

# The Messenger

St. Mary's Greek Orthodox Church | 3450 Irving Avenue South, Minneapolis, MN 55408 | 612.825.9595 | [www.stmarysgoc.org](http://www.stmarysgoc.org)

## April 2023

### Inside This Issue

Bookstore.....	8
Children and Youth.....	10
Education and Fellowship.....	3
Holy Friday Retreat .....	9
Holy Week Schedule .....	3
Missions and Outreach .....	6
Our Life Together .....	2
Parish News and Events .....	4
Philoptochos .....	5
Stewardship.....	7
Worship Schedule.....	3

### St. Mary's

### Mission Statement

To proclaim, celebrate, and share  
the good news of salvation in  
Jesus Christ in accordance  
with the Orthodox Tradition.

### The Five Tasks of Our Parish Vision

Hear  
Pray  
Grow  
Serve  
Share



## A Message from Father John Kostas

### A Prophecy of Fr. Roman Braga

A confessor in the Orthodox Church is someone who undergoes horrible sufferings inflicted in an effort to force him to recant his faith, but who endures in his confession to the end.

Such a man was Fr. Roman Braga, abbot of the Holy Dormition Monastery in Rives Junction, Michigan, until his recent passing.

Fr. Roman sustained unspeakable torments as a prisoner of the communist regime in Romania, kept in a filthy cell while weathering many beatings. Yet he not only emerged triumphant, he also found the spiritual strength to forgive his tormentors and even to thank God for the sufferings he withstood.

While at the monastery, it was Fr. Roman's inspiring habit to address groups of visiting pilgrims. On one occasion, the conversation turned to the many ways in which American society seemed to be going astray from God.

Fr. Roman's response? He said that Americans were a good and welcoming people — but needed to suffer if they were to return to faith! He spoke these words not in condemnation, but in a calm and loving way, yet with firmness of purpose.

He then added: God would someday allow such suffering to bring us back to our spiritual senses. When such a man as Fr. Roman speaks this way, it is not merely a prediction. It is a prophecy. Is that prophecy now being fulfilled?

Hard to say. Perhaps the best approach is to recall the words of warning of Our Lord to the wealthy farmer who spent his time planning more wealth, 'bigger barns.'

*You fool! This very night your soul is being demanded of you. And the things you have prepared, whose will they be? (Luke 12:20).*

One person who heard Fr. Roman reported that, in spite of the grave message, she did not feel scared, because she knew that Fr. Roman meant that God allows suffering for our salvation. God helped Fr. Roman be strong in his faith, and the torturing times merely wrapped him in gentleness and love.

...

### Spring Parish Assembly

### Sunday, April 23

### 11:30 a.m. in the Great Hall

# Our Life Together

## Birth

Declan Daniel  
Parents: Cooper & Jessica Buss  
February 10, 2023

## Baptism

Zelda Ann  
Parents: James & Erica Delles  
February 19, 2023

## Death

Mary Kalogerson  
January 15, 2023  
May her memory be eternal.

## Memorial Prayers

**Sunday, April 2**  
John Leckas (2 years)  
**Sunday, April 30**  
Lamona Legeros (1 year)

## Share YourShelf

Community Emergency Service, CES, is April's recipient for Share YourShelf. The weekly needs for the month are:

- Individually wrapped bars of soap
- Individually wrapped toothbrushes
- Toothpaste
- Shampoo

Donate online: <https://cesmn.org>, then Make Donation.

There will always be poor people in the land. Therefore, I command you to be openhanded toward your brothers and toward the poor and needy in your land.

