

# THE MESSENGER OCTOBER 2024

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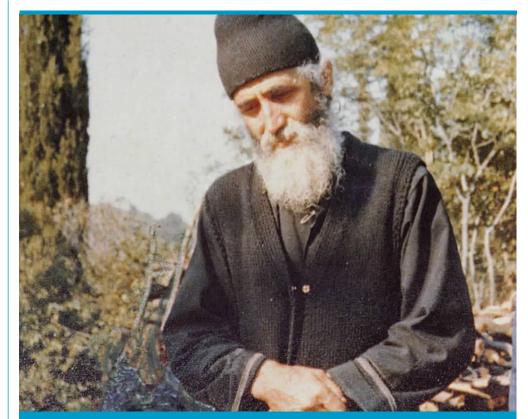
## **Our Mission Statement**

TO PROCLAIM, CELEBRATE, AND SHARE THE GOOD NEWS OF SALVATION IN JESUS CHRIST IN ACCORDANCE WITH THE ORTHODOX TRADITION.

### The Five Tasks of Our Parish Vision <sub>Hear</sub>

Pray Grow Serve Share





## Sacrifice for others brings joy to your heart

Written By Paul Karos

St. Paisios of Mount Athos teaches us this human truth that when you do something sacrificial for someone else, "joy is birthed in your heart." It makes perfect sense that if we become Christlike, we will organically look to sacrifice for our loved ones, friends, workmates, customers, or anyone we encounter. Humble sacrifice is what our Lord did for us on the cross. This also teaches us that joy comes from the inside-out, not outside-in. "The Kingdom of Heaven is within you" says our Lord.

It is powerful to think about what sacrificial giving looks like. Sacrifice can be hard and uncomfortable; it can sometimes take us away from our desires or plans. It is precisely the focus on other people's needs that allows this joy to be birthed in our soul.

Giving, of course, can show up in many ways. I remember when I was first married and my wife had been giving 10% of her income

# **Our Life Together**

## Thank You! Thank You! Thank You! Thank You!

Thank you to ALL who worked so hard and put in so many hours to make our annual Greek Festival a huge success! Without the help of everyone of you, it couldn't have taken place. This was a banner year! The crowds were huge all weekend and everyone seemed to be enjoying the festivities. Thanks again for all your help!

## Marriage

**Tamar Boone to Azia Berhe** August 24, 2024

### **Memorial Prayers**

Sunday, October 13 Donna (Adrienne) Psihos (40 days) Nick Grammas (6 months)

Sunday, October 20 James and Helen Peters

## Fellowship and Study Groups

#### **Byzantine Chant Class**

Tuesdays, October 8-February 25 6:00 p.m., Classroom #2

Intercessory Prayer Wednesdays, October 2 and 16 11:00 a.m., Nave Chapel

#### Koinonia

Thursday, October 17 6:30 p.m., Fireside Room

Men's Fellowship Fridays, October 4 and 25 7:00 a.m., Fireside Room

Women's Bible Study Wednesdays, October 2 and 16 11:30 a.m., Fireside Room

Saturday Bible Study Every Saturday 9:00 a.m., Fireside Room

## Share YourShelf

October's recipient is SIMPSON FOOD PANTRY

IMMEDIATE NEEDS: Peanut butter and school snacks for kids

Sunday, October 6 Canned Meal – large cans (e.g. Chili/Pork and Beans)

Sunday, October 13 Peanut butter

Sunday, October 20 Pancake mix & syrup

Sunday, October 27 Creamettes/egg noodles/spaghetti

'Now when Jesus heard this, he withdrew from there in a boat to a desolate place by himself. But when the crowds heard it, they followed him on foot from the towns. When he went ashore he saw a great crowd, and he had compassion on them and healed their sick. Now when it was evening, the disciples came to him and said, "This is a desolate place, and the day is now over; send the crowds away to go into the villages and buy food for themselves." But Jesus said, "They need not go away; you give them something to eat." (Matthew 14:13-21)

www.simpsonfoodpantry.org



Donate Online, Visit the site, then select "Donate"



www.stmarysgoc.org/resources/the-messenger/

### Weekend Worship Schedule

Saturdays Great Vespers – 5:00 p.m.

