

# SAINT MARY'S GREEK ORTHODOX CHURCH

August 14, 2022

*Ninth Sunday of Matthew*

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## The Divine Liturgy

**Commemoration:** The Ninth Sunday of Matthew; Forefeast of the Dormition of our Most Holy Lady the Theotokos and Ever Virgin Mary; The Holy Prophet Michaias (Micah); Holy Hieromartyr Marcellus, Bishop of Apameia; Holy New Martyr Symeon of Trapezoundos (1653).

*Morning Gospel: Ninth*

*Tone: Plagal Fourth*

### Variable Hymns and Readings in the Liturgy

#### *At the Second Antiphon*

Save us, O Son of God, who rose from the dead, save us who sing to you: Alleluia!

#### *At the Small Entrance*

#### **Resurrection Hymn, Plagal Fourth Tone**

From on high you descended, O merciful Lord. You accepted the cross and three days in the tomb to free us from the bondage of sin, O our life and resurrection. Glory to you, O Lord.

#### **Hymn of Entrance**

Come, let us worship and bow down before Christ. Save us, O Son of God, who rose from the dead, save us who sing to You: Alleluia!

*Repeat the Resurrection Hymn, above*

#### **Hymn of the Forefeast, Fourth Tone (Come Quickly)**

O people, anticipate and leap for joy now with faith, and longingly congregate today applauding with joy, and all of you cheerfully shout now in exultation; for the Theotokos is preparing for her departure from the earth to the heavens with glory; and we sing hymns to her and glorify her as the Mother of God.

***Hymn of the Dormition of the Theotokos, First Tone***

In giving birth, you preserved your virginity, O Theotokos; in falling asleep you did not forsake the world. You passed over into life, O Mother of Life; and by your prayers you deliver our souls from death!

***Kontakion of the Forefast, Fourth Tone***

On this day, your glorious memory, the whole world by the Holy Spirit's grace has been noetically adorned. With joy and gladness we cry to you, "Rejoice, O Virgin, the pride and joy of Christians all!"

***Epistle..... I Corinthians 3:9-17***

Brethren, we are God's fellow workers; you are God's field, God's building. According to the grace of God given to me, like a skilled master builder I laid a foundation, and another man is building upon it. Let each man take care how he builds upon it. For no other foundation can any one lay than that which is laid, which is Jesus Christ. Now if any one builds on the foundation with gold, silver, precious stones, wood, hay, straw - each man's work will become manifest; for the Day will disclose it, because it will be revealed with fire, and the fire will test what sort of work each one has done. If the work which any man has built on the foundation survives, he will receive a reward. If any man's work is burned up, he will suffer loss, though he himself will be saved, but only as through fire. Do you not know that you are God's temple and that God's Spirit dwells in you? If any one destroys God's temple, God will destroy him. For God's temple is holy, and that temple you are.

***Gospel.....Matthew 14:22-34***

At that time, Jesus made the disciples get into the boat and go before him to the other side, while he dismissed the crowds. And after he had dismissed the crowds, he went up into the hills by himself to pray. When evening came, he was there alone, but the boat by this time was many furlongs distant from the land, beaten by the waves; for the wind was against them. And in the fourth watch of the night he came to them, walking on the sea. But when the disciples saw him walking on the sea, they were terrified, saying, "It is a ghost!" And they cried out for fear. But immediately he spoke to them, saying "Take heart, it is I; have no fear."

And Peter answered him, "Lord, if it is you, bid me come to you on the water." He said, "Come." So Peter got out of the boat and walked on the water and came to Jesus; but when he saw the wind, he was afraid, and beginning to sink he cried out, "Lord, save me." Jesus immediately reached out his hand and caught him, saying to him, "O man of little faith, why did

you doubt?” And when they entered the boat, the wind ceased. And those in the boat worshiped him, saying, “Truly you are the Son of God.” And when they had crossed over, they came to land at Gennesaret.

