

# SAINT MARY'S GREEK ORTHODOX CHURCH

January 15, 2023

*Twelfth Sunday of Luke*

---

## The Divine Liturgy

**Commemoration:** Twelfth Sunday of Luke; Paul of Thebes; John the Hut-Dweller; Pansophios the Martyr of Alexandria.

*Morning Gospel: Ninth*

*Tone: Plagal Second*

### Variable Hymns and Readings in the Liturgy

*At the Second Antiphon*

Save us, O Son of God, who rose from the dead, save us who sing to you: Alleluia!

*At the Small Entrance*

**Resurrection Hymn, Plagal Second Tone**

The angelic powers appeared at your tomb, the soldiers guarding it became as dead men, and Mary stood at your grave seeking, seeking your most pure body. But you made hell a captive; you were untouched by its might. You came to the virgin and granted life. O Lord, who rose from the dead, glory to you.

**Hymn of Entrance**

Come, let us worship and bow down before Christ. Save us, O Son of God, who rose from the dead, save us who sing to You: Alleluia!

*Repeat the Resurrection Hymn, above*

**Additional Hymn, Fourth Tone**

Since childhood, you fervently yearned for the Lord. You abandoned the world and its pleasures and excelled in asceticism. You set your hut before your parents' gate, O Blessed One, and broke the snare of demons. Wherefore, O John, worthily did Christ glorify you.

### ***Hymn of the Dormition of the Theotokos, First Tone***

In giving birth, you preserved your virginity, O Theotokos; in falling asleep you did not forsake the world. You passed over into life, O Mother of Life; and by your prayers you deliver our souls from death!

Ἐν τῇ γενήσει τὴν παρθενίαν ἐφύλαξας, ἐν τῇ κοιμήσει τὸν κόσμον  
En ti gennisi tin parthenian efilaxas en ti kimisi ton kosmon  
οὐ κατέλιπες, Θεοτόκε. Μετέστης πρὸς τὴν ζωὴν, μήτηρ ὑπάρχουσα  
u katelipes, Theotoke. Metestis pros tin zoin, mitir iparhusa  
τῆς ζωῆς, καὶ ταῖς πρεσβείαις ταῖς σαῖς λυτρουμένη ἐκ θανάτου τὰς  
tis zois, ke tes presvies tes ses litrumeni ek thanatu tas  
ψυχὰς ἡμῶν.  
psihās imon.

### ***Kontakion of the Presentation of the Lord, First Tone***

For our salvation you took flesh and you sanctified the Virgin's womb; you blessed the aged Simeon as you lay resting in his arms; and having come to save us all, O Christ our God, to these troubled times, bring your lasting peace. Give strong and undaunted faith to all your people, O only lover of mankind.

### ***Epistle..... Colossians 3:4-11***

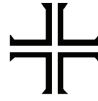
Brethren, when Christ who is our life appears, then you also will appear with him in glory. Put to death therefore what is earthly in you: fornication, impurity, passion, evil desire, and covetousness, which is idolatry. On account of these the wrath of God is coming upon the sons of disobedience. In these you once walked, when you lived in them. But now put them all away: anger, wrath, malice, slander, and foul talk from your mouth. Do not lie to one another, seeing that you have put off the old nature with its practices and have put on the new nature, which is being renewed in knowledge after the image of its creator. Here there cannot be Greek and Jew, circumcised and uncircumcised, barbarian, Scythian, slave, free man, but Christ is all, and in all.

### ***Gospel..... Luke 17:12-19***

At that time, as Jesus entered a village, he was met by ten lepers, who stood at a distance and lifted up their voices and said: "Jesus, Master, have mercy on us." When he saw them he said to them, "Go and show yourselves to the priests." And as they went they were cleansed. Then one of them, when he saw that he was healed, turned back, praising

God with a loud voice; and he fell on his face at Jesus' feet, giving him thanks. Now he was a Samaritan. Then said Jesus: "Were not ten cleansed? Where are the nine? Was no one found to return and give praise to God except this foreigner?" And he said to him: "Rise and go your way; your faith has made you well."

*The Communion Prayers are found on page 40 of the hymnal.*



## Today

Prosforo is provided by Barbara Nichols.

Memorial Prayers today are offered for **Georgia Ann Lycos**, (1 year) sister of Barbara Vanover.

The coffee hour today is hosted by the Karakatsanis, Checheris, and Nicklow families who commemorate Saint John the Baptist (January 7) and Saint Anthony (January 17). Wishing all those with the names John/Joanne and Anthony/Antonia *Hronia Polla!*

