase thanksgiving, to the glory of God.

Gospel.....Luke 6:31-36

The Lord said, "As you wish that men would do to you, do so to them. If you love those who love you, what credit is that to you? For even sinners love those who love them. And if you do good to those who do good to you, what credit is that to you? For even sinners do the same. And if you lend to those from whom you hope to receive, what credit is that to you? Even sinners lend to sinners, to receive as much again. But love your enemies, and do good, and lend, expecting nothing in return; and your reward will be great, and you will be sons of the Most High; for he is kind to the ungrateful and the selfish. Be merciful, even as your Father is merciful."

The Communion Prayers are found on page 4 of this leaflet.

Stewardship Prayer

Lord Jesus Christ, our God, accept our offerings as You have accepted the gifts of Your people throughout the ages. We offer these gifts to Your glory, for the support of the ministries of Your holy Church, for the alleviation of suffering and hunger, and for the proclamation of Your Gospel to the whole world.

Grant us Your blessing, Lord our Savior, that we may always be faithful stewards, continuing to share the gifts you have given us, by the power of Your grace, mercy, and love. May Your name be glorified forever. Amen.



Prosforo: Yana Patridge

This morning's coffee hour will be served in the Courtyard.



Prayer List

Please remember the sick, the suffering, and those in need, especially: The family of Saleh Canavati; Those suffering from COVID-19 and those who care for them; Our brothers and sisters living through the aftermath of disaster; For the victims of violence; Families Moving Forward; Metro Hope Ministries; Orthodox Christian Prison Ministry; FOCUS Minnesota; Our brothers and sisters serving in the Armed Forces throughout the world especially John Ellis; San Miguel Del Lago Orphanage; Robbie, Judi, Evonne, James, Nichole, Constantine, Helen, Theodora, Mary, Irene Maria, Marion, Apostolos, Olivia, Lincoln, Joan, Carole, Patty, Archimandrite Dionysios, Alex, Karris, Corina, Tom, Vasilios, George R., Ken, Presvytera Tulla Poteres, Nancy and Tim, Olga, Peter, Kristina, Armour family, Cora and family, Lamona, Bo, Tom, Lynn, Deb, Sarah, Maia, Jeanette, Travis, Kassie, Tahnlee, Lois, Kalli, Quinn, Annie, Sue & Jim, Steve, Sue, Jane, Rifka, Pat, Nancy, Dave, Pam, Katie, Bri, Gilbert, George P., Barbara, Thespina, Danielle, Jenny, John L., Steven E., Samir and Samira, Julia, Presvytera Janis, Sandra, Sophia, George, Rick, Bryn, Nancy, Alex, Eryn, Phil, Karen, Phil, Marnie and family; Joyce, Dorla, Linda, Fr. Elias, Vicki, Bill, Diana, Elpis Fotini, Dina, Landon, Luke, Aemiliane, Doria, Mike, Stephanie, Tyler, Ben, Brittany, Amy, Shinia, Chelsea, Christy, Karen, Anastasia, Jamie, Alex and Alexander, Slibe, Saleh & Deanna, Kristine, Toni, Gina, Julie, R.J., Allie, Elena, Speranta, Alexander, Stephanie, Vickie, Petra, Bob, Joseph, Avgi, Christopher, Alki, Elizabeth, Jaxon, Olle, Judi, Bodil, Ole, and others known to you.

THE COMMUNION PRAYERS

I believe and confess, Lord, that You are truly the Christ, the Son of the living God, who came into the world to save sinners, of whom I am the first. I also believe that this is truly Your pure Body and that this is truly Your precious Blood. Therefore, I pray to You, have mercy upon me, and forgive my transgressions, voluntary and involuntary, in word and deed, known and unknown. And make me worthy without condemnation to partake of Your pure Mysteries for the forgiveness of sins and for life eternal. Amen.

Behold, I approach for Divine Communion. O Maker, burn me not as I partake, for You are fire consuming the unworthy. But cleanse me from every stain.

