

SAINT MARY'S  
GREEK ORTHODOX CHURCH

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✠ THE DIVINE LITURGY ✠

*The Weekend of May 22/23, 2021*

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***Saturday, May 22, 2021***

***Commemoration:*** Basiliscus the Martyr, Bishop of Comana; Holy New Martyrs Demetrius and Paul of Tripoli; John-Vladimir, Ruler of Serbia.

***Variable Hymns and Readings in the Liturgy***

***At the Second Antiphon***

Save us, O Son of God, who rose from the dead, save us who sing to you: Alleluia!

***Christ Is Risen (at the Third Antiphon)***

Christ is risen from the dead, trampling down death by death, and upon those in the tombs, bestowing life!

***At the Small Entrance***

***Hymn of PASCHA, Plagal First Tone***

Christ is risen from the dead, trampling down death by death, and upon those in the tombs, bestowing life!

***Hymn of Entrance***

Bless God in the churches; the Lord from the fountains of Israel. Save us, O son of God who rose from the dead, save us who sing to you: Alleluia!

***Resurrection Hymn, Second Tone***

When you descended into death, Life immortal, you vanquished the power of hell by your resplendent divinity, and when you raised the dead from the depths of darkness, all the heavenly powers cried out triumphantly: O giver of life, Christ our God, glory to you.

***Hymn of St. Joseph of Arimathea, Second Tone***

The noble Joseph took your most pure body down from the tree. He wrapped it in clean linen, anointed it with spices, and placed it in a new tomb. But on the third day you rose, O Lord, bestowing on all the world your great mercy.

***Hymn of the Myrrh-bearing Women, Second Tone***

The angel stood by the tomb and cried out to the myrrh-bearing women: Myrrh would be fitting to anoint the dead, but Christ has shown himself to be free from corruption. Therefore, proclaim that the Lord is risen, bestowing on all the world his great mercy.

***Hymn of the Dormition of the Theotokos, First Tone***

In giving birth, you preserved your virginity, O Theotokos; in falling asleep you did not forsake the world. You passed over into life, O Mother of Life; and by your prayers you deliver our souls from death!

***Kontakion of Pascha, Plagal Fourth Tone***

Into the grave You descended, Immortal One, yet You destroyed the power of Hades, and as victor You arose, O Christ our God; You proclaimed to the myrrh-bearing women a greeting of joy, You brought peace to Your holy apostles, and to the fallen You granted resurrection.

***Epistle*..... Acts 9:19-31**

In those days, Saul was with the disciples at Damascus. And in the synagogues immediately he proclaimed Jesus, saying, "He is the Son of God." And all who heard him were amazed, and said, "is not this the man who made havoc in Jerusalem of those who called on this name? And he has come here for this purpose, to bring them bound before the chief priests." But Saul increased all the more in strength, and confounded the Jews who lived in Damascus by proving that Jesus was the Christ. When many days had passed, the Jews plotted to kill him, but their plot became known to Saul. They were watching the gates day and night, to kill him; but his disciples took him by night and let him down over the wall, lowering him in a basket. And when he had come to Jerusalem he attempted to join the disciples; and they were all afraid of him, for they did not believe that he was a disciple. But Barnabas took him, and brought him to the apostles, and declared to them how on the road he had seen the Lord, who spoke to him, and how at Damascus he had preached boldly in the name of Jesus. So he went in and out among them at Jerusalem, preaching boldly in the name of the Lord. And he spoke and disputed against the Hellenists; but they were seeking to kill him. And when the brethren knew it, they brought him down to Caesarea, and sent him off to Tarsus. So the church throughout all Judea and Galilee and Samaria had peace and was built up; and walking in the fear of the Lord and in the comfort of the Holy Spirit it was multiplied.

**Gospel**..... *John 15:17 – 16:2*

The Lord said to his disciples: “This I command you, to love one another. If the world hates you, know that it has hated me before it hated you. If you were of the world, the world would love its own; but because you are not of the world, but I chose you out of the world, therefore the world hates you. Remember the word that I said to you, ‘A servant is not greater than his master.’ If they persecuted me, they will persecute you; if they kept my word, they will keep yours also. But all this they will do to you on my account, because they do not know him who sent me. If I had not come and spoken to them, they would not have sin; but now they have no excuse for their sin. He who hates me hates my Father also. If I had not done among them the works which no one else did, they would not have sin; but now they have seen and hated both me and my Father. It is to fulfill the word that is written in their law, ‘They hated me without a cause.’

