



ST. MARY'S

GREEK ORTHODOX CHURCH

June 30, 2024 — *Twelve Holy Apostles*

THE DIVINE LITURGY

Commemoration

Synaxis of the Twelve Holy Apostles; Sunday of All Saints;
Michael the New Martyr of Athens.

Morning Gospel: Matthew 28:16-20

Variable Hymns and Readings in the Liturgy

At the Second Antiphon

Save us, O Son of God, who rose from the dead,
save us who sing to you: Alleluia!

At the Small Entrance

Resurrection Hymn, Plagal Fourth Tone

From on high you descended, O merciful Lord. You accepted the cross and three days in the tomb to free us from the bondage of sin, O our life and resurrection. Glory to you, O Lord.

Hymn of Entrance

Come, let us worship and bow down before Christ. Save us, O Son of God, who rose from the dead, save us who sing to You: Alleluia!

Repeat the Resurrection Hymn, above

Hymn of the Twelve Apostles, Third Tone

O holy Apostles, make intercession to our merciful God,
that He grant our souls forgiveness of offenses.

Hymn of All Saints, Fourth Tone

Your Church, O Christ God, having robed herself in the blood of your martyrs throughout the world, as though with purple and the finest linen, lifts her voice and cries out through them unto you. On your people may your compassion be showered down, bestow the gift of peace to your commonwealth, and grant your great mercy to our souls.

Hymn of the Dormition of the Theotokos, First Tone

In giving birth, you preserved your virginity, O Theotokos; in falling asleep you did not forsake the world. You passed over into life, O Mother of Life; and by your prayers you deliver our souls from death!

Kontakion of All Saints, Plagal Tone

To You the Planter of Creation, Lord, as the first harvest of nature, the world offers the God-bearing Martyred ones. By their prayers, keep your Church in deepest peace, through the Theotokos, O most merciful One.

Epistle.....Hebrews 11:33-40; 12:1-2

Brethren, all the saints through faith conquered kingdoms, enforced justice, received promises, stopped the mouths of lions, quenched raging fire, escaped the edge of the sword, won strength out of weakness, became mighty in war, put foreign armies to flight. Women received their dead by resurrection. Some were tortured, refusing to accept release, that they might rise again to a better life. Others suffered mocking and scourging, and even chains and imprisonment. They were stoned, they were sawn in two, they were tempted, they were killed with the sword; they went about in skins of sheep and goats, destitute, afflicted, ill-treated - of whom the world was not worthy - wandering over deserts and mountains and in dens and caves of the earth. And all these, though well attested by their faith, did not receive what was promised, since God had foreseen something better for us, that apart from us they should not be made perfect. Therefore, since we are surrounded by so great a cloud of witnesses, let us also lay aside every weight, and sin which clings so closely, and let us run with perseverance the race that is set before us, looking to Jesus the pioneer and perfecter of our faith.

Gospel.....Matthew 9:36, 10:1-8

At that time, when Jesus saw the crowds, he had compassion for them, because they were harassed and helpless, like sheep without a shepherd. And he called to him his twelve disciples and gave them authority over unclean spirits, to cast them out, and to heal every disease and every infirmity. The names of the twelve apostles are these: first, Simon, who is called Peter, and Andrew his brother; James the son of Zebedee, and John his brother; Philip and Bartholomew; Thomas and Matthew the tax collector; James the son of Alphaeus, and Thaddaios; Simon the Cananaean. and Judas Iscariot, who betrayed him. These twelve Jesus sent out, charging them, "Go nowhere among the Gentiles, and enter no town of the Samaritans, but go rather to the lost sheep of the house of Israel. And preach as you go, saying, 'The kingdom of heaven is at hand.' Heal the sick, raise the dead, cleanse lepers, cast out demons. You received without paying, give without pay."

The Communion Prayers are found on page 40 of the hymnal.

Communion Hymn

Their proclamation went forth into all the earth,
and their words to the ends of the world. Alleluia.

Today

Prosforo is provided by **Nicholas Santrizos**

40-Day Churching:
Charlotte Georgeia,
parents: **Alex & Kaylee Pappas**

The coffee hour today is hosted by
the Pappas and Richardson families
in memory of loved ones.

