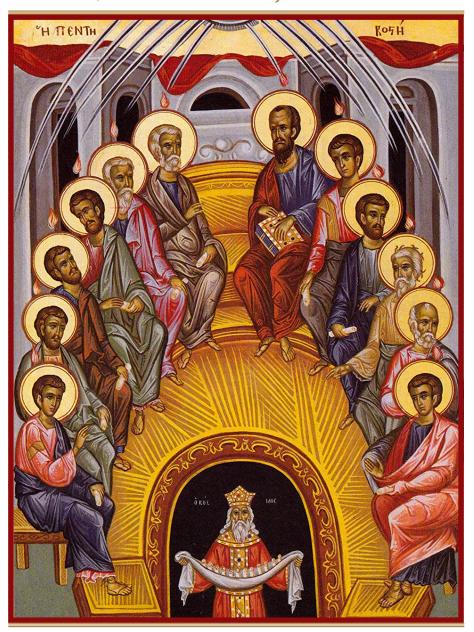


# June 8, 2025 — Holy Pentecost



# THE DIVINE LITURGY

#### **Commemoration**

Holy Pentecost; Removal of the Relics of Theodore the Commander; Kalliope the Martyr; Melania the Righteous; Anastasios the New Martyr of Constantinople; Theophanes the New Martyr of Constantinople.

### Morning Gospel.......John 20:19-23

On the evening of that day, the first day of the week, the doors being shut where the disciples were gathered, for fear of the Jews, Jesus came and stood among them and said to them, "Peace be with you." When he had said this, he showed them his hands and his side. Then the disciples were glad when they saw the Lord. Jesus said to them again, "Peace be with you. As the Father has sent me, even so I send you." And when he had said this, he breathed on them, and said to them, "Receive the Holy Spirit. If you forgive the sins of any, they are forgiven; if you retain the sins of any, they are retained."

# Variable Hymns and Readings in the Liturgy

### At the Second Antiphon

Save us, O Good Comforter, to you we sing: Alleluia!

#### At the Small Entrance

### Hymn of Pentecost, Plagal Fourth Tone

Blessed are you, O Christ our God. You made wise men of poor fishermen by sending down upon them your Holy Spirit, and through them you caught the whole world. O Lover of mankind, glory to you.

### **Hymn of Entrance**

Be exalted, O Lord, in your strength; we will sing and chant of your mighty acts. Save us, O Good Comforter, to you we sing: Alleluia!

### Repeat the **Hymn of Pentecost**, above

### Kontakion of Pentecost, Plagal Fourth Tone

When he came down and confused the tongues of men, the Most High divided the nations. But in sending forth the parted tongues of flame he called all mankind to unity that with one accord we might glorify his all Holy Spirit.

**Trisagion** (*instead of "Holy God…"*) As many of you as have been baptized into Christ have clothed yourselves in Christ. Alleluia.

WHEN THE DAY of Pentecost had come, they were all together in one place. And suddenly a sound came from heaven like the rush of a mighty wind, and it filled all the house where they were sitting. And there appeared to them tongues as of fire, distributed and resting on each one of them. And they were all filled with the Holy Spirit and began to speak in other tongues, as the Spirit gave them utterance. Now there were dwelling in Jerusalem Jews, devout men from every nation under heaven. And at this sound the multitude came together, and they were bewildered, because each one heard them speaking in his own language. And they were amazed and wondered, saying, "Are not all these who are speaking Galileans? And how is it that we hear, each of us in his own native language? Parthians and Medes and Elamites and residents of Mesopotamia, Judea and Cappadocia, Pontos and Asia, Phrygia and Pamphylia, Egypt and the parts of Libya belonging to Cyrene, and visitors from Rome, both Jews and proselytes, Cretans and Arabians, we hear them telling in our own tongues the mighty works of God."

