

SAINT MARY'S GREEK ORTHODOX CHURCH

Sunday, January 9, 2022

Sunday after Theophany

The Divine Liturgy

In compliance with the City of Minneapolis' current mask mandate, everyone entering the building for worship, fellowship, or other activities is required to wear a face mask.

Commemoration: Sunday after Theophany; Polyuctus the Martyr of Melitene in Armenia; Eustratios the Wonderworker; Peter, Bishop of Sebaste, brother of Basil the Great and Gregory of Nyssa; Afterfeast of the Theophany of Our Lord and Savior Jesus Christ; Philip, Metropolitan of Moscow.

Morning Gospel: Seventh

Tone: Fourth

Variable Hymns and Readings in the Liturgy

At the Second Antiphon

Save us, O Son of God, baptized by John in the Jordan, to you we sing, Alleluia!

At the Small Entrance

Hymn of Theophany, First Tone

At your baptism in the Jordan, O Lord, the worship of the Trinity was made manifest, for the Father's voice bore you witness by calling you his beloved Son, and the Spirit in the form of a dove confirmed the truth of the Father's Word. O Christ our God, you have appeared to us and enlightened the world. Glory to you!

Entrance Hymn

Come, let us worship and bow down before Christ. Save us, O Son of God, who rose from the dead, save us who sing to you: Alleluia!

Resurrection Hymn, Fourth Tone

The joyful news of your resurrection was proclaimed by the angel to the women disciples. Having thrown off the curse that fell on Adam, they ran elatedly to tell the apostles: Death has been vanquished; Christ our God is risen from the dead, blessing all the world with his great mercy.

Repeat the Hymn of Theophany, page 1.

Hymn of the Dormition of the Theotokos, First Tone

In giving birth, you preserved your virginity, O Theotokos; in falling asleep you did not forsake the world. You passed over into life, O Mother of Life; and by your prayers you deliver our souls from death!

Kontakion of Theophany, Fourth Tone

You have revealed yourself to the world today, and your light shines forth on us, who sing your praise with full knowledge: You have come to us, O Lord; you are made manifest, O inaccessible Light!

Epistle..... Ephesians 4:7-13

Brethren, grace was given to each of us according to the measure of Christ's gift. Therefore it is said, "When he ascended on high he led a host of captives, and he gave gifts to men." (in saying, "He ascended," what does it mean but that he had also descended into the lower parts of the earth? He who descended is he who also ascended far above all the heavens, that he might fill all things.) And his gifts were that some should be apostles, some prophets, some evangelists, some pastors and teachers, to equip the saints for the work of ministry, for building up the body of Christ, until we all attain to the unity of the faith and of the knowledge of the Son of God, to mature manhood, to the measure of the stature of the fullness of Christ.

Gospel..... Matthew 4:12-17

At that time, when Jesus heard that John had been arrested, he withdrew into Galilee; and leaving Nazareth he went and dwelt in Capernaum by the sea, in the territory of Zebulun and Naphtali, that what was spoken by the prophet Isaiah might be fulfilled: "The land of Zebulun and the land of Naphtali, toward the sea, across the Jordan, Galilee of the Gentiles, the people who sat in darkness have seen a great light, and for those who sat in the region and shadow of death light has dawned." From that time Jesus began to preach, saying, "Repent, for the kingdom of heaven is at hand."

The Communion Prayers are found on page 4 of this leaflet.

Stewardship Prayer

Lord Jesus Christ, our God, accept our offerings as You have accepted the gifts of Your people throughout the ages. We offer these gifts to Your glory, for the support of the ministries of Your holy Church, for the alleviation of suffering and hunger, and for the proclamation of Your Gospel to the whole world.

Grant us Your blessing, Lord our Savior, that we may always be faithful stewards, continuing to share the gifts you have given us, by the power of Your grace, mercy, and love. May Your name be glorified forever. Amen.

40-day Churching (before Liturgy): **John Paschal Hoeft**, parents: *William & Angelea Hoeft*

Memorial Prayers today are offered for **Chris (50 years) and Katherine (15 years) Pappas**, parents of *George and Louis Pappas*.

The coffee hour today is hosted in memory of Chris and Katherine Pappas by their family.

