

# SAINT MARY'S GREEK ORTHODOX CHURCH

September 25, 2022

*First Sunday of Luke*

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## The Divine Liturgy

**Commemoration:** First Sunday of Luke; Euphrosyne of Alexandria; Paphnoutios the Martyr and his 546 Companions in Egypt; Synaxis of the Most Holy Theotokos of Evangelistria, Mochos; Our Righteous Father Sergius of Radonezh; Finbar the Confessor, First Bishop of Cork.

*Morning Gospel: Fourth*

*Tone: Plagal Second*

### Variable Hymns and Readings in the Liturgy

*At the Second Antiphon*

Save us, O Son of God, who rose from the dead, save us who sing to you: Alleluia!

*At the Small Entrance*

***Resurrection Hymn, Plagal Second Tone***

The angelic powers appeared at your tomb, the soldiers guarding it became as dead men, and Mary stood at your grave seeking, seeking your most pure body. But you made hell a captive; you were untouched by its might. You came to the virgin and granted life. O Lord, who rose from the dead, glory to you.

***Hymn of Entrance***

Come, let us worship and bow down before Christ. Save us, O Son of God, who rose from the dead, save us who sing to You: Alleluia!

*Repeat the Resurrection Hymn, above*

***Hymn of Saint Euphrosyne, Plagal Fourth Tone***

In you, O Mother, is preserved undistorted what was made in the image of God; for taking up the cross, you followed Christ and by example taught, that we should overlook the flesh, since it passes away, and instead look after the soul, since it is immortal. And therefore, O devout Euphrosyne your spirit rejoices with the angels.

***Hymn of the Dormition of the Theotokos, First Tone***

In giving birth, you preserved your virginity, O Theotokos; in falling asleep you did not forsake the world. You passed over into life, O Mother of Life; and by your prayers you deliver our souls from death!

***Kontakion of the Theotokos, Second Tone***

O unfailing protection of Christians, and our faithful advocate before the Creator: though we are sinners, do not ignore our entreaty; but in your goodness, grant your timely help to us who appeal to you in faith. Quickly make intercession; on our behalf make speedy supplication, O Theotokos, for you always protect those who honor you.

***Epistle.....II Corinthians 4:6-15***

Brethren, it is the God who said, "Let light shine out of darkness," who has shone in our hearts to give the light of the knowledge of the glory of God in the face of Christ.

But we have this treasure in earthen vessels, to show that the transcendent power belongs to God and not to us. We are afflicted in every way, but not crushed; perplexed, but not driven to despair; persecuted, but not forsaken; struck down, but not destroyed; always carrying in the body the death of Jesus, so that the life of Jesus may also be manifested in our bodies. For while we live we are always being given up to death for Jesus' sake, so that the life of Jesus may be manifested in our mortal flesh. So death is at work in us, but life in you.

Since we have the same spirit of faith as he had who wrote, "I believed, and so I spoke," we too believe, and so we speak, knowing that he who raised the Lord Jesus will raise us also with Jesus and bring us with you into his presence. For it is all for your sake, so that as grace extends to more and more people it may increase thanksgiving, to the glory of God.

***Gospel..... Luke 5:1-11***

At that time, as Jesus was standing by the lake of Gennesaret, he saw two boats by the lake; but the fishermen had gone out of them and were washing their nets. Getting into one of the boats, which was Simon's, he asked him to put out a little from the land. And he sat down and taught the people from the boat. And when he had ceased speaking, he said to Simon, "Put out into the deep and let down your nets for a catch." And Simon answered, "Master, we toiled all night and took nothing! But at your word I will let down the nets." And when they

had done this, they enclosed a great shoal of fish; and as their nets were breaking, they beckoned to their partners in the other boat to come and help them. And they came and filled both the boats, so that they began to sink. But when Simon Peter saw it, he fell down at Jesus' knees, saying, "Depart from me, for I am a sinful man, O Lord." For he was astonished, and all who were with him, at the catch of fish which they had taken; and so also were James and John, sons of Zebedee, who were partners with Simon. And Jesus said to Simon, "Do not be afraid; henceforth you will be catching men." And when they had brought their boats to land, they left everything and followed him.