Receive me today, O Son of God, as a partaker of Your mystical supper; for I will not betray Your mysteries to Your enemies, nor give You a kiss as did Judas, but as the thief I confess You: Remember me, O Lord, in Your kingdom.

Tremble, O man, as you behold the divine Blood. It is a burning coal that sears the unworthy. The Body of God both deifies and nourishes me: It deifies the spirit and wondrously nourishes the mind.

You have smitten me with yearning, O Christ, and by Your divine eros You have changed me. But burn up my sins with spiritual fire, and grant me to be filled with delight in You, so that, leaping for joy, I may magnify, O Good One, Your two comings.

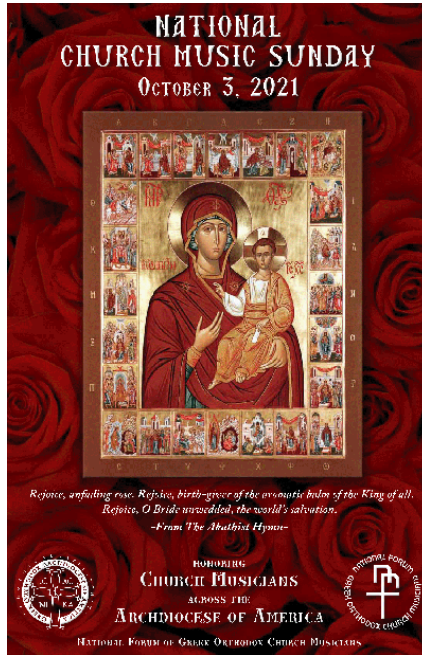
How shall I, who am unworthy, enter into the splendor of Your saints? If I dare to enter into the bridal chamber, my clothing will accuse me, since it is not a wedding garment; and being bound up, I shall be cast out by the angels. In Your love, Lord, cleanse my soul and save me.

Loving Master, Lord Jesus Christ, my God, let not these holy Gifts be to my condemnation because of my unworthiness, but for the cleansing and sanctification of soul and body and the pledge of the future life and kingdom. It is good for me to cling to God and to place in Him the hope of my salvation.

Approaching to receive, each makes a reverence and says:

✠ Behold I approach Christ, our immortal King and God.

National Church Music Sunday



Each year, on the first Sunday in October (on or after the Feast of St. Romanos the Melodist, the patron saint of church musicians), parishes across the Archdiocese of America celebrate **National Church Music Sunday**. This commemoration was inaugurated by His Eminence, Archbishop Iakovos of North and South America in 1982, and has been re-affirmed by His Eminence, Archbishop Elpidophoros of America.

National Church Music Sunday is a day we set aside particularly to honor the contributions of local choir members, psaltai, and music educators who serve their churches through the hymnology of our Orthodox Church. In addition, it is a day when we recognize the work of the diocesan choir federations as well as the National Forum of Greek Orthodox Church Musicians, who through their music ministry, strive to enhance the development of church choirs, church musicians, and liturgical music at diocesan and archdiocesan levels.

We wish to thank our chanters, choir (we look forward to your return!), organist, and, above all, our music director. Thank you for your hard work in leading us in worship!

Calendar of the Week

Until further notice, all services will be held in the Great Hall while the Nave is undergoing renovations.

Due to the renovations, our live-stream of the Sunday Liturgy has been suspended.

Sunday, October 3: Second Sunday of Luke

“The Messenger” News Item Deadline

8:30 a.m. – Orthros; 9:30 a.m. – Divine Liturgy; Church School after Liturgy – Missions Lunch with Bishop Neofitos (via Zoom),
Terrace Room

4:00-7:00 p.m. – Visitation for Saleh Canavati,
Washburn-McReavy Edina Chapel; Trisagion at 7:00 p.m.

