



ST. MARY'S

GREEK ORTHODOX CHURCH

October 1, 2023 — *Second Sunday of Luke*

THE DIVINE LITURGY

Commemoration

Second Sunday of Luke; The Holy Protection of the Theotokos; Ananias, Apostle of the 70; Romanos the Melodist; John Koukouzelis the Psalti.

Morning Gospel: Luke 24:36-53

Tone: Plagal Fourth

Variable Hymns and Readings in the Liturgy

At the Second Antiphon

Save us, O Son of God, who rose from the dead,
save us who sing to you: Alleluia!

At the Small Entrance

Resurrection Hymn, Grave Tone

From on high you descended, O merciful Lord. You accepted the cross and three days in the tomb to free us from the bondage of sin, O our life and resurrection. Glory to you, O Lord.

Hymn of Entrance

Come, let us worship and bow down before Christ. Save us, O Son of God, who rose from the dead, save us who sing to You: Alleluia!

Repeat the Resurrection Hymn, Above

Hymn of the Apostle Ananias, Third Tone

O holy apostle Ananias, intercede with the all-merciful God, that for our faults He may grant forgiveness to our souls.

Hymn of the Saint Romanos, Third Tone

As God-chosen trumpet of the heavenly odes, divinely you brightened the whole Church of Christ, with your sacred canticles; inspired by the illumination of the true Theotokos, as most pious poet, to the world you are known; wherefore we earnestly honor you, O Romanos Righteous.

Hymn of the Dormition of the Theotokos, First Tone

In giving birth, you preserved your virginity, O Theotokos; in falling asleep you did not forsake the world. You passed over into life, O Mother of Life; and by your prayers you deliver our souls from death!

Kontakion of the Theotokos, Second Tone

O unfailing protection of Christians, and our faithful advocate before the Creator: though we are sinners, do not ignore our entreaty; but in your goodness, grant your timely help to us who appeal to you in faith. Quickly make intercession; on our behalf make speedy supplication, O Theotokos, for you always protect those who honor you.

Epistle II Corinthians 6:167:1

Brethren, you are the temple of the living God; as God said, "I will live in them and move among them, and I will be their God, and they shall be my people. Therefore come out from them, and be separate from them, says the Lord, and touch nothing unclean; then I will welcome you, and I will be a father to you, and you shall be my sons and daughters, says the Lord Almighty." Since we have these promises, beloved, let us cleanse ourselves from every defilement of body and spirit, and make holiness perfect in the fear of God.

Gospel Luke 6:31-36

The Lord said, "As you wish that men would do to you, do so to them. If you love those who love you, what credit is that to you? For even sinners love those who love them. And if you do good to those who do good to you, what credit is that to you? For even sinners do the same. And if you lend to those from whom you hope to receive, what credit is that to you? Even sinners lend to sinners, to receive as much again. But love your enemies, and do good, and lend, expecting nothing in return; and your reward will be great, and you will be sons of the Most High; for he is kind to the ungrateful and the selfish. Be merciful, even as your Father is merciful."

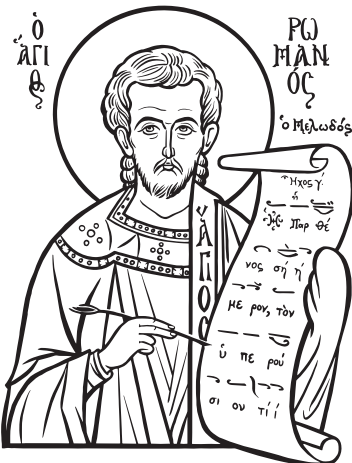
The Communion Prayers are found on page 40 of the hymnal.



