



ST. MARY'S

GREEK ORTHODOX CHURCH

July 23, 2023 — *Seventh Sunday of Matthew*

THE DIVINE LITURGY

Commemoration

Seventh Sunday of Matthew; Phocas the Holy Martyr, Bishop of Sinope; Ezekiel the Prophet; Pelagia the Righteous of Tinos, Trophimos and Theophilios and the 13 others martyred in Lycia, St. Anna of Levkadio, The Icons of the Most Holy Theotokos of Pochaev, Icon of the Mother of God.

Morning Gospel: John 20:1-10

Tone: Plagal Second

Variable Hymns and Readings in the Liturgy

At the Second Antiphon

Save us, O Son of God, who rose from the dead,
save us who sing to you: Alleluia!

At the Small Entrance

Resurrection Hymn, *Plagal Second Tone*

The angelic powers appeared at your tomb, the soldiers guarding it became as dead men, and Mary stood at your grave seeking, seeking your most pure body. But you made hell a captive; you were untouched by its might. You came to the virgin and granted life.

O Lord, who rose from the dead, glory to you.

Hymn of Entrance

Come, let us worship and bow down before Christ. Save us, O Son of God, who rose from the dead, save us who sing to You: Alleluia!

Repeat the Resurrection Hymn, above.

Hymn of Saint Phocas, Fourth Tone

As a partaker of the Apostles' way of life and the successor to their thrones, you found the right way, O God-inspired one, by theoretical thought. You did this by correctly teaching the Word of Truth, yet also by deeds, practicing your faith to the point of martyrdom, holy martyr Phocas. Intercede with Christ, Who is God, that our souls be saved.

Hymn of the Dormition of the Theotokos, First Tone

In giving birth, you preserved your virginity, O Theotokos;
in falling asleep you did not forsake the world.
You passed over into life, O Mother of Life; and
by your prayers you deliver our souls from death!

Kontakion of the Theotokos, Second Tone

O unfailing protection of Christians, and our faithful advocate before the Creator: though we are sinners, do not ignore our entreaty; but in your goodness, grant your timely help to us who appeal to you in faith. Quickly make intercession; on our behalf make speedy supplication, O Theotokos, for you always protect those who honor you.

Epistle.....Romans 15:1-7

Brethren, we who are strong ought to bear with the failings of the weak, and not to please ourselves; let each of us please his neighbor for his good, to edify him. For Christ did not please himself; but, as it is written, "The reproaches of those who reproached thee fell on me." For whatever was written in former days was written for our instruction, that by steadfastness and by the encouragement of the scriptures we might have hope. May the God of steadfastness and encouragement grant you to live in such harmony with one another, in accord with Christ Jesus, that together you may with one voice glorify the God and Father of our Lord Jesus Christ. Welcome one another, therefore, as Christ has welcomed you, for the glory of God.

Gospel.....Matthew 9:27-35

At that time, as Jesus passed by, two blind men followed him, crying aloud, "Have mercy on us, Son of David." When he entered the house, the blind men came to him; and Jesus said to them, "Do you believe that I am able to do this?" They said to him, "Yes, Lord." Then he touched their eyes, saying, "According to your faith be it done to you." And their eyes were opened. And Jesus sternly charged them, "See that no one knows it." But they went away

and spread his fame through all that district. As they were going away, behold, a dumb demoniac was brought to him. And when the demon had been cast out, the dumb man spoke; and the crowds marveled, saying, "Never was anything like this seen in Israel." But the Pharisees said, "He casts out demons by the prince of demons." And Jesus went about all the cities and villages, teaching in their synagogues and preaching the gospel of the kingdom, and healing every disease and every infirmity among the people.

The Communion Prayers are found on page 40 of the hymnal.



