

# SAINT MARY'S GREEK ORTHODOX CHURCH

Sunday, February 27, 2022  
*Sunday of the Last Judgment (Meatfare)*

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## The Divine Liturgy

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*The City of Minneapolis has lifted its recent mask mandate for entry into public buildings, however, it is encouraged that masks continue to be worn when in public spaces to help keep young children and those who may be vulnerable safe. Thank you for your cooperation.*

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**Commemoration:** Sunday of the Last Judgment (Meatfare Sunday); Procopius the Confessor of Decapolis; Raphael of Brooklyn; Stephen the Monk; Gelasios the Actor and Martyr of Heliopolis; Nesios the Martyr.

*Morning Gospel: Third*

*Tone: Third*

### *Variable Hymns and Readings in the Liturgy*

#### *At the Second Antiphon*

Save us, O Son of God, who rose from the dead, save us who sing to you: Alleluia!

#### *At the Small Entrance*

#### *Resurrection Hymn, Third Tone*

Let the heavens rejoice and the earth be glad, for the Lord has shown the mighty power of his arm. He has trampled down death by death, becoming the firstborn of the dead. He has delivered us from the depths of hell and has granted to all the world his great mercy.

#### *Hymn of Entrance*

Come, let us worship and bow down before Christ. Save us, O Son of God, who rose from the dead, save us who sing to You: Alleluia!

*Repeat the Resurrection Hymn, above.*

***Hymn of the Dormition of the Theotokos, First Tone***

In giving birth, you preserved your virginity, O Theotokos; in falling asleep you did not forsake the world. You passed over into life, O Mother of Life; and by your prayers you deliver our souls from death!

***Kontakion of the Last Judgment, First Tone***

When you come to the earth, O God, in your glory, all creation will tremble and a river of fire will flow before your throne of judgment. The books will be opened and the secrets of all will be revealed. On that day, O just Judge, deliver me from eternal flames and make me worthy to stand at your right.

***Epistle..... I Corinthians 8:8 – 9:2***

Brethren, food will not commend us to God. We are no worse off if we do not eat, and no better off if we do. Only take care lest this liberty of yours somehow become a stumbling block to the weak. For if any one sees you, a man of knowledge, at table in an idol’s temple, might he not be encouraged, if his conscience is weak, to eat food offered to idols? And so by your knowledge this weak man is destroyed, the brother for whom Christ died. Thus, sinning against your brethren and wounding their conscience when it is weak, you sin against Christ. Therefore, if food is a cause of my brother’s falling, I will never eat meat, lest I cause my brother to fall.

Am I not free? Am I not an apostle? Have I not seen Jesus our Lord? Are not you my workmanship in the Lord? If to others I am not an apostle, at least I am to you; for you are the seal of my apostleship in the Lord.

***Gospel..... Matthew 25:31-46***

The Lord said, “When the Son of man comes in his glory and all the holy angels with him, then he will sit on his glorious throne. Before him will be gathered all the nations, and he will separate them one from another as a shepherd separates the sheep from the goats, and he will place the sheep at his right hand, but the goats at the left. Then the king will say to those at his right hand, ‘Come, O blessed of my Father, inherit the kingdom prepared for you from the foundation of the world; for I was hungry and you gave me food, I was thirsty and you gave me drink, I was a stranger and you welcomed me, I was naked and you clothed me, I was sick and you visited me, I was in prison and you came to me.’ Then the righteous will answer him, ‘Lord, when did we see you hungry

and feed you, or thirsty and give you drink? And when did we see you a stranger and welcome you, or naked and clothe you? And when did we see you sick or in prison and visit you?’ And the King will answer them, ‘Truly, I say to you, as you did it to one of the least of these my brethren, you did it to me.’ Then he will say to those at his left hand, ‘Depart from me, you cursed, into the eternal fire prepared for the devil and his angels; for I was hungry and you gave me no food, I was thirsty and you gave me no drink, I was a stranger and you did not welcome me, naked and you did not clothe me, sick and in prison and you did not visit me.’ Then they also will answer, ‘Lord, when did we see you hungry or thirsty or a stranger or naked or sick or in prison, and did not minister to you?’ Then he will answer them, ‘Truly, I say to you, as you did it not to one of the least of these, you did it not to me.’ And they will go away into eternal punishment, but the righteous into eternal life.”

