Saturday, July 18, 2020

**Commemoration:** Holy Martyr Emilian; Holy Martyrs Paul, Thea and Valentine; Our Holy Father John, Archbishop of Constantinople; Stephen, Archbishop of Constantinople; Theneva of Glasgow.

**Variable Hymns and Readings in the Liturgy**

*At the Small Entrance*

**Hymn for the Day, Second Tone**

O Apostles, Martyrs, Prophets, Hierarchs, Monastics and the Righteous, you finished the race and kept the faith. You speak freely to the Savior. We pray you entreat Him on our behalf, to save our souls, since He is good.

**Hymn of Entrance**

Save us, O Son of God, who are wondrous among Your saints, save us who sing to you: Alleluia!

*Repeat Hymn for the Day (above).*

**Another Hymn, Plagal Fourth Tone**

Remember Your servants, O Lord, since You are good, and forgive them for all their sins in life; for no one is without sin except for You who are able to give rest to those who have passed away.

**Hymn of the Dormition of the Theotokos, First Tone**

In giving birth, you preserved your virginity, O Theotokos; in falling asleep you did not forsake the world. You passed over into life, O Mother of Life; and by your prayers you deliver our souls from death!
Kontakion for the Martyrs, Plagal Fourth Tone

O Planter of creation, Lord, to You does the entire world bring as an offering the God-bearing martyr Saints, as being nature’s first fruits. At their earnest entreaties, keep Your Church in a state of profoundest peace, through the Theotokos, O Lord abundantly merciful.

Epistle

Brethren, I am speaking the truth in Christ, I am not lying; my conscience bears me witness in the Holy Spirit, that I have great sorrow and unceasing anguish in my heart. For I could wish that I myself were accursed and cut off from Christ for the sake of my brethren, my kinsmen by race. They are Israelites, and to them belong the patriarchs, and of their race, according to the flesh, is the Christ, who is God over all, blessed for ever. Amen.

Gospel

At that time, a ruler came in and knelt before Jesus, saying, “My daughter has just died; but come and lay your hand on her, and she will live.” And Jesus rose and followed him, with his disciples. And behold, a woman who had suffered from a hemorrhage for twelve years came up behind him and touched the fringe of his garment; for she said to herself, “If I only touch his garment, I shall be made well.” Jesus turned, and seeing her he said, “Take heart, daughter; your faith has made you well.” And instantly the woman was made well. And when Jesus came to the ruler’s house, and saw the flute players, and the crowd making a tumult, he said, “Depart; for the girl is not dead but sleeping.” And they laughed at him. But when the crowd had been put outside, he went in and took her by the hand, and the girl arose. And the report of this went through all that district.

Communion Hymn

The memory of the righteous will endure, endure forever. Alleluia.

Stewardship Prayer

Lord Jesus Christ, our God, accept our offerings as You have accepted the gifts of Your people throughout the ages. We offer these gifts to Your glory, for the support of the ministries of Your holy Church, for the alleviation of suffering and hunger, and for the proclamation of Your Gospel to the whole world.

Grant us Your blessing, Lord our Savior, that we may always be faithful stewards, continuing to share the gifts you have given us, by the power of Your grace, mercy, and love. May Your name be glorified forever. Amen.
Sunday, July 19, 2020


Morning Gospel: Sixth

Variable Hymns and Readings in the Liturgy

At the Small Entrance

Resurrection Hymn, Plagal First Tone

To the Word, co-eternal with the Father and the Spirit, born of the Virgin for our salvation, let us, the faithful, give praise and worship. For he willed to be lifted up on the cross in the flesh, to endure death and raise the dead by his glorious resurrection.

Entrance Hymn

Come, let us worship and bow down before Christ. Save us, O Son of God, who rose from the dead, save us who sing to you: Alleluia!

Repeat the Resurrection Hymn, above.

Hymn of the Holy Fathers, Plagal First Tone

Unending glory be yours, O Christ our God, for making our holy fathers radiant lights to all the world. Through them you led us to the true faith. Compassionate Savior, glory to you.

Hymn of the Dormition of the Theotokos, First Tone

In giving birth, you preserved your virginity, O Theotokos; in falling asleep you did not forsake the world. You passed over into life, O Mother of Life; and by your prayers you deliver our souls from death!

