



ST. MARY'S
GREEK ORTHODOX CHURCH

July 13, 2025

*The Holy Fathers of the
Fourth Ecumenical Council*

THE DIVINE LITURGY

Commemoration: Sunday of the Holy Fathers of the Fourth Ecumenical Council;
Synaxis of Archangel Gabriel; Stephen of Mar Sabbas Monastery; Holy Martyr
Golinduc; Marcian the Martyr of Iconium; Serapion the Martyr.

Morning Gospel: Luke 24:12-35

Tone: Fourth

VARIABLE HYMNS AND READINGS IN THE LITURGY

At the Second Antiphon

Save us, O Son of God, who rose from the dead, save us who sing to you: Alleluia!

At the Small Entrance

Resurrection Hymn, Fourth Tone

The joyful news of your resurrection was proclaimed by the angel to the women disciples. Having thrown off the curse that fell on Adam, they ran elatedly to tell the apostles: Death has been vanquished; Christ our God is risen from the dead, blessing all the world with his great mercy.

Hymn of Entrance

Come, let us worship and bow down before Christ. Save us, O Son of God, who rose from the dead, save us who sing to You: Alleluia!

Repeat the Resurrection Hymn, above

Hymn for the Holy Fathers, Plagal Fourth Tone

Supremely blessed are You, O Christ our God. You established the holy Fathers upon the earth as beacons, and through them You have guided us all to the true Faith, O greatly merciful One, glory be to You.

Hymn of the Dormition of the Theotokos, First Tone

In giving birth, you preserved your virginity, O Theotokos; in falling asleep you did not forsake the world. You passed over into life, O Mother of Life; and by your prayers you deliver our souls from death!

Ἐν τῇ γενήσῃ τὴν παρθενίαν ἐφύλαξας, ἐν τῇ κοιμήσῃ τὸν κόσμον οὐ κατέλιπες,
En ti gennisi tin parthenian efilaxas en ti kimisi ton kosmon u katelipes,

Θεοτόκε. Μετέστης πρὸς τὴν ζωὴν, μήτηρ ὑπάρχουσα τῆς ζωῆς, καὶ ταῖς πρεσβείαις
Theotoke. Metestis pros tin zoin, mitir iparhusa tis zois, ke tes presvies

ταῖς σαῖς λυτρουμένη ἐκ θανάτου τὰς ψυχὰς ἡμῶν.
tes ses litrumeni ek thanatu tas psihas imon.

Kontakion of the Theotokos, Second Tone

O unfailing protection of Christians, and our faithful advocate before the Creator: though we are sinners, do not ignore our entreaty; but in your goodness, grant your timely help to us who appeal to you in faith. Quickly make intercession; on our behalf make speedy supplication, O Theotokos, for you always protect those who honor you.

Epistle..... Titus 3:8-15

Titus, my son, the saying is sure. I desire you to insist on these things, so that those who have believed in God may be careful to apply themselves to good deeds; these are excellent and profitable to men. But avoid stupid controversies, genealogies, dissensions, and quarrels over the law, for they are unprofitable and futile. As for a man who is factious, after admonishing him once or twice, have nothing more to do with him, knowing that such a person is perverted and sinful; he is self-condemned. When I send Artemas or Tychicos to you, do your best to come to me at Nicopolis, for I have decided to spend the winter there. Do your best to speed Zenas the lawyer and Apollos on their way; see that they lack nothing. And let our people learn to apply themselves to good deeds, so as to help cases of urgent need, and not to be unfruitful. All who are with me send greeting to you. Greet those who love us in the faith. Grace be with you all. Amen.

Gospel.....Matthew 5:14-19

The Lord said to his disciples, "You are the light of the world. A city set on a hill cannot be hid. Nor do men light a lamp and put it under a bushel, but on a stand, and it gives light to all in the house. Let your light so shine before men, that they may see your good works and give glory to your Father who is in heaven. Think not that I have come to abolish the law and the prophets; I have come not to abolish them but to fulfill them. For truly, I say to you, till heaven and earth pass away, not an iota, not a dot, will pass from the law until all is accomplished. Whoever then relaxes one of the least of these commandments and teaches men so, shall be called least in the kingdom of heaven; but he who does them and teaches them shall be called great in the kingdom of heaven."

Litany for the Catechumens

Deacon: Catechumens, pray to the Lord.

People: Lord, have mercy.

Deacon: Let us, the faithful, pray for the catechumens.

People: Lord, have mercy.

Deacon: That the Lord will have mercy on them.

People: Lord, have mercy.

Deacon: That He will teach them the word of truth.

People: Lord, have mercy.

Deacon: That He will reveal to them the gospel
of righteousness.

People: Lord, have mercy.

Deacon: That He will unite them to His holy,
catholic, and apostolic Church.

