

April 14, 2024 — Saint John Climacus

THE DIVINE LITURGY

Commemoration

Sunday of Saint John Climacus; Aristarchus, Pudens, Trophimus the Apostles of the 70; Thomais the Martyr of Alexandria; Ardalion the Actor and Martyr; Demetrios the New-Martyr of Arcadia.

Morning Gospel: Matthew 28:16-20

Variable Hymns and Readings in the Liturgy

Tone: Fourth

At the Second Antiphon

Save us, O Son of God, who rose from the dead; we sing to you, Alleluia!

At the Small Entrance

Resurrection Hymn, Fourth Tone

The joyful news of your resurrection was proclaimed by the angel to the women disciples. Having thrown off the curse that fell on Adam, they ran elatedly to tell the apostles: Death has been vanquished; Christ our God is risen from the dead, blessing all the world with his great mercy.

Hymn of Entrance

Come, let us worship and bow down before Christ. Save us, O Son of God, who rose from the dead, save us who sing to You: Alleluia!

Repeat the Resurrection Hymn, above

Hymn of Saint John Climacus, Plagal Fourth Tone

Like warm and gentle rain, your tears of compunction made the desert burst forth in bloom. Your patient endurance made your sufferings bear fruit one-hundredfold and your wondrous deeds have filled all the world with light. O holy father John, intercede with Christ our God to save our souls.

Hymn of the Dormition of the Theotokos, First Tone

In giving birth, you preserved your virginity, O Theotokos; in falling asleep you did not forsake the world. You passed over into life, O Mother of Life; and by your prayers you deliver our souls from death!

Kontakion of the Theotokos, Plagal Fourth Tone

Victorious Lady, mighty champion, defending us, we your servants now inscribe to you this hymn of thanks, for you rescued us from suffering and tribulation. Theotokos, with your power that can never fail, keep us safe from every danger our whole life long that we may cry to you:

Rejoice, O Bride unwedded.

BRETHREN, when God made a promise to Abraham, since he had no one greater by whom to swear, he swore to himself, saying, "Surely I will bless you and multiply you." And thus Abraham, having patiently endured, obtained the promise. Men indeed swear by a greater than themselves, and in all their disputes an oath is final for confirmation. So when God desired to show more convincingly to the heirs of the promise the unchangeable character of his purpose, he interposed with an oath, so that through two unchangeable things, in which it is impossible that God should prove false, we who have fled for refuge might have strong encouragement to seize the hope set before us. We have this as a sure and steadfast anchor of the soul, a hope that enters into the inner shrine behind the curtain, where Jesus has gone as a forerunner on our behalf, having become a high priest for ever after the order of Melchizedek.

At that time, a man came to Jesus kneeling and saying: "Teacher, I brought my son to you, for he has a dumb spirit; and wherever it seizes him it dashes him down; and he foams and grinds his teeth and becomes rigid; and I asked your disciples to cast it out, and they were not able." And he answered them, "O faithless generation, how long am I to be with you? How long am I to bear with you? Bring him to me." And they brought the boy to him; and when the spirit saw him, immediately it convulsed the boy, and he fell on the ground and rolled about, foaming at the mouth. And Jesus asked his father, "How long has he had this?" And he said, "From childhood. And it has often cast him into the fire and into the water, to destroy him; but if you can do anything, have pity on us and help us." And Jesus said to him, "If you can! All things are possible to him who believes." Immediately the father of the child cried out and said, "I believe; help my unbelief!" And when Jesus saw that a crowd came running together, he rebuked the unclean spirit, saying to it, "You dumb and deaf spirit, I command you, come out of him, and never enter him again." And after crying out and convulsing him terribly, it came out, and the boy was like a corpse; so that most

of them said, "He is dead." But Jesus took him by the hand and lifted him up, and he arose. And when he had entered the house, his disciples asked him privately, "Why could we not cast it out?" And he said to them, "This kind cannot be driven out by anything but prayer and fasting." They went on from there and passed through Galilee. And he would not have any one know it; for he was teaching his disciples, saying to them, "The Son of man will be delivered into the hands of men, and they will kill him; and when he is killed, after three days he will rise."

Megalynarion. (Instead of "It is truly meet..." on page 69)

In you, O woman full of grace, all creation rejoices, the orders of angels and the race of mankind. O hallowed temple and spiritual paradise, glory of virginal souls, from you our God was incarnate and became a child, he who is God from all ages. By making your womb his throne he made you more spacious, more spacious than all the heavens. In you, O woman full of grace all creation, all creation rejoices. Glory to you!

The Communion Prayers are found on page 40 of the hymnal.

Today

Prosforo is provided by Barbara Nichols

Memorial Prayers are offered for **Christos A. Bakritges** (3 years); **Rena Doukas** (10 years); **Peter J. Boosalis** (62 years); **Katherine Boosalis** (20 years)

The Coffee Hour today is hosted by the family of **Christos A. Bakritges** in his memory.

