

SAINT MARY'S GREEK ORTHODOX CHURCH

Sunday, May 8, 2022

Sunday of the Myrrh-Bearing Women

The Divine Liturgy

Commemoration: Sunday of the Myrrh-Bearing Women; Arsenios the Great.

Variable Hymns and Readings in the Liturgy

Christ Is Risen

Christ is risen from the dead, trampling down death by death, and upon those in the tombs, bestowing life!

At the Second Antiphon

Save us, O Son of God, who rose from the dead, save us who sing to you: Alleluia!

At the Small Entrance

Hymn of PASCHA, Plagal First Tone

Christ is risen from the dead, trampling down death by death, and upon those in the tombs, bestowing life!

Hymn of Entrance

Bless God in the churches; the Lord from the fountains of Israel. Save us, O son of God who rose from the dead, save us who sing to you: Alleluia!

Resurrection Hymn, Second Tone

When you descended into death, Life immortal, you vanquished the power of hell by your resplendent divinity, and when you raised the dead from the depths of darkness, all the heavenly powers cried out triumphantly: O giver of life, Christ our God, glory to you.

Hymn of St. Joseph of Arimathea, Second Tone

The noble Joseph took your most pure body down from the tree. He wrapped it in clean linen, anointed it with spices, and placed it in a new tomb. But on the third day you rose, O Lord, bestowing on all the world your great mercy.

Hymn of the Myrrh-bearing Women, Second Tone

The angel stood by the tomb and cried out to the myrrh-bearing women: Myrrh would be fitting to anoint the dead, but Christ has shown himself to be free from corruption. Therefore, proclaim that the Lord is risen, bestowing on all the world his great mercy.

Hymn of the Dormition of the Theotokos, First Tone

In giving birth, you preserved your virginity, O Theotokos; in falling asleep you did not forsake the world. You passed over into life, O Mother of Life; and by your prayers you deliver our souls from death!

Kontakion of PASCHA, Plagal Fourth Tone

Into the grave you descended, Immortal One, yet you destroyed the power of Hades, and as victor you arose, O Christ our God; you proclaimed to the myrrh-bearing women a greeting of joy, you brought peace to your holy apostles, and to the fallen you granted resurrection.

Epistle..... I John 1:1-7

That which was from the beginning, which we have heard, which we have seen with our eyes, which we have looked upon and touched with our hands, concerning the word of life - the life was made manifest, and we saw it, and testify to it, and proclaim to you the eternal life which was with the Father and was made manifest to us - that which we have seen and heard we proclaim also to you, so that you may have fellowship with us; and our fellowship is with the Father and with his Son Jesus Christ. And we are writing this that our joy may be complete.

This is the message we have heard from him and proclaim to you, that God is light and in him is no darkness at all. If we say we have fellowship with him while we walk in darkness, we lie and do not live according to the truth; but if we walk in the light, as he is in the light, we have fellowship with one another, and the blood of Jesus his Son cleanses us from all sin.

Gospel..... Mark 15:43 - 16:8

At that time, Joseph of Arimathea, a respected member of the council, who was also himself looking for the kingdom of God, took courage and went to Pilate, and asked for the body of Jesus. And Pilate wondered if he were already dead; and summoning the centurion, he asked him whether he was already dead. And when he learned from the centurion that he was dead, he granted the body to Joseph. And he bought a linen shroud, and taking him down, wrapped him in the

linen shroud, and laid him in a tomb which had been hewn out of the rock; and he rolled a stone against the door of the tomb. Mary Magdalene and Mary the mother of Joses saw where he was laid.

And when the sabbath was past, Mary Magdalene, and Mary the mother of James, and Salome, bought spices, so that they might go and anoint him. And very early on the first day of the week they went to the tomb when the sun had risen. And they were saying to one another, "Who will roll away the stone for us from the door of the tomb?" And looking up, they saw that the stone was rolled back; for it was very large. And entering the tomb, they saw a young man sitting on the right side, dressed in a white robe; and they were amazed. And he said to them, "Do not be amazed; you seek Jesus of Nazareth, who was crucified. He has risen, he is not here; see the place where they laid him. But go, tell his disciples and Peter that he is going before you to Galilee; there you will see him, as he told you." And they went out and fled from the tomb; for trembling and astonishment had come upon them; and they said nothing to anyone, for they were afraid.

