



ST. MARY'S

GREEK ORTHODOX CHURCH

January 14, 2024 — *Leavetaking of Theophany*

THE DIVINE LITURGY

Commemoration

Leavetaking of the Theophany of Our Lord and Saviour Jesus Christ; The Holy Fathers slain at Sinai and Raitho; Plato the Hieromartyr, Bishop of Tallini and all Estonia, and the Priest Martyrs Michael and Nicholas; Agnes the Virgin-martyr; Sabbas (Sava), Archbishop of Serbia; Nina of Georgia.

Morning Gospel: John 21:1-14

Tone: Grave

Variable Hymns and Readings in the Liturgy

At the Second Antiphon

Save us, O Son of God, baptized by John in the Jordan,
to you we sing, Alleluia!

At the Third Antiphon

Hymn of Theophany, First Tone

When you, O Lord, were baptized in the Jordan River, the worship of the Trinity was revealed. And the voice of the Father bore witness to you, calling you his beloved Son and the Spirit in the form of a dove confirmed the Word as truth. O Christ our God, you have appeared and enlightened the world. Glory to you.

At the Small Entrance

Hymn of Entrance, Second Tone

Blessed is he who comes in the name of the Lord. God is the Lord, and He revealed Himself to us. Save us, O Son of God, risen from the dead.
We sing to You, Alleluia.

Resurrection Hymn, Grave Tone

By your cross, O Lord, you destroyed death; to the thief you opened paradise. The myrrh-bearers' sorrow you transformed into joy, and you sent your apostles forth to proclaim that you had risen from the dead, Christ our God, bestowing on all the world your great mercy.

Repeat the Hymn of Theophany on page 1

Hymn of the Dormition of the Theotokos, First Tone

In giving birth, you preserved your virginity, O Theotokos; in falling asleep you did not forsake the world. You passed over into life, O Mother of Life; and by your prayers you deliver our souls from death!

Kontakion of Theophany, Fourth Tone

You have revealed yourself to the world today, and your light shines forth on us, who sing your praise with full knowledge: You have come to us, O Lord; you are made manifest, O inaccessible Light!

Epistle.....Ephesians 4:7-13

BRETHREN, grace was given to each of us according to the measure of Christ's gift. Therefore it is said, "When he ascended on high he led a host of captives, and he gave gifts to men." (in saying, "He ascended," what does it mean but that he had also descended into the lower parts of the earth? He who descended is he who also ascended far above all the heavens, that he might fill all things.) And his gifts were that some should be apostles, some prophets, some evangelists, some pastors and teachers, to equip the saints for the work of ministry, for building up the body of Christ, until we all attain to the unity of the faith and of the knowledge of the Son of God, to mature manhood, to the measure of the stature of the fullness of Christ.

Gospel.....Matthew 4:12-17

At that time, when Jesus heard that John had been arrested, he withdrew into Galilee; and leaving Nazareth he went and dwelt in Capernaum by the sea, in the territory of Zebulun and Naphtali, that what was spoken by the prophet Isaiah might be fulfilled: "The land of Zebulun and the land of Naphtali, toward the sea, across the Jordan, Galilee of the Gentiles, the people who sat in darkness have seen a great light, and for those who sat in the region and shadow of death light has dawned." From that time Jesus began to preach, saying, "Repent, for the kingdom of heaven is at hand."

Megalynarion (instead of *It is truly meet and right*), Second Tone

Verse: Magnify, O my soul, her who is greater in honor than the hosts on high.

O most pure Bride, O blessed Mother, the wonders of your birth-giving pass all understanding. Through you we have obtained salvation in all things, and, as is right and meet, we rejoice before you our Benefactor, bearing as a gift a song of thanksgiving!

The Communion Prayers are found on page 40 of the hymnal.

Communion Hymn

The grace of God, the grace of God has appeared,
for the salvation of all people. Alleluia!