***The Communion Prayers are found on page 4 of this leaflet.***

### ***Stewardship Prayer***

*Lord Jesus Christ, our God, accept our offerings as You have accepted the gifts of Your people throughout the ages. We offer these gifts to Your glory, for the support of the ministries of Your holy Church, for the alleviation of suffering and hunger, and for the proclamation of Your Gospel to the whole world.*

*Grant us Your blessing, Lord our Savior, that we may always be faithful stewards, continuing to share the gifts you have given us, by the power of Your grace, mercy, and love. May Your name be glorified forever. Amen.*

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## **Today**

**40-Day Churching:** *Colette Christine*, parents: William and Lisa Wahlers

The coffee hour today is hosted by Stan and Kathleen Wendland, in celebration of their 50th wedding anniversary. *May God grant them many years!*

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## **Prayer Ministry**

***Please remember the sick, the suffering, and those in need, especially:*** The family of Kathy Hoff; Those suffering from COVID-19 and those who care for them; for the people of Ukraine; our brothers and sisters living through the aftermath of disaster; for the victims of violence; Metro Hope Ministries; Orthodox Christian Prison Ministry; Families Moving Forward; FOCUS Minnesota; Our brothers and sisters serving in the Armed Forces throughout the world especially John Ellis; San Miguel Del Lago Orphanage; the Muñoz family, Nuala, Pamela, Avgi, Elena, Speranta, Maria, Dave Ruesink, Liz, Efstratia, Jordan, David, Nino, Joe, Tom, Gigi, Zossima, Donnarae, Samira, Mary K., Dreux, Monte, Bethany, Mark, Owen, Chrysanthy, Estelle, Justine, Melissa, Megan, Dallas, Lenzie, Lisa, Michael, Robbie, Judi, Evonne, James, Nichole, Constantine, Theodora, Mary, Irene Maria, Marion, Apostolos, Olivia, Lincoln, Carole, Patty, Karrisa, Corina, Tom, George R., Ken, Nancy and Tim, Olga, Peter, Cora and family, Bo, Tom, Lynn, Deb, Sarah, Maia, Travis, Kassie, Tahnlee, Lois, Kalli, Annie, Sue & Jim, Steve, Sue, Jane, Rifka, Pat, Nancy, Dave, Pam, Gilbert, George P., Danielle, Jenny, John L., Steven E., Julia, Presvytera Janis, Sandra, Sophia, George, Rick, Bryn, Nancy, Alex, Eryn, Phil, Karen, Dorla, Linda, Fr. Elias, Vicki, Bill, Diana, Elpis Fotini, Doria, Mike, Stephanie, Tyler, Ben, Amy, Christy, Karen, Anastasia, Jamie, Alex and Alexander, Toni, Gina, Julie, R.J., Allie, Vickie, Petra, Bob, Joseph, Christopher, Elizabeth, Jaxon, Judi, Bodil, Ole, and others known to you.

# THE COMMUNION PRAYERS

I believe and confess, Lord, that You are truly the Christ, the Son of the living God, who came into the world to save sinners, of whom I am the first. I also believe that this is truly Your pure Body and that this is truly Your precious Blood. Therefore, I pray to You, have mercy upon me, and forgive my transgressions, voluntary and involuntary, in word and deed, known and unknown. And make me worthy without condemnation to partake of Your pure Mysteries for the forgiveness of sins and for life eternal. Amen.

Behold, I approach for Divine Communion. O Maker, burn me not as I partake, for You are fire consuming the unworthy. But cleanse me from every stain.

Receive me today, O Son of God, as a partaker of Your mystical supper; for I will not betray Your mysteries to Your enemies, nor give You a kiss as did Judas, but as the thief I confess You: Remember me, O Lord, in Your kingdom.

Tremble, O man, as you behold the divine Blood. It is a burning coal that sears the unworthy. The Body of God both deifies and nourishes me: It deifies the spirit and wondrously nourishes the mind.

