



THE MESSENGER

MAY 2024

Inside This Issue

- Bookstore 9
- Missions and Outreach 8
- Our Life Together..... 2
- Parish News and Events.....3
- Philoptochos.....5
- Youth News 6
- Worship Schedule 2
- Holy Week Worship Schedule11



Our Mission Statement

TO PROCLAIM, CELEBRATE, AND SHARE
 THE GOOD NEWS OF SALVATION IN
 JESUS CHRIST IN ACCORDANCE
 WITH THE ORTHODOX TRADITION.

The Five Tasks of Our Parish Vision

- Hear
- Pray
- Grow
- Serve
- Share

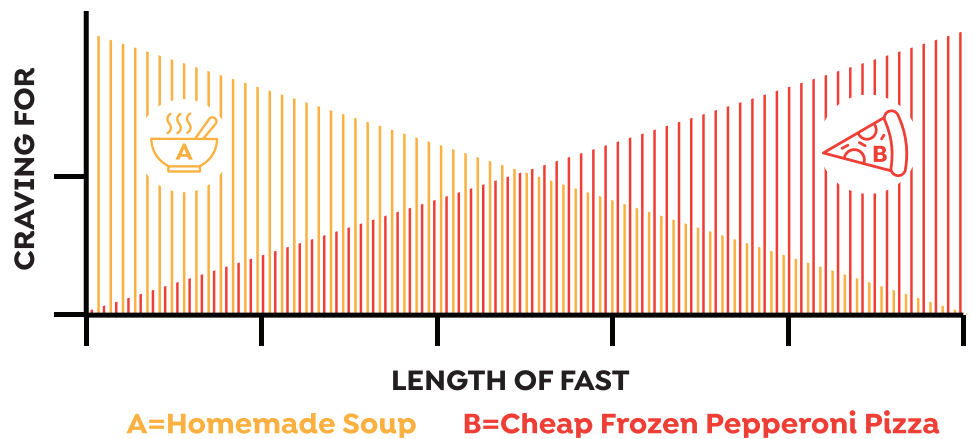


METROPOLIS OF CHICAGO

How to Keep the Feast by Stephen T. Wehr

“Get rid of the old yeast, so that you may be a new unleavened batch — as you really are. For Christ, our Passover lamb, has been sacrificed. Therefore let us keep the Feast, not with the old bread leavened with malice and wickedness, but with the unleavened bread of sincerity and truth.” - 1 Corinthians 5:6-8

In case you haven't noticed, the Lenten Season that we are completing has lots of guidance for us on our journey toward holiness. Fasting is an example, explaining the following cartoon I recently witnessed on the kitchen wall of an Orthodox parish in Michigan:



Just the other day, by coincidence, I had found myself stupefied by a pizza box that bragged about having double pepperoni and sausage. Despite the correlation between the cartoon and the pizza box, I was not the author of that cartoon.

(continued on page 4)

Our Life Together

Death

Nicholas Grammas
March 27, 2024

Yiannis Kaznessis
April 7, 2024

May their memories be eternal.

Memorial Prayers

Sunday, May 19

Nicholas Grammas (40 days)
Hope Kennedy (1 year)
Peter Calott (10 years)
Harry Legeros
Departed members of AHEPA
and Daughters of Penelope

Share YourShelf

May's recipient is

Joyce Uptown Food Shelf

IMMEDIATE NEEDS:

diapers and wipes, toothbrushes and
toothpaste, Ramen Noodles

Sunday, May 5

Ramen Noodles

Sunday, May 12

Cereal (both hot and cold)

Sunday, May 19

Canned Meal – large cans
(e.g. Chili / Pork and Beans)

Sunday, May 26

Peanut Butter

If you pour yourself out for the hungry
and satisfy the desire of the afflicted,
then shall your light rise in the darkness
and your gloom be as the noonday.

