



**ST. MARY'S**  
GREEK ORTHODOX CHURCH

---

---

October 13, 2024 — *Seventh Ecumenical Council*

---

---

## **THE DIVINE LITURGY**

### *Commemoration*

Sunday of the Seventh Ecumenical Council; Carpus, Papyrus, Agathodorus, and Agathonica, the Martyrs of Pergamus; Benjamin the Deacon; Chryssi the New Martyr of Greece; Meletios of Pegas, Patriarch of Alexandria; Florentios the Martyr of Thessaloniki; Hieromartyr Jacob of Hamatoura.

*Morning Gospel: Luke 24:12-35*

*Tone: Grave*

### **Variable Hymns and Readings in the Liturgy**

#### *At the Second Antiphon*

Save us, O Son of God, who rose from the dead,  
save us who sing to you: Alleluia!

#### *At the Small Entrance*

#### **Resurrection Hymn, Grave Tone**

By your cross, O Lord, you destroyed death; to the thief you opened paradise. The myrrh-bearers' sorrow you transformed into joy, and you sent your apostles forth to proclaim that you had risen from the dead, Christ our God, bestowing on all the world your great mercy.

#### **Hymn of Entrance**

Come, let us worship and bow down before Christ. Save us, O Son of God, who rose from the dead, save us who sing to You: Alleluia!

#### *Repeat the Resurrection Hymn, above*

#### **Hymn of Holy Fathers, Plagal Fourth Tone**

Unending glory be yours, O Christ our God, for making our holy fathers radiant lights to all the world. Through them you led us to the true faith.  
Compassionate Savior, glory to you.

#### **Hymn of Dormition of the Theotokos, First Tone**

In giving birth, you preserved your virginity, O Theotokos; in falling asleep you did not forsake the world. You passed over into life, O Mother of Life; and by your prayers you deliver our souls from death!

## **Kontakion of the Theotokos, Second Tone**

O unfailing protection of Christians, and our faithful advocate before the Creator: though we are sinners, do not ignore our entreaty; but in your goodness, grant your timely help to us who appeal to you in faith. Quickly make intercession; on our behalf make speedy supplication, O Theotokos, for you always protect those who honor you.

### ***Epistle..... Titus 3:8-15***

Titus, my son, the saying is sure. I desire you to insist on these things, so that those who have believed in God may be careful to apply themselves to good deeds; these are excellent and profitable to men. But avoid stupid controversies, genealogies, dissensions, and quarrels over the law, for they are unprofitable and futile. As for a man who is factious, after admonishing him once or twice, have nothing more to do with him, knowing that such a person is perverted and sinful; he is self-condemned. When I send Artemas or Tychicos to you, do your best to come to me at Nicopolis, for I have decided to spend the winter there. Do your best to speed Zenas the lawyer and Apollos on their way; see that they lack nothing. And let our people learn to apply themselves to good deeds, so as to help cases of urgent need, and not to be unfruitful. All who are with me send greeting to you. Greet those who love us in the faith. Grace be with you all. Amen.

### ***Gospel.....Luke 8:5-15***

The Lord said this parable: "A sower went out to sow his seed; and as he sowed, some fell along the path, and was trodden under foot, and the birds of the air devoured it. And some fell on the rock; and as it grew up, it withered away, because it had no moisture. And some fell among thorns; and the thorns grew with it and choked it. And some fell into good soil and grew, and yielded a hundredfold." And when his disciples asked him what this parable meant, he said, "To you it has been given to know the secrets of the kingdom of God; but for others they are in parables, so that seeing they may not see, and hearing they may not understand. Now the parable is this: The seed is the word of God. The ones along the path are those who have heard; then the devil comes and takes away the word from their hearts, that they may not believe and be saved. And the ones on the rock are those who, when they hear the word, receive it with joy; but these have no root, they believe for a while and in time of temptation fall away. And as for what fell among the thorns, they are those who hear, but as they go on their way they are choked by the cares and riches and pleasures of life, and their fruit does not mature. And as for that in the good soil, they are those who, hearing the word, hold it fast in an honest and good heart, and bring forth fruit with patience." As he said these things, he cried out "He who has ears to hear, let him hear."

## Litany for the Catechumens

Deacon: Catechumens, pray to the Lord.

**People: Lord, have mercy.**

Deacon: Let us, the faithful, pray for the catechumens.

**People: Lord, have mercy.**

Deacon: That the Lord will have mercy on them.

**People: Lord, have mercy.**

Deacon: That He will teach them the word of truth.

**People: Lord, have mercy.**

Deacon: That He will reveal to them the gospel  
of righteousness.

**People: Lord, have mercy.**

Deacon: That He will unite them to His holy,  
catholic, and apostolic Church.

