ST. MARY'S
GREEK ORTHODOX CHURCH

November 1, 2026
THE DIVINE LITURGY

Fifth Sunday of Luke; Saints Cosmas & Damian

Commemoration: Fifth Sunday of Luke; Cosmas and Damian the Holy Unmercenaries of Asia, and their mother Theodota; David the Righteous of Evia.

Morning Gospel: John 21:14-25 ..... Tone: Plagal First

VARIABLE HYMNS AND READINGS IN THE LITURGY

At the Second Antiphon

Save us, O Son of God, who rose from the dead, save us who sing to you: Alleluia!

At the Small Entrance

Resurrection Hymn, *Plagal First Tone*

To the Word, co-eternal with the Father and the Spirit, born of the Virgin for our salvation, let us, the faithful, give praise and worship. For he willed to be lifted up on the cross in the flesh, to endure death and raise the dead by his glorious resurrection.

Hymn of Entrance

Come, let us worship and bow down before Christ. Save us, O Son of God, who rose from the dead, save us who sing to You: Alleluia!

*Repeat the **Resurrection Hymn**, above*

Hymn for the Holy Unmercenaries, *Plagal Fourth Tone*

Holy Unmercenaries and Wonderworkers, visit our infirmities.
Freely you received; freely give to us.

Hymn of the Dormition of the Theotokos, *First Tone*

In giving birth, you preserved your virginity, O Theotokos; in falling asleep you did not forsake the world. You passed over into life, O Mother of Life; and by your prayers you deliver our souls from death!

Εν τῇ γενήσει τὴν παρθενίαν ἐφύλαξας, ἐν τῇ κοιμήσει τὸν κόσμον οὐ κατέλιπες,
En ti gennisi tin parthenian efilaxas en ti kimisi ton kosmon u katelipes,

Θεοτόκε. Μετέστης πρὸς τὴν ζωήν, μήτηρ ὑπάρχουσα τῆς ζωῆς, καὶ ταῖς πρεσβείαις
Theotoke. Metestis pros tin zoin, mitir iparhusa tis zois, ke tes presvies

ταῖς σαῖς λυτρουμένη ἐκ θανάτου τὰς ψυχὰς ἡμῶν.
tes ses litrumeni ek thanatu tas psihas imon.

Kontakion of the Theotokos, *Second Tone*

O unfailing protection of Christians, and our faithful advocate before the Creator: though we are sinners, do not ignore our entreaty; but in your goodness, grant your timely help to us who appeal to you in faith. Quickly make intercession; on our behalf make speedy supplication, O Theotokos, for you always protect those who honor you.

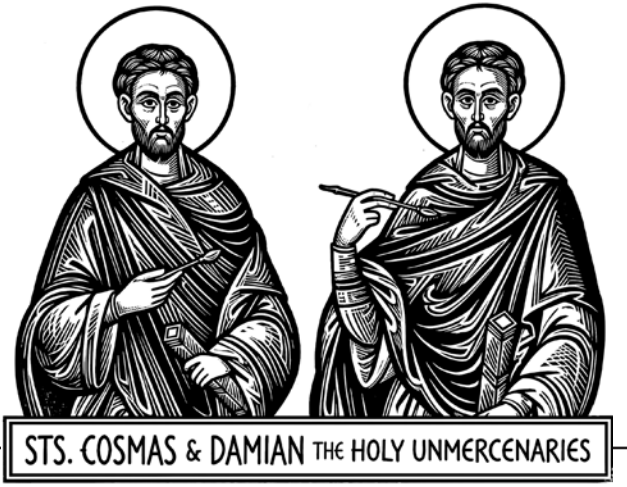
Epistle ..... ***I Corinthians 12:27 – 13:8***

Brethren, you are the body of Christ and individually members of it. And God has appointed in the church first apostles, second prophets, third teachers, then workers of miracles, then healers, helpers, administrators, speakers in various kinds of tongues. Are all apostles? Are all prophets? Are all teachers? Do all work miracles? Do all possess gifts of healing? Do all speak with tongues? Do all interpret? But earnestly desire the higher gifts. And I will show you a still more excellent way. If I speak in the tongues of men and of angels, but have not love, I am a noisy gong or a clanging cymbal. And if I have prophetic powers, and understand all mysteries and all knowledge, and if I have all faith, so as to remove mountains, but have not love, I am nothing. If I give away all I have, and if I deliver my body to be burned, but have not love, I gain nothing. Love is patient and kind; love is not jealous or boastful; it is not arrogant or rude. Love does not insist on its own way; it is not irritable or resentful; it does not rejoice at wrong, but rejoices in the right. Love bears all things, believes all things, hopes all things, endures all things. Love never ends.

