

September 14, 2025



The Divine Liturgy

Elevation of the Cross

Commemoration: The Elevation of the Venerable and Life-Giving Cross;
Commemoration of the 6th Ecumenical Council.

Morning Gospel: John 12:28-36

VARIABLE HYMNS AND READINGS IN THE LITURGY

At the First Antiphon

Save, O Lord, O Lord, Your people and bless Your inheritance.
Grant victory to the faithful against the adversaries of the Faith,
and protect Your people through Your holy Cross, Your holy Cross.

At the Second Antiphon

Save us, O Son of God, crucified in the flesh; we sing to you: Alleluia!

At the Small Entrance

Hymn of Entrance, Second Tone

Exalt the Lord our God, and worship at the footstool of His feet; for He is holy.
Save us, O Son of God, who were crucified in the flesh. We sing to You, Alleluia.

Hymn of the Elevation of the Holy Cross, First Tone

Save, O Lord, O Lord, Your people and bless Your inheritance.
Grant victory to the faithful against the adversaries of the Faith,
and protect Your people through Your holy Cross, Your holy Cross.

Kontakion of the Holy Cross, Fourth Tone

You who were lifted on the cross voluntarily, O Christ our God, bestow
Your tender compassions upon Your new community to which You gave
Your name. Cause our faithful emperors to be glad in Your power, granting
them the victories against their adversaries. And for an ally, Lord, may they
have You, peace as their armor, the trophy invincible.

Instead of the Trisagios Hymn (Holy God)

Before your cross we bow down, O Master, and we glorify your holy resurrection.

Epistle..... I Corinthians 1:18-24

Brethren, the word of the cross is folly to those who are perishing, but to us who are being saved it is the power of God. For it is written, “I will destroy the wisdom of the wise, and the cleverness of the clever I will thwart.” Where is the wise man? Where is the scribe? Where is the debater of this age? Has not God made foolish the wisdom of the world? For since, in the wisdom of God, the world did not know God through wisdom, it pleased God through the folly of what we preach to save those who believe. For Jews demand signs and Greeks seek wisdom, but we preach Christ crucified, a stumbling block to Jews and folly to Gentiles, but to those who are called, both Jews and Greeks, Christ the power of God and the wisdom of God.

Gospel.....John 19:6-11, 13-20, 25-28, 30

At that time, when the chief priests and the officers saw him, they cried out, “Crucify him, crucify him!” Pilate said to them, “Take him yourselves and crucify him, for I find no crime in him.” The Jews answered him, “We have a law, and by that law he ought to die, because he has made himself the Son of God.” When Pilate heard these words, he was the more afraid; he entered the praetorium again and said to Jesus, “Where are you from?” But Jesus gave no answer. Pilate therefore said to him, “You will not speak to me? Do you not know that I have power to release you, and power to crucify you?” Jesus answered him, “You would have no power over me unless it had been given you from above; therefore he who delivered me to you has the greater sin.” When Pilate heard these words, he brought Jesus out and sat down on the judgment seat at a place called the Pavement, and in Hebrew, Gabbatha. Now it was the day of Preparation of the Passover; it was about the sixth hour. He said to the Jews, “Behold your King!” They cried out, “Away with him, away with him, crucify him!” Pilate said to them, “Shall I crucify your King?” The chief priests answered, “We have no king but Caesar.” Then he handed him over to them to be crucified. So they took Jesus, and he went out, bearing his own cross, to the place called the place of a skull, which is called in Hebrew Golgotha. There they crucified him, and with him two others, one on either side, and Jesus between them. Pilate also wrote a title and put it on the cross; it read, “Jesus of Nazareth, the King of the Jews.” Many of the Jews read this title, for the place where Jesus was crucified was near the city; and it was written in Hebrew, in Latin, and in Greek. But standing by the cross of Jesus were his mother, and his mother’s sister, Mary the wife of Clopas, and Mary Magdalene. When Jesus saw his mother, and the disciple whom he loved standing near, he said to his mother, “Woman, behold your son!” Then he said to the disciple, “Behold your mother!” And from that hour the disciple took her to his own home. Then when Jesus had received the vinegar, he said, “It is finished”; and he bowed his head and gave up his spirit.

Megalynarion, Plagal Fourth Tone

Theotokos, you are mystical Paradise, for without husbandry you have blossomed Christ, by whom on earth the Cross, as a life-bearing tree, has been planted and watered. As it is now exalted, we adore Him and worship Him and magnify you.

The Communion Prayers are found on page 40 of the hymnal.

Communion Hymn

Let the light of your face shine on us.

Let the light of your face shine on us, O Lord. Alleluia.

