

March 22, 2026



The Divine Liturgy

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## Sunday of Saint John Climacus

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### Commemoration:

Sunday of St. John Climacus; Basil the Holy Martyr of Ancyra;  
Kalliniki and Vassilisa the Martyrs; Euthemios the New Martyr.

*Morning Gospel: John 20:11-18 ..... Tone: Plagal Fourth*

### VARIABLE HYMNS AND READINGS IN THE LITURGY

#### *At the Second Antiphon*

Save us, O Son of God, who rose from the dead, save us who sing to you: Alleluia!

#### *At the Small Entrance*

#### **Resurrection Hymn, Plagal Fourth Tone**

From on high you descended, O merciful Lord. You accepted the cross and three days in the tomb to free us from the bondage of sin, O our life and resurrection. Glory to you, O Lord.

#### **Hymn of Entrance**

Come, let us worship and bow down before Christ. Save us, O Son of God, who rose from the dead, save us who sing to You: Alleluia!

#### **Repeat the Resurrection Hymn, above**

#### **Hymn of Saint John Climacus, Plagal Fourth Tone**

Like warm and gentle rain, your tears of compunction made the desert burst forth in bloom. Your patient endurance made your sufferings bear fruit one-hundredfold and your wondrous deeds have filled all the world with light. O holy father John, intercede with Christ our God to save our souls.

#### **Hymn of the Dormition of the Theotokos, First Tone**

In giving birth, you preserved your virginity, O Theotokos; in falling asleep you did not forsake the world. You passed over into life, O Mother of Life; and by your prayers you deliver our souls from death!

Ἐν τῇ γενήσει τὴν παρθενίαν ἐφύλαξας, ἐν τῇ κοιμήσει τὸν κόσμον οὐ κατέλιπες,  
En ti gennisi tin parthenian efilaxas en ti kimisi ton kosmon u katelipes,

Θεοτόκε. Μετέστης πρὸς τὴν ζωὴν, μήτηρ ὑπάρχουσα τῆς ζωῆς, καὶ ταῖς πρεσβείαις  
Theotoke. Metestis pros tin zoion, mitir iparhusa tis zois, ke tes presvies

ταῖς σαῖς λυτρουμένη ἐκ θανάτου τὰς ψυχὰς ἡμῶν.  
tes ses litrumeni ek thanatu tas psihas imon.

**Kontakion of the Theotokos (Ti ipermacho), Plagal Fourth Tone**

Victorious Lady, mighty champion, defending us, we your servants now inscribe to you this hymn of thanks, for you rescued us from suffering and tribulation. Theotokos, with your power that can never fail, keep us safe from every danger our whole life long that we may cry to you: Rejoice, O Bride unwedded.

**Epistle ..... Hebrews 6:13-20**

BRETHREN, when God made a promise to Abraham, since he had no one greater by whom to swear, he swore to himself, saying, "Surely I will bless you and multiply you." And thus Abraham, having patiently endured, obtained the promise. Men indeed swear by a greater than themselves, and in all their disputes an oath is final for confirmation. So when God desired to show more convincingly to the heirs of the promise the unchangeable character of his purpose, he interposed with an oath, so that through two unchangeable things, in which it is impossible that God should prove false, we who have fled for refuge might have strong encouragement to seize the hope set before us. We have this as a sure and steadfast anchor of the soul, a hope that enters into the inner shrine behind the curtain, where Jesus has gone as a forerunner on our behalf, having become a high priest for ever after the order of Melchizedek.