(After Communion)

*Instead of "We Have Seen the Light," we chant the **Hymn of Thoephany***

When you, O Lord, were baptized in the Jordan River, the worship of the Trinity was revealed. And the voice of the Father bore witness to you, calling you his beloved Son and the Spirit in the form of a dove confirmed the Word as truth. O Christ our God, you have appeared and enlightened the world.
Glory to you.

Today

Memorial Prayers today are offered for
Athena Mihos Psychogios Henderson (1 year) mother of Dean Psychogios,
Stamata Angelos (5 years), **Pat (Pericles) Angelos** (42 years),
Ethel (Athanasia) Tortorelis (19 years), **George Tortorelis** (17 years),
Katina Viktoros; Iakovos Iakovou; Polyxeni Andrea.

The coffee hour today is hosted by
the **Tortorelis family** in memory of departed loved ones.



Registration

Intro to Orthodox Christianity Catechism Course

Join us for our MEOCCA catechism course, Intro to Orthodox Christianity, **beginning on Monday, January 22**, from 7:00-9:00 p.m. Catechism is open to all; people interested in learning more about Orthodox Christianity, inquirers, catechumens, and current Orthodox Christians as well! Classes will be held on Monday evenings from 7:00-9:00 p.m. in person (1111 Summit Ave., St. Paul, MN) or online via Zoom. Register today by using the code or learn more at www.meocca.org



Want to Host the Coffee Hour?

We need an immediate host for next Sunday, January 21. We are also looking for hosts on February 18 and 25, March 3, 10, and 31. If you are able to host, please contact the Church Office ASAP. Thank you.

Prayer Ministry

Please remember the sick, the suffering, and those in need, especially:

All victims of wars throughout the world; Our brothers and sisters living through the aftermath of disaster; For the victims of violence; Metro Hope Ministries; Orthodox Christian Prison Ministry; Families Moving Forward; FOCUS Minnesota; Our brothers and sisters serving in the Armed Forces throughout the world especially John Ellis; San Miguel Del Lago Orphanage; John, Johnny, Demos, Kristina, Byron, Cleopatra, Demetra, Milton, Maureen, Andrea, Bryan, Nausika, Ron, Phillip Hibberd, Maria, Matt, Laura, Dorla, Susan, Elias, Constance, Peter, Evdoxia, Marina, Dion, Annali, Sofia, Juan Cruz & family, Charlie, Stan, Helena, Byrdie, Jennifer, John S., Becky, Noel, Stephen, Alexey, Alexandra, Ray, Christina, Joanne, Athena, the Muñoz family, Charlie, Nuala, Pamela, Avgi, Elena, Speranta, Liz, Efstratia, Jordan, David, Nino, Joe, Gigi, Zossima, Donnarae, Samira, Mary K., Monte, Bethany, Mark, Owen, Chrysanthy, Estelle, Justine, Melissa, Megan, Dallas, Lisa, Michael, Robbie, Judi, Evonne, James, Nichole, Constantine, Theodora, Mary, Irene Maria, Apostolos, Olivia, Lincoln, Carole, Patty, Karrisra, Corina, Tom, George R., Ken, Nancy and Tim, Olga, Peter, Cora and family, Bo, Lynn, Deb, Sarah, Maia, Travis, Kassie, Tahnlee, Lois, Kalli, Annie, Sue & Jim, Steve, Sue, Jane, Pat, Nancy, Dave, Pam, Gilbert, George P., Danielle, Jenny, John L., Steven E., Julia, Presvytera Janis, Sandra, Rick, Nancy, Alex, Eryn, Phil, Karen, Linda, Fr. Elias, Vicki, Bill, Diana, Doria, Mike, Stephanie, Tyler, Ben, Amy, Christy, Karen, Anastasia, Jamie, Alex and Alexander, Toni, Gina, Julie, R.J., Allie, Vickie, Petra, Bob, Joseph, Christopher, Elizabeth, Jaxon, Judi, Bodil, Ole, and others known to you.

