

April 26, 2026



The Divine Liturgy

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**Sunday of the Myrrh-Bearing Women**

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**Commemoration:**

Sunday of the Myrrh-Bearing Women; Basil the Holy Martyr Bishop of Amasea;  
Glaphyra the Righteous; Justa the Nun.

*Morning Gospel: Luke 24:1-12..... Tone: Second*

**VARIABLE HYMNS AND READINGS IN THE LITURGY**

**Christ is Risen!**

Christ is risen from the dead, trampling down death by death,  
and upon those in the tombs, bestowing life!

*Hristos anesti ek nekron, thanato thanaton patisas,  
ke tis en tis mnimasi zoin harisamenos.*

***At the Second Antiphon***

Save us, O Son of God, who rose from the dead, save us who sing to you: Alleluia!

***At the Small Entrance***

**Hymn of Pascha, *Plagal First Tone***

Christ is risen from the dead, trampling down death by death,  
and upon those in the tombs, bestowing life!

**Hymn of Entrance**

Bless God in the churches; the Lord from the fountains of Israel.

Save us, O Son of God, who rose from the dead, save us who sing to You: Alleluia!

**Hymn of the Day, *Second Tone***

When you descended into death, Life immortal, you vanquished the power of hell by your resplendent divinity, and when you raised the dead from the depths of darkness, all the heavenly powers cried out triumphantly: O giver of life, Christ our God, glory to you.

**Hymn of Joseph of Arimathea, *Second Tone***

The noble Joseph took your most pure body down from the tree. He wrapped it in clean linen, anointed it with spices, and placed it in a new tomb. But on the third day you rose, O Lord, bestowing on all the world your great mercy.

**Hymn of the Myrrh-Bearing Women, *Second Tone***

The angel stood by the tomb and cried out to the myrrh-bearing women: Myrrh would be fitting to anoint the dead, but Christ has shown himself to be free from corruption. Therefore, proclaim that the Lord is risen, bestowing on all the world his great mercy.

### **Hymn of the Dormition of the Theotokos, First Tone**

In giving birth, you preserved your virginity, O Theotokos; in falling asleep you did not forsake the world. You passed over into life, O Mother of Life; and by your prayers you deliver our souls from death!

Ἐν τῇ γενήσει τὴν παρθενίαν ἐφύλαξας, ἐν τῇ κοιμήσει τὸν κόσμον οὐ κατέλιπες,  
En ti gennisi tin parthenian efilaxas en ti kimisi ton kosmon u katelipes,

Θεοτόκε. Μετέστης πρὸς τὴν ζωὴν, μήτηρ ὑπάρχουσα τῆς ζωῆς, καὶ ταῖς πρεσβείαις  
Theotoke. Metestis pros tin zoin, mitir iparhusa tis zois, ke tes presvies

ταῖς σαῖς λυτρομένη ἐκ θανάτου τὰς ψυχὰς ἡμῶν.  
tes ses litrumeni ek thanatu tas psihias imon.

### **Kontakion of PASCHA, Plagal Fourth Tone**

Into the grave you descended, Immortal One, yet you destroyed the power of Hades, and as victor you arose, O Christ our God; you proclaimed to the myrrh-bearing women a greeting of joy, you brought peace to your holy apostles, and to the fallen you granted resurrection.

### **Epistle.....Acts 6:1-7**

In those days, when the disciples were increasing in number, the Hellenists murmured against the Hebrews because their widows were neglected in the daily distribution. And the twelve summoned the body of the disciples and said, “it is not right that we should give up preaching the word of God to serve tables. Therefore, brethren, pick out from among you seven men of good repute, full of the Spirit and of wisdom, whom we may appoint to this duty. But we will devote ourselves to prayer and to the ministry of the word.” And what they said pleased the whole multitude, and they chose Stephen, a man full of faith and of the Holy Spirit, and Philip, and Prochoros, and Nicanor, and Timon, and Parmenas, and Nicolaos, a proselyte of Antioch. These they set before the apostles, and they prayed and laid their hands upon them. And the word of God increased; and the number of the disciples multiplied greatly in Jerusalem, and a great many of the priests were obedient to the faith.

