



# ST. MARY'S

GREEK ORTHODOX CHURCH

---

---

September 1, 2024 — *The Ecclesiastical New Year*

---

---

## THE DIVINE LITURGY

### *Commemoration*

Ecclesiastical New Year; Symeon the Stylite; Synaxis of the Recovery of the Icon of the Most Holy Theotokos of Miasenae; The 40 Holy Ascetic Virgin Martyrs of Thrace and their Teacher Ammon the Deacon; Holy Martyrs Calliste and Siblings; Euodus and Hermogenes; Righteous Meletius, The Struggler of the Muioupolis Mountain; Jesus (Joshua) of Navi; Nicholas of Kourtaliotis.

*Morning Gospel: John 21:1-14*

### Variable Hymns and Readings in the Liturgy

#### *At the Second Antiphon*

Save us, O Son of God, who rose from the dead,  
save us who sing to you: Alleluia!

#### *At the Small Entrance*

#### **Resurrection Hymn, First Tone**

Although your tomb was sealed with a stone, O Savior, and your most pure body was guarded by the soldiers, you rose on the third day giving life to all the world. Therefore, O giver of life, the powers of heaven praise you:  
Glory to your resurrection, O Christ. Glory to your kingdom.  
Glory to your saving wisdom, O only lover of mankind.

#### **Hymn of Entrance**

Come, let us worship and bow down before Christ. Save us, O Son of God, who rose from the dead, save us who sing to You: Alleluia!

#### *Repeat the Resurrection Hymn, above*

#### **Hymn for the New Ecclesiastical Year (Indiction), Second Tone**

O Fashioner of all creation, who made seasons and years by Your own authority, bless the crown of the year with Your goodness, O Lord, and preserve our rulers and Your city in peace, at the intercession of the Theotokos, and save us.

**Hymn for the Theotokos, Grave Tone**

Rejoice, Maiden full of grace, O Virgin Theotokos; a haven and protection are you for all of mankind. From you did the Redeemer of the world become incarnate, only you are both a Mother and a Virgin. O Lady ever blessed and ever filled with glory, intercede with Christ God, beseeching Him to grant peace to the universe.

**Hymn for Symeon of Lesvos, First Tone**

You became a pillar of patience, O devout one, emulating the forefathers, Job in his sufferings and Joseph in his temptations, and the manner of the bodiless, though you were still in body. O devout father Symeon, intercede with Christ God, to save our souls.

**Hymn of the Dormition of the Theotokos, First Tone**

In giving birth, you preserved your virginity, O Theotokos; in falling asleep you did not forsake the world. You passed over into life, O Mother of Life; and by your prayers you deliver our souls from death!

**Kontakion of the New Ecclesiastical Year (Indiction), Fourth Tone**

You, the Creator and the Lord of the ages, O God of all, truly transcending all essence, we earnestly entreat, that You will bless the year, and, O tender-loving Lord, in Your infinite mercy, only Master, save us all who worship and serve You, O our Redeemer, and who cry with fear, "For all Your servants, make fruitful the coming year."

**Epistle..... I Timothy 2:1-7**

Timothy, my son, first of all, I urge that supplications, prayers, intercessions, and thanksgivings be made for all men, for kings and all who are in high positions, that we may lead a quiet and peaceable life, godly and respectful in every way. This is good, and it is acceptable in the sight of God our Savior, who desires all men to be saved and to come to the knowledge of the truth. For there is one God, and there is one mediator between God and men, the man Christ Jesus, who gave himself as a ransom for all, the testimony to which was borne at the proper time. For this I was appointed a preacher and apostle (I am telling the truth, I am not lying), a teacher of the Gentiles in faith and truth.

**Gospel..... Luke 4:16-22**

At that time, Jesus came to Nazareth, where he had been brought up; and he went to the synagogue, as his custom was, on the sabbath day. And he stood up to read; and there was given to him the book of the prophet Isaiah. He opened the book and found the place where it was written, "The Spirit of the Lord is upon me, because he has anointed me to preach good news to the poor. He has sent me to proclaim release to the captives and recovering of sight to the blind,

to set at liberty those who are oppressed, to proclaim the acceptable year of the Lord.” And he closed the book, and gave it back to the attendant, and sat down; and the eyes of all in the synagogue were fixed on him. And he began to say to them, “Today this scripture has been fulfilled in your hearing.” And all spoke well of him, and wondered at the gracious words which proceeded out of his mouth.

