



Sunday after Holy Cross

Commemoration: Sunday after Holy Cross; Eustathius the Great Martyr, his wife and two children; Our Righteous Father Eustathius, Archbishop of Thessalonica; John the Foreigner; Hilarion the New Martyr of Crete; Afterfeast of the Holy Cross.

Morning Gospel: Luke 24:12-35 Tone: Grave

VARIABLE HYMNS AND READINGS IN THE LITURGY

At the Second Antiphon

Save us, O Son of God, crucified in the flesh; we sing to you: Alleluia!

At the Third Antiphon

Save, O Lord, O Lord, Your people and bless Your inheritance.
Grant victory to the faithful against the adversaries of the Faith,
and protect Your people through Your holy Cross, Your holy Cross.

At the Small Entrance

Hymn of Entrance

Come, let us worship and bow down before Christ.
Save us, O Son of God, who rose from the dead, save us who sing to You: Alleluia!

Resurrection Hymn, Grave Tone

By your cross, O Lord, you destroyed death; to the thief you opened paradise.
The myrrh-bearers' sorrow you transformed into joy, and you sent your apostles forth
to proclaim that you had risen from the dead, Christ our God,
bestowing on all the world your great mercy.

Hymn of the Holy Cross, First Tone

Save, O Lord, O Lord, Your people and bless Your inheritance.
Grant victory to the faithful against the adversaries of the Faith,
and protect Your people through Your holy Cross, Your holy Cross.

For the Saints (Eustathius), Fourth Tone

Your Martyrs, O Lord, were worthily awarded by You the crowns of incorruption,
in that they contested for You our immortal God. Since they possessed Your power,
they defeated the tyrants, dashing the demons' powerless displays of defiance.
O Christ God, at their fervent entreaties, save our souls.

Hymn of the Dormition of the Theotokos, *First Tone*

In giving birth, you preserved your virginity, O Theotokos; in falling asleep you did not forsake the world. You passed over into life, O Mother of Life; and by your prayers you deliver our souls from death!

Εν τῇ γενήσῃ τὴν παρθενίαν ἐφύλαξας, ἐν τῇ κοιμήσῃ τὸν κόσμον οὐ κατέλιπες,
En ti gennisi tin parthenian efilaxas en ti kimisi ton kosmon u katelipes,

Θεοτόκε. Μετέστης πρὸς τὴν ζωὴν, μήτηρ ὑπάρχουσα τῆς ζωῆς, καὶ ταῖς πρεσβείαις
Theotoke. Metestis pros tin zoin, mitir iparhousa tis zois, ke tes presvies
ταῖς σαῖς λυτρουμένη ἐκ θανάτου τὰς ψυχὰς ἡμῶν.
tes ses litrumeni ek thanatu tas psichas imon.

Kontakion of the Holy Cross, *Fourth Tone*

You who were lifted on the cross voluntarily, O Christ our God,
bestow Your tender compassions upon Your new community to which You gave
Your name. Cause our faithful emperors to be glad in Your power, granting them the
victories against their adversaries. And for an ally, Lord, may they have You,
peace as their armor, the trophy invincible.

Epistle..... Galatians 2:16-20

Brethren, knowing that a man is not justified by works of the law but through faith in Jesus Christ, even we have believed in Christ Jesus, in order to be justified by faith in Christ, and not by works of the law, because by works of the law shall no one be justified. But if, in our endeavor to be justified in Christ, we ourselves were found to be sinners, is Christ then an agent of sin? Certainly not! But if I build up again those things which I tore down, then I prove myself a transgressor. For I through the law died to the law, that I might live to God. I have been crucified with Christ; it is no longer I who live, but Christ who lives in me; and the life I now live in the flesh I live by faith in the Son of God, who loved me and gave himself for me.

Gospel..... Mark 8:34-38; 9:1

The Lord said: "If anyone wishes to come after me, let him deny himself and take up his cross and follow me. For whoever would save his life will lose it; and whoever loses his life for my sake and the gospel's will save it. For what does it profit a man, to gain the whole world and forfeit his life? For what can a man give in return for his life? For whoever is ashamed of me and my words in this adulterous and sinful generation, of him will the Son of man also be ashamed, when he comes in the glory of his Father with the holy angels." And he said to them, "Truly, I say to you, there are some standing here who will not taste death before they see the kingdom of God come with power."

The Communion Prayers are found on page 40 of the hymnal.

Today

Prosforo is provided by **Barbara Nichols**

Memorial Prayers today are offered for
Nicholas C. Boosalis (40 days) and **James M. Boosalis** (1 year)

The coffee hour today is hosted by
the family of James M. Boosalis in his memory



Welcome Visitors and Guests!

