

April 21, 2024 — Saint Mary of Egypt

THE DIVINE LITURGY

Commemoration

Sunday of Saint Mary of Egypt; The Holy Hieromartyr Januarius and Those With Him; Our Holy Father Maximian, Patriarch of Constantinople; Theodore the Holy Martyr and his mother Philippa of Perge; Alexandra the Martyr; Anastasios the Monk of Sinai; Beuno, Abbot of Clynnog.

Morning Gospel: Mark 16:1-8 Tone: Plagal First

Variable Hymns and Readings in the Liturgy

At the Second Antiphon

Save us, O Son of God, who rose from the dead; we sing to you, Alleluia!

At the Small Entrance

Resurrection Hymn, Plagal First Tone

To the Word, co-eternal with the Father and the Spirit, born of the Virgin for our salvation, let us, the faithful, give praise and worship. For he willed to be lifted up on the cross in the flesh, to endure death and raise the dead by his glorious resurrection.

Hymn of Entrance

Come, let us worship and bow down before Christ. Save us, O Son of God, who rose from the dead, save us who sing to You: Alleluia!

Repeat the **Resurrection Hymn**, above

Hymn of Saint Mary of Egypt, Plagal Fourth Tone

In you, holy mother Mary, the image of God shone forth, for you took up your cross and followed the Lord. By word and example you taught us to live in the spirit while still in the flesh. Therefore your spirit rejoices with the angels forever.

Hymn of the Dormition of the Theotokos, First Tone

In giving birth, you preserved your virginity, O Theotokos; in falling asleep you did not forsake the world. You passed over into life, O Mother of Life; and by your prayers you deliver our souls from death!

Kontakion of the Theotokos, Second Tone

O unfailing protection of Christians, and our faithful advocate before the Creator: though we are sinners, do not ignore our entreaty; but in your goodness, grant your timely help to us who appeal to you in faith. Quickly make intercession; on our behalf make speedy supplication, O Theotokos, for you always protect those who honor you.

Epistle......Hebrews 9:11-14

BRETHREN, when Christ appeared as a high priest of the good things that have come, then through the greater and more perfect tent (not made with hands, that is, not of this creation) he entered once for all into the Holy Place, taking not the blood of goats and calves but his own blood, thus securing an eternal redemption. For if the sprinkling of defiled persons with the blood of goats and bulls and with the ashes of a heifer sanctifies for the purification of the flesh, how much more shall the blood of Christ, who through the eternal Spirit offered himself without blemish to God, purify your conscience from dead works to serve the living God.

At that time, Jesus took his twelve disciples, and he began to tell them what was to happen to him, saying, "Behold, we are going up to Jerusalem; and the Son of man will be delivered to the chief priests and the scribes, and they will condemn him to death, and deliver him to the Gentiles; and they will mock him, and spit upon him, and scourge him, and kill him; and after three days he will rise." And James and John, the sons of Zebedee, came forward to him, and said to him, "Teacher, we want you to do for us whatever we ask of you." And he said to them, "What do you want me to do for you?" And they said to him, "Grant us to sit, one at your right hand and one at your left, in your glory." But Jesus said to them, "You do not know what you are asking. Are you able to drink the cup that I drink, or to be baptized with the baptism with which I am baptized?" And they said to him, "We are able." And Jesus said to them, "The cup that I drink you will drink; and with the baptism with which I am baptized, you will be baptized; but to sit at my right hand or at my left is not mine to grant, but it is for those for whom it has been prepared." And when the ten heard it, they began to be indignant of James and John. And Jesus called them to him and said to them, "You know that those who are supposed to rule over the Gentiles lord it over them, and their great men exercise authority over them. But it shall not be so among you; but whoever would be great among you must be your servant, and whoever would be first among you must be slave of all. For the Son of man also came not to be served but to serve, and to give his life as a ransom for many."