**People: Lord, have mercy.**

Deacon: Save them, have mercy on them, help them, and  
protect them, O God, by Your grace.

**People: Lord, have mercy.**

Deacon: Catechumens, bow your heads to the Lord.

**People: To You, O Lord.**

## Prayer for the Catechumens

Priest: Lord our God, Who dwells on high and  
watches over the humble, You sent forth  
Your only-begotten Son and God, our Lord  
Jesus Christ, for the salvation of the human  
race. Look down upon Your servants, the  
catechumens, who have inclined their necks  
to You, and grant them at a proper time the  
baptism of rebirth, the remission of sins, and  
the garment of incorruption. Unite them to  
Your holy, catholic, and apostolic Church,  
and number them among Your chosen flock.

Priest: So that with us they also may glorify Your  
most honorable and majestic name, of the  
Father and of the Son and of the Holy Spirit,  
now and forever and to the ages of ages.

**People: Amen.**

---

*The Communion Prayers are found on page 40 of the hymnal.*

---

# Prayer Ministry

---

*Please remember the sick, the suffering, and those in need, especially:*

All victims of wars throughout the world; Our brothers and sisters living through the aftermath of disaster; For the victims of violence; Metro Hope Ministries; Orthodox Christian Prison Ministry; Families Moving Forward; FOCUS Minnesota; Our brothers and sisters serving in the Armed Forces throughout the world especially John Ellis and Jassir; San Miguel Del Lago Orphanage; Steve A., Betty, Sean, Krisanne, Ann, Mark, Kostantinos & Georgia, Andreas, Jonathan, Jeanette, Mary, Ann, Marilyn, Donna, Betty, Dawn, Don, Nancy, Brad, Lee, Vangie, Jolene, Mikey, Aphrodite, James, Peter, Lyda, Owen, Michael, Johnny, Jaclyn Jereczek, Dena, Chris, Joy Rose, Nick, John, Demos and Eugenia, Kristina, Milton, Maureen, Andrea, Bryan, Ron, Maria, Matt, Laura, Susan, Elias, Constance, Marina, Dion, Annali, Sofia, Juan Cruz & family, Charlie, Stan, Helena, Byrdie, Jennifer, John S., Becky, Noel, Stephen, Alexey, Alexandra, Ray, Christina, Joanne, Athena, Charlie, Nuala, Pamela, Avgi, Elena, Speranta, Liz, Efstratia, Jordan, David, Nino, Joe, Zossima, Donnarae, Samira, Mary K., Monte, Bethany, Mark, Owen, Chrysanthy, Estelle, Justine, Melissa, Megan, Lisa, Michael, Robbie, Judi, Evonne, James, Nichole, Constantine, Theodora, Irene Maria, Olivia, Lincoln, Carole, Patty, Karrisra, Corina, Tom, George R., Ken, Nancy and Tim, Olga, Peter, Cora and family, Bo, Lynn, Sue & Jim, Steve, Sue, Jane, Pat, Dave, Pam, Gilbert, George P., Danielle, Jenny, John L., Presvytera Janis, Sandra, Rick, Nancy, Alex, Eryn, Phil, Karen, Linda, Fr. Elias, Vicki, Bill, Diana, Doria, Mike, Stephanie, Tyler, Ben, Amy, Christy, Karen, Anastasia, Jamie, Alex and Alexander, Toni, Gina, Julie, R.J., Allie, Vickie, Petra, Bob, Joseph, Christopher, Elizabeth, Judi, Bodil, Ole, and others known to you.

---

## Today

---

Prosforo is provided by **Presvytera Alexandra Houck**

Memorial Prayers today are offered for  
**Nick Grammas** (6 months); **Saleh Canavatti** (3 years)

The coffee hour today is hosted by the family of **Nick Grammas** in his memory.

We welcome **Fr. Nicholas** and **Presvytera Mary Greanias** to St. Mary's today. They will be performing in the **Kalo Taxidi 8** concert this afternoon. Fr. Greanias is a cousin of Dr. Chris Granias, organizer of the concert.

Thank you to **Joanna Bejarano** and chanters for leading the music in our Liturgy this morning. **Emily Skoutelas**, **Jospeh Karos**, and a number of choir members are in Wauwatosa, Wisconsin, this weekend attending the annual Choir Federation Conference.

---

## Food Shelf Needs for October 20

---



### *Pancake mix & syrup*

October's recipient is Simpson Food Pantry.

*Please do not bring opened packages. They will be discarded.*

---

## Announcements

---

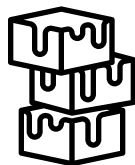


### **Free Live Concert: Kalo Taxidi 8**

Today, 4:00 p.m.