***The Communion Prayers are found on page 4 of this leaflet.***

### ***Stewardship Prayer***

*Lord Jesus Christ, our God, accept our offerings as You have accepted the gifts of Your people throughout the ages. We offer these gifts to Your glory, for the support of the ministries of Your holy Church, for the alleviation of suffering and hunger, and for the proclamation of Your Gospel to the whole world.*

*Grant us Your blessing, Lord our Savior, that we may always be faithful stewards, continuing to share the gifts you have given us, by the power of Your grace, mercy, and love. May Your name be glorified forever. Amen.*



Memorial Prayers today are offered for ***George Forchas*** (38 years).

Prosforo for today's Liturgy is provided by Barbara Nichols.

Coffee hour today is hosted by the Forchas family in memory of George Forchas.

# THE COMMUNION PRAYERS

I believe and confess, Lord, that You are truly the Christ, the Son of the living God, who came into the world to save sinners, of whom I am the first. I also believe that this is truly Your pure Body and that this is truly Your precious Blood. Therefore, I pray to You, have mercy upon me, and forgive my transgressions, voluntary and involuntary, in word and deed, known and unknown. And make me worthy without condemnation to partake of Your pure Mysteries for the forgiveness of sins and for life eternal. Amen.

Behold, I approach for Divine Communion. O Maker, burn me not as I partake, for You are fire consuming the unworthy. But cleanse me from every stain.

Receive me today, O Son of God, as a partaker of Your mystical supper; for I will not betray Your mysteries to Your enemies, nor give You a kiss as did Judas, but as the thief I confess You: Remember me, O Lord, in Your kingdom.

Tremble, O man, as you behold the divine Blood. It is a burning coal that sears the unworthy. The Body of God both deifies and nourishes me: It deifies the spirit and wondrously nourishes the mind.

You have smitten me with yearning, O Christ, and by Your divine eros You have changed me. But burn up my sins with spiritual fire, and grant me to be filled with delight in You, so that, leaping for joy, I may magnify, O Good One, Your two comings.

How shall I, who am unworthy, enter into the splendor of Your saints? If I dare to enter into the bridal chamber, my clothing will accuse me, since it is not a wedding garment; and being bound up, I shall be cast out by the angels. In Your love, Lord, cleanse my soul and save me.

Loving Master, Lord Jesus Christ, my God, let not these holy Gifts be to my condemnation because of my unworthiness, but for the cleansing and sanctification of soul and body and the pledge of the future life and kingdom. It is good for me to cling to God and to place in Him the hope of my salvation.

*Approaching to receive, each makes a reverence and says:*

✠ Behold I approach Christ, our immortal King and God.