~ Isaiah 58:10

www.joyceuptownfoodshelf.org



Donate Online,
Visit the site, then
select "Donate"

Fellowship and Study Groups

Intercessory Prayer

Wednesdays, May 15 and 29
11:00 a.m., Nave Chapel

Koinonia

Thursday, May 23, 6:30 p.m.
Meeting Room 1

Men's Fellowship

Fridays, May 17
7:00 a.m.
Fireside Room

Women's Bible Study

Wednesdays, May 15 and 29
11:30 a.m., Fireside Room

Saturday Bible Study

Every Saturday
9:00 a.m., Fireside Room
No class session on Holy Saturday.



The feast day of **Saints Constantine and Helen** is commemorated on May 21.



Learn more about the lives of
Saints Constantine and Helen.
Scan the code.

Weekend Worship Schedule

Sundays (live-streamed)

Orthros – 8:30 a.m.
Divine Liturgy – 9:30 a.m.

(NOTE: Saturday Evening
Vespers will return in September)

Weekday Schedule

Monday, May 6

Saint George (observed)
Divine Liturgy – 9:30 a.m.
at St. George Greek Orthodox
Church, 1111 Lexington Avenue,
St. Paul

Friday, May 10

Life-Giving Fount of the Theotokos
Divine Liturgy – 9:30 a.m.

Tuesday, May 21

Saints Constantine and Helen
Divine Liturgy – 9:30 a.m.

Sunday, May 26

Memorial Day Weekend
12:00 noon (approximately)
Cemetery Service
St. Mary's Section
Lakewood Cemetery

Wednesday, May 29

Mid-Pentecost
Divine Liturgy – 9:30 a.m.

Did You Know?

This issue of the



THE MESSENGER,
and past issues, are
available to view on
our website?

VIEW NOW.



SCAN THE CODE.

www.stmarysgoc.org/resources/the-messenger/

Parish News & Events

St. Mary's Church Staff

Proistamenos

Fr. Timothy Sas

Associate Priest

Fr. Jason Houck

Attached Priest

Fr. John Kostas

Deacons

Fr. Paul Kalina

Fr. Luke Twito

Office Manager

David Mertesdorf

Office Assistant

Giulia Chatfield

Communications & Marketing

Nikolas Kouzes

Finance

Michael Rakes

Ministry Support

Doria Saros

Youth Director

Scott Rudquist

Church School Director

Dena Tortorelis

Chanter

Joseph Karos

Choir Director

Emily Skoutelas

Organist

Mark Macres

St. Mary's Parish Council

President

Jeannie Possis

Vice President

Louis Tiggas

Secretary

Elisabeth (Libby) Cheolis

Treasurer

Cristina Nicklow

Assistant Treasurer

Athena Mihas

Members

Benjamin Amundgaard

Alex Dascalos

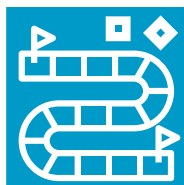
Sam Hanna

Andrew LeRoy

Dean Psychogios

Sophia Rouman

Nicholas P. Santrizos



Orthodox Game League

Saturday, May 11

The fun continues this spring! The next gathering of the Orthodox Game League is Saturday, May 11, 2024, 7:00 p.m. at Holy Trinity Orthodox Church Parish Center (across the street from the church), 956 Forest Street N., St. Paul, MN. Bring a munchie or dessert to share. Please call Nikki Beauchamp with any Game League questions, 612.910.2943.



Saint Mary's Seniors' Meeting

Tuesday, May 1

Saint Mary's Senior Citizens' meeting and social will be held on Tuesday, May 21 (the third Tuesday of May), at 12:00 noon in the Terrace Room. We will celebrate May birthdays and anniversaries followed by a group photo of celebrants, a delicious buffet lunch, and cake by Queen of Cakes. Our program will include a presentation entitled "Healthy Eating! Healthy Aging!" by speaker Maria Boosalis Estep, PHD, MPH, RDN, LD. There will be a short business meeting following the presentation. All St. Mary's seniors (55+) are welcome to join our lively group. Dues are \$15 per year. For further information, please contact President Tessie Bourdamis or any current officer.