—Deuteronomy 15:11

## St. Mary's Church Staff

**Proistamenos**  
Fr. Timothy Sas

**Associate Priest**  
Fr. Jason Houck

**Attached Priest**  
Fr. John Kostas

**Deacons**  
Fr. Paul Kalina  
Fr. Luke Twito

**Administrator**  
vacant

**Parishioner Support Communications**  
David Mertesdorf

**Ministry Support**  
Doria Saros

**Youth Director**  
Jonathan Klein

**Music Director**  
Thespina Macres

**Organist**  
Mark Macres

## Christ Is Risen! Truly He Is Risen!

Christos anesti! Alithos anesti! (Greek)

Khrishti u ungjall! Vërtete u ungjall! (Albanian)

Al-Masi-H Qam! Hakan Qam! (Arabic)

Christos tensáh mután! Bsavi hayl sultán! (Ethiopian)

Le Christ est ressuscite! En verite il est ressuscite! (French)

Christos a inviat! Adeverat a inviat! (Romanian)

Khristos Voskrese! Voistinu voskrese! (Slavonic)

Christos anesti! Alithos anesti! (Coptic)

Ua ala hou 'o kristo! Ua ala 'i 'o no 'oia! (Hawaiian)

Ha-Mashiah qom! Be-emet qom! (Hebrew)

Cristo e' Risorto! Verito e' Risorto! (Italian)

Harisutosu Fukkatsu! Jitsu Ni Fukkatsu! (Japanese)

Christ Nadeetsa! Ao Nadeetsa! (Navajo)

Jesu Kristi Ebiliwo! Ezia o'biliwo! (Nigerian)

Khrystoos Zmartfykhstal! Zapravde Zmartfykhstal! (Polish)

Christus är uppstanden! Han är verkligen uppstanden! (Swedish)

Khristos voskres! Voistinu voskres! (Ukrainian)

## St. Mary's Parish Council

**President**  
Jeannie Possis

**Vice President**  
Sam Hanna

**Secretary**  
Maria Smith

**Treasurer**  
Andrew Twito

**Assistant Treasurer**  
Cristina Nicklow

**Members**  
Daniel Buss  
Libby Cheolis  
Alex Dascalos  
Ina Dunham  
Dean Psychogios  
Sophia Rouman  
Louis Tiggas

# Education • Fellowship • Worship

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## Fellowship and Study Groups

### Intercessory Prayer

Friday, April 7  
Wednesday, April 19  
11:00 a.m., Nave Chapel

### Men's Fellowship

Friday, April 7  
The Book of Jonah  
Friday, April 21  
Psalm 7  
7:00 a.m., Fireside Room

### Saturday Bible Study

Saturdays, April 1, 22, and 29  
9:00 a.m., Fireside Room and Zoom

### Women's Bible Study

Friday, April 7  
Wednesday, April 19  
11:30 a.m., Fireside Room



## Young Women's Bible Study – Spring 2023

### People and Stories of the Old Testament

The Young Women's Bible Study will begin meeting on the dates below, from 7:15-8:45 p.m. The study begins at 7:30.

Tuesday, April 4  
Tuesday, April 18  
Tuesday, May 2  
Tuesday, May 16

We'll meet at the home of Patty Christopulos, 5312 Highwood Drive West, Edina, MN 55436

PLEASE sign up by March 26 by texting Patty at 952.200.9566.

Materials to prepare for each session will be emailed in advance by Patty Christopulos, who will lead the study.

## Weekend Schedule

### Saturday

Great Vespers – 5:00 p.m.

### Sunday (live-streamed)

Orthros – 8:30 a.m.  
Divine Liturgy – 9:30 a.m.

## Weekday Schedule

### Wednesday, April 5

5:30 p.m. - Liturgy of the  
Presanctified Gifts

### Friday, April 21

Life-Giving Font of the Theotokos  
Divine Liturgy – 9:30 a.m.

### Tuesday, April 25

Saint Mark the Evangelist  
Divine Liturgy – 9:30 a.m.

## Lenten Vespers

• Sundays during Lent at 5:00 p.m.

