

SAINT MARY'S GREEK ORTHODOX CHURCH

October 9, 2022

Third Sunday of Luke

The Divine Liturgy

Commemoration: Third Sunday of Luke; James the Apostle, son of Alphaeus; Andronicus and his wife Athanasia of Egypt; Poplia the Confessor of Antioch; The Righteous Patriarch Abraham and his nephew Lot.

Morning Gospel: Sixth

Tone: Plagal Fourth

Variable Hymns and Readings in the Liturgy

At the Second Antiphon

Save us, O Son of God, who rose from the dead, save us who sing to you: Alleluia!

At the Small Entrance

Resurrection Hymn, Plagal Fourth Tone

From on high you descended, O merciful Lord. You accepted the cross and three days in the tomb to free us from the bondage of sin, O our life and resurrection. Glory to you, O Lord.

Hymn of Entrance

Come, let us worship and bow down before Christ. Save us, O Son of God, who rose from the dead, save us who sing to You: Alleluia!

Repeat the Resurrection Hymn, above

Hymn of Saint James the Apostle, Third Tone

O holy Apostle James, intercede to our merciful God that He may grant our souls forgiveness of sins.

Hymn of the Dormition of the Theotokos, First Tone

In giving birth, you preserved your virginity, O Theotokos; in falling asleep you did not forsake the world. You passed over into life, O Mother of Life; and by your prayers you deliver our souls from death!

Kontakion of the Theotokos, Second Tone

O unfailing protection of Christians, and our faithful advocate before the Creator: though we are sinners, do not ignore our entreaty; but in your goodness, grant your timely help to us who appeal to you in faith. Quickly make intercession; on our behalf make speedy supplication, O Theotokos, for you always protect those who honor you.

Epistle.....Corinthians 6:16—7:1

Brethren, you are the temple of the living God; as God said, “I will live in them and move among them, and I will be their God, and they shall be my people. Therefore come out from them, and be separate from them, says the Lord, and touch nothing unclean; then I will welcome you, and I will be a father to you, and you shall be my sons and daughters, says the Lord Almighty.”

Since we have these promises, beloved, let us cleanse ourselves from every defilement of body and spirit, and make holiness perfect in the fear of God.

Gospel.....Luke 7:11-16

At that time, Jesus went to a city called Nain, and his disciples and a great crowd went with him. As he drew near to the gate of the city, behold, a man who had died was being carried out, the only son of his mother, and she was a widow; and a large crowd from the city was with her. And when the Lord saw her, he had compassion on her and said to her, “Do not weep.” And he came and touched the bier, and the bearers stood still. And he said, “Young man, I say to you, arise.” And the dead man sat up, and began to speak. And he gave him to his mother. Fear seized them all; and they glorified God, saying, “A great prophet has arisen among us!” and “God has visited his people!”

The Communion Prayers are found on page 3 of this leaflet.

Stewardship Prayer

Lord Jesus Christ, our God, accept our offerings as You have accepted the gifts of Your people throughout the ages. We offer these gifts to Your glory, for the support of the ministries of Your holy Church, for the alleviation of suffering and hunger, and for the proclamation of Your Gospel to the whole world.

Grant us Your blessing, Lord our Savior, that we may always be faithful stewards, continuing to share the gifts you have given us, by the power of Your grace, mercy, and love. May Your name be glorified forever. Amen.

THE COMMUNION PRAYERS

I believe and confess, Lord, that You are truly the Christ, the Son of the living God, who came into the world to save sinners, of whom I am the first. I also believe that this is truly Your pure Body and that this is truly Your precious Blood. Therefore, I pray to You, have mercy upon me, and forgive my transgressions, voluntary and involuntary, in word and deed, known and unknown. And make me worthy without condemnation to partake of Your pure Mysteries for the forgiveness of sins and for life eternal. Amen.

Behold, I approach for Divine Communion. O Maker, burn me not as I partake, for You are fire consuming the unworthy. But cleanse me from every stain.

Receive me today, O Son of God, as a partaker of Your mystical supper; for I will not betray Your mysteries to Your enemies, nor give You a kiss as did Judas, but as the thief I confess You: Remember me, O Lord, in Your kingdom.

Tremble, O man, as you behold the divine Blood. It is a burning coal that sears the unworthy. The Body of God both deifies and nourishes me: It deifies the spirit and wondrously nourishes the mind.

