



ST. MARY'S
GREEK ORTHODOX CHURCH

July 20, 2025

*Sixth Sunday of Matthew;
Prophet Elias*

THE DIVINE LITURGY

Commemoration: Sixth Sunday of Matthew; The Glorious Prophet Elias (Elijah); Synaxis of the Russians who were perfected in France: Protopresbyter Alexios Mednedkov, Presbyter Dimitrii Klepinin, Mother Maria Skobtsova, her son Yuri Skobtsov, and Ilia Fondaminskii; Mother Maria Skobtsova, New-Martyr of France.

Morning Gospel: Luke 24:36-53

Tone: Plagal First

VARIABLE HYMNS AND READINGS IN THE LITURGY

At the Second Antiphon

Save us, O Son of God, who rose from the dead, save us who sing to you: Alleluia!

At the Small Entrance

Resurrection Hymn, Plagal First Tone

To the Word, co-eternal with the Father and the Spirit, born of the Virgin for our salvation, let us, the faithful, give praise and worship. For he willed to be lifted up on the cross in the flesh, to endure death and raise the dead by his glorious resurrection.

Hymn of Entrance

Come, let us worship and bow down before Christ. Save us, O Son of God, who rose from the dead, save us who sing to You: Alleluia!

Repeat the Resurrection Hymn, above

Hymn of the Prophet Elias, Fourth Tone

The angel incarnate and the Prophets' pedestal, the second Forerunner of the coming of Christ, Elias the glorious, sent down to Elisha the divine grace from heaven. He drives away diseases and he cleanses lepers. Therefore he pours out healings to those who honor him.

Hymn of the Dormition of the Theotokos, First Tone

In giving birth, you preserved your virginity, O Theotokos; in falling asleep you did not forsake the world. You passed over into life, O Mother of Life; and by your prayers you deliver our souls from death!

Ἐν τῇ γενήσῃ τὴν παρθενίαν ἐφύλαξας, ἐν τῇ κοιμήσῃ τὸν κόσμον οὐ κατέλιπες,
En ti gennisi tin parthenian efilaxas en ti kimisi ton kosmon u katelipes,

Θεοτόκε. Μετέστης πρὸς τὴν ζωὴν, μήτηρ ὑπάρχουσα τῆς ζωῆς, καὶ ταῖς πρεσβείαις
Theotoke. Metestis pros tin zoin, mitir iparhusa tis zois, ke tes presvies

ταῖς σαῖς λυτρουμένη ἐκ θανάτου τὰς ψυχὰς ἡμῶν.
tes ses litrumeni ek thanatu tas psichas imon.

Kontakion of the Theotokos, Second Tone

O unfailing protection of Christians, and our faithful advocate before the Creator: though we are sinners, do not ignore our entreaty; but in your goodness, grant your timely help to us who appeal to you in faith. Quickly make intercession; on our behalf make speedy supplication, O Theotokos, for you always protect those who honor you.

Epistle..... James 5:10-20

BRETHREN, take as an example of suffering and patience the prophets who spoke in the name of the Lord. Behold, we call those happy who were steadfast. You have heard of the steadfastness of Job, and you have seen the purpose of the Lord, how the Lord is compassionate and merciful. But above all, my brethren, do not swear, either by heaven or by earth or with any other oath, but let your yes be yes and your no be no, that you may not fall under condemnation. Is any one among you suffering? Let him pray. Is any cheerful? Let him sing praise. Is any among you sick? Let him call for the elders of the church, and let them pray over him, anointing him with oil in the name of the Lord; and the prayer of faith will save the sick man, and the Lord will raise him up; and if he has committed sins, he will be forgiven. Therefore confess your sins to one another, and pray for one another, that you may be healed. The prayer of a righteous man has great power in its effects. Elijah was a man of like nature with ourselves and he prayed fervently that it might not rain, and for three years and six months it did not rain on the earth. Then he prayed again and the heaven gave rain, and the earth brought forth its fruit. My brethren, if any one among you wanders from the truth and some one brings him back, let him know that whoever brings back a sinner from the error of his way will save his soul from death and will cover a multitude of sins.

