

October 5, 2025



The Divine Liturgy

Second Sunday of Luke

Commemoration: National Church Music Sunday; Charitina the Martyr; Methodia the Righteous of Kimolos; Eudokimos the Unknown of Mount Athos; Peter, Alexis, Jonah, Hermogenes, and Tikhon, Metropolitans of Moscow.

Morning Gospel: Luke 24:36-53.....Tone: Plagal Fourth

VARIABLE HYMNS AND READINGS IN THE LITURGY

At the Second Antiphon

Save us, O Son of God, who rose from the dead, save us who sing to you: Alleluia!

At the Small Entrance

Resurrection Hymn, Plagal Fourth Tone

From on high you descended, O merciful Lord.

You accepted the cross and three days in the tomb to free us from the bondage of sin, O our life and resurrection. Glory to you, O Lord.

Hymn of Entrance

Come, let us worship and bow down before Christ. Save us, O Son of God, who rose from the dead, save us who sing to You: Alleluia!

Repeat the Resurrection Hymn, above

Hymn of the Dormition of the Theotokos, First Tone

In giving birth, you preserved your virginity, O Theotokos; in falling asleep you did not forsake the world. You passed over into life, O Mother of Life; and by your prayers you deliver our souls from death!

Ἐν τῇ γενήσῃ τὴν παρθενίαν ἐφύλαξας, ἐν τῇ κοιμήσῃ τὸν κόσμον οὐ κατέλιπες,
En ti gennisi tin parthenian efilaxas en ti kimisi ton kosmon u katelipes,

Θεοτόκε. Μετέστης πρὸς τὴν ζωὴν, μήτηρ ὑπάρχουσα τῆς ζωῆς, καὶ ταῖς πρεσβείαις
Theotoke. Metestis pros tin zoin, mitir iparhusa tis zois, ke tes presvies

ταῖς σαῖς λυτρομένη ἐκ θανάτου τὰς ψυχὰς ἡμῶν.
tes ses litrumeni ek thanatu tas psihas imon.

Kontakion of the Theotokos, Second Tone

O unfailing protection of Christians, and our faithful advocate before the Creator: though we are sinners, do not ignore our entreaty; but in your goodness, grant your timely help to us who appeal to you in faith. Quickly make intercession; on our behalf make speedy supplication, O Theotokos, for you always protect those who honor you..

Epistle.....II Corinthians 6:16—7:1

Brethren, you are the temple of the living God; as God said, “I will live in them and move among them, and I will be their God, and they shall be my people. Therefore come out from them, and be separate from them, says the Lord, and touch nothing unclean; then I will welcome you, and I will be a father to you, and you shall be my sons and daughters, says the Lord Almighty.” Since we have these promises, beloved, let us cleanse ourselves from every defilement of body and spirit, and make holiness perfect in the fear of God.

Gospel.....Luke 6:31-36

The Lord said, “As you wish that men would do to you, do so to them. If you love those who love you, what credit is that to you? For even sinners love those who love them. And if you do good to those who do good to you, what credit is that to you? For even sinners do the same. And if you lend to those from whom you hope to receive, what credit is that to you? Even sinners lend to sinners, to receive as much again. But love your enemies, and do good, and lend, expecting nothing in return; and your reward will be great, and you will be sons of the Most High; for he is kind to the ungrateful and the selfish. Be merciful, even as your Father is merciful.”

The Communion Prayers are found on page 40 of the hymnal.

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Today

Prosforo is provided by **Yana Patridge**.

Memorial Prayers today are offered for
Nancy (Nausika) Coin (1 year) mother of Jennifer Coin.

The coffee hour today is hosted by
Jennifer Coin in memory of her mother, Nancy

Welcome Visitors and Guests!

After Liturgy this morning, stop by the welcome and information table located between the Bookstore and Great Hall. A couple parishioners are there to welcome you and answer your questions about St Mary's Greek Orthodox Church and the Orthodox faith. Join us in the Great Hall for a cup of coffee and always enjoyable refreshments.

Announcements



FOCUS Minnesota Needs

FOCUS is in urgent need of men's clothing and heavy jackets. Both new and gently used are accepted. Bring them to St. Mary's and place them by the sign in the hallway to the Church Office.



