



ST. MARY'S

GREEK ORTHODOX CHURCH

May 26, 2024 — *Sunday of the Paralytic*

THE DIVINE LITURGY

Commemoration

Sunday of the Paralytic; Carpos and Alphaeus, Apostles of the 70;
Alexandros the New Martyr of Thessaloniki; George the New of Sofia;
Augustine, Archbishop of Canterbury.

Morning Gospel: Luke 24:12-35

Variable Hymns and Readings in the Liturgy

Christ is Risen!

Christ is risen from the dead, trampling down death by death,
and upon those in the tombs, bestowing life!

*Hristos anesti ek nekron, thanato thanaton patisas,
ke tis en tis mnimasi zoin harisamenos.*

At the Second Antiphon

Save us, O Son of God, who rose from the dead; we sing to you, Alleluia!

At the Small Entrance

Hymn of Pascha, Plagal First Tone

Christ is risen from the dead, trampling down death by death,
and upon those in the tombs, bestowing life!

Hymn of Entrance

Bless God in the churches; the Lord from the fountains of Israel. Save us, O
son of God who rose from the dead, save us who sing to you: Alleluia!

Resurrection Hymn, Third Tone

Let the heavens rejoice and the earth be glad, for the Lord has shown the
mighty power of his arm. He has trampled down death by death, becoming
the firstborn of the dead. He has delivered us from the depths of hell and has
granted to all the world his great mercy.

Hymn of the Dormition of the Theotokos, *First Tone*

In giving birth, you preserved your virginity, O Theotokos; in falling asleep you did not forsake the world. You passed over into life, O Mother of Life; and by your prayers you deliver our souls from death!

Kontakion of Pascha, *Plagal Fourth Tone*

Into the grave you descended, Immortal One, yet you destroyed the power of Hades, and as victor you arose, O Christ our God; you proclaimed to the myrrh-bearing women a greeting of joy, you brought peace to your holy apostles, and to the fallen you granted resurrection.

Epistle*..... *Acts 9:32-42

In those days, as Peter went here and there among them all, he came down also to the saints that lived at Lydda. There he found a man named Aeneas, who had been bedridden for eight years and was paralyzed. And Peter said to him, "Aeneas, Jesus Christ heals you; rise and make your bed." And immediately he rose. And all the residents of Lydda and Sharon saw him, and they turned to the Lord. Now there was at Joppa a disciple named Tabitha, which means Dorcas. She was full of good works and acts of charity. In those days she fell sick and died; and when they had washed her, they laid her in an upper room. Since Lydda was near Joppa, the disciples, hearing that Peter was there, sent two men to him entreating him, "Please come to us without delay." So Peter rose and went with them. And when he had come, they took him to the upper room. All the widows stood beside him weeping, and showing tunics and other garments which Dorcas made while she was with them. But Peter put them all outside and knelt down and prayed; then turning to the body he said, "Tabitha, rise." And she opened her eyes, and when she saw Peter she sat up. And he gave her his hand and lifted her up. Then calling the saints and widows he presented her alive. And it became known throughout all Joppa, and many believed in the Lord.

Gospel*..... *John 5:1-15

At that time, Jesus went up to Jerusalem. Now there is in Jerusalem by the Sheep Gate a pool, in Hebrew called Bethesda which has five porticoes. In these lay a multitude of invalids, blind, lame, paralyzed, waiting for the moving of the water; for an angel of the Lord went down at certain seasons into the pool, and troubled the water; whoever stepped in first after the troubling of the water was healed of whatever disease he had. One man was there, who had been ill for thirty-eight years. When Jesus saw him and knew that he had been lying there a long time, he said to him, "Do you want to be healed?" The sick man answered him, "Sir, I have no man to put me into the pool when the water is troubled, and while I am going another steps down before me." Jesus said to him, "Rise, take up

your pallet, and walk.” And at once the man was healed, and he took up his pallet and walked. Now that day was the sabbath. So the Jews said to the man who was cured, “It is the sabbath, it is not lawful for you to carry your pallet.” But he answered them, “The man who healed me said to me, ‘Take up your pallet, and walk.’” They asked him, “Who is the man who said to you, ‘Take up your pallet, and walk?’” Now the man who had been healed did not know who it was, for Jesus had withdrawn, as there was a crowd in the place. Afterward, Jesus found him in the temple, and said to him, “See, you are well! Sin no more, that nothing worse befall you.” The man went away and told the Jews that it was Jesus who had healed him.

Megalynarion of Pascha, First Tone

The Angel spoke to her who is full of grace: Rejoice, O pure virgin, and again I say rejoice; your Son is risen from the grave on the third day.