Megalynarion. (Instead of "It is truly meet..." on page 69)

In you, O woman full of grace, all creation rejoices, the orders of angels and the race of mankind. O hallowed temple and spiritual paradise, glory of virginal souls, from you our God was incarnate and became a child, he who is God from all ages. By making your womb his throne he made you more spacious, more spacious than all the heavens. In you, O woman full of grace all creation, all creation rejoices. Glory to you!

The Communion Prayers are found on page 40 of the hymnal.

Today

Prosforo is provided by Presvytera Alexandra Houck

Memorial Prayers are offered for **John Leckas** (3 years); **Evelyn** (40 days) and **William** (1 year) **Kordaris.**

The Coffee Hour today is hosted by **Terri Leckas**, in memory of husband, **John Leckas**.

Join the **Saint Mary's Spring General Assembly** in the Great Hall after Divine Liturgy (agenda on page 9)



St. Mary's Bookstore Book Fair Today

We're having a children's book fair and gifts sale today, immediately after Holy Communion. A cart will be outside of the church school hallway. You'll find many good gifts and books to give children or godchildren for Pascha!

Announcements

Food Shelf Needs for April 28

Individually wrapped toothbrushes and toothpaste

April's recipient is Community Emergency Services (CES). Please do not bring opened packages. They will be discarded.

Digital Donation Options

Text to Give*: Text smgoc to 73256 • or Scan to Give

*This number will never send unsolicited texts.



Prayer Ministry

Please remember the sick, the suffering, and those in need, especially: The family of Yiannis Kaznessis; All victims of wars throughout the world; Our brothers and sisters living through the aftermath of disaster; For the victims of violence; Metro Hope Ministries; Orthodox Christian Prison Ministry; Families Moving Forward; FOCUS Minnesota; Our brothers and sisters serving in the Armed Forces throughout the world especially John Ellis; San Miguel Del Lago Orphanage; Aphrodite, James, Owen, Michael, Johnny, Jaclyn Jereczek, Andrew, Dena, Chris, Joy Rose, Peter, Nick, John, Demos, Kristina, Cleopatra, Milton, Maureen, Andrea, Bryan, Nausika, Ron, Phillip Hibberd, Maria, Matt, Laura, Dorla, Susan, Elias, Constance, Evdoxia, Marina, Dion, Annali, Sofia, Juan Cruz & family, Charlie, Stan, Helena, Byrdie, Jennifer, John S., Becky, Noel, Stephen, Alexey, Alexandra, Ray, Christina, Joanne, Athena, the Muñoz family, Charlie, Nuala, Pamela, Avgi, Elena, Speranta, Liz, Efstratia, Jordan, David, Nino, Joe, Gigi, Zossima, Donnarae, Samira, Mary K., Monte, Bethany, Mark, Owen, Chrysanthy, Estelle, Justine, Melissa, Megan, Lisa, Michael, Robbie, Judi, Evonne, James, Nichole, Constantine, Theodora, Mary, Irene Maria, Apostolos, Olivia, Lincoln, Carole, Patty, Karrisa, Corina, Tom, George R., Ken, Nancy and Tim, Olga, Peter, Cora and family, Bo, Lynn, Deb, Sarah, Maia, Travis, Kassie, Tahnlee, Lois, Kalli, Sue & Jim, Steve, Sue, Jane, Pat, Nancy, Dave, Pam, Gilbert, George P., Danielle, Jenny, John L., Steven E., Julia, Presvytera Janis, Sandra, Rick, Nancy, Alex, Eryn, Phil, Karen, Linda, Fr. Elias, Vicki, Bill, Diana, Doria, Mike, Stephanie, Tyler, Ben, Amy, Christy, Karen, Anastasia, Jamie, Alex and Alexander, Toni, Gina, Julie, R.J., Allie, Vickie, Petra, Bob, Joseph, Christopher, Elizabeth, Judi, Bodil, Ole, and others known to you.



Prayer Ministry List Clean Up

During Great Lent, we wish to clean up our prayer list. If you have placed a name on the list in the past, or you are on the list, and can be removed, please let the office know. Also, if a name is on the list and needs to be kept on, please let us know that also. Those names currently on the list that are not brought to our attention will be removed at this time. *Thank you for your assistance*.



