

SAINT MARY'S
GREEK ORTHODOX CHURCH

✠ THE DIVINE LITURGY ✠

The Weekend of May 15/16, 2021

Saturday, May 15, 2021

Commemoration: Pachomius the Great; Achillius the Wonderworker, Archbishop of Larissa; Barbaros the Myrrhbearer of Kerkyra; Andrew the Hermit and Wonderworker; Placing of the Honorable Head of the Apostle Titus.

Variable Hymns and Readings in the Liturgy
At the Second Antiphon

Save us, O Son of God, who rose from the dead, save us who sing to you: Alleluia!

Christ Is Risen (at the Third Antiphon)

Christ is risen from the dead, trampling down death by death, and upon those in the tombs, bestowing life!

At the Small Entrance

Entrance Hymn, Second Tone

In congregations bless God, the Lord from the springs of Israel. Save us, O Son of God, who rose from the dead, save us who sing to you: Alleluia!

Hymn of the Feast, Grave Tone

While the tomb was sealed You shone forth from it as light, O our life, Christ our God. And though the doors were closed You appeared in the midst of Your disciples. O resurrection of all, through them restore in us a new spirit in Your great mercy.

Hymn of the Dormition of the Theotokos, First Tone

In giving birth, you preserved your virginity, O Theotokos; in falling asleep you did not forsake the world. You passed over into life, O Mother of Life; and by your prayers you deliver our souls from death!

Kontakion of the Day, Plagal Fourth Tone

With his scrutinizing right hand, Thomas examined Your life-bestowing side, O Christ God. When You entered while the doors were shut, he cried out to You with the rest of the Apostles, “You are my Lord and my God.”

Epistle..... Acts 5:21-32

In those days, the apostles entered the temple and taught. Now the high priest came and those who were with him and called together the council and all the senate of Israel, and sent to the prison to have them brought. But when the officers came, they did not find them in the prison, and they returned and reported, ‘We found the prison securely locked and the sentries standing at the doors, but when we opened it we found no one inside.’ Now when the captain of the temple and the chief priests heard these words, they were much perplexed about them, wondering what this would come to. And some one came and told them, “The men whom you put in prison are standing in the temple and teaching the people.” Then the captain with the officers went and brought them, but without violence, for they were afraid of being stoned by the people.

And when they had brought them, they set them before the council. And the high priest questioned them, saying, “We strictly charged you not to teach in this name, yet here you have filled Jerusalem with your teaching and you intend to bring this man’s blood upon us.” But Peter and the apostles answered, “We must obey God rather than men. The God of our fathers raised Jesus whom you killed by hanging on a tree. God exalted him at his right hand as Leader and Savior, to give repentance to Israel and forgiveness of sins. And we are witnesses to these things, and so is the Holy Spirit whom God has given to those who obey him.”

Gospel..... John 6:14-27

At that time, when the people saw the sign which Jesus had done, they said, “This is indeed the prophet who is to come into the world!”

Perceiving then that they were about to come and take him by force to make him king, Jesus withdrew again to the mountain by himself.

When evening came, his disciples went down to the sea, entered a boat, and started across the sea to Capernaum. It was now dark, and Jesus had not yet come to them. The sea rose because a strong wind was blowing. When they had rowed about three or four miles, they

saw Jesus walking on the sea and drawing near to the boat. They were frightened, but he said to them, "It is I; do not be afraid." Then they were glad to take him into the boat, and immediately the boat was at the land to which they were going.

On the next day the people who remained on the other side of the sea saw that there had been only one boat there, and that Jesus had not entered the boat with his disciples, but that his disciples had gone away alone. However, boats from Tiberias came near the place where they ate the bread after the Lord had given thanks. So when the people saw that Jesus was not there, nor his disciples, they themselves entered the boats and went to Capernaum, seeking Jesus.

When they found him on the other side of the sea, they said to him, "Rabbi, when did you come here?" Jesus answered them, "Truly, truly, I say to you, you seek me, not because you saw signs, but because you ate your fill of the loaves. Do not labor for the food which perishes, but for the food which endures to eternal life which the Son of man will give to you; for on him has God the Father set his seal."

The Communion Prayers are found on page 4 of this leaflet or inside the front cover of the hymnal.

Communion Hymn

Praise the Lord, O Jerusalem; praise your God, O Zion. Alleluia.