Gospel ..... ***Luke 6:19-31***

The Lord said, "There was a rich man, who was clothed in purple and fine linen and who feasted sumptuously every day. And at his gate lay a poor man named Lazaros, full of sores, who desired to be fed with what fell from the rich man's table; moreover the dogs came and licked his sores. The poor man died and was carried by the angels to Abraham's bosom. The rich man also died and was buried; and in Hades, being in torment, he lifted up his eyes, and saw Abraham far off and Lazaros in his bosom. And he called out, 'Father Abraham, have mercy upon me, and send Lazaros to dip the end of his finger in water and cool my tongue; for I am in anguish in this flame.' But Abraham said, 'Son, remember that you in your lifetime received your good things, and Lazaros in like manner evil things; but now he is comforted here, and you are in anguish. And besides all this, between us and you a great chasm has been fixed, in order that those who would pass from here to you may not be able, and none may cross from there to us.' And he said, 'Then I beg you, father, to send him to my father's house, for I have five brothers, so that he may warn them, lest they also come into this place of torment.' But Abraham said, 'They have Moses, and the prophets; let them hear them.' And he said, 'No, father Abraham; but if some one goes to them from the dead, they will repent.' He said to them, 'If they do not hear Moses and the prophets, neither will they be convinced if some one should rise from the dead.'"

The Communion Prayers are found on page 40 of the hymnal.



Today Is Philoptochos Sunday

November 1 marks the Feast Day of Saints Cosmas and Damian, the patron saints of the Philoptochos Society. They were physicians renowned for their compassion to the poor and for offering healing freely, without charge.

The Philoptochos Society will host coffee hour and there will be information about this remarkable philanthropic organization. Stay and watch our special slide show, too!

A special collection will be taken at the end of Liturgy as well as in the Great Hall. Proceeds benefit and support our Orthodox Patriarch in Constantinople. Payments can be made via cash, check (to Philoptochos), credit card, or Venmo.

Prosforo is provided by **Yana Patridge, Photine Saar**

Artous provided by **Presvytera Alexandra Houck**

The coffee hour is hosted by
Saint Mary's Philoptochos members
in celebration of their Patronal Feast Day today.



Welcome Visitors and Guests!

After Liturgy this morning, stop by the welcome and information table located between the Bookstore and Great Hall. A couple parishioners are there to welcome you and answer your questions about St. Mary's Greek Orthodox Church and the Orthodox faith. Join us in the Great Hall for a cup of coffee and always enjoyable refreshments.

Announcements

Packing Food Boxes for FOCUS

Help bring hope to our neighbors this Thanksgiving season by packing food boxes for FOCUS. Come to the Terrace Room today after Liturgy and help us as we pack boxes of food that will be donated to FOCUS to help those in need.

SYNAXIS
A PARISH GATHERING

Wednesday, November 4
6:00–8:00 p.m.

Join us for an evening of prayer, fellowship, a shared meal, and education for the whole family. Each Synaxis gathering will begin with a short prayer service, followed by dinner (provided by St. Mary's) together, and conclude with an educational session for adults and families. This year's theme is Pilgrimage, as we explore what it means to journey toward holy places and how pilgrimage can deepen our life in Christ. The theme on November 4 is "What Is a Pilgrimage?" presented by Fr. Tim. Come spend an evening together as a parish family as we begin this year's journey. All are welcome!