*The Communion Prayers are found on page 40 of the hymnal.*

### Communion Hymn

Bless the crown of the year, O Lord, with Your goodness. Alleluia.  
(Psalm 64)

---

## Prayer Ministry

---

*Please remember the sick, the suffering, and those in need, especially:*

All victims of wars throughout the world; Our brothers and sisters living through the aftermath of disaster; For the victims of violence; Metro Hope Ministries; Orthodox Christian Prison Ministry; Families Moving Forward; FOCUS Minnesota; Our brothers and sisters serving in the Armed Forces throughout the world especially John Ellis and Jassir; San Miguel Del Lago Orphanage; Sean, Krisanne, Ann, Mark, Jane; Oliver; Kostantinos & Georgia, Andreas, Jonathan, Kelly, Charidimos, Jeanette, Mary, Ann, Marilyn, Donna, Betty, Dawn, Don, Nancy, Brad, Lee, Vangie, Jolene, Mikey, Aphrodite, James, Peter, Lyda, Owen, Michael, Johnny, Jaclyn Jereczek, Dena, Chris, Joy Rose, Nick, John, Demos and Eugenia, Kristina, Milton, Maureen, Andrea, Bryan, Nausika, Ron, Maria, Matt, Laura, Susan, Elias, Constance, Marina, Dion, Annali, Sofia, Juan Cruz & family, Charlie, Stan, Helena, Byrdie, Jennifer, John S., Becky, Noel, Stephen, Alexey, Alexandra, Ray, Christina, Joanne, Athena, Charlie, Nuala, Pamela, Avgi, Elena, Speranta, Liz, Efstratia, Jordan, David, Nino, Joe, Zossima, Donnarae, Samira, Mary K., Monte, Bethany, Mark, Owen, Chrysanthy, Estelle, Justine, Melissa, Megan, Lisa, Michael, Robbie, Judi, Evonne, James, Nichole, Constantine, Theodora, Irene Maria, Apostolos, Olivia, Lincoln, Carole, Patty, Karrisa, Corina, Tom, George R., Ken, Nancy and Tim, Olga, Peter, Cora and family, Bo, Lynn, Sue & Jim, Steve, Sue, Jane, Pat, Dave, Pam, Gilbert, George P., Danielle, Jenny, John L., Presvytera Janis, Sandra, Rick, Nancy, Alex, Eryn, Phil, Karen, Linda, Fr. Elias, Vicki, Bill, Diana, Doria, Mike, Stephanie, Tyler, Ben, Amy, Christy, Karen, Anastasia, Jamie, Alex and Alexander, Toni, Gina, Julie, R.J., Allie, Vickie, Petra, Bob, Joseph, Christopher, Elizabeth, Judi, Bodil, Ole, and others known to you.

---

# Today

---

Prosforo is provided by **Toni Bazakos**.

Memorial Prayers today are offered for  
**Theo Gruber** (1 year); **Maria Nashopulos** (1 year)

The coffee hour today is hosted by  
**the Makres and Gruber families**

*Today's coffee hour is held on the outdoor terrace.*

---

## Announcements

---



### Litany for the Catechumens

Metropolitan Nathanael has asked us to re-institute praying the Litany of the Catechumens on Sunday mornings. This litany is an ancient set of prayers that was historically included in the Divine Liturgy right after the Gospel and sermon. It began to be omitted during a period when the church had few catechumens. Now, we have more frequent baptisms and chrismations of adult catechumens, so it is appropriate that we re-introduce these prayers. Our Lord commanded us to make disciples of all nations, and now we will pray for catechumens in the Church, especially those who are with us in our parish. We will begin including them on September 1, which is also the first day of the new church year.

---

## Food Shelf Needs for September 8

---



### *Cereal (both hot and cold)*

September's recipient is **Joyce Uptown Food Shelf**.  
*Please do not bring opened packages. They will be discarded.*



### It's Festival Week!

Thursday is the big day! The tents will be up and the equipment ready to go into place. We're looking for lots of folks to stop by and lend a hand with the set up and organization that needs to happen before 2:00 p.m. on Friday when the Festival opens. No need to be any sort of an expert, just show up and we'll put you to work. There's great *parea* as well! Set up begins at 8:30 a.m. on Thursday.