### March 26

St. Michael and St. George  
Ukrainian Orthodox Church  
505 4th Street NE  
Minneapolis, MN 55413

### April 2

Holy Anargyroi Greek Orthodox  
Church  
703 W. Center Street  
Rochester, MN 55902



## Holy Week Worship Schedule

### Saturday, April 8 — Saturday of Lazarus

9:00 a.m. - Orthros; 10:00 a.m. - Divine Liturgy  
5:00 p.m. - Great Vespers

### Sunday, April 9 — Palm Sunday

8:30 a.m. - Matins; 9:30 a.m. - Divine Liturgy  
6:00 p.m. - Bridegroom Matins

### Monday, April 10 — Holy Monday

6:00 p.m. - Bridegroom Matins

### Tuesday, April 11 — Holy Tuesday

9:30 a.m. - Presanctified Liturgy  
6:00 p.m. - Bridegroom Matins

### Wednesday, April 12 — Holy Wednesday

4:00 p.m. - Service of Holy Unction  
6:00 p.m. - Matins of the Mystical Supper with Holy Unction

### Thursday, April 13 — Holy Thursday

9:30 a.m. - Divine Liturgy of the Mystical Supper  
6:00 p.m. - Service of Holy Passion

### Friday, April 14 — Great and Holy Friday

9:00 a.m. - Royal Hours  
1:30 p.m. - Vespers of the Descent from the Cross  
6:00 p.m. - Service of Lamentations

### Saturday, April 15 — Holy Saturday

10:00 a.m. - First Resurrection Divine Liturgy  
11:30 p.m. - Midnight Office, Resurrection Service, Matins, Divine Liturgy

### Sunday, April 16 — Great and Holy PASCHA

12:00 noon - Agape Vespers

# Parish News & Events

## Lazarus Saturday Family Service Day Saturday, April 8

We invite everyone to take part in our Lazarus Saturday Family Service Day on Saturday, April 8. The day begins with Matins at 9:00 a.m., followed by Divine Liturgy at 10:00 a.m., and the Service Day projects will follow a time of fellowship after Liturgy and will include cleaning and preparing the church for Holy Week and plaiting palm crosses. It's a joy filled day! At midday, we will join together for a potluck lunch. Please bring a Lenten dish to share. We'll provide peanut butter and jelly sandwiches for the kids. Sign up information will be available closer to the date. Please stay tuned!

## Palm Sunday Lunch Sunday, April 9

Our annual Palm Sunday Lunch hosted by the St. Mary's Choir will take place after Liturgy on Sunday, April 9. The ticket price will be announced closer to Palm Sunday and available on Sundays in the Great Hall after Liturgy or at the door on Palm Sunday.

## Senior Citizens' Meeting Tuesday, April 18

Our St. Mary's Seniors meeting and social will be held on Bright Tuesday, April 18, at 12:00 noon, in the Terrace Room. Please note we changed the date due to Holy Week and Easter in the preceding week. We will celebrate all March and April birthdays and anniversaries and enjoy the delicious cake provided by Queen of Cakes. The luncheon will be hosted by our Seniors' officers with a short meeting to follow. We will show a movie by Greek producer/actor Robert Krantz afterwards. We will collect 2023 dues of \$15, and all St. Mary's members who are 55-plus are welcome to join our seniors group. For any further questions, please contact President Tessie Bourdamis.

## Orthodox Game League Saturday, May 13

The spring Game League night is scheduled for Saturday, May 13, 7:00 p.m., at St. Mary's Orthodox Cathedral's Parish Center across the street from the church. It is located at 1701 5<sup>th</sup> Street NE in Minneapolis.

- If you plan to attend, please bring a munchie or dessert to share with the game gang - be creative!

Contact Nikki Beauchamp, 612.910.2943, with any questions.



JULY 1 – JULY 7, 2023

BE A PART OF THE TRADITION!

PRAYER + COMMUNITY + FUN

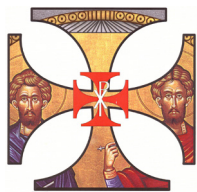
Registration:

Early Bird: 4/18 – 5/2 \$520

Regular Rate: 5/3 – 5/18 \$550

[www.stmaryscamp.com](http://www.stmaryscamp.com)

# Philoptochos



There are no Philoptochos meetings scheduled during April. Please watch for updates on events or needs in the weekly bulletin, web page, and at our table on Sundays.