Dr. Chris Grantias, along with fellow composers and musicians, will perform a benefit concert today at 4:00 p.m. in the Terrace Room at St. Mary's—the Eighth Annual Kalo Taxidi Concert! It will be an evening of original music with Dr. G. and friends including the Augsburg Global Harmony Choir, Rebecca Heyn, Benji Flaming, Douglas Ewart, Reverend Nicholas and Mary Greanias, Andrea Kloehn, and Judith Eisner. Funds raised will help the Multiple Sclerosis Society to fund cutting-edge research, drive change through advocacy, facilitate professional education, and provide programs and services to help people with MS move their lives forward. Donate today by scanning the QR code or visiting: <https://tinyurl.com/54bt7jry>.

*The concert is a free event, donations are welcomed!*



### **Pumpkin Bar Sale: Every Sunday in October**

Help send Terri Leckas to Albania as part of OCMC's Parish Ambassador program! Pumpkin bar sales will help cover the cost of this 7-day Mission trip, a direct connection to the work of our Missionaries in Albania. Place an order by text to Terri at 612.710.0609 or purchase at the OCMC Team Albania table during the coffee hour after every Sunday Liturgy in October. Help us make disciples of all nations.



### **Serve a Dinner at Simpson House**

**Tuesday, October 15**

Our Missions and Outreach Committee is looking for folks who would be interested in helping to serve the meal at Simpson House this coming Tuesday. Please contact Terri Leckas, 612.720.0609, if you are interested. One more thing, if you have lots of left over paper plates, plastic ware, please contact William Fazio, 612.800.9477, as there is a real need at Simpson House for these items.

---

# Calendar of the Week

---

## **Sunday, October 13: Sunday of Seventh Ecumenical Council**

8:30 a.m. – Matins; 9:30 a.m. – Divine Liturgy

11:30 a.m. – Missions and Outreach Committee Meeting, *Fireside Room*

4:00 p.m. – Kalo Taxidi 8 Benefit Concert, *Terrace Room*

6:30 p.m. – Boys' GOYA Basketball, *Great Hall*

## **Tuesday, October 15**

6:00 p.m. – Adult Open Gym Basketball, *Great Hall*

6:30 p.m. – Byzantine Chant Class, *Classroom #2*

6:30 p.m. – Philoptochos Board Meeting, *Fireside Room*

7:30 p.m. – Young Women's Bible Study, *Patty Christopoulos' home*

## **Wednesday, October 16**

9:00 a.m. – “The Messenger” Mailing, *Fireside Room*

11:00 a.m. – Intercessory Prayer, *Nave Chapel*

11:30 a.m. – Women's Bible Study

6:15 p.m. – Choir Rehearsal

## **Thursday, October 17**

6:30 p.m. – Koinonia, *Fireside Room*

## **Friday, October 18: Saint Luke the Evangelist**

9:30 a.m. – Divine Liturgy

## **Saturday, October 19**

*No Saturday Bible Study today*

5:00 p.m. – Great Vespers

## **Sunday, October 20: Sixth Sunday of Luke**

8:30 a.m. – Matins; 9:30 a.m. – Divine Liturgy

after Liturgy – Missions and Outreach Newcomer Mixer, *Terrace Room*

12:30 p.m. – Girls' HOPE and JOY Basketball Practice, *Great Hall*

---

## **Women's Pilgrimage to St. Paisius Monastery**

**Tuesday, January 28 – Saturday, February 1, 2025**

A small pilgrimage to St. Paisius Monastery ([stpaisiusmonastery.org](http://stpaisiusmonastery.org)) in Safford, Arizona, is planned for late January 2025, with space for 8 pilgrims. While the monastery doesn't charge for stays, a donation is appreciated. Airfare currently ranges from \$400–\$550, with tickets purchased in late October. A rental van cost will be split among attendees. **Contact Sandra Anderson with any questions: [asformess69@gmail.com](mailto:asformess69@gmail.com) or 612.940.8933.**



# Philoptochos News

## Service Project Day

Thursday, October 24, 8:00 a.m.-9:00 p.m.

*Come one, come all to the Philoptochos Service Project Day.*

At this year's Service Project event, we'll focus on making pillowcases for *Bridging* and wheelchair bags for the *Courage Center*. There will be workstations for all skill levels, including ironing, folding, pinning, tracing, and sewing. Donations of girls' underpants (size 14 or 16), dark washcloths, and bar soap are welcome, and will go to *Days for Girls* for their hygiene kits.