People: Lord, have mercy.

Deacon: Save them, have mercy on them, help them, and
protect them, O God, by Your grace.

People: Lord, have mercy.

Deacon: Catechumens, bow your heads to the Lord.

People: To You, O Lord.

Prayer for the Catechumens

Priest: Lord our God, Who dwells on high and
watches over the humble, You sent forth
Your only-begotten Son and God, our Lord
Jesus Christ, for the salvation of the human
race. Look down upon Your servants, the
catechumens, who have inclined their necks
to You, and grant them at a proper time the
baptism of rebirth, the remission of sins, and
the garment of incorruption. Unite them to
Your holy, catholic, and apostolic Church,
and number them among Your chosen flock.

Priest: So that with us they also may glorify Your
most honorable and majestic name, of the
Father and of the Son and of the Holy Spirit,
now and forever and to the ages of ages.

People: Amen.

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The Communion Prayers are found on page 40 of the hymnal.

Today

Prosforo is provided by **Olga Berkovskaya and Cheryl Sioris**.

Memorial Prayers today are offered for
Mathew Balafas (40 days); **Fr. Anthony & Presvytera Mary Coniaris**;
Alexandra (10 years) and **George** (9 years) **Geogleris**.

The coffee hour today is hosted by the family of
Fr. Anthony & Presvytera Mary Coniaris in their memory.

Welcome Visitors and Guests!

Members of our Missions and Outreach Committee are at the welcome and information table just inside the Great Hall, to the left, after Liturgy this morning to welcome you and answer your questions about St Mary's Greek Orthodox Church and the Orthodox faith. Join us for a cup of coffee and always enjoyable refreshments.

Announcements



Men's Fellowship

In lieu of the session that would have occurred on Friday, July 18, we will instead have a social gathering at 7:00 p.m. on Wednesday, July 16, at the Tap Society, 4555 Grand Avenue South in Minneapolis.

FOCUS
+ MINNESOTA



Scan the code,
then select
"Donate Now"

A Call to Contribute

FOCUS Minnesota is experiencing increased demand for services due to changes in funding sources and the closure of nearby resources. They are serving more meals, distributing more food and providing more clothing and utility assistance than ever before. **FOCUS Minnesota aims to raise \$75,000 by August 1** to meet these challenges and invites support through donations or attendance at their Summer Banquet on Thursday, July 31, at St Mary's Greek Orthodox Church.



Women's Book Club

The next book the Women's Bookclub participants will be reading is *The Way of the Pilgrim and the Pilgrim Continues His Way*. Copies are available in the bookstore.



September 5–7, 2025

St. Mary's Greek Orthodox Church

For more information on the Taste of Greece Festival,

visit: www.MplsGreekFest.org



Greek Festival Boutique – Vintage Section Donations Needed!

With our Greek Festival right around the corner, the Boutique is now collecting items for the popular Vintage Section! This special area generates 100% profit for the Church and its supported charities, and we're grateful for the continued generosity of our community. We're currently seeking donations of gently used items such as icons, ceramics, vases, and linens. Donations can be dropped off at the church office—please clearly label them "Boutique." If you have any questions, feel free to **contact Vicki Hanson at 612.327.0797**. Thank you to all who have donated in the past. It's heartwarming to see cherished family heirlooms find new, loving homes!



*Scan to
Sign Up*

2025 St. George Antiochian Orthodox Church Middle Eastern Festival

July 19 and 20

Festival season is upon us once again and St. George Antiochian Orthodox Church is inviting you, our Minnesota Pan-Orthodox community, for assistance. We are looking for volunteers to help out at our festival July 19 and 20. If you are available please review our online sign-up for the 2025 festival! Please feel free to share this link with friends and family as well! We appreciate your continued support and look forward to seeing you soon! If you have any questions please contact Rebecca Michaels at MidEastFest.Volunteers@gmail.com.



St. George Greek Festival

July 25 and 26

Join St. George for their annual Greek Festival on Friday, July 25, from 2:00-8:00 p.m. and Saturday, July 26, from 11:00 a.m.-8:00 p.m.! Bring the family, find a table. Enjoy our music, dancing, food, and more!

1111 Summit Ave, St. Paul, MN 55105. Volunteers are greatly needed.

Refreshments and a meal are provided for all volunteers. Scan the code to sign up to volunteer.



*Scan to
Sign Up*



Upcoming Events

FAITH Play Group and parents will meet next Sunday, July 20, 3:30 p.m., for a fun afternoon outdoors. The group will meet at the Lake Harriet Bandshell and walk up the hill to take a trolley ride followed by playtime at the playground.

