

April 19, 2026



The Divine Liturgy

Thomas Sunday

Commemoration:

Thomas Sunday; Martyrs Emmanuel, Theodore, George, Michael and the other George of Samothrace; The Holy Hieromartyr Paphnutius; Tryphon, Patriarch of Constantinople; George the Confessor; Aelphege the Hieromartyr of Canterbury.

Morning Gospel: Matthew 28:16-20

VARIABLE HYMNS AND READINGS IN THE LITURGY

Hymn after Doxology (Hymn of the Day)

While the tomb was sealed, O Life, you did shine forth from the grave, O Christ our God.
And while the doors were shut, you did come to your disciples, O Resurrection of all,
renewing through them an upright spirit in us, according to your great mercy!

Christ is Risen!

Christ is risen from the dead, trampling down death by death,
and upon those in the tombs, bestowing life!

*Hristos anesti ek nekron, thanato thanaton patisas,
ke tis en tis mnimasi zoin harisamenos.*

At the Second Antiphon

Save us, O Son of God, who rose from the dead, save us who sing to you: Alleluia!

At the Small Entrance

Hymn of Pascha, Plagal First Tone

Christ is risen from the dead, trampling down death by death,
and upon those in the tombs, bestowing life!

Hymn of Entrance

Bless God in the churches; the Lord from the fountains of Israel.
Save us, O Son of God, who rose from the dead, save us who sing to You: Alleluia!

Repeat the Hymn of Pascha, above

Kontakion of Pascha, Plagal Fourth Tone

Into the grave you descended, Immortal One, yet you destroyed the power of Hades,
and as victor you arose, O Christ our God; you proclaimed to the myrrh-bearing
women a greeting of joy, you brought peace to your holy apostles, and to the
fallen you granted resurrection.

Epistle Acts 5:12-20

In those days, many signs and wonders were done among the people by the hands of the apostles. And they were all together in Solomon’s Portico. None of the rest dared join them, but the people held them in high honor. And more than ever believers were added to the Lord, multitudes both of men and women, so that they even carried out the sick into the streets, and laid them on beds and pallets, that as Peter came by at least his shadow might fall on some of them. The people also gathered from the towns around Jerusalem, bringing the sick and those afflicted with unclean spirits, and they were all healed. But the high priest rose up and all who were with him, that is, the party of the Sadducees, and filled with jealousy they arrested the apostles and put them in the common prison. But at night an angel of the Lord opened the prison doors and brought them out and said, “Go and stand in the temple and speak to the people all the words of this Life.”

Gospel..... John 20:19-31

On the evening of that day, the first day of the week, the doors being shut where the disciples were for fear of the Jews, Jesus came and stood among them and said to them, “Peace be with you.” When He had said this, He showed them His hands and His side. Then the disciples were glad when they saw the Lord. Jesus said to them again, “Peace be with you. As the Father has sent Me, even so I send you.” And when He had said this, He breathed on them and said to them, “Receive the Holy Spirit. If you forgive the sins of any, they are forgiven; if you retain the sins of any, they are retained.” Now Thomas, one of the twelve, called the Twin, was not with them when Jesus came. So the other disciples told him, “We have seen the Lord.” But he said to them, “Unless I see in His hands the print of the nails, and place my finger in the mark of the nails, and place my hand in His side, I will not believe.” Eight days later, His disciples were again in the house, and Thomas was with them. The doors were shut, but Jesus came and stood among them and said, “Peace be with you.” Then He said to Thomas, “Put your finger here, and see My hands; and put out your hand, and place it in My side; do not be faithless, but believing.” Thomas answered Him, “My Lord and My God!” Jesus said to him, “Have you believed because you have seen Me? Blessed are those who have not seen and yet believe.” Now Jesus did many other signs in the presence of the disciples, which are not written in this book; but these are written that you may believe that Jesus is the Christ, the Son of God, and that believing, you may have life in His name.

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Megalynarion for the Sunday of St. Thomas, First Tone

Mother of our God, we praise you as the brightly shining lamp, the illustrious glory of all creation, of which you are the highest. With sacred hymns we magnify you.

The Communion Prayers are found on page 40 of the hymnal.