Pumpkins Bars to Support a Mission Priest (SAMP)

Stop by the OCMC table in the Great Hall today to pick up some delicious pumpkin bars (homemade by Terri Leckas!) and support and mission priest. Suggested donation is \$10.00 and will go directly to SAMP. Pre-orders accepted! Contact Terri Leckas 612.710.0609.



New Gift Acceptance Policy Presentations

Athena Mihas, Lani McCollar, and Nick Santrizos will present a town hall forum on our new Gift Acceptance Policy. Presentations are next **Sunday, October 12**, in the Terrace Room, and **Sunday, October 19**, in the Fireside Room, both begin immediately after Liturgy. This is to introduce members to the new policy and answer their questions in advance of the October 26 Fall Assembly.



Senior Citizens' Meeting

Tuesday, October 14

Saint Mary's Senior Citizens will meet on Tuesday, October 14, 12:00 noon, in the Terrace Room. We will begin with our usual celebrations, lunch, and cake. Our program theme will be an "Oktoberfest Celebration," and we will play some bingo games for prizes. A short meeting and announcements will follow. All St. Mary's Seniors (55+) are invited to join our lively group. Dues are currently \$15.00. For further information, please contact President Tessie Bourdamis or any current officer.



*Scan to
Sign Up*

BYZN-101: Intro to Byzantine Music and Notation *Classes Begin This Week*

Love to sing? Join us for our Introductory Byzantine Notation and Chant course, BYZN 101! Whether you've never chanted before, or you've been chanting for many years, all are welcome! The first half of the class will be focused on learning Byzantine notation, then learning the modes (and their theory), two weeks at a time. This course is mostly focused on learning Byzantine notation; the musical system used around the world in Byzantine music. We'd love to have you join us for this college-style class (some lecture and some practical experience). The first class is Tuesday, October 7, meeting weekly on Tuesdays at 6:30 p.m. To register or for more information, contact Joseph@stmarysgoc.org, or scan the QR code. The QR code is the registration form, which also has all class information.



Children's Glendi and Pizza Party – RSVP Today!

Saturday, October 25, 5:00–8:00 p.m.

Join us for a joyful Greek glendi for the children of the parish, complete with pizza and dancing! The Sioris/Kempf family will provide music, pizza, and beverages, with a recommended \$10 free-will offering per person attending. This year, all proceeds will go towards supporting Sophia and the Forchas family, as we come together in love and fellowship to lift them up during this time.

- Saturday, October 25, 5:00–8:00 p.m.
- Preschool and elementary-aged children of the parish and their families are welcome.
- **RSVP by Sunday, October 19.**

Please note – this is not a drop-off event; parents/guardians are responsible for their children.



*Scan to
RSVP*

Philoptochos News



Philoptochos Table on Sundays

Still Looking for Help...Please Sign Up

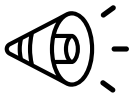
We would love for you to help at our table on Sundays. Please stop by and sign up to sit at the table on a specific Sunday to assist in answering questions and promote individuals to sign up for activities happening in the coming weeks. We only need ladies to be there after Liturgy until about noon.



The Twentieth Twin Cities Pan-Orthodox Tea

Saturday, October 11, 2:00-5:00 p.m.

Saint Mary's Greek Orthodox Church will be hosting the annual tea this year. Please plan to attend as the guest speaker will be our own Cindy Karos! She will share a presentation on Divine Liturgy. Please bring an appetizer or dessert to share. Any questions, contact Connie Kouzes, ankouzes@gmail.com



Operation Classroom

Winter Clothing Drive for Bancroft Elementary School

Winter is coming and many children don't have warm clothes at our partner school in South Minneapolis. Please consider donating your gently used or new winter clothes for Bancroft Elementary kids at the Philoptochos table in October and November. We are collecting outerwear as well as other clothing on Sundays, October 5-November 16.

Listed below are items needed for girls and boys:

Coats, boots, gloves and mittens, socks, and underwear

Sizing as follows:

Clothes: ages 5-12, sizes 4-16

Boots and sneakers: ages 5-12, child 12-adult 7

Socks, ages 5-10 and 10-12, sizes 8-9.5 and 9-11

Underwear, ages 4-12, sizes XS-XL

If you prefer to make a monetary donation, please make checks payable to Philoptochos and memo: Bancroft Elementary. Drop off at the Philoptochos table in October and November.

