



February 15, 2026

The Divine Liturgy

Sunday of the Last Judgment (Meatfare)

Commemoration:

Judgment Sunday (Meatfare Sunday); Onesimus the Apostle of the 70; Our Righteous Father Anthimus the Elder of Chios; Onesimos, Patriarch of Constantinople; Our Righteous Father Anthimus the Elder of Chios; Onesimos, Patriarch of Constantinople; Eusebius the Righteous of Syria; Major the Martyr.

Morning Gospel: Mark 16:9-20..... Tone: Third

VARIABLE HYMNS AND READINGS IN THE LITURGY

At the Second Antiphon

Save us, O Son of God, who rose from the dead,
save us who sing to you: Alleluia!

At the Small Entrance

Resurrection Hymn, Third Tone

Let the heavens rejoice and the earth be glad, for the Lord has shown the mighty power of his arm. He has trampled down death by death, becoming the firstborn of the dead. He has delivered us from the depths of hell and has granted to all the world his great mercy.

Hymn of Entrance

Come, let us worship and bow down before Christ. Save us, O Son of God,
who rose from the dead, save us who sing to You: Alleluia!

Repeat the Resurrection Hymn, above

Hymn of the Dormition of the Theotokos, First Tone

In giving birth, you preserved your virginity, O Theotokos; in falling asleep
you did not forsake the world. You passed over into life, O Mother of Life;
and by your prayers you deliver our souls from death!

Ἐν τῇ γενήσει τὴν παρθενίαν ἐφύλαξας, ἐν τῇ κοιμήσει τὸν κόσμον οὐ κατέλιπες,
En ti gennisi tin parthenian efilaxas en ti kimisi ton kosmon u katelipes,

Θεοτόκε. Μετέστης πρὸς τὴν ζωὴν, μήτηρ ὑπάρχουσα τῆς ζωῆς, καὶ ταῖς πρεσβείαις
Theotoke. Metestis pros tin zoin, mitir iparhusa tis zois, ke tes presvies

ταῖς σαῖς λυτρουμένη ἐκ θανάτου τὰς ψυχὰς ἡμῶν.
tes ses litrumeni ek thanatu tas psihas imon.

Kontakion of the Sunday of the Last Judgment, *First Tone*

When you come to the earth, O God, in your glory, all creation will tremble and a river of fire will flow before your throne of judgment. The books will be opened and the secrets of all will be revealed. On that day, O just Judge, deliver me from eternal flames and make me worthy to stand at your right.

***Epistle*I Corinthians 8:8-13; 9:1-2**

Brethren, food will not commend us to God. We are no worse off if we do not eat, and no better off if we do. Only take care lest this liberty of yours somehow become a stumbling block to the weak. For if any one sees you, a man of knowledge, at table in an idol's temple, might he not be encouraged, if his conscience is weak, to eat food offered to idols? And so by your knowledge this weak man is destroyed, the brother for whom Christ died. Thus, sinning against your brethren and wounding their conscience when it is weak, you sin against Christ. Therefore, if food is a cause of my brother's falling, I will never eat meat, lest I cause my brother to fall. Am I not free? Am I not an apostle? Have I not seen Jesus our Lord? Are not you my workmanship in the Lord? If to others I am not an apostle, at least I am to you; for you are the seal of my apostleship in the Lord.

***Gospel*..... Matthew 25:31-46**

The Lord said, "When the Son of man comes in his glory and all the holy angels with him, then he will sit on his glorious throne. Before him will be gathered all the nations, and he will separate them one from another as a shepherd separates the sheep from the goats, and he will place the sheep at his right hand, but the goats at the left. Then the king will say to those at his right hand, 'Come, O blessed of my Father, inherit the kingdom prepared for you from the foundation of the world; for I was hungry and you gave me food, I was thirsty and you gave me drink, I was a stranger and you welcomed me, I was naked and you clothed me, I was sick and you visited me, I was in prison and you came to me.' Then the righteous will answer him, 'Lord, when did we see you hungry and feed you, or thirsty and give you drink? And when did we see you a stranger and welcome you, or naked and clothe you? And when did we see you sick or in prison and visit you?' And the King will answer them, 'Truly, I say to you, as you did it to one of the least of these my brethren, you did it to me.' Then he will say to those at his left hand, 'Depart from me, you cursed, into the eternal fire prepared for the devil and his angels; for I was hungry and you gave me no food, I was thirsty and you gave me no drink, I was a stranger and you did not welcome me, naked and you did not clothe me, sick and in prison and you did not visit me.' Then they also will answer, 'Lord, when did we see you hungry or thirsty or a stranger or naked or sick or in prison, and did not minister to you?' Then he will answer them, 'Truly, I say to you, as you did it not to one of the least of these, you did it not to me.' And they will go away into eternal punishment, but the righteous into eternal life."