Stewardship



2024 Stewardship Pledges

Please take a moment to prayerfully complete a 2024 pledge form and return it to the church office as soon as possible. All members should have received their 2024 Stewardship packet. If you need a form, it is available online (scan the code), or contact the church office.

Digital Donation Options

Text to Give*: Text smgoc to 73256 • **or Scan to Give**

**This number will never send unsolicited texts.*



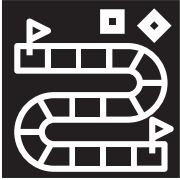
Announcements

Food Shelf Needs for January 21

Canned Meal – large cans (e.g. Chili / Pork and Beans)

January's recipient is Joyce Uptown Food Shelf.

Please do not bring opened packages. They will be discarded.



Orthodox Game League

Saturday, January 20

The fun continues! The next gathering of the Orthodox Game League is Saturday, January 20, 2024, 6:00 p.m. at St. Mary's Orthodox Cathedral Parish Center, 1701 Fifth Street NE, Minneapolis (across the street from the Cathedral). Bring a munchie or dessert to share. Please call Nikki Beauchamp with any Game League questions, 612.910.2943.



Godparent Sunday

Sunday, January 21

Invite your godparent or godchild to join you at Divine Liturgy and receive Holy Communion together. Godparents are invited to come to Church School class to see what the children are learning, play a game, have a treat, and perhaps tell stories from their baptismal day. If your Godparent is unable to attend ask someone special to you, uncle, aunt, family friend or even one of your parents to go with you to receive Holy Communion and come with you to Church School class.



Greek Dance Practices Resume

Monday, January 29, 6:00-8:00 p.m.

All St. Mary's youth, ages 6 to 19, are welcome to join our Greek Dance program. Practices resume on Monday evenings, in the Great Hall, from January 29 to March 18, with final rehearsal on Saturday, March 23, 11:30 a.m.-2:00 p.m. Our performance will be at the Greek Independence Day luncheon and program on Sunday, March 24. We also welcome adults who would like to assist with Greek dance instruction, as well as youth who play musical instruments or can recite or read Greek and/or English poems and prose. Contact Tessie Bourdamis (tbourdamis@comcast.net) by January 15 to register or for schedule details.

Calendar of the Week

Sunday, January 14: Leavetaking of Theophany

8:30 a.m. – Matins; 9:30 a.m. – Divine Liturgy
after Liturgy – Undecorate the Nave with the St. Olympia Girls
12:30 p.m. – JOY Basketball Practice, Great Hall

Monday, January 15

12:00 noon – Simpson House Cooking, Kitchen

Tuesday, January 16

9:30 a.m. – FAITH Play Group, Great Hall and Terrace Room
6:00 p.m. – Adult Open Gym Basketball, Great Hall
6:30 p.m. – Philoptochos Board Meeting, Fireside Room
Simpson House Dinner

Wednesday, January 17: Saint Anthony the Great

9:00 a.m. – “The Messenger” Mailing, Fireside Room
9:30 a.m. – Divine Liturgy

Thursday, January 18: Saints Athanasios and Cyril

9:30 a.m. – Divine Liturgy
6:00 p.m. – YAL Telos Faithtree Liturgy Course, Terrace Room

Friday, January 19

7:00 a.m. – Men’s Fellowship, Fireside Room

Saturday, January 20

9:00 a.m. – Bible Study, Fireside Room and on Zoom
12:30 p.m. – Girls’ GOYA Basketball, Great Hall
12:30 p.m. – HOPE/JOY Skating, Centennial Lakes
2:15 p.m. – Boys’ GOYA Basketball, Great Hall
5:00 p.m. – Great Vespers
6:00 p.m. – Orthodox Game League, St. Mary’s Cathedral Parish Center

Sunday, January 21: Twelfth Sunday of Luke; Godparent Sunday

Prayers for the Unborn
8:30 a.m. – Matins; 9:30 a.m. – Divine Liturgy
11:30 a.m. – Philoptochos General Meeting, Terrace Room
11:30 a.m. – St. Olympia Event
11:45 a.m. – Missions and Outreach Meeting, Fireside Room
12:30 p.m. – JOY Basketball Practice, Great Hall
2:00 p.m. – Boys’ GOYA Basketball Practice, Great Hall



Lenten Dinners

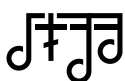
Before long we will be in the Lenten season. Our first Wednesday Lenten dinner is March 20. We are scheduling hosts for several of the Lenten Wednesdays. The open dates at present are: April 3, 17, and 24. Contact the Church Office to schedule a meal.



