

# SAINT MARY'S GREEK ORTHODOX CHURCH

July 31, 2022

*Seventh Sunday of Matthew*

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## The Divine Liturgy

**Commemoration:** Seventh Sunday of Matthew; Forefeast of the Precious Cross; Dionysios the Righteous Martyr of Vatopaidi; Joseph the Righteous of Arimathea; Eudokimos the Righteous of Cappadocia.

*Morning Gospel: Seventh*

*Tone: Plagal Second*

### Variable Hymns and Readings in the Liturgy

#### *At the Second Antiphon*

Save us, O Son of God, who rose from the dead, save us who sing to you: Alleluia!

#### *At the Small Entrance*

#### ***Resurrection Hymn, Plagal Second Tone***

The angelic powers appeared at your tomb, the soldiers guarding it became as dead men, and Mary stood at your grave seeking, seeking your most pure body. But you made hell a captive; you were untouched by its might. You came to the virgin and granted life. O Lord, who rose from the dead, glory to you.

#### ***Hymn of Entrance***

Come, let us worship and bow down before Christ. Save us, O Son of God, who rose from the dead, save us who sing to You: Alleluia!

*Repeat the Resurrection Hymn, above*

#### ***Hymn for Saint Eudokimos, Fourth Tone***

The Master who called you to eternal mansions on high preserves incorrupt your body even after you died, O holy Eudokimos; for you had led a lifestyle of self-restraint and decorum, never staining your flesh; and therefore truly you are blessed. With confidence intercede with Christ to save our souls.

***Hymn of the Dormition of the Theotokos, First Tone***

In giving birth, you preserved your virginity, O Theotokos; in falling asleep you did not forsake the world. You passed over into life, O Mother of Life; and by your prayers you deliver our souls from death!

***Kontakion of the Transfiguration of Christ, Grave Tone***

You were transfigured on the mountain, O Christ our God, showing your disciples as much of your glory as they could bear, so that when they see you crucified they will know that you suffer freely, and they will tell all the world that you are truly the radiance of the Father.

***Epistle.....Romans 15:1-7***

Brethren, we who are strong ought to bear with the failings of the weak, and not to please ourselves; let each of us please his neighbor for his good, to edify him. For Christ did not please himself; but, as it is written, "The reproaches of those who reproached thee fell on me." For whatever was written in former days was written for our instruction, that by steadfastness and by the encouragement of the scriptures we might have hope. May the God of steadfastness and encouragement grant you to live in such harmony with one another, in accord with Christ Jesus, that together you may with one voice glorify the God and Father of our Lord Jesus Christ. Welcome one another, therefore, as Christ has welcomed you, for the glory of God.

***Gospel.....Matthew 9:27-35***

At that time, as Jesus passed by, two blind men followed him, crying aloud, "Have mercy on us, Son of David." When he entered the house, the blind men came to him; and Jesus said to them, "Do you believe that I am able to do this?" They said to him, "Yes, Lord." Then he touched their eyes, saying, "According to your faith be it done to you." And their eyes were opened. And Jesus sternly charged them, "See that no one knows it." But they went away and spread his fame through all that district.

As they were going away, behold, a dumb demoniac was brought to him. And when the demon had been cast out, the dumb man spoke; and the crowds marveled, saying, "Never was anything like this seen in Israel." But the Pharisees said, "He casts out demons by the prince of demons."

And Jesus went about all the cities and villages, teaching in their synagogues and preaching the gospel of the kingdom, and healing every disease and every infirmity among the people.

***The Communion Prayers are found on page 4 of this leaflet.***

### ***Stewardship Prayer***

*Lord Jesus Christ, our God, accept our offerings as You have accepted the gifts of Your people throughout the ages. We offer these gifts to Your glory, for the support of the ministries of Your holy Church, for the alleviation of suffering and hunger, and for the proclamation of Your Gospel to the whole world.*

*Grant us Your blessing, Lord our Savior, that we may always be faithful stewards, continuing to share the gifts you have given us, by the power of Your grace, mercy, and love. May Your name be glorified forever. Amen.*

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## **Today**

Prosforo is provided by Yana Patridge.

Memorial Prayers today are offered for ***Chris Muzetras*** (3 years).

The coffee hour today is hosted by the family of Chris Muzetras in his memory.