## Upcoming Activities

### Meal at FOCUS Minnesota

#### Sunday, April 2

Volunteers are needed to help us prepare a portion of the FOCUS dinner on April 2. We need up to eight people to serve and hand out 200+ meals. All parishioners are invited to join us in these efforts. Questions? Stop by our table after church or contact our chairs: Mary Ellis, 612.716.5658 or [m.e.ellis925@gmail.com](mailto:m.e.ellis925@gmail.com) or Paulette Hastings, 952.564.8388 or [pmg@sisyphuscafe.com](mailto:pmg@sisyphuscafe.com), or go to Sign Up Genius to volunteer.

### Tandem Baby Bottle Collection

Tandem provides a community for women to pursue the struggles of life together through educational classes, medical care, counseling and support, material needs like food, clothing, and diapers, life coaching, and childcare. Stop at our table in the Narthex or Great Hall and take a baby bottle to fill with coins and dollars or put your gift in a provided envelope. Please return your gift by Palm Sunday, April 9.

### Women's Book Club Discussion

#### Thursday, April 6

Attend the hybrid Women's Book Club discussion of *Saint Nektarios: The Saint of Our Century* by Sotos Chondropoulos on Thursday, April 6, 7:00-8:30 p.m. Stop by the bookstore to pick up your copy.

### Membership Drive Ends Soon

Philoptochos supports local food shelves, Orthodox ministries, monasteries and orphanages, and relief efforts throughout the country and world. We can't do this without you! Please consider joining us during our annual membership drive, which wraps up at the end of March. Women of the parish received a letter with information. Please mail in your membership form and gift, or stop by our table during the Sunday social hour for more information.

## Holy Week

Sign up at church for Holy Week needs. The dates will be announced soon, so keep watching. Some volunteer needs will be for Holy Friday to adorn kouvouklion, wrap red eggs, plate koulouria, and on Holy Saturday to adorn church after the 10:00 a.m. First Resurrection Liturgy.

## Thank You!

### **MEOCCA Meal/Vespers on March 12**

Thank you to everyone who brought dessert or helped with set-up, serving, and clean-up.

### **Meal after Presanctified Liturgy on March 15**

Thank you to everyone who helped set up and serve and the meal and clean up. Thank you to our guest speaker Sasha Nicolle. And thank you to all who supported **Lift Up the Vulnerable** through the free will donations.

### **Operation Classroom: School Supply Drive for Bancroft Elementary School**

Thank you, Carol Smith, coordinator of the drive. We had a great team of Philoptochos helpers, thank you!

### **Assemble IOCC Hygiene Kits**

Thank you to all who helped assemble IOCC hygiene kits on March 26 at the monthly Philoptochos meeting... Carol A. Smith, coordinator of the drive, and the great team of Philoptochos helpers.

### **Spring Fillo Sale**

Thank you Andrea Tiggas for coordinator another successful sale!



# Missions & Outreach

## Build Lives Build Homes Build Community



*The heavens declare the glory of God, the earth declares its handiwork. Day to day brings forth strength, night to night brings fourth knowledge, There is no speech, there are no words, their voices are not heard. Yet their voices go out to the ends of the earth and his Words to the end of the world. —Psalm 19:1-5*

Stunned by the beauty of Holy Trinity Monastery in Guatemala.

Beauty in the silence and stillness.

Beauty in the flora and fauna.

Beauty in the community of people living there.

Beauty within each individual- created in His image and shining forth in His likeness.

Beauty in Christ Jesus who is the true icon/the image of God.

Glory to God!

