



ST. MARY'S

GREEK ORTHODOX CHURCH

July 21, 2024 — *Fourth Sunday of Matthew*

THE DIVINE LITURGY

Commemoration

Fourth Sunday of Matthew; John and Symeon the Fool for Christ;
Parthenios, Bishop of Arta.

Morning Gospel: Luke 24:1-12

Variable Hymns and Readings in the Liturgy

At the Second Antiphon

Save us, O Son of God, who rose from the dead,
save us who sing to you: Alleluia!

At the Small Entrance

Resurrection Hymn, Third Tone

Let the heavens rejoice and the earth be glad, for the Lord has shown the mighty power of his arm. He has trampled down death by death, becoming the firstborn of the dead. He has delivered us from the depths of hell and has granted to all the world his great mercy.

Hymn of Entrance

Come, let us worship and bow down before Christ. Save us, O Son of God, who rose from the dead, save us who sing to You: Alleluia!

Repeat the Resurrection Hymn, above

Hymn of the Dormition of the Theotokos, First Tone

In giving birth, you preserved your virginity, O Theotokos; in falling asleep you did not forsake the world. You passed over into life, O Mother of Life; and by your prayers you deliver our souls from death!

Kontakion of the Theotokos, Second Tone

O unfailing protection of Christians, and our faithful advocate before the Creator: though we are sinners, do not ignore our entreaty; but in your goodness, grant your timely help to us who appeal to you in faith. Quickly make intercession; on our behalf make speedy supplication, O Theotokos, for you always protect those who honor you.

Epistle..... Romans 6:18-23

Brethren, having been set free from sin, you have become slaves of righteousness. I am speaking in human terms, because of your natural limitations. For just as you once yielded your members to impurity and to greater and greater iniquity, so now yield your members to righteousness for sanctification. When you were slaves of sin, you were free in regard to righteousness. But then what return did you get from the things of which you are now ashamed? The end of those things is death. But now that you have been set free from sin and have become slaves of God, the return you get is sanctification and its end, eternal life. For the wages of sin is death, but the free gift of God is eternal life in Christ Jesus our Lord.

Gospel..... Matthew 8:5-13

At that time, as Jesus entered Capernaum, a centurion came forward to him, beseeching him and saying, “Lord, my servant is lying paralyzed at home, in terrible distress.” And he said to him, “I will come and heal him.” But the centurion answered him, “Lord, I am not worthy to have you come under my roof; but only say the word, and my servant will be healed. For I am a man under authority, with soldiers under me; and I say to one, ‘Go,’ and he goes, and to another, ‘Come,’ and he comes, and to my slave, ‘Do this,’ and he does it.” When Jesus heard him, he marveled, and said to those who followed him, “Truly, I say to you, not even in Israel have I found such faith. I tell you, many will come from east and west and sit at table with Abraham, Isaac, and Jacob in the kingdom of heaven, while the sons of the kingdom will be thrown into the outer darkness; there men will weep and gnash their teeth.” And to the centurion Jesus said, “Go; be it done for you as you have believed.” And the servant was healed at that very moment.

The Communion Prayers are found on page 40 of the hymnal.

Today

Prosforo is provided by
Ruta Kubits and Cheryl Sioris.

Memorial Prayers today are offered for
**Triantafylos (Phil) Triantafyllou (40 days); Andreas;
Lambros (Louis) Kokinis, father of Bettina Hanna, (14 years)**

The coffee hour today is hosted by
John and Sandra Anderson

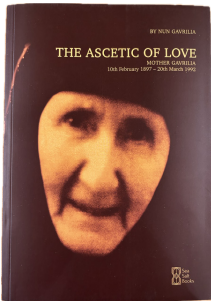
Announcements

Food Shelf Needs for July 28

Canned Meat (i.e., tuna / chicken)

July's recipient is FOCUS Minnesota.

Please do not bring opened packages. They will be discarded.



Women's Book Club

The Ascetic of Love, by and about Saint Gavriela, is the book the Philoptochos Book Club will be discussing on Thursday, September 12. Copies are available in the bookstore for \$26.



Did you know?

Digital versions of our weekly Sunday bulletins can be found on our website? Just use the URL below or scan the QR code.