Prayer List

Please remember the sick, the suffering, and those in need, especially:

Those suffering from COVID-19 and those who care for them; our brothers and sisters living through the aftermath of disaster; for the victims of violence; Metro Hope Ministries; Orthodox Christian Prison Ministry; FOCUS Minnesota; Our brothers and sisters serving in the Armed Forces throughout the world especially John Ellis; San Miguel Del Lago Orphanage; Tom, Gigi, Zossima, Donnarae, Samira, Mary K., Dreux, Monte, Bethany, Mark, Owen, Chrysanthy, Estelle, Justine, Melissa, Megan, Dallas, Lenzie, Lisa, Michael, Robbie, Judi, Evonne, James, Nichole, Constantine, Theodora, Mary, Irene Maria, Marion, Apostolos, Olivia, Lincoln, Joan, Carole, Patty, Archimandrite Dionysios, Karrisra, Corina, Tom, George R., Ken, Nancy and Tim, Olga, Peter, Cora and family, Lamona, Bo, Tom, Lynn, Deb, Sarah, Maia, Travis, Kassie, Tahnlee, Lois, Kalli, Quinn, Annie, Sue & Jim, Steve, Sue, Jane, Rifka, Pat, Nancy, Dave, Pam, Gilbert, George P., Danielle, Jenny, John L., Steven E., Julia, Presvytera Janis, Sandra, Sophia, George, Rick, Bryn, Nancy, Alex, Eryn, Phil, Karen, Phil, Joyce, Dorla, Linda, Fr. Elias, Vicki, Bill, Diana, Elpis Fotini, Doria, Mike, Stephanie, Tyler, Ben, Amy, Christy, Karen, Anastasia, Jamie, Alex and Alexander, Toni, Gina, Julie, R.J., Allie, Vickie, Petra, Bob, Joseph, Avgi, Christopher, Elizabeth, Jaxon, Judi, Bodil, Ole, and others known to you.

THE COMMUNION PRAYERS

I believe and confess, Lord, that You are truly the Christ, the Son of the living God, who came into the world to save sinners, of whom I am the first. I also believe that this is truly Your pure Body and that this is truly Your precious Blood. Therefore, I pray to You, have mercy upon me, and forgive my transgressions, voluntary and involuntary, in word and deed, known and unknown. And make me worthy without condemnation to partake of Your pure Mysteries for the forgiveness of sins and for life eternal. Amen.

Behold, I approach for Divine Communion. O Maker, burn me not as I partake, for You are fire consuming the unworthy. But cleanse me from every stain.

Receive me today, O Son of God, as a partaker of Your mystical supper; for I will not betray Your mysteries to Your enemies, nor give You a kiss as did Judas, but as the thief I confess You: Remember me, O Lord, in Your kingdom.

Tremble, O man, as you behold the divine Blood. It is a burning coal that sears the unworthy. The Body of God both deifies and nourishes me: It deifies the spirit and wondrously nourishes the mind.

You have smitten me with yearning, O Christ, and by Your divine eros You have changed me. But burn up my sins with spiritual fire, and grant me to be filled with delight in You, so that, leaping for joy, I may magnify, O Good One, Your two comings.

How shall I, who am unworthy, enter into the splendor of Your saints? If I dare to enter into the bridal chamber, my clothing will accuse me, since it is not a wedding garment; and being bound up, I shall be cast out by the angels. In Your love, Lord, cleanse my soul and save me.

Loving Master, Lord Jesus Christ, my God, let not these holy Gifts be to my condemnation because of my unworthiness, but for the cleansing and sanctification of soul and body and the pledge of the future life and kingdom. It is good for me to cling to God and to place in Him the hope of my salvation.

Approaching to receive, each makes a reverence and says:

✠ Behold I approach Christ, our immortal King and God.

Calendar of the Week

Sunday, January 9: Sunday after Theophany

- 8:30 a.m. – Orthros; 9:30 a.m. – Divine Liturgy
- 12:30 p.m. – HOPE/JOY Skating, Centennial Lakes
- 12:45 p.m. – Girls' GOYA Basketball Practice, Great Hall

Tuesday, January 11

- 6:00 p.m. – Adult Open Gym, Great Hall

Wednesday, January 12

- 9:30 a.m. – FAITH Play Group, Great Hall and Terrace Room
- 6:30 p.m. – Byzantine Matins Ensemble Rehearsal

Friday, January 14

Winter Camp

Saturday, January 15

Winter Camp

- 9:00 a.m. – Bible Study, Fireside Room
- 5:00 p.m. – Great Vespers

Sunday, January 16; Twelfth Sunday of Luke

Winter Camp

- 8:30 a.m. – Orthros; 9:30 a.m. – Divine Liturgy
- 11:30 a.m. – Missions and Outreach Meeting, Fireside Room
- 12:45 p.m. – JOY Basketball Practice, Great Hall



Scan the QR code to give through Venmo.