Senior Citizens' Meeting

Tuesday, November 10

Saint Mary's Senior Citizens will meet on Tuesday, November 10, at Noon in the Terrace Room. We will celebrate all November birthdays and anniversaries with a group photo of all celebrants, and a delicious cake by Terri Leckas. This will be a POTLUCK luncheon so please bring an item to share if possible. We will honor our Veterans as well as enjoy some Bingo games for prizes. A short meeting and announcements will follow. All Saint Mary's seniors (55+) are welcome to join this lively group. Current dues are $20 per year. For further information, please contact President Tessie Bourdamis at tbourdamis@ comcast.net or any current officer.

Daughters of Penelope Bake and Craft Sale

Sunday, November 22

The Daughters of Penelope are sponsoring their annual Bake and Craft Sale on Sunday, November 22, in the Great Hall after Liturgy. We welcome you to come and stock up on a variety of delicious treats and artifacts for the holidays. Thank you for your support of our Daughters' many benevolent projects.

Summer Camp 2027

Important Dates for Summer Campers and Staff:
Summer Camp will be held July 3-9, 2027.
This will be our 75th year of Summer Camp! We are currently planning an anniversary celebration event on the weekend following Summer Camp 2027, tentatively scheduled for Sunday evening July 11, 2027.
The 2027 Summer Camp Staff Application Site will be open November 1, 2026, to December 31, 2026. The link can be found at https://stmaryscamp.com/summer-camp/



Centennial Celebration of St. Michael's and St. George's Ukrainian Orthodox Church

Saint Michael's and St. George's Ukrainian Orthodox Church in Northeast Minneapolis will celebrate its 100th anniversary on November 7 and 8. This year marks a truly historic milestone in the life of this parish. For an entire century, the church has served as a spiritual home for generations of Orthodox Christians, preserving the holy Orthodox faith, Ukrainian heritage, and cherished traditions. The schedule of events is:

Saturday, November 7
3:00 p.m. – Memorial Service for all departed members of the parish and all victims of the Holocaust.
4:00–6:00 p.m. – Community Gathering and Historical Parish Exhibition in our parish hall.

Sunday, November 8
9:30 a.m. – Solemn Greeting of the Bishop at the entrance to the church. Following the Greeting – Festive Hierarchical Divine Liturgy and Blessing of the Holy Altar.
Following the Divine Liturgy – Festive Luncheon and Concert Program in celebration of our parish's 100th anniversary.
Saint Michael's and St. George's Church is located at
505 4th Street NE, Minneapolis.



From the Bookstore

If you would like to order an icon for Christmas gift giving, the bookstore deadline for doing so is **Sunday, November 15**.

Cindy and Paul Karos have written a book titled ***Raising Orthodox Christians: Focusing on What Matters Most When Everything's Competing for Your Children***. Eagerly anticipated by many, the publisher is currently announcing the book, but it will not be released until **January 26, 2027**. Copies will be in the bookstore as soon as they are available.

