



# ST. MARY'S

GREEK ORTHODOX CHURCH

June 23, 2024 — *Holy Pentecost*



# THE DIVINE LITURGY

## *Commemoration*

Holy Pentecost; Agrippina the Martyr of Rome; Holy Martyrs Aristocleus the Priest, Demetrius the Deacon and Athanasius the Reader; The Holy New Bishop Martyrs Gerasimus of Crete, Neophytos of Knossos, Joachim of Cherronisos, Hierotheos of Lampi, Zachariah of Sitia, Joachim of Petra, Gerasimos of Rethymno, Kallinikos of Kydonia, Melchizedek of Kissamos, Kallinikos of Diopolos, and those Martyred with them (1821-1822).

## *Morning Gospel.....John 20:19-23*

On the evening of that day, the first day of the week, the doors being shut where the disciples were gathered, for fear of the Jews, Jesus came and stood among them and said to them, "Peace be with you." When he had said this, he showed them his hands and his side. Then the disciples were glad when they saw the Lord. Jesus said to them again, "Peace be with you. As the Father has sent me, even so I send you." And when he had said this, he breathed on them, and said to them, "Receive the Holy Spirit. If you forgive the sins of any, they are forgiven; if you retain the sins of any, they are retained."

## **Variable Hymns and Readings in the Liturgy**

### *At the Second Antiphon*

Save us, O Good Comforter, to you we sing: Alleluia!

### *At the Small Entrance*

#### **Hymn of Pentecost, Plagal Fourth Tone**

Blessed are you, O Christ our God. You made wise men of poor fishermen by sending down upon them your Holy Spirit, and through them you caught the whole world. O Lover of mankind, glory to you.

#### **Hymn of Entrance**

Be exalted, O Lord, in your strength; we will sing and chant of your mighty acts. Save us, O Good Comforter, to you we sing: Alleluia!

*Repeat the Hymn of Pentecost, above*

#### **Kontakion of Pentecost, Plagal Fourth Tone**

When he came down and confused the tongues of men, the Most High divided the nations. But in sending forth the parted tongues of flame he called all mankind to unity that with one accord we might glorify his all Holy Spirit.

#### **Trisagion (instead of "Holy God...")**

As many of you as have been baptized into Christ have clothed yourselves in Christ. Alleluia.

**Epistle..... Acts 2:1-11**

WHEN THE DAY of Pentecost had come, they were all together in one place. And suddenly a sound came from heaven like the rush of a mighty wind, and it filled all the house where they were sitting. And there appeared to them tongues as of fire, distributed and resting on each one of them. And they were all filled with the Holy Spirit and began to speak in other tongues, as the Spirit gave them utterance. Now there were dwelling in Jerusalem Jews, devout men from every nation under heaven. And at this sound the multitude came together, and they were bewildered, because each one heard them speaking in his own language. And they were amazed and wondered, saying, "Are not all these who are speaking Galileans? And how is it that we hear, each of us in his own native language? Parthians and Medes and Elamites and residents of Mesopotamia, Judea and Cappadocia, Pontos and Asia, Phrygia and Pamphylia, Egypt and the parts of Libya belonging to Cyrene, and visitors from Rome, both Jews and proselytes, Cretans and Arabians, we hear them telling in our own tongues the mighty works of God."

**Gospel..... John 7:37-52; 8:12**

On the last day of the feast, the great day, Jesus stood up and proclaimed, "If any one thirst, let him come to me and drink. He who believes in me, as the scripture has said, 'Out of his heart shall flow rivers of living water.'" Now this he said about the Spirit, which those who believed in him were to receive; for as yet the Spirit had not been given, because Jesus was not yet glorified. When they heard these words, some of the people said, "This is really the prophet." Others said, "This is the Christ." But some said, "Is the Christ to come from Galilee? Has not the scripture said that the Christ is descended from David, and comes from Bethlehem, the village where David was?" So there was a division among the people over him. Some of them wanted to arrest him, but no one laid hands on him. The officers then went back to the chief priests and Pharisees, who said to them, "Why did you not bring him?" The officers answered, "No man ever spoke like this man!" The Pharisees answered them, "Are you led astray, you also? Have any of the authorities or of the Pharisees believed in him? But this crowd, who do not know the law, are accursed." Nikodemos, who had gone to him before, and who was one of them, said to them, "Does our law judge a man without first giving him a hearing and learning what he does?" They replied, "Are you from Galilee too? Search and you will see that no prophet is to rise from Galilee." Again Jesus spoke to them, saying, "I am the light of the world; he who follows me will not walk in darkness, but will have the light of life."