When giving through Venmo, please provide both your first AND last name in order to receive proper credit for your contribution.

Announcements

2022 Parish Council Oath of Office

The Oath of Office for the 2022 Parish Council will be administered today. Those parishioners serving on the 2022 Parish Council are: John Beauchamp, Daniel Buss, Ina Dunham, Thomas Hainlin, Sam Hanna, William M. Hoeft, Nicholas Legeros, Cristina Nicklow, Jeannie Possis, Dean Psychogios, Maria Smith, and Andrew Twito.

Saturday Bible Study resumes next Saturday, January 15, 9:00 a.m., in the Fireside Room.

Winter General Assembly ~ January 30

Our Winter General Assembly, budget approval, will be held Sunday, January 30, 2022, at 11:30 a.m. in the Great Hall. Copies of the budget and agenda will be available soon.

In the Bookstore

The bookstore now has a large selection of Mother Macrina's small icons, including icons of Christ, the Theotokos, the Holy Trinity, Archangels, Guardian Angels, Saints, and Noah's Ark. All are made with Mother Macrina's careful attention to detail and are blessed before she sends them forth.

FOCUS News and Needs

We are grateful for all of the generous clothing donations we have received these past few months. However, we need some time to catch up processing those donations. Because of this, we will not be accepting any donations of clothing except winter outer wear (coats, boots, gloves, and mittens) until February 1.

Orthodox Game League Is Back!

Adults (age 18 years and older)... come to Orthodox Game League and enjoy time with each other, and play some fun games. The next Game Night is Saturday, January 22, 2022, 7:00 p.m., at St. Mary's Cathedral, 1701 - 5th Street NE, Minneapolis (we'll gather in the Parish Center across the street from the church). Bring a munchie or dessert to share. Questions? Contact *Nikki Beachamp*, 612.910.2943.

Philoptochos News

Buy Vasilopita — There are plenty St. Basil's Sweet Bread loaves for you to purchase, even if you didn't preorder one. Each loaf is \$15, has a coin baked inside, and is perfect for New Year celebrations. All funds go to St. Basil Academy (stbasil.goarch.org), a home for children in need.

Philoptochos Meetings —

- Philoptochos Board meeting is scheduled for Tuesday, January 18, 6:30 p.m., in the Fireside Room.
- The Philoptochos General Meeting is Sunday, January 23, 11:30 a.m., in the Terrace Room.

Church Office Update

As we transition to a new year, the church office will be closed to walk-ins on Mondays through February so the staff can concentrate on new initiatives, stewardship reports, and projects throughout the building. Phone calls will be answered from 12:30-4:30 p.m. on this day. We thank you for your understanding.

“The Encounter” Prayer App

Prayer does not equip us for greater work - Prayer IS the greater work.

—Oswald Chambers

In a get-fixed-quick kind of world, engaging in daily personal prayer can be difficult. Where do we find the time? What do we even say to God? Should we only ask for things, or say “thanks,” or maybe, “I’m sorry”? Do we only rely on the prayers prescribed in Orthodox Christian prayer books?

Join members of our parish, as well as a fellowship of Christians world-wide, who are hungry to grow in their personal prayer discipline and relationship with God.

Sign up for more information about “The Encounter,” an initiative that helps us pray regularly and grow in our personal prayer disciplines at faithtree.org. We promise, you won't be disappointed!

Food Shelf Needs for Next Week

Canned meals (chili, pork and beans, etc.)

January's recipient is Joyce Uptown Food Shelf.

Please do not bring opened packages. They will be discarded.

From the Fathers...on Repentance

Repentance is the renewal of baptism.
Repentance is a contract with God for a second life.

—*Saint John of the Ladder*

Daily Bible Readings

Monday, January 10

Ephesians 4:7-13 • Luke 3:19-22

Tuesday, January 11

Hebrews 13:7-16 • Luke 4:1-15

Wednesday, January 12

Acts 18:22-28 • John 10:39-42

Thursday, January 13

Galatians 3:23 – 4:5 • Luke 20:1-8

Friday, January 14

Acts 2:38-43 • Luke 4:1-15

Saturday, January 15

Galatians 5:22 – 6:2 • Luke 12:32-40

Sunday, January 16

Twelfth Sunday of Luke

Colossians 3:4-11 • Luke 17:12-19

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