Please RSVP to Lea Hoeft at 206.779.1354 or angelea.hoeft@gmail.com



Saint Mary's OCA Cathedral Golf Tournament

The 95th Annual St. Mary's (Cathedral) Charity Golf Tournament is coming up on Sunday, July 27, with a few changes this year. First, we have a new location. The tournament this year will be held at Columbia Golf Club in Minneapolis. Second, we are bringing back the awards dinner. You can sign up or sponsor online by scanning the code or visiting the address: <https://events.golfstatus.com/event/st-mary-s-orthodox-cathedral-golf-fundraiser>, or contact the coordinator, Joel Van Nurden, at joelvannurden@gmail.com or 507.269.0826. Proceeds from the tournament support St. Mary's Orthodox Cathedral in Northeast Minneapolis.

YAL News



YAL Boat Cruise

Thursday, August 21 – 6:15-10:00 p.m.

Join us for an evening cruise on the Mississippi River, open to young adults ages 18 to 35. This year's theme is Sunset on Summer. We invite you to wear sunset-inspired colors as we enjoy a beautiful evening together on the water. Early Bird tickets are on sale now for \$70. General admission pricing is \$80 while supplies last, and last call tickets are \$90. Ticket price includes dinner and two drink tokens. Tickets will be available for purchase through the link in our Instagram bio. Space is limited, so be sure to reserve your spot early.



Stay Informed about YAL Events

Scan the code to receive updates on upcoming events and opportunities to connect with other Orthodox young adults aged 18-35!

Calendar of the Week

Sunday, July 13: Fathers of the Fourth Ecumenical Council

8:30 a.m. – Matins; 9:30 a.m. – Divine Liturgy

11:30 a.m. – Simpson House Cooking, *Kitchen*

Monday, July 14

6:00 p.m. – Greek Dance Practice, *Great Hall*

Tuesday, July 15

11:00 a.m. – Intercessory Prayer, *Nave*

11:30 a.m. – Senior Citizens' Bible Study, *Fireside Room*

Wednesday, July 16

9:00 a.m. – “The Messenger” Mailing, *Fireside Room*

10:00 a.m. – Housekeeping

7:00 p.m. – Men's Fellowship at *Tap Society, 4555 Grand Avenue South, Minneapolis*

Thursday, July 17: Saint Marina

9:30 a.m. – Divine Liturgy

Saturday, July 19

Healing House Dinner and Bible Study

Sunday, July 20: Sixth Sunday of Matthew

8:30 a.m. – Matins; 9:30 a.m. – Divine Liturgy

3:30 p.m. – FAITH Play Group Outing, *meet at Lake Harriet Bandshell*



The poster features a gold cross logo with the text "ORTHODOX ARCHDIOCESE OF AMERICA" and "METROPOLIS OF CHICAGO" on the left. The central text reads "ANNUAL IMPACT REPORT 2024" in large, bold, gold and red letters. On the right, a decorative gold vine with red berries runs horizontally. Below the vine, the text states: "The Metropolis of Chicago's *Annual Impact Report* is now available. Please take a moment to read about the work that has been accomplished on the 5-year Vision and how it is taking root and bearing fruit for our clergy, parishes, ministries, and communities. Visit the URL below or scan the code." A QR code is located in the bottom right corner.

chicago.goarch.org/annual-impact-24/

Philoptochos News



Scan to
Sign Up

2025 Taste of Greece Baking Schedule

Amygdalota

Wednesday, July 23, 12:00 noon-5:00 p.m.

Paulette Hastings, 952.564.8388, pmg.hastings@gmail.com

Baklava Sundae Topping – Coming Soon...

Festival Week Preparations

Cut and package baklava

Tuesday, September 2

Powder and package kourambiethes

Wednesday, September 3

Cut and package karithopita and make 6-packs

Final set up of bakery, work area, and storage area

Thursday, September 4

Come for an hour or two or a full session!

On-the-job training available!

Bring a friend! Many hands lighten the load!



Our Little Library Needs More Books

Our Little Library stock is running low. We are looking for more Orthodox books to restock our supply. If you have some books at home that you have read and do not need them and would like to share with others, please bring them to the Philoptochos Table on Sundays or drop them off in the church office. Thank You!



2025 Marks our 80th Anniversary

Women have served at St. Mary's since its founding in 1900, but they officially chose to become a chapter of the Greek Orthodox Ladies Philoptochos Society in 1945. An exhibit honoring the women and the many services they have provided to the parish and the community is on display on the south side of the hallway leading to the church office. Please take some time to read, remember, and learn about the good works of Philoptochos.