Calendar of the Week

Sunday, July 23: Seventh Sunday of Matthew

8:30 a.m. – Matins; 9:30 a.m. – Divine Liturgy

after Communion – Kids’ Greek Dance Practice, Lecture Room

12:00 noon – St. Mary’s at the Minnesota Twins game

Tuesday, July 25

6:30 p.m. – Adult Open Gym Basketball, Great Hall

Wednesday, July 26: Saint Paraskeve

9:30 a.m. – Divine Liturgy

5:00 p.m. – Realm Volunteer Training, Terrace Room

6:00 p.m. – Festival Meeting, Terrace Room

Thursday, July 27: Saint Panteleimon

9:30 a.m. – Divine Liturgy

6:30 p.m. – Edina Koinonia, Meeting Room 1

7:00 p.m. – Stewardship Meeting, Fireside Room

Sunday, July 30: Eighth Sunday of Matthew

8:30 a.m. – Matins; 9:30 a.m. – Divine Liturgy

after Communion – Kids’ Greek Dance Practice, Lecture Room

Prayer Ministry

Please remember the sick, the suffering, and those in need, especially:

All victims of wars throughout the world; Our brothers and sisters living through the aftermath of disaster; For the victims of violence; Metro Hope Ministries; Orthodox Christian Prison Ministry; Families Moving Forward; FOCUS Minnesota; Our brothers and sisters serving in the Armed Forces throughout the world especially John Ellis; San Miguel Del Lago Orphanage; Roni, Evdoxia, Marina, Dion, Annali, Alicia K., Sofia, George K., Juan Cruz & family, Charlie, Stan, Helena, Byrdie, Jennifer, John S., Becky, Noel, Stephen, John K., Alexey, Alexandra, Ray, Christina, Joanne, Athena, the Muñoz family, Charlie, Nuala, Pamela, Avgi, Elena, Speranta, Maria, Liz, Efstratia, Jordan, David, Nino, Joe, Tom, Gigi, Zossima, Donnarae, Samira, Mary K., Monte, Bethany, Mark, Owen, Chrysanthy, Estelle, Justine, Melissa, Megan, Dallas, Lenzie, Lisa, Michael, Robbie, Judi, Evonne, James, Nichole, Constantine, Theodora, Mary, Irene Maria, Marion, Apostolos, Olivia, Lincoln, Carole, Patty, Karrisa, Corina, Tom, George R., Ken, Nancy and Tim, Olga, Peter, Cora and family, Bo, Tom, Lynn, Deb, Sarah, Maia, Travis, Kassie, Tahnlee, Lois, Kalli, Annie, Sue & Jim, Steve, Sue, Jane, Rifka, Pat, Nancy, Dave, Pam, Gilbert, George P., Danielle, Jenny, John L., Steven E., Julia, Presvytera Janis, Sandra, Rick, Nancy, Alex, Eryn, Phil, Karen, Dorla, Linda, Fr. Elias, Vicki, Bill, Diana, Doria, Mike, Stephanie, Tyler, Ben, Amy, Christy, Karen, Anastasia, Jamie, Alex and Alexander, Toni, Gina, Julie, R.J., Allie, Vickie, Petra, Bob, Joseph, Christopher, Elizabeth, Jaxon, Judi, Bodil, Ole, and others known to you.

Today

Prosforo is provided by Presvytera Alexandra Houck; Terri Leckas

40-Day Churching: Kalista Mae, parents: David & Jenna George

Memorial Prayers are offered for those who fought and lost their lives during the Turkish Invasion of Cyprus. May they rest in peace with the Saints and may we keep their memory eternal!

The coffee hour today is hosted by Jessica & Cooper Buss in honor of St. Declan of Ardmore (commemorated on July 24), patron saint of little Declan Buss.

Announcements

Food Shelf Needs for July 30

Canned Soup or Vegetables

July's recipient is FOCUS, MN.

Please do not bring opened packages. They will be discarded.



Lost and Found

General

A cart containing a number of items left around the building is located in the office hallway. Please stop by and claim your lost items

Summer Camp

A table with a large number of camp items is also in the hallway leading to the office. Please take a look at the items and claim yours. If you see something that might belong to someone from another church, please let them know it's here

**Unclaimed items will be donated to a charitable organization.*

CLAIM
YOUR ITEMS
**BEFORE
AUGUST 15!**

Greek Festival Next Weekend!

Friday, July 28, 5:00 – 9:00 p.m.

Saturday, July 29, 11:00 a.m. – 8:00 p.m.



1111 Summit Ave.
St. Paul, MN

Come on out and support our sister parish, St. George Greek Orthodox Church, at their annual Greek Festival! Experience church tours, gyros and souvlakia, as well as, Greek pastries and desserts. Dance to Greek Music by DJ Jim and watch performances by the Greek Dancers of Minnesota. Shop the Bookstore, Bazaar, and more! Get there early before the pastries sell out!