You have smitten me with yearning, O Christ, and by Your divine eros You have changed me. But burn up my sins with spiritual fire, and grant me to be filled with delight in You, so that, leaping for joy, I may magnify, O Good One, Your two comings.

How shall I, who am unworthy, enter into the splendor of Your saints? If I dare to enter into the bridal chamber, my clothing will accuse me, since it is not a wedding garment; and being bound up, I shall be cast out by the angels. In Your love, Lord, cleanse my soul and save me.

Loving Master, Lord Jesus Christ, my God, let not these holy Gifts be to my condemnation because of my unworthiness, but for the cleansing and sanctification of soul and body and the pledge of the future life and kingdom. It is good for me to cling to God and to place in Him the hope of my salvation.

*Approaching to receive, each makes a reverence and says:*

✠ Behold I approach Christ, our immortal King and God.

# Calendar of the Week

## Sunday, August 14: Ninth Sunday of Matthew

8:30 a.m. – Matins; 9:30 a.m. – Divine Liturgy

10:45 a.m. – Dormition Youth Retreat

4:00 p.m. – Great Vespers followed by a Lenten dinner

## Monday, August 15: Dormition of the Theotokos

8:30 a.m. – Matins; 9:30 a.m. – Divine Liturgy

*Reception follows Liturgy.*

*Church Office closed in observance of the Dormition.*

## Tuesday, August 16

5:30 p.m. – Philoptochos Board Meeting, Paulette Hastings' home

6:00 p.m. – Adult Open Gym, Great Hall

## Wednesday, August 17

9:00 a.m. – “The Messenger” Mailing

5:30 p.m. – Junior GOYA Book Club

## Thursday, August 18

6:30 p.m. – FOCUS Minnesota Fundraiser, St. Mary's

## Friday, August 19

7:00 a.m. – Men's Fellowship, Fireside Room

## Saturday, August 20

*No Bible Study during August*

## Sunday, August 21: Tenth Sunday of Matthew

8:30 a.m. – Matins; 9:30 a.m. – Divine Liturgy

11:30 a.m. – Missions and Outreach Meeting, Fireside Room

12:00 noon – Bus leaves St. Mary's for Twins game



*Scan the QR code to give through Venmo.*

*When giving through Venmo, please provide both your first AND last name in order to receive proper credit for your contribution.*

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# Announcements

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## Food Shelf Needs for August 21

Hygiene items

*Urgently needed is pasta sauce, ground coffee,  
canned fruit (peaches, mixed fruit),  
and any hygiene items such as toothpaste, toothbrush,  
bar soap, razors, and shampoo*

Please do not bring opened packages. They will be discarded.

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## Welcome Home!

We welcome back to St. Mary's for the weekend Presvytera Stephanie and Grace Paris. *Kalo taxidi - safe travels!*

## Camp Lost and Found

Last call for Summer Camp lost and found items. If you have a camper in your household, please look over the items on the table in the hallway leading to the Church Office to see if any are yours. Items remaining on the table this Tuesday will be discarded.

## Join the Building and Grounds Committee

Join our team! St. Mary's is relaunching its Building and Grounds Committee. If you are interested in helping shape our future, maintain our complex, and contribute your experience and knowledge to our parish, please consider serving on this committee. For more information or to volunteer please contact John Beauchamp, Dean Psychogios, or the Church Office.

## Men's Retreat at the Karos' Cabin

*September 16-18*

This year's Men's Retreat speaker is Fr. Cyprian Sas, brother of Fr. Tim Sas, who will also be joining us for the weekend. Don't miss our St. Mary's Men's Retreat at the Karos' cabin, September 16-18. The retreat is for all men at St. Mary's over the age of 18. Your check for \$75, made payable to St. Mary's (memo: men's retreat), is your confirmed spot for the weekend.