Taste of Greece Vendor Applications

The Deadline is Wednesday, May 15

Calling all St. Mary's artisans! If you are a potter, glass blower, wood carver, painter, photographer, author, etc., please consider being a vendor at the Taste of Greece Festival this summer! This is a juried event, where vendors present their wares and handcrafted products; allowing artists and craftspeople the opportunity to showcase and sell their work. If interested, you will need to provide pictures and a list of all items you will be selling together with a brief description of your business. In addition, an image of your display/set-up will also be required. Kindly note that there is a cap on both the amount and type of vendors at this event. Interested parties are expected to submit the listed items by Wednesday, May 15, to the email address below. All submissions will be reviewed and responses will be promptly delivered via email. If you have any questions or concerns, please contact Katherine Dufresne at domeafavor40@gmail.com

How to Keep the Feast – By Stephen T. Wehr

(continued from page 1)

As anyone who has been to confession recently knows, sin is often the least creative or spontaneous thing any of us does. It's a predictable madness that enslaves our purity of soul. That's why G.K. Chesterton writes that "if the madman could for an instant become careless, he would become sane." (By "careless," he means being indifferent to sinful desires.) Not only does confession consist in acknowledging our continual bondage to just a few serial faults; but it is also true that the range of faults across our entire species is fairly narrow and unimaginative, typically consisting in some form of appetite or emotional disturbance that leads to unworthy actions. Thank goodness the Lord God has capped the number of passions to eight! But this is why the therapies of the soul, though varied in prescription strength and frequency, are fairly predictable as well.

As we celebrate Pascha, we now get to focus on how to feast. On the topic of feasting, we find few prohibitions in the Gospels, but several proscriptions that are in fact not at all burdensome. Here are just a few:

1) Wear Your Wedding Garment. The robe we were given at our baptism is the perfect vesture to put on as we celebrate the paschal feast. Our "garment of light" is the mantle of grace that the Lord has bestowed upon us. Having come through the journey of Lent, our garments, though previously soiled, have become purified with the detergent of God's help and our scrubbing. Now restored to our proper dignity, our garments gleam with unusual brightness. Nothing else in our closet even compares.

2) Sit at the Back of the Banquet. (What, huh?) YES, it turns out that the best seats at the feast are actually in the back! Aside from enjoying our own food and friends, from the back we get the pleasure of watching others savor their own meals and fellowship. Back there, we're closer to the coffee and cake, so we can bring some to people who forgot to help themselves. Heads up: your prodigal brother who has spent all his dough on wine, women and song will also be at the banquet, wearing some new duds— and at the head table — so welcome him with all your heart. Lastly, Someone has generously signed up to be at the door of the feast for all the foot washing shifts.

3) Invite Your Friends. By now, you know that invites go out to the poor, the crippled, the lame and the blind. Don't forget the tax collectors. Everyone invites the IRS guys. This year, don't forget the ones working for the state of Minnesota. Actually, invite whomever you least expect to come, because...well, you know why! It turns out that these dignitaries, disguised as outcasts, are some of the Lord's favorites. In fact, the Lord was just dining in one of their houses, and some people "won the lottery" when Zacchaeus started throwing bags of denarii everywhere. Be more like Zacchaeus...that saint has got it down!

4) Keep the Feast. Maybe the one essential rule is to not miss it for yourself! The Feast of Pascha is a foretaste of the heavenly banquet. Accept it without limitation, for it reveals that God's mercy is infinite. Let us receive the Light, and let us thank God for the tranquility and joy He bestows on our purified hearts. Sup with anyone who will sup with you. Forgive everything by the Resurrection. Call "sister" and "brother" those who hate you. For everything that we have chosen has been granted back to us. And everything we refrained from has also been granted. Yes, we even get back the holy things we rejected! May we run with the same holy wonder of the women disciples, who first witnessed the Resurrection, proclaiming that Christ is risen to the disciples, and then in the streets, the city and the world. The universal banquet is at hand. All is forgiven. Taste and see!