Post-Communion Hymn

Save, O Lord, O Lord, Your people and bless Your inheritance.

Grant victory to the faithful against the adversaries of the Faith,
and protect Your people through Your holy Cross, Your holy Cross.

Today

Prosforo is provided by **Presvytera Alexandra Houck**.

The coffee hour today is hosted by **YAL**.

They will also be selling frappés as a fundraiser.

Welcome Visitors and Guests!

After Liturgy this morning, stop by the welcome and information table located between the Bookstore and Great Hall. A couple parishioners are there to welcome you and answer your questions about St Mary's Greek Orthodox Church and the Orthodox faith. Join us in the Great hall for a cup of coffee and always enjoyable refreshments.

Announcements



Senior Citizens' Meeting

Date Change—September 16

Saint Mary's Senior Citizens will meet at 12:00 noon on Tuesday, September 16 (the third Tuesday of the month), in the Terrace Room. We will celebrate all September birthdays and anniversaries with a group photo of all celebrants, a delicious buffet luncheon hosted by a committee of members, and a scrumptious cake by Terri Leckas. Afterwards, we will have a presentation on the history of our St. Mary's Seniors Club with a pictorial display. We will end with a short meeting and announcements. All St. Mary's Seniors (55+) are invited to join our lively group. Dues are currently \$15.00. Contact President Tessie Bourdamis or any current officer.



Festival Food for Sale!

We have a number of food items left from the Festival that are being offered for sale today. Stop by the tables in the Great Hall after Liturgy this morning. We have pans of frozen spanakopita and tiropita, hummus, feta, olives, lambkoniko, lemons, and red onions. All priced to sell!



OCMC TREK4MISSIONS 2025

Be part of the TREK4MISSIONS on **Sunday, September 21, 2025**, and help the Mission Center recruit, train, and send people from our churches and seminaries that will foster lasting spiritual and personal transformation through the Orthodox Faith and the Fullness of a life in Christ. Support our St. Mary's team **The Mpls Golden Trekkers** by joining our team or donating to support Orthodox Missions. Contact Terri Leckas, 612.710.0609 or Maria Smith, 612.581.7298.



*Scan to
Sign Up*

Koinonia Group Sign Up

We are excited to launch new Koinonia groups for this year! Sign up is available now at this QR code. All you have to do is add your name/contact information to the group, and you will be contacted by the group leader soon to welcome you. Before signing up...PLEASE make sure that the dates listed so far for the calendar year work with your schedule BEFORE signing up. If you sign up, we ask that you make a commitment to attending the group dates listed as SPACE IS LIMITED. Please contact either Lani McCollar lanimccollar@gmail.com or Christine Buss cmariiebuss@gmail.com for any questions.



Men's Fall Retreat

This fall we will begin a new format that we hope will allow even more men the chance to participate in a day of faith building, fun, and fellowship. Save the date of **Saturday, October 4, 2025**, for a "Daytreat." Paul Karos has graciously agreed to lead two sessions on the topic of "Prayer." Steve Rakes and Andrew LeRoy have volunteered to help plan and execute some tasty meals. Activities may include fishing, volleyball, basketball, axe throwing, a long drive golfing contest, and of course, an evening bonfire. This will be hosted at the Twito home in Eagan between 9:00 a.m. and 9:00 p.m. on October 4. More details will be forthcoming. Please RSVP to the David in the Church Office (david@stmarysgoc.org) ASAP so that we can anticipate the food quantities needed.
+Father Luke Twito



*Scan to
Sign Up*

BYZN-101: Intro to Byzantine Music and Notation

Love to sing? Join us for our Introductory Byzantine Notation and Chant course, BYZN 101! Whether you've never chanted before, or you've been chanting for many years, all are welcome! The first half of the class will be focused on learning Byzantine notation, then learning the modes (and their theory), two weeks at a time. This course is mostly focused on learning Byzantine notation; the musical system used around the world in Byzantine music. We'd love to have you join us for this college-style class (some lecture and some practical experience). The first class is Tuesday, October 7, meeting weekly on Tuesdays at 6:30 p.m. To register or for more information, contact **Joseph@stmarysgoc.org**, or scan the QR code. The QR code is the registration form, which also has all class information.



2026 Monastery Pilgrimage

A small group of ladies will make a pilgrimage to the St. Paisius Monastery in Safford, Arizona. The dates planned are for **January 27-31, 2026**. There is room for eleven pilgrims. The monastery does not charge us for our stay; however, it is proper to leave a donation as you are able. The cost of airfare right now ranges from \$400-\$550 and is subject to change. Tickets will be purchased at the end of October. There is also a cost for a rental van for the group. The cost of this van is determined by how many pilgrims attend. The Monastery website is: <http://stpaisiusmonastery.org>. Please familiarize yourself with visitor information. If you are interested or want more information, please contact: **Cristina Nicklow**, Email: **cnicklow@outlook.com**, Cell: **612.839.4560**



Would you
enjoy helping
out at the
festival? *Scan
to sign up.*

Taste of Northeast Festival

Taste of Northeast Festival takes place on **Friday and Saturday, September 26 and 27**. Enjoy music, food, and drinks, and a chance to see the beautiful Cathedral.