After Liturgy this morning, stop by the welcome and information table located between the Bookstore and Great Hall. A couple parishioners are there to welcome you and answer your questions about St. Mary's Greek Orthodox Church and the Orthodox faith. Join us in the Great Hall for a cup of coffee and always enjoyable refreshments.

Announcements



Festival Leftovers for Sale!

Did you miss out on all the Festival food this past weekend ...or are you maybe still hungry? Come to the Great Hall after Sunday Liturgy to purchase your Festival leftovers. Payment by cash, card, check, and Festival gift cards



Coffee Hour Host Needed

A coffee hour host is needed for next **Sunday, September 27**. Please contact David in the church office if you would like to host for a special occasion, or just the enjoyment of it!



Women's Book Club

The next book participants in the Women's Book Club will be reading and discussing is *Victory in the Unseen Warfare* by Father Jack Sparks. Copies are available in the bookstore. Our first meeting of the fall will be Tuesday, September 22, 7:00 p.m., at St. Mary's.



Saturday Bible Study Resumes

Saturday Morning Bible Study will resume on **Saturday, September 26 (please note date correction), from 9:00-10:00 a.m.**, in the Fireside Room and on Zoom. Watch your communications for more details. Contact Mary Pappas for further information: mpappas0322@gmail.com



Koinonia Groups Beginning for the Season

Koinonia groups are small parish gatherings rooted in the early Christian practice of fellowship and shared life in Christ. Meeting once a month in homes or at the church, they offer an opportunity to know more deeply the people we worship beside each week through prayer, conversation, and simple hospitality. This fall, we are expanding our existing groups and forming new ones beginning in October. If you would like to learn more or join a group, we would be delighted to hear from you. Please contact Lani McCollar lanimccollar@gmail.com or Christine Buss cmariebuss@gmail.com.



St. Mary's Men's Retreat – a few spaces are still open!

The annual Men's Retreat is **Saturday, September 26, 2026**. This "daytreat" will be hosted at the home of Deacon Luke Twito from 9:00 a.m.-5:00 p.m. Food provided by Sheff and Nouli Priest from their food truck. It will be a great day of fun activities and fellowship. Fr. Perry Kallis from St. George Greek Orthodox Church will be our featured speaker and discussion leader. Register on Realm. Suggested donation to help cover expenses is \$35.00 and can be paid through Realm when registering or by check to the church office. Please register as soon as possible to guarantee your spot. More information will be provided to those planning to attend as the day approaches. *Retreat is limited to 40 registrants.*



Golf Tournament

The Tiger Open Golf Tournament (started in 1955) will be held on **Sunday, October 4, 2026** at Heritage Links Golf Club (8075 Lucerne Boulevard, Lakeville, MN) It's a scramble format with a 12:30 Shotgun start. Registration fee is \$90.00 and includes green fees, carts, skins game, prizes and something to eat. See facebook.com/tigeropengolf for the registration form. Contact Mike Hasselstrom (612.840.5496) or Mike Makredes (651.253.4203) for details.



St. George Mini Greek Festival!

Saturday, October 3, 10:00 a.m.-7:00 p.m.

Sunday, October 4, 11:00 a.m-3:00 p.m.



Volunteers are needed to help make the Mini Greek Fest a success!

Returning and first-time volunteers are encouraged to sign up.

Signing up is easy! Simply **scan the QR code to access the SignUpGenius** page. From there, you can select your area of interest and choose a date and time that works with your schedule. Please contact Carey Pappas at carey.pappas@frontiernet.net with any questions.



Fall Kick-off Meeting

Tuesday, September 29 – 5:30 p.m.

Philoptochos begins a new year on Tuesday, September 129. Please plan on attending this important event. We will discuss upcoming events and will have a program on internet safety.

| Social Hour – 5:30 p.m. | Dinner – 6:00 p.m.

| Program on Internet Safety Meeting

Visit the Philoptochos table to sign up and to volunteer to set up that day.



God's Bakery Blessings

We are grateful to God for the many blessings the Festival Bakery experienced in 2026! From May through September, an abundance of parishioners and friends came to mix, shape, assemble, bake and drizzle thousands of delicious Greek pastries. During prep week, volunteers cut, powdered, packaged, hauled, labeled, and did whatever was asked of them. And throughout the Taste of Greece, the bakery overflowed with acts of kindness, hospitality, and helpfulness. We thank God for:

- Our leaders — Tina Menter, Photine Saar, and Paulette Hastings
- Our cookie chairs — Cathy Forchas & Connie Kouzes (koulouria), Toni Bazakos, Maria Prassas & Tina Menter (kourambietes), Elena Gabor (baklava), Lani McCollar (amygdalota), Naira Istephanous (baklava sundae topping), and Paulette Hastings (melomakarona)
- The hundreds of people who volunteered in some way at the bakery.