---

## Prayer Ministry

***Please remember the sick, the suffering, and those in need, especially:*** Those suffering from COVID-19 and those who care for them; for the people of Ukraine; our brothers and sisters living through the aftermath of disaster; for the victims of violence; Metro Hope Ministries; Orthodox Christian Prison Ministry; Families Moving Forward; FOCUS Minnesota; Our brothers and sisters serving in the Armed Forces throughout the world especially John Ellis; San Miguel Del Lago Orphanage; Elpis Fotini, Byrdie, Jennifer, John S., Becky, Kristina, Noel, Stephen, John K., Alexey, Alexandra, Ray, Christina, Joanne, Athena, the Muñoz family, Charlie, Nuala, Pamela, Avgi, Elena, Speranta, Maria, Dave Ruesink, Liz, Efstratia, Jordan, David, Nino, Joe, Tom, Gigi, Zossima, Donnarae, Samira, Mary K., Monte, Bethany, Mark, Owen, Chrysanthy, Estelle, Justine, Melissa, Megan, Dallas, Lenzie, Lisa, Michael, Robbie, Judi, Evonne, James, Nichole, Constantine, Theodora, Mary, Irene Maria, Marion, Apostolos, Olivia, Lincoln, Carole, Patty, Karris, Corina, Tom, George R., Ken, Nancy and Tim, Olga, Peter, Cora and family, Bo, Tom, Lynn, Deb, Sarah, Maia, Travis, Kassie, Tahnlee, Lois, Kalli, Annie, Sue & Jim, Steve, Sue, Jane, Rifka, Pat, Nancy, Dave, Pam, Gilbert, George P., Danielle, Jenny, John L., Steven E., Julia, Presvytera Janis, Sandra, Sophia, Rick, Nancy, Alex, Eryn, Phil, Karen, Dorla, Linda, Fr. Elias, Vicki, Bill, Diana, Doria, Mike, Stephanie, Tyler, Ben, Amy, Christy, Karen, Anastasia, Jamie, Alex and Alexander, Toni, Gina, Julie, R.J., Allie, Vickie, Petra, Bob, Joseph, Christopher, Elizabeth, Jaxon, Judi, Bodil, Ole, and others known to you.

# Calendar of the Week

## **Sunday, January 15: Twelfth Sunday of Luke**

- 8:30 a.m. – Matins; 9:30 a.m. – Divine Liturgy
- 11:45 a.m. – Missions and Outreach Meeting, Fireside Room
- 12:45 p.m. – JOY Basketball Practice, Great Hall

## **Monday, January 16**

- 7:00 p.m. – Akathist to the Mother of God, Nurturer of Children

## **Tuesday, January 17: Saint Anthony the Great**

- 9:30 a.m. – Divine Liturgy
- 6:15 p.m. – Parish Council Meeting, Classroom
- 6:30 p.m. – Philoptochos Board Meeting, Fireside Room

## **Wednesday, January 18: Saints Athanasios and Cyril**

- 9:00 a.m. – “The Messenger” Newsletter Mailing
  - 9:30 a.m. – Divine Liturgy
  - 11:30 a.m. – Women’s Bible Study, Fireside Room
  - 6:15 p.m. – Parish Night, gather in the Nave
- Choir rehearsal resumes next Wednesday, January 25*

## **Thursday, January 19**

- 7:00 p.m. – Timberwolves Game

## **Friday, January 20**

- 7:00 a.m. – Men’s Fellowship, Fireside Room

## **Saturday, January 21**

- 9:00 a.m. – Bible Study, Fireside Room and Zoom
- 12:00 noon – Outdoor Blessing of Water, Hidden Falls Park, St. Paul
- 5:00 p.m. – Great Vespers

## **Sunday, January 22: Fifteenth Sunday of Luke Godparent Sunday**

- 8:30 a.m. – Matins; 9:30 a.m. – Divine Liturgy
- 11:30 a.m. – Philoptochos Meeting, Terrace Room
- 12:45 p.m. – Girls’ GOYA Basketball Practice, Great Hall
- 2:00 p.m. – Boys’ GOYA Basketball Practice, Great Hall

---

# Announcements

---

## Food Shelf Needs

Immediate needs for January are diapers and wipes; toothbrushes and toothpaste; Ramen noodles.

*January's recipient is Joyce Uptown Food Shelf.*

Please do not bring opened packages. They will be discarded.

---

## Saint Mary's at the Timberwolves Game

Join us when the Minnesota Timberwolves take on the Toronto Raptors on Thursday, January 19. Tip-off is at 7:00 p.m. ALL are welcome to join! Visit the link below and enter the promo code **22StMarys23** to purchase your tickets! Tickets are \$20.00 per person. After the game, we will go down to the court and shoot a free-throw! Make sure you select the **Post-Game Free Throw** when checking out!

Link for the tickets: [www.timberwolves.com/groupoffers](http://www.timberwolves.com/groupoffers)

> *The deadline to purchase tickets is today.*

## 2023 Basketball Tournament Ad Book

Support the 2023 Western Region Family Basketball Tournament, held in Minneapolis this year, by placing a personal, family, or business ad in the tournament ad book. Various sizes and prices are available. More information is on the tournament's website: [www.greekbball.com/ad-book](http://www.greekbball.com/ad-book)  
The deadline for ad placement is today.

---

# Philoptochos News

---

## A Little More Vasilopita

During the social hour, stop by the Philoptochos table to purchase a loaf or two of delicious St. Basil sweet bread. Made by our sacred baking team, loaves are \$15 each and all proceeds go to St. Basil Academy.