You have smitten me with yearning, O Christ, and by Your divine eros You have changed me. But burn up my sins with spiritual fire, and grant me to be filled with delight in You, so that, leaping for joy, I may magnify, O Good One, Your two comings.

How shall I, who am unworthy, enter into the splendor of Your saints? If I dare to enter into the bridal chamber, my clothing will accuse me, since it is not a wedding garment; and being bound up, I shall be cast out by the angels. In Your love, Lord, cleanse my soul and save me.

Loving Master, Lord Jesus Christ, my God, let not these holy Gifts be to my condemnation because of my unworthiness, but for the cleansing and sanctification of soul and body and the pledge of the future life and kingdom. It is good for me to cling to God and to place in Him the hope of my salvation.

Approaching to receive, each makes a reverence and says:

✠ Behold I approach Christ, our immortal King and God.

Today

Prosforo is provided by Dena Angelos.

Memorial Prayers today are offered for **Bryn Hartwig** (40 days); **Joan Spell** (40 days).

Please join us in the Great Hall after Liturgy for coffee and fellowship.

Sacraments This Week

Baptism

Theodore Christopher, parents: Ross & Karen McHugh, October 9, 2022

Prayer Ministry

Please remember the sick, the suffering, and those in need, especially:

Those suffering from COVID-19 and those who care for them; for the people of Ukraine; our brothers and sisters living through the aftermath of disaster; for the victims of violence; Metro Hope Ministries; Orthodox Christian Prison Ministry; Families Moving Forward; FOCUS Minnesota; Our brothers and sisters serving in the Armed Forces throughout the world especially John Ellis; San Miguel Del Lago Orphanage; Kristina, Alexey, Alexandra, Ray, Christina, Joanne, Athena, the Muñoz family, Charlie, Nuala, Pamela, Avgi, Elena, Speranta, Maria, Dave Ruesink, Liz, Efstratia, Jordan, David, Nino, Joe, Tom, Gigi, Zossima, Donnar-ae, Samira, Mary K., Dreux, Monte, Bethany, Mark, Owen, Chrysanthi, Estelle, Justine, Melissa, Megan, Dallas, Lenzie, Lisa, Michael, Robbie, Judi, Evonne, James, Nichole, Constantine, Theodora, Mary, Irene Maria, Marion, Apostolos, Olivia, Lincoln, Carole, Patty, Karris, Corina, Tom, George R., Ken, Nancy and Tim, Olga, Peter, Cora and family, Bo, Tom, Lynn, Deb, Sarah, Maia, Travis, Kassie, Tahnlee, Lois, Kalli, Annie, Sue & Jim, Steve, Sue, Jane, Rifka, Pat, Nancy, Dave, Pam, Gilbert, George P., Danielle, Jenny, John L., Steven E., Julia, Presvytera Janis, Sandra, Sophia, George, Rick, Nancy, Alex, Eryn, Phil, Karen, Dorla, Linda, Fr. Elias, Vicki, Bill, Diana, Elpis Fotini, Doria, Mike, Stephanie, Tyler, Ben, Amy, Christy, Karen, Anastasia, Jamie, Alex and Alexander, Toni, Gina, Julie, R.J., Allie, Vickie, Petra, Bob, Joseph, Christopher, Elizabeth, Jaxon, Judi, Bodil, Ole, and others known to you.

Text to Give

Text **smgoc** to **73256**

This number will never send unsolicited texts.



Scan the QR code to give through Venmo.

When giving through Venmo, please provide both your first AND last name in order to receive proper credit for your contribution.

— Calendar of the Week —

Sunday, October 9: Third Sunday of Luke

8:30 a.m. – Matins; 9:30 a.m. – Divine Liturgy

Church School

Family Camp

Tuesday, October 11

Senior Citizens' gathering at the Arboretum

6:00 p.m. – Adult Open Gym, Great Hall

6:15 p.m. – Parish Council Meeting, Fireside Room

Wednesday, October 12

6:15 p.m. – Senior GOYA at the Wehr home

6:30 p.m. – Choir Rehearsal, Nave

Friday, October 14

7:00 a.m. – Men's Fellowship

6:30 p.m. – Holy Unction, St. Mary's Romanian Orthodox Church

Saturday, October 15

9:00 a.m. – Bible Study, Fireside Room

1:00 p.m. – Metropolitan Leonty Memorial Lectures, St. Mary's OCA

5:00 p.m. – Great Vespers

Sunday, October 16:

Sunday of the Seventh Ecumenical Council

8:30 a.m. – Matins; 9:30 a.m. – Divine Liturgy

11:30 a.m. – Newcomers' Meet and Greet, Terrace Room

Announcements

Food Shelf Needs for October 16

Pancake mix and syrup

October's recipient is Simpson Food Pantry.

