



ST. MARY'S

GREEK ORTHODOX CHURCH

August 4, 2024 — *Sixth Sunday of Matthew*

THE DIVINE LITURGY

Commemoration

Sixth Sunday of Matthew; Seven Holy Youths of Ephesus.

Morning Gospel: Luke 24:36-53

Variable Hymns and Readings in the Liturgy

At the Second Antiphon

Save us, O Son of God, who rose from the dead,
save us who sing to you: Alleluia!

At the Small Entrance

Resurrection Hymn, *Plagal First Tone*

To the Word, co-eternal with the Father and the Spirit, born of the Virgin for our salvation, let us, the faithful, give praise and worship. For he willed to be lifted up on the cross in the flesh, to endure death and raise the dead by his glorious resurrection.

Hymn of Entrance

Come, let us worship and bow down before Christ. Save us, O Son of God, who rose from the dead, save us who sing to You: Alleluia!

Repeat the Resurrection Hymn, above

Hymn of the Dormition of the Theotokos, *First Tone*

In giving birth, you preserved your virginity, O Theotokos; in falling asleep you did not forsake the world. You passed over into life, O Mother of Life; and by your prayers you deliver our souls from death!

Kontakion of the Transfiguration of Christ, *Grave Tone*

You were transfigured on the mountain, O Christ our God, showing your disciples as much of your glory as they could bear, so that when they see you crucified they will know that you suffer freely, and they will tell all the world that you are truly the radiance of the Father.

Epistle..... Romans 12:6-14

Brethren, having gifts that differ according to the grace given to us, let us use them: if prophecy, in proportion to our faith; if service, in our serving; he who teaches, in his teaching; he who exhorts, in his exhortation; he who contributes, in liberality; he who gives aid, with zeal; he who does acts of mercy, with cheerfulness. Let love be genuine; hate what is evil, hold fast to what is good; love one another with brotherly affection; outdo one another in showing honor. Never flag in zeal, be aglow with the Spirit, serve the Lord. Rejoice in your hope, be patient in tribulation, be constant in prayer. Contribute to the needs of the saints, practice hospitality. Bless those who persecute you; bless and do not curse them.

Gospel..... **Matthew 9:1-8**

At that time, getting into a boat Jesus crossed over and came to his own city. And behold, they brought to him a paralytic, lying on his bed; and when Jesus saw their faith he said to the paralytic, “Take heart, my son; your sins are forgiven.” And behold, some of the scribes said to themselves, “This man is blaspheming.” But Jesus, knowing their thoughts, said, “Why do you think evil in your hearts? For which is easier, to say ‘Your sins are forgiven,’ or to say ‘Rise and walk?’ But that you may know that the Son of man has authority on earth to forgive sins” he then said to the paralytic—“Rise, take up your bed and go home.” And he rose and went home. When the crowds saw it, they were afraid, and they glorified God, who had given such authority to men.

The Communion Prayers are found on page 40 of the hymnal.

Today

Prosforo is offered by **Diane Achterling**

Memorial Prayers today are offered for
Chrisoula (Goldie) Helgens (1 year) and

Darrell (Panayioti) Helgens (5 years), parents of Dena Angelos.

The coffee hour today is hosted by
**Saint Mary’s Parish Council in celebration of
Fr. Tim Sas’ 25th anniversary of his ordination.**



Congratulations to Fr. Tim on the 25th anniversary of his ordination to the Priesthood.
May God grant him many years!

Announcements

Food Shelf Needs for August 11

Diapers (Size 5)

August's recipient is Community Emergency Service (CES).
Please do not bring opened packages. They will be discarded.



Transfiguration Day Lunch

Tuesday, August 6

Our Transfiguration Day tradition of a potluck lunch in the Courtyard following the Divine Liturgy is back on for this year. On Tuesday, August 6, plan to bring a celebratory (but Lenten!) dish to share (fish is permitted this day). After Liturgy, we'll dine in our beautiful Courtyard, enjoy wonderful company, and the spectacular views of the lake.



Saint Mary's Seniors' Meeting

Tuesday, August 20

Saint Mary's Senior Citizens will meet and socialize on Tuesday, August 20 (please note this is the third Tuesday of the month) at 12:00 noon in the Terrace Room. We will celebrate August birthdays and anniversaries followed by a group photo of celebrants, a delicious buffet luncheon, and cake by Terri Leckas. We will be entertained by talented actor/singer and St. Mary's choir member, Seth Steidl, along with guest accompanist. There will be a short business meeting and announcements following our program. All St. Mary's Seniors (55+) are welcome to join our lively group. Dues are currently \$15 annually. For further information, please contact President Tessie Bourdamis or any current officer.