### **Gospel.....Mark 15:43—16:8**

At that time, Joseph of Arimathea, a respected member of the council, who was also himself looking for the kingdom of God, took courage and went to Pilate, and asked for the body of Jesus. And Pilate wondered if he were already dead; and summoning the centurion, he asked him whether he was already dead. And when he learned from the centurion that he was dead, he granted the body to Joseph. And he bought a linen shroud, and taking him down, wrapped him in the linen shroud, and laid him in a tomb which had been hewn out of the rock; and he rolled a stone against the door of the tomb. Mary Magdalene and Mary the mother of Jesus saw where he was laid. And when the sabbath was past, Mary Magdalene, and Mary the mother of James, and Salome, bought

spices, so that they might go and anoint him. And very early on the first day of the week they went to the tomb when the sun had risen. And they were saying to one another, "Who will roll away the stone for us from the door of the tomb?" And looking up, they saw that the stone was rolled back; for it was very large. And entering the tomb, they saw a young man sitting on the right side, dressed in a white robe; and they were amazed. And he said to them, "Do not be amazed; you seek Jesus of Nazareth, who was crucified. He has risen, he is not here; see the place where they laid him. But go, tell his disciples and Peter that he is going before you to Galilee; there you will see him, as he told you." And they went out and fled from the tomb; for trembling and astonishment had come upon them; and they said nothing to anyone, for they were afraid.

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**Megalyrnarion for the Sunday of St. Thomas, First Tone**

The angel cried out to the woman full of grace: Rejoice, O pure Virgin; again I say, rejoice, for your Son is risen from the tomb on the third day. Shine, shine, O new Jerusalem, for the glory of the Lord has dawned upon you. Exult and be glad, O Zion. Be radiant, pure Theotokos, in the resurrection of your Son.

*The Communion Prayers are found on page 40 of the hymnal.*

**Communion Hymn**

Receive the body, the body of Christ,  
drink from the font of immortality.

*Instead of "We have seen the light...", we chant "Christ is risen."*

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**Today**

Prosforo is provided by:

**Prosforo is provided by Presvytera Alexandra Houck**

The coffee hour today is hosted by:

**Thomas (Theologos) Lycos** (40 days) brother of Barb Vanover and godfather of Jim Geogleris; **Demos Hadjiyanis** (1 year); **Dena Karigan** (1 year); **Christos A. Bakritges** (5 years); **Patricia Pollnow** (6 years).

The coffee hour today is hosted by:

the family of **Christos A. Bakritges** in his memory.

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**Welcome Visitors and Guests!**

After Liturgy this morning, stop by the welcome and information table located between the Bookstore and Great Hall. A couple parishioners are there to welcome you and answer your questions about St. Mary's Greek Orthodox Church and the Orthodox faith. Join us in the Great Hall for a cup of coffee and always enjoyable refreshments.



## Prayer Ministry

*Please remember the sick, the suffering, and those in need, especially:*

The family of Efstratia Bakritges; All victims of wars throughout the world; Our brothers and sisters living through the aftermath of disaster; For the victims of violence; Metro Hope Ministries; Orthodox Christian Prison Ministry; FOCUS Minnesota; Our brothers and sisters serving in the Armed Forces throughout the world especially Jassir Conway; San Miguel Del Lago Orphanage; Sophia and the students, staff, and parents of Annunciation Church and School, Mr. Berscheit; Juliana, Beth, Bill & Marti, Mia, Deb, Dean, Ioanna, Santina, Tia, Margaret, Kathie, Owen, Missy, Anthony, Julie, Ann, Jim, Maria, Joan, Jason, Janet (Dimitra), Andrew and Mari, Constantine James, Lauren, Anna, Kathleen Wendland and Julie Alvin, Gabriel, Linda, John and Johnny, Anastasia, Diane, Nicki, George, Billie, Nino, Kate, Elena, Mechelle, Elaine, Vonda, Andrew, Susan, Elias, Imogene, Becky, Elizabeth, Yvonne, Fran, Jim, Kathryn, Tom, Gina M., Elly K., Thomas, Panos, Connie, Sylvia, Pete, Steve A., Athena, Betty, Mark, Kostantinos & Georgia, Andreas, Jonathan, Jeanette, Mary, Marilyn, Donna, Dawn, Don, Nancy, Brad, Vangie, Jolene, Mikey, Aphrodite, James, Peter, Lyda, Michael, Jaclyn Jereczek, Dena, Chris, Nick, John, Eugenia, Ron, Matt, Laura, Constance, Marina, Annali, Sofia, Juan Cruz & family, Charlie, Helena, Jennifer, John S., Becky, Noel, Stephen, Ray, Christina, Joanne, Charlie, Nuala, Pamela, Avgi, Elena, Speranta, Efstratia, Jordan, David, Nino, Joe, Donnarae, Mary K., Monte, Bethany, Mark, Estelle, Justine, Melissa, Megan, Michael, Robbie, Judi, Evonne, James, Nichole, Constantine, Theodora, Irene Maria, Olivia, Lincoln, Carole, Patty, Karris, Corina, George R., Ken, Nancy and Tim, Olga, Peter, Cora and family, Lynn, Sue & Jim, Steve, Sue, Jane, Pat, Dave, Pam, Gilbert, George P., Danielle, Jenny, John L., Presvytera Janis, Sandra, Rick, Nancy, Alex, Eryn, Vicki, Diana, Doria, Mike, Stephanie, Tyler, Ben, Amy, Christy, Karen, Anastasia, Jamie, Alex and Alexander, Toni, Gina, R.J., Allie, Vickie, Petra, Bob, Joseph, Christopher, Elizabeth, Judi, Bodil, Ole, and others known to you.