### 

On the last day of the feast, the great day, Jesus stood up and proclaimed, "If any one thirst, let him come to me and drink. He who believes in me, as the scripture has said, 'Out of his heart shall flow rivers of living water." Now this he said about the Spirit, which those who believed in him were to receive; for as yet the Spirit had not been given, because Jesus was not yet glorified. When they heard these words, some of the people said, "This is really the prophet." Others said, "This is the Christ." But some said, "Is the Christ to come from Galilee? Has not the scripture said that the Christ is descended from David, and comes from Bethlehem, the village where David was?" So there was a division among the people over him. Some of them wanted to arrest him, but no one laid hands on him. The officers then went back to the chief priests and Pharisees, who said to them, "Why did you not bring him?" The officers answered, "No man ever spoke like this man!" The Pharisees answered them, "Are you led astray, you also? Have any of the authorities or of the Pharisees believed in him? But this crowd, who do not know the law, are accursed." Nikodemos, who had gone to him before, and who was one of them, said to them, "Does our law judge a man without first giving him a hearing and learning what he does?" They replied, "Are you from Galilee too? Search and you will see that no prophet is to rise from Galilee." Again Jesus spoke to them, saying, "I am the light of the world; he who follows me will not walk in darkness, but will have the light of life."

### Litany for the Catechumens

Deacon: Catechumens, pray to the Lord.

People: Lord, have mercy.

Deacon: Let us, the faithful, pray for the catechumens.

People: Lord, have mercy.

Deacon: That the Lord will have mercy on them.

People: Lord, have mercy.

Deacon: That He will teach them the word of truth.

People: Lord, have mercy.

Deacon: That He will reveal to them the gospel of righteousness.

People: Lord, have mercy.

Deacon: That He will unite them to His holy, catholic, and apostolic Church.

People: Lord, have mercy.

Deacon: Save them, have mercy on them, help them, and protect them, O God, by Your grace.

People: Lord, have mercy.

Deacon: Catechumens, bow your heads to the Lord.

People: To You, O Lord.

### **Prayer for the Catechumens**

Priest: Lord our God, Who dwells on high and watches over the humble, You sent forth Your only-begotten Son and God, our Lord Jesus Christ, for the salvation of the human race. Look down upon Your servants, the catechumens, who have inclined their necks to You, and grant them at a proper time the baptism of rebirth, the remission of sins, and the garment of incorruption. Unite them to Your holy, catholic, and apostolic Church, and number them among Your chosen flock.

Priest: So that with us they also may glorify Your most honorable and majestic name, of the Father and of the Son and of the Holy Spirit, now and forever and to the ages of ages.

People: Amen.

### Megalynarion, Grave Tone

You conceived and gave birth in virginity; the Word who created all, through you became incarnate. O Mother who knew not man, Virgin Theotokos, the boundless One was held by you, the dwelling of your infinite Creator; we magnify you.

The Communion Prayers are found on page 40 of the hymnal.

### Communion Hymn

Your good Spirit shall lead me in the land of uprightness. Alleluia!

Instead of "We have seen the light," we chant the **Hymn of Pentecost**, page 2 of this leaflet.

# **Today**

Prosforo is provided by Olga Berkovskaya and Ruta Kubits

The coffee hour today is hosted by **the Rudquist Family** in celebration of **Scott Rudquist** earning his Master of Criminal Justice degree from North Dakota State University.

# **Welcome Visitors and Guests!**

Members of our Missions and Outreach Committee are at the welcome and information table just inside the Great Hall, to the left, after Liturgy this morning to welcome you and answer your questions about St Mary's Greek Orthodox Church and the Orthodox faith. Join us for a cup of coffee and always enjoyable refreshments.



"When the soul abandons the body, a certain great mystery is enacted. If the deceased has departed unrepentant, a host of demons and rejected angels and dark powers receive that soul and keep it with them. The completely opposite happens with those who have repented. For near the holy servants of God, there are now angels and good spirits standing by, surrounding and protecting them, and when they depart from the body the choir of angels receives their souls to themselves, to the pure eon."