Gospel..... Matthew 9:1-8

At that time, getting into a boat Jesus crossed over and came to his own city. And behold, they brought to him a paralytic, lying on his bed; and when Jesus saw their faith he said to the paralytic, "Take heart, my son; your sins are forgiven." And behold, some of the scribes said to themselves, "This man is blaspheming." But Jesus, knowing their thoughts, said, "Why do you think evil in your hearts? For which is easier, to say 'Your sins are forgiven,' or to say 'Rise and walk?' But that you may know that the Son of man has authority on earth to forgive sins" he then said to the paralytic -- "Rise, take up your bed and go home." And he rose and went home. When the crowds saw it, they were afraid, and they glorified God, who had given such authority to men.

Litany for the Catechumens

Deacon: Catechumens, pray to the Lord.

People: Lord, have mercy.

Deacon: Let us, the faithful, pray for the catechumens.

People: Lord, have mercy.

Deacon: That the Lord will have mercy on them.

People: Lord, have mercy.

Deacon: That He will teach them the word of truth.

People: Lord, have mercy.

Deacon: That He will reveal to them the gospel
of righteousness.

People: Lord, have mercy.

Deacon: That He will unite them to His holy,
catholic, and apostolic Church.

People: Lord, have mercy.

Deacon: Save them, have mercy on them, help them, and
protect them, O God, by Your grace.

People: Lord, have mercy.

Deacon: Catechumens, bow your heads to the Lord.

People: To You, O Lord.

Prayer for the Catechumens

Priest: Lord our God, Who dwells on high and
watches over the humble, You sent forth
Your only-begotten Son and God, our Lord
Jesus Christ, for the salvation of the human
race. Look down upon Your servants, the
catechumens, who have inclined their necks
to You, and grant them at a proper time the
baptism of rebirth, the remission of sins, and
the garment of incorruption. Unite them to
Your holy, catholic, and apostolic Church,
and number them among Your chosen flock.

Priest: So that with us they also may glorify Your
most honorable and majestic name, of the
Father and of the Son and of the Holy Spirit,
now and forever and to the ages of ages.

People: Amen.

.....
The Communion Prayers are found on page 40 of the hymnal.

Today

Prosforo is provided by **Ruta Kubits**.

Memorial Prayers today are offered for

Christopher (40 years) and **Patricia** (25 years) **Fecht**, brother and mother of Stephanie Barakos; **Phil Triantafyllou** (1 year), **Koula Triantafyllou** (5 years), **Epaminondas Triantafyllou** (33 years), **Betty Andrews** (5 years) and **Andy Andrews** (44 years); **Lambros** (Louis) **Kokinis** (15 years) father of Bettina Hanna; **Stamatios (Tom) Checheris** (8 years); **Andreas**.

The coffee hour today is hosted by
the Hanna family in memory of Louis Kokinis.

Welcome Visitors and Guests!

Members of our Missions and Outreach Committee are at the welcome and information table just inside the Great Hall, to the left, after Liturgy this morning to welcome you and answer your questions about St Mary's Greek Orthodox Church and the Orthodox faith. Join us for a cup of coffee and always enjoyable refreshments.

Announcements



FAITH Play Group Today

FAITH Play Group and parents will meet this afternoon at 3:30 p.m., for a fun afternoon outdoors. The group will meet at the Lake Harriet Bandshell and walk up the hill to take a trolley ride followed by playtime at the playground. Please give Lea Hoeft a quick call if you plan to attend: 206.779.1354.