## Food Shelf Needs for May 3



### *Ramen Noodles*

April's recipient is Joyce Uptown Food Shelf

*Please do not bring opened packages. They will be discarded.*

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# Calendar of the Week

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## Sunday, April 26: Sunday of the Myrrh-Bearing Women

8:30 a.m. – Matins; 9:30 a.m. – Divine Liturgy

11:30 a.m. – Curriculum Meeting, *Fireside Room*

12:30 p.m. – Senior GOYA Volleyball, *Great Hall*

## Tuesday, April 28

11:00 a.m. – Intercessory Prayer, *Nave*

11:30 a.m. – Senior Citizens' Bible Study, *Fireside Room*

## Wednesday, April 29

6:30 p.m. – Choir Rehearsal, *Nave*

## Friday, May 1

7:00 a.m. – Men's Fellowship, *Fireside Room*

6:00 p.m. – Youth Overnight Lock In, *Youth Room*

## Saturday, May 2

8:30 a.m. – Women's Bible Study, *Patty Christopoulos' Home*

9:00 a.m. – Bible Study, *Fireside Room and on Zoom*

5:00 p.m. – Great Vespers

## Sunday, May 3: Sunday of the Paralytic

*"The Messenger" News Item Deadline*

8:30 a.m. – Matins; 9:30 a.m. – Divine Liturgy

11:30 a.m. – Spring Parish Assembly, *Great Hall*

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## Spring Parish Assembly

### Sunday, May 3

Saint Mary's 2026 Spring Parish Assembly will be held on Sunday, May 3, 2026, at 11:30 a.m. in the Great Hall. All members in good standing are encouraged to attend. The agenda will consist of the following:

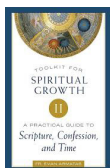
- Opening Prayer
- February 22, 2026, Special Parish Assembly Minutes Approval (minutes were sent via e-mail and are available in the narthex.)
- 2025 Financial Summary (actual vs. budget)
- Elect 3 Parish Members for Board of Electors
- Buildings and Grounds Update
- Dome Campaign Update
- St. Mary's Registrations with the State of Minnesota (vote)
- Ratification of Gift Acceptance Policy in Church Bylaws
- Next Meeting
- Closing Prayer and Adjourn



## A Note on Giving

When making a contribution of any type to St. Mary's with a check, the check must be made payable only to St. Mary's. As a safety precaution, our bank does not accept checks from us that are made out to specific funds or individuals. This includes memorials, donations for holiday flowers, meals, and the like. Additionally, checks made out to individuals, such as memorials, cannot be endorsed over to St. Mary's. If you have questions about this, please contact the Church Office.

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## Women's Book Club Book Available in Bookstore

The next book the Women's Book Club participants will be reading is *Toolkit for Spiritual Growth II: A Practical Guide to Scripture, Confession, and Time* by Father Evan Armatas. Attached is a link for a screenshot of the book cover to include. The next discussion date is set for Thursday, May 7, 7:00 p.m.

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## Lost and Found

Now that the nice spring weather is setting in, it's time to reclaim lost winter clothing and other items left around the building over the last several months. We have collected all the found items – indoor and outdoor clothing, books, shoes, and more – and placed them in the coat area in the hallway leading to the office. Please look over the items and take what is yours. Items not claimed by Memorial Day will be given to an outreach agency or discarded.

