



ST. MARY'S
GREEK ORTHODOX CHURCH

July 6, 2025

Fourth Sunday of Matthew

THE DIVINE LITURGY

Commemoration: Fourth Sunday of Matthew; Sisoës the Great; Holy Apostles Archippus, Philemon and Onesimus; Loukia the Virgin-martyr, Rixios and the 24 Companion Martyrs; Juliana the Virgin-martyr.

Morning Gospel: Luke 24:1-12

Tone: Third

VARIABLE HYMNS AND READINGS IN THE LITURGY

At the Second Antiphon

Save us, O Son of God, who rose from the dead, save us who sing to you: Alleluia!

At the Small Entrance

Resurrection Hymn, Third Tone

Let the heavens rejoice and the earth be glad, for the Lord has shown the mighty power of his arm. He has trampled down death by death, becoming the firstborn of the dead. He has delivered us from the depths of hell and has granted to all the world his great mercy.

Hymn of Entrance

Come, let us worship and bow down before Christ. Save us, O Son of God, who rose from the dead, save us who sing to You: Alleluia!

Repeat the Resurrection Hymn, above

Hymn of the Dormition of the Theotokos, First Tone

In giving birth, you preserved your virginity, O Theotokos; in falling asleep you did not forsake the world. You passed over into life, O Mother of Life; and by your prayers you deliver our souls from death!

Ἐν τῇ γενήσῃ τὴν παρθενίαν ἐφύλαξας, ἐν τῇ κοιμήσῃ τὸν κόσμον οὐ κατέλιπες,
En ti gennisi tin parthenian efilaxas en ti kimisi ton kosmon u katelipes,

Θεοτόκε. Μετέστης πρὸς τὴν ζωὴν, μήτηρ ὑπάρχουσα τῆς ζωῆς, καὶ ταῖς πρεσβείαις
Theotoke. Metestis pros tin zoin, mitir iparhusa tis zois, ke tes presvies

ταῖς σαῖς λυτρομένη ἐκ θανάτου τὰς ψυχὰς ἡμῶν.
tes ses litrumeni ek thanatu tas psichas imon.

Kontakion of the Theotokos, Second Tone

O unfailing protection of Christians, and our faithful advocate before the Creator: though we are sinners, do not ignore our entreaty; but in your goodness, grant your timely help to us who appeal to you in faith. Quickly make intercession; on our behalf make speedy supplication, O Theotokos, for you always protect those who honor you.

Epistle.....Romans 6:18-23

Brethren, having been set free from sin, you have become slaves of righteousness. I am speaking in human terms, because of your natural limitations. For just as you once yielded your members to impurity and to greater and greater iniquity, so now yield your members to righteousness for sanctification. When you were slaves of sin, you were free in regard to righteousness. But then what return did you get from the things of which you are now ashamed? The end of those things is death. But now that you have been set free from sin and have become slaves of God, the return you get is sanctification and its end, eternal life. For the wages of sin is death, but the free gift of God is eternal life in Christ Jesus our Lord.

Gospel.....Matthew 8:5-13

At that time, as Jesus entered Capernaum, a centurion came forward to him, beseeching him and saying, "Lord, my servant is lying paralyzed at home, in terrible distress." And he said to him, "I will come and heal him." But the centurion answered him, "Lord, I am not worthy to have you come under my roof; but only say the word, and my servant will be healed. For I am a man under authority, with soldiers under me; and I say to one, 'Go,' and he goes, and to another, 'Come,' and he comes, and to my slave, 'Do this,' and he does it." When Jesus heard him, he marveled, and said to those who followed him, "Truly, I say to you, not even in Israel have I found such faith. I tell you, many will come from east and west and sit at table with Abraham, Isaac, and Jacob in the kingdom of heaven, while the sons of the kingdom will be thrown into the outer darkness; there men will weep and gnash their teeth." And to the centurion Jesus said, "Go; be it done for you as you have believed." And the servant was healed at that very moment.