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# Philoptochos News

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## Summer Baking Sessions

Festival baking continues! As a parish community, working together is fun and essential in order for the Festival bake sale to be a success, so we're asking for your help. Bake sale sessions are scheduled as follows:

### Coming up...

*Diples* – Tuesday, August 23, 9:00 a.m.-5:00 p.m. (*fry*)

Friday, September 2, 9:00 a.m.-3:00 p.m. (*honey*)

### *Final Prep: Cut baklava, honey melomakarona, set up bake sale areas*

Tuesday, September 6, 9:00 a.m.-3:00 p.m.

Wednesday, September 7, 9:00 a.m.-3:00 p.m.

Sign up at the Philoptochos table after Sunday Liturgy or on Sign Up Genius.

## Dormition Receptions

Help Philoptochos host our parish feast day celebrations! Stop by our table to learn how to assist with:

- Dinner following the Dormition Vespers this evening
- Refreshments following the Dormition Liturgy tomorrow morning



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## Altar Servers

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We are updating our records and looking for boys who would like to begin serving in the altar as well as those planning to continue serving. Please send your updated contact information to David in the Church Office. We want to add new altar servers as well as to verify those who want to continue serving.

### Altar Server Retreat

A retreat for our altar servers is planned for Sunday, August 28, following the Divine Liturgy. New servers should plan to attend and those currently serving are encouraged to join us. Please contact the Church Office *by Thursday, August 25*, to register for the retreat.

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# Youth News

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## Blessing of the Backpacks...

*To help you be fully ready to return to school!*

Bring your school bag or backpack to church to have it blessed on Sunday, August 28. At the end of the Divine Liturgy, students (pre-school through college) will be invited to the solea with their backpacks for a sprinkling of holy water and a prayer for a successful school year.

## Church School

Mark your calendars for the start of Church School!

*Sunday, September 18*



*Wednesday, August 24 • 10:00 a.m.-12:00 noon*

Join the FAITH Playgroup at Central Park of Maple Grove, 12000 Central Park Way, Maple Grove. Meet at the picnic tables by the shelter at 10:00 a.m.

Playground and splash pad! Bring a swimming suit if you want to play in the splash pad. Bring your own picnic lunch.

Contact *Kyrsten Theodotou*, 641.629.0181, with questions.

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# YAL News

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## Young Adult League Boat Cruise

Twin Cities YAL is thrilled to announce the first annual boat cruise! Young adults (ages 18-35) are invited aboard the *Magnolia Blossom* on Thursday evening, August 18, to dance the night away as we cruise down the Mississippi River!

Last call tickets: \$75 (Reservations close today)

For more information and to purchase tickets go to:

<https://tinyurl.com/TCBoatCruise>

We hope to see you there!



## Upcoming Church Festivals

### *Saints Kosmas and Damianos Greek Orthodox Church*

703 West Center Street, Rochester

August 26-28

<https://greekfestrochester.com/>

### *Saint Mary's Coptic Orthodox Church*

501 Sixth Avenue South, South St. Paul

Saturday, August 27: 11:00 a.m.-7:00 p.m.

Sunday, August 28: 11:00 a.m.-6:00 p.m.

### *Saint Mary's Romanian Orthodox Church - Taste of Romania*

854 Woodbridge Street (189 Atwater Street) St. Paul

Saturday, September 17: 12:00 noon-5:00 p.m.

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## LOMCP Gala on the Farm

Don't miss the annual *Lyn Olson Medical Crisis Program* fundraiser *Gala on the Farm*.

### Korluka Equestrian Farm in Stillwater

Sunday, September 18, 2022

3:00 - 6:00 p.m.

We have an exciting day planned for you! New this year is a professional Spanish horse show, performed by *Fredy Castano* and *Manuel Vargas*.

This is a family friendly event!

Adults are \$30 and accompanying kids under 18 are free.

Lyn Olson Medical Crisis Program supports individuals and families who are suffering financially due to a medical crisis.



Bringing a little bit of  
Greece to Minneapolis.



**SEPT. 9, 10, & 11**

Enjoy authentic Greek food, music, and cultural experiences while supporting philanthropy!