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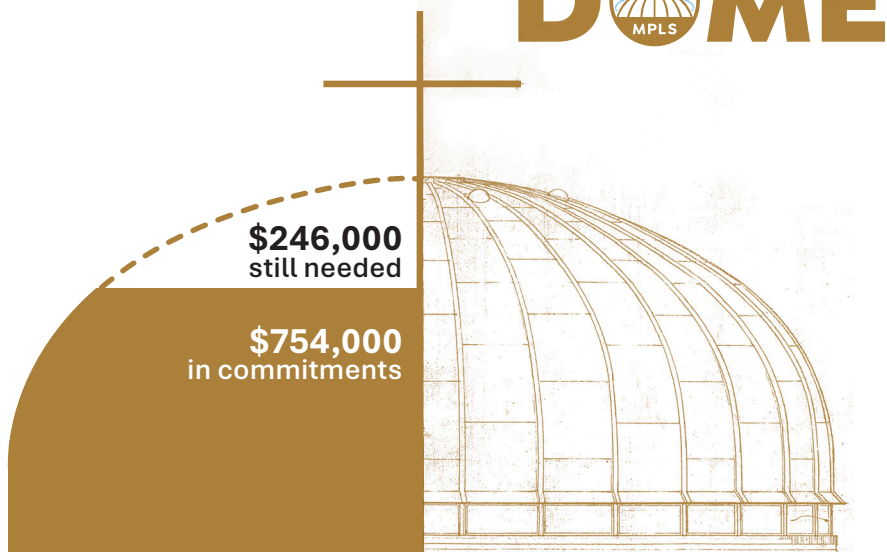


## Greek Dance Practices to Resume

Greek dance practices will resume on Monday, June 8, and continue through the summer months until our Greek Festival in September. We will be practicing dances for the performances at the Festival. All St. Mary's youth, ages 6 to 18 years, are welcome to join. All veteran dancers (18+) are welcome to help with dance instruction. For further details and to register, please contact Tessie Bourdamis (tbourdamis@comcast.net) by Sunday, May 24.

2026 RESTORATION PROJECT  
CAMPAIGN UPDATE

FOR THE  
DOME



Thank you to everyone who has pledged a contribution to the building improvements project. We have received **\$754,000** in commitments towards our goal of raising **\$1M**. In order for us to begin the dome restoration project this spring, we need to secure a remainder of **\$246,000**. We invite every member of our community to join this sacred effort through *prayer, participation, and giving*. Please prayerfully consider *if* and *what* you can donate to help restore this blessed and treasured landmark.

Questions? Reach out to Nick Santrizos at: [nsantrizos@gmail.com](mailto:nsantrizos@gmail.com)



**Electronic payment donations can be made by scanning the code.**

All contributions for this project will be placed into the Saint Mary's Capital Improvements Reserve.

[www.stmarysgoc.org/For-The-Dome](http://www.stmarysgoc.org/For-The-Dome)



## **FOCUS Meal**

**Sunday, May 10**

Philoptochos is coordinating the May 10 Mother's Day dinner for FOCUS Minnesota, and we need your help! We are asking parishioners to make rigatoni or to bring salad fixings, buns or cookies.

Dinners are now served at Christ Lutheran on Capitol Hill Church, 105 University Avenue, just behind the state capitol building, with sit-down meals served at 5:00 p.m. and takeout plates available at 6:00 p.m. In person help at Christ Lutheran is needed, and includes meal prep (warming pasta and making salad, etc.), serving, and hospitality to welcome and dine with guests.



*Scan to  
Sign Up*

### **Please volunteer via Sign Up Genius**

Link: <https://bit.ly/4mAI91t> or stop by the Philoptochos table following Sunday services, where pans and recipes for rigatoni will be available. Food donations must be delivered to the church kitchen by 12:00 p.m. on Sunday, May 10.

Thank you for helping to make Mother's Day special for those who may have difficulty doing so on their own. Please contact co-chairs Paulette Hastings (952.564.8388, [pmg.hastings@gmail.com](mailto:pmg.hastings@gmail.com)) and Mary Ellis (612.716.5658, [3ellism@gmail.com](mailto:3ellism@gmail.com)) with any questions.

# Philoptochos News



## **Bancroft School Teacher Appreciation Lunch**

**Wednesday, May 6**

On Wednesday, May 6, Philoptochos will be providing lunch for the 85 staff members at Bancroft School. We are looking for volunteers to help cook the meal starting at 9:00 a.m. Wednesday morning. Stop by the Philoptochos table to volunteer or contact Erline Holmanm, 507.259.5443. Thank you



## **2026 Taste of Greece Let the Baking Begin!**

In May, we start stocking the freezer with cookies and pastries for the 2026 Taste of Greece Bake Sale! Co-chairs Paulette Hastings, Tina Menter, and Photine Saar, have been making plans along with the cookie captains, and we have three cookie capers in May:

**1. Kourambietes:** Wednesday, May 13, 12 noon-7:00 p.m.

**2. Koulouria:** Thursday, May 21: 9:30 a.m.-4:30 p.m.  
(Come to one or both shifts, 9:30-1:30 or 1:30-4:30)

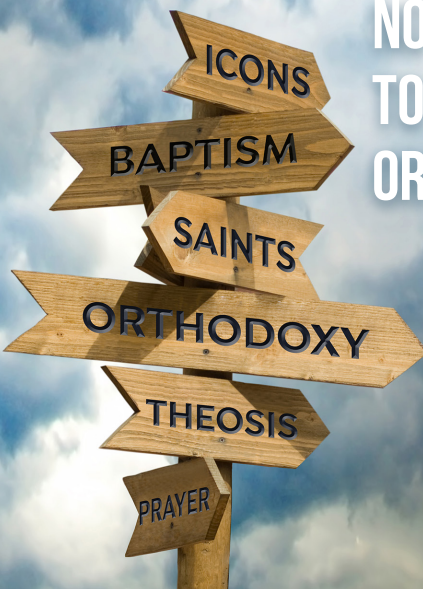
### **3. Baklava:**

- Thursday, May 28, 10:00 a.m.-7:30 p.m.  
(assembly - bring a saucepan and pastry brush)
- Monday, June 1, 10:00 a.m.-7:30 p.m.  
(assembly - bring a saucepan and pastry brush)
- Wednesday, June 3, 10:00 a.m.-2:00 p.m.  
(cut, clove, and syrup - Bring a sharp knife)
- Thursday, June 4, 9:00 a.m.-12:00 p.m. (if needed)



No experience necessary - we provide on the job training. Please come for an hour or two (or more) and bring a friend as many hands lighten the load. You can sign up here (scan the QR code or use this URL: <https://bit.ly/4csN1SZ>) or at the Philptochos table on Sundays. Thank you for volunteering!

*Scan to  
Sign Up*



NOT SURE WHERE TO GO  
TO LEARN ABOUT THE  
ORTHODOX FAITH?

## SEEKER SATURDAY

May 9, 2026, 5:00 p.m. – Great Vespers,  
Followed by a Discussion with Q&A

For those seeking to become Orthodox Christians, we are here to guide you. Join us for Great Vespers on Saturday, May 9 at 5:00 p.m. Following the service, we'll gather for a discussion and Q&A (topic to be announced), along with a meal in the Terrace Room.

Beginning in June, meetings will resume on the second Sunday of each month at 11:45 a.m. in the Fireside Room.

- ▶ *If you've attended previously, please complete the Topic Survey sent via email, or visit the Welcome Table after liturgy on Sundays to share your input on future topics. Thank you.*

Saint Mary's Vacation Church School

EXPLORE  
**GOD'S  
PROMISES**  
..... IN THE .....  
**GREAT NORTH**



**JUNE 15-19, 2026**

**Register today and Get ready for a great adventure!**

Vacation Church School is open to children, age 5 to those entering 6<sup>th</sup> grade in the fall. Five days of music, worship, activities, snacks, and games. Middle and high school youth are needed for staff support. If your teen is available and willing to help, please also sign them up. Scan the code to register your child.



## Quick Links

### Stay in Contact



To join our mailing list or update your contact information, scan the code.

### Digital Donation



To make a donation or stewardship offering, scan the code.

## Daily Bible Readings

### *Monday, April 27*

Acts 6:8-15; 7:1-5, 47-60 • John 4:46-54

### *Tuesday, April 28*

Acts 8:5-17 • John 6:27-33

### *Wednesday, April 29*

Acts 8:18-25 • John 6:35-39

### *Thursday, April 30*

Acts 12:1-11 • Luke 9:1-6

### *Friday, May 1*

Acts 8:40; 9:1-19 • John John 6:48-54

### *Saturday, May 2*

Hebrews 13:7-16 • Matthew 5:14-19

### *Sunday, May 3: Sunday of the Paralytic*

Acts 9:32-42 • John 5:1-15



**ST. MARY'S**  
GREEK ORTHODOX CHURCH

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[stmarysgoc.org](http://stmarysgoc.org) | 612.825.9595 |   

*Fr. Timothy Sas, Fr. Jason Houck,  
Fr. Paul Kalina, Deacon, Fr. Luke Twito, Deacon, Fr. Stephen Wehr, Deacon*

Weekly Bulletin Submissions to: [Communications@stmarysgoc.org](mailto:Communications@stmarysgoc.org)

*Weekly Bulletin Submission Deadline: Mondays*