---

# Calendar of the Week

---

## **Sunday, September 1: Beginning of the Ecclesiastical Year**

*“The Messenger” News Item Deadline*

8:30 a.m. – Matins; 9:30 a.m. – Divine Liturgy

12:00 noon – Greek Dance Practice, *Great Hall*

## **Monday, September 2: Labor Day**

*Church and Office closed.*

## **Tuesday, September 3**

4:00 p.m. – Hummus Cups Preparation, *Great Hall*

## **Wednesday, September 4**

6:00 p.m. – Greek Dance Practice, *Great Hall*

## **Thursday, September 5**

8:30 a.m. – Festival Set Up (all day!)

## **Friday, September 6**

2:00-9:00 p.m. – Greek Festival

## **Saturday, September 7**

12:00-9:00 p.m. – Greek Festival

5:00 p.m. – Great Vespers for the Nativity of the Theotokos

## **Sunday, September 8: Nativity of the Theotokos**

8:30 a.m. – Matins; 9:30 a.m. – Divine Liturgy

12:00-9:00 p.m. – Greek Festival

## **Monday, September 9**

8:30 a.m.-3:00 p.m. – Greek Festival Cleanup and Storage Packing

---



## **Introduction to Orthodox Christianity Catechism Course**

MEOCCA catechism course, Intro to Orthodox Christianity, begins on Tuesday, September 10. The catechism classes are open to all: people interested in learning more about Orthodox Christianity, inquirers, catechumens, and current Orthodox Christians as well. Classes will be held on Tuesday evenings from 7:00-9:00 p.m. in person (St. George Greek Orthodox Church, 1111 Summit Avenue, St. Paul) or online via Zoom. Learn more and register at [www.meocca.org](http://www.meocca.org), under “Our Faith” tab.



## Saint Mary's Seniors' Meeting

Tuesday, September 17

St. Mary's Seniors will meet on Tuesday, September 17 (the third Tuesday of the month), at 12:00 noon in the Terrace Room. We will celebrate September birthdays and anniversaries, enjoy a potluck luncheon (please bring an item to share), and cake by Terri Leckas. Our program will feature speaker/author, Ben Kyriagis, who will talk about his book, *Don't Marry an American-A Memoir of Coming to America*. There will be a short meeting and announcements after our program. All St. Mary's Seniors (55+) are invited to join our lively group. Dues are currently \$15 annually. For further information, please contact President Tessie Bourdamis or any current officer.



## Saturday Bible Study Resumes

Saturday Bible Study resumes for a new season on Saturday, September 21, at 9:00 a.m., in the Fireside Room. Cory Mork will begin the study series. All adults are invited to attend!

## Philoptochos News



### Sign Up to Help at Our Table on Sundays!

We would love for you to help at our table on Sundays. Please stop by and sign up to sit at the table on a specific Sunday to assist in answering questions and promote individuals to sign up for activities happening in the coming weeks. We only need ladies to be there after Liturgy till about noon.



Scan to  
Sign Up

### Help Wanted for Festival Pastry Prep

We are in need of help with completing the pastry prep for the festival. Please sign up today to help with activities taking place on September 3 and 4. Come anytime and stay for as long as you can.



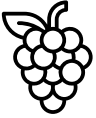
### Women's Book Club

*The Ascetic of Love*, by and about Saint Gavrilia, is the book the Philoptochos Book Club will be discussing on Thursday, September 12. Copies are available in the bookstore for \$26.



## Bring-a-Friend Vespers

Reach out and “Bring a Friend” to Vespers on Saturday, September 21. Vespers is at 5:00 p.m. followed by a special presentation and refreshments. What a great way to introduce your friends and family to Orthodoxy.



## LOMC Fundraiser

Support the Lyn Olson Medical Crisis Program (LOMC) and enjoy an afternoon filled with live music, laughter plus the tastes Rustic Roots wines and our favorite Ladies of St. George caterers. Rustic Roots Winery is located at 20168 St. Croix Trail North in Scandia, Minnesota. The event is Sunday, September 22, 2024, 3:00-6:00 p.m. Tickets are on sale now at lomcp.com: \$40 adults, includes meal and 2 drinks; accompanying children under 16 free.

## YAL News



### Philoxenia House Painting Event

Saturday, September 14

YAL Rochester and YAL Twin Cities have partnered for multiple events to serve Philoxenia House! The second event will be Saturday, September 14, after Liturgy. There are more details in the RSVP form. Please fill it out as soon as possible so they can plan for food and projects.



