

July 12, 2026



The Divine Liturgy

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## Sixth Sunday of Matthew

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### Commemoration:

Sixth Sunday of Matthew; Proclus and Hilary the Martyrs of Ancyra; Our Holy Father Michael of Maleinus; Gerasimos of Byzantium and Akakios the young ascetic; Paisios the Athonite; Veronica, the woman with the issue of blood who was healed by Jesus; Andre the Commander & his Companion Martyrs.

*Morning Gospel: Luke 24:36-53..... Tone: Plagal First*

## VARIABLE HYMNS AND READINGS IN THE LITURGY

### At the Second Antiphon

Save us, O Son of God, who rose from the dead, save us who sing to you: Alleluia!

### At the Small Entrance

#### Resurrection Hymn, *Plagal First Tone*

To the Word, co-eternal with the Father and the Spirit, born of the Virgin for our salvation, let us, the faithful, give praise and worship. For he willed to be lifted up on the cross in the flesh, to endure death and raise the dead by his glorious resurrection.

#### Hymn of Entrance

Come, let us worship and bow down before Christ. Save us, O Son of God, who rose from the dead, save us who sing to You: Alleluia!

#### Repeat the *Resurrection Hymn*, above

#### Hymn of the Dormition of the Theotokos, *First Tone*

In giving birth, you preserved your virginity, O Theotokos; in falling asleep you did not forsake the world. You passed over into life, O Mother of Life; and by your prayers you deliver our souls from death!

Ἐν τῇ γενήσῃ τὴν παρθενίαν ἐφύλαξας, ἐν τῇ κοιμήσῃ τὸν κόσμον οὐ κατέλιπες,  
En ti gennisi tin parthenian efilaxas en ti kimisi ton kosmon u katelipes,  
Θεοτόκε. Μετέστης πρὸς τὴν ζωὴν, μήτηρ ὑπάρχουσα τῆς ζωῆς, καὶ ταῖς πρεσβείαις  
Theotoke. Metestis pros tin zoin, mitir iparhousa tis zois, ke tes presvies  
ταῖς σαῖς λυτρομένη ἐκ θανάτου τὰς ψυχὰς ἡμῶν.  
tes ses litrumeni ek thanatu tas psichas imon.

## **Kontakion of the Theotokos, Second Tone**

O unfailing protection of Christians, and our faithful advocate before the Creator: though we are sinners, do not ignore our entreaty; but in your goodness, grant your timely help to us who appeal to you in faith. Quickly make intercession; on our behalf make speedy supplication, O Theotokos, for you always protect those who honor you.

### **Epistle.....Romans 12:6-14**

Brethren, having gifts that differ according to the grace given to us, let us use them: if prophecy, in proportion to our faith; if service, in our serving; he who teaches, in his teaching; he who exhorts, in his exhortation; he who contributes, in liberality; he who gives aid, with zeal; he who does acts of mercy, with cheerfulness. Let love be genuine; hate what is evil, hold fast to what is good; love one another with brotherly affection; outdo one another in showing honor. Never flag in zeal, be aglow with the Spirit, serve the Lord. Rejoice in your hope, be patient in tribulation, be constant in prayer. Contribute to the needs of the saints, practice hospitality. Bless those who persecute you; bless and do not curse them.

### **Gospel.....Matthew 9:1-8**

At that time, getting into a boat Jesus crossed over and came to his own city. And behold, they brought to him a paralytic, lying on his bed; and when Jesus saw their faith he said to the paralytic, "Take heart, my son; your sins are forgiven." And behold, some of the scribes said to themselves, "This man is blaspheming." But Jesus, knowing their thoughts, said, "Why do you think evil in your hearts? For which is easier, to say 'Your sins are forgiven,' or to say 'Rise and walk?' But that you may know that the Son of man has authority on earth to forgive sins" he then said to the paralytic -- "Rise, take up your bed and go home." And he rose and went home. When the crowds saw it, they were afraid, and they glorified God, who had given such authority to men.

***The Communion Prayers are found on page 40 of the hymnal.***



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# Today

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Prosforo is provided by **Toni Bazakos**.

40-Day Churching: **Luca**, parents: Michael & Hannah Aldaya

Memorial Prayers today are offered for **Dan Christopulos** (40 days).

The coffee hour today is hosted by the students, parents, and teachers of last year's 4 year old pre-kindergarten church school class.

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## Welcome Visitors and Guests!