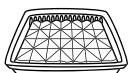


## Operation Classroom Winter Clothing Drive for Bancroft Elementary School

Winter is coming and many children don't have warm clothes at our partner school in South Minneapolis. Please consider donating new or your gently used winter clothes for Bancroft Elementary kids. We'll accept your donations at the Philoptochos table in late October and early November (start shopping now!). We are collecting outerwear as well as other clothing on Sundays, October 27, November 3 and 10. Listed below are the items needed for girls and boys and the sizes needed:

- Gloves and Mittens ..... Ages: 5-12 ..... All Kids Sizes
- Coats and Clothes ..... Ages: 5-12 ..... Size: 4-16
- Boots & Sneakers..... Ages: 5-12 ..... Size: 12-7
- Socks ..... Ages: 5-10 ..... Size: 8-9.5
- Socks ..... Ages: 10-12 ..... Size: 9-11
- Underwear ..... Ages: 4-12 ..... Size: XS-XL

If you prefer to make a monetary donation, please make checks payable to Philoptochos, memo: Bancroft Elementary and drop off at the Philoptochos table in October.



## Filo Sales ... and Sunday Best Coffee, too!

Order fresh filo from October 20 to November 3 during coffee hours or through Andrea Tiggas at [adtiggas@msn.com](mailto:adtiggas@msn.com) or 612.239.1522. Include your name, contact info, and quantity needed. Philoptochos is also taking orders for *Sunday Best Coffee*, perfect for holiday or hostess gifts—more details to come.

“People tend to live like they are going to live forever here on earth. But it is not going to happen. We should think about our soul, be wakeful in our spiritual life, and acquisitive to the church teaching instead of arguing and going against it, pretending that we, modern people, know better. We only know better one thing—how to lose our salvation...Those who travel by sea, when overtaken by a storm, do not worry about their merchandise but throw it into the waters with their own hands, considering their property less important than their life. Why, then, do we not follow their example, and for the sake of the higher life despise whatever drags our soul down to the depths? Why is fear of God less powerful than the fear of the sea?”

— *Saint Neilos the Ascetic of Sinai*

## Daily Bible Readings

### *Monday, October 14*

Ephesians 1:22-23; 2:1-3 • Luke 9:18-22

### *Tuesday, October 15*

Ephesians 2:19-22; 3:1-7 • Luke 9:23-27

### *Wednesday, October 16*

Ephesians 3:8-21 • Matthew 27:33-54

### *Thursday, October 17*

Romans 9:18-33 • Luke 9:49-56

### *Friday, October 18—Luke the Evangelist*

Colossians 4:5-11, 14-18 • Luke 10:16-21

### *Saturday, October 19*

Acts 2:14-21 • Luke 7:1-10

### *Sunday, October 20—Sixth Sunday of Luke*

Corinthians 6:16-18; 7:1 • Luke 8:26-39



## **Saint Mary's Greek Orthodox Church**

3450 Irving Avenue South, Minneapolis, Minnesota 55408-3399

612.825.9595 | [stmarysgoc.org](http://stmarysgoc.org) | social: [@stmarysgoc](#)   

*Fr. Timothy Sas, Fr. Jason Houck, Fr. Paul Kalina, Deacon; Fr. Luke Twito, Deacon*

Weekly Bulletin Submissions to: [Communications@stmarysgoc.org](mailto:Communications@stmarysgoc.org)

Weekly Bulletin Submission Deadline: Mondays



# MOST PEOPLE WON'T SAY



# TO A STACK OF PANCAKES.

Let's get together after the Divine Liturgy on Sunday, October 27, in the Great Hall, for the Saint Mary's Fall General Assembly. In conjunction with our Fall General Assembly, our church school students will host a pancake brunch in honor of OXI Day. All are invited. The brunch is free, with a suggested freewill donation of \$10.00. On the menu – pancakes, sausages, fruit, and beverages.

## FALL GENERAL ASSEMBLY, PANCAKE BRUNCH, and OXI DAY

**Sunday, October 27, 2024**  
**in the Great Hall After Liturgy**

HOSTED BY



**ST. MARY'S  
CHURCH  
SCHOOL**



**ST. MARY'S  
PARISH  
COUNCIL**

*\*Oxi (pronounced: oh•hee) means “no” in Greek. OXI Day is October 28 and commemorates the refusal to allow foreign troops into Greece during World War II.*



St. Mary's Parish Council and Stewardship Committee  
cordially invite you to attend the complimentary



# APPRECIATION GLENDI



**Saturday, November 9, 2024**  
6:00–10:00 p.m. ~ St. Mary's Great Hall

Enjoy an evening with dinner, dancing, and great  
company in appreciation of your pledged gifts of  
Time, Talent, and Treasure to St. Mary's.

## VOLUNTEER TO HELP HERE

We are looking for help with a variety of projects throughout the day, from set up in the morning through dishwashing at night. We have something for everyone!



**RSVP**  
to attend through  
Realm Connect  
**COMING SOON**

IF YOU WOULD LIKE TO SPONSOR THE EVENT, PLEASE REACH OUT TO:  
[ANNETTE.LEGEROS@GMAIL.COM](mailto:ANNETTE.LEGEROS@GMAIL.COM)