Announcements

Food Shelf Needs for April 21

Hygiene items

(Individually wrapped toothpaste, soap, shampoo, conditioner, razors)

April's recipient is Community Emergency Services (CES). Please do not bring opened packages. They will be discarded.

Digital Donation Options

Text to Give*: Text smgoc to 73256 • or Scan to Give

*This number will never send unsolicited texts.



Prayer Ministry

Please remember the sick, the suffering, and those in need, especially: All victims of wars throughout the world; Our brothers and sisters living through the aftermath of disaster; For the victims of violence; Metro Hope Ministries; Orthodox Christian Prison Ministry; Families Moving Forward; FOCUS Minnesota; Our brothers and sisters serving in the Armed Forces throughout the world especially John Ellis; San Miguel Del Lago Orphanage; Bob, Sienna, Giana, James, Owen, Michael, Johnny, Jaclyn Jereczek, Andrew, Dena, Chris, Joy Rose, Peter, Nick, John, Demos, Kristina, Cleopatra, Milton, Maureen, Andrea, Bryan, Nausika, Ron, Phillip Hibberd, Maria, Matt, Laura, Dorla, Susan, Elias, Constance, Evdoxia, Marina, Dion, Annali, Sofia, Juan Cruz & family, Charlie, Stan, Helena, Byrdie, Jennifer, John S., Becky, Noel, Stephen, Alexey, Alexandra, Ray, Christina, Joanne, Athena, the Muñoz family, Charlie, Nuala, Pamela, Avgi, Elena, Speranta, Liz, Efstratia, Jordan, David, Nino, Joe, Gigi, Zossima, Donnarae, Samira, Mary K., Monte, Bethany, Mark, Owen, Chrysanthy, Estelle, Justine, Melissa, Megan, Dallas, Lisa, Michael, Robbie, Judi, Evonne, James, Nichole, Constantine, Theodora, Mary, Irene Maria, Apostolos, Olivia, Lincoln, Carole, Patty, Karrisa, Corina, Tom, George R., Ken, Nancy and Tim, Olga, Peter, Cora and family, Bo, Lynn, Deb, Sarah, Maia, Travis, Kassie, Tahnlee, Lois, Kalli, Sue & Jim, Steve, Sue, Jane, Pat, Nancy, Dave, Pam, Gilbert, George P., Danielle, Jenny, John L., Steven E., Julia, Presvytera Janis, Sandra, Rick, Nancy, Alex, Eryn, Phil, Karen, Linda, Fr. Elias, Vicki, Bill, Diana, Doria, Mike, Stephanie, Tyler, Ben, Amy, Christy, Karen, Anastasia, Jamie, Alex and Alexander, Toni, Gina, Julie, R.J., Allie, Vickie, Petra, Bob, Joseph, Christopher, Elizabeth, Judi, Bodil, Ole, and others known to you.



Prayer Ministry List Clean Up

During Great Lent, we wish to clean up our prayer list. If you have placed a name on the list in the past, or you are on the list, and can be removed, please let the office know. Also, if a name is on the list and needs to be kept on, please let us know that also. Those names currently on the list that are not brought to our attention will be removed at this time. *Thank you for your assistance*.



Palm Sunday Luncheon

Our choir is again hosting the annual delicious Palm Sunday Spaghetti Luncheon on Sunday, April 28. In lieu of tickets this year, a free will offering will be taken to help support our choir in attending the Federation Choir Conference next fall. A suggested donation is \$10 per adult and \$6 per child under 10. (cash, check, or Venmo accepted). We hope you can attend to help support the choir.



New Ministry...Housekeeping!

It's not too late to join!

We are in the planning stages of beginning a new ministry at St. Mary's. This one is for the cleaners in our midst (men and women, young or more mature). Our janitorial crew does the major cleaning as well as all the room set ups and take downs for our events throughout the week. However, they do not do the detail cleaning. That is up to us. This new ministry will meet once or twice a month during the day (when the sun is brightest and we can see the cobwebs) to clean sections of the building. We will not do the entire building each time, just manageable sections. All interested and able-bodied cleaners are asked to contact David in the church office and let us know which weekdays and times work best for you. Based on the responses, we will schedule the day and time (we would prefer to begin in the later morning). You can e-mail David at david@ stmarysgoc.org, or call the office, 612.825.9595.



Holy Week and Pascha Flowers

Donations are being accepted for Holy Week and Pascha flowers. Your generous donation helps us beautify our worship space for this most holy season. A large number of flowers and greens is needed for the various services. Please make your donation by Palm Sunday, April 28. Forms and envelopes are found in the narthex or you can donate online via our website.