Sundays (live-streamed) Orthros – 8:30 a.m. Divine Liturgy – 9:30 a.m.

### Weekday Schedule

**Tuesday, October 1** Holy Protection of the Theotokos Divine Liturgy – 9:30 a.m.

Friday, October 18 Saint Luke the Evangelist Divine Liturgy – 9:30 a.m.

Wednesday, October 23 Saint Iakovos (James) Divine Liturgy – 9:30 a.m.

Saturday, October 26 Saint Demetrios Divine Liturgy – 10:00 a.m.





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## **Parish News & Events**

#### St. Mary's Church Staff

**Proistamenos** Fr. Timothy Sas

Associate Priest Fr. Jason Houck

**Deacons** Fr. Paul Kalina Fr. Luke Twito

**Office Manager** David Mertesdorf

Office Assistant Giulia Chatfield

**Communications & Marketing** Nikolas Kouzes

**Finance** Michael Rakes

Ministry Support Doria Saros

Youth Director Scott Rudquist

**Church School Director** Dena Tortorelis

Chanter Joseph Karos

**Choir Director** Emily Skoutelas

**Organist** Mark Macres

### St. Mary's Parish Council

**President** Jeannie Possis

Vice President Louis Tiggas

Secretary

Elisabeth (Libby) Cheolis

Treasurer Cristina Nicklow

Assistant Treasurer Athena Mihas

### Members

- Benjamin Amundgaard Alex Dascalos Sam Hanna Andrew LeRoy Dean Psyhogios Sophia Rouman
- Nicholas P. Santrizos



## **Announcing Women's Bible Study Dates**

Women's Bible Study, led by Fr. Jason, will resume meeting on the first and third Wednesdays of each month from 11:30 a.m.-12:30 p.m., beginning October 1. All women are invited to attend. Intercessory Prayer Group meeting will precede the Bible study.

## Saint Mary's Seniors' Meeting

### Tuesday, October 8



Saint Mary's Senior Citizens will meet on Tuesday, October 8, at 12:00 noon in the Terrace Room. We will celebrate October birthdays and anniversaries followed by a group photo of all celebrants, a delicious buffet luncheon hosted

by a group of our members, and cake by Terri Leckas. Our program will include a "Celebration of Oktoberfest" coordinated by our Secretary, Linda Stanton, and committee and followed by some bingo games and a short meeting. All St. Mary's Seniors (55+) are invited to join our lively group. Dues are currently \$15 annually. For further information, please contact President Tessie Bourdamis or any current officer.



## Join the Visitation Ministry

Visitation is a very rewarding ministry at St. Mary's! It's a beautiful and loving way to bring the Church to our homebound parishioners! Volunteer visitors are frequently

requested by our VIPs (Very Important Parishioners of various ages who are unable to attend church)! Visitor Training only takes an hour or less. We only ask that you visit one parishioner, once per month, and let Fr. Jason or Doria know how it went via email. Currently we have three parishioners waiting to be visited in the following areas:

- Minneapolis Jones Harrison
- Roseville Jackson House
- Medina Wealshire of Medina

Doria is happy to train new visitors by appointment: 612.968.7681 mobile (Monday-Friday) Please prayerfully consider joining our Visitation Team!



## Fall General Assembly

### Sunday, October 27

Saint Mary's Fall General Assembly will be held Sunday October 27, 2024, 11:30 a.m, in the Great Hall. A detailed agenda will be available later in October.

