

October 12, 2025



The Divine Liturgy

Sunday of the Seventh Ecumenical Council

Commemoration: Sunday of the Seventh Ecumenical Council; Probus, Andronicus, and Tarachus, Martyrs of Tarsus; Symeon the New Theologian; Cosmas the Hymnographer, Bishop of Maiuma; Domnina the Martyr; Wilfrid of York.

Morning Gospel: John 20:1-10..... Tone: First

VARIABLE HYMNS AND READINGS IN THE LITURGY

At the Second Antiphon

Save us, O Son of God, who rose from the dead, save us who sing to you: Alleluia!

At the Small Entrance

Resurrection Hymn, First Tone

Although your tomb was sealed with a stone, O Savior, and your most pure body was guarded by the soldiers, you rose on the third day giving life to all the world. Therefore, O giver of life, the powers of heaven praise you: Glory to your resurrection, O Christ. Glory to your kingdom. Glory to your saving wisdom, O only lover of mankind.

Hymn of Entrance

Come, let us worship and bow down before Christ. Save us, O Son of God, who rose from the dead, save us who sing to You: Alleluia!

Repeat the Resurrection Hymn, above

Hymn for the Fathers, Plagal Fourth Tone

Supremely glorified are You, O Christ our God, who established the holy Fathers on earth as beacons, and through them guided us all to the true Faith.
Most compassionate Lord, glory be to You!

Hymn of the Dormition of the Theotokos, First Tone

In giving birth, you preserved your virginity, O Theotokos; in falling asleep you did not forsake the world. You passed over into life, O Mother of Life; and by your prayers you deliver our souls from death!

Ἐν τῇ γενήσῃ τὴν παρθενίαν ἐφύλαξας, ἐν τῇ κοιμήσῃ τὸν κόσμον οὐ κατέλιπες,
En ti gennisi tin parthenian efilaxas en ti kimisi ton kosmon u katelipes,

Θεοτόκε. Μετέστης πρὸς τὴν ζωὴν, μήτηρ ὑπάρχουσα τῆς ζωῆς, καὶ ταῖς πρεσβείαις
Theotoke. Metestis pros tin zoin, mitir iparhusa tis zois, ke tes presvies

ταῖς σαῖς λυτρομένη ἐκ θανάτου τὰς ψυχὰς ἡμῶν.
tes ses litrumeni ek thanatu tas psihas imon.

Kontakion of the Theotokos, Second Tone

O unfailing protection of Christians, and our faithful advocate before the Creator: though we are sinners, do not ignore our entreaty; but in your goodness, grant your timely help to us who appeal to you in faith. Quickly make intercession; on our behalf make speedy supplication, O Theotokos, for you always protect those who honor you.

Epistle..... Titus 3:8-15

Titus, my son, the saying is sure. I desire you to insist on these things, so that those who have believed in God may be careful to apply themselves to good deeds; these are excellent and profitable to men. But avoid stupid controversies, genealogies, dissensions, and quarrels over the law, for they are unprofitable and futile. As for a man who is factious, after admonishing him once or twice, have nothing more to do with him, knowing that such a person is perverted and sinful; he is self-condemned. When I send Artemas or Tychicos to you, do your best to come to me at Nicopolis, for I have decided to spend the winter there. Do your best to speed Zenas the lawyer and Apollos on their way; see that they lack nothing. And let our people learn to apply themselves to good deeds, so as to help cases of urgent need, and not to be unfruitful. All who are with me send greeting to you. Greet those who love us in the faith. Grace be with you all. Amen.

Gospel.....Luke 8:5-15

The Lord said this parable: "A sower went out to sow his seed; and as he sowed, some fell along the path, and was trodden under foot, and the birds of the air devoured it. And some fell on the rock; and as it grew up, it withered away, because it had no moisture. And some fell among thorns; and the thorns grew with it and choked it. And some fell into good soil and grew, and yielded a hundredfold." And when his disciples asked him what this parable meant, he said, "To you it has been given to know the secrets of the kingdom of God; but for others they are in parables, so that seeing they may not see, and hearing they may not understand. Now the parable is this: The seed is the word of God. The ones along the path are those who have heard; then the devil comes and takes away the word from their hearts, that they may not believe and be saved. And the ones on the rock are those who, when they hear the word, receive it with joy; but these have no root, they believe for a while and in time of temptation fall away. And as for what fell among the thorns, they are those who hear, but as they go on their way they are choked by the cares and riches and pleasures of life, and their fruit does not mature. And as for that in the good soil, they are those who, hearing the word, hold it fast in an honest and good heart, and bring forth fruit with patience." As he said these things, he cried out "He who has ears to hear, let him hear."