## January Meeting Next Sunday

Our first Philoptochos meeting of the new year is after Sunday Liturgy on January 22, 11:30 a.m. We will have a speaker from Bancroft Elementary School, one the of recipients of our Operation Classroom winter clothing drive. We will also approve the 2023 Philoptochos budget. *Plan to join us.*

---

# Parish Night

---

## Parish Night 2022-2023



Our next Parish Night is this Wednesday, January 18, beginning in the Nave at 6:15 p.m. We continue our theme for the year, *Living a Sacramental Life*. Following our opening prayer service, will move to the Terrace Room for dinner and then we'll have breakout sessions for the adults and kids. Parish Night will end by 8:00 p.m.

---

## Introduction to Orthodox Christianity

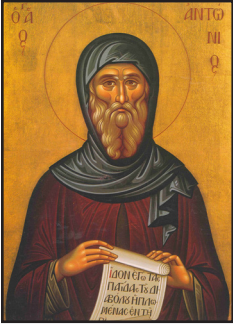
*Winter 2023*

The winter session of the MEOCCA-sponsored catechism course, *Introduction to Orthodox Christianity*, begins Monday, January 23, 7:00-9:00 p.m. Catechism is for people interested in learning more about Orthodox Christianity, inquirers, catechumens, and current Orthodox Christians as well! A great way to deepen our knowledge of the Orthodox Christian Faith. Classes will be held on Monday evenings in person at St. George Greek Orthodox Church, 1111 Summit Ave. St. Paul, or online via Zoom (the link will be emailed before classes begin). Registration information and links are on the MEOCCA webpage: [meocca.org](http://meocca.org).

## Mental Health Providers' Gathering

The next gathering of Eastern Orthodox mental health providers in the Twin Cities is Wednesday, January 25, 5:30-7:30 p.m., in the Fireside Room at St. Mary's. If you provide direct client care as an LMFT, LPCC, LP, Psychiatrist, Certified Grief Counselor, or LICSW (or are in a licensure track for one of these fields), this group is for you. We meet to provide consultation and fellowship within the group and hope to develop mental health training pieces to deliver outside the group but within the broader Eastern Orthodox community. If you are unsure if you qualify to attend or to RSVP, please contact *Natasha Keller* at [natasha@lakeandvalleyft.com](mailto:natasha@lakeandvalleyft.com). RSVPs are welcome but not required. Sponsored by MEOCCA.

## St. Anthony the Great ~ January 17



Our venerable and God-bearing Father Saint Anthony the Great was born in to a wealthy family in upper Egypt about 254 AD. Also known as Anthony of Egypt, Anthony of the Desert, and Anthony the Anchorite, he was a leader among the Desert Fathers, who were Christian monks in the Egyptian desert in the 3<sup>rd</sup> and 4<sup>th</sup> centuries AD. The Orthodox Church celebrates his feast on January 17.

One day after a teaching on Jesus saying to the people, “If you want to be perfect, go, sell what you have and give to the poor, and you will have treasures in heaven; and come, follow Me” (Matthew 19:21), St. Anthony sold everything he owned, gave the proceeds to the poor, and left the city behind to live in the desert.

Although he held no titles or position, his holiness marked him as one whose wisdom commanded respect. When the Synod of Nicea was convened, he was invited to participate. His eloquent defense of the Orthodox doctrine concerning the person of Jesus Christ was instrumental in weakening the position of Arianism. His witness led to the eventual and complete elimination of Arianism.

He instructed his followers to bury his body in an unmarked, secret grave, lest his body become an object of veneration. The monastic rules of Saint Anthony, the “patriarch” of monastic life, have served as the basis for countless monasteries.

---

***Text to Give***

**Text smgoc to 73256**

*This number will never send unsolicited texts.*

## **From the Fathers...on Gratitude**

The mouth, which is continuously giving thanks,  
receives blessing from God.  
In the heart that always shows gratitude, grace abides.  
—*Saint Isaac the Syrian*

### **Daily Bible Readings**

#### ***Monday, January 16***

Acts 12:1-11 • John 21:14-25

#### ***Tuesday, January 17***

##### ***Saint Anthony the Great***

Hebrews 13:17-21 • Luke 6:17-23

#### ***Wednesday, January 18***

##### ***Saints Athanasios and Cyril, Patriarchs of Alexandria***

Hebrews 13:7-16 • Matthew 5:14-19

#### ***Thursday, January 19***

Galatians 5:22—6:2 • Matthew 22:2-14

#### ***Friday, January 20***

II Corinthians 4:6-15 • Luke 6:17-23

#### ***Saturday, January 21***

Philippians 1:12-20 • Luke 12:8-12

#### ***Sunday, January 22***

##### ***Fifteenth Sunday of Luke***

I Timothy 4:9-15 • Luke 19:1-10

#### ***Saint Mary's Greek Orthodox Church***

3450 Irving Avenue South

Minneapolis, Minnesota 55408-3399

Telephone: 612.825.9595 • Facsimile: 612.825.9283

  @stmarysgoc

*Fr. Timothy Sas, Fr. Jason Houck, Fr. John Kostas*

*Fr. Paul Kalina, Deacon; Fr. Luke Twito, Deacon*