And **we thank you** for the amazing support given throughout this Bakery season.



Please Sign Up to Help at Our Table on Sundays

We would love for you to help at our table on Sundays. Please stop by and sign up to sit at the table on a specific Sunday to assist in answering questions and promote individuals to sign up for activities happening in the coming weeks. We need ladies to be there after Liturgy till about noon.



The Little Library Needs Books

Our supply of Orthodox books is still low. If you happen to have any books that you would like to donate, please bring them to the Philoptochos table on Sundays or drop them off in the church office during the week.

Calendar of the Week

Sunday, September 20: Sunday after Holy Cross

8:30 a.m. – Matins; 9:30 a.m. – Divine Liturgy

First Day of Church School

12:00 noon – Junior GOYA, *Youth Room*

Tuesday, September 22

Senior Citizens' Bible Study is cancelled for today

6:30 p.m. – Philoptochos Board Meeting, *Terrace Room*

7:00 p.m. – Women's Book Club, *Fireside Room*

Wednesday, September 23

9:00 a.m. – "The Messenger" Mailing, *Fireside Room*

9:30 a.m. – Housekeeping

6:30 p.m. – Choir Rehearsal, *Nave*

Thursday, September 24

7:00 p.m. – Stewardship Committee, *Fireside Room*

Saturday, September 26: The Falling Asleep of John the Theologian

9:00 a.m. – Bible Study, *Fireside Room and on Zoom*

9:00 a.m. – Men's "Daytreat," *Fr. Luke Twito's home*

1:00 p.m. – HOPE and JOY, "The Secret Garden Theater Experience"
at the Stages Theatre in Hopkins

Sunday, September 27: First Sunday of Luke

8:30 a.m. – Matins; 9:30 a.m. – Divine Liturgy



Upcoming Church Festivals

St. Sahag Armenian Orthodox Church Festival

203 N. Howell Street, St. Paul

Today, Sunday, September 20, 11:00 a.m.-3:00 p.m.

Holy Trinity Orthodox Church — Harvest Festival

532 – 1st Street, Clayton, Wisconsin

Today, Sunday, September 20: 11:30 a.m.-2:00 p.m.

St. George Greek Orthodox Church

1111 Summit Ave, St Paul

Saturday, October 3, 10:00 a.m.-7:00 p.m.

Sunday, October 4, 11:00 a.m.-3:00 p.m.



Prayer Ministry

Please remember the sick, the suffering, and those in need, especially:

All victims of wars throughout the world; Our brothers and sisters living through the aftermath of disaster; For the victims of violence; Metro Hope Ministries; Orthodox Christian Prison Ministry; FOCUS Minnesota; Our brothers and sisters serving in the Armed Forces throughout the world especially Jassir Conway; San Miguel Del Lago Orphanage; Sophia and the students, staff, and parents of Annunciation Church and School; Lydia, Ina, Katia Dragotis, Joe & Linda; Lukas N., Jolene, Sarah, Ivan, Greg, Matthew, Judy, Bettsy, Mr. Berscheit; Naira, Juliana, Beth, Mia, Deb, Dean, Tia, Kathie, Owen, Missy, Anthony, Ann, Jim, Maria, Joan, Jason, Janet (Dimitra), Andrew and Mari, Constantine James, Lauren, Anna, Kathleen Wendland and Julie Alvin, Gabriel, Linda, John and Johnny, Anastasia, Diane, Nicki, George, Emebet, Billie, Nino, Mechelle, Andrew, Susan, Elias, Imogene, Becky, Elizabeth, Yvonne, Fran, Jim, Kathryn, Tom, Gina M., Elly K., Thomas, Panos, Connie, Sylvia, Pete, Steve A., Athena, Betty, Mark, Kostantinos & Georgia, Andreas, Jonathan, Jeanette, Mary, Marilyn, Donna, Dawn, Don, Nancy, Brad, Vangie, Jolene, Mikey, Aphrodite, James, Peter, Lyda, Michael, Jaclyn Jereczek, Dena, Chris, Nick, John, Eugenia, Ron, Matt, Laura, Constance, Marina, Annali, Sofia, Juan Cruz & family, Charlie, Helena, Jennifer, John S., Becky, Noel, Stephen, Ray, Christina, Joanne, Charlie, Nuala, Pamela, Avgi, Elena, Speranta, Jordan, David, Nino, Joe, Donnarae, Mary K., Monte, Bethany, Mark, Estelle, Justine, Melissa, Megan, Michael, Robbie, Judi, Evonne, James, Nichole, Constantine, Theodora, Irene Maria, Olivia, Lincoln, Carole, Patty, Karrisa, Corina, George R., Ken, Nancy and Tim, Olga, Peter, Cora and family, Lynn, Sue & Jim, Steve, Sue, Jane, Pat, Dave, Pam, Gilbert, George P., Danielle, Jenny, John L., Presvytera Janis, Sandra, Rick, Nancy, Alex, Eryn, Vicki, Diana, Doria, Mike, Stephanie, Tyler, Ben, Amy, Christy, Karen, Anastasia, Jamie, Alex and Alexander, Toni, Gina, R.J., Allie, Vickie, Petra, Bob, Joseph, Christopher, Elizabeth, Judi, Bodil, Ole, and others known to you.