***The Communion Prayers are found on page 4 of this leaflet.***

### ***Stewardship Prayer***

*Lord Jesus Christ, our God, accept our offerings as You have accepted the gifts of Your people throughout the ages. We offer these gifts to Your glory, for the support of the ministries of Your holy Church, for the alleviation of suffering and hunger, and for the proclamation of Your Gospel to the whole world.*

*Grant us Your blessing, Lord our Savior, that we may always be faithful stewards, continuing to share the gifts you have given us, by the power of Your grace, mercy, and love. May Your name be glorified forever. Amen.*

# THE COMMUNION PRAYERS

I believe and confess, Lord, that You are truly the Christ, the Son of the living God, who came into the world to save sinners, of whom I am the first. I also believe that this is truly Your pure Body and that this is truly Your precious Blood. Therefore, I pray to You, have mercy upon me, and forgive my transgressions, voluntary and involuntary, in word and deed, known and unknown. And make me worthy without condemnation to partake of Your pure Mysteries for the forgiveness of sins and for life eternal. Amen.

Behold, I approach for Divine Communion. O Maker, burn me not as I partake, for You are fire consuming the unworthy. But cleanse me from every stain.

Receive me today, O Son of God, as a partaker of Your mystical supper; for I will not betray Your mysteries to Your enemies, nor give You a kiss as did Judas, but as the thief I confess You: Remember me, O Lord, in Your kingdom.

Tremble, O man, as you behold the divine Blood. It is a burning coal that sears the unworthy. The Body of God both deifies and nourishes me: It deifies the spirit and wondrously nourishes the mind.

You have smitten me with yearning, O Christ, and by Your divine eros You have changed me. But burn up my sins with spiritual fire, and grant me to be filled with delight in You, so that, leaping for joy, I may magnify, O Good One, Your two comings.

How shall I, who am unworthy, enter into the splendor of Your saints? If I dare to enter into the bridal chamber, my clothing will accuse me, since it is not a wedding garment; and being bound up, I shall be cast out by the angels. In Your love, Lord, cleanse my soul and save me.

Loving Master, Lord Jesus Christ, my God, let not these holy Gifts be to my condemnation because of my unworthiness, but for the cleansing and sanctification of soul and body and the pledge of the future life and kingdom. It is good for me to cling to God and to place in Him the hope of my salvation.

*Approaching to receive, each makes a reverence and says:*

✠ Behold I approach Christ, our immortal King and God.

# Today

Memorial Prayers today are offered for *Kathy (40 days) and Eivind Hoff (28 years); Christie Geanakoplos.*

The coffee hour today is hosted by Senior GOYA in memory of Christie Geanakoplos and family.

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## Prayer Ministry

***Please remember the sick, the suffering, and those in need, especially:***

Those suffering from COVID-19 and those who care for them; for the people of Ukraine; our brothers and sisters living through the aftermath of disaster; for the victims of violence; Metro Hope Ministries; Orthodox Christian Prison Ministry; Families Moving Forward; FOCUS Minnesota; Our brothers and sisters serving in the Armed Forces throughout the world especially John Ellis; San Miguel Del Lago Orphanage; Alexey; Alexandra, Ray, Christina, Joanne, Athena, the Muñoz family, Charlie, Nuala, Pamela, Avgi, Elena, Speranta, Maria, Dave Ruesink, Liz, Efstratia, Jordan, David, Nino, Joe, Tom, Gigi, Zossima, Donnar-ae, Samira, Mary K., Dreux, Monte, Bethany, Mark, Owen, Chrysanthy, Estelle, Justine, Melissa, Megan, Dallas, Lenzie, Lisa, Michael, Robbie, Judi, Evonne, James, Nichole, Constantine, Theodora, Mary, Irene Maria, Marion, Apostolos, Olivia, Lincoln, Carole, Patty, Karrisa, Corina, Tom, George R., Ken, Nancy and Tim, Olga, Peter, Cora and family, Bo, Tom, Lynn, Deb, Sarah, Maia, Travis, Kassie, Tahnlee, Lois, Kalli, Annie, Sue & Jim, Steve, Sue, Jane, Rifka, Pat, Nancy, Dave, Pam, Gilbert, George P., Danielle, Jenny, John L., Steven E., Julia, Presvytera Janis, Sandra, Sophia, George, Rick, Nancy, Alex, Eryn, Phil, Karen, Dorla, Linda, Fr. Elias, Vicki, Bill, Diana, Elpis Fotini, Doria, Mike, Stephanie, Tyler, Ben, Amy, Christy, Karen, Anastasia, Jamie, Alex and Alexander, Toni, Gina, Julie, R.J., Allie, Vickie, Petra, Bob, Joseph, Christopher, Elizabeth, Jaxon, Judi, Bodil, Ole, and others known to you.