Instead of "We have seen the light..." we chant "Christ is risen."

The End of the Divine Liturgy

Priest: Christ is risen!

People: Truly he is risen! (*Proclaimed three times.*)

Priest: Glory to his third-day Resurrection!

People: We adore his third-day Resurrection!

Priest: Christ is risen from the dead, by death, trampling down upon death, and to those in the tombs, he has granted life.

People: Truly the Lord is risen!

Stewardship Prayer — please turn to page 8.

THE COMMUNION PRAYERS

I believe and confess, Lord, that You are truly the Christ, the Son of the living God, who came into the world to save sinners, of whom I am the first. I also believe that this is truly Your pure Body and that this is truly Your precious Blood. Therefore, I pray to You, have mercy upon me, and forgive my transgressions, voluntary and involuntary, in word and deed, known and unknown. And make me worthy without condemnation to partake of Your pure Mysteries for the forgiveness of sins and for life eternal. Amen.

Behold, I approach for Divine Communion. O Maker, burn me not as I partake, for You are fire consuming the unworthy. But cleanse me from every stain.

Receive me today, O Son of God, as a partaker of Your mystical supper; for I will not betray Your mysteries to Your enemies, nor give You a kiss as did Judas, but as the thief I confess You: Remember me, O Lord, in Your kingdom.

Tremble, O man, as you behold the divine Blood. It is a burning coal that sears the unworthy. The Body of God both deifies and nourishes me: It deifies the spirit and wondrously nourishes the mind.

You have smitten me with yearning, O Christ, and by Your divine eros You have changed me. But burn up my sins with spiritual fire, and grant me to be filled with delight in You, so that, leaping for joy, I may magnify, O Good One, Your two comings.

How shall I, who am unworthy, enter into the splendor of Your saints? If I dare to enter into the bridal chamber, my clothing will accuse me, since it is not a wedding garment; and being bound up, I shall be cast out by the angels. In Your love, Lord, cleanse my soul and save me.

Loving Master, Lord Jesus Christ, my God, let not these holy Gifts be to my condemnation because of my unworthiness, but for the cleansing and sanctification of soul and body and the pledge of the future life and kingdom. It is good for me to cling to God and to place in Him the hope of my salvation.

Approaching to receive, each makes a reverence and says:

✠ Behold I approach Christ, our immortal King and God.

Sunday, May 16, 2021

Commemoration: Sunday of the Myrrh-Bearing Women; Theodore the Sanctified; Holy Martyr Peter of Blachernae; New Martyr Nicholas of Metsovos; Nicholas the Mystic, Patriarch of Constantinople; Alexandros, Archbishop of Jerusalem, Brendan the Navigator.

Variable Hymns and Readings in the Liturgy

Christ Is Risen

Christ is risen from the dead, trampling down death by death, and upon those in the tombs, bestowing life!

At the Second Antiphon

Save us, O Son of God, who rose from the dead, save us who sing to you: Alleluia!

At the Small Entrance

Hymn of PASCHA, Plagal First Tone

Christ is risen from the dead, trampling down death by death, and upon those in the tombs, bestowing life!

Hymn of Entrance

Bless God in the churches; the Lord from the fountains of Israel. Save us, O son of God who rose from the dead, save us who sing to you: Alleluia!

Resurrection Hymn, Second Tone

When you descended into death, Life immortal, you vanquished the power of hell by your resplendent divinity, and when you raised the dead from the depths of darkness, all the heavenly powers cried out triumphantly: O giver of life, Christ our God, glory to you.

Hymn of St. Joseph of Arimathea, Second Tone

The noble Joseph took your most pure body down from the tree. He wrapped it in clean linen, anointed it with spices, and placed it in a new tomb. But on the third day you rose, O Lord, bestowing on all the world your great mercy.

Hymn of the Myrrh-bearing Women, Second Tone

The angel stood by the tomb and cried out to the myrrh-bearing women: Myrrh would be fitting to anoint the dead, but Christ has shown himself to be free from corruption. Therefore, proclaim that the Lord is risen, bestowing on all the world his great mercy.

Hymn of the Dormition of the Theotokos, First Tone

In giving birth, you preserved your virginity, O Theotokos; in falling asleep you did not forsake the world. You passed over into life, O Mother of Life; and by your prayers you deliver our souls from death!