## Pancake Brunch Sunday, October 27

Our church school students will host a pancake brunch after Liturgy on Sunday, October 27. This brunch is in conjunction with our Fall General Assembly. All are invited. The brunch is free, with a suggested freewill donation of \$10.00. On the menu – pancakes, sausages, fruit, and beverages.

# **Parish News & Events**

### Orthodox Adult Game League Saturday, October 12 Game League is back for a

Game League is back for a new season! Our upcoming get together will be Saturday, October 12, 6:00 p.m., in St. Mary's Greek Orthodox Church Lecture Room. Want to learn a new game? Want to play a classic? Want to teach a game? Then this is for you! Do you have questions? Contact Fiona Lotti at 651.470.8994. Plan to bring a munchie or dessert to share!

## **2025 Winter Icon Classes**

### Session 1

The Holy Face St. George Greek Orthodox Church, 1111 Summit Avenue, St. Paul, and on Zoom Tuesdays, January 7, 14, 21, and 28 6:00-9:00 p.m.

### Session 2

Icon of a saint of the student's choice (full figure) St. George Greek Orthodox Church, 1111 Summit Avenue, St. Paul, and on Zoom Tuesdays, February 3, 10, 17, and 24 6:00-9:00 p.m.

For registration information or questions: Deb Korluka at akorluka@aol.com | 612.889.5868 or Steve Arsenault at arsenault003@gmail.com | 612.206.7369

The cost for tuition and supplies is approximately \$298 and for tuition only is \$155

### Session 3

Icon theme to be determined The Basilica of Saint Mary, Minneapolis Saturdays, March 8 and 15, April 5 and 12 9:00 a.m.-1:00 p.m.

For registration information or questions: Deb Korluka at akorluka@aol.com | 612.889.5868 or Kathy Dhaemers at kdhaemers@mary.org | 612.839.0671

The cost for tuition and supplies is approximately \$298 and for tuition only is \$155

Private sessions are ongoing throughout the year in the studio. Icon Art Studios, Inc. 13921 127th Street North Stillwater, MN 55082 — 612.889.5868



## Women's Pilgrimage to St. Paisius Monastery Tuesday, January 28 –

Saturday, February 1, 2025 A small group pilgrimage to visit the

St. Paisius Monastery in Safford, Arizona, is being planned for the end of January 2025. There is room for 8 pilgrims. The monastery does not charge us for our stay, however, it is proper to leave a donation if you can. The cost of airfare right now ranges from \$400 - \$550 and is subject to change. Tickets will be purchased at the end of October. There is also a cost for a rental van for the group. The cost of this van is determined by how many pilgrims attend. The Monastery website is: stpaisiusmonestery.org. Please familiarize yourself with visitor information. Contact Sandra Anderson with any questions: asformess69@gmail.com or 612.940.8933.

## 2025 Serbia Pilgrimages

### Spring: May 1-May 12 Fall: September 23- October 5

Please consider joining one of the Serbian pilgrimage events in 2025! Icon Art Studios recently hosted two pilgrimages to Serbia. These experiences were extremely successful in the warmth and expertise of our host and tour guide from Belgrade/UB. "To go on a pilgrimage is to travel at a much deeper and lifechanging level. It is to travel by searching for God, as God is searching for us." The itinerary consists of visits to beautiful ancient and historical monasteries every day including visits to wineries and hotel spas. The history of Serbia is told through its ancient monasteries and medieval art. Tour begins and ends in Belgrade. Many Serbian cities are included. Please call or email Deb Korluka at 612.889.5860 or akorluka@aol.com for more information.

## **Parish Night Returns!**

Wednesday, October 9, 6:15 p.m. Parish Night is a parish-wide event, that happens once a month on the first Wednesday, from October through May. Everyone is welcome to attend!

## **Cover Story** Continued

#### (continued from page 1)

to the Church and other Orthodox charities. I had always given, but nowhere near 10%. The first time I wrote the 10% check, my hand was almost shaking. I quickly learned that it birthed joy in my heart. It helped me to really face where my life's blessings came from: the Lord. This is the beauty of our theological concept of Synergy between God and man. God gives us everything, however, we need to do our part. This is true in our work, and our giving as well.