- **Friday night, September 26, 5:00-9:00 p.m.**
Come and enjoy our ethnic or grilled food and some entertainment!
- **Saturday, September 27, 11:00 a.m.-7:00 p.m.**
Food, beverages, entertainment all day, BINGO, book sale, kids bouncy castle and games, corn on the cob, marketplace, and more!

Taste of Northeast takes place at:

St. Mary's OCA Cathedral, 1701 Fifth St. NE, Minneapolis.

Philoptochos News



Our Little Library Needs More Books

Our Little Library book stock is running low. We are looking for more Orthodox books to restock our supply. If you have some books at home that you have read and no longer need and would like to share with others, please bring them to the Philoptochos table on Sundays or drop them off in the church office. Thank You!



Please Sign Up to help at our Table on Sundays

We would love for you to help at our table on Sundays. Please stop by and sign up to sit at the table on a specific Sunday to assist in answering questions and promote individuals to sign up for activities happening in the coming weeks. We only need ladies to be there after Liturgy till about noon.



Fall Kick Off Dinner and Meeting

Tuesday, September 23, 5:30 p.m.

Philoptochos members will have a social gathering with beverages and appetizers on Tuesday, September 23, beginning at 5:30 p.m. with dinner served at 6:00 p.m. A short meeting will follow with information about what has happened in the past few months and all that is coming up. You don't want to miss this annual event. Stop by the Philoptochos table starting next weekend to sign up to attend, as well as to help with set-up, serving and clean-up.



Lyn Olson Medical Crisis Program Gala

Sunday, September 21

The 2025 gala will be held at Rustic Roots Winery, 20168 St Croix Trail N., Scandia, Minnesota, on Sunday, September 21, 2025, from 3:00-6:00 p.m. The event will take place at the same venue as last year, featuring the delicious Middle Eastern catering by The Church Ladies. Stephani Atkins returns as MC. We are simplifying our process with the following changes: We will now request a donation of \$40 per adult instead of handling tickets. There will be a cash bar and a live auction. Donations can be made prior to the event by scanning the QR code. Cash, Check, Venmo and PayPal accepted at the door. This year marks the tenth anniversary of the LOMCP becoming a 501(c) (3) organization!

Calendar of the Week

Sunday, September 14: Elevation of the Cross

8:30 a.m. – Matins; 9:30 a.m. – Divine Liturgy

First Day of Church School

11:30 a.m. – Koinonia Kickoff Meeting, *Fireside Room*

3:00-6:00 p.m. – Visitation for Catherine Davis, *Washburn-McReavy Edina Chapel*

5:00 p.m. – Trisagion Service

Monday, September 15

11:00 a.m. – Funeral Service for Catherine Davis, *St. Mary's*

Tuesday, September 16

12:00 noon – Senior Citizens' Meeting, *Terrace Room*

6:30 p.m. – Philoptochos Board Meeting, *Fireside Room*

Wednesday, September 17

9:00 a.m. – "The Messenger" Mailing, *Fireside Room*

10:00 a.m. – Housekeeping

6:30 p.m. – Choir Rehearsal, *Nave*

Thursday, September 18

6:30 p.m. – Koinonia, *Fireside Room*

Friday, September 19

7:00 a.m. – Men's Fellowship, *Fireside Room*

Saturday, September 20

5:00 p.m. – Great Vespers

Healing House dinner and Bible study

Sunday, September 21: Sunday after Holy Cross

8:30 a.m. – Matins; 9:30 a.m. – Divine Liturgy



Children's Glendi and Pizza Party – RSVP Today!

Saturday, October 25, 5:00–8:00 p.m.

Join us for a joyful Greek glendi for the children of the parish, complete with pizza and dancing! The Sioris/Kempf family will provide music, pizza, and beverages, with a recommended \$10 free-will offering per person attending. This year, all proceeds will go towards supporting Sophia and the Forchas family, as we come together in love and fellowship to lift them up during this time. Preschool and elementary-aged children of the parish and their families are welcome. **RSVP by Sunday, October 19.** Please note – this is not a drop-off event; parents/guardians are responsible for their children.