### Connect Conference 2024

October 4-6

This year the Connect Conference will be in Nashville, Tennessee. It is a conference for anyone ages 21 to 39 looking to better connect us to our faith, the church, and each other. You can find more details and registration or follow their Instagram account @Connectorthodox.



### 2024 YAL Pittsburgh Conference

October 18-20

This conference is open to Orthodox Christians ages 18-35 of any jurisdiction and from anywhere in the country. The theme is “*Won’t you be my neighbor? Embracing the world in love.*” To learn more, scan the code.



### Stay Informed about YAL Events

There are lots of ways to stay connected to YAL! Fill out our contact form to receive emails (scan the code), follow @twincitiesyal on Instagram, and join our GroupMe for event reminders!



## Children's Glendi and Pizza Party

Saturday, September 28

Join us for a Greek glendi for the children of the parish (preschool and elementary aged children of the parish and their families are welcome.), complete with pizza and dancing, on Saturday, September 28, 5:00-8:00 p.m.! The Sioris/Kempf family will provide music, pizza, and beverages with a recommended \$10 free-will offering per person attending. All proceeds will go towards future costumes and needs of future dance troupes to continue fostering Greek dancers at St. Mary's! Please RSVP by Sunday, September 22, to:

<https://tinyurl.com/5yrce65t>

*Please note - this is not a drop-off event, and you are responsible for your own children.*



Scan to  
RSVP



## Young Women's Bible Study will begin this fall

Young Women's Bible Study for ages 23-37. The study will be "Topical" such as: *What do we do with our Disappointments?; Why is Peace so Elusive?; What does it mean to be Holy?* All the lessons will be based on Scripture according to the Orthodox understanding, along with supplementary materials, as needed. The sessions meet from 7:30-9:00 p.m. at Patty Christopulos' home, 5312 Highwood Drive West, Edina, MN 55436. The schedule is as follows: Tuesdays, September 17, October 1, October 15, and October 29. **New this season:** Women's Saturday Morning Bible Study (age 38+) with the same exact lesson as Tuesday. This class will meet from 8:30-10:00 a.m., also at the home of Patty Christopulos. The dates are: Saturdays, September 21, October 5, October 19, and November 2. *Please sign up by texting Patty at 952.200.9566 by September 3.*



Scan to  
Sign Up

## Sponsor a Meal

Orthodox Christian Fellowship (OCF) at the University of Minnesota holds bi-weekly chapter meetings starting Thursday, September 5, OCF would love to provide a meal for their members at each meeting. They are seeking meal donations from parishioners in the Twin Cities area and have a website where they can sign up to sponsor a meal. Questions may be directed to: John Taylor at [tayl1998@umn.edu](mailto:tayl1998@umn.edu)





## Women's Pilgrimage to St. Paisius Monastery

**Tuesday, January 28 – Saturday, February 1, 2025**

A small group pilgrimage to visit the St. Paisius Monastery in Safford, Arizona is being planned for the end of January 2025. There is room for 8 pilgrims. The monastery does not charge us for our stay, however, it is proper to leave a donation if you can. The cost of airfare right now ranges from \$400 – \$550 and is subject to change. Tickets will be purchased at the end of October. There is also a cost for a rental van for the group. The cost of this van is determined by how many pilgrims attend. The Monastery website is: [stpaisiusmonastery.org](http://stpaisiusmonastery.org). Please familiarize yourself with visitor information. **Contact Sandra Anderson with any questions: [asformess69@gmail.com](mailto:asformess69@gmail.com) or 612.940.8933.**

---



## Attention New and Continuing Acolytes Saturday, September 14

For boys going into the 3rd through 12th grades and are interested in serving in the Holy Altar, join Fr. Jason for a free acolyte retreat. The retreat schedule is:

- 10:00-11:15 a.m. – Divine Liturgy
- 11:15-11:40 a.m. – Instruction
- 11:45-11:50 a.m. – Try on Robes
- 11:50 a.m.-12:25 p.m. – Lunch at Church
- 12:25-12:40 p.m. – Walk to Lake Bde Maka Ska
- 12:40-1:40 p.m. – Boating on Lake Bde Maka Ska
- 2:15 p.m. – Pick up at Church

Please contact Fr. Jason at [frjason@stmarysgoc.org](mailto:frjason@stmarysgoc.org) to reserve a spot and also to obtain a waiver. Please return waivers before the event to Fr. Jason.