Kontakion of PASCHA, Plagal Fourth Tone

Into the grave you descended, Immortal One, yet you destroyed the power of Hades, and as victor you arose, O Christ our God; you proclaimed to the myrrh-bearing women a greeting of joy, you brought peace to your holy apostles, and to the fallen you granted resurrection.

Epistle.....Acts 6:1-7

In those days, when the disciples were increasing in number, the Hellenists murmured against the Hebrews because their widows were neglected in the daily distribution. And the twelve summoned the body of the disciples and said, "it is not right that we should give up preaching the word of God to serve tables. Therefore, brethren, pick out from among you seven men of good repute, full of the Spirit and of wisdom, whom we may appoint to this duty. But we will devote ourselves to prayer and to the ministry of the word." And what they said pleased the whole multitude, and they chose Stephen, a man full of faith and of the Holy Spirit, and Philip, and Prochoros, and Nicanor, and Timon, and Parmenas, and Nicolaos, a proselyte of Antioch. These they set before the apostles, and they prayed and laid their hands upon them. And the word of God increased; and the number of the disciples multiplied greatly in Jerusalem, and a great many of the priests were obedient to the faith.

Gospel..... Mark 15:43 — 16:8

At that time, Joseph of Arimathea, a respected member of the council, who was also himself looking for the kingdom of God, took courage and went to Pilate, and asked for the body of Jesus. And Pilate wondered if he were already dead; and summoning the centurion, he asked him whether he was already dead. And when he learned from the centurion that he was dead, he granted the body to Joseph. And he bought a linen shroud, and taking him down, wrapped him in the linen shroud, and laid him in a tomb which had been hewn out of the rock; and he rolled a stone against the door of the tomb. Mary Magdalene and Mary the mother of Joses saw where he was laid.

And when the sabbath was past, Mary Magdalene, and Mary the

mother of James, and Salome, bought spices, so that they might go and anoint him. And very early on the first day of the week they went to the tomb when the sun had risen. And they were saying to one another, "Who will roll away the stone for us from the door of the tomb?" And looking up, they saw that the stone was rolled back; for it was very large. And entering the tomb, they saw a young man sitting on the right side, dressed in a white robe; and they were amazed. And he said to them, "Do not be amazed; you seek Jesus of Nazareth, who was crucified. He has risen, he is not here; see the place where they laid him. But go, tell his disciples and Peter that he is going before you to Galilee; there you will see him, as he told you." And they went out and fled from the tomb; for trembling and astonishment had come upon them; and they said nothing to anyone, for they were afraid.

Megalynarion of PASCHA, First Tone

The Angel spoke to her who is full of grace: Rejoice, O pure virgin, and again I say rejoice; your Son is risen from the grave on the third day.

Shine, Shine, O new Jerusalem, for the glory of the Lord is risen upon you. Now dance and be glad O Sion; and you, O pure Theotokos, exalt in the rising of your Son!

The Communion Prayers are found on page 4 of this leaflet or inside the front cover of the hymnal.

Communion Hymn

Receive the Body of Christ, and taste him who is the fountain of immortality.

Instead of "We have seen the light..." we chant "Christ is risen."

The End of the Divine Liturgy

Priest: Christ is risen!

People: Truly he is risen! (*Proclaimed three times.*)

Priest: Glory to his third-day Resurrection!

People: We adore his third-day Resurrection!

Priest: Christ is risen from the dead, by death, trampling down upon death, and to those in the tombs, he has granted life.

People: Truly the Lord is risen!

Stewardship Prayer

Lord Jesus Christ, our God, accept our offerings as You have accepted the gifts of Your people throughout the ages. We offer these gifts to Your glory, for the support of the ministries of Your holy Church, for the alleviation of suffering and hunger, and for the proclamation of Your Gospel to the whole world.

Grant us Your blessing, Lord our Savior, that we may always be faithful stewards, continuing to share the gifts you have given us, by the power of Your grace, mercy, and love. May Your name be glorified forever. Amen.

Memorial Prayers this weekend are offered for **Fr. Anthony Coniaris** (1 year).

We welcome to St. Mary's this weekend Metropolitan NATHANAEL who is with us for Fr. Anthony's one year memorial.