FRIDAY: 2pm-9pm, SATURDAY: Noon-9pm, SUNDAY: Noon-5pm

Greek Dancing • Live Greek Music • Greek Boutique • Greek Pastry Sale • Church Tours • Orthodox Bookstore  
Food Drive to Support Local Food Shelf— Donate 3 Non-perishable Food Items and Receive a Complimentary NA Beverage

We are now a cashless event. Credit and debit cards only.

**ST. MARY'S GREEK ORTHODOX CHURCH** 3450 IRVING AVE S., MPLS 55408



@mplsgreekfest

[MplsGreekFest.org](https://MplsGreekFest.org)



*Volunteer sign up is underway - stop by the Festival table in the Great Hall this morning to find out where you can help ... or go to our sign up site found in the Weekly Update e-mail to volunteer.*



# New This Year *Gift Cards!*

This year, for security reasons, we are a cash-less festival. At the various venues we will be accepting credit and debit cards only.

We are offering gift cards for you to give as gifts to your family, friends, neighbors, co-workers, clients, and anyone else you'd like to give something a little special to! You can purchase the cards in any amount you wish. They are used just like a debit card during the Festival. This year's food prices run from \$6.00 for small items to \$13.00 for dinners and pastries are in the \$1.00-\$8.00 range. The cards are available at the Festival table in the Great Hall this morning.

## ~ Publicize the Festival ~

The Festival publicity posters and flyers have arrived.

Stop by the Festival table and grab a few items and display them around town!



# A Taste of Greece

Friday, September 9 — 2:00-9:00 p.m.

Saturday, September 10 — 12:00 noon-9:00 p.m.

Sunday, September 11 — 12:00 noon-5:00 p.m.

# Family Camp 2022 Prayer! October 7-9

## **Family Camp Registration opens this week – August 16!**

Whether you are a past Family Camp Family or are just curious, take a minute today to check out the Family Camp web page. There you will find information about our speakers, what a typical weekend would look like, what the facility has to offer and much more!

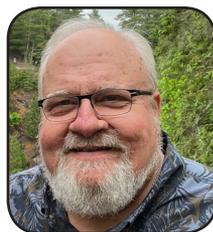
Family Camp has been essential offering to families who want to take a break from the world, enjoy a northern Minnesota experience and add life-long Orthodox friends to their lives.

Adult-aged Family Camp past attendees have told us that some of their closest friends have been made at Family Camp!

And, who doesn't need a bit of a tune up on their PRAYER life?



**Fr. Andrew Jaye**  
Holy Myrrhbearers  
Orthodox Church  
St. Cloud, MN



**David Benson**  
Twelve Holy Apostles  
Greek Orthodox Church  
Duluth, MN

For details, visit our website: <https://stmaryscamp.com/family-camp/>

## **From the Fathers...on the Mother of God**

The Panagia is the salvation of the whole world,  
she is the only mother for all Christians.  
She has much love for the human race, especially for sinners.

–*Saint Anthimos of Chios*

### **Daily Bible Readings**

***Monday, August 15***

***The Dormition of the Theotokos***

Philippians 2:5-11 • Luke 10:38-42, 11:27-28

***Tuesday, August 16***

I Timothy 3:13 – 4:5 • Luke 9:51-57, 10:22-24, 13:22

***Wednesday, August 17***

I Corinthians 16:4-12 • Matthew 21:28-32

***Thursday, August 18***

II Corinthians 1:1-7 • Matthew 21:43-46

***Friday, August 19***

II Corinthians 1:12-20 • Matthew 22:23-33

***Saturday, August 20***

Romans 15:30-33 • Matthew 17:24 – 18:4

***Sunday, August 21***

***Tenth Sunday of Matthew***

I Corinthians 4:9-16 • Matthew 17:14-23

***Saint Mary's Greek Orthodox Church***

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*Fr. Timothy Sas, Proistamenos; Fr. Jason Houck, Associate; Fr. John Kostas;  
Fr. Paul Kalina, Deacon; Fr. Luke Twito, Deacon*