

SAINT MARY'S GREEK ORTHODOX CHURCH

Sunday, May 22, 2022
Sunday of the Samaritan Woman

The Divine Liturgy

Commemoration: Sunday of the Samaritan Woman; Basiliscus the Martyr, Bishop of Comana; Holy New Martyrs Demetrius and Paul of Tripoli; John-Vladimir, Ruler of Serbia.

Morning Gospel: Seventh

Tone: Fourth

Variable Hymns and Readings in the Liturgy

Christ Is Risen

Christ is risen from the dead, trampling down death by death, and upon those in the tombs, bestowing life!

At the Second Antiphon

Save us, O Son of God, who rose from the dead, save us who sing to you: Alleluia!

At the Small Entrance

Hymn of PASCHA, Plagal First Tone

Christ is risen from the dead, trampling down death by death, and upon those in the tombs, bestowing life!

Hymn of Entrance

Bless God in the churches; the Lord from the fountains of Israel. Save us, O son of God who rose from the dead, save us who sing to you: Alleluia!

Resurrection Hymn, Fourth Tone

The joyful news of your resurrection was proclaimed by the angel to the women disciples. Having thrown off the curse that fell on Adam, they ran elatedly to tell the apostles: Death has been vanquished; Christ our God is risen from the dead, blessing all the world with his great mercy.

Hymn of Mid-Pentecost, Plagal Fourth Tone

In the midst of the Paschal season, Savior, let my thirsty soul partake of the waters of true worship; for you call out inviting all: Let those who thirst come to me and drink. O Fountain of Life, Christ our God, glory to you.

Hymn of the Dormition of the Theotokos, First Tone

In giving birth, you preserved your virginity, O Theotokos; in falling asleep you did not forsake the world. You passed over into life, O Mother of Life; and by your prayers you deliver our souls from death!

Kontakion of PASCHA, Plagal Fourth Tone

Into the grave you descended, Immortal One, yet you destroyed the power of Hades, and as victor you arose, O Christ our God; you proclaimed to the myrrh-bearing women a greeting of joy, you brought peace to your holy apostles, and to the fallen you granted resurrection.

Epistle.....Acts 11:19-30

In those days, those apostles who were scattered because of the persecution that arose over Stephen traveled as far as Phoenicia and Cyprus and Antioch, speaking the word to none except Jews. But there were some of them, men of Cyprus and Cyrene, who on coming to Antioch spoke to the Greeks also, preaching the Lord Jesus. And the hand of the Lord was with them, and a great number that believed turned to the Lord. News of this came to the ears of the church in Jerusalem, and they sent Barnabas to Antioch. When he came and saw the grace of God, he was glad; and he exhorted them all to remain faithful to the Lord with steadfast purpose; for he was a good man, full of the Holy Spirit and of faith. And a large company was added to the Lord. So Barnabas went to Tarsus to look for Saul; and when he had found him, he brought him to Antioch. For a whole year they met with the church, and taught a large company of people; and in Antioch the disciples were for the first time called Christians. Now in these days prophets came down from Jerusalem to Antioch. And one of them named Agabos stood up and foretold by the Spirit that there would be a great famine over all the world; and this took place in the days of Claudius. And the disciples determined, every one according to his ability, to send relief to the brethren who lived in Judea, and they did so, sending it to the elders by the hand of Barnabas and Saul.

Gospel.....*John 4:5-42*

At that time, Jesus came to a city of Samaria, called Sychar, near the field that Jacob gave to his son Joseph. Jacob's well was there, and so Jesus, wearied as he was with his journey, sat down beside the well. It was about the sixth hour.

There came a woman of Samaria to draw water. Jesus said to her, "Give me a drink." For his disciples had gone away into the city to buy food. The Samaritan woman said to him, "How is it that you, a Jew, ask a drink of me, a woman of Samaria?" For Jews have no dealings with Samaritans. Jesus answered her, "If you knew the gift of God, and who it is that is saying to you, 'Give me a drink,' you would have asked him and he would have given you living water." The woman said to him, "Sir, you have nothing to draw with, and the well is deep; where do you get that living water? Are you greater than our father Jacob, who gave us the well, and drank from it himself, and his sons, and his cattle?" Jesus said to her, "Everyone who drinks of this water will thirst again, but whoever drinks of the water that I shall give him will never thirst; the water that I shall give him will become in him a spring of water welling up to eternal life." The woman said to him, "Sir, give me this water, that I may not thirst, nor come here to draw."