Monday, October 4

11:00 a.m. – Funeral Service for Saleh Canavati, St. George GOC

Wednesday, October 6

9:30 a.m. – FAITH Play Group, Terrace Room

7:00 p.m. – Junior GOYA at Feed My Starving Children in Chanhassen

Wednesday-Saturday: Metropolis of Chicago Clergy-Laity Assembly

Friday, October 8

Family Camp, through Sunday, October 10

Saturday, October 9

9:00 a.m. – Saturday Bible Study, Fireside Room

5:00 p.m. – Great Vespers

Sunday, October 10: Third Sunday of Luke

8:30 a.m. – Orthros; 9:30 a.m. – Divine Liturgy; Church School

Renovation Update

Thanks to your support and approval at our Special Parish Assembly, we are moving forward with the asbestos abatement in the nave. Work began this past Monday and is progressing well, with a tentative completion date of Wednesday, October 13. Air quality monitoring and testing is done continuously throughout the work and the church has experienced no issues. Once the abatement portion is completed, we are eagerly looking forward to painting, our new carpet, and then the installation of our pews. By next Sunday we should have a date when we can return to the nave for worship.

Announcements

OCF Sunday ~ Today



The vision of Orthodox Christian Fellowship is to be the loving presence of Christ and the Orthodox Church on college campuses. This is accomplished via a growing network of on-campus OCF chapters led by talented students, clergy, and lay advisors as well as through programs such as Regional Retreats, College Conference, Real Break, and the Summer Leadership Institute. Your donation to OCF will assure the continued growth of these programs. The University of Minnesota has an active OCF program led by several U of M students from St. Mary's.

Byzantine Choral Festival Concert

The closing event of the Byzantine Choral Festival is a free concert of beautiful Byzantine Rite choral music. Several local church choirs will perform their unique liturgical music. The concert is next Sunday, October 10, 5:00 p.m., at St. Constantine Ukrainian Catholic Church, 515 University Avenue NE, Minneapolis.

Senior Citizens' Meeting

Tuesday, October 12

Saint Mary's Seniors will gather for their monthly meeting on Tuesday, October 12, 12:00 Noon, in the Terrace Room. We will have a lunch followed by the business meeting and Bingo. This month we will feature David Jones' Historical Presentation on "Apollo: Why We Went to the Moon - a Non-Technical Look at Mankind's Greatest Technological Achievement." A program you won't want to miss!

Music Ministry Program Updates

Due to the logistics of St. Mary's ongoing refurbishing projects, Music Ministry start dates are as follows:

- Byzantine Matins Chanters - Wednesday, October 13
- Senior Choir - Wednesday, October 20
- Liturgical Chant Group (middle and high school) - Sunday, October 24

More details to follow.

Kids 0-5 years
of age
and parents

Wednesday, October 6
9:30-11:00 a.m.

Terrace Room

St. Mary's
FAITH
Play
Group
2021-2022

At Saint Mary's
3450 Irving Avenue South
Minneapolis

Contact person-
Fr. Jason Houck
frjason@stmarysgoc.org

Women's Book Club

The next Women's Book Club discussion will be held Tuesday, October 19, at 7:00 p.m. in Classroom #2. We will be continuing our excellent discussion of our August book, "Wounded by Love," by Elder Porphyrios. December's book will be "Acquiring the Mind of Christ." Both books are available in the bookstore.

Anniversary Celebration for Fr. John Kostas

Mark your calendars for a parish lunch following Liturgy on Sunday, October 31, to celebrate 25 years of the Priesthood for Fr. John Kostas! Start to gather any nice pictures, interesting stories to share, or well wishes. More details to follow.

Philoptochos News

Operation Classroom

School Supply Drive for Jefferson Community School

Philoptochos is conducting a school supply drive for Jefferson Community School, our neighbor on 26th Street and Hennepin Avenue. About 90% of their PreK-8th grade students are eligible for free or reduced lunch. Please help them have a successful school year by donating any of the (new) items listed.

Bring your gifts to the Philoptochos table in the social hour after liturgy. Drive ends Sunday, October 24. Thank you!