A big warm thank you to all.

Calendar of the Week

Sunday, October 5: Second Sunday of Luke

8:30 a.m. – Matins; 9:30 a.m. – Divine Liturgy

Tuesday, October 7

11:00 a.m. – Intercessory Prayer, *Nave*

11:30 a.m. – Senior Citizens' Bible Study, *Fireside Room*

6:30 p.m. – Byzantine Chant Class, *Fireside Room*

Wednesday, October 8

6:15 p.m. – Parish Night

6:30 p.m. – Choir Rehearsal, *Nave*

Saturday, October 11: Saint Philip

9:00 a.m. – Bible Study, *Fireside Room and on Zoom*

10:00 a.m. – Divine Liturgy

after Liturgy – FAITH Playgroup, *Great Hall*

2:00 p.m. – Pan-Orthodox Women's Tea, *Terrace Room*

5:00 p.m. – Great Vespers

Sunday, October 12:

Sunday of the Seventh Ecumenical Council

8:30 a.m. – Matins; 9:30 a.m. – Divine Liturgy

after Liturgy – Town Hall on the new gift acceptance policy, *Terrace Room*



2026 Monastery Pilgrimage

A small group of ladies will make a pilgrimage to the St. Paisius Monastery in Safford, Arizona. The dates planned are for **January 27-31, 2026**. There is room for eleven pilgrims. The monastery does not charge us for our stay; however, it is proper to leave a donation as you are able. The cost of airfare right now ranges from \$400-\$550 and is subject to change. Tickets will be purchased at the end of October. There is also a cost for a rental van for the group. The cost of this van is determined by how many pilgrims attend. The Monastery website is: <http://stpaisiusmonastery.org>. Please familiarize yourself with visitor information. If you are interested or want more information, please contact: **Cristina Nicklow**, Email: cnicklow@outlook.com, Cell: **612.839.4560**



Prayer Ministry

Please remember the sick, the suffering, and those in need, especially:

All victims of wars throughout the world; Our brothers and sisters living through the aftermath of disaster; For the victims of violence; Metro Hope Ministries; Orthodox Christian Prison Ministry; FOCUS Minnesota; Our brothers and sisters serving in the Armed Forces throughout the world especially Jassir Conway; San Miguel Del Lago Orphanage; Sophia and the students, staff, and parents of Annunciation Church and School, Joan, Jason, Janet (Dimitra), Andrew and Mari, Constantine James, Lauren, Anna, Kathleen Wendland and Julie Alvin, Gabriel, Linda, John and Johnny, Anastasia, Diane, Nicki, Dino, George, Billie, Nino, Kate, Elena, Mechelle, Elaine, Vonda, Andrew, Susan, Elias, Imogene, Becky, Elizabeth, Yvonne, Fran, Jim, Kathryn, Tom, Gina M., Elly K., Thomas, Panos, Connie, Sylvia, Pete, Steve A., Athena, Betty, Ann, Mark, Kostantinos & Georgia, Andreas, Jonathan, Jeanette, Mary, Ann, Marilyn, Donna, Dawn, Don, Nancy, Brad, Vangie, Jolene, Mikey, Aphrodite, James, Peter, Lyda, Owen, Michael, Jaclyn Jereczek, Dena, Chris, Joy Rose, Nick, John, Eugenia, Ron, Matt, Laura, Constance, Marina, Dion, Annali, Sofia, Juan Cruz & family, Charlie, Helena, Jennifer, John S., Becky, Noel, Stephen, Ray, Christina, Joanne, Charlie, Nuala, Pamela, Avgi, Elena, Speranta, Liz, Efstratia, Jordan, David, Nino, Joe, Donnarae, Mary K., Monte, Bethany, Mark, Owen, Estelle, Justine, Melissa, Megan, Michael, Robbie, Judi, Evonne, James, Nichole, Constantine, Theodora, Irene Maria, Olivia, Lincoln, Carole, Patty, Karrisa, Corina, George R., Ken, Nancy and Tim, Olga, Peter, Cora and family, Lynn, Sue & Jim, Steve, Sue, Jane, Pat, Dave, Pam, Gilbert, George P., Danielle, Jenny, John L., Presvytera Janis, Sandra, Rick, Nancy, Alex, Eryn, Vicki, Bill, Diana, Doria, Mike, Stephanie, Tyler, Ben, Amy, Christy, Karen, Anastasia, Jamie, Alex and Alexander, Toni, Gina, Julie, R.J., Allie, Vickie, Petra, Bob, Joseph, Christopher, Elizabeth, Judi, Bodil, Ole, and others known to you.