Youth News

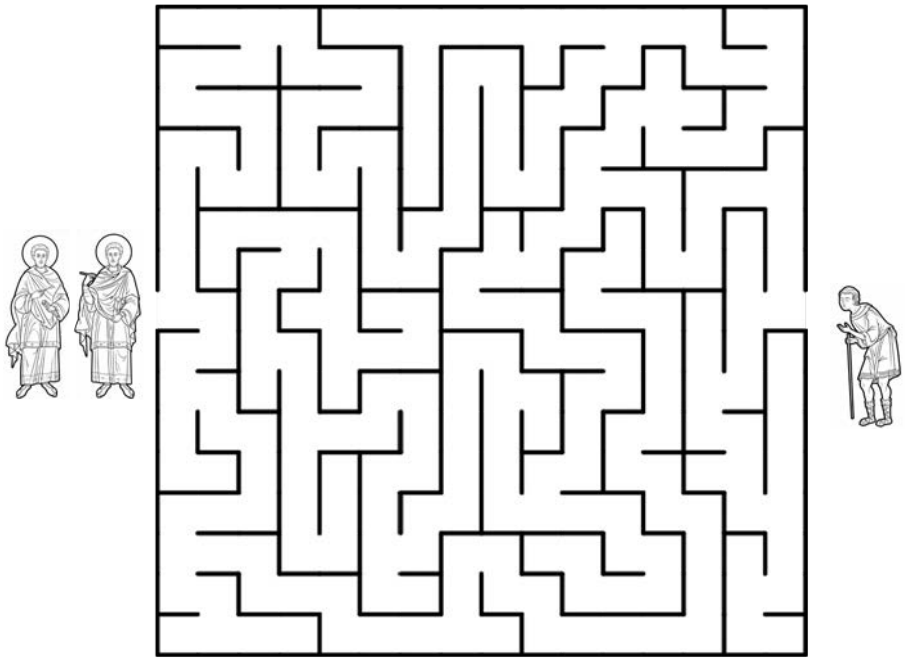


All-Youth Service Trip

Monday, November 2, 2026 — 5:00–6:30 p.m.
Feed My Starving Children
Eagan 990 Lone Oak Road, Suite 136, Eagan, MN 55121
All youth in kindergarten through grade 12 are invited to join us for an evening of service at Feed My Starving Children! Together, we will pack meals that will be sent to children in need around the world. This is a wonderful opportunity for our young people to serve others, spend time together, and put our faith into action!
****Children under grade 5 must be accompanied by an adult.***
Please RSVP to Scott Rudquist, 612.812.1216 or scott@stmarysgoc.org
We hope you'll join us for this meaningful evening of service!

A-Mazing Workers of Wonder!

Today, the Orthodox Church celebrates Sts. Cosmas and Damian, the holy brothers who were physicians (doctors) and wonderworkers. They loved Jesus Christ and used their knowledge of medicine to help people who were sick. They healed many illnesses through God's Grace and never accepted any money for their work! Because they served others freely, they are called Unmercenaries. Through their kindness, faith, and healing, many people learned about God's love and came closer to Christ! **Use this maze to help Sts. Cosmas and Damian find their way to heal the sick man. When you reach the end, say a silent prayer to them for someone you know who is sick.**



Philoptochos News



Operation Classroom: Winter Clothing Drive for Bancroft Elementary School

Winter is coming and many children don't have warm clothes at our partner school in South Minneapolis. Please consider donating your gently used or new winter clothes for Bancroft Elementary kids at the Philoptochos table during November. We will be collecting outerwear as well as other clothing on Sundays, November 1-23. Listed below are items needed for girls and boys: **Coats, boots, gloves and mittens, socks, underwear**

Sizing as follows:

ITEM	AGES	SIZE
Clothes	5 to 12	4-16
Boots & Sneakers	5 to 12	12-7
Socks	5 to 10 and 10 to 12	8-9.5 and 9-11
Underwear	4 to 12	XS – XL

If you prefer to make a monetary donation, please make checks payable to Philoptochos, Memo: Bancroft Elementary and drop off at the Philoptochos table in November. We will also accept credit card or Venmo payments at the table.



Mark Your Calendars
22nd Annual Twin Cities Pan-Orthodox Tea

Saturday, November 7, 2026, 2:30-4:30 p.m.
Hosted by St. Sava Serbian Orthodox Church
357 2nd Avenue South
South St. Paul, MN, 55075

Come together for fellowship and share ideas toward our common goals to learn from each other, share ideas from our parishes to be Christ-like. The tea will include a short presentation on the Serbian Orthodox Church. Please bring an appetizer or dessert to share. For any questions, text Nada Spasojevic at 952.201.2594. Church and hall are not handicap accessible. Access by stairs only.



Decorating the Nave

Sunday, November 8

Please join us in preparing the church for the Feast of the Nativity after the Liturgy on Sunday, November 8. We will meet with the St. Olympia girls in the nave after Sunday School to adorn the icons with the fabric drapes and set up the Advent candles. Contact Andrea Tiggas adtiggas@msn.com with questions.