The Communion Prayers are found on page 40 of the hymnal

Today

Prosforo is provided by
Ruta Kubits, Yana Patridge

Memorial Prayers today are offered for
Mary Anderson (40 days); **Nick Chresand** (40 days); **George Caloviras** (1 year);
Hercules Kollias (10 years), godfather of Nikki Beauchamp.

A graphic for a pancake brunch. It features a red and white checkered background with yellow syrup dripping down the top. A white box with a black border contains the text: "Please join us for the third Annual Church School PANCAKE BRUNCH". Below this, a pink box says "TODAY in the Great Hall, after the Divine Liturgy" next to a red heart. To the left is an illustration of a stack of pancakes with fruit. Below the white box, it says "Decorations, food preparation and serving all done by students!". At the bottom, a pink box contains the text: "Stop by the Great Hall after Liturgy this morning for a pancake brunch hosted by our church school. A freewill offering will be accepted at the door and proceeds benefit our church school program. Do join us! Today is the last day we consume meat (sausages are on the menu) until Holy Pascha, and what a fun way to enjoy it!"

Please join us for the third Annual Church School

PANCAKE BRUNCH

TODAY in the Great Hall, after the Divine Liturgy 



Decorations, food preparation and serving all done by students!

Stop by the Great Hall after Liturgy this morning for a pancake brunch hosted by our church school. A freewill offering will be accepted at the door and proceeds benefit our church school program. Do join us!
Today is the last day we consume meat (sausages are on the menu) until Holy Pascha, and what a fun way to enjoy it!



Welcome Visitors and Guests!

After Liturgy this morning, stop by the welcome and information table located between the Bookstore and Great Hall. A couple parishioners are there to welcome you and answer your questions about St. Mary's Greek Orthodox Church and the Orthodox faith. Join us in the Great Hall for a cup of coffee and always enjoyable refreshments.



Prayer Ministry

Please remember the sick, the suffering, and those in need, especially:

All victims of wars throughout the world; Our brothers and sisters living through the aftermath of disaster; For the victims of violence; Metro Hope Ministries; Orthodox Christian Prison Ministry; FOCUS Minnesota; Our brothers and sisters serving in the Armed Forces throughout the world especially Jassir Conway; San Miguel Del Lago Orphanage; Sophia and the students, staff, and parents of Annunciation Church and School, Bill & Marti, Mia, Dennis, Deb, Dean, Ioanna, Santina, Tia, Margaret, Kathie, Owen, Missy, Anthony, Julie, Ann, Jim, Maria, Joan, Jason, Janet (Dimitra), Andrew and Mari, Constantine James, Lauren, Anna, Kathleen Wendland and Julie Alvin, Gabriel, Linda, John and Johnny, Anastasia, Diane, Nicki, Dino, George, Billie, Nino, Kate, Elena, Mechelle, Elaine, Vonda, Andrew, Susan, Elias, Imogene, Becky, Elizabeth, Yvonne, Fran, Jim, Kathryn, Tom, Gina M., Elly K., Thomas, Panos, Connie, Sylvia, Pete, Steve A., Athena, Betty, Mark, Kostantinos & Georgia, Andreas, Jonathan, Jeanette, Mary, Marilyn, Donna, Dawn, Don, Nancy, Brad, Vangie, Jolene, Mikey, Aphrodite, James, Peter, Lyda, Michael, Jaclyn Jereczek, Dena, Chris, Nick, John, Eugenia, Ron, Matt, Laura, Constance, Marina, Annali, Sofia, Juan Cruz & family, Charlie, Helena, Jennifer, John S., Becky, Noel, Stephen, Ray, Christina, Joanne, Charlie, Nuala, Pamela, Avgi, Elena, Speranta, Efstratia, Jordan, David, Nino, Joe, Donnarae, Mary K., Monte, Bethany, Mark, Estelle, Justine, Melissa, Megan, Michael, Robbie, Judi, Evonne, James, Nichole, Constantine, Theodora, Irene Maria, Olivia, Lincoln, Carole, Patty, Karris, Corina, George R., Ken, Nancy and Tim, Olga, Peter, Cora and family, Lynn, Sue & Jim, Steve, Sue, Jane, Pat, Dave, Pam, Gilbert, George P., Danielle, Jenny, John L., Presvytera Janis, Sandra, Rick, Nancy, Alex, Eryn, Vicki, Diana, Doria, Mike, Stephanie, Tyler, Ben, Amy, Christy, Karen, Anastasia, Jamie, Alex and Alexander, Toni, Gina, R.J., Allie, Vickie, Petra, Bob, Joseph, Christopher, Elizabeth, Judi, Bodil, Ole, and others known to you.