Food Shelf Needs for October 12



Peanut Butter

October's recipient is **Simpson Food Pantry**

Please do not bring opened packages. They will be discarded.



St. Mary's Stewardship at Work



Koinonia

by the Numbers

6



Groups last year

11



Total groups this year

135+



Participants last year

"To anyone considering joining a group, I'd say: don't hesitate. Sharing a meal and discussion with others who are also seeking to know God more deeply is incredibly encouraging."

—Lea Sullivan

"As a participant of Koinonia this year, the people of St. Mary's became more than friendly faces; they became our friends in Christ. This enriching experience supported and encouraged our faith and helped us know others more fully."

—Angela Cook

St. Mary's Koinonia is led by dedicated group facilitators throughout the Twin Cities, and each monthly gathering either a clergy or scholar visits also. Small groups of approximately 10-12 gather **September through May**.



Find a group to join and sign up here

NATIONAL CHURCH MUSIC SUNDAY

OCTOBER 5, 2025



Awed by the beauty of your
virginity, and the exceeding
radiance of your purity;

Gabriel stood amazed and cried
out unto you, O Theotokos,

What praise may I offer that is
worthy of your beauty?

By what name shall I call you?

I am lost and bewildered, but I
shall cry to you as commanded:

Rejoice, O full of grace.

Theotokos of the Akathist



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NATIONAL FORUM OF GREEK ORTHODOX CHURCH MUSICIANS

WWW.CHURCHMUSIC.GOARCH.ORG



Parish Night: **On Orthodox Ethics in the Modern World**

**Wednesday, October 8
6:00–8:00 p.m.**

Join us for the once monthly Parish Night! The event will commence with a prayer service, followed by a meal and educational sessions surrounding the Orthodox Ethics in the Modern World. Attendees will split up for the educational sessions into the following groups, adults, high school students, middle school students (grades 6-8), and grades K-5. We hope you can join for this night of prayer, fellowship, and learning!



SAVE THE DATE

Saturday evening,
NOVEMBER 8, 2025
6:00 P.M.

Saint Mary's **125th Anniversary** **Celebration**

Sheraton Minneapolis West Hotel
12201 Ridgedale Drive
Minnetonka, MN 55305

Ticketing and details to follow.

Quick Links

Stay in Contact



To join our mailing list
or update your contact
information, scan the code.

Digital Donation



To make a donation or
stewardship offering,
scan the code.

Daily Bible Readings

Monday, October 6

I Corinthians 4:9-16 • John 20:19-31

Tuesday, October 7

Ephesians 5:20-25 • Luke 6:37-45

Wednesday, October 8

Ephesians 5:25-33 • Luke 6:46-49, 7:1

Thursday, October 9

I Corinthians 4:9-16 • Matthew 9:36-38; 10:1-8

Friday, October 10

Ephesians 6:18-24 • Luke 7:31-35

Saturday, October 11

Acts 8:26-39 • Luke 5:27-32

Sunday, October 12: Sunday of the Seventh Ecumenical Council

Titus 3:8-15 • Luke 8:5-15



ST. MARY'S
GREEK ORTHODOX CHURCH

3450 Irving Avenue South, Minneapolis, MN 55408-3399

stmarysgoc.org | **612.825.9595** |   

*Fr. Timothy Sas, Fr. Jason Houck,
Fr. Paul Kalina, Deacon, Fr. Luke Twito, Deacon, Fr. Stephen Wehr, Deacon*

Weekly Bulletin Submissions to: Communications@stmarysgoc.org

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