But when the Counselor comes, whom I shall send to you from the Father, even the Spirit of truth, who proceeds from the Father, he will bear witness to me; and you also are witnesses, because you have been with me from the beginning. I have said all this to you to keep you from falling away. They will put you out of the synagogues; indeed, the hour is coming when whoever kills you will think he is offering service to God.”

***The Communion Prayers are found on page 4 of this leaflet or inside the front cover of the hymnal.***

### ***Communion Hymn***

Blessed are they whom You have chosen and received, O Lord. Their memorial abides from generation to generation. Alleluia.

*Instead of “We have seen the light...,” we chant “Christ is risen.”*

***Stewardship Prayer*** — please turn to page 8.



Memorial Prayers on Saturday are offered for ***Christopher Paletta***  
(nephew of George Martin) †May 14, 2021

## THE COMMUNION PRAYERS

I believe and confess, Lord, that You are truly the Christ, the Son of the living God, who came into the world to save sinners, of whom I am the first. I also believe that this is truly Your pure Body and that this is truly Your precious Blood. Therefore, I pray to You, have mercy upon me, and forgive my transgressions, voluntary and involuntary, in word and deed, known and unknown. And make me worthy without condemnation to partake of Your pure Mysteries for the forgiveness of sins and for life eternal. Amen.

Behold, I approach for Divine Communion. O Maker, burn me not as I partake, for You are fire consuming the unworthy. But cleanse me from every stain.

Receive me today, O Son of God, as a partaker of Your mystical supper; for I will not betray Your mysteries to Your enemies, nor give You a kiss as did Judas, but as the thief I confess You: Remember me, O Lord, in Your kingdom.

Tremble, O man, as you behold the divine Blood. It is a burning coal that sears the unworthy. The Body of God both deifies and nourishes me: It deifies the spirit and wondrously nourishes the mind.

You have smitten me with yearning, O Christ, and by Your divine eros You have changed me. But burn up my sins with spiritual fire, and grant me to be filled with delight in You, so that, leaping for joy, I may magnify, O Good One, Your two comings.

How shall I, who am unworthy, enter into the splendor of Your saints? If I dare to enter into the bridal chamber, my clothing will accuse me, since it is not a wedding garment; and being bound up, I shall be cast out by the angels. In Your love, Lord, cleanse my soul and save me.

Loving Master, Lord Jesus Christ, my God, let not these holy Gifts be to my condemnation because of my unworthiness, but for the cleansing and sanctification of soul and body and the pledge of the future life and kingdom. It is good for me to cling to God and to place in Him the hope of my salvation.

*Approaching to receive, each makes a reverence and says:*

✠ Behold I approach Christ, our immortal King and God.

# ***Sunday, May 23, 2021***

**Commemoration:** Sunday of the Paralytic; Michael the Confessor, Bishop of Synnada; Mary the Myrrhbearer and wife of Cleopas.

## ***Variable Hymns and Readings in the Liturgy***

### ***Christ Is Risen***

Christ is risen from the dead, trampling down death by death, and upon those in the tombs, bestowing life!

### ***At the Second Antiphon***

Save us, O Son of God, who rose from the dead, save us who sing to you: Alleluia!

### ***At the Small Entrance***

#### ***Hymn of PASCHA, Plagal First Tone***

Christ is risen from the dead, trampling down death by death, and upon those in the tombs, bestowing life!

#### ***Hymn of Entrance***

Bless God in the churches; the Lord from the fountains of Israel. Save us, O son of God who rose from the dead, save us who sing to you: Alleluia!

#### ***Resurrection Hymn, Third Tone***

Let the heavens rejoice and the earth be glad, for the Lord has shown the mighty power of his arm. He has trampled down death by death, becoming the firstborn of the dead. He has delivered us from the depths of hell and has granted to all the world his great mercy.

#### ***Hymn of the Dormition of the Theotokos, First Tone***

In giving birth, you preserved your virginity, O Theotokos; in falling asleep you did not forsake the world. You passed over into life, O Mother of Life; and by your prayers you deliver our souls from death!

#### ***Kontakion of PASCHA, Plagal Fourth Tone***

Into the grave you descended, Immortal One, yet you destroyed the power of Hades, and as victor you arose, O Christ our God; you proclaimed to the myrrh-bearing women a greeting of joy, you brought peace to your holy apostles, and to the fallen you granted resurrection.