Prayer Ministry

Please remember the sick, the suffering, and those in need, especially:

All victims of wars throughout the world; Our brothers and sisters living through the aftermath of disaster; For the victims of violence; Metro Hope Ministries; Orthodox Christian Prison Ministry; Families Moving Forward; FOCUS Minnesota; Our brothers and sisters serving in the Armed Forces throughout the world especially John Ellis; San Miguel Del Lago Orphanage; Haben (Matthew), Marion, Nausika, Phillip Hibberd, Maria, Matt, Laura, Dorla, Susan, Elias, Constance, Peter, Evdoxia, Marina, Dion, Annali, Sofia, Juan Cruz & family, Charlie, Stan, Helena, Byrdie, Jennifer, John S., Becky, Noel, Stephen, John K., Alexey, Alexandra, Ray, Christina, Joanne, Athena, the Muñoz family, Charlie, Nuala, Pamela, Avgi, Elena, Speranta, Liz, Efstratia, Jordan, David, Nino, Joe, Gigi, Zossima, Donnarae, Samira, Mary K., Monte, Bethany, Mark, Owen, Chrysanthy, Estelle, Justine, Melissa, Megan, Dallas, Lenzie, Lisa, Michael, Robbie, Judi, Evonne, James, Nichole, Constantine, Theodora, Mary, Irene Maria, Marion, Apostolos, Olivia, Lincoln, Carole, Patty, Karrisa, Corina, Tom, George R., Ken, Nancy and Tim, Olga, Peter, Cora and family, Bo, Lynn, Deb, Sarah, Maia, Travis, Kassie, Tahnlee, Lois, Kalli, Annie, Sue & Jim, Steve, Sue, Jane, Pat, Nancy, Dave, Pam, Gilbert, George P., Danielle, Jenny, John L., Steven E., Julia, Presvytera Janis, Sandra, Rick, Nancy, Alex, Eryn, Phil, Karen, Linda, Fr. Elias, Vicki, Bill, Diana, Doria, Mike, Stephanie, Tyler, Ben, Amy, Christy, Karen, Anastasia, Jamie, Alex and Alexander, Toni, Gina, Julie, R.J., Allie, Vickie, Petra, Bob, Joseph, Christopher, Elizabeth, Jaxon, Judi, Bodil, Ole, and others known to you.



Today, is the commemoration of Saint Romanos the Melodist, patron saint of music and musicians. The first Sunday in October has been set aside by the Archdiocese as **National Church Music Sunday** when we honor and thank our musicians for their faithful service of leading us in worship week after week. We wish to take this opportunity to thank **Thespina Macres**, our music director, and all our musicians for the work they do throughout the year to enhance our liturgies and services so beautifully. *May God richly bless you!*

Today

Prosforo is provided by **Presbytera Alexandra Houck**

Memorial Prayers are offered for

Dion Cheronis (40 days), uncle of Sofia Johnson; **William H. Karlos (10 years); Nick, Thespo, and Greg Dovolos and Eugenia & John Canellos**

The coffee hour today is hosted by **the Makres family**.

The coffee hour is held in the Terrace Room this morning.

Announcements

Food Shelf Needs for October 8

Peanut Butter

October's recipient is Simpson House.

Please do not bring opened packages. They will be discarded.



Midwest OCF Fall Retreat

October 27-29

Registration is now open for the 2023 Midwest Fall Retreat! The retreat is for college students from around the Midwest. We'll discuss how we can best control our thoughts, practice patience in dealing with God's will, and regain a proper presence in our spiritual lives. The retreat will be at the St. Iakovos Retreat Center in Kansasville, Wisconsin. Spots are filling up quickly! St. Mary's will reimburse \$45 of the registration for students who are active members of St. Mary's Greek Orthodox Church.



Fall Dinner Fundraiser Support

Saturday, October 21

11:00 a.m. – 6:00 p.m.

Holy Transfiguration Orthodox Church in Mason City, Iowa, is having their Fall Dinner Fundraiser. Tickets are limited at \$20 for carryout meals. They are a small but mighty parish and would appreciate your support. If you can't make the drive, please consider making a donation to the church to support their efforts.