Jesus said to her, "Go, call your husband, and come here." The woman answered him, "I have no husband." Jesus said to her, "You are right in saying, 'I have no husband'; for you have had five husbands, and he whom you now have is not your husband; this you said truly." The woman said to him, "Sir, I perceive that you are a prophet. Our fathers worshiped on this mountain; and you say that Jerusalem is the place where men ought to worship." Jesus said to her, "Woman, believe me, the hour is coming when neither on this mountain nor in Jerusalem will you worship the Father. You worship what you do not know; we worship what we know, for salvation is from the Jews. But the hour is coming, and now is, when the true worshipers will worship the Father in spirit and truth, for such the Father seeks to worship him. God is spirit, and those who worship him must worship in spirit and truth." The woman said to him, "I know that the Messiah is coming (he who is called Christ); when he comes, he will show us all things." Jesus said to her, "I who speak to you am he."

Just then his disciples came. They marveled that he was talking with a woman, but none said, "What do you wish?" or, "Why are you talking with her?" So the woman left her water jar, and went away into the city and said to the people, "Come, see a man who told me all that I ever did. Can this be the Christ?" They went out of the city and were coming to him.

Meanwhile the disciples besought him, saying “Rabbi, eat.” But he said to them, “I have food to eat of which you do not know.” So the disciples said to one another, “Has anyone brought him food?” Jesus said to them, “My food is to do the will of him who sent me, and to accomplish his work. Do you not say, ‘There are yet four months, then comes the harvest’? I tell you, lift up your eyes, and see how the fields are already white for harvest. He who reaps receives wages, and gathers fruit for eternal life, so that sower and reaper may rejoice together. For here the saying holds true, ‘One sows and another reaps.’ I sent you to reap that for which you did not labor; others have labored, and you have entered into their labor.”

Many Samaritans from that city believed in him because of the woman’s testimony. “He told me all that I ever did.” So when the Samaritans came to him, they asked him to stay with them; and he stayed there two days. And many more believed because of his word. They said to the woman, “It is no longer because of your words that we believe, for we have heard ourselves, and we know that this is indeed Christ the Savior of the world.”

Megalynarion of PASCHA, First Tone

The Angel spoke to her who is full of grace: Rejoice, O pure virgin, and again I say rejoice; your Son is risen from the grave on the third day.

Shine, Shine, O new Jerusalem, for the glory of the Lord is risen upon you. Now dance and be glad O Sion; and you, O pure Theotokos, exalt in the rising of your Son!

The Communion Prayers are found on page 5 of this leaflet.

Communion Hymn

Receive the Body of Christ, and taste him who is the fountain of immortality.

Instead of “We have seen the light...,” we chant “Christ is risen.”

Stewardship Prayer

Lord Jesus Christ, our God, accept our offerings as You have accepted the gifts of Your people throughout the ages. We offer these gifts to Your glory, for the support of the ministries of Your holy Church, for the alleviation of suffering and hunger, and for the proclamation of Your Gospel to the whole world.

Grant us Your blessing, Lord our Savior, that we may always be faithful stewards, continuing to share the gifts you have given us, by the power of Your grace, mercy, and love. May Your name be glorified forever. Amen.

THE COMMUNION PRAYERS

I believe and confess, Lord, that You are truly the Christ, the Son of the living God, who came into the world to save sinners, of whom I am the first. I also believe that this is truly Your pure Body and that this is truly Your precious Blood. Therefore, I pray to You, have mercy upon me, and forgive my transgressions, voluntary and involuntary, in word and deed, known and unknown. And make me worthy without condemnation to partake of Your pure Mysteries for the forgiveness of sins and for life eternal. Amen.

Behold, I approach for Divine Communion. O Maker, burn me not as I partake, for You are fire consuming the unworthy. But cleanse me from every stain.

Receive me today, O Son of God, as a partaker of Your mystical supper; for I will not betray Your mysteries to Your enemies, nor give You a kiss as did Judas, but as the thief I confess You: Remember me, O Lord, in Your kingdom.

Tremble, O man, as you behold the divine Blood. It is a burning coal that sears the unworthy. The Body of God both deifies and nourishes me: It deifies the spirit and wondrously nourishes the mind.

You have smitten me with yearning, O Christ, and by Your divine eros You have changed me. But burn up my sins with spiritual fire, and grant me to be filled with delight in You, so that, leaping for joy, I may magnify, O Good One, Your two comings.