I work with many couples in ministry in the Church. Finances are many times a difficult challenge. In the monthly budget pre-marriage couples fill out, there is a section for giving. Today, it takes sacrifice to give generously. Simply the difficulty of inflation has put major strain on our families. There is nothing more fruitful than a family sitting down to figure out what they could cut in order to give generously to the Church. Sacrifice births joy.

Sacrificial giving also shows up in our time and talents. Helping those in need, using our talents to help the Church, all add to our sacrifice to the Lord and others.

Whatever our level of giving is today, may we ask the Lord for the courage and love to take one more step into sacrificing for our precious Church, and those around us. Then, maybe joy will bubble out even more from our St. Mary's family.



## Kalo Taxidi 8 Concert

Sunday, October 13, 4:00 p.m. Dr. Chris Granias (Dr. G), along with fellow composers and musicians will be performing a benefit concert on Sunday, October 13-the Eighth Annual Kalo Taxidi Concert! It will be an evening of original music with Dr. G and friends including the Augsburg Global Harmony Choir, Rebecca Heyn, Benji Flaming, Douglas Ewart, Reverend Nicholas and Mary Greanias, Andrea Kloehn, and Judith Eisner. The concert is Sunday, October 13, 4:00 p.m., at St. Mary's Greek Orthodox Church. The funds we raise will help the Multiple Sclerosis Society to fund cutting-edge research, drive change through advocacy, facilitate professional education, and provide programs and services to help people with MS move their lives forward. Donate today: https://tinyurl.com/54bt7jry

- It is a free event, donations are welcomed!
- Help us reach our fundraising goal of \$5,000!
- All proceeds will benefit the National MS Society!



Visit the link to Donate today and help Dr. Granias Reach the fundraising goal of \$5,000!



## Pumpkin Bar Sale: Every Sunday in October

Help send Terri Leckas to Albania as part of OCMC's Parish Ambassador program! Pumpkin bar sales will help cover the cost of this 7-day mission trip, a direct connection to the work of our Missionaries in Albania. Place an order by text to Terri at 612.710.0609 or purchase at the OCMC Team Albania table during the coffee hour after every Sunday Liturgy in October. Help us make disciples of all nations.

## Philoptochos



**Tuesday, October 15, 6:30 p.m.** Board Meeting, Fireside Room

**Tuesday, October 29, 5:30 p.m.** General Membership Meeting and Dinner

Watch for more postings of events in the parish weekly bulletins and sign up to attend!

## **Upcoming Activities**

#### Service Project: October 25 10:00 a.m. - 8:00 p.m.

Join us as your schedule allows in the Lecture Hall for a service project. Watch for more information on how you can participate!

### Fall Filo Sale

Once again, fresh filo will be sold at the Philoptochos table during the social hour.

### **Preview into Early November Events!**

We have a few events coming up in early November. Mark your calendars and watch for more details in the bulletin, online and at our Philoptochos table after liturgy on Sundays:

- Pan-Orthodox Tea November 2
- Philoptochos Sunday November 3

## Thank You...

- Thank you everyone for helping in making our Festival baking a great success from all the volunteer bakers to a very special thanks to our chairpersons, **Cathy Forchas** and **Paulette Hastings**.
- Thank you to our Social Committee for putting on the Fall Kick Off Meeting last month, and to all the ladies that helped to make the evening a huge success! It was a great start to our new year!
- Thank you to everyone who contributed to our FOCUS meal, with special appreciation to **Mary Ellis** and **Paulette Hastings** for chairing the event!



Every gift of time is valued. Thank you so much for helping with the festival baking.