Calendar of the Week

Sunday, October 1: Second Sunday of Luke

Twin Cities Marathon

8:30 a.m. – Matins; 9:30 a.m. – Divine Liturgy

Tuesday, October 3

6:00 p.m. – Adult Open Gym Basketball, Great Hall

6:30 p.m. – Grief Support Group, Fireside Room

Wednesday, October 4

11:00 a.m. – Intercessory Prayer, Nave Chapel

11:30 a.m. – Women’s Bible Study, Fireside Room

6:30 p.m. – Choir Rehearsal, Nave

Thursday, October 5

9:30 a.m. – FAITH Play Group, Great Hall and Terrace Room

7:00 p.m. – Women’s Book Club Discussion, Fifth/Sixth Grade Classroom

Friday, October 6

Family Camp begins

7:00 a.m. – Men’s Fellowship, Fireside Room

Saturday, October 7

Family Camp

9:00 a.m. – Bible Study, Fireside Room and Zoom

5:00 p.m. – Great Vespers

Sunday, October 8: Second Sunday of Luke

Family Camp concludes

8:30 a.m. – Matins; 9:30 a.m. – Divine Liturgy

after Liturgy – Newcomer Mixer, Terrace Room



Parea Potlucks will return...

After receiving feedback that many parishioners are unable to attend in October, we have decided to postpone Parea Potlucks until this upcoming winter. Stay tuned for the return of sign ups in January!



Missions and Outreach Fundraising Lunch Sunday, October 15

Everyone is invited to a fundraiser lunch on Sunday, October 15, after Liturgy. Missionaries Michael and Meghan Jones will share their apostolic ministry in Fiji, Tonga, and Samoa, via ZOOM. They are working to complete the Church of St. George and to walk with the small group of Orthodox Tongans to share our life in Christ and thereby participate in building the true church—the body of Christ—as well as the new temple. Please come and help with this fundraiser.



*Scan the Code
to Sign-up*

Grief Support Group Starting at St. Mary's Starts This Tuesday, October 3

If you have experienced a loss and are looking for support with other Orthodox Christians, join us for Grief Explorations at St. Mary's Greek Orthodox Church. This six-week series will be facilitated by Matushka Jenny Schroedel, a hospice chaplain specializing in grief support, along with Joni Snidarich. This group will begin on Tuesday October 3, 6:30-7:30 p.m., running on Tuesday evenings through November 7. Sign-up is through Realm Connect. Scan the code to register. You can also contact Joni with any questions 612.910.0855.

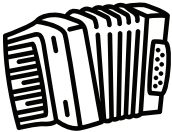
NOTE: The group is limited to 10 registrants.



*Learn More
about OCPM*

Orthodox Christian Prison Ministry (OCPM)

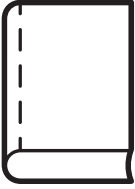
OCPM is a unique opportunity to share in the Gospel and love of Jesus Christ. Why not consider joining the organization. Volunteers are needed at Shakopee and Lino Lakes prisons. Contact Carol Karos if you are interested or would like more information about this valuable ministry: cmkaros@gmail.com or 1.866.318.4238, type 7 to leave a message, or ocpm.mn@gmail.org



Senior Citizens' Oktoberfest Meeting Tuesday, October 10

Saint Mary's Seniors meeting and social will be held on Tuesday, October 10, at noon in the Terrace Room. We will celebrate October birthdays and anniversaries with a group photo, a luncheon, and delicious cake from Queen of Cakes. Come and enjoy an Oktoberfest celebration. A short meeting and announcements will follow. All St. Mary's seniors (55+) are welcome to join our lively group. Dues are \$15 payable to St. Mary's Seniors. For further questions, please contact President Tessie Bourdamis.

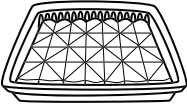
Philoptochos News



Women's Book Club

Thursday, October 5, 7:00 p.m.