Communion Hymn

Praise the Lord, O Jerusalem;
praise your God, O Zion. Alleluia

*Instead of “We have seen the light...,” we chant
“Christ is risen.”*

The End of the Divine Liturgy

Priest: Christ is risen!

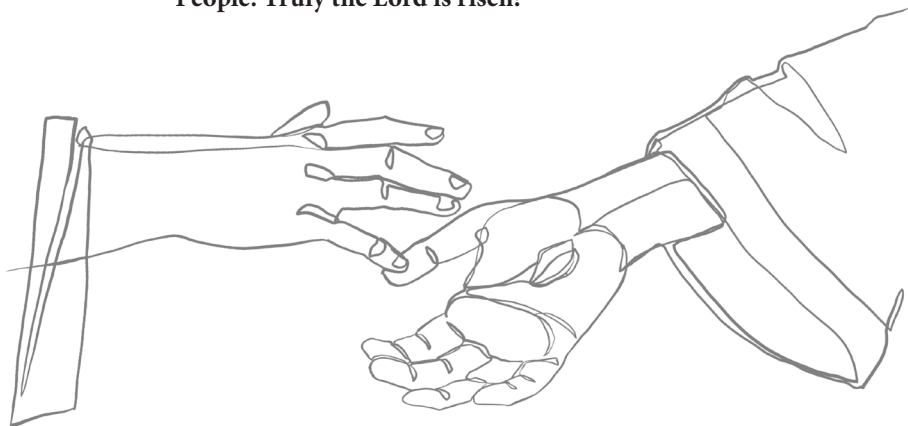
People: Truly he is risen! (*Proclaimed three times.*)

Priest: Glory to his third-day Resurrection!

People: We adore his third-day Resurrection!

Priest: Christ is risen from the dead, by death,
trampling down upon death, and to those
in the tombs, he has granted life.

People: Truly the Lord is risen!



Today

Prosforo is provided by:

Barb Nichols and Yana Partridge

The coffee hour today is hosted by:

the McCollar family



Welcome Visitors and Guests!

After Liturgy this morning, stop by the welcome and information table located between the Bookstore and Great Hall. A couple parishioners are there to welcome you and answer your questions about St. Mary's Greek Orthodox Church and the Orthodox faith. Join us in the Great Hall for a cup of coffee and always enjoyable refreshments.



Prayer Ministry

Please remember the sick, the suffering, and those in need, especially:

The family of Dino Dascalos; All victims of wars throughout the world; Our brothers and sisters living through the aftermath of disaster; For the victims of violence; Metro Hope Ministries; Orthodox Christian Prison Ministry; FOCUS Minnesota; Our brothers and sisters serving in the Armed Forces throughout the world especially Jassir Conway; San Miguel Del Lago Orphanage; Sophia and the students, staff, and parents of Annunciation Church and School, Juliana, Beth, Bill & Marti, Mia, Deb, Dean, Ioanna, Santana, Tia, Margaret, Kathie, Owen, Missy, Anthony, Julie, Ann, Jim, Maria, Joan, Jason, Janet (Dimitra), Andrew and Mari, Constantine James, Lauren, Anna, Kathleen Wendland and Julie Alvin, Gabriel, Linda, John and Johnny, Anastasia, Diane, Nicki, George, Billie, Nino, Kate, Elena, Mechelle, Elaine, Vonda, Andrew, Susan, Elias, Imogene, Becky, Elizabeth, Yvonne, Fran, Jim, Kathryn, Tom, Gina M., Elly K., Thomas, Panos, Connie, Sylvia, Pete, Steve A., Athena, Betty, Mark, Kostantinos & Georgia, Andreas, Jonathan, Jeanette, Mary, Marilyn, Donna, Dawn, Don, Nancy, Brad, Vangie, Jolene, Mikey, Aphrodite, James, Peter, Lyda, Michael, Jaclyn Jereczek, Dena, Chris, Nick, John, Eugenia, Ron, Matt, Laura, Constance, Marina, Annali, Sofia, Juan Cruz & family, Charlie, Helena, Jennifer, John S., Becky, Noel, Stephen, Ray, Christina, Joanne, Charlie, Nuala, Pamela, Avgi, Elena, Speranta, Efstratia, Jordan, David, Nino, Joe, Donnarae, Mary K., Monte, Bethany, Mark, Estelle, Justine, Melissa, Megan, Michael, Robbie, Judi, Evonne, James, Nichole, Constantine, Theodora, Irene Maria, Olivia, Lincoln, Carole, Patty, Karris, Corina, George R., Ken, Nancy and Tim, Olga, Peter, Cora and family, Lynn, Sue & Jim, Steve, Sue, Jane, Pat, Dave, Pam, Gilbert, George P., Danielle, Jenny, John L., Presvytera Janis, Sandra, Rick, Nancy, Alex, Eryn, Vicki, Diana, Doria, Mike, Stephanie, Tyler, Ben, Amy, Christy, Karen, Anastasia, Jamie, Alex and Alexander, Toni, Gina, R.J., Allie, Vickie, Petra, Bob, Joseph, Christopher, Elizabeth, Judi, Bodil, Ole, and others known to you.