**Gospel ..... Mark 9:17-31**

At that time, a man came to Jesus kneeling and saying: "Teacher, I brought my son to you, for he has a dumb spirit; and wherever it seizes him it dashes him down; and he foams and grinds his teeth and becomes rigid; and I asked your disciples to cast it out, and they were not able." And he answered them, "O faithless generation, how long am I to be with you? How long am I to bear with you? Bring him to me." And they brought the boy to him; and when the spirit saw him, immediately it convulsed the boy, and he fell on the ground and rolled about, foaming at the mouth. And Jesus asked his father, "How long has he had this?" And he said, "From childhood. And it has often cast him into the fire and into the water, to destroy him; but if you can do anything, have pity on us and help us." And Jesus said to him, "If you can! All things are possible to him who believes." Immediately the father of the child cried out and said, "I believe; help my unbelief!" And when Jesus saw that a crowd came running together, he rebuked the unclean spirit, saying to it, "You dumb and deaf spirit, I command you, come out of him, and never enter him again." And after crying out and convulsing him terribly, it came out, and the boy was like a corpse; so that most of them said, "He is dead." But Jesus took him by the hand and lifted him up, and he arose. And when he had entered the house, his disciples asked him privately, "Why could we not cast it out?" And he said to them, "This kind cannot be driven out by anything but prayer and fasting." They went on from there and passed through Galilee. And he would not have any one know it; for he was teaching his disciples, saying to them, "The Son of man will be delivered into the hands of men, and they will kill him; and when he is killed, after three days he will rise."

## Megalynarion

In you, O woman full of grace, all creation rejoices, the orders of angels and the race of mankind. O hallowed temple and spiritual paradise, glory of virginal souls, from you our God was incarnate and became a child, he who is God from all ages. By making your womb his throne he made you more spacious, more spacious than all the heavens.

In you, O woman full of grace all creation, all creation rejoices. Glory to you!

**The Communion Prayers are found on page 40 of the hymnal.**

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## Today

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Prosforo is provided by:  
**Ruta Kubits, Yana Patridge**

40-Day Churching:  
**Greta, parents: Justin & Julia Lee**

Memorial Prayers today are offered for:  
**Βασιλική (Bessie) Powers** (40 days) Bettina Hanna's aunt;  
**James M. Boosalis** (6 months); **Stan Wendland** (1 year)



## Annunciation/Greek Independence Day Celebration

Today is our annual Annunciation/Greek Independence Day Celebration. Join us in the Great Hall, following the Divine Liturgy, for a delicious luncheon, a delightful program featuring our youth with singing, readings, instrumental performances, and Greek dancing by the St. Mary's Greek Dance Troupe. *Freewill donations will be accepted at the luncheon - suggested: \$10 for adults, \$5 for children under 10. Net proceeds will be donated by AHEPA to the St. Mary's Greek Dance Troupe.*



## Welcome Visitors and Guests!

After Liturgy this morning, stop by the welcome and information table located between the Bookstore and Great Hall. A couple parishioners are there to welcome you and answer your questions about St. Mary's Greek Orthodox Church and the Orthodox faith. Join us in the Great Hall for a cup of coffee and always enjoyable refreshments.



“Thus, a man strives for salvation...must not allow himself to eat to fullness...but should still eat all kinds of food so that on the one hand he avoids boastful pride and on the other not show disdain for God's creation which is most excellent...Such is the reasoning of those who are wise!”