Please do not bring opened packages. They will be discarded.

2023 Daily Lives Calendars Available

The 2023 Daily Lives, Miracles, and Wisdom of the Saints and Fasting Calendar is available to order. If you would like a copy, please stop in the bookstore or email bookstore@stmarysgoc.org by Sunday, October 23. The price is \$22 (\$20 for the book and \$2 to help defray the shipping charge). Payment is due when you pick up your book. If you would prefer the e-book version, the calendar is available for \$9.99 from iTunes, Amazon, and Barnes & Noble.

Women's Annual Pilgrimage to St. Paisius Monastery

This year has been a bit difficult to plan this pilgrimage — fewer flights and higher prices. However, we have scheduled the trip for Tuesday, January 24-Saturday, January 28. The price, which includes airfare and ground transportation, is at \$550 (the price may go down based on how many attend). There is no charge for the monastery stay, but freewill donations are highly recommended. A firm commitment is needed by **Wednesday, October 19**. Please call *Sandra Anderson*, 612.940.8933, to make your reservation. Also, please go to the Monastery website, stpaisiusmonastery.org, and click on **visitor information** for more details.

Holy Unction

The Sacrament of Holy Unction will be celebrated at ***St. Mary Romanian Orthodox Church***, 189 Atwater Street W., St. Paul, on Friday, October 14, 6:30 p.m. Everyone is welcome to attend, especially those who need physical and spiritual healing. Those whose strength does not permit them to attend the full service may want to arrive at or just before 7:30 p.m. so they may at least benefit from the final prayer and anointing.

Akathist to the Mother of God

Given the spiritual challenges facing our youth, we are inviting everyone interested to join us as we pray the *Akathist to the Mother of God "Nurturer of Children."* We will meet in the Nave on the first and third Monday of each month. The next gathering is Monday, October 17, at 7:00 p.m. The Akathist prayer booklet may be purchased in the bookstore. All are welcome! Questions...call Cindy Karos 612.701.7320 or Popie Rakes 952.393.4180.

Metropolitan Leonty Memorial Lectures

The fourth annual Metropolitan Leonty Memorial Lectures in Orthodox Theology and Spirituality will be held on Saturday, October 15, at St. Mary's Orthodox Cathedral Parish Center, 1701 Fifth Street NE, Minneapolis. This year's speaker is Dr. Eugenia Constantinou J.D. of the University of San Diego. Her topic will be: Orthodoxy's Essential Element: How to Preserve, Promote, and Protect the Faith in the Third Millennium. The event begins at 1:00 p.m. and concludes with Vespers at 5:00 p.m. Everyone is welcome to attend.

Testimonial Dinner for Tessie Bourdamis

Saturday, October 22

Everyone is invited to attend the Testimonial Dinner for Tessie Bourdamis on Saturday, October 22, 6:30 p.m., at the Bloomington Hilton Hotel, 494 and France Avenue South, Bloomington. Tessie is being honored as the National Daughters of Penelope Penelope of the Year. The cost for the event is \$60.00.

- Please **make your check payable to** DOP Chapter 35
- **Mail your check** to 813 - 145th Street E., Burnsville, MN 55337

*Please RSVP no later than **Friday, October 14**. There is a table in the Great Hall this morning where you may make your reservation.*

Philoptochos News

Twin Cities Pan-Orthodox Tea

Saturday, October 22, 10:00-11:30 a.m.

St. Mary's Orthodox Cathedral Parish Center

1701 - Fifth Street NE, Minneapolis

All women are invited to join their Orthodox sisters for fellowship and to help with a humanitarian project. Bring an appetizer or dessert to share. Questions: *Susan Boris*, 612.258.6481, susan.boris10@gmail.com.

More Volunteer Opportunities in October

Service Sunday with Church School

On Sunday, October 23, this annual day of service will take place in the Terrace Room in lieu of Sunday School. Helpers are needed for set-up at 9:00 a.m. and student assistance after communion. Stop by the Philoptochos table or contact *Dena Tortorelis* to volunteer.