I have just returned from a three week visit and intensive icon workshop at the Monastery of the Holy Trinity. I am awe-struck by the hospitality, dedication, and good Spirit of the community living at the monastery—currently Igumeni Madre Ines, Madre Ivonne, and Mother Maria. In addition, there are currently four young women, three children and five young men living there. These young adults, ages 20 to 28, currently are all working within the monastery and/or studying. Andrea just graduated from a cosmetology school, Guadalupe graduated from the Friendship University of Russia in arts and ceramics ([www.rudn.ru](http://www.rudn.ru)). Astrid graduated with a degree in marketing administration from the University of Galileo. Isabel has begun her veterinary studies. Miguel continues to study technology and does some specialized work in the area of archeology/decoding ancient writings

on Mayan ruins in Guatemala. Samuel's greatest gift is to serve in the altar. This is just to name a few. Others are living independently and employed.

So what are the nuns doing? There are now about 17+ young adults who were under their guardianship, however, never adopted out. These young people are dearly beloved family who always welcome "home." The nuns are dedicated and untiring in their efforts in providing opportunities for them to take responsibility to better their own lives. There is additional property adjacent to and owned by Holy Trinity Monastery which has recently been graded and further developed for the building of homes. 17 of these 40 lots have been gifted (deed given to these former residents of the Hogar Rafael Orphanage). The lots are situated high above Lake Amatitlan, a lake surrounded by volcanoes, wild flora and fauna, a magnificent view. These now young adults, in due time, can apply for a low interest, long term loan and work to become owners of a home. Hopefully, the building of the first home will be within the next few months. This "affordable housing" project is currently of primary focus of the Friends of the Hogar Rafael Ayau non-profit organization. See [fhrayau.org](http://fhrayau.org) for more detail.

Over many years, the Orthodox parishes from Minnesota and Wisconsin have strongly supported and continue to support the mission work of these three courageous nuns. They are yet vitally concerned with the well-being of these "HomeKids" now young adults. As I've often heard Mother Ines ask, "And what would you want for your children?" We want to see them flourish and grow into the persons God intended them to be, totally reliant on God, persevering in faith, and living fruitful lives. This affordable housing is the continuation of a beautiful charitable Orthodox community. The seeds have been planted. By the grace of God and your support, it will flourish and grow. Please go to [fhrayau.org](http://fhrayau.org) and give as you are able and care to contribute. Be part of a gift that will truly keep on giving!

Mucho Gracias!

Carol Karos

# Stewardship

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## 2023 Stewardship

### **Ownership, Engagement, Generosity**

As we wrap up our 2023 Stewardship Campaign, we want to remind everyone that to be a Steward in Good Standing at St. Mary's you **MUST** complete a Time and Talent form and return it to the office. This intentional act is meant as a way for each of us to take ownership of our personal commitment to Christ and His Church.

Many people donate to St. Mary's - both large and small donations - but do not complete a Time, Talent, and Treasure form. We are asking for those people to take the next step, to turn their donation (of time, talent or treasure) into a commitment by filling out a form with their name on it. It doesn't matter the amount pledged (and if the amount increases or decreases over the year that is just fine), but the ACT of committing is pleasing to God.

Being a *Steward in Good Standing* (meaning, a pledge form was completed) offers the important benefits of being able to have sacraments performed at St. Mary's, to run for parish council, to vote in elections and at the General Assembly, and to attend our annual Glendi, among other things.

If you haven't done so yet, we hope you will choose to become a Steward in Good Standing by completing a Time, Talent, and Treasure form now (if you cannot commit to pledging your Treasure, just fill out the Time and Talent portion), as our campaign is nearing the end.

*"Every good and perfect gift is from above, and comes down from the Father of lights, with whom there is no variation or shadow of turning."* —James 1:17

Blessed Lent!

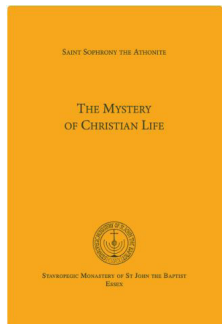
The Stewardship Committee



# In the Bookstore

by Rebecca Myerly

[bookstore@stmarysgoc.org](mailto:bookstore@stmarysgoc.org)



*The Mystery of Christian Life* by Saint Sophrony the Athonite (1896-1993) has recently been published in an English translation of the original text written in Russian. Both are published by the monastery Saint Sophrony founded—the Stavropegic Monastery of St John the Baptist in Essex, England.