Philoptochos



Philoptochos Meetings

The Board will meet on Tuesday, May 21, at 6:30 p.m., in the Fireside Room. Our Spring Finale dinner and meeting is on Tuesday, May 28, at 6:00 p.m. This is our last gathering until the fall, and we'd love to see you there!

Christ has Risen, Truly He has Risen!

Upcoming Activities

Getting Ready for Pascha

Philoptochos is looking for volunteers to bake four dozen koulourakia cookies for Pascha. We will be serving these following the Anastasi Liturgy and Sunday's Agape services. Please stop by our table to sign up. Also, watch for sign up for Decorating the Sanctuary for Holy week and Pasha on Friday, May 3 and Saturday, May 4!

Our Little Orthodox Library Needs More Books

The supply of books in our Little Library is running low. We would love additional Orthodox books to help keep our stock full. If you have read a book recently and would like to donate it, please stop by our table and drop it off... or you can bring it to the church office during the week.

Women's Book Club Discussion

Book Club will not be held in May. However, the next book club discussion will be June 6th from 7:00 to 8:30 and the chosen book will be, *Whatever Happened to Truth* by Father Anthony Coniaris.

Service Day

May 13, 9:00 a.m. – 8:00 p.m.

Join for a day of service to sew simple items for various items for organizations like FOCUS, Days for Girls, Reach and Restore, etc.

No need to know how to sew to attend! We'll have plenty of needs for ironing and cutting, so all are welcome! Come for an hour, two hours or whatever works for you! If you plan to attend, please bring a pair of scissors, or if you are a sewer, bring your sewing machine or serger.

Donations of the following items are also welcome:

- Girls underwear size 12 or larger
- Dark-colored washcloths
- Freezer Zip Lock Bags (gallon size)

Festival Baking Starts this Month!

May 15 and May 23

It's already time to begin the baking for the Taste of Greece Festival! Calling all bakers! Please watch for updates on baking needs from chair persons: Cathy Forchas and Paulette Hasting. As of now, mark your calendar for the following:

- May 15: Koulourakia
- May 23: Kourambiethes

Coming up in June, we'll focus on Baklava:

- June 3 and June 12: Baklava Assembly
- June 13: Cut, clove, and syrup Baklava

Thank You...

...to co-chairs **Mary Ellis** and **Paulette Hasting** and all 40 volunteers who cooked and served for the FOCUS meal on April 7. We served 252 people!

...to volunteers who served at the MEOCCA Vesper Meal on April 14.

...to **Antigone Bazakos**, **Tina Mentor**, and **Photine Saar** of the Sacred Baking Team for all the hard work.

...**Sandra Anderson** for coordinating the Tandem Family Resource Center Baby Bottle and Needs Drive and to everyone who donated!

...Membership Committee for another successful Membership Drive!

...Thank you to all Philoptochos ladies for helping St. Mary's in getting ready for Pasha. Great job by everyone. God bless.



Volunteer Opportunities

Please watch the weekly bulletin, webpage, and our table on Sundays for updates on events or needs.

Youth News & Events



(0-5 Year Olds and Parents)

Thursday, May 30, 9:30-11:00 a.m.
Great Hall and Terrace Room



HOPE (K-grade 2) JOY (grades 3-5)

Wednesday, May 3, 10:30 a.m.-1:30 p.m.
Holy Friday Church School Retreat

Friday, May 17, 4:30-6:30 p.m.
Nature Outing

HOPE and JOY are enjoying an outing to Minnehaha Falls and spending time together outdoors.



(grades 6-8)

Wednesday, May 3, 10:30 a.m.-1:30 p.m.
Holy Friday Church School Retreat

Wednesday, May 29, 6:15-8:00 p.m.
Junior GOYA Meeting
(Theme to be determined)



(grades 9-12)

Wednesday, May 3, 10:30 a.m.-1:30 p.m.
Holy Friday Church School Retreat

Wednesday, May 15, 6:15-8:00 p.m.
Akathist of Thanksgiving and Escape Room

We will pray the Akathist of Thanksgiving and afterwards and Escape Room at the church.