— Saint Macarius the Great

# Calendar of the Week

### Sunday, June 8: Holy Pentecost

8:30 a.m. - Matins; 9:30 a.m. - Divine Liturgy

after Liturgy - Church School Teachers' Recognition Luncheon, Terrace Room

5:00 p.m. - Kneeling Vespers of Pentecost

5:00 p.m. – Senior GOYA Banquet (off-site)

### Monday, June 9: The Holy Spirit

9:30 a.m. – Divine Liturgy

11:00 a.m. - Baklava - Assembly

6:00 p.m. - Greek Dance Practice, Great Hall

### **Tuesday, June 10**

12:00 noon – Senior Citizens' Meeting, Terrace Room

6:15 p.m. - Parish Council Meeting, Fireside Room

# Wednesday, June 11: Saint Nathanael (Bartholomew) – Our Metropolitan's Name Day

9:30 a.m. - Divine Liturgy

11:00 a.m. - Baklava - Cut and clove

### Thursday, June 12

6:30 p.m. - Women's Book Club, Terrace Room

# Sunday, June 15: Sunday of All Saints; Father's Day

8:30 a.m. – Matins; 9:30 a.m. – Divine Liturgy



September 5-7

### **SAVE THE DATES!**

This year's *Minneapolis Taste of Greece Festival*, hosted by our parish, takes place on September 5–7, the weekend after Labor Day. As many of you know it takes a lot of help to make our Festival a success. Volunteer registration will be opening soon. Please reserve time on your calendar to participate and join the fun. The more people we have help, the easier it is on everyone. Look for more details to come soon. For more information on the Taste of Greece Festival, visit: www.MplsGreekFest.org



# **Prayer Ministry**

Please remember the sick, the suffering, and those in need, especially: All victims of wars throughout the world; Our brothers and sisters living through the aftermath of disaster; For the victims of violence; Metro Hope Ministries; Orthodox Christian Prison Ministry; FOCUS Minnesota; Our brothers and sisters serving in the Armed Forces throughout the world especially Jassir; San Miguel Del Lago Orphanage; The family of Mathew Balafas, Kate, Alexandra Zoe, Filio, Mechelle, Elaine, Vonda, Andrew, Susan, Elias, Imogene, George, Becky, Elizabeth, Yvonne, Fran, Jim, Kathryn, Tom, Gina M., Elly K., Thomas, Panos, Connie, Evdoxia, Sylvia, Pete, Karen, Steve A., Athena, Betty, Sean, Krisanne, Ann, Mark, Kostantinos & Georgia, Andreas, Jonathan, Jeanette, Mary, Ann, Marilyn, Donna, Dawn, Don, Nancy, Brad, Vangie, Jolene, Mikey, Aphrodite, James, Peter, Lyda, Owen, Michael, Johnny, Jaclyn Jereczek, Dena, Chris, Joy Rose, Nick, John, Eugenia, Ron, Matt, Laura, Constance, Marina, Dion, Annali, Sofia, Juan Cruz & family, Charlie, Helena, Byrdie, Jennifer, John S., Becky, Noel, Stephen, Ray, Christina, Joanne, Charlie, Nuala, Pamela, Avgi, Elena, Speranta, Liz, Efstratia, Jordan, David, Nino, Joe, Donnarae, Samira, Mary K., Monte, Bethany, Mark, Owen, Estelle, Justine, Melissa, Megan, Michael, Robbie, Judi, Evonne, James, Nichole, Constantine, Theodora, Irene Maria, Olivia, Lincoln, Carole, Patty, Karrisa, Corina, George R., Ken, Nancy and Tim, Olga, Peter, Cora and family, Lynn, Sue & Jim, Steve, Sue, Jane, Pat, Dave, Pam, Gilbert, George P., Danielle, Jenny, John L., Presvytera Janis, Sandra, Rick, Nancy, Alex, Eryn, Karen, Linda, Vicki, Bill, Diana, Doria, Mike, Stephanie, Tyler, Ben, Amy, Christy, Karen, Anastasia, Jamie, Alex and Alexander, Toni, Gina, Julie, R.J., Allie, Vickie, Petra, Bob, Joseph, Christopher, Elizabeth, Judi, Bodil, Ole, and others known to you.