Prayer Ministry

Please remember the sick, the suffering, and those in need, especially:
All victims of wars throughout the world; Our brothers and sisters living through the aftermath of disaster; For the victims of violence; Metro Hope Ministries; Orthodox Christian Prison Ministry; FOCUS Minnesota; Our brothers and sisters serving in the Armed Forces throughout the world especially Jassir Conway; San Miguel Del Lago Orphanage; Sophia and the students, staff, and parents of Annunciation Church and School; Brook, Lydia, Ina, Joe & Linda; Lukas N., Jolene, Sarah, Ivan, Greg, Matthew, Judy, Bettsy, Mr. Berscheit, Naira, Juliana, Beth, Mia, Deb, Dean, Tia, Kathie, Owen, Missy, Anthony, Ann, Jim, Maria, Joan, Jason, Janet (Dimitra), Andrew and Mari, Constantine James, Lauren, Anna, Kathleen Wendland and Julie Alvin, Gabriel, Linda, John and Johnny, Anastasia, Diane, Nicki, George, Emebet, Billie, Nino, Mechelle, Andrew, Susan, Elias, Imogene, Becky, Elizabeth, Yvonne, Fran, Jim, Kathryn, Tom, Gina M., Elly K., Thomas, Panos, Connie, Sylvia, Pete, Steve A., Athena, Betty, Mark, Kostantinos & Georgia, Andreas, Jonathan, Jeanette, Mary, Marilyn, Donna, Dawn, Don, Nancy, Brad, Vangie, Jolene, Mikey, Aphrodite, James, Peter, Lyda, Michael, Jaclyn Jereczek, Dena, Chris, Nick, John, Eugenia, Ron, Matt, Laura, Constance, Marina, Annali, Sofia, Juan Cruz & family, Charlie, Helena, Jennifer, John S., Becky, Noel, Stephen, Ray, Christina, Joanne, Charlie, Nuala, Pamela, Avgi, Elena, Speranta, Jordan, David, Nino, Joe, Donnarae, Mary K., Monte, Bethany, Mark, Estelle, Justine, Melissa, Megan, Michael, Robbie, Judi, Evonne, James, Nichole, Constantine, Theodora, Irene Maria, Olivia, Lincoln, Carole, Patty, Karrisa, Corina, George R., Ken, Nancy and Tim, Olga, Peter, Cora and family, Lynn, Sue & Jim, Steve, Sue, Jane, Pat, Dave, Pam, Gilbert, George P., Danielle, Jenny, John L., Presvytera Janis, Sandra, Rick, Nancy, Alex, Eryn, Vicki, Diana, Doria, Mike, Stephanie, Tyler, Ben, Amy, Christy, Karen, Anastasia, Jamie, Alex and Alexander, Toni, Gina, R.J., Allie, Vickie, Petra, Bob, Joseph, Christopher, Elizabeth, Judi, Bodil, Ole, and others known to you.

Food Shelf Needs for November 8



SPAM
November's recipient is FOCUS Minnesota
Please do not bring opened packages. They will be discarded.

Calendar of the Week

Sunday, November 1: The Holy Unmercenaries Saints Cosmas and Damianos, Patron Saints of Philoptochos

8:30 a.m. – Matins; 9:30 a.m. – Divine Liturgy
after Liturgy – Project Hope Food Packing, *Great Hall*
12:00 noon – Grades 7-12 Basketball, *Great Hall*
1:30 p.m. – Boys' Basketball, *Great Hall*

Monday, November 2

5:00 p.m. – Youth at Feed My Starving Children, *Eagan*

Tuesday, November 3

11:00 a.m. – Intercessory Prayer, *Nave*
11:30 a.m. – 55+ Bible Study, *Fireside Room*

Wednesday, November 4

9:30 a.m. – Housekeeping
6:00 p.m. – Synaxis: A Parish Gathering, *Terrace Room*
6:00 p.m. – Chant Rehearsal, *Music Office*
6:30 p.m. – Choir Rehearsal, *Nave*

Thursday, November 5

7:00 p.m. – Women's Book Club, *Classroom #2*

Friday, November 6

7:00 a.m. – Men's Fellowship, *Fireside Room*
4:30-8:30 p.m. – Parents' Night Out, *St. Mary's*