Food Shelf Needs for September 27



Hygiene items

(toothpaste, soap, shampoo, conditioner)

September's recipient is Joyce Uptown Food Shelf

Please do not bring opened packages. They will be discarded.

BENEFIT CONCERT

AN EVENING OF

CLASSICAL & BYZANTINE MUSIC

FEATURING

Anna Pitsavas Wakely, *violin*
2025 Karin Larson YourClassical Prize Winner
with Miryana Moteva, *piano*

Samuel Dangerfield, *cello*

Brigham Dangerfield, *violin*

Performances by
Twin Cities Byzantine Choir
Directed by Joseph Karos

Christopher Atheneos
Byzantine Chanter, South Florida

TICKETS & INFO

SCAN QR CODE
TO PURCHASE

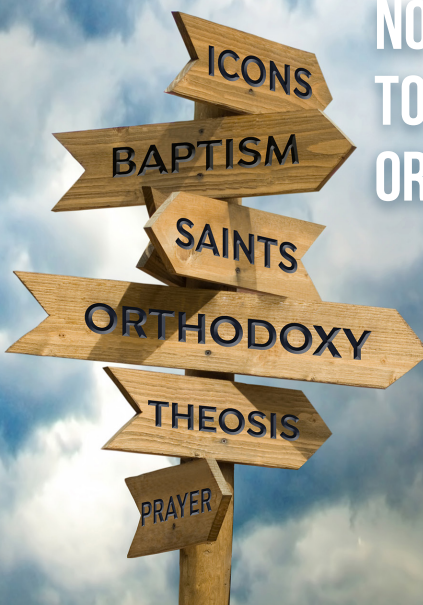


SATURDAY,
OCTOBER 24, 2026

7:00 P.M.
(doors open at 6:30 p.m.)

ST. JOHN THE EVANGELIST EPISCOPAL CHURCH
60 Kent Street, Saint Paul, MN

Supporting St. George Greek Orthodox Church and FOCUS MN



NOT SURE WHERE TO GO
TO LEARN ABOUT THE
ORTHODOX FAITH?

SEEKER SUNDAYS

October 11, November 8, and December 13
11:45 a.m. – 12:45 p.m., Fireside Room

For those who want to learn more about the Orthodox Christian faith. If you are brand new to St. Mary's, we are here to help guide you. Attend one of our monthly Q&A sessions with clergy on the second Sunday of the month after Divine Liturgy. Feel free to get refreshments at Coffee Hour, then meet us in the Fireside Room.

► *If you would like to send a question in advance,
send it to: welcome@stmarysgoc.org*

Quick Links

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To join our mailing list
or update your contact
information, scan the code.

Digital Donation



To make a donation or
stewardship offering,
scan the code.

Daily Bible Readings

Monday, September 21

Ephesians 1:22-23; 2:1-3 • Luke 3:19-22

Tuesday, September 22

Ephesians 2:19-22; 3:1-7 • Luke 3:23-38, 4:1

Wednesday, September 23

Galatians 4:22-27 • Luke 1:5-25

Thursday, September 24

II Timothy 3:10-15 • Luke 10:38-42; 11:27-28

Friday, September 25

Ephesians 4:17-25 • Luke 4:22-30

Saturday, September 26: The Falling Asleep of John the Theologian

I John 4:12-19 • John 19:25-27; 21:24-25

Sunday, September 27: First Sunday of Luke

II Corinthians 6:16-18; 7:1 • Luke 5:1-11



ST. MARY'S
GREEK ORTHODOX CHURCH

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Fr. Paul Kalina, Deacon, Fr. Luke Twito, Deacon, Fr. Stephen Wehr, Deacon*

Weekly Bulletin Submissions to: Communications@stmarysgoc.org

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