Shine, Shine, O new Jerusalem, for the glory of the Lord is risen upon you. Now dance and be glad O Sion; and you, O pure Theotokos, exalt in the rising of your Son!

The Communion Prayers are found on page 40 of the hymnal.

Communion Hymn

Receive the Body of Christ, and taste him who is the fountain of immortality.

Instead of “We have seen the light...,” we chant “Christ is risen.”

Today

Prosforo is provided by **Presvytera Alexandra Houck**

The coffee hour today is hosted by the Hellenic Post 129 American Legion and Auxiliary in observance of Memorial Day and in celebration of Chris Kalogerson’s 70 years as an American Legion member.

Sacraments This Week

Wedding

Peter Jenson to Maria Trescony

May 25, 2024



Prayer Ministry

Please remember the sick, the suffering, and those in need, especially:

All victims of wars throughout the world; Our brothers and sisters living through the aftermath of disaster; For the victims of violence; Metro Hope Ministries; Orthodox Christian Prison Ministry; Families Moving Forward; FOCUS Minnesota; Our brothers and sisters serving in the Armed Forces throughout the world especially John Ellis; San Miguel Del Lago Orphanage; Lee, Vangie, Jolene, Mikey, Aphrodite, James, Peter, Lyda, Owen, Michael, Johnny, Jaclyn Jereczek, Dena, Chris, Joy Rose, Nick, John, Demos, Kristina, Milton, Maureen, Andrea, Bryan, Nausika, Ron, Phillip Hibberd, Maria, Matt, Laura, Dorla, Susan, Elias, Constance, Marina, Dion, Annali, Sofia, Juan Cruz & family, Charlie, Stan, Helena, Byrdie, Jennifer, John S., Becky, Noel, Stephen, Alexey, Alexandra, Ray, Christina, Joanne, Athena, Charlie, Nuala, Pamela, Avgi, Elena, Speranta, Liz, Efstratia, Jordan, David, Nino, Joe, Zossima, Donnarae, Samira, Mary K., Monte, Bethany, Mark, Owen, Chrysanthy, Estelle, Justine, Melissa, Megan, Lisa, Michael, Robbie, Judi, Evonne, James, Nichole, Constantine, Theodora, Mary, Irene Maria, Apostolos, Olivia, Lincoln, Carole, Patty, Karrisra, Corina, Tom, George R., Ken, Nancy and Tim, Olga, Peter, Cora and family, Bo, Lynn, Sue & Jim, Steve, Sue, Jane, Pat, Nancy, Dave, Pam, Gilbert, George P., Danielle, Jenny, John L., Presvytera Janis, Sandra, Rick, Nancy, Alex, Eryn, Phil, Karen, Linda, Fr. Elias, Vicki, Bill, Diana, Doria, Mike, Stephanie, Tyler, Ben, Amy, Christy, Karen, Anastasia, Jamie, Alex and Alexander, Toni, Gina, Julie, R.J., Allie, Vickie, Petra, Bob, Joseph, Christopher, Elizabeth, Judi, Bodil, Ole, and others known to you.

Digital Donation Options

Text to Give*: Text smgoc to 73256 • ***or Scan to Give***

**This number will never send unsolicited texts.*



Announcements

Food Shelf Needs for June 2

Canned Meal – large cans

(e.g. Chili / Pork and Beans)

June's recipient is Simpson Food Pantry.

Please do not bring opened packages. They will be discarded.



Memorial Day

Saint Mary's building and offices will be closed tomorrow, Monday, May 27, in observance of Memorial Day.



Collection for Homeless Veterans

Today

This morning the Hellenic Post 129 American Legion and Auxiliary is hosting the coffee hour in honor of Memorial Day. In conjunction with coffee hour, there is a collection of T-shirts and underwear to be donated to CRRC (Community Resource and Referral Center) for homeless veterans. Also celebrated at today's coffee hour is Chris Kalogerson's 70 years as an American Legion member. *Congratulations, Chris!*



Lost and Found Items

Are you missing a coat, sweater, or other item of clothing? We have accumulated a number of winter clothing items as well as other pieces of clothing such as sport coats and sweaters. Also, if you have in your possession a men's gray wool London Fog overcoat, but remember purchasing a Tommy Hilfiger, your coat is still in our coat area. Please make the swap as soon as you are able. All items are in the coat area near the south entrance. **Unclaimed items will be prepared for donation to a charity after June 1.**



Koinonia Meeting—*Note Date Change*
Thursday, May 30, 6:30 p.m.—Meeting Room 1

Calendar of the Week

Sunday, May 26: Sunday of the Paralytic

8:30 a.m. – Matins; 9:30 a.m. – Divine Liturgy

12:00 noon – Cemetery Service, *St. Mary's Section at Lakewood Cemetery*

Monday, May 27: Memorial Day

Church and Office closed.