# Prayer Ministry

*Please remember the sick, the suffering, and those in need, especially:*

Those suffering from COVID-19 and those who care for them; our brothers and sisters living through the aftermath of disaster; for the victims of violence; Metro Hope Ministries; Orthodox Christian Prison Ministry; Families Moving Forward; FOCUS Minnesota; Our brothers and sisters serving in the Armed Forces throughout the world especially John Ellis; San Miguel Del Lago Orphanage; Efstatia, Jordan, David, Nino, Joe, Tom, Gigi, Zossima, Donnarae, Samira, Mary K., Dreux, Monte, Bethany, Mark, Owen, Chrysanthy, Estelle, Justine, Melissa, Megan, Dallas, Lenzie, Lisa, Michael, Robbie, Judi, Evonne, James, Nichole, Constantine, Theodora, Mary, Irene Maria, Marion, Apostolos, Olivia, Lincoln, Joan, Carole, Patty, Archimandrite Dionysios, Karrisra, Corina, Tom, George R., Ken, Nancy and Tim, Olga, Peter, Cora and family, Lamona, Bo, Tom, Lynn, Deb, Sarah, Maia, Travis, Kassie, Tahnlee, Lois, Kalli, Quinn, Annie, Sue & Jim, Steve, Sue, Jane, Rifka, Pat, Nancy, Dave, Pam, Gilbert, George P., Danielle, Jenny, John L., Steven E., Julia, Presvytera Janis, Sandra, Sophia, George, Rick, Bryn, Nancy, Alex, Eryn, Phil, Karen, Phil, Joyce, Dorla, Linda, Fr. Elias, Vicki, Bill, Diana, Elpis Fotini, Doria, Mike, Stephanie, Tyler, Ben, Amy, Christy, Karen, Anastasia, Jamie, Alex and Alexander, Toni, Gina, Julie, R.J., Allie, Vickie, Petra, Bob, Joseph, Avgi, Christopher, Elizabeth, Jaxon, Judi, Bodil, Ole, and others known to you.

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## FOCUS Minnesota

***Clothing Closet Update*** — Thank you all very much for your generous donations of winter clothing and coats. Our stores are FULL! With spring weather coming, we are no longer taking winter items, but will welcome spring and summer clothing after April 15.

***Food Shelf Needs*** — We have ample supply at the moment of boxed macaroni and cheese, honey, flour, and sugar. We are in need of: shelf stable milk or dried milk, pancake mix and syrup, pasta sauce, peanut butter (smaller jars are easier to carry), jelly, packages of graham crackers and cookies, ground coffee, tea bags, hot chocolate packets, cake frosting, canned meats, pasta sauce, any kind of pasta, canned vegetables, any kind of oil (olive, corn, vegetable), cereal and instant oatmeal, raisins, meals in a can such as beef stew, SpaghettiOs®, ravioli, etc, all kinds of soups, cookies, and crackers.

*Thank you in advance for all you do to love and support our clients.*



*Scan the QR code to give through Venmo.*

*When giving through Venmo, please provide both your first AND last name in order to receive proper credit for your contribution.*

# Calendar of the Week

## Sunday, February 27: Judgment Sunday (Meatfare)

8:30 a.m. – Orthros; 9:30 a.m. – Divine Liturgy; Church School  
11:30 a.m. – Philoptochos General Meeting, Terrace Room

## Tuesday, March 1

12:00 noon – Senior Citizens' Social, Terrace Room

## Wednesday, March 2

6:30 p.m. – Choir Rehearsal, Nave

## Friday, March 4

7:00 a.m. – Men's Fellowship, Fireside Room  
6:30 p.m. – Koliva Workshop, Kitchen

## Saturday, March 5: Second Saturday of Souls

9:00 a.m. – Orthros; 10:00 a.m. – Divine Liturgy  
9:00 a.m. – Bible Study, Lecture Room  
5:00 p.m. – Great Vespers

## Sunday, March 6: Forgiveness Sunday (Cheesefare)

• *“The Messenger” News Item Deadline: April Issue*

8:30 a.m. – Orthros; 9:30 a.m. – Divine Liturgy; Church School  
4:00 p.m. – Forgiveness Vespers

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## Lenten Schedule

### Monday, March 7 only (First Day of Great Lent)

6:00 p.m. – Great Compline

### Wednesdays during Great Lent

4:00 p.m. – Holy Confession  
5:30 p.m. – Liturgy of the Presanctified Gifts (note new start time)  
after Liturgy – Lenten Dinner; Church School Confession;  
Youth Activities  
7:30 p.m. – Choir Rehearsal

### Fridays during Great Lent

4:00 p.m. – Holy Confession  
6:00 p.m. – Salutations to the Theotokos (Akathist Hymn)

### Sundays during Great Lent

4:00 p.m. – Pan-Orthodox Lenten Vespers (various churches)

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# Announcements

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## Food Shelf Needs for Next Week

Oatmeal or Cream of Wheat

*February's recipient has been Simpson Food Pantry.*

*March's recipient will be FOCUS Minnesota.*

Please do not bring opened packages. They will be discarded.