After Liturgy this morning, stop by the welcome and information table located between the Bookstore and Great Hall. A couple parishioners are there to welcome you and answer your questions about St. Mary's Greek Orthodox Church and the Orthodox faith. Join us in the Great Hall for a cup of coffee and always enjoyable refreshments.

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## Announcements

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### Senior Citizens' Meeting

**Tuesday, July 14**

Saint Mary's Senior Citizens will meet on Tuesday, July 14, at noon in the Terrace Room. Following our customary formalities, we will celebrate the 250th birthday of our Nation. Our program will feature a speaker (and former DJ), Mike Henry, who will give a special presentation entitled "Thanks for the Memories," a review of song artists and bands of the 1940s and 50s. A short meeting with announcements will follow. All St. Mary's Seniors (55+) are welcome to join this lively group. Current dues are \$20 per year. For further information, please contact President Tessie Bourdamis at [tbourdamis@comcast.net](mailto:tbourdamis@comcast.net) or any current officer.



### Women's Book Club

The next book participants in the Women's Book Club will be reading and discussing is *Victory in the Unseen Warfare* by Father Jack Sparks. Copies are available in the bookstore.



## Youth Ministry Advisory Committee

We are forming a team of parishioners who are parents of youth in preschool through high school. Together with our youth ministry staff and clergy the YMAC will serve prayerfully and thoughtfully through evaluation, reflection, and collaboration to offer advice and support for our youth ministry staff. We are seeking 6-8 volunteers. **Interested? Please contact Heather Koutroupas 952.843.8643 or Chrissie Hoffman 612.618.0180**



Scan to  
Sign Up

## 2026 St. George Antiochian Orthodox Church's Middle Eastern Festival

The annual Middle Eastern Festival at St. George Antiochian Church in West St. Paul is next weekend – July 18 and 19! Enjoy fine Middle Eastern cuisine, a beer and wine garden, live entertainment, church tours, a marketplace, and of course, camel rides. St. George Church is located at 1250 Oakdale Avenue, West Saint Paul. Anyone wishing to help at the Middle Eastern Festival, please scan the QR code. Several folks from St. George help us out at our annual Taste of Greece Festival in September! Please direct questions to Rebecca Michaels at [MidEastFest.Volunteers@gmail.com](mailto:MidEastFest.Volunteers@gmail.com)



## Summer FAITH Playgroup Events

FAITH Playgroup (families with children birth through pre-K) Summer Fellowship Meetups. Siblings, grandparents, and families are all welcome to join us!

**Sunday, July 19, 5:30–7:30 p.m.: Music in the Park**

*Come and hear Julian Maddox and the Minnesota Pop Orchestra perform. We will meet at the Lake Harriet Bandshell picnic tables.*

**Tuesday, August 4, 10:45 a.m.: Como Zoo Outing**

*We will meet at the 1259 Midway Parkway entrance.*

If you have any questions, please contact Lea Hoeft at 206.779.1354.



## Saint Mary's Cathedral Golf Tournament

The 97th Annual St. Mary's Charity Golf Tournament takes place on Sunday, July 26, at the Columbia Golf Club in Minneapolis. To register to play in the tournament, go to: <https://bit.ly/stmarysgolf2026>. To become a sponsor, contact Andrew Hinton, [awhinton@gmail.com](mailto:awhinton@gmail.com) or 612.242.0497. Sponsorship opportunities: Sponsor a Hole - \$150, Tournament Sponsor - \$550, Presenting Sponsor - \$1,000. The awards dinner is held at the Parish Center at the Cathedral following the tournament.

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# Philoptochos News

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## 2026 Taste of Greece *Let the Baking Continue!*



*Scan to  
Sign Up*

The Festival Bake Sale preparations are off to a great start! There are now 3,418 kourambiethes, 3,040 koulouria, and 5,600 pieces of baklava baked and in the freezer. We are grateful to all our cookie chairs and volunteers who made this possible. Thank you! Our upcoming baking sessions are:

### **Melomakarona:**

Saturday, July 18, 11:00 a.m.-5:00 p.m.

### **Amygdalota:**

Thursday, July 30, 12:00 noon-4:00 p.m.

No experience necessary - we provide on the job training. Please come for an hour or two (or more) and bring a friend as many hands lighten the load. You can sign up here (scan the QR code or use this URL: <https://bit.ly/4csN1SZ>) or at the Philoptochos table on Sundays. Thank you for volunteering!



*Scan to  
Sign Up*

## **Dormition Meals after Vespers and Liturgy August 14 and 15**

Philoptochos will help St. Mary's celebrate our parish feast of the Dormition of the Theotokos. We will host the coffee hour after Vespers on Friday, August 14 and brunch after the liturgy on Saturday, August 15. All are welcome and encouraged to help with this event. Please sign up to help at the Philoptochos table on Sundays or on Signup Genius using the QR code.