Litany for the Catechumens

Deacon: Catechumens, pray to the Lord.

People: Lord, have mercy.

Deacon: Let us, the faithful, pray for the catechumens.

People: Lord, have mercy.

Deacon: That the Lord will have mercy on them.

People: Lord, have mercy.

Deacon: That He will teach them the word of truth.

People: Lord, have mercy.

Deacon: That He will reveal to them the gospel
of righteousness.

People: Lord, have mercy.

Deacon: That He will unite them to His holy,
catholic, and apostolic Church.

People: Lord, have mercy.

Deacon: Save them, have mercy on them, help them, and
protect them, O God, by Your grace.

People: Lord, have mercy.

Deacon: Catechumens, bow your heads to the Lord.

People: To You, O Lord.

Prayer for the Catechumens

Priest: Lord our God, Who dwells on high and
watches over the humble, You sent forth
Your only-begotten Son and God, our Lord
Jesus Christ, for the salvation of the human
race. Look down upon Your servants, the
catechumens, who have inclined their necks
to You, and grant them at a proper time the
baptism of rebirth, the remission of sins, and
the garment of incorruption. Unite them to
Your holy, catholic, and apostolic Church,
and number them among Your chosen flock.

Priest: So that with us they also may glorify Your
most honorable and majestic name, of the
Father and of the Son and of the Holy Spirit,
now and forever and to the ages of ages.

People: Amen.

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The Communion Prayers are found on page 40 of the hymnal.

Today

Prosforo is provided by **Yana Patridge**.

The coffee hour today is hosted by
Fr. Jason & Presvytera Alexandra Houck and family.

Welcome Visitors and Guests!

Members of our Missions and Outreach Committee are at the welcome and information table just inside the Great Hall, to the left, after Liturgy this morning to welcome you and answer your questions about St Mary's Greek Orthodox Church and the Orthodox faith. Join us for a cup of coffee and always enjoyable refreshments.

Announcements



Senior Citizens' Meeting

Saint Mary's Senior Citizens will meet on **Tuesday, July 8, at 12:00 noon**, in the Terrace Room. After the celebrations and formalities, we will be entertained by the "Ukes," a full Ukelele orchestra featuring one of our own St. Mary's Seniors member, Elena Biessener, who is also a member of this orchestra. We will end with a short meeting and announcements.



YOU Are Welcome at the Welcome Table!

Help greet newcomers and guests after Sunday Liturgy at the Welcome Table in the Great Hall. This is a wonderful opportunity to make new friends and be a light to those who are interested in Orthodoxy and St. Mary's. The time commitment is minimal. Sign up using the QR code. Questions? Call Terri Leckas, 612.710.0609.



Memorial Prayers Special Request

In order to accommodate each family who might request memorial prayers for a departed loved one on any given Sunday, we ask that only a small bowl of kollyva and a photo smaller than 8"x10" be placed on the table for the service and no flowers. Thank you.



Prayer Ministry List Clean Up

Each week we receive a call or two to add a name to our prayer list. As you can see, it has gotten quite lengthy. If you placed a name on the list and the person is no longer in need of special prayers, please contact the church office so we can remove the name.



September 5–7, 2025

St. Mary's Greek Orthodox Church
For more information on the Taste of Greece
Festival, visit: www.MplsGreekFest.org



Greek Festival Boutique – Vintage Section Donations Needed!

With our Greek Festival right around the corner, the Boutique is now collecting items for the popular Vintage Section! This special area generates 100% profit for the Church and its supported charities, and we're grateful for the continued generosity of our community. We're currently seeking donations of gently used items such as icons, ceramics, vases, and linens. Donations can be dropped off at the church office—please clearly label them “Boutique.” If you have any questions, feel free to **contact Vicki Hanson at 612.327.0797**. Thank you to all who have donated in the past. It's heartwarming to see cherished family heirlooms find new, loving homes!