Megalyrnarion of PASCHA, First Tone

The Angel spoke to her who is full of grace: Rejoice, O pure virgin, and again I say rejoice; your Son is risen from the grave on the third day.

Shine, Shine, O new Jerusalem, for the glory of the Lord is risen upon you. Now dance and be glad O Sion; and you, O pure Theotokos, exalt in the rising of your Son!

The Communion Prayers are found on page 4 of this leaflet.

Communion Hymn

Receive the Body of Christ, and taste him who is the fountain of immortality.

Instead of "We have seen the light..." we chant "Christ is risen."

Stewardship Prayer

Lord Jesus Christ, our God, accept our offerings as You have accepted the gifts of Your people throughout the ages. We offer these gifts to Your glory, for the support of the ministries of Your holy Church, for the alleviation of suffering and hunger, and for the proclamation of Your Gospel to the whole world.

Grant us Your blessing, Lord our Savior, that we may always be faithful stewards, continuing to share the gifts you have given us, by the power of Your grace, mercy, and love. May Your name be glorified forever. Amen.

THE COMMUNION PRAYERS

I believe and confess, Lord, that You are truly the Christ, the Son of the living God, who came into the world to save sinners, of whom I am the first. I also believe that this is truly Your pure Body and that this is truly Your precious Blood. Therefore, I pray to You, have mercy upon me, and forgive my transgressions, voluntary and involuntary, in word and deed, known and unknown. And make me worthy without condemnation to partake of Your pure Mysteries for the forgiveness of sins and for life eternal. Amen.

Behold, I approach for Divine Communion. O Maker, burn me not as I partake, for You are fire consuming the unworthy. But cleanse me from every stain.

Receive me today, O Son of God, as a partaker of Your mystical supper; for I will not betray Your mysteries to Your enemies, nor give You a kiss as did Judas, but as the thief I confess You: Remember me, O Lord, in Your kingdom.

Tremble, O man, as you behold the divine Blood. It is a burning coal that sears the unworthy. The Body of God both deifies and nourishes me: It deifies the spirit and wondrously nourishes the mind.

You have smitten me with yearning, O Christ, and by Your divine eros You have changed me. But burn up my sins with spiritual fire, and grant me to be filled with delight in You, so that, leaping for joy, I may magnify, O Good One, Your two comings.

How shall I, who am unworthy, enter into the splendor of Your saints? If I dare to enter into the bridal chamber, my clothing will accuse me, since it is not a wedding garment; and being bound up, I shall be cast out by the angels. In Your love, Lord, cleanse my soul and save me.

Loving Master, Lord Jesus Christ, my God, let not these holy Gifts be to my condemnation because of my unworthiness, but for the cleansing and sanctification of soul and body and the pledge of the future life and kingdom. It is good for me to cling to God and to place in Him the hope of my salvation.

Approaching to receive, each makes a reverence and says:

✠ Behold I approach Christ, our immortal King and God.

Today

Prosforo is provided by Barbara Nichols.

Memorial Prayers today are offered for **Giannoula Bakritzis** (40 days); **Judith Wehr** (40 days) mother of Steve Wehr; **Angie** (1 year) & **Harry** (2 years) **Spell**; **Patricia Pollnow** (2 years); **Mary Maimares** (15 years).

The coffee hour is hosted by the Dovolis and Spell families.

The offering of bookmarks given to the women of the church today are shared in loving memory of Ann Nickolas, mother of Melpomeni Murdakes.