.....

The Communion Prayers are found on page 40 of the hymnal.

Today

Prosforo is provided by **Ruta Kubits.**

40-day Churching: **John “Jack” Shepherd**, parents: Andy & Kristi Gatchell

Welcome Visitors and Guests!

After Liturgy this morning, stop by the welcome and information table located between the Bookstore and Great Hall. A couple parishioners are there to welcome you and answer your questions about St. Mary’s Greek Orthodox Church and the Orthodox faith. Join us in the Great Hall for a cup of coffee and always enjoyable refreshments.



Church Music Sunday

We have reached that time of the year during which the Greek Orthodox Archdiocese of America and its official music ministry affiliate, the National Forum, celebrate church music Sunday. Every year, starting on October 1, the feast day of our patron saint, Saint Romanos the Melodist, we recognize our dedicated church music ministry individuals and honor the rich music traditions of our Holy Greek Orthodox Church. Please take this

opportunity, throughout the month of October, to offer special tribute to all the church musicians in our parish, including our choir director, Emily Skoutelas, our Protopsaltis, Joseph Karos, and our Clergy. We have a full and productive Music Ministry here at St. Mary’s Greek Orthodox Church. For any of our congregation interested in participating, please be in touch with Emily Skoutelas, our choir director, at emily@stmarysgoc.org. *May Saint Romanos the Melodist, guide our church musicians today and always.*

Announcements



*Scan to
Sign Up*

Welcome Table Hosts

Help greet newcomers and guests after Sunday Liturgy at the Welcome Table in the Great Hall. This is a wonderful opportunity to make new friends and be a light to those who are interested in Orthodoxy and St. Mary's. The time commitment is minimal.



FOCUS Minnesota Needs

FOCUS is in urgent need of men's clothing and heavy jackets. Both new and gently used are accepted. Bring them to St. Mary's and place them by the sign in the hallway to the Church Office.



Pumpkins Bars to Support a Mission Priest (SAMP)

Stop by the OCMC table in the Great Hall today to pick up some delicious pumpkin bars (homemade by Terri Leckas!) and support a mission priest. Suggested donation is \$10.00 and will go directly to SAMP. Pre-orders accepted! Contact Terri Leckas 612.710.0609.



New Gift Acceptance Policy Presentations

Athena Mihas, Lani McCollar, and Nick Santrizos will present a town hall forum on our new Gift Acceptance Policy. Presentations are today in the Terrace Room and next Sunday in the Fireside Room, both begin immediately after Liturgy. This is to introduce members to the new policy and answer their questions in advance of the October 26 Fall Assembly.



Senior Citizens' Meeting

Tuesday, October 14

Saint Mary's Senior Citizens will meet on Tuesday, October 14, 12:00 noon, in the Terrace Room. We will begin with our usual celebrations, lunch, and cake. Our program theme will be an "Octoberfest Celebration," and we will play some bingo games for prizes. A short meeting and announcements will follow. All St. Mary's Seniors (55+) are invited to join our lively group. Dues are currently \$15.00. For further information, please contact President Tessie Bourdamis or any current officer.



2026 Monastery Pilgrimage

A small group of ladies will make a pilgrimage to the St. Paisius Monastery in Safford, Arizona. The dates planned are for **January 27-31, 2026**. There is room for eleven pilgrims. The monastery does not charge us for our stay; however, it is proper to leave a donation as you are able. The cost of airfare right now ranges from \$400-\$550 and is subject to change. Tickets will be purchased at the end of October. There is also a cost for a rental van for the group. The cost of this van is determined by how many pilgrims attend. The Monastery website is: <http://stpaisiusmonastery.org>. Please familiarize yourself with visitor information. If you are interested or want more information, please contact: **Cristina Nicklow**, Email: cnicklow@outlook.com, Cell: **612.839.4560**



**Scan to
RSVP**

Children's Glendi and Pizza Party – RSVP Today!

Saturday, October 25, 5:00–8:00 p.m.

Join us for a joyful Greek glendi for the children of the parish, complete with pizza and dancing! The Sioris/Kempf family will provide music, pizza, and beverages, with a recommended \$10 free-will offering per person attending. This year, all proceeds will go towards supporting Sophia and the Forchas family, as we come together in love and fellowship to lift them up during this time.