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## Coffee Hour Hosts Needed

Coffee hour hosts are needed for Sundays, March 6 and 13. Please contact the Church Office if you would enjoy hosting.

## Senior Citizens' Valentine Social

*Tuesday, March 1*

The Senior Citizens' Club is having a Social on Tuesday, March 1, at 12:00 noon, in the Terrace Room. Please join us for fun, conversation, and food. Feel free to bring an appetizer to share. If you don't bring an appetizer - come anyway. We will also play Bingo. *Looking forward to seeing everyone!*

## For Prayer during Lent...

Complimentary copies of "A Rule of Prayer for Great Lent" are available in the bookstore.

## Lenten Opportunity

To help us grow in faith and as a community of faith, Father Tim is inviting all parishioners to participate in a Lenten read. He has chosen the book *Arise, O God! The Gospel of Christ's Defeat of Demons, Sin, and Death* by Father Andrew Stephen Damick for this Lent. Copies are available for purchase in the bookstore. Fr. Tim will post weekly reflections on the book throughout the six weeks of Lent.

## Film Screening: Man of God

The film, *Man of God*, will play nationwide in theaters one night only, at 7:00 p.m., on Monday, March 21. *Man of God* depicts the trials and tribulations of Saint Nektarios of Aegina. It will be shown at numerous theaters throughout the Metro area. To find a theater near you and to purchase tickets, see the link in this weekend's e-mails or contact the Church Office during the week for assistance.

# Philoptochos News

## Philoptochos Meeting Today

Join us at 11:30 in the Terrace Room for a Meet and Greet with Fr. Tim and Presvytera Gabriela! Refreshments will be served, and we'll have a meeting to review upcoming activities during Lent.

## Become a Member!

Did you know that six Orthodox orphanages, four Orthodox monasteries, and a dozen other Orthodox organizations are supported by the Philoptochos budget? Help us continue our good work by becoming a member today. Stop by our table in the Great Hall, or join us at our meeting in the Terrace Room at 11:30.

## Register for Sacred Baking Workshops in March

Stop by our table in the Great Hall to register for one or both of our upcoming free workshops.

- *Koliva (Memorial Wheat)*: Friday, March 4, 6:30-9:00 p.m.
- *Prosforo (Communion Bread)*: Saturday, March 19, 10:30 a.m.-1:30 p.m.



## From the Fathers...on Judgment Day

At the time of judgment, those who have lived rightly will be rewarded with eternal blessings, not on the basis of human opinion, but in accordance with the true nature of their life. May all of us attain these blessings through the grace and love of our Lord Jesus Christ.

—*Saint Nilos the Ascetic*

### Daily Bible Readings

#### *Monday, February 28*

III John 1:1-15 • Luke 19:29-40; 22:7-39

#### *Tuesday, March 1*

Jude 1:1-10 • Luke 22:39-42, 45-71; 23:1

#### *Wednesday, March 2*

Joel 3:12-21 • Joel 2:12-26

#### *Thursday, March 3*

Jude 1:11-25 • Luke 23:1-31, 33, 44-56

#### *Friday, March 4*

Zechariah 8:7-17 • Zechariah 8:19-23

#### *Saturday, March 5*

#### *First Saturday of Souls*

Galatians 5:22 – 6:2 • Matthew 6:1-13

#### *Sunday, March 6*

#### *Forgiveness Sunday (Cheesefare)*

Romans 13:11 – 14:4 • Matthew 6:14-21

#### *Saint Mary's Greek Orthodox Church*

3450 Irving Avenue South

Minneapolis, Minnesota 55408-3399

Telephone: 612.825.9595 • Facsimile: 612.825.9283

 Facebook: [www.facebook.com/stmarysgoc](http://www.facebook.com/stmarysgoc)

*Fr. Timothy Sas, Proistamenos; Fr. Jason Houck, Associate*

*Fr. John Kostas; Deacon Paul Kalina*