Scan to
RSVP



Prayer Ministry

Please remember the sick, the suffering, and those in need, especially:

The family of Catherine Davis; The family of James M. Boosalis; All victims of wars throughout the world; Our brothers and sisters living through the aftermath of disaster; For the victims of violence; Metro Hope Ministries; Orthodox Christian Prison Ministry; FOCUS Minnesota; Our brothers and sisters serving in the Armed Forces throughout the world especially Jassir Conway; San Miguel Del Lago Orphanage; Sophia and the students, staff, and parents of Annunciation Church and School, Janet, Andrew and Mari, Constantine James, Lauren, Anna, Kathleen Wendland and Julie Alvin, Gabriel, Linda, John and Johnny, Anastasia, Diane, Nicki, Dino, George, Billie, Nino, Kate, Elena, Mechelle, Elaine, Vonda, Andrew, Susan, Elias, Imogene, Becky, Elizabeth, Yvonne, Fran, Jim, Kathryn, Tom, Gina M., Elly K., Thomas, Panos, Connie, Sylvia, Pete, Steve A., Athena, Betty, Ann, Mark, Kostantinos & Georgia, Andreas, Jonathan, Jeanette, Mary, Ann, Marilyn, Donna, Dawn, Don, Nancy, Brad, Vangie, Jolene, Mikey, Aphrodite, James, Peter, Lyda, Owen, Michael, Jaclyn Jereczek, Dena, Chris, Joy Rose, Nick, John, Eugenia, Ron, Matt, Laura, Constance, Marina, Dion, Annali, Sofia, Juan Cruz & family, Charlie, Helena, Jennifer, John S., Becky, Noel, Stephen, Ray, Christina, Joanne, Charlie, Nuala, Pamela, Avgi, Elena, Speranta, Liz, Efstratia, Jordan, David, Nino, Joe, Donnarae, Mary K., Monte, Bethany, Mark, Owen, Estelle, Justine, Melissa, Megan, Michael, Robbie, Judi, Evonne, James, Nichole, Constantine, Theodora, Irene Maria, Olivia, Lincoln, Carole, Patty, Karrisa, Corina, George R., Ken, Nancy and Tim, Olga, Peter, Cora and family, Lynn, Sue & Jim, Steve, Sue, Jane, Pat, Dave, Pam, Gilbert, George P., Danielle, Jenny, John L., Presvytera Janis, Sandra, Rick, Nancy, Alex, Eryn, Vicki, Bill, Diana, Doria, Mike, Stephanie, Tyler, Ben, Amy, Christy, Karen, Anastasia, Jamie, Alex and Alexander, Toni, Gina, Julie, R.J., Allie, Vickie, Petra, Bob, Joseph, Christopher, Elizabeth, Judi, Bodil, Ole, and others known to you.

Food Shelf Needs for September 21



***Canned Meal – large cans
(e.g. Chili / Pork and Beans)***

September's recipient is **Joyce Uptown Food Shelf**

Please do not bring opened packages. They will be discarded.

INTRODUCING

TWIN CITIES BYZANTINE CHOIR



With the blessing of His Eminence Metropolitan Nathanael of Chicago, a new Pan-Orthodox Byzantine Choir is beginning in our community! Directed by Reader Joseph Karos, the choir aims to glorify God through the music of the Church.

Including men and women from:

St. Mary's Greek Orthodox Church
St. George Antiochian Orthodox Church
St. Elizabeth OCA Orthodox Church
St. George Greek Orthodox Church
Holy Trinity OCA Orthodox Church



Follow the choir on Instagram,
Facebook, and YouTube!

Quick Links

Stay in Contact



To join our mailing list or update your contact information, scan the code.

Digital Donation



To make a donation or stewardship offering, scan the code.

Daily Bible Readings

Monday, September 15

Colossians 1:24-29, 2:1 • Matthew 10:16-22

Tuesday, September 16

II Corinthians 6:1-10 • Luke 7:36-50

Wednesday, September 17

Galatians 3:15-22 • Mark 6:7-13

Thursday, September 18

Galatians 3:23-29; 4:1-5 • Mark 6:30-45

Friday, September 19

Galatians 4:8-21 • Mark 6:45-53

Saturday, September 20

Ephesians 6:10-17 • John 8:21-30

Sunday, September 21: Sunday After Holy Cross

Galatians 2:16-20 • Mark 8:34-38; 9:1



ST. MARY'S
GREEK ORTHODOX CHURCH

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*Fr. Timothy Sas, Fr. Jason Houck,
Fr. Paul Kalina, Deacon, Fr. Luke Twito, Deacon, Fr. Stephen Wehr, Deacon*

Weekly Bulletin Submissions to: Communications@stmarysgoc.org

Weekly Bulletin Submission Deadline: Mondays