— St. Gregory of Sinai



## Prayer Ministry

*Please remember the sick, the suffering, and those in need, especially:*

All victims of wars throughout the world; Our brothers and sisters living through the aftermath of disaster; For the victims of violence; Metro Hope Ministries; Orthodox Christian Prison Ministry; FOCUS Minnesota; Our brothers and sisters serving in the Armed Forces throughout the world especially Jassir Conway; San Miguel Del Lago Orphanage; Sophia and the students, staff, and parents of Annunciation Church and School, Bill & Marti, Mia, Deb, Dean, Ioanna, Santina, Tia, Margaret, Kathie, Owen, Missy, Anthony, Julie, Ann, Jim, Maria, Joan, Jason, Janet (Dimitra), Andrew and Mari, Constantine James, Lauren, Anna, Kathleen Wendland and Julie Alvin, Gabriel, Linda, John and Johnny, Anastasia, Diane, Nicki, Dino, George, Billie, Nino, Kate, Elena, Mechelle, Elaine, Vonda, Andrew, Susan, Elias, Imogene, Becky, Elizabeth, Yvonne, Fran, Jim, Kathryn, Tom, Gina M., Elly K., Thomas, Panos, Connie, Sylvia, Pete, Steve A., Athena, Betty, Mark, Kostantinos & Georgia, Andreas, Jonathan, Jeanette, Mary, Marilyn, Donna, Dawn, Don, Nancy, Brad, Vangie, Jolene, Mikey, Aphrodite, James, Peter, Lyda, Michael, Jaclyn Jereczek, Dena, Chris, Nick, John, Eugenia, Ron, Matt, Laura, Constance, Marina, Annali, Sofia, Juan Cruz & family, Charlie, Helena, Jennifer, John S., Becky, Noel, Stephen, Ray, Christina, Joanne, Charlie, Nuala, Pamela, Avgi, Elena, Speranta, Efstratia, Jordan, David, Nino, Joe, Donnarae, Mary K., Monte, Bethany, Mark, Estelle, Justine, Melissa, Megan, Michael, Robbie, Judi, Evonne, James, Nichole, Constantine, Theodora, Irene Maria, Olivia, Lincoln, Carole, Patty, Karris, Corina, George R., Ken, Nancy and Tim, Olga, Peter, Cora and family, Lynn, Sue & Jim, Steve, Sue, Jane, Pat, Dave, Pam, Gilbert, George P., Danielle, Jenny, John L., Presvytera Janis, Sandra, Rick, Nancy, Alex, Eryn, Vicki, Diana, Doria, Mike, Stephanie, Tyler, Ben, Amy, Christy, Karen, Anastasia, Jamie, Alex and Alexander, Toni, Gina, R.J., Allie, Vickie, Petra, Bob, Joseph, Christopher, Elizabeth, Judi, Bodil, Ole, and others known to you.

## Food Shelf Needs for March 29



*Peanut Butter and Jelly*

March's recipient is FOCUS Minnesota

*Please do not bring opened packages. They will be discarded.*

# Calendar of the Week

## **Sunday, March 22: Sunday of Saint John Climacus**

8:30 a.m. – Matins; 9:30 a.m. – Divine Liturgy

after Liturgy – Annunciation/Greek Independence Day Celebration, *Great Hall*

2:00-5:00 p.m. – Visitation for Nicholas Everhart

(son of Leslie & Mary Ellen (Zubulake) Everhart)

Trisagion Service, 3:00 p.m.

*Thurston-Lindberg-Deshaw Funeral Home*

*2005 Branch Avenue, Anoka, MN*

5:00 p.m. – Pan-Orthodox Lenten Vespers, *Saint Mary's Romanian Orthodox*

## **Monday, March 23**

11:00 a.m. – Funeral Service for Nicholas Everhart, *Saint Mary's Church*

## **Tuesday, March 24: Eve of Annunciation**

11:30 a.m. – Senior Citizens' Bible Study, *Fireside Room*

5:00 p.m. – Great Vespers for Annunciation

## **Wednesday, March 25: The Annunciation of the Theotokos**

8:30 a.m. – Matins; 9:30 a.m. – Divine Liturgy

4:00 p.m. – Holy Confession (no appointments taken)

5:30 p.m. – Divine Liturgy of the Presanctified Gifts

6:45 p.m. – Lenten Dinner, hosted by Georgia George and her daughters Stephanie (Mark) and Paulette (Paul), for rent support for Bancroft School families, *Terrace Room*

7:00 p.m. – Senior GOYA Volleyball, *Great Hall*

Lenten Letter Making (HOPE/JOY mini meeting)

HOPE/JOY/Junior GOYA additional Confession

Church School Teachers' Workshop, *Fireside Room*

Choir Rehearsal, *Nave*

## **Thursday, March 26**

7:00 p.m. – Stewardship Meeting, *Fireside Rom*

## **Friday, March 27**

4:00 p.m. – Holy Confession (no appointments taken)

6:00 p.m. – Salutations to the Theotokos

7:15 p.m. – Missions Movie Night, *Holy Trinity Orthodox Church, St. Paul*

## **Saturday, March 28**

9:00 a.m. – Bible Study, *Fireside Room and on Zoom*

## **Sunday, March 29: Sunday of Saint Mary of Egypt**

8:30 a.m. – Matins; 9:30 a.m. – Divine Liturgy

1130 a.m. – Curriculum Meeting, *Fireside Room*

11:45 a.m. – Philoptochos General Meeting, *Terrace Room*



## Spanakopita and Tiropita Sale

The Daughters of Penelope will be selling frozen spanakopita and tiropita (in packs of 4, 8, and full trays) during the Greek Independence Day program on Sunday, March 22.