### Sunday Table Coverage Reminder

We ask for your assistance in ensuring that the Philoptochos table remains staffed after Liturgy each week. We're looking for a minimum of two members to manage the Sunday table, providing updates on current volunteer opportunities and addressing general inquiries about our mission and membership. Ideally, this should involve one board or chair member and one general member. Please consider joining us after the Liturgy and committing approximately one hour to this vital task. Your help is greatly appreciated!

### Little Orthodox Library

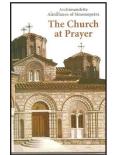
If you have Orthodox books to donate, please bring them to the Philoptochos table after Sunday Liturgy or bring them to the church office during the week.

### Follow Saint Mary's Philoptochos on Social Media









## The Next Women's Book Club Reading

The Church at Prayer by Archimandrite Aimilianos of Simonopetra is the book for the next the Philoptochos Book Club meeting. Copies are available in the bookstore for \$16.

## **Missions & Outreach**

## **Upcoming Events**



## take







## Mission Take Heart Fundraiser

### Sunday, October 6, 11:30 AM - 1:00 PM

It is hard to believe that Nigeria is the sixth most dangerous country for Christians. Join us on Sunday, October 6, to hear how each of us can help Mission Take Heart. Especially, how to help the children with the building of a school as many have been in the refugee camp for nearly 10 years. Can you imagine that! A school will help each child prepare for their future life - to learn skills to get off the poverty line, maybe even have health care. Such basic things that we take as a certainty. Their stories take one's breath away as so unlike our lives. To register for the event, go to your Realm Connect account and select, "Events" from the menu. Please register by October 5.

### Serve a Dinner at Simpson House

### Tuesday, October 15

Yes, St. Mary's served a wonderful Greek dinner at Simpson House. What a way to change up the menu and give the guests something a new! The basics are great, but every once in a while, it is delightful to have a new dinner. If you would like to help by creating a meal, helping to put together a dinner, or lastly, to help serve the meal, please contact Terri Leckas, 612.720.0609. One more thing, if you have lots of left over paper plates, plastic ware, please contact William Fazio (Realm) as there is a real need at Simpson House for these items. Isn't it amazing how fast time flies? Think about how you can help and let's do it!

### St. Mary's Mixer

### Sunday, October 20

The October 20 Mixer will be held after Liturgy. This is a way to encourage those new to St. Mary's to connect. This is a way to change faces into friendships. If you would like to be an Ambassador to help a new member with answers to questions, to make that person(s) feel very welcome at St. Mary's and guide them through the many blessings of services and volunteer activities that are at St. Mary's, contact Terri Leckas. While attending a Liturgy, do look about to see if a new person is sitting by themselves, then be sure to introduce yourself and help to make that person welcome. It is so important to add that wonderful Greek warmth! Invite them to the coffee hour after Liturgy and stop by the Welcome Table to learn more about St. Mary's.



Thank you for reaching out to invite a family member, a co-worker, or friends to "Come and See" to learn about Orthodoxy. This vesper service is followed by an informal talk about Orthodoxy. You may never know how very deeply the "Come and See" service touched each person.

## In the Bookstore

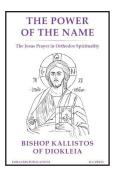
By Rebecca Myerly bookstore@stmarysgoc.org

### Lord Jesus Christ, Son of God, have mercy on me, a sinner.

Lord Jesus Christ, have mercy on me.

Lord Jesus.

Jesus.



