



ST. MARY'S

GREEK ORTHODOX CHURCH

July 16, 2023 — *Sunday of the Holy Fathers*

THE DIVINE LITURGY

Commemoration

Sunday of the Holy Fathers of the Fourth Ecumenical Council;
Athenogenes the Holy Martyr of Heracleopolis;
Julia the Virgin-martyr of Carthage; 1,015 Martyrs in Pisidia;
Helier the Hermit, Martyr of Jersey.

Morning Gospel: Luke 24:36-53

Tone: Plagal First

Variable Hymns and Readings in the Liturgy

At the Second Antiphon

Save us, O Son of God, who rose from the dead,
save us who sing to you: Alleluia!

At the Small Entrance

Resurrection Hymn, Plagal First Tone

To the Word, co-eternal with the Father and the Spirit, born of the Virgin for our salvation, let us, the faithful, give praise and worship. For he willed to be lifted up on the cross in the flesh, to endure death and raise the dead by his glorious resurrection.

Hymn of Entrance

Come, let us worship and bow down before Christ. Save us, O Son of God, who rose from the dead, save us who sing to You: Alleluia!

Repeat the Resurrection Hymn, above.

Hymn of the Holy Fathers, *Plagal Fourth Tone*

Unending glory be yours, O Christ our God, for making our holy fathers radiant lights to all the world. Through them you led us to the true faith. Compassionate Savior, glory to you.

Hymn of the Dormition of the Theotokos, *First Tone*

In giving birth, you preserved your virginity, O Theotokos;
in falling asleep you did not forsake the world.
You passed over into life, O Mother of Life; and
by your prayers you deliver our souls from death!

Kontakion of the Theotokos, *Second Tone*

O unfailing protection of Christians, and our faithful advocate before the Creator: though we are sinners, do not ignore our entreaty; but in your goodness, grant your timely help to us who appeal to you in faith. Quickly make intercession; on our behalf make speedy supplication, O Theotokos, for you always protect those who honor you.

Epistle* *Titus 3:8-15

Titus, my son, the saying is sure. I desire you to insist on these things, so that those who have believed in God may be careful to apply themselves to good deeds; these are excellent and profitable to men. But avoid stupid controversies, genealogies, dissensions, and quarrels over the law, for they are unprofitable and futile. As for a man who is factious, after admonishing him once or twice, have nothing more to do with him, knowing that such a person is perverted and sinful; he is self-condemned. When I send Artemas or Tychicos to you, do your best to come to me at Nicopolis, for I have decided to spend the winter there. Do your best to speed Zenas the lawyer and Apollos on their way; see that they lack nothing. And let our people learn to apply themselves to good deeds, so as to help cases of urgent need, and not to be unfruitful. All who are with me send greeting to you. Greet those who love us in the faith. Grace be with you all. Amen.

Gospel* *Matthew 5:14-19

The Lord said to his disciples, "You are the light of the world. A city set on a hill cannot be hid. Nor do men light a lamp and put it under a bushel, but on a stand, and it gives light to all in the house. Let your light so shine before men, that they may see your good works and give glory to your Father who is in

heaven. Think not that I have come to abolish the law and the prophets; I have come not to abolish them but to fulfill them. For truly, I say to you, till heaven and earth pass away, not an iota, not a dot, will pass from the law until all is accomplished. Whoever then relaxes one of the least of these commandments and teaches men so, shall be called least in the kingdom of heaven; but he who does them and teaches them shall be called great in the kingdom of heaven.”

The Communion Prayers are found on page 40 of the hymnal.



