

# SAINT MARY'S GREEK ORTHODOX CHURCH

January 29, 2023

*Sunday of the Canaanite*

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## The Divine Liturgy

**Commemoration:** Sunday of the Canaanite; Removal of the Relics of Ignatius the God-bearer; Ignatius and Nicandrus of Sinai; Laurence the Recluse of the Kiev Caves; Gildas the Wise.

*Morning Gospel: Eleventh*

*Tone: Plagal Fourth*

### Variable Hymns and Readings in the Liturgy

#### *At the Second Antiphon*

Save us, O Son of God, who rose from the dead, save us who sing to you: Alleluia!

#### *At the Small Entrance*

#### **Resurrection Hymn, Plagal Fourth Tone**

From on high you descended, O merciful Lord. You accepted the cross and three days in the tomb to free us from the bondage of sin, O our life and resurrection. Glory to you, O Lord.

#### **Hymn of Entrance**

Come, let us worship and bow down before Christ. Save us, O Son of God, who rose from the dead, save us who sing to You: Alleluia!

*Repeat the Resurrection Hymn, above*

#### **Hymn of Saint Ignatius, Fourth Tone**

In the manner of the Apostles, and as successor to their thrones, God-inspired One, you deemed action above contemplation. Thus, rightly teaching the word of truth, you contended in faith to a bloody end, Priest-Martyr Ignatius. Intercede with Christ our God that our souls may be saved.

### ***Hymn of the Dormition of the Theotokos, First Tone***

In giving birth, you preserved your virginity, O Theotokos; in falling asleep you did not forsake the world. You passed over into life, O Mother of Life; and by your prayers you deliver our souls from death!

Ἐν τῇ γενήσῃ τὴν παρθενίαν ἐφύλαξας, ἐν τῇ κοιμήσῃ τὸν κόσμον  
En ti gennisi tin parthenian efilaxas en ti kimisi ton kosmon  
οὐ κατέλιπες, Θεοτόκε. Μετέστης πρὸς τὴν ζωὴν, μήτηρ ὑπάρχουσα  
u katelipes, Theotoke. Metestis pros tin zoin, mitir iparhousa  
τῆς ζωῆς, καὶ ταῖς πρεσβείαις ταῖς σαῖς λυτρουμένη ἐκ θανάτου τὰς  
tis zois, ke tes presvies tes ses litrumeni ek thanatu tas  
ψυχὰς ἡμῶν.  
psihas imon.

### ***Kontakion of the Presentation of the Lord, First Tone***

For our salvation you took flesh and you sanctified the Virgin's womb; you blessed the aged Simeon as you lay resting in his arms; and having come to save us all, O Christ our God, to these troubled times, bring your lasting peace. Give strong and undaunted faith to all your people, O only lover of mankind.

### ***Epistle..... I Corinthians 6:16—7:1***

Brethren, you are the temple of the living God; as God said, "I will live in them and move among them, and I will be their God, and they shall be my people. Therefore come out from them, and be separate from them, says the Lord, and touch nothing unclean; then I will welcome you, and I will be a father to you, and you shall be my sons and daughters, says the Lord Almighty."

Since we have these promises, beloved, let us cleanse ourselves from every defilement of body and spirit, and make holiness perfect in the fear of God.

### ***Gospel..... Matthew 15:21-28***

At that time, Jesus went to the district of Tyre and Sidon. And behold, a Canaanite woman from that region came out and cried, "Have mercy on me, O Lord, Son of David; my daughter is severely possessed by a demon." But he did not answer her a word. And his disciples came and begged him, saying, "Send her away, for she is crying after us." He answered, "I was sent only to the lost sheep of the house of Israel." But she came and knelt before him, saying, "Lord, help me." And he

answered, “It is not fair to take the children’s bread and throw it to the dogs.” She said, “Yes, Lord, yet even the dogs eat the crumbs that fall from their master’s table.” Then Jesus answered her, “O woman, great is your faith! Be it done for you as you desire.” And her daughter was healed instantly.

***The Communion Prayers are found on page 40 of the hymnal.***

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## Today

Prosforo is provided by Toni Bazakos and Maria Prassas.

