



ST. MARY'S

GREEK ORTHODOX CHURCH

July 2, 2023 — *Fourth Sunday of Matthew*

THE DIVINE LITURGY

Commemoration

Fourth Sunday of Matthew; Deposition of the Precious Robe of the Theotokos in Blachernae; Synaxis of the Most Holy Theotokos of the Orphan; Juvenal, Patriarch of Jerusalem; Juvenal the Protomartyr of America & Alaska; Cosmas & Damian the Holy Unmercenaries; Constantine the New Martyr of Cyprus; Aaron and Julius the Martyrs of Caerelon; Germanus, Bishop of the Isle of Man. John Maximovitch, Archbishop of Shanghai and San Francisco.

Morning Gospel: Luke 24:1-12

Tone: Third

Variable Hymns and Readings in the Liturgy

At the Second Antiphon

Save us, O Son of God, who rose from the dead,
save us who sing to you: Alleluia!

At the Small Entrance

Resurrection Hymn, Third Tone

Let the heavens rejoice and the earth be glad, for the Lord has shown the mighty power of his arm. He has trampled down death by death, becoming the firstborn of the dead. He has delivered us from the depths of hell and has granted to all the world his great mercy.

Hymn of Entrance

Come, let us worship and bow down before Christ. Save us, O Son of God, who rose from the dead, save us who sing to You: Alleluia!

Repeat the Resurrection Hymn, above.



Hymn of the Deposition of the Holy Robe of the Theotokos, *Plagal Fourth Tone*

Ever-virgin Theotokos, the shelter of mankind, you have given to your City as a protective wall the clothing and garment that you wore on your immaculate body. By your seedless childbirth, they have remained incorrupt. For in you both nature and time are made novel. Therefore we implore you, grant peace to your commonwealth, and great mercy to our souls

Hymn of the Dormition of the Theotokos, *First Tone*

In giving birth, you preserved your virginity, O Theotokos;
in falling asleep you did not forsake the world.
You passed over into life, O Mother of Life; and
by your prayers you deliver our souls from death!

Kontakion of the Deposition of the Holy Robe of the Theotokos, *Fourth Tone*

You have bestowed upon the faithful a mantle of incorruption, O divinely graced Pure One, the sacred robe, with which your sacred body you had clothed, you who are to all mankind a divine cloak and shelter, with earnest zeal we celebrate your robe's deposition, and so we shout and cry aloud with faith: Hail, Virgin Maiden, the pride of all Christians.

Epistle..... Hebrews 9:1-7

Brethren, the first covenant had regulations for worship and an earthly sanctuary. For a tent was prepared, the outer one, in which were the lampstand and the table and the bread of the Presence; it is called the Holy Place. Behind the second curtain stood a tent called the Holy of Holies, having the golden altar of incense and the ark of the covenant covered on all sides with gold, which contained a golden urn holding the manna, and Aaron's rod that budded, and the tables of the covenant; above it were the cherubim of glory overshadowing the mercy seat. Of these things we cannot now speak in detail. These preparations having thus been made, the priests go continually into the outer tent, performing their ritual duties; but into the second only the high priest goes, and he but once a year, and not without taking blood which he offers for himself and for the errors of the people.

Gospel..... Matthew 8:5-13

At that time, as Jesus entered Capernaum, a centurion came forward to him, beseeching him and saying, "Lord, my servant is lying paralyzed at home, in terrible distress." And he said to him, "I will come and heal him." But the centurion answered him, "Lord, I am not worthy to have you come under my roof; but only say the word, and my servant will be healed. For I am a man under authority, with soldiers under me; and I say to one, 'Go,' and he goes, and to another, 'Come,' and he comes, and to my slave, 'Do this,' and he does it." When Jesus heard him, he marveled, and said to those who followed him, "Truly, I say to you, not even in Israel have I found such faith. I tell you, many will come from east and west and sit at table with Abraham, Isaac, and Jacob in the kingdom of heaven, while the sons of the kingdom will be thrown into the outer darkness; there men will weep and gnash their teeth." And to the centurion Jesus said, "Go; be it done for you as you have believed." And the servant was healed at that very moment.



The Communion Prayers are found on page 40 of the hymnal.