Prayer Ministry

Please remember the sick, the suffering, and those in need, especially:

All victims of wars throughout the world; Our brothers and sisters living through the aftermath of disaster; For the victims of violence; Metro Hope Ministries; Orthodox Christian Prison Ministry; FOCUS Minnesota; Our brothers and sisters serving in the Armed Forces throughout the world especially Jassir; San Miguel Del Lago Orphanage; Andreas; Anastasia, Diane, Nicki, Dino, George, Billie, Nino, Kate, Elena, Mechelle, Elaine, Vonda, Andrew, Susan, Elias, Imogene, Becky, Elizabeth, Yvonne, Fran, Jim, Kathryn, Tom, Gina M., Elly K., Thomas, Panos, Connie, Sylvia, Pete, Steve A., Athena, Betty, Sean, Krisanne, Ann, Mark, Kostantinos & Georgia, Andreas, Jonathan, Jeanette, Mary, Ann, Marilyn, Donna, Dawn, Don, Nancy, Brad, Vangie, Jolene, Mikey, Aphrodite, James, Peter, Lyda, Owen, Michael, Johnny, Jaclyn Jereczek, Dena, Chris, Joy Rose, Nick, John, Eugenia, Ron, Matt, Laura, Constance, Marina, Dion, Annali, Sofia, Juan Cruz & family, Charlie, Helena, Byrdie, Jennifer, John S., Becky, Noel, Stephen, Ray, Christina, Joanne, Charlie, Nuala, Pamela, Avgi, Elena, Speranta, Liz, Efstratia, Jordan, David, Nino, Joe, Donnarae, Mary K., Monte, Bethany, Mark, Owen, Estelle, Justine, Melissa, Megan, Michael, Robbie, Judi, Evonne, James, Nichole, Constantine, Theodora, Irene Maria, Olivia, Lincoln, Carole, Patty, Karrisra, Corina, George R., Ken, Nancy and Tim, Olga, Peter, Cora and family, Lynn, Sue & Jim, Steve, Sue, Jane, Pat, Dave, Pam, Gilbert, George P., Danielle, Jenny, John L., Presvytera Janis, Sandra, Rick, Nancy, Alex, Eryn, Linda, Vicki, Bill, Diana, Doria, Mike, Stephanie, Tyler, Ben, Amy, Christy, Karen, Anastasia, Jamie, Alex and Alexander, Toni, Gina, Julie, R.J., Allie, Vickie, Petra, Bob, Joseph, Christopher, Elizabeth, Judi, Bodil, Ole, and others known to you.

Food Shelf Needs for July 20



Peanut Butter

July's recipient is **FOCUS MINNESOTA**

Please do not bring opened packages. They will be discarded.



METROPOLIS
OF CHICAGO

BY THE GRACE OF GOD
AND THROUGH THE LAYING ON OF HANDS
BY HIS EMINENCE

**METROPOLITAN NATHANAEL
OF CHICAGO**

THE SERVANT OF GOD

STEPHEN TODD WEHR

WILL BE ORDAINED INTO THE HOLY DIACONATE
ON THE FEAST OF *the Dormition of the Theotokos*

FRIDAY, AUGUST 15, 2025

ST. MARY'S GREEK ORTHODOX CHURCH
3450 Irving Avenue South, Minneapolis, Minnesota 55408

8:30 a.m. Orthros | 9:30 a.m. Hierarchical Divine Liturgy
Luncheon to Follow in the Great Hall

PLEASE RSVP PRIOR TO AUGUST 1 TO:
david@stmarysgoc.org or call 612.825.9595





In Celebration of **Over 50 Years of Service**
to the Music Ministry of Saint Mary's Church,
Please Join Us for a Reception Honoring

THEODORA AND MARK MACRES

Sunday, August 17, 2025

*Following the Dismissal of the Divine Liturgy,
the Reception will Commence in the Great Hall.*



SAINT MARY'S GREEK ORTHODOX CHURCH
3450 Irving Avenue South, Minneapolis, Minnesota 55408

Quick Links

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Daily Bible Readings

Monday, July 14

Romans 16:1-16 • Matthew 13:10-23,43

Tuesday, July 15

I Corinthians 13:11-14; 14:1-5 • Matthew 17:24-27; 18:1-4

Wednesday, July 16

I Corinthians 2:9-16; 3:1-8 • Matthew 13:31-36

Thursday, July 17: Saint Marina

Galatians 3:23-29; 4:1-5 • Mark 5:24-34

Friday, July 18

I Corinthians 4:5-8 • Matthew 13:44-54

Saturday, July 19

Romans 9:1-5 • Matthew 9:18-26

Sunday, July 20: Sixth Sunday of Matthew

James 5:10-20 • Matthew 9:1-8



ST. MARY'S
GREEK ORTHODOX CHURCH

3450 Irving Avenue South, Minneapolis, MN 55408-3399

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Fr. Timothy Sas, Fr. Jason Houck, Fr. Paul Kalina, Deacon; Fr. Luke Twito, Deacon

Weekly Bulletin Submissions to: Communications@stmarysgoc.org

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