Please remember the sick, the suffering, and those in need, especially: Those suffering from COVID-19 and those who care for them; Our brothers and sisters living through the aftermath of disaster; For the victims of violence; Families Moving Forward; Metro Hope Ministries; Orthodox Christian Prison Ministry; FOCUS Minnesota; Our brothers and sisters serving in the Armed Forces throughout the world especially John Ellis; San Miguel Del Lago Orphanage; Corina, Tom, Vasilios, Presvytera Tulla Poteres, Nancy and Tim, Olga, Peter, Kristina, Armour family, Cora and family, Lamona, Bo, Tom Grund, Lynn, Deb, Sarah, Maia, Jeanette, Travis, Kassie, Tahnlee, Lois, Kalli, Alex, Quinn, Annie, Sue & Jim, Steve, Sue, Jane, Carole, Rifka, Pat, Nancy, Dave, Pam, Katie, Bri, Gilbert, George P., Barbara, Thespina, Danielle, Jenny, John L., Steven E., Samir and Samira, Julia, Presvytera Janis, Sandra, Sophia, George, Rick, Bryn, Nancy, Alex, Eryn, Phil, Karen, Phil, Marnie and family; Joyce, Dorla, Linda, Fr. Elias, Vicki, Bill, Diana, Elpis Fotini, Dina, Landon, Luke, Aemiliane, Doria, Mike, Stephanie, Tyler, Ben, Brittany, Amy, Shinia, Chelsea, Christy, Karen, Anastasia, Jamie, Alex and Alexander, Slibe, Saleh & Deanna, Kristine, Toni, Gina, Julie, R.J., Allie, Elena, Speranta, Alexander, Stephanie, Vickie, Petra, Bob, Joseph, Avgi, Christopher, Alki, Elizabeth, Jaxon, Olle, Judi, Bodil, Ole, and others known to you.

Calendar of the Week

Tuesday, May 18

6:30 p.m. – Parish Night: HOPE/JOY, *Zoom*

Wednesday, May 19

9:00 a.m. – “The Messenger” Mailing

7:00 p.m. – Parish Night: Adults and Senior GOYA, *Hybrid*

Thursday, May 20

7:00 p.m. – Parish Night: Junior GOYA, *Zoom*

Friday, May 21: Saints Constantine and Helen

8:30 a.m. – Orthros; 9:30 a.m. – Divine Liturgy
(*Registration not requested*)

Saturday, May 22

9:00 a.m. – Orthros; 10:00 a.m. – Divine Liturgy
(*Registration requested*)

5:00 p.m. – Great Vespers (*Registration not requested*)

Sunday, May 23: The Paralytic

8:30 a.m. – Orthros; 9:30 a.m. – Divine Liturgy
(*Registration requested*)

High school graduate recognition

10:45 a.m. – HOPE/JOY Activity, Terrace Room

11:30 a.m. – All-Parish General Assembly, Great Hall and Zoom

Safety at St. Mary's

With the coming of warmer weather, we have seen an increase in children running and playing in the parking lot after services. Out of concern for all our families, both those playing and those driving their vehicles, please help keep everyone safe by reminding your children not to play in the parking lot especially as people are leaving.

Saturday Liturgies End

Beginning Memorial Day Weekend, we will no longer have the regularly scheduled Divine Liturgy on Saturdays due to the distancing restrictions being lifted at the end of May.

The Saturday morning Bible Study will resume on the first Saturday of June.

Bookstore Open This Weekend

Our bookstore will be open on Saturday and Sunday from approximately 12:00 noon-2:00 p.m. Stop in and pick up some of Fr. Anthony's books for your summer reading!

All-Parish General Assembly

Saint Mary's General Assembly will take place on Sunday, May 23, 2021, 11:30 a.m., in the Great Hall and on Zoom. The agenda will include: Approve 2021 Winter General Assembly Minutes; 2020 Board of Auditors Report; 2021 Financial Summary; Greek Festival Update; Church Building Capital Improvements; Elect Delegates for Metropolis Clergy Laity; Covid Restrictions Update.

Please join us IN-PERSON for our Spring All-Parish General Assembly on Sunday, May 23, at 11:30 a.m. in the Great Hall. A light lunch will be served as we conduct the important business of the church and learn about upcoming projects and events. Deadline to register in-person is 5:00 p.m. on Thursday, May 20. We will also offer an online option for those unable to join us at church.