How shall I, who am unworthy, enter into the splendor of Your saints? If I dare to enter into the bridal chamber, my clothing will accuse me, since it is not a wedding garment; and being bound up, I shall be cast out by the angels. In Your love, Lord, cleanse my soul and save me.

Loving Master, Lord Jesus Christ, my God, let not these holy Gifts be to my condemnation because of my unworthiness, but for the cleansing and sanctification of soul and body and the pledge of the future life and kingdom. It is good for me to cling to God and to place in Him the hope of my salvation.

Approaching to receive, each makes a reverence and says:

✠ Behold I approach Christ, our immortal King and God.

Today

Prosforo is provided by Yana Patridge.

Memorial Prayers today are offered for ***James and Daphne Sioris, Paul and Pauline Peters, Bill Peters, and Rose, John, and Peter Mercury.***

The coffee hour today is hosted by the Sioris family in memory of departed family members.

Prayer Ministry

Please remember the sick, the suffering, and those in need, especially: The family of Elaine Smith; Those suffering from COVID-19 and those who care for them; for the people of Ukraine; our brothers and sisters living through the aftermath of disaster; for the victims of violence; Metro Hope Ministries; Orthodox Christian Prison Ministry; Families Moving Forward; FOCUS Minnesota; Our brothers and sisters serving in the Armed Forces throughout the world especially John Ellis; San Miguel Del Lago Orphanage; Elena, Speranta, Maria, Dave Ruesink, Liz, Efstatia, Jordan, David, Nino, Joe, Tom, Gigi, Zossima, Donnarae, Samira, Mary K., Dreux, Monte, Bethany, Mark, Owen, Chrysanthy, Estelle, Justine, Melissa, Megan, Dallas, Lenzie, Lisa, Michael, Robbie, Judi, Evonne, James, Nichole, Constantine, Theodora, Mary, Irene Maria, Marion, Apostolos, Olivia, Lincoln, Joan, Carole, Patty, Archimandrite Dionysios, Karrisra, Corina, Tom, George R., Ken, Nancy and Tim, Olga, Peter, Cora and family, Bo, Tom, Lynn, Deb, Sarah, Maia, Travis, Kassie, Tahnlee, Lois, Kalli, Quinn, Annie, Sue & Jim, Steve, Sue, Jane, Rifka, Pat, Nancy, Dave, Pam, Gilbert, George P., Danielle, Jenny, John L., Steven E., Julia, Presvytera Janis, Sandra, Sophia, George, Rick, Bryn, Nancy, Alex, Eryn, Phil, Karen, Phil, Dorla, Linda, Fr. Elias, Vicki, Bill, Diana, Elpis Fotini, Doria, Mike, Stephanie, Tyler, Ben, Amy, Christy, Karen, Anastasia, Jamie, Alex and Alexander, Toni, Gina, Julie, R.J., Allie, Vickie, Petra, Bob, Joseph, Avgi, Christopher, Elizabeth, Jaxon, Judi, Bodil, Ole, and others known to you.



Scan the QR code to give through Venmo.

When giving through Venmo, please provide both your first AND last name in order to receive proper credit for your contribution.

Calendar of the Week

Sunday, May 22: Sunday of the Samaritan Woman

8:30 a.m. – Matins; 9:30 a.m. – Divine Liturgy
after Liturgy – Harvest Pack

Tuesday, May 24

5:30 p.m. – Philoptochos Spring Finale, Terrace Room

Wednesday, May 25

10:30 a.m. – Intercessory Prayer, Nave
11:00 a.m. – Women’s Bible Study, Fireside Room
6:30 p.m. – Choir Rehearsal, Nave

Thursday, May 26

9:30 a.m. – FAITH Playgroup, Great Hall and Terrace Room
7:00 p.m. – Edina Koinonia
7:00 p.m. – Stewardship Committee, Fireside Room

Friday, May 27-Monday May 30

Junior Olympics in Chicago

Saturday, May 28

9:00 a.m. – Bible Study, Fireside Room

Sunday, May 29: Sunday of the Blind Man

8:30 a.m. – Matins; 9:30 a.m. – Divine Liturgy
12:00 noon – Memorial Service, Lakewood Cemetery
(St. Mary’s Section)



Lost and Found

Are you missing an item of clothing or a child’s toy or a pair of reading glasses? We have quite a number of items found around the building over the past few months. Some have been left in the coat areas for several weeks and others were found in the pews after a service. Please take a look at the cart outside the church office to see if any of these items belong to you.