Simpson House Meal Volunteers

Missions and Outreach would like to invite volunteers to help with the upcoming meal for Simpson House.

4 Volunteers Needed—Tuesday, April 23, 4:30-6:30 p.m. We will prepare the entrees at St. Mary's kitchen and freeze them to serve on May 7.

8 Volunteers Needed—Tuesday, May 7, 5:30 p.m. The meal will be served at Simpson House Shelter, located inside Zion Lutheran Church, 128- 33rd Street W., Minneapolis, MN 55408

Anyone interested can contact Terri Leckas, 612.710.0609



Palm Sunday Luncheon

Our choir is again hosting the annual delicious Palm Sunday Spaghetti Luncheon on Sunday, April 28. In lieu of tickets this year, a free will offering will be taken to help support our choir in attending the Federation Choir Conference next fall. A suggested donation is \$10 per adult and \$6 per child under 10. (cash, check, or Venmo accepted). We hope you can attend to help support the choir.



Holy Week and Pascha Flowers

Donations are being accepted for Holy Week and Pascha flowers. Your generous donation helps us beautify our worship space for this most holy season. A large number of flowers and greens is needed for the various services. Please make your donation by Palm Sunday, April 28. Forms and envelopes are found in the narthex or you can donate online via our website.





Stay Informed about YAL Events

There are lots of ways to stay connected to YAL! Fill out our contact form to receive emails (scan the code), follow @twincitiesyal on Instagram, and join our GroupMe for event reminders!



Church School News

New This Year for Holy Friday

Remember and honor your departed loved ones. We will have lighted luminaries along the path of the Epitaphio as we process outside (God and weather permitting!) The name of your loved one will be on the luminary for all to see. Free will offering of five dollars is suggested. See table in the Great Hall after Liturgy today and see Dena Tortorelis if you have any questions.

Graduate Recognition

We will honor and recognize our graduating seniors on Sunday, May 19. At the end of Liturgy, we will call the graduates to the Solea and then have a reception in the Great Hall after Liturgy where everyone can meet and greet them. *All Graduating Seniors: Please give Mrs. Tortorelis your information as requested.*



Church School Holy Friday Retreat

Holy Friday, May 3, 2024 • 10:30 a.m. – 1:15 p.m.

Please join us for an engaging day at our church in which children will learn about Holy Week, the Crucifixion, and Resurrection of our Lord, Jesus Christ. We will have lessons, crafts, lunch, stations in the church, and gym time (to help get the wiggles out—even the big kids). Retreat ends at 1:15 p.m. so please be here at that time to check out your child(ren) and accompany them for the *Taking Down from the Cross* Service. The retreat is for Pre-K (4 year old) through grade 12.

Please register early so we can plan accordingly for helpers, supplies, space and food ordering/packaging. Adults, we could use additional help with set up/clean up and food prep. Contact Dena Tortorelis at churchschool@stmarysgoc.org to volunteer or with questions.

Register Today

Register by scanning the code or by using the link: tinyurl.com/HolyFriday2024



Calendar of the Week

Sunday, April 21: Saint Mary of Egypt

8:30 a.m. - Matins; 9:30 a.m. - Divine Liturgy

11:30 a.m. - Spring General Assembly, Great Hall

5:00 p.m. – Pan-Orthodox Lenten Vespers Saint Stefan Romanian Orthodox Church 350 5th Avenue North, South St Paul

Monday, April 22

1:00 p.m. – Funeral Service for Yiannis Kaznessis. Visitation from 12:00 noon, St. Mary's Church

Tuesday, April 23: Saint George

Due to Great Lent, the commemoration of Saint George is moved to Bright Monday, May 6.