Philoptochos Sunday

On Sunday, October 30, we will celebrate our Patron Saints Cosmas and Damian with artoclasia, a special collection for the Ecumenical Patriarchate, and by hosting the social hour. Stop by the Philoptochos table for more information.

Youth News

Senior GOYA ~ This Wednesday

Senior GOYA will meet at the Wehr home in Edina this Wednesday, October 12, 6:15 p.m. Fun, food, and fellowship. Be sure to bring warm clothing for outdoor activities!

Church School Fall Festival

Calling all K-12th graders! Join us on Sunday, October 30, from 11:30 a.m.-1:00 p.m. for a Fall Festival with games, crafts, and a lot of fun in the Terrace Room during the General Assembly!

Sign up at: <https://tinyurl.com/SMGOCFallFestival>
...or scan the code at right.





IOCC Reception

Join us for wine, heavy hors d'oeuvres, and dessert

Thursday, November 10, 2022

6:30pm Vespers | 7:00pm Reception

Come and learn how your support is helping IOCC's recent global humanitarian work in Ukraine, Greece, the Middle East, and right here in the US.

St. Mary's Greek Orthodox Church

3450 Irving Avenue S | Minneapolis, MN 55408

TICKETS \$30

PURCHASE TICKETS BY OCT. 28 AT

iocc.org/minneapolis

OR RSVP with Angelea Hoeft
at angelea.hoeft@gmail.com



*Tickets will be available on Sundays after Liturgy later in October.
Watch this space.*

In appreciation of your gifts of Time, Talent, and Treasure,
St. Mary's Parish Council and Stewardship Committee
cordially invite you to attend the complimentary

Stewardship Appreciation Glendi

Saturday, November 12, 2022

6:00-11:00 p.m.

St. Mary's Great Hall

Dinner, Dancing, and Great Company!

Please join us!

RSVP by November 1

to david@stmarysgoc.org, call the church office,
or scan the code below.



Greek-Themed Film Debuts at TCFF

The world premiere of *Dowry* is at the Twin Cities Film Festival (TCFF) this fall. *Dowry* is included in a block of Minnesota short documentaries showing at 2:30 p.m. on Sunday, October 23. *Dowry* is a film that tells the story of three generations of Greek women through the exquisite work of their hands. It is a tale of marriage, war, famine, child abduction, immigration, demeaning factory work, and ultimate triumph marked by loss. The film touches the heart as it shows the impact of war, immigration and industrialization on so-called “women’s work.” The film may be streamed (\$9) or seen on the big screen (\$12) at the Showplace ICON Theater, 1625 West End Boulevard, Saint Louis Park MN 55416. To purchase a ticket, go to:

<https://twincitiesfilmfest.org/film-fest-movie/dowry>.



O most holy Lady Virgin Theotokos, do thou save and preserve under thy protection all children, and all youths and infants—both those baptized and those unnamed—and those in their mother’s wombs. Cover them with thy maternal garment, preserve them in the fear of God and in obedience to their parents. Entreat my Lord and thy Son that He may give them that which is profitable for their salvation. I entrust them to thy maternal care, for thou art a divine protection for thy servants.

—from *Akathist to the Mother of God, Nurturer of Children*

From the Fathers...on Unity

What could be more delightful than to see all who are separated
by such vast distances bound together by the union of love
into one harmony of members in Christ's Body?

—Saint Basil the Great

Daily Bible Readings

Monday, October 10

Ephesians 4:25-32 • Luke 7:36-50

Tuesday, October 11

Acts 8:26-39 • Luke 8:1-3

Wednesday, October 12

Ephesians 5:25-33 • Luke 8:22-25

Thursday, October 13

Ephesians 5:33—6:9 • Luke 9:7-11

Friday, October 14

Ephesians 6:18-24 • Luke 9:12-18

Saturday, October 15

I Corinthians 15:39-45 • Luke 6:1-10

Sunday, October 16

Sunday of the Seventh Ecumenical Council

Titus 3:8-15 • Luke 8:5-15

Saint Mary's Greek Orthodox Church

3450 Irving Avenue South

Minneapolis, Minnesota 55408-3399

Telephone: 612.825.9595 • Facsimile: 612.825.9283

 Facebook: www.facebook.com/stmarysgoc

Fr. Timothy Sas, Fr. Jason Houck, Fr. John Kostas

Fr. Paul Kalina, Deacon; Fr. Luke Twito, Deacon