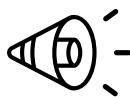
Saint Mary's OCA Cathedral Golf Tournament

The 95th Annual St. Mary's (Cathedral) Charity Golf Tournament is coming up on Sunday, July 27, with a few changes this year. First, we have a new location. The tournament this year will be held at Columbia Golf Club in Minneapolis. Second, we are bringing back the awards dinner. You can sign up or sponsor online by scanning the code or visiting the address: <https://events.golfstatus.com/event/st-mary-s-orthodox-cathedral-golf-fundraiser>, or contact the coordinator, Joel Van Nurden, at joelvannurden@gmail.com or 507.269.0826. Proceeds from the tournament support St. Mary's Orthodox Cathedral in Northeast Minneapolis.



Women's Book Club

The next book the Women's Bookclub participants will be reading is *The Way of the Pilgrim and the Pilgrim Continues His Way*. Copies are available in the bookstore.



Vacation Church School Items

Quite a number of items, especially arts and craft creations, remain after Vacation Church School. Please stop by the cart in the hallway to the office to pick up those items. Also, thank you to all who helped! An official thank you note will appear in the next "Messenger."



UPCOMING EVENTS

Please join us for FAITH Playgroup outdoor events this summer. FAITH Group is a parent/child playgroup geared towards families with children ages 0-5. It is a wonderful way to meet other young families and become involved in the church. Grandparents, nannies and siblings are welcome, too!

Sunday, July 20

3:30 p.m. - Meet at the Lake Harriet Bandshell and walk up to take a trolley ride followed by playtime at the playground.

Saturday, August 23

10:00 a.m.-12:00 noon - Meet at the Richardson Nature Center and take a short hike to the outdoor play area. The nature center is located at 8737 East Bush Lake Road, Bloomington

Please RSVP to Lea Hoeft at 206.779.1354 or angelea.hoeft@gmail.com



*Scan to
Sign Up*

Saint Olympia Girls

Saint Olympia girls: come and help at upcoming baking sessions for our Taste of Greece Festival. Help for an hour or two and bring a friend or mom, too. Sign up via SignUpGenius (scan the code).

Melomakarona: Saturday, July 12, 11:00 a.m.-6:00 p.m.

Amygdalota: Wednesday, July 23, 12:00 noon-5:00 p.m.

Calendar of the Week

Sunday, July 6: Fourth Sunday of Matthew

"The Messenger" News Item Deadline

8:30 a.m. – Matins; 9:30 a.m. – Divine Liturgy

Monday, July 7

6:00 p.m. – Greek Dance Practice, *Great Hall*

Tuesday, July 8

12:00 noon – Senior Citizens' Meeting, *Terrace Room*

6:15 p.m. – Parish Council Meeting, *Fireside Room*

Thursday, July 10

6:30 p.m. – YAL Barbecue, *Terrace Room*

Friday, July 11: Saint Euphemia

9:30 a.m. – Divine Liturgy

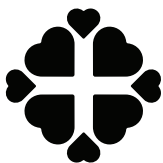
Saturday, July 12

11:00 a.m. – Melos Baking, *Kitchen*

Sunday, July 13: Fathers of the Fourth Ecumenical Council

8:30 a.m. – Matins; 9:30 a.m. – Divine Liturgy

11:30 a.m. – Simpson House Cooking, *Kitchen*



KOINONIA CORNER

"As a participant of Koinonia this year, the people of St. Mary's became more than friendly faces; they became our friends in Christ. Following a lengthy workday, Koinonia offered my husband Ed and I a relaxed, casual environment to connect with others over a delicious meal, prayer, scripture reading, and discussion. This enriching experience supported and encouraged our faith and helped us know others more fully."

~Angela Cook, participant of Koinonia

St. Mary's Koinonia is led by dedicated group facilitators throughout the Twin Cities, and each monthly gathering either a clergy or scholar visits also. Small groups of approximately 10-12 gather September through May. New group opportunities will be published this coming August. Stay tuned! In the meantime, feel free to contact Lani McCollar at lanimccollar@gmail.com or Christine Buss at cmariiebuss@gmail.com with any questions.