Wednesday, April 24

4:00 p.m. - Holy Confession, Nave

5:30 p.m. - Liturgy of the Presanctified Gifts

7:00 p.m. – Lenten Dinner, Terrace Room

7:00 p.m. - Grade 2 Confession

7:00 p.m. - Senior GOYA Mini Meeting, Meeting Room 1

7:30 p.m. - Choir Rehearsal, Nave

Thursday, April 25: Saint Mark the Apostle and Evangelist

Koinonia is not meeting during Great Lent

7:00 p.m. – Stewardship Meeting, Fireside Room

Friday, April 26

No service this evening.

Saturday, April 27: Lazarus Saturday No Bible Study

9:00 a.m. – Matins; 10:00 a.m. – Divine Liturgy after Liturgy – Lazarus Saturday Family Service Day 5:00 p.m. – Great Vespers

Sunday, April 28: Palm Sunday

8:30 a.m. – Matins; 9:30 a.m. – Divine Liturgy after Liturgy – Palm Sunday Spaghetti Luncheon hosted by the Choir, Great Hall 6:00 p.m. – Bridegroom Matins

Philoptochos News



Tandem Drive

Collection underway through Palm Sunday

Once again Philoptochos will be sponsoring a drive for the Tandem Family Resource Center. Besides the usual "Baby Bottle" envelopes we are extending it to a "Needs Drive." As Tandem services have grown to include an apartment building housing some of the mamas and littles, their general needs have grown as well. Below is a list of some of the most needed items:

- Packs of wipes
- Diapers size 1
- Diapers size 6
- Newborn to 3 m girl clothes
- Newborn to 3 m boy clothes
- Newborn scratch mittens
- Baby wash, Baby lotion, Diaper cream
- Enfamil formula Similac formula
- Baby and toddler socks
- Toddler plates, cups & silverware
- Lotions, soaps, pads & tampons for our mamas

Bring items to Philoptochos table. Bins are available for your donations.



Our Little Orthodox Library Needs More Books

The supply of books in our Little Library is running low. We would love additional Orthodox books to help keep our stock full. If you have read a book recently and would like to donate it, please stop by our table and drop it off... or you can bring it to the church office during the week.



Looking for Koulourakia Bakers!

Philoptochos is looking for volunteers to bake four dozen koulourakia cookies for Pascha. We will be serving these following the Anastasi Liturgy and Sunday's Agape Vespers. Please stop by our table to sign up.



Festival Baking Is Beginning!

Spring is here and we're getting ready to bake for the 2024 Taste of Greece! In May we will make Koulouria (May 15) and Kourambiethes (May 23) and in June, Baklava will be prepared (assembly on June 3 and 12, cut/clove/syrup on June 13). Stop by the Philoptochos table for more information and to volunteer. Online registration is coming soon.



2024 Spring General Assembly Today

St. Mary's Parishioners,

Please join us for our upcoming **Spring General Assembly meeting today following the Divine Liturgy**, in the Great Hall. The Parish Council will be reviewing the following agenda items and a Lenten snack will be provided.

2024 Spring General Assembly Agenda

- · Opening Prayer
- Welcome
- Fall 2023 General Assembly Minutes Approval
- 2023 Financial Summary (actual vs budget)
- Elect 3 Parish Members for Board of Electors
- Elect 2 Parish Delegates for National Clergy-Laity
- 2024 Parish Council Priorities
- · Buildings & Grounds Update
- Closing Prayer & Adjourn

Thank you,
Jeannie Possis
PC President



Holy Week Volunteers Needed

Saturday, April 27 to Sunday, May 5

Everyone is invited to help out with the various tasks needed around the church to support our journey leading up to Great and Holy Pascha. Beginning on Lazarus Saturday is our annual Family Service Day. Following Liturgy, we will join together for a potluck lunch. Please bring a Lenten dish to share. We'll also provide peanut butter and jelly sandwiches for the kids. The Service Day projects will follow and include cleaning and preparing the church for Holy Week and plaiting palm crosses. It's a joy-filled day! Please RSVP for the Lazarus Saturday Family Service Day event so we can plan our day accordingly. Visit https://tinyurl.com/nhzzz3rd, scan the QR code, or call the office to sign up. Also, look through the list of tasks we need to accomplish between Lazarus Saturday and Holy Pascha. Find what you enjoy doing and fits your schedule and sign up. Thank you!





