



# ST. MARY'S

GREEK ORTHODOX CHURCH

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August 25, 2024 — *Ninth Sunday of Matthew*

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## THE DIVINE LITURGY

### *Commemoration*

Ninth Sunday of Matthew; Return of the Body of Bartholomew the Glorious Apostle; Titus the Apostle of the 70; John the Cappadocian, Epiphanius and Menas, Patriarchs of Constantinople; Holy Father John of Karpathos; Ebba, First Abbess of Coldingham.

*Morning Gospel: John 20:19-31*

### **Variable Hymns and Readings in the Liturgy**

#### *At the Second Antiphon*

Save us, O Son of God, who rose from the dead,  
save us who sing to you: Alleluia!

#### *At the Small Entrance*

#### **Resurrection Hymn, Plagal Fourth Tone**

From on high you descended, O merciful Lord. You accepted the cross and three days in the tomb to free us from the bondage of sin, O our life and resurrection. Glory to you, O Lord.

#### **Hymn of Entrance**

Come, let us worship and bow down before Christ. Save us, O Son of God, who rose from the dead, save us who sing to You: Alleluia!

*Repeat the Resurrection Hymn, above*

#### **Hymn of the Apostles (Titos of the 70), Third Tone**

O holy Apostles, make intercession to our merciful God, that He grant our souls forgiveness of offenses.

#### **Hymn of the Dormition of the Theotokos, First Tone**

In giving birth, you preserved your virginity, O Theotokos; in falling asleep you did not forsake the world. You passed over into life, O Mother of Life; and by your prayers you deliver our souls from death!

## **Kontakion of the Nativity of the Theotokos, Fourth Tone**

Both Joachim and Anna from their sterility's stigma, and Adam and Eve from their mortality's ruin have been set free, O immaculate Maid, by your holy nativity. For this do your people hold celebration, redeemed from the guilt of transgression as they cry to you, "The barren one bears the Theotokos, the nourisher of our Life."

### **Epistle.....I Corinthians 3:9-17**

Brethren, we are God's fellow workers; you are God's field, God's building. According to the grace of God given to me, like a skilled master builder I laid a foundation, and another man is building upon it. Let each man take care how he builds upon it. For no other foundation can any one lay than that which is laid, which is Jesus Christ. Now if any one builds on the foundation with gold, silver, precious stones, wood, hay, straw - each man's work will become manifest; for the Day will disclose it, because it will be revealed with fire, and the fire will test what sort of work each one has done. If the work which any man has built on the foundation survives, he will receive a reward. If any man's work is burned up, he will suffer loss, though he himself will be saved, but only as through fire. Do you not know that you are God's temple and that God's Spirit dwells in you? If any one destroys God's temple, God will destroy him. For God's temple is holy, and that temple you are.

### **Gospel..... Matthew 14:22-34**

At that time, Jesus made the disciples get into the boat and go before him to the other side, while he dismissed the crowds. And after he had dismissed the crowds, he went up into the hills by himself to pray. When evening came, he was there alone, but the boat by this time was many furlongs distant from the land, beaten by the waves; for the wind was against them. And in the fourth watch of the night he came to them, walking on the sea. But when the disciples saw him walking on the sea, they were terrified, saying, "It is a ghost!" And they cried out for fear. But immediately he spoke to them, saying "Take heart, it is I; have no fear." And Peter answered him, "Lord, if it is you, bid me come to you on the water." He said, "Come." So Peter got out of the boat and walked on the water and came to Jesus; but when he saw the wind, he was afraid, and beginning to sink he cried out, "Lord, save me." Jesus immediately reached out his hand and caught him, saying to him, "O man of little faith, why did you doubt?" And when they entered the boat, the wind ceased. And those in the boat worshiped him, saying, "Truly you are the Son of God." And when they had crossed over, they came to land at Gennesaret.