Calendar of the Week

Sunday, July 16: Sunday of the Holy Fathers

8:30 a.m. – Matins; 9:30 a.m. – Divine Liturgy
after Liturgy – Kids’ Greek Dance Practice, Lecture Room
11:30 a.m. – Missions & Outreach

Monday, July 17: Saint Marina

9:30 a.m. – Divine Liturgy
6:00 p.m. – Greek Dance Practice

Thursday, July 20: Saint Elias the Prophet

9:30 a.m. – Divine Liturgy

Friday, July 21

7:00 a.m. – Men’s Fellowship, Fireside Room
12:00 noon – Melomakarona Baking

Sunday, July 23: Seventh Sunday of Matthew

8:30 a.m. – Matins; 9:30 a.m. – Divine Liturgy
12:00 noon – St. Mary’s at the Minnesota Twins game

Prayer Ministry

Please remember the sick, the suffering, and those in need, especially:

All victims of wars throughout the world; Our brothers and sisters living through the aftermath of disaster; For the victims of violence; Metro Hope Ministries; Orthodox Christian Prison Ministry; Families Moving Forward; FOCUS Minnesota; Our brothers and sisters serving in the Armed Forces throughout the world especially John Ellis; San Miguel Del Lago Orphanage; Roni, Evdoxia, Marina, Dion, Annali, Alicia K., Sofia, George K., Juan Cruz & family, Charlie, Stan, Helena, Byrdie, Jennifer, John S., Becky, Noel, Stephen, John K., Alexey, Alexandra, Ray, Christina, Joanne, Athena, the Muñoz family, Charlie, Nuala, Pamela, Avgi, Elena, Speranta, Maria, Liz, Efstratia, Jordan, David, Nino, Joe, Tom, Gigi, Zossima, Donnarae, Samira, Mary K., Monte, Bethany, Mark, Owen, Chrysanthy, Estelle, Justine, Melissa, Megan, Dallas, Lenzie, Lisa, Michael, Robbie, Judi, Evonne, James, Nichole, Constantine, Theodora, Mary, Irene Maria, Marion, Apostolos, Olivia, Lincoln, Carole, Patty, Karrisa, Corina, Tom, George R., Ken, Nancy and Tim, Olga, Peter, Cora and family, Bo, Tom, Lynn, Deb, Sarah, Maia, Travis, Kassie, Tahnlee, Lois, Kalli, Annie, Sue & Jim, Steve, Sue, Jane, Rifka, Pat, Nancy, Dave, Pam, Gilbert, George P., Danielle, Jenny, John L., Steven E., Julia, Presvytera Janis, Sandra, Rick, Nancy, Alex, Eryn, Phil, Karen, Dorla, Linda, Fr. Elias, Vicki, Bill, Diana, Doria, Mike, Stephanie, Tyler, Ben, Amy, Christy, Karen, Anastasia, Jamie, Alex and Alexander, Toni, Gina, Julie, R.J., Allie, Vickie, Petra, Bob, Joseph, Christopher, Elizabeth, Jaxon, Judi, Bodil, Ole, and others known to you.

Today

Prosforo is provided by George Asselanis

Memorial Prayers are offered for **Andreas Viktoros**; **Lambros (Louis) Kokinis** (13 years) and **Γεωργία (Georgia) Kokinis** (3½ years) parents of Bettina Hanna; **Haleim Awad** (13 years) and **Samira Abdel Sayed** (13 years) parents of Sam Hanna

The coffee hour today is hosted by the children of Angie Speliopoulos in celebration of her 85th birthday. *May God grant her many years!*

Announcements

Food Shelf Needs for July 23

Canned Meat (e.g., tuna, chicken)

July's recipient is FOCUS, MN.

Please do not bring opened packages. They will be discarded.

"Missing" Icons

Did you happen to notice some icons missing from the balcony rail today? They are on loan this weekend to St. George Antiochian Orthodox Church in West St. Paul for their annual Middle Eastern Festival, which concludes today. The Festival is at the church, 1250 Oakdale Avenue, in West Saint Paul. There is music, great food, entertainment and presentations, and...camel rides! The Festival runs from noon-6:00 p.m. today.



Lost and Found

General

A cart containing a number of items left around the building is located in the office hallway. Please stop by and claim your lost items

Summer Camp

A table with a large number of camp items is also in the hallway leading to the office. Please take a look at the items and claim yours. If you see something that might belong to someone from another church, please let them know it's here.

