

SAINT MARY'S GREEK ORTHODOX CHURCH

Sunday, February 6, 2022
Sunday of the Canaanite; Saint Photios

The Divine Liturgy

In accordance with the City of Minneapolis' regulations and on the advice of the Greek Orthodox Metropolis of Chicago, FACE MASKS ARE REQUIRED for entry into our building for worship, fellowship, or other activities.

Commemoration: Sunday of the Canaanite; Photios the Great, Patriarch of Constantinople; Bucolus, Bishop of Smyrna; Barsanuphius the Great and John of Gaza; Afterfeast of the Presentation of Our Lord and Savior in the Temple; Ilyan of Homs.

Morning Gospel: Eleventh

Tone: Plagal Fourth

Variable Hymns and Readings in the Liturgy

At the Second Antiphon

Save us, O Son of God, carried in the arms of the righteous Simeon; we sing to you, Alleluia!

Hymn of the Presentation of Christ, First Tone

Rejoice, O woman full of grace, O Virgin Theotokos, for there rose from you the Sun of Justice, Christ our God, who enlightens those in darkness. You too exult and be glad, just and aged Simeon, for you carried in your arms the Redeemer of our souls, who bestows on us the grace of resurrection.

At the Small Entrance

Hymn of Entrance

Come, let us worship and bow down before Christ. Save us, O Son of God, who rose from the dead, save us who sing to You: Alleluia!

Resurrection Hymn, Plagal Fourth Tone

From on high you descended, O merciful Lord. You accepted the cross and three days in the tomb to free us from the bondage of sin, O our life and resurrection. Glory to you, O Lord.

Repeat the Hymn of the Presentation, page 1 of leaflet.

Hymn of Saint Photios, Fourth Tone

As a teacher to the world, being one with the Apostles, intercede with the Lord of all, O Photios, that He may grant the world peace, and to our souls His great mercy.

Hymn of the Dormition of the Theotokos, First Tone

In giving birth, you preserved your virginity, O Theotokos; in falling asleep you did not forsake the world. You passed over into life, O Mother of Life; and by your prayers you deliver our souls from death!

Kontakion of the Presentation of the Lord, First Tone

For our salvation you took flesh and you sanctified the Virgin’s womb; you blessed the aged Simeon as you lay resting in his arms; and having come to save us all, O Christ our God, to these troubled times, bring your lasting peace. Give strong and undaunted faith to all your people, O only lover of mankind.

Epistle.....*Hebrews 7:26 – 8:2*

Brethren, it was fitting that we should have such a high priest, holy, blameless, unstained, separated from sinners, exalted above the heavens. He has no need, like those high priests, to offer sacrifices daily, first for his own sins and then for those of the people; he did this once for all when he offered up himself. Indeed, the law appoints men in their weakness as high priests, but the word of the oath, which came later than the law, appoints a Son who has been made perfect for ever. Now the point in what we are saying is this: we have such a high priest, one who is seated at the right hand of the throne of the Majesty in heaven, a minister in the sanctuary and the true tent which is set up not by man but by the Lord.

Gospel.....*Matthew 15:21-28*

At that time, Jesus went to the district of Tyre and Sidon. And behold, a Canaanite woman from that region came out and cried, “Have mercy on me, O Lord, Son of David; my daughter is severely possessed by a

demon.” But he did not answer her a word. And his disciples came and begged him, saying, “Send her away, for she is crying after us.” He answered, “I was sent only to the lost sheep of the house of Israel.” But she came and knelt before him, saying, “Lord, help me.” And he answered, “It is not fair to take the children’s bread and throw it to the dogs.” She said, “Yes, Lord, yet even the dogs eat the crumbs that fall from their master’s table.” Then Jesus answered her, “O woman, great is your faith! Be it done for you as you desire.” And her daughter was healed instantly.

The Communion Prayers are found on page 4 of this leaflet.

Stewardship Prayer

Lord Jesus Christ, our God, accept our offerings as You have accepted the gifts of Your people throughout the ages. We offer these gifts to Your glory, for the support of the ministries of Your holy Church, for the alleviation of suffering and hunger, and for the proclamation of Your Gospel to the whole world.

Grant us Your blessing, Lord our Savior, that we may always be faithful stewards, continuing to share the gifts you have given us, by the power of Your grace, mercy, and love. May Your name be glorified forever. Amen.

Prosforo for today’s Liturgy is provided by Presbytera Alexandra Houck.

Coffee is available in the Great Hall following this morning’s Liturgy. Join us for coffee and conversation!

House Blessings

Through February, Fr. Tim and Fr. Jason are conducting house blessings. To schedule a blessing, please contact the Church Office: stmarysgoc@stmarysgoc.org or call 612.825.9595. It is within our Orthodox tradition for lay people to bless their own homes with bottled Holy Water, as it states in the Great Blessing of the Waters service: “For those who are sprinkled with it and take it for the blessing of homes; let us pray to the Lord.”