Prayer Ministry

Please remember the sick, the suffering, and those in need, especially:

Those suffering from COVID-19 and those who care for them; for the people of Ukraine; our brothers and sisters living through the aftermath of disaster; for the victims of violence; Metro Hope Ministries; Orthodox Christian Prison Ministry; Families Moving Forward; FOCUS Minnesota; Our brothers and sisters serving in the Armed Forces throughout the world especially John Ellis; San Miguel Del Lago Orphanage; Elena, Speranta, Maria, Dave Ruesink, Liz, Efstatia, Jordan, David, Nino, Joe, Tom, Gigi, Zossima, Donnarae, Samira, Mary K., Dreux, Monte, Bethany, Mark, Owen, Chrysanthy, Estelle, Justine, Melissa, Megan, Dallas, Lenzie, Lisa, Michael, Robbie, Judi, Evonne, James, Nichole, Constantine, Theodora, Mary, Irene Maria, Marion, Apostolos, Olivia, Lincoln, Joan, Carole, Patty, Archimandrite Dionysios, Karrisas, Corina, Tom, George R., Ken, Nancy and Tim, Olga, Peter, Cora and family, Bo, Tom, Lynn, Deb, Sarah, Maia, Travis, Kassie, Tahnlee, Lois, Kalli, Quinn, Annie, Sue & Jim, Steve, Sue, Jane, Rifka, Pat, Nancy, Dave, Pam, Gilbert, George P., Danielle, Jenny, John L., Steven E., Julia, Presvytera Janis, Sandra, Sophia, George, Rick, Bryn, Nancy, Alex, Eryn, Phil, Karen, Phil, Dorla, Linda, Fr. Elias, Vicki, Bill, Diana, Elpis Fotini, Doria, Mike, Stephanie, Tyler, Ben, Amy, Christy, Karen, Anastasia, Jamie, Alex and Alexander, Toni, Gina, Julie, R.J., Allie, Vickie, Petra, Bob, Joseph, Avgi, Christopher, Elizabeth, Jaxon, Judi, Bodil, Ole, and others known to you.



Scan the QR code to give through Venmo.

When giving through Venmo, please provide both your first AND last name in order to receive proper credit for your contribution.

Calendar of the Week

Sunday, May 8: Sunday of the Myrrh-Bearing Women
Mother's Day

8:30 a.m. – Matins; 9:30 a.m. – Divine Liturgy; Church School

Tuesday, May 10

12:00 noon – Senior Citizens' Meeting, *Lecture Room*

6:15 p.m. – Parish Council Meeting, Fireside Room

Wednesday, May 11

9:30 a.m. – FAITH Play Group, Great Hall and Terrace Room

10:30 a.m. – Intercessory Prayer, Nave

11:00 a.m. – Women's Bible Study, Fireside Room

6:15 p.m. – Senior GOYA, Youth Room

6:30 p.m. – Choir Rehearsal, Nave

Saturday, May 14

9:00 a.m. – Bible Study, Fireside Room

1:00 p.m. – HOPE/JOY End-of-Year Party

5:00 p.m. – Vespers

7:00 p.m. – Ladies' Night Out, Tortorelis home

7:00 p.m. – Orthodox Game League, Holy Trinity Church

Sunday, May 15: Sunday of the Paralytic

• *Last day of Church School*

8:30 a.m. – Matins; 9:30 a.m. – Divine Liturgy; Church School
after Liturgy – Fun Jam

11:30 a.m. – Missions and Outreach, Fireside Room

Happy Mother's Day!

Announcements

Food Shelf Needs for May

Joyce is in great need of household items: diapers, wipes, tampons (not pads), toothbrushes, toothpaste, as well as ramen. These items may be brought any week during May.

May's recipient is Joyce Uptown Food Shelf.

Please do not bring opened packages. They will be discarded.

Senior Citizens' Meeting

~ Tuesday, May 10 ~

Saint Mary's Seniors will gather for their monthly meeting and social on Tuesday, May 10, 12:00 noon, in the **Lecture Room**. Please note location change. Following our lunch, we will be entertained by Magician Justin Alan. We will end our afternoon with a short business meeting and Bingo.