Friday, May 24-Monday, May 27
Junior Olympics in Chicago

If interested in participating in this trip, sign up on Realm before April 20. Sign up can be found as a post on the Senior GOYA Realm page.



Our Children and Youth Mission Statement

To cultivate a safe and welcoming environment for kids by nurturing healthy relationships within the church family. We will teach the youth by building a strong foundation of knowledge, and together, we will experience the Orthodox tradition by following the four circles of youth ministry: Liturgia (Worship), Diakonia (Service), Martyria (Witness), and Koinonia (Fellowship), leading our youth to develop, by their own free will, a personal relationship with God and to pursue union with Him.



Follow the GOYAns on Instagram
@St_Marys_GOYA

Youth Feedback

If you have any comments, suggestions, or concerns regarding our youth program(s) please let us know. We have a new formal feedback process. Go to our St Mary's home page-Click on "Youth," then "Youth Program Feedback" Your comments will be forwarded to a member of the Parish Council and will be reviewed for follow up.

Youth News & Events



Church School News

Easter Egg Hunt

Join us after Agape Vespers on Sunday, May 5, for the annual Easter Egg Hunt. The hunt is for all children through 5th grade.

Last Day of Church School Classes

Mark your calendar, the Church School year will end on Sunday, May 19.

Graduating Seniors Recognition

Seniors, please give your information to Mrs. Tortorelis and watch for details.

Fun Jam Event

This event is for enrolled Church School students and families (including yiayias and papous and godparents and families) This is not an open carnival for non-parishioners. Light lunch will be served along with fun and games.



Church School Holy Friday Retreat

Holy Friday, May 3, 2024 • 10:30 a.m. – 1:15 p.m.

Please join us for an engaging day at our church in which children will learn about Holy Week, the Crucifixion, and Resurrection of our Lord, Jesus Christ. We will have lessons, crafts, lunch, stations in the church, and gym time (to help get the wiggles out—even the big kids). Retreat ends at 1:15 p.m. so please be here at that time to check out your child(ren) and accompany them for the Taking Down from the Cross Service. The retreat is for Pre-K (4 year old) through grade 12.

Please register early so we can plan accordingly for helpers, supplies, space and food ordering/packaging. Adults, we could use additional help with set up/clean up and food prep. Contact Dena Tortorelis at churchschool@stmarysgoc.org to volunteer or with questions.

Register Today Register by scanning the code or by using the link: tinyurl.com/HolyFriday2024



VACATION CHURCH SCHOOL
JUNE 17-21, 2024 | 8:45 a.m. – 12 Noon

Children, age 4 to those entering 6th grade in the fall, are invited to attend Vacation Church School—five days of music, worship, activities, snacks, and games. Middle and high school youth are needed for staff support. If your teen is available and willing to help, please also sign them up. Scan the code to register your child.

REGISTER TODAY



Greek Dance Practices Begin Soon

Register by May 12

All St. Mary's youth, ages 6 to 18 years, are invited to join the Greek dance program. Dance practices will begin on Monday, May 20, 6:00-8:00 p.m. and continue through the summer months, in order to get ready for our Festival performances in September. For further information and to register, please contact Tessie Bourdamis at tbourdamis@comcast.net or Jim Canelake at agrimi01@gmail.com, by May 12.

Missions & Outreach

Christos Anesti! Christ is Risen! Happy Easter!

We would like to start off this month's article with a huge thank you to everyone at St. Mary's. Our Parish is a vibrant loving Community thanks to each and every one of you opening your hearts up to the Lord and letting His light shine through. As the winter weather is, God willing behind us, Missions and Outreach looks forward to continuing our Evangelism with exciting events and volunteer opportunities this spring and summer.

Many of you have previously joined us volunteering at Simpson House preparing wholesome home cooked meals, serving them to the homeless guests there, and having engaging conversations with guests over a delicious meal. See the picture of St. Mary's volunteers at the Simpson House kitchen in January.

Simpson plans to begin construction on their new facility in the coming months. The new four-story facility will include 72 shelter beds, 42 affordable housing apartments; and a large commercial kitchen capable of serving 100 people.