***The Communion Prayers are found on page 40 of the hymnal.***



## Prayer Ministry

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***Please remember the sick, the suffering, and those in need, especially:***

All victims of wars throughout the world; Our brothers and sisters living through the aftermath of disaster; For the victims of violence; Metro Hope Ministries; Orthodox Christian Prison Ministry; Families Moving Forward; FOCUS Minnesota; Our brothers and sisters serving in the Armed Forces throughout the world especially John Ellis; San Miguel Del Lago Orphanage; Ann, Mark, Jane; Oliver; Kostantinos & Georgia, Andreas, Jonathan, Kelly, Charidimos, Jeanette, Mary, Ann, Marilyn, Donna, Betty, Dawn, Don, Nancy, Brad, Lee, Vangie, Jolene, Mikey, Aphrodite, James, Peter, Lyda, Owen, Michael, Johnny, Jaclyn Jereczek, Dena, Chris, Joy Rose, Nick, John, Demos and Eugenia, Kristina, Milton, Maureen, Andrea, Bryan, Nausika, Ron, Maria, Matt, Laura, Susan, Elias, Constance, Marina, Dion, Annali, Sofia, Juan Cruz & family, Charlie, Stan, Helena, Byrdie, Jennifer, John S., Becky, Noel, Stephen, Alexey, Alexandra, Ray, Christina, Joanne, Athena, Charlie, Nuala, Pamela, Avgi, Elena, Speranta, Liz, Efstratia, Jordan, David, Nino, Joe, Zossima, Donnarae, Samira, Mary K., Monte, Bethany, Mark, Owen, Chrysanthy, Estelle, Justine, Melissa, Megan, Lisa, Michael, Robbie, Judi, Evonne, James, Nichole, Constantine, Theodora, Irene Maria, Apostolos, Olivia, Lincoln, Carole, Patty, Karrisa, Corina, Tom, George R., Ken, Nancy and Tim, Olga, Peter, Cora and family, Bo, Lynn, Sue & Jim, Steve, Sue, Jane, Pat, Dave, Pam, Gilbert, George P., Danielle, Jenny, John L., Presvytera Janis, Sandra, Rick, Nancy, Alex, Eryn, Phil, Karen, Linda, Fr. Elias, Vicki, Bill, Diana, Doria, Mike, Stephanie, Tyler, Ben, Amy, Christy, Karen, Anastasia, Jamie, Alex and Alexander, Toni, Gina, Julie, R.J., Allie, Vickie, Petra, Bob, Joseph, Christopher, Elizabeth, Judi, Bodil, Ole, and others known to you.

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# Today

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Memorial Prayers today are offered for  
**Helen Smith (5 years)**

Blessing of the Backpacks at the end of Liturgy.

The coffee hour today is hosted by  
**the Taste of Greece Festival Committee**

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## Announcements

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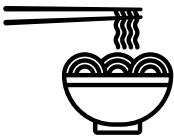
### Litany for the Catechumens

Metropolitan Nathanael has asked us to re-institute praying the Litany of the Catechumens on Sunday mornings. This litany is an ancient set of prayers that was historically included in the Divine Liturgy right after the Gospel and sermon. It began to be omitted during a period when the church had few catechumens. Now, we have more frequent baptisms and chrismations of adult catechumens, so it is appropriate that we re-introduce these prayers. Our Lord commanded us to make disciples of all nations, and now we will pray for catechumens in the Church, especially those who are with us in our parish. We will begin including them on September 1, which is also the first day of the new church year.

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### Food Shelf Needs for September 1

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#### *Ramen Noodles*

September's recipient is **Joyce Uptown Food Shelf**.  
*Please do not bring opened packages. They will be discarded.*



### Family Camp Registration Extended

Registration is underway for 2024 Family Camp and we still have a limited number of spaces remaining. Registration has been extended to September 15. Please consider participating in this rewarding weekend (October 4-6) at Camp Courage in Maple Lake. **Regular registration price is 170 (+processing Fees) per person.** Learn more about family camp, our guest speaker, or to register, scan the code.  
**[stmaryscamp.com/family-camp/](http://stmaryscamp.com/family-camp/)**