St. Mary's Women's Book Club

Thursday, February 1, 7:00 p.m.

This year there is an exciting list of books that the Women's Book Club will be reading. We'll begin the new year on Thursday, February 1 with Fr. Anthony Coniaris' book, *The Greatest of All Sciences: To Know One's Self*. We will meet at 7:00 p.m. (following Great Vespers for the Presentation) in the 7th/8th grade church school room. The book can be purchased in the church bookstore for \$21.



FOCUS Benefit Concert

Pan-Orthodox Choir Ministry (POCM) is performing a benefit concert, "My Soul, Arise!" for FOCUS at 7:00 p.m. on Saturday, March 9, at St. Mary's OCA Cathedral. Anyone interested in singing in the concert, or would like more information, feel free to contact Mark Wesche at POCM@stmarysoca.org. Rehearsals begin Friday, January 19, 7:00 p.m., at the Cathedral.

Youth News



HOPE/JOY Skating

Saturday, January 20, 12:30-2:00 p.m.

Our HOPE and JOY group will go skating at Centennial Lakes on Saturday, January 20, 12:30-2:00 p.m. RSVP in Realm by January 18 if you would like to attend. Parents/Guardians are responsible for your child and welcome to join us. Bring your own skates! If you don't have any skates, St. Mary's will pay for the HOPE/JOY kids (grades K-5) and 1 parent or guardian. Any additional family members will have to be covered by the family (\$10.00/rental).

Save the Dates! Vacation Church School

June 17-21, 8:45 a.m.-12:00 p.m.

Registration coming soon! For children age 4 to those attending 6th grade in the fall. Also, middle and high school youth are needed for staff support.

Philoptochos News



Vasilopita Bread Sales Today

Loaves of Vasilopita bread are available! We hope to sell the remaining loaves this week. Proceeds from the sales of the bread support St. Basil's Academy in Garrison, New York. The cost is \$15 per loaf. Cash and checks are accepted. Stop by our table to purchase a loaf or two.



Undecorating the Nave Today after Liturgy

We are looking for volunteers to help undecorate the Nave with the help of the St. Olympia girls after the Liturgy today. Join us after coffee hour, about 11:45, in the Nave.



Mark Your Calendars! General Meeting

Sunday, January 21

Don't miss our first meeting of the new year! We will be approving the annual budget at this meeting and need all members to attend to establish a quorum. Please come to the Terrace Room after Liturgy as the meeting will start promptly at 11:30. (NOTE: food and coffee will be provided at the meeting)



Prosforo Workshop

Saturday, January 27, 10:00 a.m.

Would you like to learn how to make prosforo (Communion bread)? Philoptochos will be holding a workshop on Saturday, January 27, in the church kitchen. Stop by our table today to sign up to attend.



Our Little Orthodox Library Needs You

We are still looking for several volunteers to help with the management of our new Little Library outside the church. Sign up for a month, check it weekly, make sure it is stocked and that only Orthodox materials are there. Please stop by the Philoptochos table on Sundays to see how you can help. We would also love additional Orthodox books to help keep our stock full.