Per the Metropolis of Chicago and the State of Minnesota, we will follow all social distancing requirements, including the wearing of facemasks throughout the meeting. We look forward to seeing you at the meeting!

Save the Date – Vacation Church School

Monday-Friday, June 14-18, 2021 • 8:45 am – 12:00 noon

“Put on the Armor of God”

4 years old (if potty-trained) through entering 6th grade in the fall
7th grade and older needed as Squires (helpers greatly needed!)

Register on-line: <https://tinyurl.com/StMarysVCS2021>

Registration Is Underway for Saint Mary's Summer Camp

Camp Dates: July 3-10, 2021

St. Mary's Summer Camp will be held this year at
Camp Courage near Maple Lake, MN.

The move to a different site is due to maximum participant limitations at the Camp Wapo facilities for this summer only.

We plan to return to Wapo in 2022.

Appropriate safety protocols will be in place to ensure a safe, fun, and enriching experience for our youth.

Register on-line: <https://stmaryscamp.com/summer-camp/>

Twin Cities Pan-Orthodox Virtual Women's Tea

Sunday, May 16, 2021 - 5:00-6:00 p.m. on Zoom

Join Father Perry and Presbyteria Cassie Kallis from St. George Greek Orthodox Church as they present on their ministry and the joys and challenges of raising children with special needs at the Twin Cities Pan-Orthodox Virtual Women's Tea next Sunday. Enjoy a cup of tea and zoom in for this wonderful fellowship! Contact *Minda Pearson* if you have any questions, minda1729@gmail.com. Zoom link and access information is in this week's Weekly Update e-mail.

Ten Warning Signs of Alzheimer's

An education program presented by the Alzheimer's Association®

What to Watch for in Yourself and Others

Alzheimer's causes changes in memory, thinking, and behavior that are not normal aging. Join the seminar to learn about:

- » The difference between normal aging and Alzheimer's.
- » Common warning signs.
- » The importance of early detection and benefits of diagnosis.
- » Next steps and expectations for the diagnostic process.
- » Alzheimer's Association resources.

The seminar is hosted by The Basilica of St. Mary this Wednesday, May 19, 12:00 noon-1:00 p.m.

Please register to attend at: <http://bit.ly/10WS-May19>

The education will be virtual. Please register for log-in information.

Also, visit alz.org/CRF to explore additional education programs on-line and in your area.



Parish-Night Week: The Church Facing the World

Parish-Night Week continues this month on the week of May 17

- **Tuesday, May 18: 6:30-7:15 p.m.**

Parish-Night Week on Zoom for HOPE/JOY
“Offering Our Lives & Commitment”
Watch your emails for the Zoom link!

- **Wednesday, May 19: 7:00-8:00 p.m.**

Parish-Night Week for Adults and Senior GOYAnS
Fr. Perry and Presvytera Cassie Kallis present on “Special Needs in Our Church Home”

This will be a hybrid event. For those that want to come in person, we will have this in the Terrace Room. Dinner will not be provided, however, we will have a small snack as well as water.

To signup in person, visit: <https://tinyurl.com/MAYPN2021>

If you do not wish to attend in person, you can participate via Zoom online.

To register for the Zoom, visit:

<https://tinyurl.com/MayPNRegistration>

- **Thursday, May 20: 7:00-8:00 p.m.**

Parish-Night Week on Zoom for Junior GOYA
“Offering Our Lives & Commitment”
Watch your emails for the Zoom link!



Food Shelf Needs for Next Week

Hygiene items

May's recipient is Joyce Uptown Food Shelf.

Please do not bring opened packages. They will be discarded.

From the Fathers...on Teaching and Learning

Let us learn upon earth the knowledge
that will continue with us in heaven.

—*Saint Jerome*

Daily Bible Readings

Monday, May 17

Acts 6:8 – 7:5, 47-60 • John 4:46-54

Tuesday, May 18

Acts 8:5-17 • John 6:27-33

Wednesday, May 19

Acts 8:18-25 • John 6:35-39

Thursday, May 20

Acts 8:26-39 • John 6:40-44

Friday, May 21

Saints Constantine and Helen

Acts 26:1, 12-20 John 10:1-9

Saturday, May 22

Acts 9:19-31 • John 15:17 – 16:2

Sunday, May 23

The Paralytic

Acts 9:32-42 • John 5:1-15

Saint Mary's Greek Orthodox Church

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