FOCUS Minnesota News

FOCUS Minnesota is experiencing increased demand for services due to changes in funding sources and the closure of nearby resources. They are serving more meals, distributing more food and providing more clothing and utility assistance than ever before. FOCUS Minnesota aims to raise \$75,000 by August 1 to meet these challenges and invites support through donations or attendance at their Summer Banquet on Thursday, July 31, at St Mary's Greek Orthodox Church.



*Scan the code,
then select
"Donate Now"*



September 5–7, 2025

St. Mary's Greek Orthodox Church

For more information on the Taste of Greece Festival,

visit: www.MplsGreekFest.org



Greek Festival Boutique – Vintage Section Donations Needed!

With our Greek Festival right around the corner, the Boutique is now collecting items for the popular Vintage Section! This special area generates 100% profit for the Church and its supported charities, and we're grateful for the continued generosity of our community. We're currently seeking donations of gently used items such as icons, ceramics, vases, and linens. Donations can be dropped off at the church office—please clearly label them "Boutique." If you have any questions, feel free to **contact Vicki Hanson at 612.327.0797**. Thank you to all who have donated in the past. It's heartwarming to see cherished family heirlooms find new, loving homes!



2025 St. George Antiochian Orthodox Church Middle Eastern Festival

Last Day!

Don't miss day two of the 15th Annual St. George Middle Eastern Festival today! Admission is free. Enjoy great Middle Eastern food, homemade pastries, freshly baked bread, live music, dancing, children's games, church tours, silent auction, camel rides, and much more! It's great fun for the whole family! The festival runs from noon-6:00 p.m. today. St. George Church is located at 1250 Oakdale Avenue, West St. Paul, MN 55118. www.mideastfest.com; www.facebook.com/mideastfest



**Scan to
Sign Up**

St. George Greek Festival Friday and Saturday, July 25 and 26

Join St. George for their annual Greek Festival on Friday, July 25, from 2:00-8:00 p.m. and Saturday, July 26, from 11:00 a.m.-8:00 p.m.! Bring the family, find a table. Enjoy our music, dancing, food, and more!

1111 Summit Ave, St. Paul, MN 55105. Volunteers are greatly needed. Refreshments and a meal are provided for all volunteers. Scan the code to sign up to volunteer.



Saint Mary's OCA Cathedral Golf Tournament

The 95th Annual St. Mary's (Cathedral) Charity Golf Tournament is coming up on Sunday, July 27, with a few changes this year. First, we have a new location. The tournament this year will be held at Columbia Golf Club in Minneapolis. Second, we are bringing back the awards dinner. You can sign up or sponsor online by scanning the code or visiting the address: <https://events.golfstatus.com/event/st-mary-s-orthodox-cathedral-golf-fundraiser>, or contact the coordinator, Joel Van Nurden, at joelvannurden@gmail.com or 507.269.0826. Proceeds from the tournament support St. Mary's Orthodox Cathedral in Northeast Minneapolis.



Saint Mary's Twins Game Outing

St. Mary's is heading to Target Field for a parish outing to watch the Minnesota Twins take on the Detroit Tigers on **Sunday, August 17, 2025, at 1:10 p.m.!** Tickets are just **\$10 per person**, and we have only **30 tickets available**. To find out how to get your ticket (if still available), please **text 612.812.1216**. We hope you can join us for a wonderful afternoon with our parish community!"

YAL News



YAL Boat Cruise

Thursday, August 21 – 6:15-10:00 p.m.

Join us for an evening cruise on the Mississippi River, open to young adults ages 18 to 35. This year's theme is Sunset on Summer. We invite you to wear sunset-inspired colors as we enjoy a beautiful evening together on the water. Early Bird tickets are on sale now for \$70. General admission pricing is \$80 while supplies last, and last call tickets are \$90. Ticket price includes dinner and two drink tokens. Tickets will be available for purchase through the link in our Instagram bio. Space is limited, so be sure to reserve your spot early.



Stay Informed about YAL Events

Scan the code to receive updates on upcoming events and opportunities to connect with other Orthodox young adults aged 18-35!