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## Church School Teachers' Workshop

A Church School teacher workshop, including resources for Holy Week and Pascha, will be offered on **Wednesday March 25, 7:00-8:00 p.m.** following Vespers. Teachers are asked to bring their Teacher Resource Binder and a personal laptop.

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## Book Fair Next Sunday

The bookstore will have a book fair for church school families, all grandparents, godparents, and friends on Sunday, March 29, in the hallway between the narthex and the church office. Please come find faith related books and items for Pascha gift giving for the children God has blessed you to have in your lives.

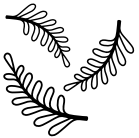
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## Movie Night at Holy Trinity

Join us on Friday, March 27, at 7:15 p.m., for a Missions Movie Night at Holy Trinity OCA in St. Paul. We will watch a documentary about the 20th century Romanian Saint, Saint Arsenie of Prislop. Free popcorn and Twizzlers! Bring your friends! Holy Trinity is located at 956 Forest Street N in St. Paul.

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## Holy Week and Pascha Flowers

Contributions are being accepted for our Holy Week and Pascha flowers and greens. Forms and envelopes are available at the stewardship table in the narthex. Please place the form and your donation in an envelope and drop it in the stewardship box. The deadline for contributions is Palm Sunday, April 5.

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## Palm Sunday Spaghetti Lunch

Our choir will host the annual Palm Sunday Spaghetti Luncheon on Sunday, April 5, following Liturgy. Enjoy a delicious meal with the special sauce made by John Legeros and crew. A suggested donation of \$10 per adult and \$6 per child under 10 (credit card, cash, check, or Venmo) is accepted at the door. Proceeds benefit the choir's trip to the Federation Choir Conference in the fall. Come and support our choir.



## Holy Friday Memorial Luminary

This upcoming Holy Week, YAL will be continuing on the tradition of lining the walkway for the Holy Friday procession of the Kouvouklion with memorial luminaries (white bags with votive candles) to remember and commemorate departed loved ones. Each luminary will have one name on it, each being \$5. This is a wonderful opportunity for ‘Memory Eternal’ prayers to be offered to our Lord from the St. Mary’s parish family. *See YAL members in coffee hour and at Presanctified Liturgy in the coming weeks, or utilize Venmo (@Vasili-Nicklow) and type the name of departed loved ones in the description.*

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## Women’s Book Club Book Available in Bookstore

The next book the Women’s Book Club participants will be reading is *Toolkit for Spiritual Growth II: A Practical Guide to Scripture, Confession, and Time* by Father Evan Armatas. Attached is a link for a screenshot of the book cover to include. The next discussion date is set for Thursday, May 7, 7:00 p.m.

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## Your Help is Needed for the Metropolis’ Saint John Chysostom Oratorical and Fine Arts Festival

St. Mary’s will be hosting the **Metropolis of Chicago 42nd Annual Saint John Chysostom Oratorical and Fine Arts Festival** on Bright Saturday, April 18! If you would like to help prepare for the Festival, or work the morning of the festival, please reach out to Diakonissa Alexandria Kalina at: [ackalina@yahoo.com](mailto:ackalina@yahoo.com)

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## Final Weeks to Renew Your Stewardship

The 2026 Stewardship Campaign is almost over! Please prayerfully complete and return a time/talent/treasure form by **March 31**. This form must be completed, signed and returned yearly. *Note that ONLY those who have completed a pledge form for 2026 will be eligible to vote in the General Assembly and Parish Council elections.* If you do not have a form, they are available on the table in the back of the Narthex or by scanning the QR code. Thank you.