**Epistle**..... Acts 9:32-42

In those days, as Peter went here and there among them all, he came down also to the saints that lived at Lydda. There he found a man named Aeneas, who had been bedridden for eight years and was paralyzed. And Peter said to him, "Aeneas, Jesus Christ heals you; rise and make your bed." And immediately he rose. And all the residents of Lydda and Sharon saw him, and they turned to the Lord. Now there was at Joppa a disciple named Tabitha, which means Dorcas. She was full of good works and acts of charity. In those days she fell sick and died; and when they had washed her, they laid her in an upper room. Since Lydda was near Joppa, the disciples, hearing that Peter was there, sent two men to him entreating him, "Please come to us without delay." So Peter rose and went with them. And when he had come, they took him to the upper room. All the widows stood beside him weeping, and showing tunics and other garments which Dorcas made while she was with them. But Peter put them all outside and knelt down and prayed; then turning to the body he said, "Tabitha, rise." And she opened her eyes, and when she saw Peter she sat up. And he gave her his hand and lifted her up. Then calling the saints and widows he presented her alive. And it became known throughout all Joppa, and many believed in the Lord.

**Gospel**.....John 5:1-15

At that time, Jesus went up to Jerusalem. Now there is in Jerusalem by the Sheep Gate a pool, in Hebrew called Bethesda which has five porticoes. In these lay a multitude of invalids, blind, lame, paralyzed, waiting for the moving of the water; for an angel of the Lord went down at certain seasons into the pool, and troubled the water; whoever stepped in first after the troubling of the water was healed of whatever disease he had. One man was there, who had been ill for thirty-eight years. When Jesus saw him and knew that he had been lying there a long time, he said to him, "Do you want to be healed?" The sick man answered him, "Sir, I have no man to put me into the pool when the water is troubled, and while I am going another steps down before me." Jesus said to him, "Rise, take up your pallet, and walk." And at once the man was healed, and he took up his pallet and walked.

Now that day was the sabbath. So the Jews said to the man who was cured, "It is the sabbath, it is not lawful for you to carry your pallet." But he answered them, "The man who healed me said to me, 'Take up your pallet, and walk.' "They asked him, "Who is the man who said to you, 'Take up your pallet, and walk?'" Now the man who had been healed

did not know who it was, for Jesus had withdrawn, as there was a crowd in the place. Afterward, Jesus found him in the temple, and said to him, "See, you are well! Sin no more, that nothing worse befall you." The man went away and told the Jews that it was Jesus who had healed him.

### ***Megalynarion of PASCHA, First Tone***

The Angel spoke to her who is full of grace: Rejoice, O pure virgin, and again I say rejoice; your Son is risen from the grave on the third day.

Shine, Shine, O new Jerusalem, for the glory of the Lord is risen upon you. Now dance and be glad O Sion; and you, O pure Theotokos, exalt in the rising of your Son!

***The Communion Prayers are found on page 4 of this leaflet or inside the front cover of the hymnal.***

### ***Communion Hymn***

Receive the Body of Christ, and taste him who is the fountain of immortality.

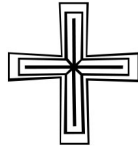
*Instead of "We have seen the light..." we chant "Christ is risen."*

### ***Stewardship Prayer***

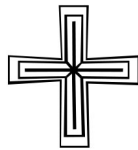
*Lord Jesus Christ, our God, accept our offerings as You have accepted the gifts of Your people throughout the ages. We offer these gifts to Your glory, for the support of the ministries of Your holy Church, for the alleviation of suffering and hunger, and for the proclamation of Your Gospel to the whole world.*

*Grant us Your blessing, Lord our Savior, that we may always be faithful stewards, continuing to share the gifts you have given us, by the power of Your grace, mercy, and love. May Your name be glorified forever. Amen.*

Memorial Prayers on Sunday are offered for **John Leckas** (40 days); **Patricia Pollnow** (1 year); **John** (5 years) & **Vasilike** (5 years) **Canelake**.