Announcements

Food Shelf Needs for July 7

Oatmeal or Cream of Wheat

July's recipient is FOCUS Minnesota.

Please do not bring opened packages. They will be discarded.

Digital Donation Options

Text to Give*: Text smgoc to 73256 • **or Scan to Give**

**This number will never send unsolicited texts.*





Prayer Ministry

Please remember the sick, the suffering, and those in need, especially:

All victims of wars throughout the world; Our brothers and sisters living through the aftermath of disaster; For the victims of violence; Metro Hope Ministries; Orthodox Christian Prison Ministry; Families Moving Forward; FOCUS Minnesota; Our brothers and sisters serving in the Armed Forces throughout the world especially John Ellis; San Miguel Del Lago Orphanage; Mary, Ann, Marilyn, Donna, Betty, Dawn, Don, Nancy, Brad, Lee, Vangie, Jolene, Mikey, Aphrodite, James, Peter, Lyda, Owen, Michael, Johnny, Jaclyn Jereczek, Dena, Chris, Joy Rose, Nick, John, Demos and Eugenia, Kristina, Milton, Maureen, Andrea, Bryan, Nausika, Ron, Maria, Matt, Laura, Susan, Elias, Constance, Marina, Dion, Annali, Sofia, Juan Cruz & family, Charlie, Stan, Helena, Byrdie, Jennifer, John S., Becky, Noel, Stephen, Alexey, Alexandra, Ray, Christina, Joanne, Athena, Charlie, Nuala, Pamela, Avgi, Elena, Speranta, Liz, Efstratia, Jordan, David, Nino, Joe, Zossima, Donnarae, Samira, Mary K., Monte, Bethany, Mark, Owen, Chrysanthy, Estelle, Justine, Melissa, Megan, Lisa, Michael, Robbie, Judi, Evonne, James, Nichole, Constantine, Theodora, Irene Maria, Apostolos, Olivia, Lincoln, Carole, Patty, Karrisa, Corina, Tom, George R., Ken, Nancy and Tim, Olga, Peter, Cora and family, Bo, Lynn, Sue & Jim, Steve, Sue, Jane, Pat, Dave, Pam, Gilbert, George P., Danielle, Jenny, John L., Presvytera Janis, Sandra, Rick, Nancy, Alex, Eryn, Phil, Karen, Linda, Fr. Elias, Vicki, Bill, Diana, Doria, Mike, Stephanie, Tyler, Ben, Amy, Christy, Karen, Anastasia, Jamie, Alex and Alexander, Toni, Gina, Julie, R.J., Allie, Vickie, Petra, Bob, Joseph, Christopher, Elizabeth, Judi, Bodil, Ole, and others known to you.

Calendar of the Week

Sunday, June 30: The Twelve Holy Apostles

8:30 a.m. – Matins; 9:30 a.m. – Divine Liturgy

Wednesday, July 3

Church and Office close at noon.

Thursday, July 4: Independence Day

Church and Office closed.

Friday, July 5

Church and Office closed.

Sunday, July 7: Second Sunday of Matthew; Saint Kyriake

“The Messenger” news item deadline

8:30 a.m. – Matins; 9:30 a.m. – Divine Liturgy



SIGN-UP
to Volunteer

Saint George Antiochian Middle Eastern Festival

July 13 and 14

Our brothers and sisters at St. George Antiochian Church invite the Minnesota Pan-Orthodox community to assist them with their annual Festival. They are looking for volunteers to help out at the festival on July 13 and 14, if you are available please review the online sign-up for the 2024 festival! Please feel free to share this link with friends and family as well! *Members of St. George have always helped out at our Festival, let's return the favor!* If you have any questions please contact Rebecca Michaels at Volunteers@gmail.com For more information on the festival, visit: MidEastFest.com

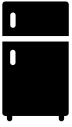


Did you know?

Digital versions of our weekly Sunday bulletins can be found on our website? Just use the URL below or scan the QR code.

<https://stmarysgoc.org/resources/weekly-bulletins/>

Philoptochos News



Monthly Refrigerator Clean Out

We are asking for ladies to help keep the kitchen refrigerator (front) cleaned of outdated food. There is a monthly sign up at the Philoptochos table for you to select a month you would be willing to do this. It would take about 15 minutes per month to complete. Stop by our table to learn more. This is a super quick and easy project!