Claim your items BEFORE August 15! Unclaimed items will be donated to a charitable organization.



ST. MARY'S
realm + connect



Smile and Snap a Picture

For a large parish like ours, it's always good to connect a face to a name. Realm Connect provides us with a directory that we can access and immediately reach out to anyone in our parish. So, make sure to add a photo to your profile on Realm Connect—either through the mobile app or online. It's quick and easy to do. As always, if you need help setting up your profile, reach out to either Niko Kouzes or Bettina Hanna.

Seeking New Telos Team Members

If your passion is to help the young adults improve their engagement in all areas of St. Mary's Greek Orthodox Church, we are looking for YOU! Round two of the Telos Project will begin in August 2023 and continue through June 2024. This endeavor is a unique process designed to help each church meet its individual needs. We are looking for 3-5 new people to join our team who possess one or more of these qualities: *22-35 years old, good communicators, responsible, committed, creative, leaders, team players, flexible with their time, passionate for the growth in the church.*

If you are interested in knowing more about the Telos Project, please contact Fr. Jason Houck at frjason@stmarysgoc.org who will connect you with current team members.

Upcoming YAL Events

(Young Adult League, Ages 18-35)



Second Annual Boat Cruise — *On the Paradise Destiny II*

When: Evening of Saturday, August 19

Cost: Early bird ticket price – \$70 (available July 11-17)

General admission tickets – \$80 (available July 18-31)

Last call tickets – \$90 (available August 1-14)

For more information and to purchase tickets, scan the code



Here's the next summer activity event for the Saint Mary's FAITH Playgroup:

Thursday, August 17, 1:00 p.m. – 3:00 p.m.

Splash Pad at Eden Prairie, Round Lake

St. Mary's FAITH Playgroup is a parent/child playgroup geared towards families with children ages birth through pre-K. It is a wonderful way to meet other young families at our parish. Grandparents, caregivers, and siblings welcome!



SAVE THE DATES

2023 St. Mary's Minneapolis Taste of Greece Festival

Friday, September 8: 2:00-9:00 p.m.

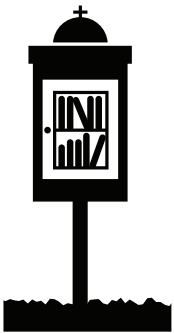
Saturday, September 9: Noon-9:00 p.m.

Sunday, September 10: Noon-5:00 p.m.

More information and volunteer sign-up coming soon!

Orthodox Christian Books Needed

Philoptochos is managing a new project on the grounds of St. Mary's—a free Little Orthodox Library. Like the many Little Libraries, you've seen in people's yards, it will be filled with books for anyone to take and enjoy. However, this library will contain only Orthodox material to share our faith with neighbors and the community. If you have books to donate, please bring them to the Philoptochos table after Sunday Liturgy or bring them to the church office during office hours.



From the Desert Mothers...

“Why hate the one who has grieved you? It is not the person who has done the wrong, but the evil one. Hate sickness but not the sick person.”

–*Amma Syncretica of Alexandria*

Daily Bible Readings

Monday, July 17

Saint Marina

Galatians 3:23-29; 4:1-5 • Mark 5:24-34

Tuesday, July 18

I Corinthians 6:20; 7:1-12 • Matthew 14:1-13

Wednesday, July 19

I Corinthians 7:12-24 • Matthew 14:35-36; 15:1-11

Thursday, July 20

Saint Elias the Prophet

St. James' Universal Letter 5:10-20 • Luke 4:22-30

Friday, July 21

I Corinthians 7:35-40; 8:1-7 • Matthew 15:29-31

Saturday, July 22

Saint Mary Magdalene

I Corinthians 9:2-12 • Luke 8:1-3

Sunday, July 23

Seventh Sunday of Matthew

Romans 15:1-7 • Matthew 9:27-35



Saint Mary's Greek Orthodox Church

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*Fr. Timothy Sas, Fr. Jason Houck, Fr. John Kostas
Fr. Paul Kalina, Deacon; Fr. Luke Twito, Deacon*