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***Scan the QR code to give through Venmo.***

***When giving through Venmo, please provide both your first AND last name in order to receive proper credit for your contribution.***

# Calendar of the Week

## Sunday, September 25: First Sunday of Luke

8:30 a.m. – Matins; 9:30 a.m. – Divine Liturgy  
Church School

## Tuesday, September 27

5:30 p.m. – Philoptochos Kick Off Dinner and Meeting, Terrace Room

## Wednesday, September 28

6:15 p.m. – Senior GOYA Kick Off Gathering, Terrace Room  
6:30 p.m. – Choir Rehearsal, Nave

## Saturday, October 1: Holy Protection of the Theotokos

9:00 a.m. – Bible Study  
9:00 a.m. – Divine Liturgy, St. Mary's OCA Cathedral  
5:00 p.m. – Great Vespers

## Sunday, October 2: Second Sunday of Luke

### OCF College Student Sunday

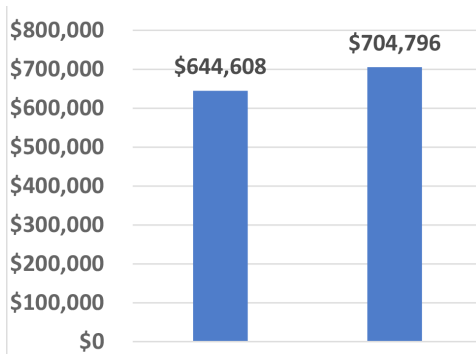
- *“The Messenger” news item deadline.*

8:30 a.m. – Matins; 9:30 a.m. – Divine Liturgy  
Church School  
after Liturgy – Take Heart Fundraiser, Terrace Room  
FOCUS meal preparations

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## Stewardship Update

Offering income YTD vs. Prior Year  
as of September 12



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# Announcements

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## Food Shelf Needs for October 2

Canned meals – large cans (chili; pork and beans; etc.)

*October's recipient will be Simpson Food Pantry.*

Please do not bring opened packages. They will be discarded.

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## Twin Cities Marathon ~ Next Sunday

The Twin Cities Marathon will take place next Sunday, October 2, starting at 8:00 a.m. in downtown Minneapolis. The route will run along the west side of Lake of the Isles and Bde Maka Ska to the William Berry Parkway and south along the east side of Lake Harriet to the Minnehaha Parkway. If your drive to church takes you along this Marathon route, you should consider an alternate route to Church.

## Festival Food Available

This is the last weekend to purchase Festival food. Items available today are: lamb burgers (4 per pack) - \$20; souvlaki (10 skewer pack) - \$25; souvlaki cubes (5-lb. bag) - \$16.50; as well as frozen spanakopitas and tyropitas (4 pack, 8 pack, and sheets), as well as other items. Look for the table in the Great Hall this morning.

## Choir Rehearsals Resume

*Wednesday, September 28, 6:30-8:00 p.m., Choir Loft*

Current members... ASSEMBLE!

Prospective members... do you sing well, do you read music, do you play well with others? Two out of three? You may be worthy! Please go to the choir page on the church's website for scheduling, policies, general information, and contact the music director: [choirdirector@comcast.net](mailto:choirdirector@comcast.net), ASAP!