Did you know?

Digital versions of our weekly Sunday bulletins can be found on our website? Just use the URL below or scan the QR code.

<https://stmarysgoc.org/resources/weekly-bulletins/>

Digital Donation Options

*Text to Give**: Text smgoc to 73256 • *or Scan to Give*

**This number will never send unsolicited texts.*





Prayer Ministry

Please remember the sick, the suffering, and those in need, especially:

All victims of wars throughout the world; Our brothers and sisters living through the aftermath of disaster; For the victims of violence; Metro Hope Ministries; Orthodox Christian Prison Ministry; Families Moving Forward; FOCUS Minnesota; Our brothers and sisters serving in the Armed Forces throughout the world especially John Ellis; San Miguel Del Lago Orphanage; Kostantinos & Georgia, Andreas, Jonathan, Kelly, Charidimos, Jeanette, Mary, Ann, Marilyn, Donna, Betty, Dawn, Don, Nancy, Brad, Lee, Vangie, Jolene, Mikey, Aphrodite, James, Peter, Lyda, Owen, Michael, Johnny, Jaclyn Jereczek, Dena, Chris, Joy Rose, Nick, John, Demos and Eugenia, Kristina, Milton, Maureen, Andrea, Bryan, Nausika, Ron, Maria, Matt, Laura, Susan, Elias, Constance, Marina, Dion, Annali, Sofia, Juan Cruz & family, Charlie, Stan, Helena, Byrdie, Jennifer, John S., Becky, Noel, Stephen, Alexey, Alexandra, Ray, Christina, Joanne, Athena, Charlie, Nuala, Pamela, Avgi, Elena, Speranta, Liz, Efstratia, Jordan, David, Nino, Joe, Zossima, Donnarae, Samira, Mary K., Monte, Bethany, Mark, Owen, Chrysanthy, Estelle, Justine, Melissa, Megan, Lisa, Michael, Robbie, Judi, Evonne, James, Nichole, Constantine, Theodora, Irene Maria, Apostolos, Olivia, Lincoln, Carole, Patty, Karrisa, Corina, Tom, George R., Ken, Nancy and Tim, Olga, Peter, Cora and family, Bo, Lynn, Sue & Jim, Steve, Sue, Jane, Pat, Dave, Pam, Gilbert, George P., Danielle, Jenny, John L., Presvytera Janis, Sandra, Rick, Nancy, Alex, Eryn, Phil, Karen, Linda, Fr. Elias, Vicki, Bill, Diana, Doria, Mike, Stephanie, Tyler, Ben, Amy, Christy, Karen, Anastasia, Jamie, Alex and Alexander, Toni, Gina, Julie, R.J., Allie, Vickie, Petra, Bob, Joseph, Christopher, Elizabeth, Judi, Bodil, Ole, and others known to you.



Men's Fall Retreat

September 20-22

There are just a few spots remaining for the annual Men's Fall Retreat at the Karos Cabin taking place Friday-Sunday, September 20-22, 2024. Plan now to attend. Reservations are on a first come, first served basis. Make your check (\$80.00) payable to St. Mary's, marked for Men's Retreat. Your check is your reservation.

Calendar of the Week

Sunday, August 4: Sixth Sunday of Matthew

“The Messenger” news item deadline

8:30 a.m. – Matins; 9:30 a.m. – Divine Liturgy

Monday, August 5: Eve of Transfiguration

6:00 p.m. – Great Vespers

after Vespers – Greek Dance Practice, *Great Hall*

Tuesday, August 6: Holy Transfiguration

8:30 a.m. – Matins; 9:30 a.m. – Divine Liturgy

after Liturgy – Potluck Lunch on the Terrace

Wednesday, August 7

6:00 p.m. – Paraklesis

Thursday, August 8: Saint Emelian

9:30 a.m. – Divine Liturgy

Fr. Tim’s 25th anniversary of ordination.