# Calendar of the Week

## Sunday, August 25: Ninth Sunday of Matthew

- 8:30 a.m. – Matins; 9:30 a.m. – Divine Liturgy
- 11:30 a.m. – Koinonia Meeting, *Fireside Room*
- 11:30 a.m. – Festival Salad Dressing Preparations, *Kitchen*
- 11:30 a.m. – Missions and Outreach Meeting, *Meeting Room 1*

## Monday, August 26

- 5:00 p.m. – Festival Frozen Food Packaging, *Kitchen*
- 6:00 p.m. – Greek Dance Practice, *Great Hall*

## Wednesday, August 28

- 4:00 p.m. – Festival Tzatziki and Spicy Feta Preparations, *Great Hall*

## Thursday, August 29: Beheading of John the Baptist

- 9:30 a.m. – Divine Liturgy

## Sunday, September 1: Beginning of the Ecclesiastical Year

- 8:30 a.m. – Matins; 9:30 a.m. – Divine Liturgy

## Monday, September 2: Labor Day

*Church and Office closed.*

## Philoptochos News



### Sign Up to Help at Our Table on Sundays!

We would love for you to help at our table on Sundays. Please stop by and sign up to sit at the table on a specific Sunday to assist in answering questions and promote individuals to sign up for activities happening in the coming weeks. We only need ladies to be there after Liturgy till about noon.



*Scan to Sign Up*

### Help Wanted for Festival Pastry Prep

We are in need of help with completing the pastry prep for the festival. Please sign up to help when you can on September 3 and 4. Come anytime and stay for as long as you can.



### Women's Book Club

*The Ascetic of Love*, by and about Saint Gavrilia, is the book the Philoptochos Book Club will be discussing on Thursday, September 12. Copies are available in the bookstore for \$26.



## Philoxenia House Painting Event

Saturday, September 14

YAL Rochester and YAL Twin Cities have partnered for multiple events to serve Philoxenia House! The second event will be Saturday, September 14, after Liturgy. There are more details in the RSVP form. Please fill it out as soon as possible so they can plan for food and projects.



## Connect Conference 2024

October 4-6

This year the Connect Conference will be in Nashville, Tennessee. It is a conference for anyone ages 21 to 39 looking to better connect us to our faith, the church, and each other. You can find more details and registration or follow their Instagram account @Connectorthodox.



## 2024 YAL Pittsburgh Conference

October 18-20

This conference is open to Orthodox Christians ages 18-35 of any jurisdiction and from anywhere in the country. The theme is *“Won’t you be my neighbor? Embracing the world in love.”* To learn more, scan the code.



## Stay Informed about YAL Events

There are lots of ways to stay connected to YAL! Fill out our contact form to receive emails (scan the code), follow @twincitiesyal on Instagram, and join our GroupMe for event reminders!

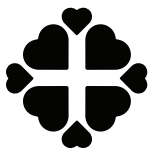


## St. Mary's Young Adult Ministry (YAM), Mentorship Program

Are you a young adult seeking guidance and wisdom on life's journey? Or perhaps you're an experienced adult eager to share your insights and support the next generation? St. Mary's Young Adult Ministry proudly presents its new Mentorship Program, bridging generations in our church with meaningful connections and mutual growth. Join Us Today! Step forward into a journey of growth and connection. Scan the QR code to sign up as a mentor or mentee, and indicate what topics you would be interested in exploring so our team can make intentional mentor/mentee pairs. Stay tuned for more information about our kickoff event. Let's grow together in faith, wisdom, and community at St. Mary's! Contact [stmarysmplyam@gmail.com](mailto:stmarysmplyam@gmail.com) with any questions or concerns.



Scan to  
Sign Up



## Koinonia Ministry Re-launch!

*Koinonia* is a Greek term meaning “fellowship” or “community” and St. Mary’s is excited to announce a re-launch of this beautiful small group ministry in September. This is a great opportunity to enjoy Christ-centered discussions and build friendships with fellow parishioners in a face-face environment. To learn more about this enriching opportunity, and to see what’s new about this program, please visit the Koinonia Ministry table during coffee hour or contact Lani McCollar ([lanimccollar@gmail.com](mailto:lanimccollar@gmail.com)) or Christine Buss ([cmariebuss@gmail.com](mailto:cmariebuss@gmail.com)). Whether you’re new to St. Mary’s or have been here for years, we look forward to welcoming you into a Koinonia group.