- #2 Pencils
- Pens
- Washable Markers
- Colored pencils
- Pencil box or pouch
- Pencil sharpener
- Watercolor paint
- Blunt-tipped scissors
- Glue sticks
- Graph paper
- Highlighters
- Pencil sharpener
- Spiral notebooks
- Tissues
- Backpacks

Opportunities with Philoptochos

Fall is bringing many opportunities to participate in Philoptochos events. Please stop by our table on Sundays after church to learn more or to volunteer:

- October-November: Packaging of Baklava and Kourambiethes
- Sunday, October 24: Work with students during Service Sunday
- Sunday, October 31: A Celebration of Fr. John's 25th Ordination Anniversary! Join the committee planning the event.
- Sunday, November 14: Serve meal at FOCUS Minnesota.

You Can Help!



+ MINNESOTA
Food, Occupation, Clothing, Understanding and Shelter

FOCUS Needs

FOCUS is in serious need of many food items for their food shelf. The following is a list of the most important items: soups, pasta of all kinds, pasta sauce, meal in a can such as stew, chili, beefaroni, spaghetti, etc., rice (brown or white), canned vegetables, canned fruit, canned beans (pinto, black eyed peas, garbanzo, etc), peanut butter, jelly, honey, pancake mix, syrup, tea bags, ground coffee, hot chocolate packets, raisins, cereal, graham crackers, and cookies.

- *FOCUS does not need oatmeal or boxed macaroni and cheese dinners at this time.*

There is also a great need for men's and women's underwear. Also, FOCUS has begun to receive requests for winter outerwear and boots for women, kids, and especially men at their clothes closet.

Please leave items for FOCUS at the display in the hallway leading to the Church Office. Donations for our neighborhood food shelves should be placed on the cart in the narthex.

FOCUS Minnesota Fundraiser

New Fundraiser Date: Thursday, October 21, 2021 • 6:30-9:00 p.m.

Food! Music! A Celebration of Our Work!

Saint Mary's Greek Orthodox Church, Minneapolis

Please join us for an evening together as we reflect on the blessings the past year brought us and look to a future with continued service.

RSVP: focustwincities@gmail.com or 651.222.0712

(By inviting a friend, you'll be helping us grow our network of support!)

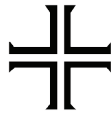
Food Shelf Needs for Next Week

Potatoes – boxed, instant, or canned.

October's recipient is Simpson Food Pantry.

Quotes on Granite by Mother Macrina

If you have one of Mother Macrina's hand written quotes on granite, you know how beautiful her creations are. We are excited to announce that Mother Macrina has generously offered to create pieces featuring short quotes from Father Anthony Coniaris such as those Sandra Anderson collected from parishioners and compiled in the booklet titled "It's All Him." (Copies of "It's All Him" are available for your perusal in the bookstore.) Please stop in the bookstore or email bookstore@stmarysgoc.org if you would like to place an order. We will relay your request to Mother Macrina. The cost of each piece will be around \$20.00, depending on the size of the stone and the length of the quote.



save the date

OUR CHURCH.

OUR SPIRITUAL HOME.

Join us on Saturday evening, November 13, for the
annual Stewardship Appreciation Glendi

More information will be posted here as the date approaches.



From the Fathers...on Kindness

Do not grudge anything to your brother, but do unto him as unto the Lord; especially as you do not know in whom the Lord will come and visit you; be impartial to all, be kind to all, sincere and hospitable.

—*Saint John of Kronstadt*

Daily Bible Readings

Monday, October 4

Galatians 4:28 – 5:10 • Luke 6:24-30

Tuesday, October 5

Galatians 5:11-21 • Luke 6:37-45

Wednesday, October 6

The Holy and Glorious Apostle Thomas

I Corinthians 4:9-16 • John 20:19-31

Thursday, October 7

Ephesians 1:1-9 • Luke 7:17-30

Friday, October 8

Ephesians 1:7-17 • Luke 7:31-35

Saturday, October 9

I Corinthians 4:9-16 • Matthew 9:36 – 10:8

Sunday, October 10

Third Sunday of Luke

II Corinthians 6:1-10 • Luke 7:11-16

Saint Mary's Greek Orthodox Church

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Fr. John Kostas; Deacon Paul Kalina