2023 St. Mary's
Minneapolis
Taste of Greece
Festival



**Festival Dates
and Hours:**

New This Year: Volunteer Sign-up Through Realm Connect

Our big festival is fast approaching and we will need your help. Look for an email this coming week to sign-up to work at the various scheduled shifts throughout event weekend. This year we are using our new platform, Realm Connect, for festival volunteer sign-ups. The process is easy, but please be patient as we transition to this new approach. If you haven't done so already, please set-up your Realm Connect profile to make the process smooth. Sign-up stations will also be available in the coming weeks at the social hour following liturgy.

Friday, September 8: 2:00-9:00 p.m.

Saturday, September 9: Noon-9:00 p.m.

Sunday, September 10: Noon-5:00 p.m.

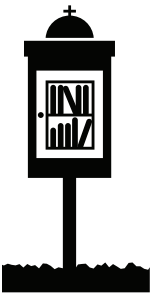


ST. MARY'S
realm + connect



Please, Only One Email Address per Realm Connect User Profile

A common sign-up issue we have run into is when a family or couple use a single email address for all individual profiles. Each person must use a separate email address per user profile. This will ensure a smooth communication experience using the platform. If you have not created a profile on Realm Connect, now is the time! It's quick and easy to do. As always, if you need help setting up your profile, reach out to either Niko Kouzes or Bettina Hanna.



Orthodox Christian Books Needed

Philoptochos is managing a new project on the grounds of St. Mary's —a free Little Orthodox Library. Like the many Little Libraries, you've seen in people's yards, it will be filled with books for anyone to take and enjoy. However, this library will contain only Orthodox material to share our faith with neighbors and the community. If you have books to donate, please bring them to the Philoptochos table after Sunday Liturgy or bring them to the church office.



Seeking New Telos Team Members

If your passion is to help the young adults improve their engagement in all areas of St. Mary’s Greek Orthodox Church, we are looking for YOU! Round two of the Telos Project will begin in August 2023 and continue through June 2024. This endeavor is a unique process designed to help each church meet its individual needs. We are looking for 3-5 new people to join our team who possess one or more of these qualities: *22-35 years old, good communicators, responsible, committed, creative, leaders, team players, flexible with their time, passionate for the growth in the church.*

If you are interested in knowing more about the Telos Project, please contact Fr. Jason Houck at frjason@stmarysgoc.org who will connect you with current team members.



Upcoming YAL Event

(Young Adult League, Ages 18-35)

Second Annual Boat Cruise — *On the Paradise Destiny II*

When: Evening of Saturday, August 19

Cost: Early bird ticket price – \$70 (available July 11-17)

General admission tickets – \$80 (available July 18-31)

Last call tickets – \$90 (available August 1-14)

For more information and to purchase tickets, scan the code



Here’s the next summer activity event for the Saint Mary’s FAITH Playgroup:

Thursday, August 17, 1:00 p.m. – 3:00 p.m.

Splash Pad at Eden Prairie, Round Lake

St. Mary’s FAITH Playgroup is a parent/child playgroup geared towards families with children ages birth through pre-K. It is a wonderful way to meet other young families at our parish. Grandparents, caregivers, and siblings welcome!

From the Desert Mothers...

“It is possible to be a solitary in one’s mind while living in a crowd, and it is possible for one who is in solitary to live in a crowd of personal thoughts.”

–*Amma Syncletica of Alexandria*

Daily Bible Readings

Monday, July 24

I Corinthians 9:13-18 • Matthew 16:1-6

Tuesday, July 25

Dormition of St. Anna, mother of the Theotokos

Galatians 4:22-27 • Luke 8:16-21

Wednesday, July 26

Saint Paraskeve

Galatians 3:23-29; 4:1-5 • Mark 5:24-34

Thursday, July 27

Saint Panteleimon

II Timothy 2:1-10 • John 15:17-27; 16:1-2

Friday, July 28

Acts 6:1-7 • Matthew 17:10-18

Saturday, July 29

Romans 13:1-10 • Matthew 12:30-37

Sunday, July 30

Seventh Sunday of Matthew

I Corinthians 1:10-17 • Matthew 14:14-22



Saint Mary's Greek Orthodox Church

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*Fr. Timothy Sas, Fr. Jason Houck, Fr. John Kostas
Fr. Paul Kalina, Deacon; Fr. Luke Twito, Deacon*