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## Prayer Ministry

***Please remember the sick, the suffering, and those in need, especially:*** The family of Mary Kalogerson; the family of Harriett Cheolis; the family of Georgia Christiansen; Those suffering from COVID-19 and those who care for them; for the people of Ukraine; our brothers and sisters living through the aftermath of disaster; for the victims of violence; Metro Hope Ministries; Orthodox Christian Prison Ministry; Families Moving Forward; FOCUS Minnesota; Our brothers and sisters serving in the Armed Forces throughout the world especially John Ellis; San Miguel Del Lago Orphanage; Elpis Fotini, Byrdie, Jennifer, John S., Becky, Kristina, Noel, Stephen, John K., Alexey, Alexandra, Ray, Christina, Joanne, Athena, the Muñoz family, Charlie, Nuala, Pamela, Avgi, Elena, Speranta, Maria, Dave Ruesink, Liz, Efstratia, Jordan, David, Nino, Joe, Tom, Gigi, Zossima, Donnarae, Samira, Mary K., Monte, Bethany, Mark, Owen, Chrysanthy, Estelle, Justine, Melissa, Megan, Dallas, Lenzie, Lisa, Michael, Robbie, Judi, Evonne, James, Nichole, Constantine, Theodora, Mary, Irene Maria, Marion, Apostolos, Olivia, Lincoln, Carole, Patty, Karrisra, Corina, Tom, George R., Ken, Nancy and Tim, Olga, Peter, Cora and family, Bo, Tom, Lynn, Deb, Sarah, Maia, Travis, Kassie, Tahnlee, Lois, Kalli, Annie, Sue & Jim, Steve, Sue, Jane, Rifka, Pat, Nancy, Dave, Pam, Gilbert, George P., Danielle, Jenny, John L., Steven E., Julia, Presvytera Janis, Sandra, Sophia, Rick, Nancy, Alex, Eryn, Phil, Karen, Dorla, Linda, Fr. Elias, Vicki, Bill, Diana, Doria, Mike, Stephanie, Tyler, Ben, Amy, Christy, Karen, Anastasia, Jamie, Alex and Alexander, Toni, Gina, Julie, R.J., Allie, Vickie, Petra, Bob, Joseph, Christopher, Elizabeth, Jaxon, Judi, Bodil, Ole, and others known to you.

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***Text to Give***

**Text smgoc to 73256**

***This number will never send unsolicited texts.***

# Calendar of the Week

## **Sunday, January 29: Sunday of the Canaanite**

- 8:30 a.m. – Matins; 9:30 a.m. – Divine Liturgy
- 12:45 p.m. – JOY Basketball Practice, Great Hall
- 2:00 p.m. – Girls' GOYA Basketball Practice, Great Hall

## **Monday, January 30: The Three Hierarchs**

- 9:30 a.m. – Divine Liturgy

## **Wednesday, February 1: Eve of Presentation**

- 9:30 a.m. – FAITH Playgroup, Great Hall and Terrace Room
- 5:00 p.m. – Great Vespers
- 6:15 p.m. – Junior GOYA, Youth Room
- 6:30 p.m. – Choir Rehearsal, Nave

## **Thursday, February 2: Presentation of Our Lord**

- 8:30 a.m. – Matins; 9:30 a.m. – Divine Liturgy
- 7:00 p.m. – Women's Book Club Discussion, 11/12 Grade Classroom

## **Friday, February 3**

- 7:00 a.m. – Men's Fellowship, Fireside Room

## **Saturday, February 4**

- 9:00 a.m. – Bible Study, Fireside Room and Zoom
- 5:00 p.m. – Great Vespers at Hyatt Bloomington, Waterford Room

## **Sunday, February 5: The Publican and Pharisee**

### **Tridion Begins**

- 8:30 a.m. – Matins; 9:30 a.m. – Divine Liturgy
- after Liturgy – Championship Basketball Game, Great Hall

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# Announcements

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## Food Shelf Needs for February 5

Canned meals (large cans)

*February's recipient is Simpson Food Pantry.*

Please do not bring opened packages. They will be discarded.



## Stewardship Update

Thank you to all who have returned your stewardship time, talent, and treasure forms. As of Friday, January 27, we have received 194 pledges totaling \$522,475. To date we have received \$40,124 in offerings!

*Thank you!*



## Coffee Hour Hosts Needed

Do you enjoy the fellowship and treats after Sunday Liturgy? How about hosting a Sunday coffee hour? We have several opportunities open to host: February 26, March 5 and 26, and April 2. Please contact the Church Office if you'd like to host.

## OCF Meals

Our local chapter of Orthodox Christian Fellowship at the U of M is looking for friends who might consider providing meals for their campus weekly gatherings this spring. The sign up link is in the Weekly Update e-mail.