Tuesday, May 28

6:00 p.m. – Philoptochos Spring Finale Dinner and Meeting, *Terrace Room*

7:15 p.m. – Young Women's Bible Study, *Christopulos home*

Wednesday, May 29: Mid-Pentecost

9:30 a.m. – Divine Liturgy

11:00 a.m. – Intercessory Prayer, *Nave Chapel*

11:30 a.m. – Women's Bible Study, *Fireside Room*

6:30 p.m. – Choir Rehearsal, *Nave*

Thursday, May 30

9:30 a.m. – FAITH Play Group, *Great Hall and Terrace Room*

6:30 p.m. – Koinonia, *Fireside Room*

Saturday, June 1

9:00 a.m. – Bible Study, *Fireside Room* and on Zoom

Sunday, June 2: Sunday of the Samaritan Woman

8:30 a.m. – Matins; 9:30 a.m. – Divine Liturgy

6:30 p.m. – Senior GOYA Glendi, *Terrace Room*



St. Olympia Upcoming Events

Help with the baking for the Taste of Greece Festival!

Bring a parent or more to help!

- Baklava: Come for an hour or more. It's fun to learn how to make it.
 - Assembly on Monday, June 3: After school – 8:00 p.m.
 - Assembly on Wednesday, June 12: Anytime from Noon – 8:00 p.m.
 - Cut/clove on Thursday, June 13: 11:00 a.m. – 2:00 p.m.

Saint Olympia the Deaconess is a ministry at St. Mary's that aims to involve our young women in areas of service to the Church and the poor, which Saint Olympia exemplified. We will offer events each month. This ministry is led by Elena and Zoe Gabor.

Philoptochos News



Festival Baking Has Started!

2024 Taste of Greece Festival Bake Sale

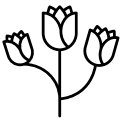
We are continuing baking for the 2024 Festival Bake Sale! In June we will make baklava and we'd love your help to make the work light. Please volunteer at the Philoptochos Table on Sundays or through Sign Up Genius.



Sign Up!

- Monday, June 3, and Wednesday, June 12 - Baklava assembly
- Thursday, June 13 - Cut, clove, and syrup baklava

Novice and experienced baklava makers are welcome, as are friends. You can come for an hour or for an entire session. Every gift of time is valued. Thank you!



Spring Finale

Tuesday, May 28

Philoptochos will be getting together at our final meeting for the season. We will have a social time starting at 5:30 p.m. followed by dinner at 6:00, and the meeting around 7:00. We have lots of things happening in June-September that you will want to learn about. Not a member yet? ...you can join this wonderful organization anytime so come join us and learn about what we are doing and sign up to become a member. **Online sign up closed on May 21, but if you would still like to attend, please sign up at the Philoptochos table on Sunday or call Annette Legeros at 952.239.5060.**



Women's Book Club

Tuesday, June 4 — *Date Change*

The Women's Book Club will meet on Tuesday, June 4, 6:00 p.m. This session's book is *Whatever Happened to Truth* by Father Anthony Coniaris, and is available in our bookstore. This will be a potluck gathering, so plan to bring a dish to pass (we are not in a fasting period!). We'll meet in the Terrace Room for dinner at 6:00 and afterwards move to the Fireside Room for the book discussion. **Please note the date change from earlier publications.**



Stay Informed about YAL Events

There are lots of ways to stay connected to YAL! Fill out our contact form to receive emails (scan the code), follow @twincitiesyal on Instagram, and join our GroupMe for event reminders!

On Passions...

“A person who gives into his/her passions is like a man who is shot at by an enemy, catches the arrow in his hands, and then plunges it into his own heart.”

— *Saint Dorotheos of Gaza*

Daily Bible Readings

Monday, May 27

Acts 10:1-16 • John 6:56-69

Tuesday, May 28

Acts 10:21-33 • John 7:1-13

Wednesday, May 29

Mid-Pentecost

Acts 14:6-18 • John 7:14-30

Thursday, May 30

Acts 10:34-43 • John 8:12-20

Friday, May 31

Acts 10:34-48; 11:1-10 • John 8:21-30

Saturday, June 1

Acts 12:1-11 • John 8:31-42

Sunday, June 2

Sunday of the Samaritan Woman

Acts 11:19-30 • John 4:5-42



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