*The Communion Prayers are found on page 40 of the hymnal.*

**Communion Hymn**

Your good Spirit shall lead me in the land of uprightness. Alleluia!

*Instead of “We have seen the light,” we chant the  
Hymn of Pentecost, page 2 of this leaflet.*

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## Today

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Prosforo is provided by **Nicholas Santrizos**

The coffee hour today is hosted by the **Twito and Gatchell families.**

**Jon and Eleni Klein** are visiting Minnesota this week and are in church today. We welcome them back home to St. Mary’s!

The Harvest Pack meal packing event is today! Thank you to everyone who signed up to help. If you did not sign up, but would like to help, please join the team in the Terrace Room following the Divine Liturgy. Saint Mary’s volunteers have packed 179,000 meals to date. Today, we are planning on adding another 15,000 to the total.  
*It’s a big job, but many hands make light work.*

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## Announcements

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### **Food Shelf Needs for June 30**

***Creamettes / egg noodles / spaghetti***

*June’s recipient is Simpson Food Pantry.*

Please do not bring opened packages. They will be discarded.

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### **Digital Donation Options**

**Text to Give\*:** Text smgoc to 73256 • or Scan to Give

*\*This number will never send unsolicited texts.*





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## Prayer Ministry

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***Please remember the sick, the suffering, and those in need, especially:***

All victims of wars throughout the world; Our brothers and sisters living through the aftermath of disaster; For the victims of violence; Metro Hope Ministries; Orthodox Christian Prison Ministry; Families Moving Forward; FOCUS Minnesota; Our brothers and sisters serving in the Armed Forces throughout the world especially John Ellis; San Miguel Del Lago Orphanage; Marilyn, Donna, Betty, Dawn, Don, Nancy, Brad, Lee, Vangie, Jolene, Mikey, Aphrodite, James, Peter, Lyda, Owen, Michael, Johnny, Jaclyn Jereczek, Dena, Chris, Joy Rose, Nick, John, Demos and Eugenia, Kristina, Milton, Maureen, Andrea, Bryan, Nausika, Ron, Phillip Hibberd, Maria, Matt, Laura, Susan, Elias, Constance, Marina, Dion, Annali, Sofia, Juan Cruz & family, Charlie, Stan, Helena, Byrdie, Jennifer, John S., Becky, Noel, Stephen, Alexey, Alexandra, Ray, Christina, Joanne, Athena, Charlie, Nuala, Pamela, Avgi, Elena, Speranta, Liz, Efstratia, Jordan, David, Nino, Joe, Zossima, Donnarae, Samira, Mary K., Monte, Bethany, Mark, Owen, Chrysanthy, Estelle, Justine, Melissa, Megan, Lisa, Michael, Robbie, Judi, Evonne, James, Nichole, Constantine, Theodora, Mary, Irene Maria, Apostolos, Olivia, Lincoln, Carole, Patty, Karrisa, Corina, Tom, George R., Ken, Nancy and Tim, Olga, Peter, Cora and family, Bo, Lynn, Sue & Jim, Steve, Sue, Jane, Pat, Dave, Pam, Gilbert, George P., Danielle, Jenny, John L., Presvytera Janis, Sandra, Rick, Nancy, Alex, Eryn, Phil, Karen, Linda, Fr. Elias, Vicki, Bill, Diana, Doria, Mike, Stephanie, Tyler, Ben, Amy, Christy, Karen, Anastasia, Jamie, Alex and Alexander, Toni, Gina, Julie, R.J., Allie, Vickie, Petra, Bob, Joseph, Christopher, Elizabeth, Judi, Bodil, Ole, and others known to you.



### Did you know?

Digital versions of our weekly Sunday bulletins can be found on our website? Just use the URL below or scan the QR code.