The Power of the Name: The Jesus Prayer in Orthodox Spirituality by Bishop Kallistos of Diokleia, perhaps better known as Metropolitan Kallistos Ware (1934-2022–memory eternal!), is a modern spiritual classic. It is a guide for the spiritual pilgrim by a wise spiritual father. Metropolitan Kallistos writes simply and clearly, making the content of this book readily accessible to

all readers no matter where they are in or on their spiritual journey. This is also a book the reader does not outgrow. It is new with every reading because its truth applies to each and every stage of life, offering new awarenesses and insights according to the reader's growing and changing abilities to really hear and apply what is read. Metropolitan Kallistos opens the book with a chapter defining prayer and silence:

'When you pray,' it has been wisely said by an Orthodox writer in Finland,\* 'You yourself must be silent; let the prayer speak.' To achieve silence: this is of all things the hardest and most decisive in the art of prayer. Silence is not merely negative—a pause between words, a temporary cessation of speech—but, properly understood, it is highly positive: an attitude of attentive alertness, of vigilance, and above all of listening. (1)

Offering several definitions of prayer, each deepening in their meaning, he explains:

True inner prayer is to stop talking and to listen to the wordless voice of God within our heart; it is to cease doing things on our own, and to enter into the action of God.... One way to embark on this journey inwards is through the invocation of the Name. (2,4) While noting, "The encounter between God and man in the kingdom of the heart is...marked by an inexhaustible variety of patterns," he writes:

[T]he Jesus Prayer has become for innumerable Eastern Christians over the centuries the standard path, the royal highway. And not for Eastern Christians only: in the meeting between Orthodoxy and the West..., probably no element in the Orthodox heritage has aroused such intense interest as the Jesus Prayer. (5)

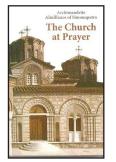
Wherein, we ask, lies the distinctive appeal and effectiveness of the Jesus Prayer? Perhaps in four things above all: first, in its simplicity and flexibility; secondly, in its completeness; thirdly, in the power of the Name; and fourthly, in the spiritual discipline of persistent repetition. (6)

Metropolitan Kallistos includes chapters elucidating each of these elements and then proceeds to explain and clarify methods of praying this prayer. He summarizes by explaining:

The aim of the Jesus Prayer, as of all Christian prayer, is that our praying should become increasingly identified with the prayer offered by Jesus the High Priest within us, that our life should become one with his life, our breathing with the Divine Breath that sustains the universe. The final objective may aptly be described by the Patristic term theosis, 'deification' or 'divinization'. (37)

**The Power of the Name** is physically a small book (only 42 pages), but spiritually it is vast and allencompassing in its depth and breadth of meaning. Truly the Name of God is the gift of God. The Jesus Prayer is a guide for life's journey.

\*Tito Colliander



# Available Now in the Book Store

The Church at Prayer by Archimandrite Aimilianos of Simonopetra is the book for the next the Philoptochos Book Club meeting. Copies are available in the bookstore for \$16.

# **Children and Youth News**

### Our Children and Youth Mission Statement

To cultivate a safe and welcoming environment for kids by nurturing healthy relationships within the church family. We will teach the youth by building a strong foundation of knowledge, and together, we will experience the Orthodox tradition by following the four circles of youth ministry: Liturgia (Worship), Diakonia (Service), Martyria (Witness), and Koinonia (Fellowship), leading our youth to develop, by their own free will, a personal relationship with God and to pursue union with Him.



## HOPE (K-grade 2) JOY (grades 3-5)

Wednesday, October 9 Parish Night: Bring the whole family for a multi-generational meal and learning.



## (grades 6-8)

Wednesday, October 9 Parish Night: Bring the whole family for a multi-generational meal and learning.



## (grades 9-12)

### Wednesday, October 9

Parish Night: Bring the whole family for a multi-generational meal and learning.

### Sunday, October 27

Pancake Brunch: Instead of going to Sunday school, head to the kitchen to make a pancake breakfast for the Fall General Assembly.



Follow the GOYAns on Instagram **@St\_Marys\_GOYA** 

### Youth Feedback

If you have any comments, suggestions, or concerns regarding our youth program(s) please let us know. We have a new formal feedback process. Go to our St Mary's home page-Click on "Youth," then "Youth Program Feedback" Your comments will be forwarded to a member of the Parish Council and will be reviewed for follow up.



Dear St. Mary's families, join us for another great season of fun, fellowship, and faith.