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## **Prayer Ministry**

***Please remember the sick, the suffering, and those in need, especially:***

Those suffering from COVID-19 and those who care for them; for the people of Ukraine; our brothers and sisters living through the aftermath of disaster; for the victims of violence; Metro Hope Ministries; Orthodox Christian Prison Ministry; Families Moving Forward; FOCUS Minnesota; Our brothers and sisters serving in the Armed Forces throughout the world especially John Ellis; San Miguel Del Lago Orphanage; the Muñoz family, Pamela, Avgi, Elena, Speranta, Maria, Dave Ruesink, Liz, Efstratia, Jordan, David, Nino, Joe, Tom, Gigi, Zossima, Donnarae, Samira, Mary K., Dreux, Monte, Bethany, Mark, Owen, Chrysanthy, Estelle, Justine, Melissa, Megan, Dallas, Lenzie, Lisa, Michael, Robbie, Judi, Evonne, James, Nichole, Constantine, Theodora, Mary, Irene Maria, Marion, Apostolos, Olivia, Lincoln, Carole, Patty, Karrisra, Corina, Tom, George R., Ken, Nancy and Tim, Olga, Peter, Cora and family, Bo, Tom, Lynn, Deb, Sarah, Maia, Travis, Kassie, Tahnlee, Lois, Kalli, Annie, Sue & Jim, Steve, Sue, Jane, Rifka, Pat, Nancy, Dave, Pam, Gilbert, George P., Danielle, Jenny, John L., Steven E., Julia, Presvytera Janis, Sandra, Sophia, George, Rick, Bryn, Nancy, Alex, Eryn, Phil, Karen, Dorla, Linda, Fr. Elias, Vicki, Bill, Diana, Elpis Fotini, Doria, Mike, Stephanie, Tyler, Ben, Amy, Christy, Karen, Anastasia, Jamie, Alex and Alexander, Toni, Gina, Julie, R.J., Allie, Vickie, Petra, Bob, Joseph, Christopher, Elizabeth, Jaxon, Judi, Bodil, Ole, and others known to you.

# THE COMMUNION PRAYERS

I believe and confess, Lord, that You are truly the Christ, the Son of the living God, who came into the world to save sinners, of whom I am the first. I also believe that this is truly Your pure Body and that this is truly Your precious Blood. Therefore, I pray to You, have mercy upon me, and forgive my transgressions, voluntary and involuntary, in word and deed, known and unknown. And make me worthy without condemnation to partake of Your pure Mysteries for the forgiveness of sins and for life eternal. Amen.

Behold, I approach for Divine Communion. O Maker, burn me not as I partake, for You are fire consuming the unworthy. But cleanse me from every stain.

Receive me today, O Son of God, as a partaker of Your mystical supper; for I will not betray Your mysteries to Your enemies, nor give You a kiss as did Judas, but as the thief I confess You: Remember me, O Lord, in Your kingdom.

Tremble, O man, as you behold the divine Blood. It is a burning coal that sears the unworthy. The Body of God both deifies and nourishes me: It deifies the spirit and wondrously nourishes the mind.

You have smitten me with yearning, O Christ, and by Your divine eros You have changed me. But burn up my sins with spiritual fire, and grant me to be filled with delight in You, so that, leaping for joy, I may magnify, O Good One, Your two comings.

How shall I, who am unworthy, enter into the splendor of Your saints? If I dare to enter into the bridal chamber, my clothing will accuse me, since it is not a wedding garment; and being bound up, I shall be cast out by the angels. In Your love, Lord, cleanse my soul and save me.

Loving Master, Lord Jesus Christ, my God, let not these holy Gifts be to my condemnation because of my unworthiness, but for the cleansing and sanctification of soul and body and the pledge of the future life and kingdom. It is good for me to cling to God and to place in Him the hope of my salvation.

*Approaching to receive, each makes a reverence and says:*

✠ Behold I approach Christ, our immortal King and God.

# Calendar of the Week

## Sunday, July 31: Seventh Sunday of Matthew

8:30 a.m. – Matins; 9:30 a.m. – Divine Liturgy

11:30 a.m. – Liturgical Enhancement Meeting, Nave

## Monday, August 1: Dormition Fast begins

7:00 p.m. – Greek Dance Practice, Great Hall

## Wednesday, August 3

6:00 p.m. – Paraklesis

## Thursday, August 4

7:00 p.m. – Women's Book Club, Lecture Room

## Friday, August 5

7:00 a.m. – Men's Fellowship, Fireside Room

9:00 a.m. – Koulouria Baking, Kitchen

6:00 p.m. – Great Vespers

## Saturday, August 6: Holy Transfiguration

*Saturday Bible Study is on break during August.*

9:00 a.m. – Orthros; 10:00 a.m. – Divine Liturgy

## Sunday, August 7: Eighth Sunday of Matthew

- *“The Messenger” news item deadline - September issue.*

8:30 a.m. – Matins; 9:30 a.m. – Divine Liturgy



*Scan the QR code to give through Venmo.*

*When giving through Venmo, please provide both your first AND last name in order to receive proper credit for your contribution.*

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# Announcements

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## Food Shelf Needs for August 7

*Canned soups or vegetables*

*Urgently needed is pasta sauce, ground coffee,  
canned fruit (peaches, mixed fruit),  
and any hygiene items such as toothpaste, toothbrush,  
bar soap, razors, and shampoo*

Please do not bring opened packages. They will be discarded.