## **The Little Library Needs Books**

Our supply of Orthodox books is getting low. If you happen to have any books that you would like to donate, please bring them to the Philoptochos table on Sundays or drop them off in the church office during the week.



“No one can feel hatred towards those for whom he prays for.”

— *Saint John Chrysostom*



## Prayer Ministry

*Please remember the sick, the suffering, and those in need, especially:*

All victims of wars throughout the world; Our brothers and sisters living through the aftermath of disaster; For the victims of violence; Metro Hope Ministries; Orthodox Christian Prison Ministry; FOCUS Minnesota; Our brothers and sisters serving in the Armed Forces throughout the world especially Jassir Conway; San Miguel Del Lago Orphanage; Sophia and the students, staff, and parents of Annunciation Church and School; Dawn, Sarah, Ivan, Greg, Matthew, Judy, Bettsy, Mr. Berscheit; Naira, Juliana, Beth, Mia, Deb, Dean, Tia, Margaret, Kathie, Owen, Missy, Anthony, Julie, Ann, Jim, Maria, Joan, Jason, Janet (Dimitra), Andrew and Mari, Constantine James, Lauren, Anna, Kathleen Wendland and Julie Alvin, Gabriel, Linda, John and Johnny, Anastasia, Diane, Nicki, George, Billie, Nino, Mechelle, Elaine, Vonda, Andrew, Susan, Elias, Imogene, Becky, Elizabeth, Yvonne, Fran, Jim, Kathryn, Tom, Gina M., Elly K., Thomas, Panos, Connie, Sylvia, Pete, Steve A., Athena, Betty, Mark, Kostantinos & Georgia, Andreas, Jonathan, Jeanette, Mary, Marilyn, Donna, Dawn, Don, Nancy, Brad, Vangie, Jolene, Mikey, Aphrodite, James, Peter, Lyda, Michael, Jaelyn Jereczek, Dena, Chris, Nick, John, Eugenia, Ron, Matt, Laura, Constance, Marina, Annali, Sofia, Juan Cruz & family, Charlie, Helena, Jennifer, John S., Becky, Noel, Stephen, Ray, Christina, Joanne, Charlie, Nuala, Pamela, Avgi, Elena, Speranta, Jordan, David, Nino, Joe, Donnarae, Mary K., Monte, Bethany, Mark, Estelle, Justine, Melissa, Megan, Michael, Robbie, Judi, Evonne, James, Nichole, Constantine, Theodora, Irene Maria, Olivia, Lincoln, Carole, Patty, Karrisa, Corina, George R., Ken, Nancy and Tim, Olga, Peter, Cora and family, Lynn, Sue & Jim, Steve, Sue, Jane, Pat, Dave, Pam, Gilbert, George P., Danielle, Jenny, John L., Presvytera Janis, Sandra, Rick, Nancy, Alex, Eryn, Vicki, Diana, Doria, Mike, Stephanie, Tyler, Ben, Amy, Christy, Karen, Anastasia, Jamie, Alex and Alexander, Toni, Gina, R.J., Allie, Vickie, Petra, Bob, Joseph, Christopher, Elizabeth, Judi, Bodil, Ole, and others known to you.

## Food Shelf Needs for July 19



***Peanut Butter***

July's recipient is FOCUS MINNESOTA

*Please do not bring opened packages. They will be discarded.*

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# Calendar of the Week

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## **Sunday, July 12: Sixth Sunday of Matthew**

8:30 a.m. – Matins; 9:30 a.m. – Divine Liturgy  
11:45 a.m. – Seekers' Q&A Gathering, *Fireside Room*

## **Monday, July 13**

6:00 p.m. – Greek Dance Practice, *Great Hall*

## **Tuesday, July 14**

12:00 noon – Senior Citizens' Meeting, *Terrace Room*  
6:15 p.m. – Parish Council Meeting, *Fireside Room*

## **Wednesday, July 15**

9:00 a.m. – “The Messenger” Mailing, *Fireside Room*  
9:30 a.m. – Housekeeping

## **Thursday, July 16**

6:30 p.m. – YAL Picnic, *Terrace Room*

## **Friday, July 17: Saint Marina**

7:00 a.m. – Men's Fellowship, *Fireside Room*  
9:30 a.m. – Divine Liturgy

## **Friday, July 18**

11:00 a.m. – Melomakarona Baking, *Kitchen*  
*Healing House Dinner and Bible Study*