Food Shelf Needs for April 26



Individually wrapped toothbrushes

April's recipient is Community Emergency Service (CES)

Please do not bring opened packages. They will be discarded.

Calendar of the Week

Sunday, April 19: Sunday of Saint Thomas

8:30 a.m. – Matins; 9:30 a.m. – Divine Liturgy

Wednesday, April 22

9:30 a.m. – “The Messenger” Mailing, *Fireside Room*

10:00 a.m. – Housekeeping

6:30 p.m. – Choir Rehearsal, *Nave*

Thursday, April 23: Saint George

8:30 a.m. – Matins; 9:30 a.m. – Divine Liturgy

at St. George Greek Orthodox Church, 1111 Summit Avenue, St. Paul

Saturday, April 25: Saint Mark

9:00 a.m. – Bible Study, *Fireside Room* and on Zoom

10:00 a.m. – Divine Liturgy

5:00 p.m. – Great Vespers

6:00 p.m. – OCMC Fundraiser, *St. Mary’s GOC*

Sunday, April 26: Sunday of the Myrrh-Bearing Women

8:30 a.m. – Matins; 9:30 a.m. – Divine Liturgy

11:30 a.m. – Curriculum Meeting, *Fireside Room*

12:30 p.m. – Senior GOYA Volleyball, *Great Hall*



Spring Parish Assembly

Sunday, May 3

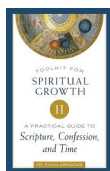
Saint Mary’s 2026 Spring Parish Assembly will be held on Sunday, May 3, 2026, at 11:30 a.m. in the Great Hall. All members in good standing are encouraged to attend. The agenda will consist of the following:

- Opening Prayer
- February 22, 2026, Special Parish Assembly Minutes Approval (minutes will be sent via e-mail and are available in the narthex.)
- 2025 Financial Summary (actual vs. budget)
- Elect 3 Parish Members for Board of Electors
- Buildings and Grounds Update
- Dome Campaign Update
- St. Mary’s Registrations with the State of Minnesota (vote)
- Ratification of Gift Acceptance Policy in Church Bylaws
- Next Meeting
- Closing Prayer and Adjourn



Divine Liturgy for Saint George

The Divine Liturgy on April 23 for Saint George will be held at St. George Greek Orthodox Church, 1111 Summit Avenue (at Lexington Parkway), St. Paul. There will not be a Liturgy at St. Mary's that day.



Women's Book Club Book Available in Bookstore

The next book the Women's Book Club participants will be reading is *Toolkit for Spiritual Growth II: A Practical Guide to Scripture, Confession, and Time* by Father Evan Armatas. Attached is a link for a screenshot of the book cover to include. The next discussion date is set for Thursday, May 7, 7:00 p.m.



Cappella Romana Concert—April 24

Internationally acclaimed vocal ensemble Cappella Romana, under the direction of Alexander Lingas, will perform "*Twilight of Byzantium: The Divine Liturgy in Hagia Sophia and The West and the Twilight of the Eastern Roman Empire*"—a program of chants from the era of the Fall of Constantinople in 1453. The concert accompanies a Carleton College spring term course on Constantinople taught by Prof. William North. More information is available at <https://bit.ly/41lrV2I>. The concert is **Friday, April 24, at 7:00 p.m.**, in Kracum Performance Hall, Carleton College, Northfield. The concert is free and open to the public.