Food Shelf Needs for February 22



Hygiene items (toothpaste, soap, shampoo, conditioner; razors)

February's recipient is Simpson Food Pantry

Please do not bring opened packages. They will be discarded.

Calendar of the Week

Sunday, February 15: Sunday of the Last Judgment (Meatfare)

8:30 a.m. – Matins; 9:30 a.m. – Divine Liturgy

after Liturgy – Pancake Brunch, *Great Hall*

after Liturgy – Project HOPE, *Terrace Room*

Monday, February 16: Presidents' Day

Church and Office Closed.

6:00 p.m. – Greek Dance Practice, *Great Hall*

Tuesday, February 17

6:30 p.m. – Byzantine Chant Class, *Fireside Room*

Wednesday, February 18

9:00 a.m. – “The Messenger” Mailing, *Fireside Room*

10:00 a.m. – Housekeeping

6:30 p.m. – Choir Rehearsal, *Nave*

Thursday, February 19

6:30 p.m. – Koinonia, *Fireside Room*

Friday, February 20

7:00 a.m. – Men’s Fellowship, *Fireside Room*

Saturday, February 21: Second Saturday of Souls

9:00 a.m. – Bible Study, *Fireside Room and on Zoom*

10:00 a.m. – Divine Liturgy

10:00 a.m. – Philoptochos Service Day, *Lecture Room (until 5:00 p.m.)*

No Great Vespers

Sunday, February 22: Forgiveness Sunday (Cheesefare)

8:30 a.m. – Matins; 9:30 a.m. – Divine Liturgy

after Liturgy – Special Parish Assembly, *Great Hall*

12:00 noon – Philoptochos Meeting, *Terrace Room*

after Church School – Saint Olympia Girls help decorate the Nave for Great Lent

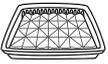
5:00 p.m. – Forgiveness Vespers, followed by Sacrament of Confession

Philoptochos News



Philoptochos Membership Drive

All women of the parish should have received a letter inviting them to *Step Up! Make a Difference!* with Philoptochos as a new or returning member. Let's renew and strengthen our efforts together, united in our mission to serve "the least of them." Membership dues are self-determined, with **the first \$22 supporting our Metropolis and National Philoptochos**, and the remainder directly benefiting our local chapter. Stop by our table to receive a small 'Thank You' gift for your donation.



Spring Fillo Sale ~ Now through February 22

Fresh fillo is the best fillo! We are taking orders for fillo through Sunday, February 22. Stop by our table to place your order. The cost will be \$6.00 per pound. We will accept cash, checks, and credit cards (small additional fee is charged for credit card purchases). Pickup will be on March 1.



Philoptochos Service Day ~ Saturday, February 21

Please join Philoptochos in the Lecture Room at St. Mary's between 10:00 a.m. and 5:00 p.m. on Saturday, February 21, when we will be working on wheelchair bags, pillowcases, nightgowns, boxers, and feminine hygiene kits. We need volunteers for ironing, cutting, assembly and sewing. Come for an hour...or all day!