## Icon Classes

Session 2 of Deb Korluka's icon classes begins Tuesday, February 7, at St. George Greek Orthodox Church in St. Paul as well as on Zoom. This session's icon is the *Protection of the Theotokos*. Classes are held on Tuesdays, February 7, 21, 28, and March 7, from 6:00-9:00 p.m. Tuition is \$145.00, plus materials. Please contact Deb at: [akorluka@aol.com](mailto:akorluka@aol.com) or [arsenault003@gmail.com](mailto:arsenault003@gmail.com) for registration. Session 3 begins on Saturday, March 4, at The Basilica of St. Mary.

# Philoptochos News

## Philoptochos Membership Drive

Philoptochos (meaning Friends of the Poor) membership is underway. Membership packets were mailed out to all the ladies of the parish this week. Stop by the Philoptochos table over the next few weeks to submit your dues or sign up. Please consider joining this worthy organization and give back to the Lord some of your time, talents, or treasures.

## Women's Book Club

Plan to take part in our Women's Book Club discussions. Our next discussion is this Thursday, February 2, in the 11<sup>th</sup>/12<sup>th</sup> grade classroom (main floor). The February book is *How Are We Saved* by Bishop Ware and the April book (discussion on April 6) is *Saint Nektarios*. Both books are in the bookstore.



# Basketball Tournament

## First Aid Needs

Are you trained in first aid? Is your schedule open next weekend? Why not consider being a part of a different sort of tournament team...the first aid team? We are looking for trained folks to be on hand during the tournament games in case of any injuries. The games on Friday and Saturday will be at the Bloomington Kennedy Activities Center and on Sunday in our Great Hall. We will provide ice, bags, and a simple first aid box at the gyms. To sign up, use the link in the Weekly Update e-mail or call the office on Monday.

## Tournament Volunteer Opportunities

Be a part of the basketball tournament! We are in need of volunteers for various tasks during the tournament next weekend, February 3-5. Click the link in the Weekly Update e-mail notice to find out the opportunities and to sign up. (Or you can call the church office for more information.)

# OCMC MINNEAPOLIS MISSIONS DINNER

Thursday, February 9

Doors Open at 6:00 PM CT

Evening Program & Dinner at 6:30 PM CT

## St. Mary's Greek Orthodox Church

3450 Irving Ave. So. | Minneapolis, MN 55408

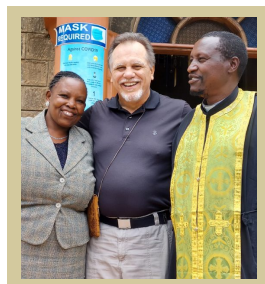
### FREE WILL OFFERING ENCOURAGED

Come and learn about OCMC's missionary efforts around the world. Hear the latest news and happenings from the mission field and how you can answer Christ's call to "go and make disciples of all nations."

Registration is online! Sign up by Feb. 6 at:  
[www.ocmc.org/Minneapolis-Dinner](http://www.ocmc.org/Minneapolis-Dinner)

#### For questions, please contact:

Eleni Moser at [eleni\\_moser@hotmail.com](mailto:eleni_moser@hotmail.com)  
or OCMC Staff at [events@ocmc.org](mailto:events@ocmc.org)



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SCAN TO  
REGISTER TODAY!

## **From the Fathers...on Faith**

Until they had come near to Christ, until they have heard and seen,  
they would not believe.

The apostles' common sense sought eye-witnessed facts and not fables.

Our Faith is well-attested and well-authenticated.

–Saint Nikolai Velimirovich of Zhicha

### **Daily Bible Readings**

***Monday, January 30***

***The Three Hierarchs***

Hebrews 13:7-16 • Matthew 5:14-19

***Tuesday, January 31***

I Corinthians 12:27—13:8 • Matthew 10:1, 5-8

***Wednesday, February 1***

Romans 8:28-39 • Luke 10:19-21

***Thursday, February 2***

***The Presentation of Our Lord***

Hebrews 7:7-17 • Luke 2:22-40

***Friday, February 3***

Hebrews 9:11-14 • Luke 2:25-38

***Saturday, February 4***

II Timothy 2:11-19 • Luke 18:2-8

***Sunday, February 5***

***Sunday of the Publican and Pharisee; Triodion Begins***

II Timothy 3:10-15 • Luke 18:10-14

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