<https://stmarysgoc.org/resources/weekly-bulletins/>

Digital Donation Options

Text to Give*: Text smgoc to 73256 • **or Scan to Give**

**This number will never send unsolicited texts.*





Prayer Ministry

Please remember the sick, the suffering, and those in need, especially:

All victims of wars throughout the world; Our brothers and sisters living through the aftermath of disaster; For the victims of violence; Metro Hope Ministries; Orthodox Christian Prison Ministry; Families Moving Forward; FOCUS Minnesota; Our brothers and sisters serving in the Armed Forces throughout the world especially John Ellis; San Miguel Del Lago Orphanage; Andreas, Jonathan, Kelly, Charidimos, Jeanette, Mary, Ann, Marilyn, Donna, Betty, Dawn, Don, Nancy, Brad, Lee, Vangie, Jolene, Mikey, Aphrodite, James, Peter, Lyda, Owen, Michael, Johnny, Jaclyn Jereczek, Dena, Chris, Joy Rose, Nick, John, Demos and Eugenia, Kristina, Milton, Maureen, Andrea, Bryan, Nausika, Ron, Maria, Matt, Laura, Susan, Elias, Constance, Marina, Dion, Annali, Sofia, Juan Cruz & family, Charlie, Stan, Helena, Byrdie, Jennifer, John S., Becky, Noel, Stephen, Alexey, Alexandra, Ray, Christina, Joanne, Athena, Charlie, Nuala, Pamela, Avgi, Elena, Speranta, Liz, Efstratia, Jordan, David, Nino, Joe, Zossima, Donnarae, Samira, Mary K., Monte, Bethany, Mark, Owen, Chrysanthy, Estelle, Justine, Melissa, Megan, Lisa, Michael, Robbie, Judi, Evonne, James, Nichole, Constantine, Theodora, Irene Maria, Apostolos, Olivia, Lincoln, Carole, Patty, Karrisa, Corina, Tom, George R., Ken, Nancy and Tim, Olga, Peter, Cora and family, Bo, Lynn, Sue & Jim, Steve, Sue, Jane, Pat, Dave, Pam, Gilbert, George P., Danielle, Jenny, John L., Presvytera Janis, Sandra, Rick, Nancy, Alex, Eryn, Phil, Karen, Linda, Fr. Elias, Vicki, Bill, Diana, Doria, Mike, Stephanie, Tyler, Ben, Amy, Christy, Karen, Anastasia, Jamie, Alex and Alexander, Toni, Gina, Julie, R.J., Allie, Vickie, Petra, Bob, Joseph, Christopher, Elizabeth, Judi, Bodil, Ole, and others known to you.

Calendar of the Week

Sunday, July 21: Fourth Sunday of Matthew

8:30 a.m. – Matins; 9:30 a.m. – Divine Liturgy

11:00 a.m. – Children's Greek Dance Practice, *Lecture Room*

11:30 a.m. – Missions and Outreach Meeting, *Fireside Room*
after Liturgy – Simpson House Meal Preparations, *Kitchen*

Monday, July 22

6:00 p.m. – Greek Dance Practice, *Great Hall*

6:00 p.m. – Greek Festival Meeting, *Terrace Room*

Tuesday, July 23

Simpson House Meal

Thursday, July 25

6:30 p.m. – Koinonia, *Meeting Room 1*

7:00 p.m. – Stewardship Committee, *Fireside Room*

Friday, July 26: Saint Paraskeve

9:30 a.m. – Divine Liturgy

Saturday, July 27: Saint Panteleimon

10:00 a.m. – Divine Liturgy

Sunday, July 28: Fifth Sunday of Matthew

8:30 a.m. – Matins; 9:30 a.m. – Divine Liturgy



1111 Summit Ave.
St. Paul, MN

Friday, July 26, 5:00 – 9:00 p.m.

Saturday, July 27, 11:00 a.m. – 8:00 p.m.

Come on out and support our sister parish, St. George Greek Orthodox Church, at their annual Greek Festival! Experience church tours, gyros and souvlakia, as well as, Greek pastries and desserts. Dance to Greek Music and watch performances by the Greek Dancers of Minnesota. Shop the Bookstore, Bazaar, and more! Get there early before the pastries sell out!

Philoptochos News



Sign Up to Help at our Table on Sundays

We would love for you to help at our table on Sundays. Please stop by and sign up to sit at the table on a specific Sunday to assist in answering questions and encourage individuals to sign up for activities happening in the coming weeks. We only need ladies to be there after Liturgy until about noon.



*Scan to
Sign Up*

More Festival Baking!

Our next baking session will be Saturday, August 3rd – Baklava Sundaes - We will start after Bible study. We can have up to 10 people, as we will make 10 pans. It will take max 2 hours. People will need to bring a small pot to melt the butter and a brush. Sign up at the Philoptochos table or on the Sign Up Genius site.



Operation Classroom Drive for the 2024-2025 School Year

School has barely ended, and it is already time to look ahead to needs for Fall 2024! We are supporting kindergarteners through fifth graders needing supplies to be successful in school at Bancroft Elementary in South Minneapolis. In addition to the supplies listed below, gently used winter coats, mittens, hats, and boots are also being accepted.