St. Mary's will return to Simpson House, currently located in their temporary shelter at the former Zion Lutheran Church, on Tuesday, May 7 and Tuesday, July 23. We would like to extend our greatest thanks to everyone who helped prepare the meal for our upcoming dinner! Please stop by the Welcome Table if you're interested in joining us.

Food insecurity continues to increase across the state as sustained high inflation drives up food prices.

St. Mary's is hosting a Harvest Pack meal packing event on June 23 after Liturgy in the Terrace Room and we need your help. We will be fundraising with a goal of \$4,500, the cost of 15,000 meals by June 1, 2024.

Please mark your calendars and prayerfully consider volunteering and/or donating if you are able.

—article by William Fazio

“For I was hungry and you gave Me food; I was thirsty and you gave Me drink; I was a stranger and you took Me in” — Matthew 25:35



St. Mary's will return to Simpson House on **Tuesday, May 7** and **Tuesday, July 23** and volunteers are needed.

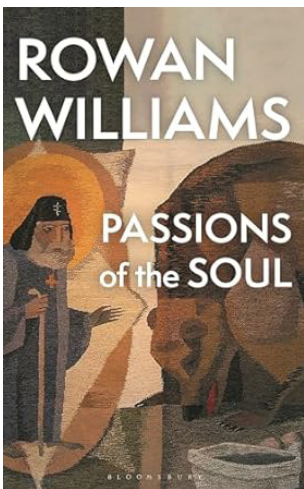


St. Mary's is hosting a **Harvest Pack meal packing event on June 23** after Liturgy in the Terrace Room and we need your help.

In the Bookstore

By Rebecca Myerly

bookstore@stmarysgoc.org



Dr. Rowan Williams, former Archbishop of Canterbury, was first introduced to the Eastern Orthodox Christian world as a teenager and has continued to grow in his interest in, understanding of, and appreciation for the Orthodox tradition. He wrote his doctoral dissertation on the Orthodox theologian Vladimir Lossky and has, since then, written several books on or related to or growing out of the Orthodox faith tradition, including a book on the Desert Fathers and Mothers and

two books on icons. His most recent book, *Passions of the Soul*, is dedicated to Metropolitan Kallistos Ware, whom Dr. Williams describes as “his mentor and friend for over forty years.” (viii)

In his introduction to *Passions of the Soul*, subtitled “A Tradition for Learning Freedom,” Dr. Williams writes

What follows is a brief orientation to some elements of the traditional Eastern Christian approach to a certain kind of growth in self-awareness—what the texts themselves call ‘wakefulness’—as a preliminary in the process of giving oneself to God in silence and loving God’s creation in humility and truthfulness. It does no more than scratch the surface of a rich and complex legacy, but may perhaps open a door or two. And to help the reader find some more familiar points of connection I have proposed a way of reflecting on the diagnostic categories of the Eastern monastic tradition in relation to the Beatitudes announced by Jesus in the Gospel according to Matthew. If these are a sketch of what a human life is like when lived in the awareness of God’s Kingdom, the traditional analysis of the tumultuous ‘passions of the soul’, with their potential for both life and destructive or compulsive behaviour, may sharpen our sense of what stops us recognizing the Kingdom—its claim on us and its promise to us. (xiii-xiv)

He goes on to explain:

What these early writers of the Eastern spiritual tradition are talking about is regularly grounded in the idea that our habitual mental and spiritual condition is one in which we quite simply don’t see clearly....We don’t know things as we ought to know them; we don’t see things as we ought to see them. In these reflections we shall be trying to follow the way in which analysis of the passions in some of these texts can be read as something that opens the door to a clarifying of our vision, our perception, and to grasp more fully how this clarity of vision is what we need for our love to

be truthful....I want to focus on the idea of truthful love as a key to thinking about ‘passion’ and our liberation from it. (xv-xvi)

Dr. Williams achieves his intended purpose by carefully presenting each of the passions—pride, listlessness, anger, gluttony, avarice, lust, envy, despair—as they were and are understood in the monastic tradition, defining them and delineating them, and then revealing how we, living ‘in the world’ as we do, can perceive and see them, and how to live in the light the Beatitudes shine on each passion.