## Saturdays 10:00–11:30 a.m. in the Great Hall

OCTOBER 5 NOVEMBER 2 JANUARY 11 FEBRUARY 1 MARCH 15 APRIL 15

FAITH Playgroup is for children ages birth to Pre-K and their parents/guardians. Meet us in the Great Hall for social and play time. FAITH Playgroup is a wonderful time to play in the gym and meet follow parishioners. Caregivers, grandparents, and older siblings are welcome!

> Please contact Lea Hoft if you have questions: Angelea.hoeft@gmail.com 206.779.1354

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#### **RETURN SERVICE REQUESTED**

For life is more than food, and the body more than clothing. Consider the ravens: they neither sow nor reap, they have neither storehouse nor barn, and yet God feeds them. Of how much more value are you than the birds!

Luke 12:23-24







The Messenger is published monthly by Saint Mary's Greek Orthodox Church.

#### **PUBLICATION DEADLINES**

**The Messenger** First Sunday of each month

Sunday Bulletin Preceding Monday, 4:00 p.m.

#### CONTACT

3450 Irving Avenue South Minneapolis, MN 55408 stmarysgoc@stmarysgoc.org 612.825.9595 | 612.825.9283 Fax



October 2024								
Sunday	Monday	TUESDAY 1 Holy Protection of the Theotokos	Wednesday 2 11:00am-Intercessory Prayer	Thursday 3	Friday 4 7:00am-Men's Fellowship	Saturday 5 9:00am-Bible Study		
		9:30am-Divine Liturgy 6:00pm-Open Gym BBall	11:30am-Women's Bible Study 6:30pm-Choir Rehearsal		Family Camp	5:00pm-Great Vespers		
6 Third Sunday of Luke "The Messenger" Deadline 8:30am-Orthros 9:30am-Divine Liturgy after Liturgy-Missions/Outreach Fundraiser Family Camp	7	8 12:00noon-Senior Citizens 6:00pm-Byzantine Chant Class 6:15pm-Parish Council	<b>9</b> 6:15pm-Parish Night	10	11	<b>12</b> 9:00am-Bible Study 5:00pm-Great Vespers		
<b>13</b> Sunday of the Seventh Ecumenical Council 8:30am-Orthros 9:30am-Divine Liturgy 4:00pm-Kalo Taxidi 8 Concert	14	<b>15</b> 6:00pm-Byzantine Chant Class 6:00pm-Open Gym BBall 6:30pm-Philoptochos Board <i>Simpson House Dinner</i>	<b>16</b> 9:00am-"The Messenger" Mailing 11:00am-Intercessory Prayer 11:30am-Women's Bible Study 6:30pm-Choir Rehearsal	<b>17</b> 6:30pm-Koinonia	<b>18 Saint Luke the Evangelist</b> 9:30am-Divine Liturgy	<b>19</b> 9:00am-Bible Study 5:00pm-Great Vespers		
<b>20</b> <i>Sixth Sunday of Luke</i> 3:30am-Orthros 9:30am-Divine Liturgy after Liturgy-Newcomer Mixer 12:30pm-BBall Practice	21	22 6:00pm-Byzantine Chant Class	<b>23 Saint lakovos (James)</b> 9:30am-Divine Liturgy 6:30pm-Choir Rehearsal	24 7:00pm-Stewardship Com.	25 7:00am-Men's Fellowship	<b>26 Saint Demetrios</b> 9:00am-Bible Study 10:00am-Divine Liturgy 5:00pm-Great Vespers		
<b>27 Seventh Sunday of Luke</b> 8:30am-Orthros 9:30am-Divine Liturgy after Liturgy-Pancake Brunch 11:30am-Fall General Assembly	28	<b>29</b> 6:00pm-Byzantine Chant Class 6:00pm-Open Gym BBall	<b>30</b> 6:30pm-Choir Rehearsal	31				