Saturday, November 7

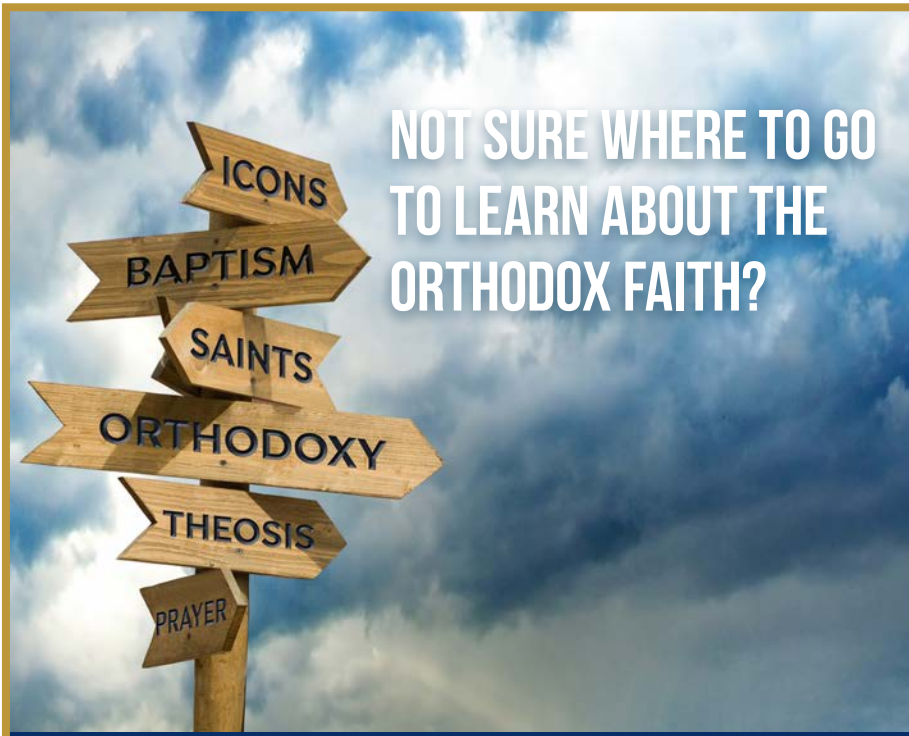
9:00 a.m. – Bible Study, *Fireside Room and on Zoom*
10:00 a.m. – Choir Rehearsal, *Nave*
2:30 p.m. – Pan-Orthodox Women's Tea, *St. Sava Serbian Orthodox Church*

Sunday, November 8: Seventh Sunday of Luke; Archangels Michael and Gabriel

8:30 a.m. – Matins; 9:30 a.m. – Divine Liturgy
after Liturgy – Ministry Fair, *Great Hall*
11:15 a.m. – Seekers' Gathering, *Fireside Room*
1:30 p.m. – Boys' Basketball Practice, *Great Hall*

"There is no better way to teach a child Christianity than to live it truly and from the heart. You cannot teach what you do not live."

—Saint Silouan the Athonite



SEEKER SUNDAY

November 8

11:45 a.m. – 12:45 p.m., Fireside Room

For those who want to learn more about the Orthodox Christian faith. If you are brand new to St. Mary's, we are here to help guide you. Attend one of our monthly Q&A sessions with clergy on the second Sunday of the month after Divine Liturgy. Feel free to get refreshments at Coffee Hour, then meet us in the Fireside Room.

▶ ***If you would like to send a question in advance, send it to: welcome@stmarysgoc.org***

St. Mary's Parish Council and **Stewardship Committee**
cordially invite you to attend the complimentary

APPRECIATION GLENDI



Saturday, November 14, 2026

6:00–10:00 p.m. ~ St. Mary's Great Hall

Enjoy an evening with dinner, dancing, and great company in appreciation of your pledged gifts of Time, Talent, and Treasure to Saint Mary's. This year we welcome our honored guest, **His Eminence Metropolitan Nathanael**. RSVP below using the QR code.

VOLUNTEER TO HELP

We are looking for help with a variety of projects throughout the day, from set up in the morning through dishwashing at night. We have something for everyone! Scan the code to sign up or use this URL: ***https://bit.ly/4kastCR***

RSVP HERE

by November 7


YAL CHICAGO CONFERENCE 2027
FEB 12-15, 2027
HILTON CHICAGO DOWNTOWN
REGISTRATION OPENS NOV. 4TH @ 7:30PM CST
Help the YAL Chicago Conference in its mission to bring Greek-Orthodox young adults together for a weekend filled with service, faith, and fellowship!
DONATE HERE!
MORE CONFERENCE INFO HERE!
YAL CHICAGO CONFERENCE

Bring Hope to Our Neighbors

Thanksgiving Season

BRING for FOCUS



- *Oatmeal & Cream of Wheat*

Check the weekly bulletin for food items to bring each week.