Calendar of the Week

Sunday, July 20: Sixth Sunday of Matthew

8:30 a.m. – Matins; 9:30 a.m. – Divine Liturgy

3:30 p.m. – FAITH Play Group Outing, *meet at Lake Harriet Bandshell*

Wednesday, July 23

12:00 noon – Amygdalota Baking, *Kitchen*

Thursday, July 24

7:00 p.m. – Stewardship Committee Meeting, *Fireside Room*

Saturday, July 26: Saint Paraskevi

10:00 a.m. – Divine Liturgy

Sunday, July 27: Seventh Sunday of Matthew; Saint Panteleimon

8:30 a.m. – Matins; 9:30 a.m. – Divine Liturgy



Bookstore News

The bookstore has received a large shipment of items from Mount Athos, including many prayer ropes, crosses, icons, and other gift giving items. Please come see them.



ANNUAL
IMPACT
REPORT
2024

The Metropolis of Chicago's *Annual Impact Report* is now available. Please take a moment to read about the work that has been accomplished on the 5-year Vision and how it is taking root and bearing fruit for our clergy, parishes, ministries, and communities. Visit the URL below or scan the code.



chicago.goarch.org/annual-impact-24/

Philoptochos News



Scan to
Sign Up

2025 Taste of Greece Baking Schedule

Amygdalota

Wednesday, July 23, 12:00 noon-5:00 p.m.

Paulette Hastings, 952.564.8388, pmg.hastings@gmail.com

Baklava Sundae Topping – Coming Soon...

Festival Week Preparations

Tuesday, September 2

Cut and package baklava

Wednesday, September 3

Powder and package kourambiethes

Thursday, September 4

Cut and package karithopita and make 6-packs

Final set up of bakery, work area, and storage area

Come for an hour or two or a full session!

On-the-job training available!

Bring a friend! Many hands lighten the load!



Our Little Library Needs More Books

Our Little Library stock is running low. We are looking for more Orthodox books to restock our supply. If you have some books at home that you have read and do not need them and would like to share with others, please bring them to the Philoptochos Table on Sundays or drop them off in the church office. Thank You!



2025 Marks our 80th Anniversary

Women have served at St. Mary's since its founding in 1900, but they officially chose to become a chapter of the Greek Orthodox Ladies Philoptochos Society in 1945. An exhibit honoring the women and the many services they have provided to the parish and the community is on display on the south side of the hallway leading to the church office. Please take some time to read, remember, and learn about the good works of Philoptochos.



Prayer Ministry

Please remember the sick, the suffering, and those in need, especially:

All victims of wars throughout the world; Our brothers and sisters living through the aftermath of disaster; For the victims of violence; Metro Hope Ministries; Orthodox Christian Prison Ministry; FOCUS Minnesota; Our brothers and sisters serving in the Armed Forces throughout the world especially Jassir; San Miguel Del Lago Orphanage; John and Johnny, Bouky Labhard, Anastasia, Diane, Nicki, Dino, George, Billie, Nino, Kate, Elena, Mechelle, Elaine, Vonda, Andrew, Susan, Elias, Imogene, Becky, Elizabeth, Yvonne, Fran, Jim, Kathryn, Tom, Gina M., Elly K., Thomas, Panos, Connie, Sylvia, Pete, Steve A., Athena, Betty, Sean, Krisanne, Ann, Mark, Kostantinos & Georgia, Andreas, Jonathan, Jeanette, Mary, Ann, Marilyn, Donna, Dawn, Don, Nancy, Brad, Vangie, Jolene, Mikey, Aphrodite, James, Peter, Lyda, Owen, Michael, Johnny, Jaclyn Jereczek, Dena, Chris, Joy Rose, Nick, John, Eugenia, Ron, Matt, Laura, Constance, Marina, Dion, Annali, Sofia, Juan Cruz & family, Charlie, Helena, Byrdie, Jennifer, John S., Becky, Noel, Stephen, Ray, Christina, Joanne, Charlie, Nuala, Pamela, Avgi, Elena, Speranta, Liz, Efstratia, Jordan, David, Nino, Joe, Donnarae, Mary K., Monte, Bethany, Mark, Owen, Estelle, Justine, Melissa, Megan, Michael, Robbie, Judi, Evonne, James, Nichole, Constantine, Theodora, Irene Maria, Olivia, Lincoln, Carole, Patty, Karrisa, Corina, George R., Ken, Nancy and Tim, Olga, Peter, Cora and family, Lynn, Sue & Jim, Steve, Sue, Jane, Pat, Dave, Pam, Gilbert, George P., Danielle, Jenny, John L., Presvytera Janis, Sandra, Rick, Nancy, Alex, Eryn, Linda, Vicki, Bill, Diana, Doria, Mike, Stephanie, Tyler, Ben, Amy, Christy, Karen, Anastasia, Jamie, Alex and Alexander, Toni, Gina, Julie, R.J., Allie, Vickie, Petra, Bob, Joseph, Christopher, Elizabeth, Judi, Bodil, Ole, and others known to you.