Hieromonk Nicholas, the compiler of this book, writes in a superb and truly edifying foreward:

The majority of the texts in this book are taken from St. Sophrony's collection of drafts which did not reach book form in his lifetime, because he was so occupied in taking care of the monastery and those who visited with need of his prayer and counsel. The texts began in handwritten form, often on already-used paper, so that not a scrap of paper—each one a gift from God—would be wasted. The final drafts were type-written. Some texts were in files; others were on loose papers, many of which were not in any particular order.

Most of the chapters here are compilations of such notes, grouped by theme, but again, not rigidly delineated. (20-21)

For readers who have read books by Saint Sophrony, *The Mystery of Christian Life* will be a welcome and, for many, a long anticipated book. Hieromonk Nicholas notes, "Those who have read the books of St. Sophrony already published in English will find some of the thoughts expressed here familiar." (17) For readers who have not read anything by Saint Sophrony, this book is a great introduction to this Saint and the length and breadth and height and depth of the divine wisdom and insight he was given and shared.

Entering into the world of the Elder's word/idea, we are spiritually immersed in God's presence, in which he himself lived. Every moment spent consciously in this sphere acts in a mysterious way upon the whole man: spirit, soul, and even body....The saint's words are the fruit of long years of weeping and intense prayer, and they transfigure the reader in his 'inner man'... (18)

Much is revealed about the content of this book from the chapter titles: "Reflections on Monastic Life;" "The Life of Our Monastery;" "The Path I have Travelled;" "On Faith;" "The Person-Hypostasis;" "On Prayer;" "Creativity;" "The Service of Mothers to the Church and the World;" "On Marriage;" "Knowledge of God, Knowledge of Humanity;" "Mankind and Human History;" "Spiritual Life;" and "Spiritual Striving." The epilogue was also written by St. Sophrony with a penciled note: "for the end of the book" without specifying the book. *The Mystery of Christian Life* is truly a compilation of life giving writings.

Concluding the foreward, Hieromonk Nicholas writes:

This is a book to be read slowly and prayerfully, the reader's aim being spiritual and theological nourishment. There are many reflections here that have not been expressed in earlier books. And what we seem to have read elsewhere is refreshed by the inspired way it is expressed, and by our discovery of hitherto unexpressed nuances. (21)



# Holy Friday Retreat

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## Walk with Christ to the Cross

Friday, April 14 • 10:30 a.m.-1:15 p.m.

(Taking Down from the Cross Vespers starts at 1:30 p.m.)

Pre-K (4 year old) through 12<sup>th</sup> grade

>> Registration Link: <https://tinyurl.com/HolyFriday2023> <<

Please join us for an engaging day at our church in which children will learn about Holy Week, the Crucifixion, and Resurrection of our Lord, Jesus Christ. We will have lessons, crafts, lunch, stations in the church, and gym time (to help get the wiggles out - even the big kids). The retreat ends at 1:15 p.m., so please be here at that time to check out your child(ren) and accompany them for the Taking Down from the Cross Vespers.

Please register early so we can plan accordingly for helpers, supplies, space, and food ordering/packaging.

**Adults:** we could use additional help with set up/clean up and food preparation. To volunteer or with questions, contact Dena Tortorelis [churchschool@stmarysgoc.org](mailto:churchschool@stmarysgoc.org)

# Vacation Church School

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## The Fruits of the Spirit

June 12-16, 2023 • 8:45 a.m.-12:00 p.m.

Join us for a fun filled tropical adventure as we learn about the wonderful fruits that the Holy Spirit gives us. We will have crafts, singing, gym activities, snacks, and interesting lessons!

Kids ages 4 years old (and potty trained) through going into 6<sup>th</sup> grade (fall 2023) are welcome. Middle and high school students and adults are needed to help.

Questions? Contact Dena Tortorelis or Krissa Rovolis at...