MARCH/APRIL 2024

MESSAGES from the METROPOLIS

www.chicago.goarch.org

GREAT LENT: ACTIVITIES & EVENTS



LENTEN & HOLY WEEK SCHEDULES 2024

Experience Great Lent with His Eminence Metropolitan Nathanael & His Grace Bishop Timothy

View online: chicago.goarch.org/lentenschedule



NEW PROGRAM: LIGHT OF LENT

A program designed for educators and parents to help the youth of our Metropolis to grow spiritually and to reflect on what Lent means to them.

Learn more: chicago.goarch.org/lightoflent



SCAN FOR MORE EVENTS

4/13 Annual Fanari Lenten Retreat

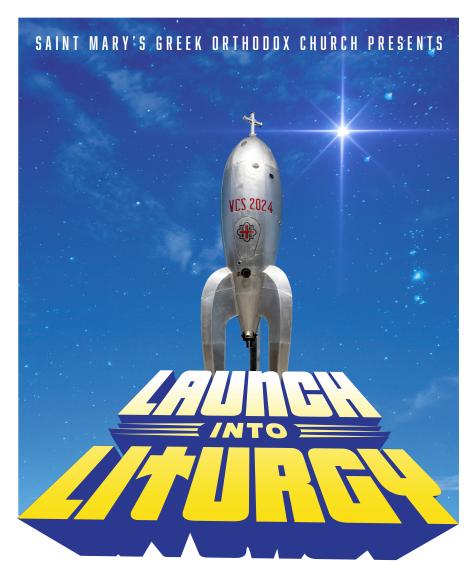
Eight parishes across the Metropolis will host a day of Worship, Games, and more! *Multiple Locations*

4/19-21 YAL Spring Retreat

Holy Week: Walk with Christ

Join YAL Chicago for a weekend retreat full of faith, fellowship, and service! Saint Iakovos Retreat Center

SIGN UP TO RECEIVE EMAIL UPDATES: www.chicago.goarch.org/sign-up



VACATION CHURCH SCHOOL JUNE 17-21, 2024

Children, age 4 to those entering 6th grade in the fall, are invited to attend Vacation Church School—five days of music, worship, activities, snacks, and games. Middle and high school youth are needed for staff support. If your teen is available and willing to help, please also sign them up. Scan the code to register your child.

HERE

Saint Mary's Greek Orthodox Church 3450 Irving Ave. So., MPLS, MN 55408

WHEN

JUNE 17 – 21, 2024 8:45 a.m. to 12 noon



On the Church...

"If you want to help the Church, correct yourself, and immediately amendment is made to a small part of the Church. Naturally, if everyone did this, then the Church would be put in order."

— Saint Paisios the Athonite

Daily Bible Readings

Monday, April 22

Genesis 27:1-41 • Proverbs 19:16-25

Tuesday, April 23 Saint George

Genesis 31:3-16 • Proverbs 21:3-21

Wednesday, April 24

Genesis 43:26-31; 45:1-16 • Proverbs 21:23-22:4

Thursday, April 25
Saint Mark the Apostle and Evangelist

I Peter 5:6-14 • Luke 10:16-21

Friday, April 26

Genesis 49:33-50:26 • Proverbs 31:8-31

Saturday, April 27 Lazarus Saturday

Hebrews 12:28-29; 13:1-8 • John 11:1-45

Sunday, April 28 Palm Sunday

Philippians 4:4-9 • John 12:1-18



Saint Mary's Greek Orthodox Church

3450 Irving Avenue South

Minneapolis, Minnesota 55408-3399

612.825.9595 | stmarysgoc.org



Fr. Timothy Sas, Fr. Jason Houck, Fr. John Kostas Fr. Paul Kalina, Deacon; Fr. Luke Twito, Deacon