Our Little Orthodox Library Needs More Books!

The supply of books for our Little Library is OUT. We would love additional Orthodox books to help keep our stock full. If you have read a book recently and would like to donate it, please stop by our table and drop it off... or you can bring it to the church office during the week.



Sign Up to Help at our Table on Sundays

We would love for you to help at our table on Sundays. Please stop by and sign up to sit at the table on a specific Sunday to assist in answering questions and encourage individuals to sign up for activities happening in the coming weeks. We only need ladies to be there after Liturgy until about noon.



More Festival Baking!

Our next baking session will be Saturday, July 20, from 12:00-7:00 p.m. We will be baking and honeying melomakarona. Come for a couple hours or all day. Sign up at the Philoptochos table or on the Sign Up Genius site. ALL ARE WELCOME TO HELP!



Young Folks Greek Dance Practice

Beginning Sunday, July 21

Greek dance practice for kids ages 4-6 years old will begin Sunday, July 21. We will be teaching in the Lecture Room immediately after Liturgy for 30 minutes. Please register if you are interested in having your child participate. Use either the QR code or the link in this week's update e-mail to access the online registration form. If you have any questions, please contact Angelea Hoeft, angelea.hoeft@gmail.com



Scan to Register



St. Mary's Young Adult Ministry (YAM), fueled by Telos

his past year saw a surge in the participation and engagement of the young adults here at St. Mary's. We would like to keep this momentum going as we have some exciting plans in the works. If your passion is to help young adults improve their engagement in all areas of St. Mary's Greek Orthodox Church, we are looking for YOU! We are looking for 3-5 new people to join our YAM team who possess one or more of these qualities: 22-35 years old, good communicators, responsible, committed, creative, leaders, team players, flexible with their time, passionate for the growth of the church. If you are interested in knowing more about St. Mary's Young Adult Ministry, please contact Fr. Jason Houck at frjason@stmarysgoc.org who will connect you with current team members.



Stay Informed about YAL Events

There are lots of ways to stay connected to YAL! Fill out our contact form to receive emails (scan the code), follow @twincitiesyal on Instagram, and join our GroupMe for event reminders!

ST. ELIZABETH ORTHODOX CHURCH
HOSTS



2024 Orthodox Community Invitational

PICKLEBALL

TOURNAMENT

July 20th, 2024 • 12-4 PM

**North Valley Park
2657 CR-26 Inver Grove Heights, MN 55076**

\$50 entry fee per team of two
Teams may be any gender (mixed, mens, or womens)
Round robin play to determine skill class then bracket tournament.
All proceeds will be donated to FOCUS MN and St. Elizabeth OCA.

\$100 Cash Prize

Please register with
Martin Khoury via text

Phone: (651) 470-7596
Venmo: @Martin-Khoury

REGISTRATION
\$50

“Man’s happiness is found not within the enjoyment of earthly pleasures but in the love of God—Who is the greatest and eternal good. He who denies God denies himself the happiness of eternal bliss.”

— *Saint Nektarios of Pentapolis and Aegina*

Daily Bible Readings

Monday, July 1

I Corinthians 12:27-31; 13:1-8 • Matthew 10:1, 5-8

Tuesday, July 2

Hebrews 9:1-7 • Luke 1:39-49, 56

Wednesday, July 3

Romans 4:13-25 • Matthew 7:21-23

Thursday, July 4

Romans 5:10-16 • Matthew 8:23-27

Friday, July 5

Galatians 5:22-26; 6:1-2 • Matthew 11:27-30

Saturday, July 6

Romans 3:19-24 • Matthew 7:1-8

Sunday, July 7

Second Sunday of Matthew

Galatians 3:23-29; 4:1-5 • Matthew 4:18-23



Saint Mary's Greek Orthodox Church

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*Fr. Timothy Sas, Fr. Jason Houck, Fr. John Kostas
Fr. Paul Kalina, Deacon; Fr. Luke Twito, Deacon*

Weekly Bulletin Submissions to: Communications@stmarysgoc.org

Weekly Bulletin Submission Deadline: Mondays