- Plastic pencil boxes (especially needed)
- Crayola Washable Markers (8 or 10 count)
- Crayola Crayons (16- and 24-packs)
- Wide-ruled spiral notebooks
- Wooden lead pencils (Ticonderoga #2 preferred)
- Pink erasers
- Kid-sized Fiskars scissors
- Backpacks

Also, Cathy Todd, social worker at Bancroft tells us that the best gym teacher ever is hoping to purchase three or four tennis nets to use in class and for after school programs. They cost about \$150 each. If you prefer to contribute funds rather than supplies, please feel free to make out checks in any amount to St. Mary's Philoptochos specifying Bancroft Elementary. Thank you as always for considering this ministry. Please bring your contribution to the Philoptochos table on Sundays beginning July 21 through August 18.



mplsgreekfest.org

Mark your calendars and tell your friends!

2024 St. Mary's Minneapolis Taste of Greece Festival

Friday, September 6: 2:00-9:00 p.m.

Saturday, September 7: Noon-9:00 p.m.

Sunday, September 8: Noon-5:00 p.m.

More information and volunteer sign-up coming soon!



Simpson House Meal Serving

Tuesday, July 23

We are looking for ten people to assist us in serving the meal at Simpson House on Tuesday, July 23, 6:30-about 8:00 p.m. The volunteering takes place at Simpson House's temporary shelter location at the site of the old Zion Lutheran Church: **128 W. 33rd Street, Minneapolis, MN 55408**

Sign-up details are at the Missions and Outreach table after Liturgy



Scan to Register

YAL Twin Cities Boat Cruise

Thursday, August 22

The Twin Cities YAL Boat Cruise is scheduled for Thursday, August 22, at 6:15 p.m.! Come dressed in your favorite blue and/or white attire! General admission tickets will be available from July 18-31 (\$80.00). Last call tickets will be available August 1-10 (\$90.00).

Scan the QR code to buy your ticket and learn more about the event!

Reach out to twincitiesyal@gmail.com with further questions.



Stay Informed about YAL Events

There are lots of ways to stay connected to YAL! Fill out our contact form to receive emails (scan the code), follow [@twincitiesyal](https://www.instagram.com/twincitiesyal) on Instagram, and join our GroupMe for event reminders!

“Sadness and stress always dominate the person who is dominated by material things.”

— Saint Paisios the Athonite

Daily Bible Readings

Monday, July 22

I Corinthians 9:2-12 • Luke 8:1-3

Tuesday, July 23

Romans 14:9-18 • Matthew 12:14-16; 22-30

Wednesday, July 24

Romans 15:7-16 • Matthew 12:38-45

Thursday, July 25

Galatians 4:22-27 • Luke 8:16-21

Friday, July 26

Saint Paraskeve

Galatians 3:23-29; 4:1-5 • Mark 5:24-34

Saturday, July 27

Saint Panteleimon

II Timothy 2:1-10 • John 15:17-27; 16:1-2

Sunday, July 28

Fifth Sunday of Matthew

Romans 10:1-10 • Matthew 8:28-34; 9:1



Saint Mary's Greek Orthodox Church

3450 Irving Avenue South
Minneapolis, Minnesota 55408-3399

612.825.9595 | stmarysgoc.org



*Fr. Timothy Sas, Fr. Jason Houck, Fr. John Kostas
Fr. Paul Kalina, Deacon; Fr. Luke Twito, Deacon*

Weekly Bulletin Submissions to: Communications@stmarysgoc.org

Weekly Bulletin Submission Deadline: Mondays



ST. MARY'S FAMILY CAMP

Friday, October 4 –
Sunday, October 6, 2024
Camp Courage Maple Lake, MN



We are thrilled to announce our 2024 Family Camp speaker, Fr. George Dokos! The 2024 theme in which Fr. George will speak on is: The Fathers on the Family. Fr. George was born and raised in St. Paul, MN.

He graduated from the University of Minnesota College of Pharmacy in 1995 (B.S. Pharmacy). In 1999, he received an M.Div. from Holy Cross Greek Orthodox School of Theology. In 2010, Fr. Dokos received a Th.D. from the Aristotle University of Thessaloniki. He has served parishes in Texas, South Dakota, Colorado, and Minnesota. He is married to Presvytera Christa, and they have four children.

Fr. George loves to play the bass guitar (he taught himself how to play!) and tending to the goats and chickens on his farmstead.

Fr. George has also translated several books on St. Nicodemus from Greek to English.

**Registration Opens August 1, at 10:00 a.m. and closes
August 31, at 11:59 p.m. Register early for a reduced rate.**

Early Bird: August 1 – August 15
\$160 + Processing Fees*
Per Person

Regular Rate: August 16 – August 31
\$170 + Processing Fees*
Per Person

***Save money using the Electronic Check (ACH) option at payment.**

PROCESSING FEES CHARGED BY CAMPDOG:

Credit Card: 3.95% + \$0.30 per successful charge.

Electronic Check (ACH): 1.5% + \$0.50 per successful transfer.

**LEARN MORE ABOUT FAMILY CAMP, OUR GUEST SPEAKER,
OR REGISTER, SCAN THE CODE.**

stmaryscamp.com/family-camp/