[Churchschool@stmarysgoc.org](mailto:Churchschool@stmarysgoc.org)

Hope to see you there!

To register: [tinyURL.com/Fruits-VCS-2023](https://tinyurl.com/Fruits-VCS-2023)

Or scan the code below on your phone.



# Children & Youth

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## Our Children and Youth Mission Statement

To cultivate a safe and welcoming environment for kids by nurturing healthy relationships within the church family. We will teach the youth by building a strong foundation of knowledge, and together, we will experience the Orthodox tradition by following the four circles of youth ministry: **Liturgia** (Worship), **Diakonia** (Service), **Martyria** (Witness), and **Koinonia** (Fellowship), leading our youth to develop, by their own free will, a personal relationship with God and to pursue union with Him.

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### FAITH Group

#### 0-5 Year Olds and Parents

- ▶ FAITH Playgroup  
Tuesday, April 4  
Thursday, April 27  
Great Hall and Terrace Room

### HOPE and JOY

#### Kindergarten-Grade 2 and Grades 3-5

- ▶ Saturday, April 1  
Fanari Retreat at St. George Greek Orthodox Church  
Grades 5-12  
More information to come.

### Junior GOYA

#### Grades 6-8

- ▶ Saturday, April 1  
Fanari Retreat at St. George Greek Orthodox Church  
Grades 5-12  
More information to come.
- ▶ Wednesday, April 5  
Junior GOYA Mini-meeting  
Following the Presanctified Liturgy, grab your food and meet in the Youth Room! We will have fellowship and a discussion with one another until 8:00.

### Senior GOYA

#### Grades 9-12

- ▶ Saturday, April 1  
Fanari Retreat at St. George Greek Orthodox Church  
Grades 5-12  
More information to come.

### Fanari Lenten Retreat

#### Saturday, April 1

Saint George Greek Orthodox Church in St. Paul is hosting this year's Fanari Retreat for 5<sup>th</sup>-12<sup>th</sup> graders on Saturday, April 1, from 2:00-8:00p.m. The retreat is regional and will have seven satellite locations throughout the Metropolis. The cost to attend is \$30 per person. For more information and to register, visit [www.fanari.camp/retreat](http://www.fanari.camp/retreat).

### Lenten Confession Schedule

#### Grades 2-12

In the nave, following the Presanctified Liturgy  
Wednesday, March 22 — Grades 9 and 10  
Wednesday, March 29 — Grades 5 and 6  
Wednesday, April 5 — Grade 2

### Youth Feedback

If you have any comments, suggestions, or concerns regarding our youth program(s) please let us know. To access our formal feedback process, go to our St. Mary's home page-Click on "Youth," then "Youth Program Feedback." Your comments will be forwarded to a member of the Parish Council and will be reviewed for follow up.



Follow the GOYAns on Instagram: **St\_Marys\_GOYA**

# FANARI



## REGIONAL LENTEN RETREAT

Who: Current 5th-12th Fanari Campers

What: Regional Lenten Retreat

When: April 1, 2023; 2-8pm

### Locations:

St. George, St. Paul, MN  
SS. Constantine & Helen, Wauwatosa, WI  
Holy Trinity, Schiller Park, IL  
St. Nectarios, Palatine, IL  
Holy Apostles, Westchester, IL  
St. Spyridon, Palos Heights, IL  
Assumption, Town & Country, MO  
St. John the Baptist, Cedar Rapids, IA\*

\*IOWA WILL INCLUDE ADULTS AND ALL YOUTH

[fanari.camp/retreat](https://fanari.camp/retreat) | REG OPENS FEB 15 @ noon | \$30/camper



Saint Mary's Greek Orthodox Church  
3450 Irving Avenue South  
Minneapolis, Minnesota 55408

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RETURN SERVICE REQUESTED



**We worship Your Passion, O Christ.  
Show us also Your glorious Resurrection.**

### **St. Mary's Greek Orthodox Church**

*The Messenger* is published  
monthly by St. Mary's  
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April 2023