Prayer Ministry

Please remember the sick, the suffering, and those in need, especially:

All victims of wars throughout the world; Our brothers and sisters living through the aftermath of disaster; For the victims of violence; Metro Hope Ministries; Orthodox Christian Prison Ministry; Families Moving Forward; FOCUS Minnesota; Our brothers and sisters serving in the Armed Forces throughout the world especially John Ellis; San Miguel Del Lago Orphanage; Evdoxia, Marina, Dion, Annali, Alicia K., Sofia, George K., Juan Cruz & family, Kristina, Charlie, Stan, Helena, Byrdie, Jennifer, John S., Becky, Noel, Stephen, John K., Alexey, Alexandra, Ray, Christina, Joanne, Athena, the Muñoz family, Charlie, Nuala, Pamela, Avgi, Elena, Speranta, Maria, Dave Ruesink, Liz, Efstratia, Jordan, David, Nino, Joe, Tom, Gigi, Zossima, Donnarae, Samira, Mary K., Monte, Bethany, Mark, Owen, Chrysanthy, Estelle, Justine, Melissa, Megan, Dallas, Lenzie, Lisa, Michael, Robbie, Judi, Evonne, James, Nichole, Constantine, Theodora, Mary, Irene Maria, Marion, Apostolos, Olivia, Lincoln, Carole, Patty, Karrisa, Corina, Tom, George R., Ken, Nancy and Tim, Olga, Peter, Cora and family, Bo, Tom, Lynn, Deb, Sarah, Maia, Travis, Kassie, Tahnlee, Lois, Kalli, Annie, Sue & Jim, Steve, Sue, Jane, Rifka, Pat, Nancy, Dave, Pam, Gilbert, George P., Danielle, Jenny, John L., Steven E., Julia, Presvytera Janis, Sandra, Rick, Nancy, Alex, Eryn, Phil, Karen, Dorla, Linda, Fr. Elias, Vicki, Bill, Diana, Doria, Mike, Stephanie, Tyler, Ben, Amy, Christy, Karen, Anastasia, Jamie, Alex and Alexander, Toni, Gina, Julie, R.J., Allie, Vickie, Petra, Bob, Joseph, Christopher, Elizabeth, Jaxon, Judi, Bodil, Ole, and others known to you.

Today

Prosforo is provided by Ruta Kubits

40-day churching today is:

Max Arnold, parents: Trevor Arnold & Megan Caldbeck

Memorial Prayers are offered for Georgia Wiebe (40 days)

The coffee hour today is hosted by the Barakos family

Sacraments This Week

Baptism

Elias, parents: Mark & Nicole Caldwell - July 2, 2023

Announcements

Food Shelf Needs for July 9

Spam

July's recipient is FOCUS, MN.

Please do not bring opened packages. They will be discarded.



Holiday Office Schedule

Happy 4th of July. Saint Mary's church and office will be closed on Monday and Tuesday, July 3 and 4, in observance of the Independence Day holiday.

Kids (Ages 3-5) Dance Group

Starting Sunday, July 9, we will be teaching kids to Greek dance in the Lecture Room immediately after liturgy, for 30 minutes. The goal of this group is to teach our kids the basics of dance and an appreciation of Greek culture. The kids will be performing at the Festival (September 8-10). All kids are welcome but required to attend at least four practices if they would like to participate in the performance. To sign up, contact Lea Hoeft, angelea.hoeft@gmail.com

Senior Citizens' Meeting ~ Thursday, August 8

Saint Mary's Seniors' meeting and social will be held Tuesday, August 8, at 12:00 noon in the Terrace Room. We will celebrate August birthdays and anniversaries with a group photo, a luncheon, and delicious cake from Queen of Cakes. Afterwards, Secretary Linda Stanton will coordinate discussions about your favorite trip/travel in the U.S. or overseas, either recent or in past years. You are welcome to bring a picture or two of your favorite trip and travel story. A short meeting and announcements will follow. All St. Mary's seniors (55+) are welcome to join our lively group. Dues are \$15. For further questions, please contact President Tessie Bourdamis.



Baklava Sundae Baking Volunteers Needed

When: Sunday, July 16, 12:00 noon – 3:00 p.m.

Please bring your own small pot and brush to melt and spread butter.