Announcements

Food Shelf Needs for May

Joyce is in great need of household items: diapers, wipes, tampons (not pads), toothbrushes, toothpaste, as well as ramen. These items may be brought any week during May.

May's recipient is Joyce Uptown Food Shelf.

Please do not bring opened packages. They will be discarded.

Pledge Cards and Online Giving

A number of updated pledge cards have been received recently. If you are one who has submitted a card with a change in the amount you are giving and contribute online, you will need to go to your account and make the change. We suggest you cancel the current subscription and begin a new one to avoid any unexpected overlap. As a protection for both the giver and the church, electronic giving administrators are not allowed into the area to make contribution changes.

Lake Minnetonka Boat Cruise and Dinner

Today is the last Sunday to purchase tickets for the Lake Minnetonka Boat Cruise and Dinner on the Lady of the Lake paddle wheeler as part of the upcoming AHEPA convention. The fabulous Dinner Cruise is the culmination of the convention on Saturday evening, June 4. See the table in the Great Hall after Liturgy for further information.

Sensory Saturdays

Saint George Greek Orthodox Church invites families from around the Twin Cities for Divine Liturgy on Saturday, June 4, 9:30 a.m., in a sensory friendly environment followed by fellowship for families and individuals with disabilities.

Dimmed lights, no microphones, quiet chanting are a part of this special Liturgy. Adaptive equipment, such as chairs, beanbags, etc., are welcome

Stay afterwards in the hall for fellowship, snacks, and to connect with other special needs families in the Twin Cities.

Please RSVP: bit.ly/stgeorgess or with the QR code.



Philoptochos News

Spring Finale

~ Tuesday, May 24 ~

The Spring Finale Dinner and Meeting will take place on Tuesday, May 24, 5:30 p.m., at St. Mary's. This is our last gathering until the fall and we'd love to see you there! Please RSVP at the Philoptochos table during coffee hour.

Baklava Baking Project

We are preparing for the Taste of Greece 2022! Baklava chair Elena Gabor has scheduled June 15, 20, 21, and 22 for assembly and baking. Please consider signing up for a shift or two. Many hands lighten the load. You can volunteer on the Sign Up Genius link (in the Weekly Update e-mail) or contact Elena directly at elenagabor14@gmail.com or 952.288.3011.



Youth News

~ Vacation Church School ~

June 13-17 • 8:45 a.m.-12:00 noon

This year we will explore Superheroes — Super Saints

Children 4 years old (and potty trained) through those entering grade 6 in the fall. Also needed are helpers/crew in grades 7-12 grades and adult. Registration link: tinyurl.com/stmarysVCS2022

Summer Camp at Camp Wapogasset

July 2-8, 2022

Summer Camp registration is underway and registrations are coming in!

• *Registration Fee Schedule* •

• Registration Fee: \$505.00. Registration closes this Thursday, May 26
Follow us on our website: stmaryscamp.com and Facebook:
facebook.com/campstmarys/

From the Fathers...on Worship

No one may whisper, nor slumber, nor laugh, nor nod;
for, in church, all ought to stand wisely, soberly, and attentively,
having their attention fixed upon the Word of the Lord.

–Anonymous (Teaching of the Twelve Apostles)

Daily Bible Readings

Monday, May 23

Acts 12:12-17 • John 8:42-51

Tuesday, May 24

Acts 12:25; 13:1-12 • John 8:51-59

Wednesday, May 25

II Corinthians 4:6-15 • Matthew 11:2-15

Thursday, May 26

I Corinthians 4:9-16 • John 9:39 – 10:9

Friday, May 27

Acts 15:5-12 • John 10:17-28

Saturday, May 28

Acts 15:35-41 • John 10:27-38

Sunday, May 29

Sunday of the Blind Man

Acts 16:16-34 • John 9:1-38

Saint Mary's Greek Orthodox Church

3450 Irving Avenue South

Minneapolis, Minnesota 55408-3399

Telephone: 612.825.9595 • Facsimile: 612.825.9283

 Facebook: www.facebook.com/stmarysgoc

Fr. Timothy Sas, Proistamenos; Fr. Jason Houck, Associate

Fr. John Kostas; Deacon Paul Kalina