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## Air Conditioning Update

We are pleased to announce that the installation of our new nave air conditioning units begins Monday, August 1. We greatly appreciate your patience as we continue to enhance the worship experience here at St. Mary's. The work should take approximately one week and will not interfere with any of our services. Thank you to all those involved with this project.

## Liturgical Enhancements Task Force

As Orthodox Christians we are called to continually glorify God. Our Task Force chairs invite all parishioners to **Hear, Pray,** and **Grow** as we learn about future plans to enhance the liturgical experience at St. Mary's. An introductory presentation is scheduled for this morning at 11:30 a.m. in the Nave.

## Quarterly Clean Up

Our second Quarterly Clean Up, focusing on the storage area above our main kitchen, begins August 1. Ministries and Organizations who have items in this area are encouraged to spend time organizing, labeling, and cleaning your respective areas. Broken items, unlabeled materials, and torn or ripped items will be placed in the dumpster. The deadline for all ministry leaders is Sunday, July 31.

## Camp Lost and Found

Did your child/ren go to Summer Camp this year? Are you missing an item or two? We had a larger-than-average collection of items left at the camp after the campers went home. You'll find the items on the table in the hallway leading to the Church Office. If you recognize any items belonging to friends from other churches, please connect the camper and the item.

## Men's Retreat at the Karos' Cabin

September 16-18

We are pleased to announce that this year's guest speaker at our Men's Retreat will be Fr. Cyprian Sas, brother of Fr. Tim Sas, who will also be joining us for the weekend. Don't miss our St. Mary's Men's Retreat at the Karos' cabin, September 16-18. The retreat is for all men at St. Mary's over the age of 18. Your check for \$75, made payable to St. Mary's (memo: men's retreat), is your confirmed spot for the weekend.

~ Save the Weekend ~

Family Camp: October 7-9

Theme: Prayer

Registration begins August 16.

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## YAL News

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### Young Adult League Boat Cruise

Twin Cities YAL is thrilled to announce the first annual boat cruise! Young adults (ages 18-35) are invited aboard the *Magnolia Blossom* on Thursday evening, August 18, to dance the night away as we cruise down the Mississippi River!

General admission tickets: \$65 (available until August 1)

Last call tickets: \$75 (available August 2-14)

For more information and to purchase tickets go to:  
<https://tinyurl.com/TCBoatCruise>

We hope to see you there!



# Philoptochos News

## Women's Book Club

The next book club discussion of *The Forgotten Desert Mothers* by Laura Swan will be Thursday, August 4, from 7:00-8:30 p.m., in the Lecture Room. The book is still available in the bookstore. If you're unable to attend in person, we can set up a conference call to join the club. Please contact Katherine Boosalis or Dka. Alexandria Kalina to make this request.

## Summer Baking Sessions

Festival baking continues! As a parish community, working together is fun and essential in order for the Festival bake sale to be a success, so we're asking for your help. Bake Sale sessions are scheduled as follows:

### ***Coming up this week...***

***Koulouria*** – Friday, August 5, 9:00 a.m.-5:00 p.m.

### ***Later this month...***

***Diples*** – Tuesday, August 23, 9:00 a.m.-5:00 p.m. (*fry*)

Friday, September 2, 9:00 a.m.-3:00 p.m. (*honey*)

### ***Final Prep: Cut baklava, honey melomakarona, set up bake sale areas***

Tuesday, September 6, 9:00 a.m.-3:00 p.m.

Wednesday, September 7, 9:00 a.m.-3:00 p.m.

Sign up at the Philoptochos table after Sunday Liturgy or via Sign Up Genius.

## Dormition Receptions

Help Philoptochos host our parish feast day celebrations! Stop by our table to learn how to assist with:

- Dinner following the Dormition Vespers on Sunday, August 14
- Refreshments following the Dormition Liturgy on Monday, August 15

## Thank You, Prosforo Bakers

We are so appreciative of the bakers who have brought in more than 20 loaves of prosforo since our initial request. Additional loaves are welcome through Thanksgiving, so if you wish to bake, wrap well, and place loaves in the freezer behind the altar, please do. For more information, stop by the Philoptochos table or contact David in the church office, 612.825.9595.