Orthodox Parenting Talks

Sunday, February 13, during Church School

Parents, please join us in the Terrace Room immediately after Holy Communion for a talk on spirituality in the home with children. Led by Fr. Jason.

THE COMMUNION PRAYERS

I believe and confess, Lord, that You are truly the Christ, the Son of the living God, who came into the world to save sinners, of whom I am the first. I also believe that this is truly Your pure Body and that this is truly Your precious Blood. Therefore, I pray to You, have mercy upon me, and forgive my transgressions, voluntary and involuntary, in word and deed, known and unknown. And make me worthy without condemnation to partake of Your pure Mysteries for the forgiveness of sins and for life eternal. Amen.

Behold, I approach for Divine Communion. O Maker, burn me not as I partake, for You are fire consuming the unworthy. But cleanse me from every stain.

Receive me today, O Son of God, as a partaker of Your mystical supper; for I will not betray Your mysteries to Your enemies, nor give You a kiss as did Judas, but as the thief I confess You: Remember me, O Lord, in Your kingdom.

Tremble, O man, as you behold the divine Blood. It is a burning coal that sears the unworthy. The Body of God both deifies and nourishes me: It deifies the spirit and wondrously nourishes the mind.

You have smitten me with yearning, O Christ, and by Your divine eros You have changed me. But burn up my sins with spiritual fire, and grant me to be filled with delight in You, so that, leaping for joy, I may magnify, O Good One, Your two comings.

How shall I, who am unworthy, enter into the splendor of Your saints? If I dare to enter into the bridal chamber, my clothing will accuse me, since it is not a wedding garment; and being bound up, I shall be cast out by the angels. In Your love, Lord, cleanse my soul and save me.

Loving Master, Lord Jesus Christ, my God, let not these holy Gifts be to my condemnation because of my unworthiness, but for the cleansing and sanctification of soul and body and the pledge of the future life and kingdom. It is good for me to cling to God and to place in Him the hope of my salvation.

Approaching to receive, each makes a reverence and says:

✠ Behold I approach Christ, our immortal King and God.

Calendar of the Week

Sunday, February 6: Sunday of the Canaanite

“The Messenger” News Item Deadline

8:30 a.m. – Orthros; 9:30 a.m. – Divine Liturgy; Church School

Tuesday, February 8

6:00 p.m. – Adult Open Gym, Great Hall

4:00-6:00 p.m. – Visitation for Kenny Schwark, Trisagion at 4:00 p.m.

Washburn-McReavy Bloomington Chapel

2300 West Old Shakopee Road, Bloomington

Wednesday, February 9

9:30 a.m. – FAITH Play Group, Location to be announced

• *Intercessory Prayer and Women’s Bible Study are cancelled for today.*

11:00 a.m. – Funeral Service for Kenny Schwark, St. Mary’s

Visitation from 10:00 a.m.

6:15 p.m. – Senior GOYA, Youth Room

6:30 p.m. – Choir Rehearsal, Nave

Thursday, February 10: Saint Haralambos

8:30 a.m. – Orthros; 9:30 a.m. – Divine Liturgy

Saturday, February 12

9:00 a.m. – Bible Study, Lecture Room

5:00 p.m. – Great Vespers

Sunday, February 13: The Publican and Pharisee

Triodion Begins

Godparent Sunday; Sweet Sunday

8:30 a.m. – Orthros; 9:30 a.m. – Divine Liturgy; Church School
after Communion – Parent Presentation, Terrace Room

after Liturgy – Philoptochos Sweet Sunday

4:30 p.m. – YAL Super Bowl Party, St. George Antiochian Church



Scan the QR code to give through Venmo.

When giving through Venmo, please provide both your first AND last name in order to receive proper credit for your contribution.

Announcements

Food Shelf Needs for Next Week

Soups, Spam, kids' cereals

February's recipient is Simpson Food Pantry.

Please do not bring opened packages. They will be discarded.

Souper Bowl Sunday



Next Sunday, February 13, is Super Bowl Sunday and *Souper Bowl* Sunday! We encourage everyone to help feed the hungry in our midst by either bringing cans of soup (or other food items) and/or making a monetary donation.

Canned items can be placed on the food donation cart and monetary gifts placed in the wooden box on the cart.

Food donations will go to Simpson Food Pantry (February's food recipient). Monetary donations will be given to FOCUS Minnesota. *Please make checks payable to St. Mary's.*

YAL Super Bowl Party

Young adults ages 18-35 are invited to gather at St. George Antiochian Orthodox Church in West St. Paul for fellowship, food, refreshments, and football! Festivities are next Sunday, February 13, and begin at 4:30 p.m. with kickoff at 5:30. Main dish and beverages will be provided, please bring a side dish to share. Donation of two canned goods or non-perishable items for FOCUS are encouraged. RSVP to: twincitiesyal@gmail.com or at the link in the instagram bio (@twincitiesyal).