Friday, August 9

7:00 a.m. – Men’s Fellowship, *Fireside Room*

6:00 p.m. – Paraklesis

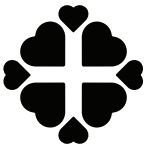
Friday, August 10

10:00 a.m. – FAITH Play Group Outing

Meet at St. Mary’s OCA Cathedral

Sunday, August 11: Seventh Sunday of Matthew

8:30 a.m. – Matins; 9:30 a.m. – Divine Liturgy



Koinonia Ministry Re-launch!

Koinonia is a Greek term meaning “fellowship” or “community” and St. Mary’s is excited to announce a re-launch of this beautiful small group ministry in September. This is a great opportunity to enjoy Christ-centered discussions and build friendships with fellow parishioners in a face-face environment. To learn more about this enriching opportunity, and to see what’s new about this program, please visit the Koinonia Ministry table during coffee hour or contact Lani McCollar (lanimccollar@gmail.com) or Christine Buss (cmariébuss@gmail.com). Whether you’re new to St. Mary’s or have been here for years, we look forward to welcoming you into a Koinonia group.



YAL Philoxenia House Events

Saturdays, August 10 and September 14

We are excited that YAL Rochester and YAL Twin Cities are partnering for multiple events to serve Philoxenia House! There will be two different volunteer dates for young adults to attend on Saturdays, August 10 and September 14. The first day will include a meal and fellowship to follow. The second will start after a Saturday morning Liturgy. Please fill out the RSVP form as soon as possible so they can plan for enough projects for us all to do! The form includes more details about times and addresses.



Scan to Register

YAL Twin Cities Boat Cruise

Thursday, August 22

Join the Orthodox Young Adults for an evening on a cruise of the Mississippi River! We will meet at the dock at 6:15 p.m. on Thursday, August 22. Each ticket includes two drink tokens, additional drinks may be purchased at the cash bar. Appetizers will be provided. Last call tickets are available until August 10. Tickets can be purchased by scanning the code.



Connect Conference 2024

October 4-6

This year the Connect Conference will be in Nashville, Tennessee, October 4-6. It is a conference for anyone ages 21 to 39 looking to better connect us to our faith, the church, and each other. This year's theme will be: Person to Person: "Thou shalt love the Lord thy God with all thy heart, and with all thy mind, and with all thy strength and with all thy soul, and thy neighbor as thyself" Luke 6:31-36. You can find more details and registration or follow their Instagram account @Connectorthodox.



Stay Informed about YAL Events

There are lots of ways to stay connected to YAL! Fill out our contact form to receive emails (scan the code), follow @twincitiesyal on Instagram, and join our GroupMe for event reminders!



FAITH Play Group Outing

Saturday, August 10

Meet at St. Mary's OCA Cathedral 1701 5th Street NE, Minneapolis, to see a different, beautiful Orthodox Church with lots to see. After a short look around, we will go to the Firefighter's Museum! The Minnesota Firefighter's Museum (<https://www.facebook.com/MNFireMuseum/>) is nearby at 664 22nd Avenue NE, Minneapolis. Join us for fun, fellowship, and learning! Stay as long as you want at the museum. Let Fr. Jason know if you plan to attend: frjason@stmarysgoc.org or 612.401.0660.



Youth Dormition Retreat

Wednesday, August 14

Our annual Dormition Retreat for the rising K-12th graders will be on Wednesday, August 14. This year, the retreat will begin at 2:00 p.m. and continue until the end of Great Vespers (approximately 7:00 p.m.). Check-in will be in the North Hallway by the Terrace Room and we will have fun activities for the kids in the afternoon. We will breakout into a couple different groups where we will have a lesson about the Theotokos, crafts, hang time, play in the gym, and have light dinner. Please RSVP your child/ren on Realm.



mplsgreekfest.org

Put your lawn signs out and tell your friends!

2024 St. Mary's Minneapolis Taste of Greece Festival

Friday, September 6: 2:00-9:00 p.m.

Saturday, September 7: Noon-9:00 p.m.

Sunday, September 8: Noon-5:00 p.m.



More information and volunteer sign-up coming soon!



Scan to Sign Up

Festival Preparation Volunteers Needed

The 2024 Festival Committee is looking for assistance with getting ready for this year's festival and we have lots to do and need your help! Please review the various activities you can help with and sign up for as many as you are able.

Philoptochos News



Scan to
Sign Up

More Festival Baking!

The next sessions coming up will be:

Saturday, August 17 – Amygdalota cookies at 11:00 a.m.-4:00 p.m.

Sign up at the Philoptochos table or on the SignUpGenius site.