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# Youth News

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## Summer Reading Book Club for the Junior GOYAns (Rising 6th – 8th graders)

All Junior GOYAns are welcome to join our Summer Reading Book Club led by Presvytera Alexandra Houck. The Junior GOYAns will be reading *The Lion, The Witch and the Wardrobe* by C. S. Lewis and meet on Wednesday, August 17, from 5:30-7:00 p.m. to discuss the book and examine the Christian messages within the book. If a Junior GOYAn is interested in reading the book, please sign up by going to this Google Form: <https://tinyurl.com/JrGOYABookClub>

## Dormition Retreat Sunday, August 14

Our Dormition Retreat for kids in kindergarten through grade 12 will take place on Sunday, August 14, from 10:45 a.m. (following Communion)-12:30 p.m. This year the retreat will look a little different. Following Communion on Sunday, we will meet in the Terrace Room and breakout into a couple different groups where we will decorate the Kouvouklion, have a lesson about the Theotokos, and some hang time. A snack and light lunch will be provided, so please send an e-mail to [jon@stmarysgoc.org](mailto:jon@stmarysgoc.org) if you have any food allergies. Please RSVP by visiting this link: <https://tinyurl.com/2022DormitionRetreat>



**Wednesday, August 24 • 10:00 a.m.-12:00 noon**

Join us at Central Park of Maple Grove, 12000 Central Park Way, Maple Grove. Meet at the picnic tables by the shelter at 10:00 a.m.

Playground and splash pad! Bring a swimming suit if you want to play in the splash pad. Bring your own picnic lunch.

Contact *Kyrsten Theodotou*, 641.629.0181, with questions.

## Kids Helping Kids

During the Dormition Fast, our youth are teaming up with Philoptochos to hold a collection drive for the organization, **Gloria's Place**. The whole parish, and especially kids, are invited to support Gloria's Place, the only emergency shelter in Minnesota specifically for unaccompanied, pregnant, or parenting youth (ages 15-17) and their young children, up to 3 years old, who are experiencing homelessness. Gloria's Place is a program of The Bridge for Youth.

### How to Purchase Items

- Go to TARGET REGISTRY ([target.com/gift-registry](https://target.com/gift-registry))
- Click on "Find a Registry," then Search for (First Name) GLORIA'S; (Last Name) PROGRAM
- Click on View Registry for GLORIA THE BRIDGE FOR YOUTH and select an item to purchase
- Bring items to church by AUGUST 14's YOUTH DORMITION RETREAT or send directly to The Bridge. Items can be delivered to the Philoptochos table after church or to the retreat.

Parents — please help your kids help a kid in need! Encourage them to use some of their own money. Let them help select an item to buy. Help them raise money through a lemonade stand, extra chores, or babysitting. The drive ends Sunday, August 14. Thank you!



# SAVE THE DATE!

Please join us for a festive and fun-filled celebration  
of 12 years of service to our neighbors in need.

## Focus on the Heart

**Thursday, August 18, 2022**  
**St. Mary's Greek Orthodox Church**  
**3450 Irving Ave. S., Minneapolis**

**6:30 to 9:00 pm**  
**Buffet with wine and beer bar**

**Free will donation**  
**RSVP by Wednesday 8/10 to**  
**[focustwincities@gmail.com](mailto:focustwincities@gmail.com)**

**FOCUS**  
+  
MINNESOTA

## From the Fathers...on Charity

To none do you owe anything but to love one another.

–Saint Augustine

### Daily Bible Readings

#### *Monday, August 1*

Hebrews 11:33 – 12:2 • Matthew 10:16-22

#### *Tuesday, August 2*

Acts 6:8 – 7:5, 47-60 • Mark 12:1-12

#### *Wednesday, August 3*

I Corinthians 10:12-22 • Matthew 16:20-24

#### *Thursday, August 4*

I Corinthians 10:28 – 11:8 • Matthew 16:24-28

#### *Friday, August 5*

#### *Eve of Transfiguration*

I Peter 1:1-25;2:1-10 • Matthew 17:10-18

#### *Saturday, August 6*

#### *Transfiguration of our Lord and Savior Jesus Christ*

II Peter 1:10-19 • Matthew 17:1-9

#### *Sunday, August 7*

#### *Eighth Sunday of Matthew*

I Corinthians 1:10-17 • Matthew 14:14-22

#### *Saint Mary's Greek Orthodox Church*

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*Fr. Paul Kalina, Deacon; Fr. Luke Twito, Deacon*