- Saturday, October 25, 5:00–8:00 p.m.
- Preschool and elementary-aged children of the parish and their families are welcome.
- **RSVP by Sunday, October 19.**

Please note – this is not a drop-off event; parents/guardians are responsible for their children.

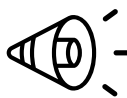


Orthodox Adult Game League Resumes!

Saturday, October 25

This game night will take place at St. Mary's OCA Cathedral's Parish Center (1701 5th Street NE, Minneapolis, MN 55413) starting at 6:00 p.m. Bring a snack or dessert and whatever games you'd like to share. And bring friends! There's always room for another game table, and with the ever-increasing number of newcomers to Orthodoxy, this is a great opportunity to bring them into our wonderful (and competitive!) community. Questions? Contact **Fiona Lotti, 651.470.8994**

Philoptochos News



Operation Classroom

Winter Clothing Drive for Bancroft Elementary School

Winter is coming and many children don't have warm clothes at our partner school in South Minneapolis. Please consider donating your gently used or new winter clothes for Bancroft Elementary kids at the Philoptochos table in October and November. We are collecting outerwear as well as other clothing on Sundays, October 5-November 16. Listed below are items needed for girls and boys: ***Coats, boots, gloves and mittens, socks, and underwear***

Sizing as follows: Clothes: ages 5-12, sizes 4-16; **Boots and sneakers:** ages 5-12, child 12-adult 7; **Socks,** ages 5-10 and 10-12, sizes 8-9.5 and 9-11; **Underwear,** ages 4-12, sizes XS-XL

If you prefer to make a monetary donation, please make checks payable to Philoptochos and memo: Bancroft Elementary. Drop off at the Philoptochos table in October and November.
A big warm thank you to all.



Mark Your Calendars!

General Meeting – Tuesday, October 21, 7:00 p.m.

Please plan to join us on Tuesday, October 21 at 7:00 p.m. for our General Meeting. Watch for further details forthcoming.



2025 Fall FOCUS Meal

Sunday, October 26

Philoptochos will coordinate a free community meal for FOCUS Minnesota, a charitable outreach of the Pan-Orthodox Church community in the Twin Cities. Client numbers are growing at FOCUS and we expect to serve over 300 meals, so are again looking for 50+ volunteers to help as follows: **Make rigatoni entrée, Make green bean casserole, Bring homemade cookies, Provide dinner rolls, Volunteers in-person at church and/or at FOCUS.** Pans for rigatoni and beans will be provided at the Philoptochos table following Sunday services, and recipes can be found by clicking [here](#). Food must be delivered to the church kitchen by 1:00 p.m. Sunday, October 26, when rigatoni and green beans will be warmed. (Exception: If you want to cook on the day of the event, HOT pasta and vegetables can be brought to church by 3:00 p.m.) Sign up using the code or at our Philoptochos table on Sundays.



*Scan to
Sign Up*



Prayer Ministry

Please remember the sick, the suffering, and those in need, especially:

All victims of wars throughout the world; Our brothers and sisters living through the aftermath of disaster; For the victims of violence; Metro Hope Ministries; Orthodox Christian Prison Ministry; FOCUS Minnesota; Our brothers and sisters serving in the Armed Forces throughout the world especially Jassir Conway; San Miguel Del Lago Orphanage; Sophia and the students, staff, and parents of Annunciation Church and School, Jaclyn Strut, Julie, Ann, Jim, Maria, Joan, Jason, Janet (Dimitra), Andrew and Mari, Constantine James, Lauren, Anna, Kathleen Wendland and Julie Alvin, Gabriel, Linda, John and Johnny, Anastasia, Diane, Nicki, Dino, George, Billie, Nino, Kate, Elena, Mechelle, Elaine, Vonda, Andrew, Susan, Elias, Imogene, Becky, Elizabeth, Yvonne, Fran, Jim, Kathryn, Tom, Gina M., Elly K., Thomas, Panos, Connie, Sylvia, Pete, Steve A., Athena, Betty, Mark, Kostantinos & Georgia, Andreas, Jonathan, Jeanette, Mary, Marilyn, Donna, Dawn, Don, Nancy, Brad, Vangie, Jolene, Mikey, Aphrodite, James, Peter, Lyda, Owen, Michael, Jaclyn Jereczek, Dena, Chris, Joy Rose, Nick, John, Eugenia, Ron, Matt, Laura, Constance, Marina, Dion, Annali, Sofia, Juan Cruz & family, Charlie, Helena, Jennifer, John S., Becky, Noel, Stephen, Ray, Christina, Joanne, Charlie, Nuala, Pamela, Avgi, Elena, Speranta, Liz, Efstratia, Jordan, David, Nino, Joe, Donnarae, Mary K., Monte, Bethany, Mark, Owen, Estelle, Justine, Melissa, Megan, Michael, Robbie, Judi, Evonne, James, Nichole, Constantine, Theodora, Irene Maria, Olivia, Lincoln, Carole, Patty, Karrisa, Corina, George R., Ken, Nancy and Tim, Olga, Peter, Cora and family, Lynn, Sue & Jim, Steve, Sue, Jane, Pat, Dave, Pam, Gilbert, George P., Danielle, Jenny, John L., Presvytera Janis, Sandra, Rick, Nancy, Alex, Eryn, Vicki, Bill, Diana, Doria, Mike, Stephanie, Tyler, Ben, Amy, Christy, Karen, Anastasia, Jamie, Alex and Alexander, Toni, Gina, R.J., Allie, Vickie, Petra, Bob, Joseph, Christopher, Elizabeth, Judi, Bodil, Ole, and others known to you.