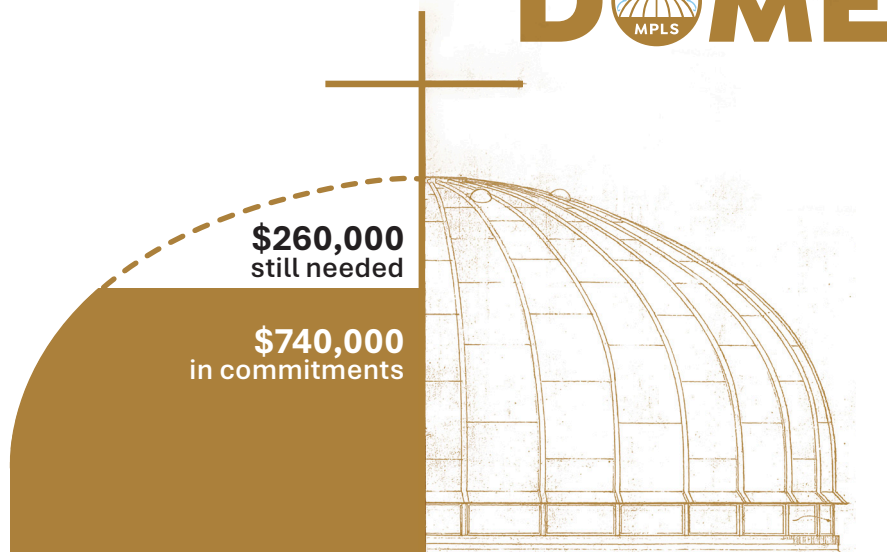


"Never be upset. Christ was resurrected to give us much love and joy, from here on in. Now, let us begin to participate, more and more noticeably, in the bright day of the Kingdom of Christ's love, where it never gets dark"

— *Saint Porphyrios of Kavsoakalyvia*

2026 RESTORATION PROJECT
CAMPAIGN UPDATE

FOR THE
DOME



TARGETED GOAL: \$1M

Thank you to everyone who has pledged a contribution to the building improvements project. We have received **\$740,000** in commitments towards our goal of raising **\$1M**. In order for us to begin the dome restoration project this spring, we need to secure a remainder of **\$260,000**. We invite every member of our community to join this sacred effort through *prayer, participation, and giving*. Please prayerfully consider *if* and *what* you can donate to help restore this blessed and treasured landmark.

Questions? Reach out to Nick Santrizos at: nsantrizos@gmail.com



Electronic payment donations can be made by scanning the code.

All contributions for this project will be placed into the Saint Mary's Capital Improvements Reserve.

www.stmarysgoc.org/For-The-Dome



FOCUS Meal

Sunday, May 10

Philoptochos is coordinating the May 10 Mother's Day dinner for FOCUS Minnesota, and we need your help! We are asking parishioners to make rigatoni or to bring salad fixings, buns or cookies.

Dinners are now served at Christ Lutheran on Capitol Hill Church, 105 University Avenue, just behind the state capitol building, with sit-down meals served at 5:00 p.m. and takeout plates available at 6:00 p.m. In person help at Christ Lutheran is needed, and includes meal prep (warming pasta and making salad, etc.), serving, and hospitality to welcome and dine with guests.



*Scan to
Sign Up*

Please volunteer via Sign Up Genius

Link: <https://bit.ly/4mAI91t> or stop by the Philoptochos table following Sunday services, where pans and recipes for rigatoni will be available. Food donations must be delivered to the church kitchen by 12:00 p.m. on Sunday, May 10.

Thank you for helping to make Mother's Day special for those who may have difficulty doing so on their own. Please contact co-chairs Paulette Hastings (952.564.8388, pmg.hastings@gmail.com) and Mary Ellis (612.716.5658, 3ellism@gmail.com) with any questions.