Harvest Pack Event ~ Sunday, May 22



St. Mary's Missions and Outreach Ministry is sponsoring a meal pack event on Sunday, May 22, 2022.

We can use your help. Here's what's on:

- 8:00 a.m. - We need a few strong folks to help us unload the truck and set up the packing lines.
- 9:30 a.m. - Liturgy
- 11:15 a.m. (after Liturgy) - Pizza
- 11:30 a.m. - In the Terrace Room: Instructions on how to pack, then we begin to pack the meals! We expect to wrap up about 1:30 p.m.

Sign up today! tinyurl.com/yc28k9b6

In the Bookstore

Hot Off the Press and just in time for Mother's Day—*The Grace of Being There: Single Mother Saints in Our Lives* arrived this week. St. Mary's own Sandra Anderson was one of the contributors to this book. Copies are available in the bookstore.

Orthodox Game League

~ *Saturday, May 14* ~

Orthodox Game League resumes the fun on Saturday, May 14, 7:00 p.m., at Holy Trinity Orthodox Church. 956 Forest Street North, St. Paul. We'll meet in the Parish Center across the street from the church. Please bring a munchie or dessert to share. Game League is for adults ages 18 years and older to enjoy time with each other and play games. Contact Nikki Beauchamp, 612.910.2943, with questions or for more information.

YAL Spring Retreat

The Twin Cities Y.A.L. invites young adults to the 2022 Spring Retreat May 20-22! Our theme is "Balance." Steve Wehr is our speaker and will lead us in some great discussions! Please contact twincitiesyal@gmail.com with questions. The link to registration is: <https://forms.gle/FHfhxMLoKcKyYcFx8>.

AHEPA District 14 Convention Greek Nite

~ *Friday, June 3* ~

The St. Mary's community is invited to join the fun at the AHEPA District 14 Convention's Greek Nite on Friday, June 3, at the Bloomington Hilton.
Social Hour – 6:00 p.m.; Chicken Dinner – 7:00 p.m.
Dancing to Chris Kalogerson's Band – 8:30 p.m.

No speeches! Just great food, music, dancing, and fellowship. Also, don't miss the Daughter's of Penelope "brown bag" raffle!

Early Bird Price (by May 9) – \$50.00

Advance Price (after May 9) – \$55.00

At the door – \$60.00

Children under 10 (child's menu) – \$35.00

Tickets are available today in the Great Hall.



Philoptochos News

Today...

Go to the Philoptochos table in the Great Hall to sign up for...

Festival Baking Begins with Kourambiethes in May!

~ *Tuesday, May 17* ~

Festival baking gets underway next week with a day of baking kourambiethes (the powdery, buttery mound of deliciousness) then continuing in June with baklava assembly and baking! You're welcome for part or all of the day, and no experience is necessary. Volunteer at the Philoptochos table, or use the Sign-up Genius link in this week's Weekly Update e-mail.

Final Sacred Baking Workshop

Artoclasia (Blessing of Five Loaves)

Saturday, May 21, 10:00 a.m. (or after Liturgy)-2:00 p.m.

Register at the Philoptochos Table in the Social Hall or contact Toni Bazakos, 612.554.7861. There is no cost to attend. All parishioners are welcome to come and learn.

Spring Finale

~ *Tuesday, May 24* ~

The Spring Finale Dinner and Meeting will take place on Tuesday, May 24, 5:30 p.m., at St. Mary's. This is our last gathering until the fall and we'd love to see you there! Please RSVP at the Philoptochos table during coffee hour. Watch the bulletin, e-mails, and web page for more information.



Ladies' Night Out

~ *Saturday, May 14* ~

Join us for a St. Mary's Ladies' Night Out on Saturday, May 14, 6:00 p.m., at the Tortorelis' home, 7441 West Shore Drive, Edina. If you wish, please bring an appetizer or dessert to share (but not necessary). Drinks will be provided by Philoptochos.