***Please remember the sick, the suffering, and those in need, especially:*** Those suffering from COVID-19 and those who care for them; Our brothers and sisters living through the aftermath of disaster; For the victims of violence; Families Moving Forward; Metro Hope Ministries; Orthodox Christian Prison Ministry; FOCUS Minnesota; Our brothers and sisters serving in the Armed Forces throughout the world especially John Ellis; San Miguel Del Lago Orphanage; Corina, Tom, Vasilios, Presvytera Tulla Poteres, Nancy and Tim, Olga, Peter, Kristina, Armour family, Cora and family, Lamona, Bo, Tom Grund, Lynn, Deb, Sarah, Maia, Jeanette, Travis, Kassie, Tahnlee, Lois, Kalli, Alex, Quinn, Annie, Sue & Jim, Steve, Sue, Jane, Carole, Rifka, Pat, Nancy, Dave, Pam Katie, Bri, Gilbert, George P., Barbara, Thespina, Danielle, Jenny, John L., Steven E., Samir and Samira, Julia, Presvytera Janis, Sandra, Sophia, George, Rick, Bryn, Nancy, Alex, Eryn, Phil, Karen, Phil, Marnie and family; Joyce, Dorla, Linda, Fr. Elias, Vicki, Bill, Diana, Elpis Fotini, Dina, Landon, Luke, Aemiliane, Doria, Mike, Stephanie, Tyler, Ben, Brittany, Amy, Shinia, Chelsea, Christy, Karen, Anastasia, Jamie, Alex and Alexander, Slibe, Saleh & Deanna, Kristine, Toni, Gina, Julie, R.J., Allie, Elena, Speranta, Alexander, Stephanie, Vickie, Petra, Bob, Joseph, Avgi, Christopher, Alki, Elizabeth, Jaxon, Olle, Judi, Bodil, Ole, and others known to you.



### **Safety at St. Mary's**

With the coming of warmer weather, we have seen an increase in children running and playing in the parking lot after services. Out of concern for all our families, both those playing and those driving their vehicles, please help keep everyone safe by reminding your children not to play in the parking lot especially as people are leaving.



# Calendar of the Week

## *Today*

10:45 a.m. – HOPE and JOY Activity, Terrace Room

11:30 a.m. – All-Parish General Assembly, Great Hall and Zoom

## *Tuesday, May 25*

6:00 p.m. – Philoptochos Spring Finale, Great Hall

## *Wednesday, May 26: Mid-Pentecost*

8:30 a.m. – Orthros; 9:30 a.m. – Divine Liturgy

## *Thursday, May 27*

6:30 p.m. – Stewardship Committee Meeting

## *Saturday, May 29*

*No Divine Liturgy today.*

5:00 p.m. – Great Vespers

## *Sunday, May 30: The Samaritan Woman*

8:30 a.m. – Orthros; 9:30 a.m. – Divine Liturgy

12:00 noon – American Legion Memorial Service, Lakewood Cemetery

## **Saturday Liturgies End**

Beginning Memorial Day Weekend, we will no longer have the regularly scheduled Divine Liturgy on Saturdays due to the distancing restrictions being lifted at the end of May.

The Saturday morning Bible Study will resume on the first Saturday of June.

**We wish to congratulate our 2021 high school graduates! They are:**

Yanni Antoniou • George Bakritzes • Maxwell Binning  
Tyler Boyd • Albert Buss • Eleni Ciuta  
Olivia Dascalos • Evie Dokos • Audrey Friesen  
Elena George • George Goodfriend • Amaryllis Hennessy  
Andrew Hicks • Grace Hoffhines • Grace Jacobsen  
Fae Marie Katras • Evie Kaznessis • Siena Kuehn  
Madeline LaValle • Helena Lind • Dean McGuire  
Themistocles Megas • Anna Nicklow • Vasili Nicklow  
Evangelios Pappas • Andrew Possis • Ellie Skoog  
Elias Wehr • Sophia Youngdahl

*We recognize our graduates during Liturgy this Sunday.*

## **All-Parish General Assembly**

Saint Mary's General Assembly will take place Sunday, May 23, 2021, 11:30 a.m., in the Great Hall and on Zoom. The agenda will include: Approve 2021 Winter General Assembly Minutes; 2020 Board of Auditors Report; 2021 Financial Summary; Greek Festival Update; Church Building Capital Improvements; Elect Delegates for Metropolis Clergy Laity; Covid Restrictions Update.

Please join us in-person and on Zoom. A light lunch will be served to those attending in person as we conduct the important business of the church and learn about upcoming projects and events.

Per the Metropolis of Chicago and the State of Minnesota, we will follow all social distancing requirements, including the wearing of facemasks throughout the meeting. We look forward to seeing you at the meeting!

## **Saturday Bible Study Resumes**

It is with great pleasure that we announce the return of our Saturday Bible Study! The classes will begin on Saturday, June 5, 9:00 a.m., in the Lecture Room. Father John will be the leader. His theme will be "The Eleven Resurrectional Gospel Readings."

- *Please enter at the flag pole entrance from the south parking lot.*

## **Registration Is Underway for Saint Mary's Summer Camp**

*Camp Dates: July 3-10, 2021*

*~~ Registration Closes Tuesday, May 25 ~~*

St. Mary's Summer Camp will be held this year at  
Camp Courage near Maple Lake, MN.

The move to a different site is due to maximum participant limitations at the Camp Wapo facilities for this summer only.

We plan to return to Wapo in 2022.