Discover OCF ~ February 25, 6:00 p.m.

Calling all high school juniors and seniors! The college students at the University of Minnesota want to meet YOU and share all about the Orthodox opportunities in college! Orthodox Christian Fellowship is a national organization for college students to explore their faith. OCF is inviting you to join them on Friday, February 25, 6:00-7:30 p.m. at the University of Minnesota to get a sneak peek into the college experience. Please RSVP on our website under events at www.ocfumn.com For parking instructions and meeting location, email ocf@umn.edu. See you there!

Vacation Church School

Save the Dates! June 13-17 • 8:45 a.m.-12:00 noon

This year we will explore Superheroes — Super Saints Children 4 years old (and potty trained) through those entering grade 6 in the fall. Also needed are helpers/crew in grades 7-12 grades and adult. Registration begins soon!

Philoptochos News

Plans Underway for Sweet Sunday on February 13

Philoptochos members, please stop by our table in the Great Hall to volunteer to help with this fundraiser for Children's HeartLink. We need food donations as well as in-person helpers. Thank you!

Philoptochos Membership Drive Is Underway

Did you know Philoptochos financially supports seven Twin Cities food shelves? We can't do this without you. Please consider joining us during our annual Philoptochos Membership Drive, which runs through March. Women of the parish, you should have received your membership packet in the mail last week. Please take a few minutes to fill out the form and return it to the Church Office.

Prayer List

Please remember the sick, the suffering, and those in need, especially: The family of Kenny Schwark; Those suffering from COVID-19 and those who care for them; our brothers and sisters living through the aftermath of disaster; for the victims of violence; Metro Hope Ministries; Orthodox Christian Prison Ministry; Families Moving Forward; FOCUS Minnesota; Our brothers and sisters serving in the Armed Forces throughout the world especially John Ellis; San Miguel Del Lago Orphanage; David, Nino, Joe, Tom, Gigi, Zossima, Donnarae, Samira, Mary K., Dreux, Monte, Bethany, Mark, Owen, Chrysanthy, Estelle, Justine, Melissa, Megan, Dallas, Lenzie, Lisa, Michael, Robbie, Judi, Evonne, James, Nichole, Constantine, Theodora, Mary, Irene Maria, Marion, Apostolos, Olivia, Lincoln, Joan, Carole, Patty, Archimandrite Dionysios, Karrisra, Corina, Tom, George R., Ken, Nancy and Tim, Olga, Peter, Cora and family, Lamona, Bo, Tom, Lynn, Deb, Sarah, Maia, Travis, Kassie, Tahnlee, Lois, Kalli, Quinn, Annie, Sue & Jim, Steve, Sue, Jane, Rifka, Pat, Nancy, Dave, Pam, Gilbert, George P., Danielle, Jenny, John L., Steven E., Julia, Presvytera Janis, Sandra, Sophia, George, Rick, Bryn, Nancy, Alex, Eryn, Phil, Karen, Phil, Joyce, Dorla, Linda, Fr. Elias, Vicki, Bill, Diana, Elpis Fotini, Doria, Mike, Stephanie, Tyler, Ben, Amy, Christy, Karen, Anastasia, Jamie, Alex and Alexander, Toni, Gina, Julie, R.J., Allie, Vickie, Petra, Bob, Joseph, Avgi, Christopher, Elizabeth, Jaxon, Judi, Bodil, Ole, and others known to you.

From the Fathers...on Faith

Faith and hope are not merely casual or theoretical matters.

Faith requires a steadfast soul,
while hope needs a firm will and an honest heart.

—*Saint Theognostos of Alexandria*

Daily Bible Readings

Monday, February 7

I Peter 2:21 – 3:9 • Mark 12:13-17

Tuesday, February 8

Theodore the Commander & Great Martyr

Ephesians 2:4-10 • Matthew 10:16-22

Wednesday, February 9

I Peter 4:1-11 • Mark 12:28-37

Thursday, February 10

Saint Haralambos

II Timothy 2:1-10 • John 15:17 – 16:2

Friday, February 11

Hebrews 4:14 – 5:6 • Matthew 10:1, 5-8

Saturday, February 12

II Timothy 2:11-19 • Luke 18:2-8

Sunday, February 13

Sunday of the Publican and Pharisee: Triodion Begins

II Timothy 3:10-15 • Luke 18:10-14

Saint Mary's Greek Orthodox Church

3450 Irving Avenue South

Minneapolis, Minnesota 55408-3399

Telephone: 612.825.9595 • Facsimile: 612.825.9283

 Facebook: www.facebook.com/stmarysgoc

Fr. Timothy Sas, Proistamenos; Fr. Jason Houck, Associate

Fr. John Kostas; Deacon Paul Kalina