Guiding us as each passion is considered and encouraging us with each Beatitude, Dr. Williams brings us to the chapter in the book titled “To Stand Where Christ Stands,” in which he writes:

Placed together in the place of Jesus, we are bound in *koinonia* towards each other, seeing one another not as rivals but as embodying a divine gift. Life in the spirit is life beyond the boundaries erected between ourselves and each other and ourselves and God (even, it is tempting to add, between ourselves and ourselves, since the divine Spirit, we are told, draws out of us what we did not know we desired (Rom. 8.26)). Life in the spirit is life that is decisively free from the obsessions of self-justification, since the place of Jesus is the place of the one to whom the Father has eternally said Yes; there is no need to negotiate for space or argue for favour and privilege, as it is always already given to and through Jesus. (82)

The book closes with a chapter on early Christian writings. The author notes,

“One of the lasting legacies of the early Church...is the recognition that doctrine and prayer and ethics don’t exist in tidy separate compartments: each one shapes the others.” (112) *Passions of the Soul* is a rich resource for this awareness.

We are fortunate Dr. Williams has chosen to stand—live, write, and speak—at the crossroads of traditions. By doing so he has introduced the gifts of Orthodox Christianity to many outside our tradition and has also revealed to Orthodox Christians perspectives and many blessings we often don’t appreciate or perhaps even see or know about in our own tradition.

To hear Dr. Williams speak about Orthodoxy, scan the code below or visit, <https://www.youtube.com/watch?v=3ydq-ISUSgY>



MINNEAPOLIS TASTE OF GREECE

JOIN THE 2024

TASTE OF GREECE

FESTIVAL COMMITTEE

Help plan, organize, and put on the biggest cultural event of the summer!



Put your talents to work in areas such as:

- Event Planning
- Loukomades
- Baking & Pastries
- Food & Drink
- Entertainment
- Marketing/PR
- Finance
- Sponsorships
- Greek Culture
- Etc.

We're looking to add hardworking team members with big dreams, and even bigger ideas. Help us make this years festival the best one yet!



For more information, contact tasteofgreece.mpls@gmail.com





HOLY WEEK AT ST. MARYS

Saturday, April 27: Lazarus Saturday

9:00 a.m. - Orthros; 10:00 a.m. - Divine Liturgy
Family Service Day follows Liturgy
5:00 p.m. - Great Vespers

Sunday, April 28: Palm Sunday

8:30 a.m. - Orthros; 9:30 a.m. - Divine Liturgy
6:00 p.m. - Bridegroom Matins

Monday, April 29: Holy Monday

6:00 p.m. - Bridegroom Matins

Tuesday, April 30: Holy Tuesday

9:30 a.m. - Liturgy of the Presanctified Gifts
6:00 p.m. - Bridegroom Matins

Wednesday, May 1: Holy Wednesday

4:00 p.m. - Holy Unction
6:00 p.m. - Orthros of the Mystical Supper; Holy Unction

Thursday, May 2: Holy Thursday

9:30 a.m. - Divine Liturgy of the Mystical Supper
6:00 p.m. - Service of Holy Passion

Friday, May 3: Great Friday

9:00 a.m. - Royal Hours
Church School Retreat continues until 1:30 p.m.
1:30 p.m. - Vespers of the Descent from the Cross
6:00 p.m. - Lamentations

Saturday, May 4: Holy Saturday

10:00 a.m. - First Resurrection Divine Liturgy
11:30pm-Midnight Office, Resurrection Service, Matins, Divine Liturgy

Sunday, May 5: GREAT and HOLY PASCHA

12:00 noon - Agape Vespers

Saint Mary's Greek Orthodox Church
3450 Irving Avenue South
Minneapolis, Minnesota 55408

Non-Profit
Organization
U.S. Postage
PAID
Twin Cities, MN
Permit #3735

RETURN SERVICE REQUESTED

*The Feast Day
of Saint George
is observed on
Monday, May 6.*



THE MESSENGER

MAY 2024

The Messenger is published
monthly by Saint Mary's
Greek Orthodox Church.