Please see Signup Genius at <https://tinyurl.com/Philo-serviceday-feb2026> for details or scan the QR code. Everyone is welcome! Bring your neighbor, friend, and/or high school students that may need volunteer service hours for school.

We are also in need of the following donations:

- bars of soap
- gallon size Ziploc freezer bags
- New women's underwear (small and medium sizes)

Donations should be dropped at the Philoptochos table by February 15 or brought with you to the Service Day on February 21



Church Kitchen Refrigerator Monthly Clean Up

We are looking for volunteers again in 2026 to help with keeping our church kitchen refrigerators clean. We need individuals to sign up for a monthly clean out of old and expired food and clean up any spills. Please stop by our table to pick a month you would be able to help.



General Meeting Next Sunday, February 22

Our next General Meeting is Sunday, February 22. Due to a special Parish Assembly that morning, we will not have a program that day and plan to start our meeting right after the assembly at about 12 noon. We will get right into the business portion of our meeting.

We will be discussing all the wonderful things coming up for Philoptochos in the next couple of months leading up to Pascha. We have many volunteer opportunities that we need help with. Please plan to stay for our meeting and hope to see you all there! Food and refreshments will be provided.



Tandem Fundraising Drive: February 23 through April 5

This Lent Philoptochos is again partnering with the Tandem Family Resource Center to support families in need. The Tandem Center (formerly Tapestry) provides resources for women in crisis. Please stop by our table to pick up an envelope to make your donation. Learn more at: www.wearetandem.org



Next Book Club Meeting Thursday, March 12

The next book club meeting will be on Thursday March 12, at 7:00 p.m. in the classroom down the school hallway. We will be discussing the second half of the book *Time and Despondency* by Nicole Roccas which you can find in the bookstore.



“So great was the honour and providential care which God bestowed upon man that He brought the entire sensible world into being before him and for his sake. The kingdom of heaven was prepared for him from the foundation of the world (Matthew 25:34); God first took counsel concerning him, and then he was fashioned by God’s hand and according to the image of God (Genesis 1:26-27). God did not form the whole man from matter and from the elements of this sensible world, as He did the other animals. He formed only man’s body from these materials; but man’s soul He took from things supercelestial or, rather, it came from God Himself when mysteriously He breathed life into man (Genesis 2:7).”

— St. Gregory Palamas

Starting Today,
Let's Bring Hope
to Our Neighbors.



HELP IN **3** WAYS



BRING
Through February

1

REQUESTED NEEDS:

- Menstrual Pads
- Laundry Soap—easy to carry size



PACK
Today After Liturgy

2

Join in the Terrace Room to assemble 200 essential **Express Packs** of purchased groceries



DONATE
Through February

3

Scan a code below to directly help the critical **housing/rental** needs of our neighbors

Bancroft Families



Powderhorn Park Neighborhood Association



Join in service with our Metropolis through their **generous** support from **Project Hope**.



H O P E
Humanitarian Outreach & Philanthropic Engagement

“...Let us not love with words or speech but with actions and in truth”. –1 John 3:18



Your Donations Will Be Delivered By These Partners:



VEAP (Volunteers Enlisted to Assist People)

- **VEAP** is a locally vetted agency with critical needs.
- They will distribute our **200 Express Packs** (typically 25-40/day) and the collected **laundry soap** to neighbors in need.
- Groceries made available by **Project Hope**.



Bancroft Families (*Philo托chos partner*) or Powderhorn Park Neighborhood Association (*previously Neighborhood of St. Mary's GOC*)

- Financial donations, to either group, will directly provide critical housing/rent support.



Joyce Uptown Food Shelf (*Parish partner*)

- They will distribute essentially needed **menstrual pads**.
-

Thank you for your contribution.

With the Holy Spirit, your support becomes **HOPE** to our neighbors with **ACTION**.

Join in service with our Metropolis through their **generous** support from **Project Hope**.



H O P E
Humanitarian Outreach & Philanthropic Engagement



MINNESOTA PAN-ORTHODOX LENTEN VESPERS

SUNDAYS AT 5:00 P.M. DURING GREAT LENT

Following each service we will gather for a Lenten meal and Fellowship.