## Akathist to the Mother of God

Given the spiritual challenges facing our youth, we are inviting everyone interested to join us as we pray the Akathist to the Mother of God "Nurturer of Children." We will meet in the Nave on the first and third Monday of each month, beginning October 3, at 9:15 a.m. and October 17, at 7:00 p.m. The Akathist prayer booklet may be purchased in the bookstore. All are welcome! Questions...call Cindy Karos 612.701.7320 or Popie Rakes 952.393.4180.

## **Women's Annual Pilgrimage to St. Paisius Monastery**

This year has been a bit difficult to plan this pilgrimage — fewer flights and higher prices. However, we have scheduled the trip for Tuesday, January 24-Saturday, January 28. The price, which includes airfare and ground transportation, is at \$550 (the price may go down based on how many attend). There is no charge for the monastery stay, but freewill donations are highly recommended. A firm commitment is needed by **Wednesday, October 19**. Please call *Sandra Anderson*, 612.940.8933, to make your reservation. Also, please go to the Monastery website, [stpaisiusmonastery.org](http://stpaisiusmonastery.org), and click on **visitor information** for more details.

## **Tiger Open Greek Golf Event**

The annual Tiger Open Greek Golf Event is Sunday, October 2, 2022, at Heritage Links Golf Club, 8075 Lucerne Boulevard in Lakeville. 12:15 p.m.: group picture and 12:30 p.m.: shotgun start. Entry fee is \$80.00 and includes green fee, skins game, prizes, and a little something to eat. Entries must be received by **Thursday, September 29**, to guarantee your spot. Mail check to Mike Hasselstrom, 6621 Londonderry Drive Edina, MN 55436-1757. Make checks payable to Alex Karos.

## **Testimonial Dinner for Tessie Bourdamis**

*Saturday, October 22*

Everyone is invited to attend the Testimonial Dinner for Tessie Bourdamis on Saturday, October 22, 6:30 p.m., at the Bloomington Hilton Hotel, 494 and France Avenue South, Bloomington. Tessie is being honored as the National Daughters of Penelope Penelope of the Year. The cost for the event is \$60.00.

- Please **make your check payable to** DOP Chapter 35
- **Mail your check** to 813 - 145th Street E., Burnsville, MN 55337

*Please RSVP no later than Friday, October 14.*





## Take Heart at St. Mary's

Are you interested in learning more about Orthodoxy around the world? Join us on Sunday, October 2, after Liturgy, for a Missions and Outreach brunch with a presentation from Take Heart. Please RSVP for this brunch by contacting David in the Church Office (david@stmarysgoc.org). To learn more about Mission Take Heart, please visit their website: [missiontakeheart.org](http://missiontakeheart.org)

 <h3>1. Identify</h3> <p>We identify who to partner with through prayer and the Holy Spirit's leading; and established connections.</p>	 <h3>2. Partner</h3> <p>We partner with churches and ministries that match our mission and vision.</p>	 <h3>3. Assess</h3> <p>With local leaders, we assess the particular needs of the community and families.</p>
 <h3>4. Implement</h3> <p>We implement solutions and curriculum that fit the needs of the community through spiritually encouraging, technically equipping, and financially supporting.</p>	 <h3>5. Train</h3> <p>We train youth in the community to continue maintaining our curriculum long after we are gone.</p>	 <h3>6. Monitor</h3> <p>The Take Heart team travels to local sites quarterly, offering spiritual support, technical assistance, insight, and accountability.</p>
 <h3>7. Evaluate</h3> <p>We use our primary success indicators to ensure communities have become independent and are ready for graduation.</p>	 <h3>8. Exit</h3> <p>We exit direct work, knowing fully trained local leaders will continue implementing our holistic development model.</p>	

# Philoptochos News

## Fall Kick Off Dinner and Meeting

*Tuesday, September 27*

Women of Saint Mary's: Don't miss the first Philoptochos meeting of the season! It is this Tuesday, September 27, 5:30 p.m., in the Terrace Room.

## Philoptochos to Provide FOCUS Dinner

*Sunday, October 2, 2022*

Philoptochos will provide dinner for FOCUS Minnesota on Sunday, October 2, and invites all interested parishioners to participate. FOCUS reports that 200 to 250 meals are being served each Sunday evening, punctuating the need in the community at large.