Kontakion of the Theotokos, Fourth Tone

O unfailing protection of Christians, and our faithful advocate before the Creator: though we are sinners, do not ignore our entreaty; but in your goodness, grant your timely help to us who appeal to you in faith. Quickly make intercession; on our behalf make speedy supplication, O Theotokos, for you always protect those who honor you.
**Epistle**

Titus, my son, the saying is sure. I desire you to insist on these things, so that those who have believed in God may be careful to apply themselves to good deeds; these are excellent and profitable to men. But avoid stupid controversies, genealogies, dissensions, and quarrels over the law, for they are unprofitable and futile. As for a man who is factious, after admonishing him once or twice, have nothing more to do with him, knowing that such a person is perverted and sinful; he is self-condemned.

When I send Artemas or Tychicos to you, do your best to come to me at Nicopolis, for I have decided to spend the winter there. Do your best to speed Zenas the lawyer and Apollos on their way; see that they lack nothing. And let our people learn to apply themselves to good deeds, so as to help cases of urgent need, and not to be unfruitful.

All who are with me send greeting to you. Greet those who love us in the faith. Grace be with you all. Amen.

**Gospel**

The Lord said to his disciples, “You are the light of the world. A city set on a hill cannot be hid. Nor do men light a lamp and put it under a bushel, but on a stand, and it gives light to all in the house. Let your light so shine before men, that they may see your good works and give glory to your Father who is in heaven. Think not that I have come to abolish the law and the prophets; I have come not to abolish them but to fulfill them. For truly, I say to you, till heaven and earth pass away, not an iota, not a dot, will pass from the law until all is accomplished. Whoever then relaxes one of the least of these commandments and teaches men so, shall be called least in the kingdom of heaven; but he who does them and teaches them shall be called great in the kingdom of heaven.”

**Stewardship Prayer**

Lord Jesus Christ, our God, accept our offerings as You have accepted the gifts of Your people throughout the ages. We offer these gifts to Your glory, for the support of the ministries of Your holy Church, for the alleviation of suffering and hunger, and for the proclamation of Your Gospel to the whole world.

Grant us Your blessing, Lord our Savior, that we may always be faithful stewards, continuing to share the gifts you have given us, by the power of Your grace, mercy, and love. May Your name be glorified forever. Amen.
Memorial Prayers on Sunday are offered for:

Maria Tortorelis (40 days), grandmother of Stephanie Binning  
Louis (Lambros) (10 years) and Georgia (Yeorgia) (6 months) Kokinis, parents of Bettina Hanna

Baptisms this weekend:

July 17 – Theodore, parents: Charrine Liu-Maddox & Julian Maddox  
July 18 – Pericles, parents: Larisa and Jimmy Sioris

Please remember the sick, the suffering, and those in need, especially: Those suffering from COVID-19 and those who care for them; Our brothers and sisters living through the aftermath of disaster; For the victims of violence; Families Moving Forward; Metro Hope Ministries; Orthodox Christian Prison Ministry; FOCUS Minnesota; Our brothers and sisters serving in the Armed Forces throughout the world especially John Ellis; San Miguel Del Lago Orphanage; Deb, Peter, Sarah, Maia, Judith, Jeanette, Travis, Kristina, Kassie, Tahnlee, Lois, Kalli, Alex, Presvytera Pat Tsagalakis, Quinn, Annie, Sue & Jim, Steve, Sue, Jane, Carole, Rifka, Pat, Nancy, Mary Muzetras, Dave, Pam Katie, Bri, Gilbert, Christina, George P., Barbara, Thespina, Danielle, Jenny, John L., Steven E., Samir and Samira, Julia, Presvytera Janis, Sandra, Sophia, George, Rick, Bryn, Phil, Karen, Kristina, Phil, Marnie and family; Joyce, Dorla, Linda, Fr. Elias, Vicki, Bill, Diana, Elpis Fotini, Dina, Landon, Luke, Aemiliane, Doria, Mike, Stephanie, Tyler, Ben, Brittany, Amy, Shinia, Chelsea, Christy, Karen, Anastasia, Jamie, Alex and Alexander, Zoe Kakos, Slibe, Saleh & Deanna, Kristine, Henry, Toni, Gina, Julie, R.J., Allie, Elena, Speranta, Alexander, Stephanie, John, Vickie, Petra, Bob, Christina, Joseph, Avgi, Christopher, Alki, Elizabeth, Jaxon, Olle, Judi, Bodil, Ole, and others known to you.