ST. MARY'S
realm + connect

This Week: Add a Picture To Your Profile

If you haven't created your St. Mary's Realm Connect profile, that includes a picture of you, then we won't be able to see you. And it's always good to connect a face to a name. Realm Connect provides a directory that you can access and immediately reach out to anyone in our parish. Make sure to add a photo to your profile on Realm Connect—either through the mobile app or online. Scan the code to get started. If you need help setting up your profile, reach out to either Niko Kouzes or Bettina Hanna.

Seeking New Telos Team Members

If your passion is to help the young adults improve their engagement in all areas of St. Mary's Greek Orthodox Church, we are looking for YOU! Round two of the Telos Project will begin in August 2023 and continue through June 2024. This endeavor is a unique process designed to help each church meet its individual needs. We are looking for 3-5 new people to join our team who possess one or more of these qualities: *22-35 years old, good communicators, responsible, committed, creative, leaders, team players, flexible with their time, passionate for the growth in the church.*

If you are interested in knowing more about the Telos Project, please contact Fr. Jason Houck at frjason@stmarysgoc.org who will connect you with current team members.

Upcoming YAL Events

(Young Adult League, Ages 18-35)

Annual Summer BBQ — *Food and drinks will be provided*

When: Thursday, July 13 at 6:30 p.m.

Where: St. Mary's GOC Terrace Room and outdoor terrace

RSVP: tinyurl.com/TCYALBBQ23 or in the @TwincitiesYAL instagram bio

Second Annual Boat Cruise — *Aboard the Paradise Destiny II*

When: Evening of Saturday, August 19

Cost: Early bird ticket price – \$70 (available July 11-17)

General admission tickets – \$80 (available July 18-31)

Last call tickets – \$90 (available August 1-14)

For more information and to purchase tickets: tinyurl.com/TCBoatCruise23



The Summer Activity Schedule for the Saint Mary's Faith Playgroup has been set up. Here's the next event:

Saturday, July 15, 10:00 a.m. – 11:30 a.m.
Westwood Hills Nature Center St. Louis Park

St. Mary's Faith Playgroup is a parent/child playgroup geared towards families with children ages birth through pre-K. It is a wonderful way to meet other young families at our parish. Grandparents, caregivers, and siblings welcome!

Philoptochos Book Club

Passions and Virtues, the fifth volume of the Spiritual Counsels of Saint Paisios the Athonite, is the next read for the Philoptochos Book Club. This book will be discussed in the September, October, and November meetings. Copies are available for purchase in the bookstore.

The St. George Middle Eastern Festival Is Back!

Saturday, July 15, 12:00 noon – 10:00 p.m.
Sunday, July 16, 12:00 noon – 6:00 p.m.

St. George Antiochian Orthodox Church • 1250 Oakdale Ave, West St. Paul
Great food, music and dance, delicious pastries, silent auction, and more!

If you are available, additional volunteers are always welcome to help make this event a success (we know St. Mary's has trained festival folk)! Please check out the open volunteer slots at the link in this week's weekly email.

Volunteer Questions: Rebecca Michaels at mideastfest.volunteers@gmail.com
St. George Church wants to thank everyone for the continued support, and hopes to see you at the Festival!

Blessings and Safe Travels

We wish all the campers, clergy, and staff who are attending the St. Mary's Camp Program this week a blessed, safe, and joyful experience. May God be with you on your journey.

Daily Bible Readings

Monday, July 3

Romans 12:4-5, 15-21 • Matthew 11:2-15

Tuesday, July 4

Romans 10:11-21; 11:1-2 • Matthew 12:9-13

Wednesday, July 5

Saint Athanasios of Mount Athos

Galatians 5:22-26; 6:1-2 • Matthew 11:27-30

Thursday, July 6

Romans 15:17-29 • Matthew 12:46-50; 13:1-3

Friday, July 7

Saint Kyriake the Great Martyr

Galatians 3:23-29; 4:1-5 • Mark 5:24-34

Saturday, July 8

Saint Procopius the Great Holy Martyr

Timothy 4:9-15 • Luke 6:17-19, 9:1-2, 10:16-21

Sunday, July 9

Fifth Sunday of Matthew

Romans 10:1-10 • Matthew 8:28-34; 9:1



Saint Mary's Greek Orthodox Church

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Fr. Paul Kalina, Deacon; Fr. Luke Twito, Deacon*