Appropriate safety protocols will be in place to ensure a safe, fun, and enriching experience for our youth.

Register on-line: <https://stmaryscamp.com/summer-camp/>

## **Philoptochos Spring Finale ~ Tuesday, May 25**

Philoptochos will get together in person for the May Spring Finale and Board Elections on the evening of Tuesday, May 25. Social and dinner at 6:00 p.m. followed by the meeting about 7:15 p.m. In order to vote in the elections, you must be a Philoptochos member. For membership information, contact Paulette Hastings, [pmg@sisyphuscafe.com](mailto:pmg@sisyphuscafe.com) or 952.564.8388. The meeting will be a social event in the Great Hall. The meal will be catered. If you haven't yet sent in your RSVP, please do so today by contacting *Cathy Forchas*, [cforchas@yahoo.com](mailto:cforchas@yahoo.com) or calling the Church Office on Monday.

## **Festival Baking Projects**

It's that time of year! - Festival baking! Here's what's cooking...

### ***Baklava***—

Monday, June 21 and 22: Assembling baklava

Come anytime from 2:00-8:00 p.m. to help.

Wednesday, June 23: Cut, clove, and bake baklava

9:00 a.m.-12:00 noon.

Please bring a small sauce pan and a brush for buttering if you are helping on Monday and Tuesday. Wear a face covering all three days, please. The sign up link is in the Weekly Update e-mail sent on Fridays or contact David in the Church Office for assistance. For more information, contact *Elena Gabor*, 952.288.3011 or [elenagabor14@gmail.com](mailto:elenagabor14@gmail.com).

## **Greek Dancers of Minnesota**

It's time to dust off the dancing shoes! The Greek Dancers of Minnesota are resuming practice beginning this evening, Sunday, May 23, from 7:00-8:00 p.m. at St. George Greek Orthodox Church's social hall. Due to the pandemic, practice will be open to ages 12 and up who are fully vaccinated for COVID. Masks are required. *New this year*: a youth division will be coached by Marisa Mortari. New members welcome! For more info, please contact Marisa or Angela Mortari at 651.730.1652.

## **Graduation Reception**

You are invited to a graduation tea honoring Paraskevi (Evie) Dokos on Saturday, June 5, 1:00-4:00 p.m., at the Parish House, 1618 Coniaris Way, Minneapolis.

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## **Food Shelf Needs for Next Week**

*Coffee and tea*

*May's recipient is Joyce Uptown Food Shelf.*

Please do not bring opened packages. They will be discarded.

# FAITH Playgroup Trikes, Bikes, and Bubbles!

Wednesday, June 23

10:00 a.m.-12:00 noon

Great Hall & North Parking Lot

Bring your own wheels  
or use one that belongs to the church.



# Put on the Full Armor of God!

June 14-18, 2021 ✠ 8:45 a.m.-12:00 noon

4 years old (if potty-trained) through entering 6<sup>th</sup> grade in the fall  
7<sup>th</sup> grade and older needed as Squires (Helpers greatly needed!)



Calling all able-bodied  
Christian soldiers!

We need YOU for a week-long  
training program where you will learn  
skills and knowledge necessary  
to fight for our Lord!

Questions? Contact...

Lady Krissa Rovolis

or

Lady Dena Tortorelis

[churchschool@stmarysgoc.org](mailto:churchschool@stmarysgoc.org)

Online registration now open

Use this link: <https://tinyurl.com/StMarysVCS2021>

or go to the church website for the link.

## **From the Fathers...on Healing**

Abba Poemen said of Abba Nisterus that he was like the serpent of brass which Moses made for the healing of the people: he possessed all virtue and without speaking, he healed everyone.

### **Daily Bible Readings**

***Monday, May 24***

Acts 10:1-16 • John 6:56-69

***Tuesday, May 25***

***Third Finding of the Precious Head of St. John the Baptist***

II Corinthians 4:6-15 • Matthew 11:2-15

***Wednesday, May 26***

***Mid-Pentecost***

Acts 14:6-18 • John 7:14-30

***Thursday, May 27***

Acts 10:34-43 • John 8:12-20

***Friday, May 28***

Acts 10:44 – 11:10 • John 8:21-30

***Saturday, May 29***

Acts 12:1-11 • John 8:31-42

***Sunday, May 30***

***The Samaritan Woman***

Acts 11:19-30 • John 4:5-42

***Saint Mary's Greek Orthodox Church***

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*Fr. George Dokos, Proistamenos; Fr. Jason Houck, Associate*

*Fr. John Kostas; Deacon Paul Kalina*