MARCH 1

Triumph of Orthodoxy

St. Mary's Orthodox Cathedral

1701 5th St NE, Minneapolis, 55413

MARCH 8

St. Gregory Palamas

St. Mary's Greek Orthodox Church

3450 Irving Ave S, Minneapolis, 55408

MARCH 15

Veneration of the Holy Cross

St. George Antiochian Orthodox Church

1250 Oakdale Ave, West St Paul, 55118

MARCH 22

St. John of the Ladder

St. Mary's Romanian Orthodox Church

854 N Woodbridge St, St. Paul, 55117

MARCH 29

St. Mary of Egypt

Holy Trinity Orthodox Church

956 Forest St. N, St. Paul, 55106

APRIL 5

Bridegroom Matins

St. Herman Orthodox Church

5355 38th Ave S, Minneapolis, 55412





Welcoming Mother Gabriela for the Sunday of Orthodoxy

◇ ◇ ◇ ◇ ◇ **Sunday, March 1, 2026** ◇ ◇ ◇ ◇ ◇



We are honored to welcome Mother Gabriela, Abbess of Dormition Monastery in Rives Junction, Michigan, to the Twin Cities.

Mother Gabriela will offer the sermon following the Divine Liturgy at Saint Mary's Greek Orthodox Church in South Minneapolis. She will also attend Lenten Vespers at Saint Mary's Cathedral in Northeast Minneapolis, where she will give a presentation after the service.

Please plan to join us if you are able. It is truly a blessing to have her with us as we celebrate the *Sunday of Orthodoxy*.

9:30 a.m. – Divine Liturgy

Saint Mary's Greek Orthodox
3450 Irving Ave, Minneapolis 55408
Sermon immediately following Liturgy

5:00 p.m. – Lenten Vespers

Saint Mary's Cathedral
1701 5th St. NE, Minneapolis 55413
Presentation immediately following Vespers

Sunday of Orthodoxy

The Sunday of Orthodoxy is the first Sunday of Great Lent. The dominant theme of this Sunday since 843 has been that of the victory of the icons. In that year the iconoclastic controversy, which had raged on and off since 726, was finally laid to rest, and icons and their veneration were restored on the first Sunday in Lent. Ever since, this Sunday has been commemorated as the "Triumph of Orthodoxy."





Renew Your Stewardship

The 2026 Stewardship Campaign is underway! Please prayerfully complete and return a time/talent/treasure form by **March 31**. This form must be completed, signed and returned yearly. *Note that ONLY those who have completed a pledge form for 2026 will be eligible to vote in the General Assembly and Parish Council elections.* If you do not have a form, they are available on the table in the back of the Narthex or by scanning the QR code. Thank you.



Coffee Hour Hosts Needed

Two upcoming Sundays are available to host coffee hour. Those dates are March 1 and 28. If you'd like to host, please contact David in the office, david@stmarysgoc.org



Lenten Dinner Host

Does your church group or family want to host a Wednesday Lenten dinner and raise some funds for a worthy cause? We have one date this Lent that is still available, March 25. It's the Annunciation to the Theotokos (on of the Twelve Great Feasts of the Church). Fish is allowed this day. Why not consider hosting a special dinner after the Presanctified Liturgy? Contact David in the church office (david@stmarysgoc.org) to get on the schedule.

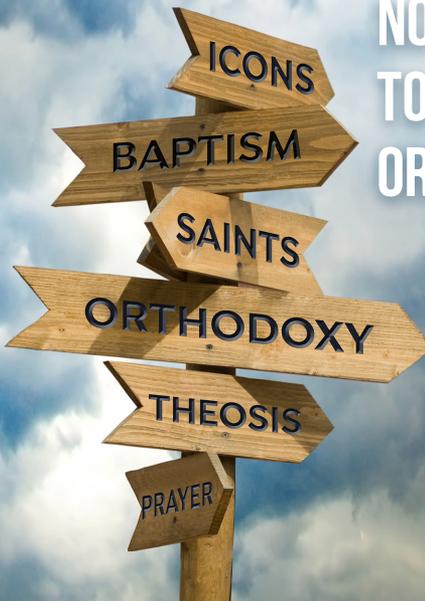


IN THE BOOKSTORE

In the liturgical year, we are at the doors of Great and Holy Lent. As you look forward to this season of grace, please visit the bookstore for a good selection of Lenten reading to help you on your journey. Of special note is a book by Archimandrite Zacharias Zacharou titled *The Way of the Lord Through the Triodion and Pentecostarion* in which he provides brief yet succinct overviews and insights explaining each season and Sunday from the weeks before the Triodion begins through Pentecost to the Day of the Holy Spirit, all in a book of only 139 pages. Complementary copies of *A Rule of Prayer During Great Lent* are also available.