News from FOCUS

It's Lunchtime!

This year, in February, we added our third lunch production day to our Wednesday schedule. This increase in the amount of food offered during the week, coupled with the Sunday hot dinner, brings our weekly meal count to about 500!

- We are looking for additional volunteers for two-hour shifts on Wednesday mornings, ideally to commit to come weekly to keep this program running smoothly. To volunteer, please contact David in the Church Office.

Opportunities with St. Paul Public Schools

We have been involved with St. Paul Public Schools since 2013, providing assistance to families in need. We have a few new partnerships with them this year that give us wonderful new opportunities to help families with school aged children.

Students have an acute need for nutritional support, clothing, and supplies. FOCUS Minnesota is prioritizing a collection of backpacks and school supplies from now through August 20 to provide kids and their families with help so that they can do their best in school.

Please think about donating:

- a working backpack to a middle school student,
- or some school supplies (intermediate level)
- or a sweatshirt/hoodie.

Place donations by FOCUS sign in the hallway leading to the Church Office.

Project Reach, a department of the St. Paul Public Schools, and FOCUS Minnesota will be partnering to hire a navigator to assist families in finding next level resources. This person will be shared by both organizations. It is a grant funded (renewable), 30 hour a week (.75 fte) position, that would be ideal for a new social work graduate, or someone with 1-2 years of experience working in a social services environment. We hope to have someone in place by early to mid-June. If you or anyone you know would be interested in this position, please send an inquiry to focustwincities@gmail.com for more information.

Youth News

Fun Jam 2022

Next Sunday ~ after Liturgy

Enjoy hot dogs and chips as well as cupcakes and ice cream (compliments of Harry Legeros Memorial).

There'll be face painting, bean bag toss, inflatable obstacle course, animal kingdom and 4 sports speed zone for the kids.

• If you'd like to help staff a station, help with food, or clean up, please contact *Georgia Andron*: greekborba@hotmail.com or 612.978.2793.

Don't miss it!

~ Vacation Church School ~

June 13-17 • 8:45 a.m.-12:00 noon

This year we will explore Superheroes — Super Saints

Children 4 years old (and potty trained) through those entering grade 6 in the fall. Also needed are helpers/crew in grades 7-12 grades and adult. Registration link: tinyurl.com/stmarysVCS2022

Summer Camp at Camp Wapogasset

July 2-8, 2022

Summer Camp registration is underway and registrations are coming in!

• *Registration Fee Schedule* •

- Early Bird Discount: \$485.00, ends May 10
- Standard Registration Fee: \$505.00, from May 11 through May 26

Follow us on our website: stmaryscamp.com and Facebook:

facebook.com/campstmarys/

Summer Camp Scholarship Essay Contest

The 2022 Summer Camp Scholarship Essay Contest is open to our entire Pan-Orthodox Community entering grades 6-12. Two Camp scholarship rebate coupons will be awarded in memory of Presvytera Mary Coniaris and James H. Zubulake. Camp registration fees will be rebated to two contest winners following Summer Camp.

Scholarship information is on the Camp website.

*Scholarship requests must be submitted to Fr. Tim or Doria by **Tuesday, May 10.***

From the Fathers...on Christ

Christ, the divine man from heaven,
purchases humanity's life by His death.

—*Saint Cyril of Alexandria*

Daily Bible Readings

Monday, May 9

Acts 6:8 – 7:5, 47-60 • John 4:46-54

Tuesday, May 10

I Corinthians 4:9-16 • Luke 6:12-19

Wednesday, May 11

Acts 8:18-25 • John 6:35-39

Thursday, May 12

Acts 8:26-39 • John 6:40-44

Friday, May 13

Acts 8:40 – 9:19 • John 6:48-54

Saturday, May 14

Acts 9:19-31 • John 15:17 – 16:2

Sunday, May 15

Sunday of the Paralytic

Acts 9:32-42 • John 5:1-15

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