PACK for FOCUS



- *Sunday, November 1st*
- *Following Divine Liturgy*
- *In the Terrace Room*

Donate Directly to FOCUS

CONNECT with FOCUS



- *Deliver food packs to FOCUS.*
- *Packs allocated after the session*

Together we can continue to bring HOPE to our neighbors with ACTION.

MPLS

The St Mary's LADIES PHILOPTOCHOS SOCIETY

Faith in Action... Love in Every Deed



Through our Bake Sale at the Festival, we support important ministries and organizations that bring hope, help and healing to those in need.

Thank you!

OUR CHARITABLE SUPPORT

IOCC

Providing emergency relief and long-term reconstruction to those in need around the world.

Hellenic College Holy Cross

Educating the next generation of leaders in faith, theology and service.

Retired Clergy Assoc.

Supporting our retired priests who have dedicated their lives to our Church.

agate housing + services

Providing safe housing and support services for individuals and families.

Coptic Orphans

Caring for children and offering them love, education and a brighter future.

FISTULA FOUNDATION

Restoring health and dignity to women suffering with obstetric fistula.

FOCUS MINNESOTA

Helping the under-served poor, the homeless, and the working poor, providing them with Food, Occupation, Clothing, Understanding and Service (FOCUS).

Metro Hope Ministries

Meeting immediate needs and sharing the love of Christ in our local community.

THE HEALING HOUSE

Supporting women and children on their journey to safety, healing and hope.

BANCROFT ELEMENTARY SCHOOL

Supporting our local school and investing in the education of our children.

Thank you for supporting our Bake Sale and helping us make a difference!

TOGETHER IN FAITH. TOGETHER IN SERVICE. TOGETHER IN CHRIST.

PARENTS NIGHT OUT

WE'LL WATCH THE KIDS WHILE YOU HAVE SOME TIME FOR YOURSELVES!

PHILOPTOCHOS SPONSORED

PROCEEDS DONATED TO TANDEM - SUPPORT FOR SINGLE MOTHERS AND FAMILIES

SUGGESTED DONATION - $25 FIRST CHILD, $35 FOR TWO CHILDREN

FRIDAY, NOVEMBER 6TH 4:30- 8:30 P.M.



GAMES, CRAFTS, DANCING, STORIES, NAIL SALON, DINNER, GYM TIME

REGISTER HERE

AGES 3- 17

OLDER KIDS CAN HANG OUT TOGETHER. ALL WILL BE SUPERVISED

QUESTIONS?

CONTACT DENA TORTORELIS CHURCHSCHOOL@STMARYSGOC.ORG OR ELENI GEORGE

Quick Links

Stay in Contact

To join our mailing list or update your contact information, scan the code.

Digital Donation

To make a donation or stewardship offering, scan the code.

Daily Bible Readings

Monday, November 2
I Thessalonians 1:1-5 • Luke 11:29-33

Tuesday, November 3
I Thessalonians 1:6-10 • Luke 11:34-41

Wednesday, November 4
I Thessalonians 2:1-8 • Luke 11:42-46

Thursday, November 5
I Thessalonians 2:9-14 • Luke 11:47-54; 12:1

Friday, November 6
Hebrews 8:1-6 • Luke 12:8-12

Saturday, November 7
II Corinthians 8:1-5 • Luke 9:1-6

Sunday, November 8: Seventh Sunday of Luke
Hebrews 2:2-10 • Luke 8:41-56

ST. MARY'S
GREEK ORTHODOX CHURCH

3450 Irving Avenue South, Minneapolis, MN 55408-3399
stmarysgoc.org | **612.825.9595** |

Fr. Timothy Sas, Fr. Jason Houck,
Fr. Paul Kalina, Deacon, Fr. Luke Twito, Deacon, Fr. Stephen Wehr, Deacon

Weekly Bulletin Submissions to: Communications@stmarysgoc.org
Weekly Bulletin Submission Deadline: Mondays