THIS WEEK'S LOOK AT CHURCH HISTORY

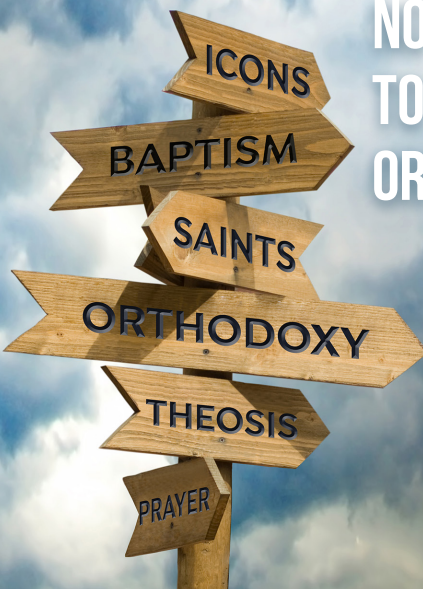
The Ladies Philoptochos Society



As Greek Orthodox immigrants arrived in the US in the late 1800s, women's clubs formed in our churches to welcome and assist them. In 1931, during the Great Depression, Archbishop Athenagoras founded a charitable organization, naming it the Ladies Philoptochos Society, to provide the community with music, educational lectures, and performances.

The Philoptochos Society was crucial to raising funds for the purchase of the Ruppert Estate just 60 miles up the Hudson River from New York City, which became St. Basil Academy. The Academy assists children and families in need, supported by the fundraising efforts of Philoptochos.

At the local and national level, the organization serves as the Church's philanthropic ministry to the poor and needy. Philoptochos focuses on providing food, medicine and clothing to people affected by natural disasters. Philoptochos fundraising campaigns assist the elderly and marginalized. In 1974, financial and moral support was provided to victims of the invasion of Cyprus. With over 400 parish chapters throughout the Archdiocese, Philoptochos provides millions of dollars each year to local and national philanthropic organizations and causes.



**NOT SURE WHERE TO GO
TO LEARN ABOUT THE
ORTHODOX FAITH?**

SEEKER SATURDAY

**May 9, 2026, 5:00 p.m. – Great Vespers,
Followed by a Discussion with Q&A**

For those seeking to become Orthodox Christians, we are here to guide you. Join us for Great Vespers on Saturday, May 9 at 5:00 p.m. Following the service, we'll gather for a discussion and Q&A (topic to be announced), along with a meal in the Terrace Room.

Beginning in June, meetings will resume on the second Sunday of each month at 11:45 a.m. in the Fireside Room.

- ▶ *If you've attended previously, please complete the Topic Survey sent via email, or visit the Welcome Table after liturgy on Sundays to share your input on future topics. Thank you.*

Saint Mary's Vacation Church School

EXPLORE
**GOD'S
PROMISES**
..... IN THE
GREAT NORTH



JUNE 15-19, 2026

Register today and Get ready for a great adventure!

Vacation Church School is open to children, age 5 to those entering 6th grade in the fall. Five days of music, worship, activities, snacks, and games. Middle and high school youth are needed for staff support. If your teen is available and willing to help, please also sign them up. Scan the code to register your child.



Quick Links

Stay in Contact



To join our mailing list or update your contact information, scan the code.

Digital Donation



To make a donation or stewardship offering, scan the code.

Daily Bible Readings

Monday, April 20

Acts 3:19-26 • John 2:1-11

Tuesday, April 21

Acts 4:1-10 • John 3:16-21

Wednesday, April 22

Acts 4:13-22 • John 5:17-24

Thursday, April 23: Saint George

Acts 12:1-11 • John 15:17-27; 16:1-2

Friday, April 24

Acts 5:1-11 • John 5:30-47; 6:1-2

Saturday, April 25: Saint Mark

I Peter 5:6-14 • Luke 10:16-21

Sunday, April 26: Sunday of the Myrrh-Bearing Women

Acts 6:1-7 • Mark 15:43-47; 16:1-8



ST. MARY'S
GREEK ORTHODOX CHURCH

3450 Irving Avenue South, Minneapolis, MN 55408-3399

stmarysgoc.org | **612.825.9595** |   

*Fr. Timothy Sas, Fr. Jason Houck,
Fr. Paul Kalina, Deacon, Fr. Luke Twito, Deacon, Fr. Stephen Wehr, Deacon*

Weekly Bulletin Submissions to: Communications@stmarysgoc.org

Weekly Bulletin Submission Deadline: Mondays