Church School Holy Friday Retreat

Holy Friday, May 3, 2024 • 10:30 a.m. – 1:15 p.m.

Please join us for an engaging day at our church in which children will learn about Holy Week, the Crucifixion, and Resurrection of our Lord, Jesus Christ. We will have lessons, crafts, lunch, stations in the church, and gym time (to help get the wiggles out—even the big kids). Retreat ends at 1:15 p.m. so please be here at that time to check out your child(ren) and accompany them for the *Taking Down from the Cross* Service. The retreat is for Pre-K (4 year old) through grade 12.

Please register early so we can plan accordingly for helpers, supplies, space and food ordering/packaging. Adults, we could use additional help with set up/clean up and food prep. Contact Dena Tortorelis at churchschool@stmarysgoc.org to volunteer or with questions.

Register Today

Register by scanning the code or by using the link: tinyurl.com/HolyFriday2024



Explore stmarysgoc.org







Scan for more News and Events

While we try to get as much information into the weekly bulletin, on Realm Connect, and the monthly Messenger newsletter, there is still more to share and discover about the happenings within our parish. Remember to visit our parish website often for more news and info. It's updated regularly and has a lot of great resources.

Calendar of the Week

Sunday, April 14: Saint John Climacus

8:30 a.m. - Matins; 9:30 a.m. - Divine Liturgy

5:00 p.m. – Pan-Orthodox Lenten Vespers

Saint Mary's Greek Orthodox Church

Tuesday, April 16

9:30 a.m. - FAITH Play Group, Great Hall and Terrace Room

6:00 p.m. - Adult Open Gym Basketball, Great Hall

7:15 p.m. - Young Women's Bible Study, Christopulos' home

Wednesday, April 17

9:00 a.m. - "The Messenger" Mailing, Fireside Room

11:00 a.m. - Intercessory Prayer, Nave

11:30 a.m. - Women's Bible Study, Fireside Room

4:00 p.m. - Holy Confession, Nave

5:30 p.m. - Liturgy of the Presanctified Gifts

7:00 p.m. – Lenten Dinner

7:00 p.m. - Grades 3 & 4 Confession

7:00 p.m. - Junior GOYA Mini Meeting, Meeting Room 1

7:30 p.m. - Choir Rehearsal, Nave

Thursday, April 18

6:00 p.m. - Great Canon of Saint Andrew

Friday, April 19

4:00 p.m. - Holy Confession, Nave

6:00 p.m. - Salutations to the Theotokos

Saturday, April 20

No Bible Study

5:00 p.m. - Junior GOYA Lock-in

Sunday, April 21: Saint Mary of Egypt

8:30 a.m. - Matins; 9:30 a.m. - Divine Liturgy

11:30 a.m. - Spring General Assembly, Great Hall

5:00 p.m. - Pan-Orthodox Lenten Vespers

Saint Stefan Romanian Orthodox Church 350 5th Avenue North, South St Paul



Did you know?

Digital versions of our weekly Sunday bulletins can be found on our website? Just use the link below or scan the QR code.

https://stmarysgoc.org/resources/weekly-bulletins/

Philoptochos News



Tandem Drive

Collection underway through Palm Sunday

Once again Philoptochos will be sponsoring a drive for the Tandem Family Resource Center. Besides the usual "Baby Bottle" envelopes we are extending it to a "Needs Drive." As Tandem services have grown to include an apartment building housing some of the mamas and littles, their general needs have grown as well. Below is a list of some of the most needed items:

- Packs of wipes
- Diapers size 1
- Diapers size 6
- Newborn to 3 m girl clothes
- Newborn to 3 m boy clothes
- Newborn scratch mittens
- Baby wash, Baby lotion, Diaper cream
- Enfamil formula Similac formula
- Baby and toddler socks
- Toddler plates, cups & silverware
- Lotions, soaps, pads & tampons for our mamas

Bring items to Philoptochos table. Bins are available for your donations.



Our Little Orthodox Library Needs More Books

The supply of books in our Little Library is running low. We would love additional Orthodox books to help keep our stock full. If you have read a book recently and would like to donate it, please stop by our table and drop it off... or you can bring it to the church office during the week.



Looking for Koulourakia Bakers!

Philoptochos is looking for volunteers to bake four dozen koulourakia cookies for Pascha. We will be serving these following the Anastasi Liturgy and Sunday's Agape services. Please stop by our table to sign up.



2024 Spring General Assembly

Sunday, April 21

St. Mary's Parishioners,

Blessed Lent to all of you. I hope you will join us for our upcoming Spring General Assembly meeting **Sunday, April 21**, 11:30 a.m., in the Great Hall. The Parish Council will be reviewing the following agenda items and a Lenten snack will be provided.