*Scan to  
Sign Up*



## Children’s Glendi and Pizza Party

**Saturday, September 28**

Join us for a Greek glendi for the children of the parish (preschool and elementary aged children of the parish and their families are welcome.), complete with pizza and dancing, on Saturday, September 28, 5:00-8:00 p.m.! The Sioris/Kempf family will provide music, pizza, and beverages with a recommended \$10 free-will offering per person attending. All proceeds will go towards future costumes and needs of future dance troupes to continue fostering Greek dancers at St. Mary’s! Please RSVP by Sunday, September 22, to: <https://tinyurl.com/5yrce65t>



*Scan to  
RSVP*

*Please note - this is not a drop-off event, and you are responsible for your own children.*



## Weekly Updates via eMail

Keep up on all the latest events and activities at St. Mary’s in our Weekly Update sent by email every Friday afternoon. Each week you’ll get all this great content and more delivered to your inbox. If you are subscribed, make sure to at least open it so that your email service provider will know that it’s important to you. If you have not been receiving the email or wish to subscribe please contact: [Communications@stmarysgoc.org](mailto:Communications@stmarysgoc.org)



## Young Women's Bible Study will begin this fall

Young Women's Bible Study for ages 23-37. The study will be "Topical" - such as: *What do we do with our Disappointments?; Why is Peace so Elusive?; What does it mean to be Holy?* All the lessons will be based on Scripture according to the Orthodox understanding, along with supplementary materials, as needed. The sessions meet from 7:30-9:00 p.m. at Patty Christopoulos' home, 5312 Highwood Drive West, Edina, MN 55436. The schedule is as follows: Tuesdays, September 17, October 1, October 15, and October 29. **New this season:** Women's Saturday Morning Bible Study (age 38+) with the same exact lesson as Tuesday. This class will meet from 8:30-10:00 a.m., also at the home of Patty Christopoulos. The dates are: Saturdays, September 21, October 5, October 19, and November 2. **Please sign up by texting Patty at 952.200.9566 by September 3.**

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## Women's Pilgrimage to St. Paisius Monastery

**Tuesday, January 28 – Saturday, February 1, 2025**

A small group pilgrimage to visit the St. Paisius Monastery in Safford, Arizona is being planned for the end of January 2025. There is room for 8 pilgrims. The monastery does not charge us for our stay, however, it is proper to leave a donation if you can. The cost of airfare right now ranges from \$400 – \$550 and is subject to change. Tickets will be purchased at the end of October. There is also a cost for a rental van for the group. The cost of this van is determined by how many pilgrims attend. The Monastery website is: [stpaisiusmonastery.org](http://stpaisiusmonastery.org). Please familiarize yourself with visitor information. **Contact Sandra Anderson with any questions: [asformess69@gmail.com](mailto:asformess69@gmail.com) or 612.940.8933.**

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## Did you know?

Digital versions of our weekly Sunday bulletins can be found on our website? Just use the URL below or scan the QR code.

<https://stmarysgoc.org/resources/weekly-bulletins/>

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### Digital Donation Options

**Text to Give\*:** Text smgoc to 73256 • **or Scan to Give**

*\*This number will never send unsolicited texts.*







GREAT VESPERS • PRESENTATION • REFRESHMENTS

**Saturday,  
September 21, 2024  
5:00–7:00 p.m.**

**Come experience the  
Ancient Christian Church  
and learn about the faith.**

This is a wonderful opportunity to bring a friend, who has been interested or curious about your Orthodox Christian Faith, to a short evening Vespers service. Afterwards there will be a brief presentation and refreshments. We hope to see both familiar and new faces.



**ST. MARY'S**  
GREEK ORTHODOX CHURCH

3450 IRVING AVE. SOUTH, MPLS, MN 55408 | [www.stmarysgoc.org](http://www.stmarysgoc.org)



[mplsgreekfest.org](http://mplsgreekfest.org)

*Put your lawn signs out and tell your friends!*

## 2024 St. Mary's Minneapolis Taste of Greece Festival

Friday, September 6: 2:00-9:00 p.m.