Food Shelf Needs for October 19



Pancake mix & syrup

October's recipient is **Simpson Food Pantry**

Please do not bring opened packages. They will be discarded.

Calendar of the Week

Sunday, October 12:

Sunday of the Seventh Ecumenical Council

8:30 a.m. – Matins; 9:30 a.m. – Divine Liturgy

after Liturgy – Town Hall on the new gift acceptance policy, *Terrace Room*

Tuesday, October 14

12:00 noon – Senior Citizens' Meeting, *Terrace Room*

6:15 p.m. – Parish Council Meeting, *Fireside Room*

6:30 p.m. – Byzantine Chant Class, *Classroom*

6:30 p.m. – Philoptochos Board Meeting, *Meeting Room 1*

Wednesday, October 15

9:00 a.m. – “The Messenger” Mailing, *Fireside Room*

9:30 a.m. – Housekeeping

10:30 a.m. – FAITH Playgroup, *Great Hall*

6:30 p.m. – Choir Rehearsal, *Nave*

Thursday, October 16

6:30 p.m. – Koinonia, *Fireside Room*

Friday, October 17

7:00 a.m. – Men's Fellowship, *Fireside Room*

Family Camp begins

Saturday, October 18: Saint Luke

Family Camp

9:00 a.m. – Bible Study, *Fireside Room and on Zoom*

10:00 a.m. – Divine Liturgy

5:00 p.m. – Great Vespers

Sunday, October 19: Third Sunday of Luke

Family Camp

8:30 a.m. – Matins; 9:30 a.m. – Divine Liturgy

No Church School

after Liturgy – Town Hall on the new gift acceptance policy, *Fireside Room*



ST. MARY'S GREEK ORTHODOX CHURCH

Celebrating **125 YEARS**

Saturday, November 8, 2025

Sheraton Minneapolis West Hotel

12201 Ridgedale Drive
Minnetonka, MN 55305

6:00 p.m. – Appetizers

7:00 p.m. – Dinner

8:00–11:00 p.m. – Program and Dancing

–Dress Code: Cocktail Attire–

**For more information and
to purchase tickets, scan here or visit:
www.stmarysgoc.org/125-Anniversary/**



Quick Links

Stay in Contact



To join our mailing list
or update your contact
information, scan the code.

Digital Donation



To make a donation or
stewardship offering,
scan the code.

Daily Bible Readings

Monday, October 13

Philippians 1:1-7 • Luke 7:36-50

Tuesday, October 14

Philippians 1:8-14 • Luke 8:1-3

Wednesday, October 15

Philippians 1:12-20 • Luke 8:22-25

Thursday, October 16

Philippians 1:20-27 • Matthew 27:33-54

Friday, October 17

Romans 9:18-33 • Luke 9:12-18

Saturday, October 18: Saint Luke

Colossians 4:5-11, 14-18 • Luke 10:16-21

Sunday, October 19: Third Sunday of Luke

II Corinthians 11:31-33; 12:1-9 • Luke 7:11-16



ST. MARY'S
GREEK ORTHODOX CHURCH

3450 Irving Avenue South, Minneapolis, MN 55408-3399

stmarysgoc.org | **612.825.9595** |   

*Fr. Timothy Sas, Fr. Jason Houck,
Fr. Paul Kalina, Deacon, Fr. Luke Twito, Deacon, Fr. Stephen Wehr, Deacon*

Weekly Bulletin Submissions to: Communications@stmarysgoc.org

Weekly Bulletin Submission Deadline: Mondays