Food Shelf Needs for July 27



Canned Meat (e.g., tuna / chicken)

July's recipient is FOCUS MINNESOTA

Please do not bring opened packages. They will be discarded.



METROPOLIS
OF CHICAGO

BY THE GRACE OF GOD
AND THROUGH THE LAYING ON OF HANDS
BY HIS EMINENCE

METROPOLITAN NATHANAEL OF CHICAGO

THE SERVANT OF GOD

STEPHEN TODD WEHR

WILL BE ORDAINED INTO THE HOLY DIACONATE
ON THE FEAST OF *the Dormition of the Theotokos*

FRIDAY, AUGUST 15, 2025

ST. MARY'S GREEK ORTHODOX CHURCH
3450 Irving Avenue South, Minneapolis, Minnesota 55408

8:30 a.m. Orthros | 9:30 a.m. Hierarchical Divine Liturgy
Luncheon to Follow in the Great Hall

PLEASE RSVP PRIOR TO AUGUST 1 TO:
david@stmarysgoc.org or call 612.825.9595





In Celebration of **Over 50 Years of Service**
to the Music Ministry of Saint Mary's Church,
Please Join Us for a Reception Honoring

THE SPINA AND MARK MACRES

Sunday, August 17, 2025

*Following the Dismissal of the Divine Liturgy,
the Reception will Commence in the Great Hall.*



SAINT MARY'S GREEK ORTHODOX CHURCH
3450 Irving Avenue South, Minneapolis, Minnesota 55408

Quick Links

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Digital Donation



To make a donation or
stewardship offering,
scan the code.

Daily Bible Readings

Monday, July 21

I Corinthians 5:9-13; 6:1-11 • Matthew 13:54-58

Tuesday, July 22

I Corinthians 9:2-12 • Luke 8:1-3

Wednesday, July 23

I Corinthians 7:12-24 • Matthew 14:35-36; 15:1-11

Thursday, July 24

I Corinthians 7:24-35 • Matthew 15:12-21

Friday, July 25

Galatians 4:22-27 • Luke 8:16-21

Saturday, July 26: Saint Paraskevi

Galatians 3:23-29; 4:1-5 • Mark 5:24-34

Sunday, July 27: Seventh Sunday of Matthew; Saint Panteleimon

II Timothy 2:1-10 • Matthew 9:27-35



ST. MARY'S
GREEK ORTHODOX CHURCH

3450 Irving Avenue South, Minneapolis, MN 55408-3399

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Fr. Timothy Sas, Fr. Jason Houck, Fr. Paul Kalina, Deacon; Fr. Luke Twito, Deacon

Weekly Bulletin Submissions to: Communications@stmarysgoc.org

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