## **Sunday, July 19: Sunday of the Holy Fathers**

8:30 a.m. – Matins; 9:30 a.m. – Divine Liturgy  
after Liturgy – Greek Festival Kickoff Coffee Hour

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## **Announcing!**

### **Family Camp 2026 – Orthodoxy in the Home**

**Friday, October 16– Sunday, October 18**

Early-bird Registration (August 1–15): \$160 per person

Regular Registration (August 16–31): \$170 per person

Camp Wapo - Amery, WI

This year's speaker is Fr. David Hyatt. Fr. David is the pastor of St. Michael's Antiochian Orthodox Church in Greensburg, Pennsylvania. He and Khouryee BethAnn have three sons who were born and raised in northern Minnesota where he served as a Baptist pastor for more than twelve years before converting to the Orthodox Church at Twelve Holy Apostles Greek Orthodox Church under the guidance of Fr. Timothy Sas. More information in upcoming bulletins and newsletters!

## Quick Links

### Stay in Contact



To join our mailing list or update your contact information, scan the code.

### Digital Donation



To make a donation or stewardship offering, scan the code.

## Daily Bible Readings

### *Monday, July 13*

Hebrews 2:2-10 • Luke 10:16-21

### *Tuesday, July 14*

Romans 16:1-16 • Matthew 14:1-13

### *Wednesday, July 15*

I Corinthians 13:11-14; 14:1-5 • Matthew 17:24-27; 18:1-4

### *Thursday, July 16*

I Corinthians 7:24-35 • Matthew 15:12-21

### *Friday, July 17: Saint Marina*

Galatians 3:23-29; 4:1-5 • Mark 5:24-34

### *Saturday, July 18*

Romans 12:1-3 • Matthew 10:37-42, 11:1

### *Sunday, July 19: Sunday of the Holy Fathers*

Titus 3:8-15 • Matthew 5:14-19



**ST. MARY'S**  
GREEK ORTHODOX CHURCH

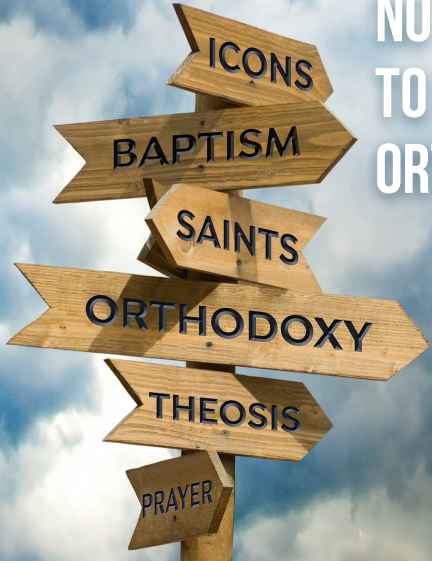
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*Fr. Timothy Sas, Fr. Jason Houck,  
Fr. Paul Kalina, Deacon, Fr. Luke Twito, Deacon, Fr. Stephen Wehr, Deacon*

Weekly Bulletin Submissions to: [Communications@stmarysgoc.org](mailto:Communications@stmarysgoc.org)

*Weekly Bulletin Submission Deadline: Mondays*



NOT SURE WHERE TO GO  
TO LEARN ABOUT THE  
ORTHODOX FAITH?

## SEEKER SESSION

Today at 11:45 a.m., Fireside Room

For those seeking to become Orthodox Christians, we are here to guide you. Join us today at 11:45 a.m. in the Fireside Room. Following the Divine Liturgy, we'll gather for a discussion and Q&A led by clergy.

### SUMMER SESSIONS:

- Sunday, July 12
- Sunday, August 9

► *If you have questions or have specific topics you would like to discuss, please visit the Welcome Table after liturgy on Sundays or email: [welcome@stmarysgoc.org](mailto:welcome@stmarysgoc.org)*

# Bring Hope to Our Neighbors *Summer Season*



## BRING



*For Joyce Uptown Foodshelf*

- *Toothbrushes & Toothpaste*
- *Diapers & Wipes*

*Check the weekly bulletin for food items to bring each week.*

## PACK for FOCUS



- *May 31<sup>st</sup> ~ THANK YOU!*
- *June 28<sup>th</sup> ~ THANK YOU!*
- *Sunday, July 26<sup>th</sup>*

*Donate Directly to FOCUS*



## CONNECT



*• Sign up to deliver food packs to FOCUS.*

*Together we can continue to bring HOPE to our neighbors with ACTION.*