2024 Spring General Assembly Agenda

- Opening Prayer
- Welcome
- Fall 2023 General Assembly Minutes Approval
- 2023 Financial Summary (actual vs budget)
- Elect (3) Parish Members for Board of Electors
- Elect (2) Parish Delegates for National Clergy-Laity
- 2024 Parish Council Priorities
- Buildings & Grounds Update
- Closing Prayer & Adjourn

Thank you, Jeannie Possis PC President







Everyone is invited to help out with the various tasks needed around the church to support our journey leading up to Great and Holy Pascha. Beginning on Lazarus Saturday is our annual Family Service Day. Following Liturgy, we will join together for a potluck lunch. Please bring a Lenten dish to share. The Service Day projects will follow and include cleaning and preparing the church for Holy Week and plaiting palm crosses. It's a joy-filled day! We'll also provide peanut butter and jelly sandwiches for the kids. Please RSVP for the Lazarus Saturday Family Service Day event so we can plan our day accordingly. Visit https://tinyurl.com/nhzxz3rd, scan the QR code, or call the office to sign up. Also, look through the list of tasks we need to accomplish between Lazarus Saturday and Holy Pascha. Find what you enjoy doing and fits your schedule and sign up. Thank you!



MARCH/APRIL 2024

MESSAGES from the METROPOLIS

www.chicago.goarch.org

GREAT LENT: ACTIVITIES & EVENTS



LENTEN & HOLY WEEK SCHEDULES 2024

Experience Great Lent with His Eminence Metropolitan Nathanael & His Grace Bishop Timothy

View online: chicago.goarch.org/lentenschedule



NEW PROGRAM: LIGHT OF LENT

A program designed for educators and parents to help the youth of our Metropolis to grow spiritually and to reflect on what Lent means to them.

Learn more: chicago.goarch.org/lightoflent



SCAN FOR MORE EVENTS

4/13 Annual Fanari Lenten Retreat

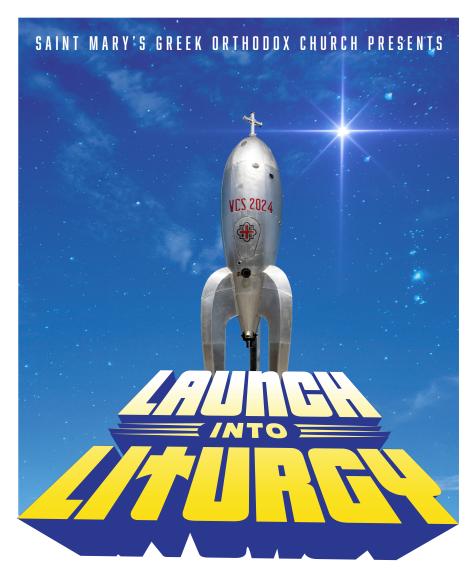
Eight parishes across the Metropolis will host a day of Worship, Games, and more! *Multiple Locations*

4/19-21 YAL Spring Retreat

Holy Week: Walk with Christ

Join YAL Chicago for a weekend retreat full of faith, fellowship, and service! Saint Iakovos Retreat Center

SIGN UP TO RECEIVE EMAIL UPDATES: www.chicago.goarch.org/sign-up



VACATION CHURCH SCHOOL JUNE 17-21, 2024

Children, age 4 to those entering 6th grade in the fall, are invited to attend Vacation Church School—five days of music, worship, activities, snacks, and games. Middle and high school youth are needed for staff support. If your teen is available and willing to help, please also sign them up. Scan the code to register your child.

HERE

Saint Mary's Greek Orthodox Church 3450 Irving Ave. So., MPLS, MN 55408

WHEN

JUNE 17 – 21, 2024 8:45 a.m. to 12 noon



On Salvation...

"Greater than baptism itself is the fountain of tears after baptism. If God in His love for mankind had not given us tears, those being saved would be a few indeed and hard to find." — St. John Climacus

Daily Bible Readings

Monday, April 8

Genesis 13:12-18 • Proverbs 14:27-15:4

Tuesday, April 9

Genesis 15:1-15 • Proverbs 14:27-15:4

Wednesday, April 10

Genesis 17:1-9 • Proverbs 15:20-16:9

Thursday, April 11 The Great Canon of Saint Andrew

Genesis 18:20-33 • Proverbs 16:17-17:17

Friday, April 12

Genesis 22:1-18 • Proverbs 17:17-18:5

Saturday, April 13

Hebrews 9:1-7 • Luke 1:39-49,56

Sunday, April 14 Saint Mary of Egypt

Hebrews 9:11-14 • Mark 10:32-45



Saint Mary's Greek Orthodox Church

3450 Irving Avenue South

Minneapolis, Minnesota 55408-3399

612.825.9595 | stmarysgoc.org





Fr. Timothy Sas, Fr. Jason Houck, Fr. John Kostas Fr. Paul Kalina, Deacon: Fr. Luke Twito, Deacon