Let's Bring Hope to Our Neighbors

# This Lenten Season



WEEK 3:

## Almsgiving in **3** WAYS

*In the spirit of Almsgiving this Lenten season, here are some ideas for you and your families:*

### CONNECT

Introduce yourself to someone at St. Mary's and meet a new parishioner or catechumen!



### THROUGHOUT LENT

### BRING

#### School Supplies for Bancroft School

- School Supplies (*Pencils, Folders...*)
- Healthy Snacks (*Granola Bars...*)
- Paper Products (*Tissues, Wipes...*)



### SUPPORT

Eat at or buy a gift card to an immigrant-owned food truck or restaurant ▶



SCAN TO VIEW A LIST OF OPTIONS TO SUPPORT ▼



PRAYER,



FASTING,



AND ALMSGIVING.

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# 2026 RESTORATION PROJECT CAMPAIGN UPDATE

# FOR THE DOME



**\$345,000**  
still needed

**\$655,000**  
in commitments

**TARGETED GOAL: \$1M**

Thank you to everyone who has pledged a contribution to the building improvements project. We have received **\$655,000** in commitments towards our goal of raising **\$1M**. In order for us to begin the dome restoration project this spring, we need to secure a remainder of **\$345,000**. We invite every member of our community to join this sacred effort through *prayer, participation, and giving*. Please prayerfully consider *if* and *what* you can donate to help restore this blessed and treasured landmark.

Questions? Reach out to Nick Santrizos at:  
[ViewFromThePew@stmarysgoc.org](mailto:ViewFromThePew@stmarysgoc.org)



**Electronic payment donations can be made by scanning the code.**

All contributions for this project will be placed into the Saint Mary's Capital Improvements Reserve.

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**[www.stmarysgoc.org/For-The-Dome](http://www.stmarysgoc.org/For-The-Dome)**



## Membership Drive Ends Soon!

There are only two weeks remaining in our membership drive. If you have not completed your donation yet, please stop by our table and complete a form. ***Step Up! Make a Difference!*** with Philoptochos as a new or renewing member. Let's renew and strengthen our efforts together, united in our mission to serve "the least of them." Membership dues are self-determined, with **the first \$22 supporting our Metropolis and National Philoptochos**, and the remainder directly benefiting our local chapter. Stop by our table to receive a small thank you gift for your donation.



## Tandem Fundraising Drive: Now through April 5

This Lent Philoptochos is again partnering with the Tandem Family Resource Center to support families in need. The Tandem Center (formerly Tapestry) provides resources for women in crisis. Please stop by our table to pick up an envelope to make your donation. Learn more at: [www.wearetandem.org](http://www.wearetandem.org)



## Mark your Calendar!

### General Meeting: Next Sunday, March 29

Our next Philoptochos General Meeting will be Sunday, March 29, at 11:45 a.m., in the Terrace Room. We will have a very informative presentation by our own Peter and Libby Cheolis on "Situational Awareness: Preparation equals Confidence"— a very timely, important topic. We will also be discussing items coming up in April and May which will be very busy months for Philoptochos as we prepare for Pascha and thereafter. Please come, be informed on a topic of personal safety, and see how you can help us going forward. Food and fellowship will be provided!



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MINNESOTA  PAN-ORTHODOX  
**LENTEN VESPERS**

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**SUNDAYS AT 5:00 P.M. DURING GREAT LENT**

*Following each service we will gather for a Lenten meal and Fellowship.*

**MARCH 22** **St. Mary's Romanian Orthodox Church**  
*St. John of the Ladder* 854 N Woodbridge St, St. Paul, 55117

**MARCH 29** **Holy Trinity Orthodox Church**  
*St. Mary of Egypt* 956 Forest St. N, St. Paul, 55106

**APRIL 5** **St. Herman Orthodox Church**  
*Bridegroom Matins* 5355 38th Ave S, Minneapolis, 55412





# ST. MARY'S CAMP

EST. 1952

**Saturday, July 4 – Friday, July 10, 2026**  
Camp Wapogasset • Amery, Wisconsin

**Registration will close on March 31, at 11:59 p.m.**

Regular Rate Registration Fee

**\$665 + Convenience Fee\* / Camper**

\*Reduce fees by paying with an Electronic Check (ACH): Electronic Check (ACH) Fee: 1.50% + \$0.50 per registrant versus the CampDoc Convenience Fee of 3.95% + \$0.30 per registrant