Hello St. Mary's Parishioners,

As our new year begins, I want to take this opportunity to introduce you to the **2024 Parish Council Officers** who were elected to their positions last Sunday. **Libby Cheolis** is our **Secretary**, **Athena Mihas** is our **Assistant Treasurer**, **Cristina Nicklow** is our **Treasurer**, **Louis Tiggas** is our **Vice President**, and I am serving my second year as your President. In addition, the Council already held its first meeting of the year and our top priorities will focus on increasing parish engagement and improving financial reporting. More details will be shared with you at our Spring Parish Assembly, scheduled for Sunday, April 21.

May God continue to bless our wonderful community at St. Mary's!

In Christ's Love,

Jeannie Possis

Parish Council President

Louis Tiggas

Vice President

Elisabeth (Libby) Cheolis

Secretary

Cristina Nicklow

Treasurer

Athena Mihas

Assistant Treasurer

Benjamin Amundgaard

Alex Dascalos

Sam Hanna

Andrew LeRoy

Dean Psychogios

Sophia Rouman

Nicholas P. Santrizos

St. Mary's Young Adult Ministries presents:

Divine Liturgy

THE GREATEST INVITATION



By Faithtree Resources

Young Adults, ages 18-35, are invited to attend this vital educational series on the Divine Liturgy. The Liturgy is the single most important thing we can do in our lives. There is no better use of time, energy, or focus! No matter where you are on your journey to know God in the Divine Liturgy, this course is for you!

4 SESSIONS: SHORT VIDEOS • ACTIVITIES • DISCUSSION

At St. Mary's Greek Orthodox Church, in the Terrace Room.

Facilitated by **Cindy and Paul Karos**

SESSION 1

Thursday, January 25, 2024

6:30 - 8:30 p.m. • Dinner provided

SESSION 2

Thursday, February 1, 2024

After participation in Festal Vespers
at 6:00 p.m. • Dinner provided

SESSION 3

Thursday, February 15, 2024

6:30 - 8:30 p.m. • Dinner provided

SESSION 4

Thursday, February 29, 2024

6:30 - 8:30 p.m. • Dinner provided



RSVP BY JANUARY 22

RSVP REQUIRED for session materials and food.





Featured Speaker:

Nathan Hoppe

OCMC Missionary Serving in Albania & OCMC's Longest Serving Missionary



Latest OCMC Updates By:

Dan Christopulos

*OCMC Development Director
OCMC's First Missionary*



Thursday, Feb. 8

Event Program 6:30 PM - 8:00 PM



St. Mary's Greek Orthodox Church

3450 Irving Ave S. | Minneapolis, MN 55408

**Valentine's Day Dessert Buffet will be provided
FREE WILL OFFERING ENCOURAGED**
(Proceeds will benefit OCMC ministries around the world.)

For questions, please contact:

Terri Lekas at terri@queen-of-cakes.com or
OCMC Events Coordinator, Elaine Drikakis, at elained@ocmc.org

SCAN THE CODE TO DONATE



OR VISIT US ONLINE AT:
OCMC.ORG/MINNEAPOLIS

On Knowing God...

“That you may acquaint yourself with God, first become acquainted with yourself.”

— *Saint Cyprian of Carthage*

Daily Bible Readings

Monday, January 15

Galatians 5:22-26; 6:1-2 • Luke 12:32-40

Tuesday, January 16

Acts 12:1-11 • John 21:14-25

Wednesday, January 17

Saint Anthony the Great

Hebrews 13:17-21 • Luke 6:17-23

Thursday, January 18

Saints Athanasios and Cyril

Hebrews 13:7-16 • Matthew 5:14-19

Friday, January 19

Galatians 5:22-26; 6:1-2 • Matthew 19:16-26

Saturday, January 20

II Corinthians 4:6-15 • Luke 6:17-23

Sunday, January 21

Twelfth Sunday of Luke

Colossians 3:4-11 • Luke 17:12-19



Saint Mary's Greek Orthodox Church

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Minneapolis, Minnesota 55408-3399

612.825.9595 | stmarysgoc.org



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*Fr. Timothy Sas, Fr. Jason Houck, Fr. John Kostas
Fr. Paul Kalina, Deacon; Fr. Luke Twito, Deacon*