We will serve roast pork, rice, carrots, a tossed salad, rolls, and cookies. Volunteers will prepare the entrée, vegetable, and salad in St. Mary's kitchen on Saturday and Sunday. We are asking for donations of rolls and cookies to be dropped off either October 1 or 2 in the kitchen. Our volunteer/donation request follows:

- 7 volunteers to prepare the entrée, salad and vegetable in St. Mary's kitchen on Saturday, October 1.
- 7 volunteers to finish baking the entrée and vegetable and prepare the salad on Sunday, October 2.
- 6 volunteers to bring 4 dozen rolls to the kitchen on Saturday or Sunday, October 1 or 2.
- 16 volunteers to bring 4 dozen cookies (homemade or store-bought) to the kitchen on Saturday or Sunday, October 1 or 2.
- Up to 8 volunteers to transport food, dish out food and serve dining guests at FOCUS.

Please help if you can. Volunteer at the Philoptochos table after church or sign up via the Sign-Up Genius link in the Weekly Update. Please direct questions to Carol Smith, Chair, 952.210.8618, [smithzcl@gmail.com](mailto:smithzcl@gmail.com)

## Women's Book Club Discussion

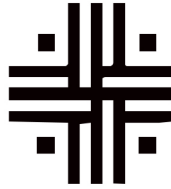
The first discussion group for the fall season will be Thursday, October 6. The book for discussion is C. S. Lewis' *Mere Christianity*. It is available in the Bookstore.

# Youth News









## Youth Programs Registration Form

As we begin the 2022-2023 school year in September, we would like everyone who is participating in any youth activity to complete this all-inclusive registration form. Please note that we will use this one form for nursery through 12<sup>th</sup> grade. It is for all youth activities sponsored by St. Mary's, such as Church School, HOPE, JOY, Junior GOYA, Senior GOYA, etc. Looking forward to a great year!

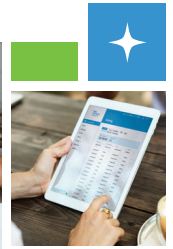
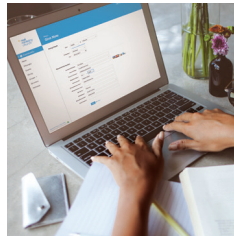
Find the registration form at this link: <https://linktr.ee/stmarysgoya>.



## Giving made easy!

-  Give online
-  Quick one time gifts
-  Recurring gifts
-  24/7/365
-  Manage your giving
-  Pledges
-  View giving history
-  Print giving statements

**Our new giving platform  
will launch on October 1 and  
Text-to-Give on Sunday, October 2!**



We use Realm  
to help connect our  
church community.

## From the Fathers...on Evangelization

As you move forward, attract others to go along with you.  
Desire to have companions on the road to the Lord.

–Gregory the Great

### Daily Bible Readings

***Monday, September 26***

***The Falling Asleep of St. John the Theologian***

I John 4:12-19 • John 19:25-27; 21:24-25

***Tuesday, September 27***

Galatians 5:11-21 • Luke 5:12-16

***Wednesday, September 28***

II Corinthians 4:6-15 • Luke 6:17-23

***Thursday, September 29***

Galatians 5:22 – 6:2 • Luke 6:12-19

***Friday, September 30***

I Corinthians 16:13-24 • Matthew 24:42-47

***Saturday, October 1***

Acts 9:10-19 • Luke 5:17-26

***Sunday, October 2***

***Second Sunday of Luke***

II Corinthians 6:1-10 • Luke 6:31-36

***Saint Mary's Greek Orthodox Church***

3450 Irving Avenue South

Minneapolis, Minnesota 55408-3399

Telephone: 612.825.9595 • Facsimile: 612.825.9283

 Facebook: [www.facebook.com/stmarysgoc](http://www.facebook.com/stmarysgoc)

*Fr. Timothy Sas, Fr. Jason Houck, Fr. John Kostas*

*Fr. Paul Kalina, Deacon; Fr. Luke Twito, Deacon*