Women’s Book Club

The current book for the Women’s Book Club is “The Holy Angels” by Mother Alexandra. Copies of the book are available at the church office for $20. Discussion date TBD. All women are welcome!
Calendar of the Week

**Tuesday, July 20: Elias the Prophet**
8:30 a.m. – Orthros; 9:30 a.m. – Divine Liturgy
*No registration needed.*

**Tuesday, July 21**
4:00 p.m. – HOPE/JOY Storytime on Zoom

**Wednesday, July 22**
9:00 a.m. – “The Messenger” Mailing

**Thursday, July 23**
4:00 p.m. – Junior GOYA on Zoom

**Saturday, July 25: St. Anna, Mother of the Theotokos**
9:00 a.m. – Orthros; 10:00 a.m. – Divine Liturgy
*Registration requested.*
5:00 p.m. – Great Vespers *(no registration needed.)*

**Sunday, July 26: Seventh Sunday of Matthew; Saint Paraskevi**
8:30 a.m. – Orthros; 9:30 a.m. – Divine Liturgy
*Registration requested.*

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**FOCUS News**

- The clothes closet is closed until further notice, except for extreme emergencies by appointment only. They are not accepting donations at this time.
- FOCUS is increasing the production of shelf-stable lunches and distributing them among the homeless in downtown St. Paul, at shelters, and in FOCUS’s neighborhood.
- Sunday meals continue on a to-go basis only. Hospitality teams are in place for the next few months.
- The food shelf is continuing. Rather than offering choice and a shopping experience, pre-packing bags of staples are prepared and purchasing eggs and bread and distributing these at the door. Needed items are: Vienna sausages in little cans, tuna in pouches, 8 oz. bottles of water, applesauce in cups or pouches, macaroni and cheese in cups, Chef Boyardee pasta cups that are already cooked, individual servings in cups of breakfast cereal, single-serving bags of chips or crackers, granola or cereal bars, ramen noodles in a cup, paper lunch bags.
Virtual Town Hall Meeting  
Sunday, August 2, 7:00 p.m.

Thank you to all of our parishioners who responded to our “Returning to Worship Survey.” Your heartfelt comments were very much appreciated and will allow us to continue adjusting our message and procedures as we progress on this journey together.

Now that the survey is closed, we wish to share the results with you, virtually, at a Parish Town Hall meeting on Sunday, August 2, 7:00 p.m.

From the comfort of your homes and cabins, you can learn more about the survey results, the procedures the church has been taking, and additional plans for the fall.

To join the meeting, consult the e-mail sent on Thursday, July 9, or contact the Church Office to have the link sent to you. We look forward to gathering together again as a parish family and celebrating the many blessings of St. Mary’s.

Please register in advance for this meeting by going to:  
shorturl.at/qwIX2

After registering, you will receive a confirmation email containing information about joining the meeting.

Father George and family will be on vacation from July 20-27.
From the Fathers...on The Gospel
Nothing can so banish licentious habits from the soul and restrain memories which disturb and stir up troubling flames in the body as can avid devotion to the love of learning and searching investigation into the meanings of the passages of Scripture.
—Saint Isaac the Syrian

Daily Bible Readings

**Monday, July 20: Elias the Prophet**
James 5:10-20 • Luke 4:22-30

**Tuesday, July 21**
I Corinthians 6:20; 7:1-12 • Matthew 14:1-13

**Wednesday, July 22**
I Corinthians 9:2-12 • Luke 8:1-3

**Thursday, July 23**
I Corinthians 7:24-35 • Matthew 15:12-21

**Friday, July 24**
I Corinthians 7:35 – 8:1 • Matthew 15:12-21

**Saturday, July 25**
Galatians 4:22-27 • Luke 8:16-21

**Sunday, July 26: Seventh Sunday of Matthew; Saint Paraskevi**
Galatians 3:23 – 4:5 • Matthew 9:27-35