Scan to
Sign Up

Sign Up to Help with the Dormition Meals

Philoptochos will serving meals after the Dormition services on

Wednesday, August 14 and Thursday, August 15. We need help

with these events so please sign up at the Philoptochos table or on the SignUpGenius site.



Operation Classroom Drive for the 2024-2025 School Year

School has barely ended, and it is already time to look ahead to needs for Fall 2024! We are supporting kindergarteners through fifth graders needing supplies to be successful in school at Bancroft Elementary in South Minneapolis. In addition to the supplies listed below, gently used winter coats, mittens, hats, and boots are also being accepted.

- Plastic pencil boxes (especially needed)
- Crayola Washable Markers (8 or 10 count)
- Crayola Crayons (16- and 24-packs)
- Wide-ruled spiral notebooks
- Wooden lead pencils (Ticonderoga #2 preferred)
- Pink erasers
- Kid-sized Fiskars scissors
- Backpacks

Also, Cathy Todd, social worker at Bancroft tells us that the best gym teacher ever is hoping to purchase three or four tennis nets to use in class and for after school programs. They cost about \$150 each. If you prefer to contribute funds rather than supplies, please feel free to make out checks in any amount to St. Mary's Philoptochos specifying Bancroft Elementary. Please bring your contribution to the Philoptochos table now through August 18.



Women's Book Club

The Ascetic of Love, by and about Saint Gavrilia, is the book the Philoptochos Book Club will be discussing on Thursday, September 12. Copies are available in the bookstore for \$26.



ST. MARY'S FAMILY CAMP

Friday, October 4 –
Sunday, October 6, 2024
Camp Courage Maple Lake, MN



We are thrilled to announce our 2024 Family Camp speaker, Fr. George Dokos! The 2024 theme in which Fr. George will speak on is: The Fathers on the Family. Fr. George was born and raised in St. Paul, MN.

He graduated from the University of Minnesota College of Pharmacy in 1995 (B.S. Pharmacy). In 1999, he received an M.Div. from Holy Cross Greek Orthodox School of Theology. In 2010, Fr. Dokos received a Th.D. from the Aristotle University of Thessaloniki. He has served parishes in Texas, South Dakota, Colorado, and Minnesota. He is married to Presvytera Christa, and they have four children.

Fr. George loves to play the bass guitar (he taught himself how to play!) and tending to the goats and chickens on his farmstead. Fr. George has also translated several books on St. Nicodemus from Greek to English.

Registration is Now Open and Closes August 31, at 11:59 p.m.
Register early for a reduced rate.

Early Bird: August 1 – August 15
\$160 + Processing Fees*
Per Person

Regular Rate: August 16 – August 31
\$170 + Processing Fees*
Per Person

***Save money using the Electronic Check (ACH) option at payment.**

PROCESSING FEES CHARGED BY CAMPDOC:
Credit Card: 3.95% + \$0.30 per successful charge.
Electronic Check (ACH): 1.5% + \$0.50 per successful transfer.

**LEARN MORE ABOUT FAMILY CAMP, OUR GUEST SPEAKER,
OR REGISTER, SCAN THE CODE.**

stmaryscamp.com/family-camp/



“You will not find a greater help than Jesus in all your life, for He alone, as God, knows the deceitful ways of the demons, their subtlety, and their guile.”

— *Saint Hesychios the Priest*

Daily Bible Readings

Monday, August 5

Eve of Transfiguration

I Peter 1:1-25; 2:1-10 • Matthew 13:54-58

Tuesday, August 6

Holy Transfiguration

II Peter 1:10-19 • Matthew 17:1-9

Wednesday, August 7

I Corinthians 7:12-24 • Mark 9:2-9

Thursday, August 8

Saint Emelian

I Corinthians 7:24-35 • Matthew 15:12-21

Friday, August 9

Acts 1:12-17, 21-26 • Matthew 15:29-31

Saturday, August 10

Romans 12:1-3 • Matthew 10:37-42, 11:1

Sunday, August 11

Seventh Sunday of Matthew

Romans 15:1-7 • Matthew 9:27-35



Saint Mary's Greek Orthodox Church

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*Fr. Timothy Sas, Fr. Jason Houck, Fr. John Kostas
Fr. Paul Kalina, Deacon; Fr. Luke Twito, Deacon*

Weekly Bulletin Submissions to: Communications@stmarysgoc.org

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