## **Food Shelf Needs for June 15**



# Cereal (hot and cold)

June's recipient is **Simpson Food Pantry**.

Please do not bring opened packages. They will be discarded.

# **Announcements**



### **Memorial Prayers Special Request**

In order to accommodate each family who might request memorial prayers for a departed loved one on any given Sunday, we ask that only a small bowl of kollyva and a photo smaller than 8"x10" be placed on the table for the service and no flowers. Thank you.



# **Prayer Ministry List Clean Up**

Each week we receive a call or two to add a name to our prayer list. As you can see, it has gotten quite lengthy. If you placed a name on the list and the person is no longer in need of special prayers, please contact the church office so we can remove the name.



# Senior Citizens' Meeting ~ Tuesday, June 10

Our St. Mary's Senior Citizens will meet on Tuesday, June 10, at noon in the Terrace Room. Along with our usual formalities, our program will feature Author Peter Georgas who will speak about his latest book entitled "Destiny, Kismet, Karma, Fate: A True Love Story." All Seniors (55+) of St. Mary's are welcome to join our lively group.



### Women's Book Club - Thursday, June 12

*Mother Theosemni* is the next book the Women's Book Club will be reading and discussing. Copies are available in the bookstore. The next discussion is on **Thursday**, **June 12 at 6:30 p.m.**, beginning with dinner. Please bring a salad, drinks, or dessert to share. A meat dish will be provided.



# Fr. Harry's Retirement

Father Harry Pappas, who served St. Mary's from 1995-2006, is retiring this summer. Anyone wishing to send a congratulatory note is invited to bring a card to church by next Sunday, June 15, and we will send them to Father Harry in time for his and Presvytera Kerry's retirement banquet. A drop box for cards is in the narthex.



# Greek Dance Program to Resume Practices

Today is the last day to Register! — The Greek dance program will resume dance practices on Monday, June 9 and running through September 3. Practices take place on Monday evenings, 6:00-8:00 p.m., with added practices from time to time on Sunday afternoons. We will focus on preparing to perform for our Greek Festival, September 5-7. All youth of St. Mary's, ages 6 to 19 years, are welcome to join this fun cultural program. For further details on schedule, please contact Tessie Bourdamis, tbourdamis@comcast.net or Jim Canelake, agrimi01@gmail. com. Please register today!

# **YAL News**



### **FOCUS Volunteering**

YAL will be volunteering at FOCUS in St. Paul on Thursday, June 19, from 7:00-9:00 p.m. A Lenten dinner will be provided for the Apostles fast so please RSVP here. We will sort food shelf deliveries, hang up clothes, and complete other tasks around the center to reset for the upcoming week. FOCUS - Minnesota is located at 550 Rice St., St. Paul MN 55103. There is street parking nearby.



#### Save the Dates

We are still planning lots of ways to be engaged this summer. More details to come but save the date for the following opportunities!

Thursday, July 10 - YAL BBQ at St. Mary's Greek Orthodox Church Monday, August 21 - YAL Boat Cruise





# Stay Informed about YAL Events

Scan the code to receive updates on upcoming events and opportunities to connect with other Orthodox young adults aged 18-35!

# **Philoptochos News**



### **Festival Baking Continues!**

Opa! Taste of Greece 2025 baking is underway. We're excited to welcome you to our baking sessions! Here's the schedule through July:

- Baklava Assembly
  Tuesday, June 3 and Monday, June 9, 11:00 a.m.-8:00 p.m.
- Baklava Cut and Clove Wednesday, June 11, 11:00 a.m.-3:00 p.m., and Thursday, June 12, 9:00 a.m.-12:00 noon (if needed)
- Melomakarona Saturday, July 12, 11:00 a.m.-6:00 p.m.
- Amygdalota
  Date and time TBD



Scan to Sign Up We're using our new cookie dough dispenser, which shapes hundreds of cookies in five minutes. It was gifted in memory of Susie and Jim Boosalis, Mary and Tom Maimares, and Helen and James Peters—devoted parishioners who worked tirelessly in St. Mary's kitchen. We're grateful to their families for this generous gift. Join us for an hour, two, or the whole session—many hands make light work! No experience needed; we'll train you. Volunteer via SignUpGenius (scan the code) or visit the Philoptochos table after Sunday Liturgy.