PUBLICATION DEADLINES

The Messenger

First Sunday of each month

Sunday Bulletin

Preceding Thursday, 12:00 p.m.

CONTACT

3450 Irving Avenue South
Minneapolis, MN 55408
stmarysgoc@stmarysgoc.org
612.825.9595 | 612.825.9283 Fax

stmarysgoc.org



May 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>April 28 Palm Sunday 8:30am-Orthros 9:30am-Divine Liturgy 5:00pm-Pan-Orthodox Bridegroom Matins, St. Herman Orthodox Church 6:00pm-Bridegroom Matins (St. Mary's GOC)</p>	<p>April 29 Holy Monday 6:00pm-Bridegroom Matins</p>	<p>April 30 Holy Tuesday 9:30am-Presanctified Liturgy 6:00pm-Bridegroom Matins</p>	<p>1 Holy Wednesday 4:00pm-Holy Unction 6:00pm-Matins of the Mystical Supper/Holy Unction</p>	<p>2 Holy Thursday 9:30am-Divine Liturgy of the Mystical Supper 6:00pm-Service of Holy Passion</p>	<p>3 Great Friday 9:00am-Royal Hours Church School Retreat continues until 1:30 pm 1:30pm-Vespers of the Descent from the Cross 6:00pm-Lamentations</p>	<p>4 Holy Saturday 10:00am-First Resurrection Divine Liturgy 11:30pm-Midnight Office Resurrection Service Matins Divine Liturgy</p>
<p>5 Great and Holy PASCHA "The Messenger" Deadline 12:00noon-Agape Vespers Easter Egg Hunt follows</p>	<p>6 Bright Monday Saint George (observed) 9:30am-Divine Liturgy * Liturgy at St. George GOC, St. Paul</p>	<p>7 Bright Tuesday 6:00pm-Adult Open Gym Basketball <i>Simpson House Dinner</i></p>	<p>8 Bright Wednesday</p>	<p>9 Bright Thursday</p>	<p>10 Bright Friday Life-Giving Fount of the Theotokos 9:30am-Divine Liturgy</p>	<p>11 Bright Saturday 9:00am-Bible Study</p>
<p>12 Sunday of Saint Thomas Mother's Day 8:30am-Orthros 9:30am-Divine Liturgy</p>	<p>13 9:00am-Philoptochos Service Day</p>	<p>14 6:15pm-Parish Council</p>	<p>15 Koulourakia Baking - 3 shifts 9:00am-"The Messenger" Mailing 11:00am-Intercessory Prayer 11:30am-Women's Bible Study</p>	<p>16</p>	<p>17 7:00am-Men's Fellowship</p>	<p>18 9:00am-Bible Study <i>Healing House Dinner</i></p>
<p>19 The Myrrh-Bearing Women 8:30am-Orthros 9:30am-Divine Liturgy after Liturgy-Fun Jam 11:45am-Missions/Outreach</p>	<p>20 6:00pm-Greek Dance Practice</p>	<p>21 Saints Constantine and Helen 9:30am-Divine Liturgy 6:30pm-Philoptochos Board</p>	<p>22</p>	<p>23 12:00noon-Kourembiethes Baking 6:30pm-Koinonia 7:00pm-Stewardship Com.</p>	<p>24</p>	<p>25 9:00am-Bible Study</p>
<p>26 The Paralytic 8:30am-Orthros 9:30am-Divine Liturgy 12:00noon-Cemetery Service</p>	<p>27 Memorial Day <i>Church and Office closed</i></p>	<p>28 6:00pm-Philoptochos Season Finale 7:15pm-Young Women's Bible Study</p>	<p>29 Mid-Pentecost 9:30am-Divine Liturgy 11:00am-Intercessory Prayer 11:30am-Women's Bible Study</p>	<p>30 9:30am-FAITH Play Group</p>	<p>31</p>	