---



### Did you know?

Digital versions of our weekly Sunday bulletins can be found on our website? Just use the URL below or scan the QR code.

<https://stmarysgoc.org/resources/weekly-bulletins/>

---

### Digital Donation Options

**Text to Give\***: Text smgoc to 73256 • **or Scan to Give**

*\*This number will never send unsolicited texts.*



WE...ARE...  
SHORT ON  
VOLUNTEERS!

**URGENT NEED! FESTIVAL IN 5 DAYS!**



**400+**



**VOLUNTEER SHIFTS STILL NEEDED!**

Scan the codes below to see shifts that are available.

**NUMBER OF VOLUNTEER SHIFTS OPEN**

Friday, September 6: ~85 • Saturday, September 7: ~170  
Sunday, September 8: ~150 • Monday, September 9: ~10



Scan to  
Sign Up

**Festival Preparation Volunteers Needed**

The 2024 Festival Committee is looking for assistance with getting ready for this year's Festival. These volunteer shifts are for the days prior to the Festival. Please review the various activities you can help with and sign up for as many as you are able.



Scan to  
Sign Up

**Festival Weekend Volunteers Needed**

The 2024 Festival Volunteer sign up is now open. We have over 400 volunteer shifts to fill, including additional clean-up on Monday, September 9. Consider volunteering for more than one shift in different areas or adding an extra shift in an area needing more support. Your participation is crucial to ensure everything runs smoothly. Please sign up today and invite friends and family to join us! *Many hands make light work.*



*stop by the festival table in the great hall after Liturgy*

**Promotional Materials**

There are still some lawn signs and postcards available to promote the Festival. They are free.



**Gently Used Items Needed for the Festival Boutique**

Vicki Hanson, Chair of St. Mary's Boutique, is looking for gently used linens, icons, and pottery for the Church Festival Boutique. 100% of profits go to our outreach programs. Receipts for donations are available also. If you have items to donate, please contact Vicki at 612.327.0797. Thank you.



# THINK GREEK.

Thinking sweet? Why not make it Greek? Join us for authentic Greek food, music, and cultural experiences while supporting philanthropy!



**ST. MARY'S**  
GREEK ORTHODOX CHURCH

3450 IRVING AVE. SOUTH, MINNEAPOLIS



DETAILS AT:

[mplsgreekfest.org](http://mplsgreekfest.org)

[f](#) [@](#) [@mplsgreekfest](#)



**SEPTEMBER 6** **FRIDAY** 2:00 P.M. – 9:00 P.M. **7** **SATURDAY** NOON – 9:00 P.M. **8** **SUNDAY** NOON – 5:00 P.M.

“The world has now become fit only for those who live in sin. For this reason, people will separate themselves—the sheep will be separated from the goats. Those who want to live a spiritual life will eventually find that they are not able to do it in this world; they will be searching to find people like themselves, people of God.”

— Saint Paisios the Athonite

## Daily Bible Readings

### *Monday, September 2*

Romans 8:28-39 • Matthew 23:13-22

### *Tuesday, September 3*

II Corinthians 2:14-17; 3:1-3 • Matthew 23:23-28

### *Wednesday, September 4*

II Corinthians 3:4-11 • Matthew 23:29-39

### *Thursday, September 5*

II Corinthians 4:1-12 • Matthew 23:29-39

### *Friday, September 6*

Hebrews 2:2-10 • Luke 10:16-21

### *Saturday, September 7*

I Corinthians 2:6-9 • Matthew 10:37-42, 11:1

### *Sunday, September 8*

#### *Nativity of the Theotokos*

Galatians 6:11-18 • John 3:13-17



### **Saint Mary's Greek Orthodox Church**

3450 Irving Avenue South, Minneapolis, Minnesota 55408-3399

612.825.9595 | [stmarysgoc.org](http://stmarysgoc.org) | social: [@stmarysgoc](#)   

*Fr. Timothy Sas, Fr. Jason Houck, Fr. John Kostas*

*Fr. Paul Kalina, Deacon; Fr. Luke Twito, Deacon*

Weekly Bulletin Submissions to: [Communications@stmarysgoc.org](mailto:Communications@stmarysgoc.org)

Weekly Bulletin Submission Deadline: Mondays