**REGISTER TODAY:**

**At 230 campers, the Waiting List will begin!**

**[stmaryscamp.com](http://stmaryscamp.com)**



**f** Follow us **@stmaryscamp** on Facebook for updates

Email Questions to: **[camp@stmaryscamp.com](mailto:camp@stmaryscamp.com)**

Sponsored by



**ST. MARY'S**  
GREEK ORTHODOX CHURCH

Minneapolis, Minnesota

Saint Mary's Vacation Church School

EXPLORE  
**GOD'S  
PROMISES**  
..... IN THE .....  
**GREAT NORTH**



**JUNE 15-19, 2026**

**Register today and Get ready for a great adventure!**

Vacation Church School is open to children, age 5 to those entering 6<sup>th</sup> grade in the fall. Five days of music, worship, activities, snacks, and games. Middle and high school youth are needed for staff support. If your teen is available and willing to help, please also sign them up. Scan the code to register your child.





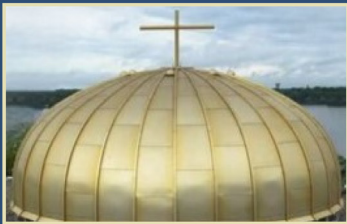
St. Mary's Philoptochos Presents

# FAMILY MOVIE NIGHT



Watch one of four great movies!

**APRIL 17TH @ 6:00 PM**



**"ONE NIGHT AT THE  
MOVIES—ONE STEP  
CLOSER TO A  
SHINING DOME."**

*Do it*  
**FOR THE  
DOME**  
MPLS

*Free will donation to enter.  
Pizza, popcorn, and  
beverages for purchase.*



**The Greek Orthodox Metropolis of Chicago**

**42nd Annual**

**SAINT JOHN CHRYSOSTOM  
ORATORICAL AND FINE ARTS FESTIVAL**



**Diamanto Mesiacos, 1st Place Iconography - Senior Division**  
St. Athanasios Greek Orthodox Church, Aurora, IL

**Bright Saturday, April 18, 2026**

**St. Mary's Greek Orthodox Church**  
**Minneapolis, MN**  
Host Parish

*For more information, please contact [oratoricalfestival@gmail.com](mailto:oratoricalfestival@gmail.com).*

## Quick Links

### Stay in Contact



To join our mailing list or update your contact information, scan the code.

### Digital Donation



To make a donation or stewardship offering, scan the code.

## Daily Bible Readings

### *Monday, March 23*

Genesis 13:12-18 • Proverbs 14:27-15:4

### *Tuesday, March 24: Eve of Annunciation*

Genesis 15:1-15 • Proverbs 15:7-19

### *Wednesday, March 25: The Annunciation of the Theotokos*

Hebrews 2:11-18 • Luke 1:24-38

### *Thursday, March 26*

Genesis 18:20-33 • Proverbs 16:17-17:17

### *Friday, March 27*

Genesis 22:1-18 • Proverbs 17:17-18:5

### *Saturday, March 28*

Hebrews 9:1-7 • Luke 1:39-49, 56

### *Sunday, March 29: Sunday of Saint Mary of Egypt*

Hebrews 9:11-14 • Mark 10:32-45



**ST. MARY'S**  
GREEK ORTHODOX CHURCH

3450 Irving Avenue South, Minneapolis, MN 55408-3399

[stmarysgoc.org](http://stmarysgoc.org)

| 612.825.9595



Fr. Timothy Sas, Fr. Jason Houck,

Fr. Paul Kalina, Deacon, Fr. Luke Twito, Deacon, Fr. Stephen Wehr, Deacon

Weekly Bulletin Submissions to: [Communications@stmarysgoc.org](mailto:Communications@stmarysgoc.org)

Weekly Bulletin Submission Deadline: Mondays