Philoptochos News



Scan to
Sign Up

2025 Taste of Greece Baking Schedule

Melomakarona

Saturday, July 12, 11:00 a.m.-6:00 p.m.

Chair: *Paulette Hastings, 952.564.8388, pmg.hastings@gmail.com*

Amygdalota

Wednesday, July 23, 12:00 noon-5:00 p.m.

Chair: *Paulette Hastings, 952.564.8388, pmg.hastings@gmail.com*

Baklava Sundae Topping – Coming Soon...

Festival Week Preparations

Cut and package baklava

Tuesday, September 2

Powder and package kourambiethes

Wednesday, September 3

Cut and package karithopita and make 6-packs

Final set up of bakery, work area, and storage area

Thursday, September 4

Come for an hour or two or a full session!

On-the-job training available!

Bring a friend! Many hands lighten the load!



ANNUAL IMPACT REPORT 2024



The Metropolis of Chicago's *Annual Impact Report* is now available. Please take a moment to read about the work that has been accomplished on the 5-year Vision and how it is taking root and bearing fruit for our clergy, parishes, ministries, and communities. Visit the URL below or scan the code.



chicago.goarch.org/annual-impact-24/





YAL BBQ

Thursday, July 10 — 6:30-9:30 p.m.

The annual YAL BBQ will be at St. Mary's Greek Orthodox Church in the Terrace Room and Courtyard. We will provide dinner and drinks! It Please email us if you have any specific allergies, we will do our best to accommodate.



Help the YAL Board

As our YAL ministry continues to grow we are looking to also grow our leadership board! We are so thankful to the board members who organize events for the young adults in the Twin Cities and are looking for additional help to continue hosting great events that bring our community together! We won't do a formal application process at this time, however if you are interested in helping either as a board member or just on special projects please let us know by emailing twincitiesyal@gmail.com. Based on your interests and what is needed, we will determine how you can help support our ministry. Baptized/Chrismated Orthodox young adults from all local parishes are welcome!



YAL Boat Cruise

Thursday, August 21

Save the date for the Annual YAL Boat Cruise! More information and ticket sales will be available in soon.



Stay Informed about YAL Events

Scan the code to receive updates on upcoming events and opportunities to connect with other Orthodox young adults aged 18-35!



A Call to Contribute

FOCUS Minnesota is experiencing increased demand for services due to changes in funding sources and the closure of nearby resources. They are serving more meals, distributing more food, and providing more clothing and utility assistance than ever before. **FOCUS Minnesota aims to raise \$75,000 by August 1** to meet these challenges and invites support through donations or attendance at their **Summer Banquet on July 31st** at St Mary's Greek Orthodox Church.



Scan the code,
then select
"Donate Now"



Prayer Ministry

Please remember the sick, the suffering, and those in need, especially:

All victims of wars throughout the world; Our brothers and sisters living through the aftermath of disaster; For the victims of violence; Metro Hope Ministries; Orthodox Christian Prison Ministry; FOCUS Minnesota; Our brothers and sisters serving in the Armed Forces throughout the world especially Jassir; San Miguel Del Lago Orphanage; Nicki, Dino, George, Billie, Nino, Kate, Elena, Alexandra Zoe, Mechelle, Elaine, Vonda, Andrew, Susan, Elias, Imogene, Becky, Elizabeth, Yvonne, Fran, Jim, Kathryn, Tom, Gina M., Elly K., Thomas, Panos, Connie, Evdoxia, Sylvia, Pete, Steve A., Athena, Betty, Sean, Krisanne, Ann, Mark, Kostantinos & Georgia, Andreas, Jonathan, Jeanette, Mary, Ann, Marilyn, Donna, Dawn, Don, Nancy, Brad, Vangie, Jolene, Mikey, Aphrodite, James, Peter, Lyda, Owen, Michael, Johnny, Jaclyn Jereczek, Dena, Chris, Joy Rose, Nick, John, Eugenia, Ron, Matt, Laura, Constance, Marina, Dion, Annali, Sofia, Juan Cruz & family, Charlie, Helena, Byrdie, Jennifer, John S., Becky, Noel, Stephen, Ray, Christina, Joanne, Charlie, Nuala, Pamela, Avgi, Elena, Speranta, Liz, Efstratia, Jordan, David, Nino, Joe, Donnarae, Samira, Mary K., Monte, Bethany, Mark, Owen, Estelle, Justine, Melissa, Megan, Michael, Robbie, Judi, Evonne, James, Nichole, Constantine, Theodora, Irene Maria, Olivia, Lincoln, Carole, Patty, Karrisra, Corina, George R., Ken, Nancy and Tim, Olga, Peter, Cora and family, Lynn, Sue & Jim, Steve, Sue, Jane, Pat, Dave, Pam, Gilbert, George P., Danielle, Jenny, John L., Presvytera Janis, Sandra, Rick, Nancy, Alex, Eryn, Linda, Vicki, Bill, Diana, Doria, Mike, Stephanie, Tyler, Ben, Amy, Christy, Karen, Anastasia, Jamie, Alex and Alexander, Toni, Gina, Julie, R.J., Allie, Vickie, Petra, Bob, Joseph, Christopher, Elizabeth, Judi, Bodil, Ole, and others known to you.

Food Shelf Needs for July 13



Spam

July's recipient is **FOCUS MINNESOTA**

Please do not bring opened packages. They will be discarded.



METROPOLIS
OF CHICAGO

BY THE GRACE OF GOD
AND THROUGH THE LAYING ON OF HANDS
BY HIS EMINENCE

METROPOLITAN NATHANAEL OF CHICAGO

THE SERVANT OF GOD

STEPHEN TODD WEHR

WILL BE ORDAINED INTO THE HOLY DIACONATE
ON THE FEAST OF *the Dormition of the Theotokos*

FRIDAY, AUGUST 15, 2025

ST. MARY'S GREEK ORTHODOX CHURCH
3450 Irving Avenue South, Minneapolis, Minnesota 55408

8:30 a.m. Orthros | 9:30 a.m. Hierarchical Divine Liturgy
Luncheon to Follow in the Great Hall

PLEASE RSVP PRIOR TO AUGUST 1 TO:
david@stmarysgoc.org or call 612.825.9595



Quick Links

Stay in Contact



To join our mailing list
or update your contact
information, scan the code.

Digital Donation



To make a donation or
stewardship offering,
scan the code.

Daily Bible Readings

Monday, July 7

Galatians 3:23-29; 4:1-5 • Mark 5:24-34

Tuesday, July 8

I Timothy 4:9-15 • Luke 6:17-19, 9:1-2, 10:16-21

Wednesday, July 9

Romans 15:7-16 • Matthew 12:38-45

Thursday, July 10

Romans 15:17-29 • Matthew 12:46-50; 13:1-3

Friday, July 11: Saint Euphemia

II Corinthians 6:1-10 • Luke 7:36-50

Saturday, July 12

Romans 8:14-21 • Matthew 9:9-13

Sunday, July 13: Fathers of the Fourth Ecumenical Council

Titus 3:8-15 • Matthew 5:14-19



ST. MARY'S
GREEK ORTHODOX CHURCH

3450 Irving Avenue South, Minneapolis, MN 55408-3399

stmarysgoc.org

| 612.825.9595



Fr. Timothy Sas, Fr. Jason Houck, Fr. Paul Kalina, Deacon; Fr. Luke Twito, Deacon

Weekly Bulletin Submissions to: Communications@stmarysgoc.org

Weekly Bulletin Submission Deadline: Mondays