Saturday, September 7: Noon-9:00 p.m.

Sunday, September 8: Noon-5:00 p.m.



*Scan to Sign Up*

### Festival Preparation Volunteers Needed

The 2024 Festival Committee is looking for assistance with getting ready for this year's Festival. These volunteer shifts are for the days prior to the Festival. Please review the various activities you can help with and sign up for as many as you are able.



*Scan to Sign Up*

### Festival Weekend Volunteers Needed

The 2024 Festival Volunteer sign up is now open. We have over 700 volunteer shifts to fill, including additional clean-up on Monday, September 9. Consider volunteering for more than one shift in different areas or adding an extra shift in an area needing more support. Your participation is crucial to ensure everything runs smoothly. Please sign up today and invite friends and family to join us! *Many hands make light work.*

*scan the codes to sign up for volunteer shifts or stop by the festival table in the great hall after liturgy*



### Promotional Materials

Last year, we produced lawn signs for promotion of the Festival. This signage is evergreen, meaning that we intend to reuse it each year to keep costs low. If you kept your sign from last year, please put it on display for your neighborhood. If you need one, we will have more available in the Great Hall after Liturgy. Please remember to keep the sign and take care of it for next year.



### Gently Used Items Needed for the Festival Boutique

Vicki Hanson, Chair of St. Mary's Boutique, is looking for gently used linens, icons, and pottery for the Church Festival Boutique. 100% of profits go to our outreach programs. Receipts for donations are available also. If you have items to donate, please contact Vicki at 612.327.0797. Thank you.



# THINK GREEK.

What are you doing the weekend after Labor Day? Why not make it Greek? Join us for authentic Greek food, music, and cultural experiences while supporting philanthropy!



**ST. MARY'S**  
GREEK ORTHODOX CHURCH

3450 IRVING AVE. SOUTH, MINNEAPOLIS



DETAILS AT:

[mplsgreekfest.org](http://mplsgreekfest.org)

[f](#) [@](#) [@mplsgreekfest](#)



**SEPTEMBER 6** FRIDAY 2:00 P.M. – 9:00 P.M. **7** SATURDAY NOON – 9:00 P.M. **8** SUNDAY NOON – 5:00 P.M.

“Someone who does the proper inner spiritual work in order to understand himself is like the miner who digs deeply and discovers metals in the depths of the earth. The deeper one probes in discovering and learning his self, the more he feels unworthy and becomes humble; but the hand of God constantly lifts him. And when one finally comes to know himself, his humility will be permanent. That’s when the Grace of God is integrally secured, and one is not vulnerable to pride.”

— Saint Paisios the Athonite

## Daily Bible Readings

### *Monday, August 26*

Hebrews 10:32-38 • Matthew 21:18-22

### *Tuesday, August 27*

I Corinthians 15:29-38 • Matthew 21:23-27

### *Wednesday, August 28*

I Corinthians 16:4-12 • Matthew 21:28-32

### *Thursday, August 29*

#### *Beheading of John the Baptist*

Acts 13:25-33 • Mark 6:14-30

### *Friday, August 30*

II Corinthians 1:12-20 • Matthew 22:23-33

### *Saturday, August 31*

Hebrews 9:1-7 • Luke 10:38-42, 11:27-28

### *Sunday, September 1*




#### *Beginning of the Ecclesiastical Year*

I Timothy 2:1-7 • Luke 4:16-22



### **Saint Mary's Greek Orthodox Church**

3450 Irving Avenue South, Minneapolis, Minnesota 55408-3399

612.825.9595 | [stmarysgoc.org](http://stmarysgoc.org) | social: [@stmarysgoc](#)   

*Fr. Timothy Sas, Fr. Jason Houck, Fr. John Kostas*

*Fr. Paul Kalina, Deacon; Fr. Luke Twito, Deacon*

Weekly Bulletin Submissions to: [Communications@stmarysgoc.org](mailto:Communications@stmarysgoc.org)

Weekly Bulletin Submission Deadline: Mondays