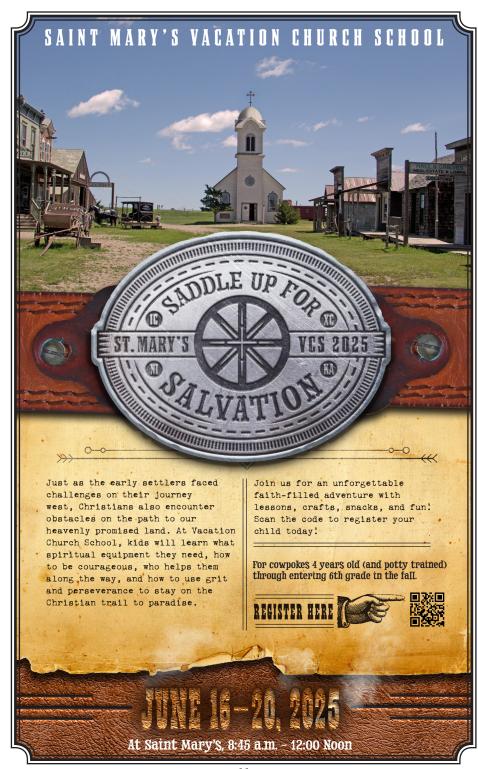


### **Congratulations Board Members**

At our Spring Finale Meeting and Elections, the Philoptochos membership elected 15 women to the 2025-2027 Board of Directors. They took their oath of office on June 1, and elected officers as their first order of business. We thank them for their willingness to serve as leaders in the organization. *President: Connie Kouzes; 1st Vice President: Cathy Forchas; 2nd Vice President: Andrea Tiggas; Correspondence Secretary: Dena Tortorelis; Secretary: Shannon Baustian; Treasurer: Kathleen Wendland; Assistant Treasurer: Mary Ellis; Advisor: Annette Legeros; Directors: Maria Boosalis, Elena Gabor, Victoria Hanson, Erline Holman, Kathy Pinger, Maria Smith, and Eleni George.* Thank you to Lisa Gallmeyer, Carol Smith and Mary Kay Twito for their service on the Philoptochos board, and for serving on the Elections Committee along with Paulette Hastings.

### 2025 Marks our 80th Anniversary

Women have served St. Mary's since its founding in 1900 and officially became a chapter of the Greek Orthodox Ladies Philoptochos Society in 1945. An exhibit honoring their many contributions to the parish and community is on display in the hallway near the church office. Please take a moment to read, reflect, and learn about the good works of Philoptochos.



# **Ouick Links**

### **Stay in Contact**



**■ P To join our mailing list** or update your contact  $\mathbf{H}$  information, scan the code.

### **Digital Donation**



■ ★ **ま** ■ To make a donation or stewardship offering, scan the code.

# **Daily Bible Readings**

Monday, June 9; The Holy Spirit

Ephesians 5:8-19 • Matthew 18:10-20

Tuesday, June 10

Romans 1:1-7, 13-17 • Matthew 4:23-25;5:1-13

Wednesday, June 11: Saint Nathanael (Bartholomew)

Acts 11:19-30 • Luke 10:16-21

Thursday, June 12

Romans 1:28-32; 2:1-9 • Matthew 5:27-32

Friday, June 13

Romans 2:14-28 • Matthew 5:33-41

Saturday, June 14

Romans 1:7-12 • Matthew 5:42-48

Sunday, June 15: Sunday of All Saints

Hebrews 11:33-40; 12:1-2 • Matthew 10:32-33; 37-38; 19:27-30



### Saint Mary's Greek Orthodox Church

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Fr. Timothy Sas, Fr. Jason Houck, Fr. Paul Kalina, Deacon; Fr. Luke Twito, Deacon