Stefana/wedding crowns and candles for weddings are now available in the bookstore. Additional styles will be added this spring. Shorter decorated candles are available for baptisms and chrismations. Made by Billie Savvas Slater.



NOT SURE WHERE TO GO
TO LEARN ABOUT THE
ORTHODOX FAITH?

SEEKER SUNDAYS

March 8, 2026

11:45–12:45 p.m.*, *Fireside Room*

For those seeking to become an Orthodox Christian, we are here to help guide the way. Join our monthly Q & A with clergy on the second Sunday of the month. Grab some refreshments at the Coffee Hour, then meet us at noon. Come early for social time.

**Please note the time change*

If you would like to send a question in advance, send it to: [**welcome@stmarysgoc.org**](mailto:welcome@stmarysgoc.org)



ST. MARY'S CAMP

EST. 1952

Saturday, July 4 – Friday, July 10, 2026
Camp Wapogasset • Amery, Wisconsin

CAMP REGISTRATION WINDOW:

MARCH 1 at 10:00 a.m. – March 31, at 11:59 p.m.

Early Bird Registration Fee
March 1 –15

\$590 + Convenience Fee* / Camper

Regular Rate Registration Fee
March 16 –31

\$665 + Convenience Fee* / Camper

- The true cost of camp is \$660.41 per camper
- Registration will close on March 31, at 11:59 p.m.

*Reduce fees by paying with an Electronic Check (ACH): Electronic Check (ACH) Fee: 1.50% + \$0.50 per registrant versus the CampDoc Convenience Fee of 3.95% + \$0.30 per registrant

REGISTER EARLY:

At 230 campers, the Waiting List will begin!

stmaryscamp.com



Follow us @stmaryscamp on Facebook for updates

Email Questions to: camp@stmaryscamp.com

Sponsored by



ST. MARY'S
GREEK ORTHODOX CHURCH

Minneapolis, Minnesota

Saint Mary's Vacation Church School

EXPLORE
**GOD'S
PROMISES**
IN THE
GREAT NORTH



JUNE 15-19, 2026

Register today and Get ready for a great adventure!

Vacation Church School is open to children, age 5 to those entering 6th grade in the fall. Five days of music, worship, activities, snacks, and games. Middle and high school youth are needed for staff support. If your teen is available and willing to help, please also sign them up. Scan the code to register your child.



Quick Links

Stay in Contact



To join our mailing list or update your contact information, scan the code.

Digital Donation



To make a donation or stewardship offering, scan the code.

Daily Bible Readings

Monday, February 16

III John 1:1-15 • Luke 19:29-40; 22:7-39

Tuesday, February 17

II Timothy 2:1-10 • Luke 20:46-47; 21:1-4

Wednesday, February 18

Joel 3:12-21 • Joel 2:12-26

Thursday, February 19

Jude 1:11-25 • Luke 23:1-31, 33, 44-56

Friday, February 20

Zechariah 8:7-17 • Zechariah 8:19-23

Saturday, February 21: Second Saturday of Souls

Galatians 5:22-26; 6:1-2 • Matthew 6:1-13

Sunday, February 22: Forgiveness Sunday (Cheesefare)

Romans 13:11-14; 14:1-4 • Matthew 6:14-21



ST. MARY'S
GREEK ORTHODOX CHURCH

3450 Irving Avenue South, Minneapolis, MN 55408-3399

stmarysgoc.org | **612.825.9595** |   

*Fr. Timothy Sas, Fr. Jason Houck,
Fr. Paul Kalina, Deacon, Fr. Luke Twito, Deacon, Fr. Stephen Wehr, Deacon*

Weekly Bulletin Submissions to: Communications@stmarysgoc.org

Weekly Bulletin Submission Deadline: Mondays