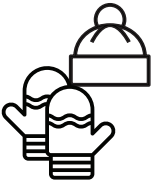
The Women's Book Club continues the discussion of *Passions and Virtues* by St. Paisios the Athonite on Thursday, October 5, 7:00-8:30 p.m. in Classroom #2 (7th and 8th grade room). This will be a hybrid event, with an in-person discussion at church and a call-in option. All women are welcome. More information and a link will be sent to the distribution list. To have your name added to the list, contact Katherine Boosalis (katherine@boosalis.net). Books are available in the church bookstore.



Fall Filo Sale

October 8-22

Mark your calendars...and bring your wallet! Come to the Philoptochos table starting next Sunday, October 8, to order your filo. Payment is required at the time of your order. Cash and checks only. You may also contact Andrea Tiggas to place your order via email, adtiggas@msn.com, Pickup date will be Sunday, November 5.



Bancroft Elementary School

Winter Clothing Drive

October 15-29

A clothing drive for coats, boots, hats, gloves, mittens, scarves, etc. for elementary-aged children at Bancroft school will take place beginning October 15. Please drop off new (or slightly used) items at the Philoptochos table or bring into the Church Office during the week for this drive.



Service Sunday Pancake Breakfast Fundraiser

Sunday, October 29

Philoptochos is being asked to help the Church School team with serving the pancake brunch on Sunday, October 29, after Liturgy. Please contact Dena Tortorelis, churchschool@stmarysgoc.org, if you are available to help with the meal.

Something to Think on...

“You cannot be too gentle, too kind. Shun even to appear harsh in your treatment of each other. Joy, radiant joy, streams from the face of one who gives and kindles joy in the heart of one who receives.”

—St. Seraphim of Sarov

Daily Bible Readings

Monday, October 2

I Timothy 1:12-17 • Luke 6:24-30

Tuesday, October 3

Acts 17:16-34 • Luke 6:37-45

Wednesday, October 4

Ephesians 5:25-33 • Luke 6:46-49, 7:1

Thursday, October 5

Ephesians 5:33; 6:1-9 • Luke 7:17-30

Friday, October 6

The Holy and Glorious Apostle Thomas

I Corinthians 4:9-16 • John 20:19-31

Saturday, October 7

I Corinthians 15:39-45 • Luke 5:27-32

Sunday, October 8

Third Sunday of Luke

II Corinthians 9:6-11 • Luke 7:11-16



Saint Mary's Greek Orthodox Church

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[@stmarysgoc](https://www.instagram.com/stmarysgoc)

Fr. Timothy Sas, Fr. Jason Houck, Fr. John Kostas
Fr. Paul Kalina, Deacon; Fr. Luke Twito, Deacon



Fall 2023 EVENT SCHEDULE

Dear St. Mary's families, join us for another great season of fun, fellowship, and faith.

OCTOBER 2023

Thursday, October 5

Tuesday, October 17

9:30 - 11:00 a.m. – Great Hall

NOVEMBER 2023

Thursday, November 2

Tuesday, November 14

9:30 - 11:00 a.m. – Great Hall

DECEMBER 2023

Sunday, December 17 – 4:30 p.m.

Live Animal Nativity Scene

Meet at St. Stephen Lutheran Church

1965 East County Road E, White Bear Lake, MN 55110

St. Mary's FAITH Playgroup is a parent/child playgroup geared towards families with children ages birth through pre-K. It is a wonderful way to meet other young families at our parish. Grandparents, caregivers, and siblings welcome!

Please contact Fr. Jason to RSVP or if you have questions:
frjason@stmarysgoc.org
612.401.0660

WELCOME!

connect

orthodox young adult conference



We welcome to the Twin Cities this weekend the members and speakers of the Orthodox Connect Conference, a spiritual growth and fellowship gathering for young adults. It is a national and annual Pan-Orthodox event that began in 2017 out of YAM (Young Adult Ministries), which is under the auspices of The Assembly of Canonical Orthodox Bishops. We pray for the continued gathering and fellowship of this conference in the years to come. From all of us at St. Mary's, thank you for being here. It is truly a blessing to have you all with us to celebrate the Divine Liturgy. **Christ is in our midst!**

For more information on the Connect Conference, visit
www.connectorthodox.org