<https://stmarysgoc.org/resources/weekly-bulletins/>

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# Calendar of the Week

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## Sunday, June 23: Holy Pentecost

8:30 a.m. – Matins; 9:30 a.m. – Divine Liturgy  
after Liturgy – Harvest Pack, *Terrace Room*  
5:00 p.m. – Kneeling Vespers of Pentecost

## Monday, June 24: Monday of the Holy Spirit; Nativity of John the Baptist

9:30 a.m. – Divine Liturgy  
6:00 p.m. – Greek Dance Practice, *Great Hall*

## Tuesday, June 25

6:00 p.m. – Adult Open Gym Basketball, *Great Hall*

## Wednesday, June 26

11:00 a.m. – Intercessory Prayer, *Nave Chapel*  
11:30 a.m. – Women’s Bible Study, *Fireside Room*

## Thursday, June 27

6:30 p.m. – Koinonia, Meeting Room 1  
7:00 p.m. – Stewardship Committee, *Fireside Room*

## Saturday, June 29: Saints Peter and Paul

*Bible Study is on break for the summer.*  
10:00 a.m. – Divine Liturgy

## Sunday, June 30: The Twelve Holy Apostles

8:30 a.m. – Matins; 9:30 a.m. – Divine Liturgy

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## Young Folks Greek Dance Practice Beginning Sunday, July 21

Greek dance practice for kids ages 4-6 years old will begin Sunday, July 21. We will be teaching in the Lecture Room immediately after Liturgy for 30 minutes. Please register if you are interested in having your child participate. Use either the QR code or the link in this week’s update e-mail to access the online registration form. If you have any questions, please contact Angelea Hoeft, [angelea.hoeft@gmail.com](mailto:angelea.hoeft@gmail.com)

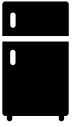


*Scan to  
Register*

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# Philoptochos News

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## Monthly Refrigerator Clean Out

We are asking for ladies to help keep the kitchen refrigerator (front) cleaned of outdated food. There is a monthly sign up at the Philoptochos table for you to select a month you would be willing to do this. It would take about 15 minutes per month to complete. Stop by our table to learn more. This is a super quick and easy project!

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## FOCUS Children's Book Drive

Philoptochos is helping to restock the children's bookshelves at FOCUS. Please bring "slightly used" or new children's books (ages up to 18 years) to our collection bin at the Philoptochos table on Sundays. Please drop off your books anytime **before June 30**.

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## Our Little Orthodox Library Needs More Books!

The supply of books for our Little Library is OUT. We would love additional Orthodox books to help keep our stock full. If you have read a book recently and would like to donate it, please stop by our table and drop it off... or you can bring it to the church office during the week.

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## Saint George Antiochian Middle Eastern Festival

July 13 and 14

**SIGN-UP**  
to Volunteer

Our brothers and sisters at St. George Antiochian Church invite the Minnesota Pan-Orthodox community to assist them with their annual Festival. They are looking for volunteers to help out at the festival on July 13 and 14, if you are available please review the online sign-up for the 2024 festival! Please feel free to share this link with friends and family as well! *Members of St. George have always helped out at our Festival, let's return the favor!* If you have any questions please contact Rebecca Michaels at [Volunteers@gmail.com](mailto:Volunteers@gmail.com) For more information on the festival, visit: [MidEastFest.com](http://MidEastFest.com)

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## Stay Informed about YAL Events

There are lots of ways to stay connected to YAL! Fill out our contact form to receive emails (scan the code), follow @twincitiesyal on Instagram, and join our GroupMe for event reminders!

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“The Holy Spirit is, to the life of the soul, what air is to the life of the body. The soul breathes this holy, mysterious air by means of prayer.”

— Saint Ignatius Brianchaninov

## Daily Bible Readings

*Monday, June 24*

*Monday of the Holy Spirit; Nativity of John the Baptist*

Ephesians 5:8-19 • Luke 1:1-25, 57-68, 76, 80

*Tuesday, June 25*

Romans 1:1-7, 13-17 • Matthew 4:23-25; 5:1-13

*Wednesday, June 26*

Romans 1:18-27 • Matthew 5:20-26

*Thursday, June 27*

Romans 1:28-32; 2:1-9 • Matthew 5:27-32

*Friday, June 28*

Romans 2:14-28 • Matthew 5:33-41

*Saturday, June 29*

*Saints Peter and Paul*

II Corinthians 11:21-33; 12:1-9 • Matthew 16:13-19

*Sunday, June 30*

*Twelve Holy Apostles*

Hebrews 11:33-40; 12:1-2 • Matthew 9:36, 10:1-8



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*Fr. Timothy Sas, Fr. Jason Houck, Fr. John Kostas  
Fr. Paul Kalina, Deacon; Fr. Luke Twito, Deacon*

Weekly Bulletin Submissions to: [Communications@stmarysgoc.org](mailto:Communications@stmarysgoc.org)

Weekly Bulletin Submission Deadline: Mondays