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[www.facebook.com/stmarysgoc/](https://www.facebook.com/stmarysgoc/)

**Publication Deadlines**  
**The Messenger**—  
First Sunday of each month.

**Sunday Bulletin**—  
Preceding Thursday,  
12:00 Noon

# April 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						<b>1</b> 9:00am-Bible Study
<b>2 Saint Mary of Egypt</b> <b>"The Messenger" Deadline</b> 8:30am-Orthros 9:30am-Divine Liturgy 5:00pm-Vespers <i>Holy Anargyroi GOC, Rochester</i>	<b>3</b>	<b>4</b> 9:30am-FAITH Playgroup 6:15pm-Parish Council 7:15pm-Young Women's Bible Study	<b>5</b> 4:00pm-Holy Confession 5:30pm-Presanctified Liturgy 6:30pm-Lenten Dinner 6:30pm-CS Conf., Gr. 2 6:30pm-Junior GOYA 7:10pm-Choir Rehearsal Open Gym	<b>6</b> 7:00pm-Women's Book Club Discussion	<b>7</b> 7:00am-Men's Fellowship 11:00am-Intercessory Prayer 11:30am-Women's Bible Study	<b>8 Lazarus Saturday</b> 9:00am-Orthros 10:00am-Divine Liturgy Family Service Day 5:00pm-Great Vespers
<b>9 Palm Sunday</b> 8:30am-Orthros 9:30am-Divine Liturgy after Liturgy - Palm Sunday Lunch 6:00pm-Bridegroom Matins	<b>10 Holy Monday</b> 6:00pm-Bridegroom Matins	<b>11 Holy Tuesday</b> 9:30am-Presanctified Liturgy 6:00pm-Bridegroom Matins	<b>12 Holy Wednesday</b> 4:00pm-Service of Holy Unction 6:00pm-Matins of the Mystical Supper/Holy Unction	<b>13 Holy Thursday</b> 9:30am-Divine Liturgy of the Mystical Supper 6:00pm-Service of Holy Passion	<b>14 Great and Holy Friday</b> 9:00am-Royal Hours Church School Retreat continues until 1:15 pm 1:30pm-Vespers of the Descent from the Cross 6:00pm-Lamentations	<b>15 Holy Saturday</b> 10:00am-First Resurrection Divine Liturgy 11:30pm-Midnight Office Resurrection Service Matins Divine Liturgy
<b>16 Great and Holy PASCHA</b> 12:00noon-Agape Vespers Egg hunt follows Vespers	<b>17 Bright Monday</b> <i>Church and Office Closed</i>	<b>18 Bright Tuesday</b> 12:00noon-Senior Citizens 7:15pm-Young Women's Bible Study	<b>19 Bright Wednesday</b> 9:00am-"The Messenger" Mailing 11:00am-Intercessory Prayer 11:30am-Women's Bible Study	<b>20 Bright Thursday</b>	<b>21 Bright Friday</b> <b>Life-Giving Font of the Theotokos</b> 7:00am-Men's Fellowship 9:30am-Divine Liturgy	<b>22 Bright Saturday</b> 9:00am-Bible Study 5:00pm-Great Vespers
<b>23 Saint Thomas</b> 8:30am-Orthros 9:30am-Divine Liturgy 11:30am-Spring General Assembly	<b>24</b>	<b>25 Saint Mark</b> 9:30am-Divine Liturgy	<b>26</b>	<b>27</b> 9:30am-FAITH Playgroup 7:00pm-Stewardship Com.	<b>28</b>	<b>29</b> 9:00am-Bible Study 5:00pm-Great Vespers
<b>30 Holy Myrrh-Bearers</b> 8:30am-Orthros 9:30am-Divine Liturgy						



# Holy Pascha Flowers Contribution

Name \_\_\_\_\_

In memory of: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Amount enclosed: \$ \_\_\_\_\_

Please return this form with your contribution to St. Mary's by  
Palm Sunday, April 9, 2023.

Thank you!